

Unitarian Universalist Congregation at Shelter Rock

WG

WOMEN'S GROUP

EVENTS | HIGHLIGHTS | SCHEDULES



JULY 2019 – JULY 2020



UUCSR WOMEN'S GROUP BOARD MEMBERS

JULY 2019 – JUNE 2020

BOARD OFFICERS

PRESIDENT	Sandra Frank
VICE PRESIDENT	TBD
SECRETARY	Diane Mansell
TREASURER	Leona Handelman

BOARD MEMBERS

BOOK SERIES CHAIR	Patti Paris
HOSPITALITY CHAIR	Ruth Barrie
MEMBERSHIP CHAIR	Katherine Miller
NOMINATING CHAIR	Nina Weber
PROGRAM CHAIR	Palma Torrisi
PUBLICITY CHAIR	Jo Rymer
WOMEN'S ISSUES	Maria Ceraulo
WOMEN TALK-DAYTIME	Kari Ann McVetty
	Lois Wolfson
HONORARY MEMBERS (NON-VOTING)	Maxine Dangler
	Lee Geisen
	Giuseppina Iorfino
	Ann Jawin
	Claire Paccione
WG LIAISON	Sharyn Esposito

Not enough change

In 2013, among full-time, year-round workers, women were paid 78 percent of what men were paid.

IT'S ALL ABOUT THE "BENJAMINS"

In 1951, women made about 64 cents for every dollar earned by men. The wage gap has narrowed over time, with today's women (age 15 and over) earning 78 cents for every dollar earned by men in 2016.

OUR MISSION

To create a community of caring, committed women and men who are steadfast in their quest for equality, justice and peace.

To value ourselves and to value each other in order to advance women's rights.

To educate ourselves and others on women's issues so as to achieve equality of the sexes.

To enhance our spirituality and to affirm, advocate and support the development of feminist theology.

To be responsive to the needs and aspirations of our members by providing enrichment and support.

To extend our bonds of sisterhood to liberal religious women within and beyond our congregation and denomination.

OUR COVENANT

We covenant and affirm to relate to one another with sensitivity, support in joys and sorrows, and recognition of special needs. We shall reach out in the spirit of appreciation, respect, support and honesty in accord with our UU principles. Further, our relationship shall be one of creativity, humor and play.

As empathic women who have concern for each other, we will listen to one another. Decisions will be made by consensus whenever possible. In all other cases a majority vote will be taken. In reaching decisions we will encourage flexibility, and sufficient time for exploration and process.

We work together through our commitment to the group by paying attention to our process, by empowering as many members as possible, being open to new and varied ideas, and by allowing time for ritual and celebration in order to nurture our spiritual selves. We will be responsive to the value of one another as unique and important human beings.

A Good Father

Written by Lois Wolfson - February 28, 2013

From verbal recollections of our daughter, Laura Wolfson Saxman

Struggling with emotion and tears
Seeing her father-silent, head down
Present in body, robbed of self-
Our daughter sought to reclaim him
Recalling vibrant yesterdays:

So different now in mental decline
Than when I was little, he clearly fine
Back in nineteen sixty-seven
Our new property not yet landscaped
Together we made backyard campfires
Dug holes circled them with rocks we chose
Gathered twigs to place crisscross, light...
How cool those flickering flames and my Dad.

Showed me the leaves of an oak tree
Shaped unlike the sugar maple leaf
I knew from him the drooping weeping willow
Stalwart poplars, spring-blooming apple trees
White-flowering dogwoods, lavender lilacs
Kwanzan cherry's glorious pink petals
Dropping in wind-blown drifts of rosy clouds.

Girls softball in fourth-grade gym something new
Sent me home wailing this I couldn't do
In town we went to Syosset Sport Shop
Bought three items: catcher's glove, bat, softball
At home he threw underhand time after time
Taught me to swing the bat, strike the ball
Became a confident winner
He plays and teaches, my cool Dad.

We went gas shopping, I in the back seat
Passed stations comparing posted prices
Shell, Sunoco, Amoco, and Hess
"Oh look, there's one-a dollar twenty-nine"
Taught me price awareness.

During a time when I had trouble sleeping
He read at length page after page
Until I never knew when he stopped
No nursery rhymes with beat and tone
My cool Dad read the books he liked
One of them, *The Guns of Navarone*

Years later he tired of the long trip
To and from Cornell at college breaks
Watched as he counted twenty-two

One hundred dollar bills into hand of
Wide-eyed open-mouthed eager seller
I the recipient of my first car
Thanks to my cool generous Dad.

Résumé submitted, interviews endured
Selected from nationwide applicants
Told him what salary was proffered
This time he taught negotiation skills,
"Don't accept their first offer"
Fearfully his advice was followed
In Chicago training heard others talk
Learned my wages better than many.

Company suggested 401K program
Set aside some portion of income
To be matched by the corporation
Young husband thought it not worthwhile
I listened to my father's advice
Never missed the reserved amounts
Expecting first child, I left employment
A check for twenty-five thousand in hand
Not only cool but shrewd, my Dad.

He retired and I a newlywed
We three spent a day in Atlantic City
Dad enjoyed the Black Jack tables
I learned the game from him, loved to win
Returning home we stopped for dinner
Shared a great time over wine and seafood
Wish we had done more fun things like this
While we could share company and pleasure.

Hurricane Sandy reminded us when
We searched to buy a home of our own
Asked Dad to apprise one we liked
Located on Long Island's south shore
Failing to give the desired approval
Explaining why, he let us decide
Grateful we escaped Sandy's wrath
Heeding father's reasoned cool counsel.

His brilliant mind devastated
Gone is the patriarchal role
He played long and well
Still other memories remain
to tell again and again
The same simple story
He was a good father.



Sandra H. Frank, PRESIDENT

LEADERSHIP MESSAGE

*And then all that has divided us will merge
And then compassion will be wedded to power
And then softness will come to a world that is harsh and unkind*

*And then both men and women will be gentle
And then both women and men will be strong
And then no person will be subject to another's will*

*And then all will share equally in the Earth's abundance
And then all will cherish life's creatures
And then everywhere will be called Eden once again*

Our goals are best stated in the words of poet Judy Chicago, above. Yet, in this imperfect world, we strive to live the changes we are seeking. Though there have been many advancements from women's continual quest for gender equality in all facets of their lives, the struggle continues.

On the following pages is last year's Annual Report listing some of our accomplishments.

Using the WG mission as our guide, we continue to work towards helping create a world where everyone is recognized for their inherent worth and dignity, the 1st principle, while embracing the respect of the interdependent web of all existence of which we are a part as our guide...

Our goals are to live our values by:

- Strategizing to create equity for women in all strata of society as a primary focus. To challenge and change social systems that tolerate and perpetuate abuse.
- Helping enhance our spirituality based on a feminist theology that incorporates full humanity and affirms both sexes along with all races and social groups.
- Address women's and LGBT (lesbian, gay, bisexual, and transgender) rights are deeply intertwined as homophobia, normalizing gender stereotypes, and ostracizing all who do not conform.
- Supporting organizations that assist and empower victims of family violence and sexual assault and provide access to reproductive health care for men and women

Echoing the words of our Women's Issues chair, "So much still needs to be done." Join us.

ANNUAL REPORT 2018-2019

THANK YOU!!! A special “thank you” to the outstanding Women’s Group Board members (who are listed with their titles at the end of this report) for their commitment and help. It is by working together that our goals are achieved. The Women’s Group at Shelter Rock has a membership of caring women and men who seek to build community while advancing equity for women in society.

A special thank you from the Board to Aida Nema who presided over the Annual Planning Retreat but, with regret, had to resign the presidency.

The Women’s Group Board members get together to review the past year’s activities, to share ideas and choose topics that reflect our mission and interest for programs for our UUCSR community during the Planning Retreat. Each event is chaired by one or more Women’s Group Members. We have been using a similar format for many years. Though many event topics focus on women’s issues, most are not “women’s” events, and men are invited to attend as well.

Thank you to Maria Ceraulo who tirelessly writes excellent articles to educate and advocate on Women’s issues that are featured in each issue of the *Quest*. She also follows legislative agendas and sends email reminders about issues affecting women where immediate action is needed so that we may sign petitions and send letters. Maria welcomes suggestions regarding issues that need immediate attention for advocacy action.

Additionally, Maria facilitated a HERSTORY writing workshop sponsored by Women’s Group. It was a very special experience for those who attended.

The season started with the Annual Membership Dinner. Lucky us! A group of very talented UUCSR

members volunteered to present a musical entertainment organized by Richard Bock. What a treat!

The Women’s Group December Holiday Sale, thanks to Maxine Dangler who coordinated it, and the cadre of UUCSR volunteers who helped her, provided a sale of jewelry, scarves and brick-a-brack. The donation of the goods sold raised money for Long Island programs that address the needs of women and children living in underserved communities.

In December, we also hosted Cookie Baking with New Hour and Woman’s Opportunity Rehabilitation Center (WORC). It was an afternoon of cookie baking and lunch served to formerly incarcerated women and their children. The event was another event organized by Maria Ceraulo in conjunction with her advocacy efforts.

Women’s Group presents an Annual Worship Service preceded by Breakfast during Women’s History Month in March of each year. The Worship Service work group was guided by the Rev. Jennifer Brower. Thanks to Rev. Jennifer for her spiritual wisdom and excellent worship planning skills that helped bring our Worship Service to fruition. This year, recognizing the celebration of International Women’s Day, our members Shakti Chris and Aida Nema spoke of their integration into American Society after immigrating here. Our Breakfast featured a presentation by Veatch Program Executive Director Joan Mineri. Joan spoke about organizations funded by the Veatch Program that further advocacy for equity, as well as other goals already achieved. Thank you Joan.

We were delighted to host our annual Mother Day Luncheon to honor the nurturer in all of us. Thanks to Ruth Barie, who with Maxine Dangler,

co-chaired this year. Much care was put into its preparation and execution. It was well attended by UUCSR members and their relatives.

The Women's Group co-sponsored programs and collaborative activities have included informational programs with the League of Women Voters, and other UUCSR committees, as well as partnerships with community agencies such as Herstory, New Hour, WORC and the Safe Center to collect needed items. Old cell phones were collected for reprogramming as 911 phones for victims of domestic violence, and vulnerable women and children.

THANK GODDESS ITS FRIDAY (TGIF) events included:

- **Immigration-HERSTORY**
- **"Bring a Scarf and Share A Story"** an intimate evening of stories and sharing
- **Line Dancing** presented by Claire Paccione got us moving
- **Meaningful Collage** where a collage was created by each that related to their life's story and was shared with the group
- **Women From Ancient Egypt to the Present:** In April over ninety attendees were treated to a fascinating archaeological and historical presentation including visuals by Aida Nema. Appetizers and desserts from the region were served
- **Movie Night** co-sponsored with the LGBTQ Sub-Committee of Social Justice and Religious Education Committee

This year, the Women's Group offered three workshop retreats to help us manage life's stressors: Kicking Stress, Letting Go, and Movin'

On; WINGSS (Women In Need of Growing Stronger Spiritually); and Finding the Goddess Within, offered by Rosara Torisi.

THE WOMEN'S GROUP BOOK SERIES, skillfully co-chaired by Patti Paris and Renée Silver, offered a monthly opportunity to gather and discuss various titles chosen by the presenters. Thank you to the presenters for their careful preparations that led to interesting evenings for us. Those who attended enjoyed lively discussions.

WOMEN'S TALK DAYTIME SERIES is a bi-monthly get-together. Lois Wolfson and KariAnn McVetty facilitate discussions among attendees who bring their lunch. Attendance generally varies from six to sixteen. The group discussions focus on current events (first Wednesdays) and selected topics (third Wednesdays) and provide opportunities for sharing knowledge and personal histories. It is structured so everyone has a turn to speak. All are welcome to attend.

GODDESSES-ON-THE-GO is a program of off-premises activities. This year, it was chaired with enthusiasm and imagination by Palma Torrisi, who partnered with Patti Paris to plan and organize the entire season. Events included Long Island Baroque Ensemble concerts with singers and musicians performing Renaissance, Baroque, Provencal, and Sephardic music on period instruments, and our own Diane Mansell in the play, "Run For Your Wife."

Still to come is the Annual Meeting and Election of new officers that will take place at a luncheon at UUCSR on Sunday, June 30, 2019. I hope to see you there.

At Shelter Rock, we are truly fortunate to have office support staff. I would be remiss without singing the praises of Sharyn Esposito, staff liaison to Women's Group. She anticipates what will be needed and works tirelessly, and

always graciously, to fulfill all that is requested from her. Thanks, too, to our Communications Manager, Jennifer Sappell, ably assisted by Linda McCarthy, who creatively design the Womens' Group booklet of events as well as flyers for every event and more. And thank you to the dedicated custodial staff who are always helpful with setting up for each event.

Our Women's Group mission emphasizes the inherent worth and dignity of every person, which is a Unitarian Universalist principle requiring us to act to achieve justice, equity and compassion in human relations.

Our goals continue to include growth of collaborations with other committees and all UUCSR members, and to enhance our spirituality based on a feminist theology that incorporates full humanity and affirms both sexes along with all races and social groups. Women's and gender identity rights are deeply intertwined; genderphobia normalizes gender stereotypes, ostracizing all who do not conform.

To each Women's Group Board Member who gave their time to come to meetings and work at various events, as well as all of our members who helped make this another successful year, I say thank you with gratitude. Working together makes me feel like being part of a ministry of caring.

**Respectfully submitted,
Sandra Hazel Frank, President
(2018-2019)**

Women's Group Board Officers

Sandra Hazel Frank – PRESIDENT
Lee Geisen – VICE PRESIDENT
Diane Mansell – SECRETARY
Leona Handleman – TREASURER

Women's Group Board Members

Judith Wylie-Rosett – IMMEDIATE PAST PRESIDENT
Patti Paris – BOOK SERIES CO-CHAIR
Renée Silver – BOOK SERIES CO-CHAIR
Maxine Dangler – FUND RAISING CHAIR
Patti Paris – GODDESSES-ON-THE-GO CO-CHAIR
Palma Torrisi – GODDESSES-ON-THE-GO CO-CHAIR
Susan Caravello – HOSPITALITY CHAIR
Katherine Miller – MEMBERSHIP CHAIR
Nina Weber – PROGRAMMING CHAIR
Jo Rymer – PUBLICITY CHAIR
Maria Ceraulo – WOMEN'S ISSUES CHAIR
Kari Ann McVetty – WOMEN TALK DAYTIME CO-CHAIR
Lois Wolfson – WOMEN TALK DAYTIME CO-CHAIR
Ann Jawin, Mary Lardner, Jana North, Claire Paccione – HONORARY MEMBERS (NON-VOTING)
Jana North – BOARD OF TRUSTEES LIAISON
Sharyn Esposito – WG STAFF LIAISON

OUR HISTORY

The first Meeting of Women's Group was held on January 16, 1963. It was held at the North Shore Unitarian Church, with 41 women present. (Agnes Burton, Mary Watt's mother, Pat Luciano, and Paulette Dundore were at this Meeting.) Included in their goals was the desire "To offer a diverse program to satisfy the needs and desires of all its members, including service and education programs, social events, and occasional fund raising...." The Group's spirit was embodied in the quote, "They say it couldn't be done, but I, poor fool, didn't know it, so went ahead and did it." If you attended any of our Programs, you can see we continued following in the footsteps of our insightful Foremothers.

From the start, the Group voted to be part of the national organization, the Unitarian Universalist Women's Federation (UUWF), which is behind the local Women's Group, but does not set policy. The Federation has an intern in Washington D.C., working on Women's Issues.

For about fifteen years, UUCSR's Women's Group partnered with the Metro district offering a three-day retreat at St. Josephat's located in Glen Cove. Members of the local Unitarian Universalist Congregations/Churches comprising the Metro district were invited. The retreat included speakers, dancing, art work, and leisurely walks in the beautiful surrounding woods. Those who attended bonded spiritually by Sunday's closing ceremony.

A few years ago, we welcomed the Zen Meditation Group to our space. The Group is now handled by Adult Programs and meets every Wednesday evening, in the Veatch Ballroom, for Meditation and a dharma talk by one of the Zen Masters.

Women's Group have held galas with music, champagne and delicious desserts, with the proceeds going to benefit organizations that help women and girls. The most recent gala featured music by Fannie Mendelsohn, sister of the famous Felix Mendelsohn, though much less played and well known. Proceeds from the yearly Holiday Sale were donated to the Boy's and Girl's Club of Hempstead.

For the past three years, members of Women's Group crafted our Women's History month March Worship Service guided by the Rev. Jennifer Brower. This past March, titled, "Calling All sUUPERheroes," the focus was on finding the "Super Power" in each of us by cultivating your inner hero. The presentation was broken down into several segments, stories, and poetry. Silent no more! It is the hope of the Women's Group to hold more services, seminars, and discussions in the future. This service was informative, spiritual, and very moving.

The original Women's Group "STATEMENT OF PURPOSE"

1. To promote and advocate for the concerns of liberal religious women.
2. To support women's issues.
3. To foster self-realization and enhance self-worth.
4. To provide a caring community.

Moving forward, Women's Group will continue to work to close the Gender Wage Gap, improve Women's Reproductive Rights, address the issues of Violence Against Women, seek laws to Mandate Paid Sick and Parental Leave, enact Affordable and Competent Child Care, and to finally pass the Equal Rights Amendment, just to name a few items we are passionate about.

We continue with our intellectually stimulating and lively Book Discussion Group in September, TGIF Programs, as well as our Membership Dinner, Holiday Sale, Worship Service and Breakfast, and Mother's Day Luncheon. We end our year, with the Annual Meeting Luncheon.

We hope that you find, on our new calendar, many things that you would enjoy. All are welcome.



CALENDAR EVENTS/MEETING 2019-2020

JULY

Wednesday, July 3, 2019	12:00 PM	Women Talk Daytime
Wednesday, July 17, 2019	12:00 PM	Women Talk Daytime
Wednesday, July 17, 2019	3:30 PM	Women's Group Book Series
Saturday, July 27, 2019	9:00 AM	Women's Group Retreat

AUGUST

Wednesday, August 7, 2019	12:00 PM	Women Talk Daytime
Wednesday, August 21, 2019	12:00 PM	Women Talk Daytime

SEPTEMBER

Wednesday, September 4, 2019	12:00 PM	Women Talk Daytime
Sunday, September 8, 2019	8:45 AM	Women's Group Board Meeting
Wednesday, September 18, 2019	12:00 PM	Women Talk Daytime
Friday, September 20, 2019	3:30 PM	Women's Group Book Series

OCTOBER

Wednesday, October 2, 2019	12:00 PM	Women Talk Daytime
Friday, October 4, 2019	7:00 PM	WG Annual Fall Dinner
Sunday, October 6, 2019	8:45 AM	Women's Group Board Meeting
Wednesday, October 16, 2019	12:00 PM	Women Talk Daytime
Thursday, October 17, 2019	6:00 PM	League of Women Voters Candidate Night
Friday, October 18, 2019	3:30 PM	Women's Group Book Series

NOVEMBER

Friday, November 1, 2019	7:00 PM	T.G.I.F. - Grandmothers for Reproductive Rights
Sunday, November 3, 2019	8:45 AM	Women's Group Board Meeting
Wednesday, November 6, 2019	12:00 PM	Women Talk Daytime
Thursday, November 14, 2019	6:00 PM	League of Women Voters Post Election Supper
Friday, November 15, 2019	3:30 PM	Women's Group Book Series
Wednesday, November 20, 2019	12:00 PM	Women Talk Daytime
Sunday, November 24, 2019	8:45 AM	Women's Group Board Meeting

DECEMBER

Sunday, December 1, 2019	12:00 PM	Women's Group Holiday Sale & Lobbying Fest
Wednesday, December 4, 2019	12:00 PM	Women Talk Daytime
Friday, December 6, 2019	7:30 PM	T.G.I.F. - Make Your Life Stress Free
Saturday, December 14, 2019	10:00 PM	Cookie Baking with NewHour & WORC

Wednesday, December 18, 2019	12:00 PM	Women Talk Daytime
Friday, December 20, 2019	3:30 PM	Women's Group Book Series

JANUARY

Friday, January 3, 2020	7:30 PM	T.G.I.F. - Diet, Nutrition, and Ayurvedic Cooking
Sunday, January 5, 2020	8:45 AM	Women's Group Board Meeting
Wednesday, January 15, 2020	12:00 PM	Women Talk Daytime
Friday, January 17, 2020	3:30 PM	Women's Group Book Series

FEBRUARY

Sunday, February 2, 2020	8:45 AM	Women's Group Board Meeting
Wednesday, February 5, 2020	12:00 PM	Women Talk Daytime
Friday, February 7, 2020	7:30 PM	T.G.I.F. - Body Image Party (Barbie Turned 60)
Wednesday, February 19, 2020	12:00 PM	Women Talk Daytime
Friday, February 21, 2020	3:30 PM	Women's Group Book Series

MARCH

Sunday, March 1, 2020	8:45 AM	Women's Group Board Meeting
Wednesday, March 4, 2020	12:00 PM	Women Talk Daytime
Friday, March 6, 2020	7:30 PM	T.G.I.F. - Film: TBD
Wednesday, March 18, 2020	12:00 PM	Women Talk Daytime
Friday, March 20, 2020	3:30 PM	Women's Group Book Series
Sunday, March 22, 2020	9:00 AM	Women's History Month Breakfast

APRIL

Wednesday, April 1, 2020	12:00 PM	Women Talk Daytime
Friday, April 3, 2020	7:30 PM	T.G.I.F. - Personal Safety
Sunday, April 5, 2020	8:45 AM	Women's Group Board Meeting
Wednesday, April 15, 2020	12:00 PM	Women Talk Daytime
Friday, April 17, 2020	3:30 PM	Women's Group Book Series

MAY

Friday, May 1, 2020	7:30 PM	T.G.I.F. - Immigration
Sunday, May 3, 2020	8:45 AM	Women's Group Board Meeting
Wednesday, May 6, 2020	12:00 PM	Women Talk Daytime
Sunday, May 10, 2020	12:30 PM	Mother's Day Luncheon
Friday, May 15, 2020	3:30 PM	Women's Group Book Series
Wednesday, May 20, 2020	12:00 PM	Women Talk Daytime

JUNE

Wednesday, June 3, 2020	12:00 PM	Women Talk Daytime
Friday, June 5, 2020	7:30 PM	T.G.I.F. - Financial Freedom
Sunday, June 7, 2020	8:45 AM	Women's Group Board Meeting
Sunday, June 14, 2020	12:30 PM	WG Annual Election & Meeting Luncheon
Wednesday, June 17, 2020	12:00 PM	Women Talk Daytime
Friday, June 19, 2020	3:30 PM	Women's Group Book Series

EVENTS YOU WON'T WANT TO MISS

FALL MEMBERSHIP DINNER: MUSICAL EVENING

Friday, October 4, 2019
at 7:00 PM



HOLIDAY SALE

Sale will include costume jewelry, scarves, other small items, baked goods and note cards.



Sunday, December 1, 2019 at 12:00-2:00 PM

COOKIE BAKING WITH NEW HOUR & WORC

December 14, 2019
10:00 AM-2:00 PM



WOMEN'S HISTORY MONTH BREAKFAST & WORSHIP SERVICE

Sunday, March 22, 2020
9:00 AM & 11:00 AM

MOTHER'S DAY LUNCH

Sunday, May 10, 2020
at 12:30 PM



ANNUAL LUNCHEON AND ELECTION

Sunday, June 14, 2020
at 12:30 PM

ON-GOING PROGRAMS

BOOK SERIES

An opportunity to gather and discuss recently read books. See page 14 for book schedule. Third Friday of the month at 7:30 PM

SENIOR OUTREACH

Women's Group continues its Senior Outreach Program. It will provide on-going support for our senior members.



WOMEN TALK DAYTIME

A daytime discussion group that covers current events, interests,

life concerns and other issues while participants enjoy their brown bag lunch and cookies.

First & Third Wednesday of the month - 12 Noon,

2019: Jul. 3, 17, Aug. 7, 21, Sept. 4, 18; Oct. 2, 16; Nov. 6, 20; Dec. 4, 18;

2020: Jan. 15; Feb. 5, 19; Mar. 4, 18; Apr. 1, 15; May 6, 20; Jun. 3, 17

MEETINGS

WOMEN'S GROUP BOARD AND MEMBERSHIP MEETINGS

Held the first Sunday of the month at 8:45 AM in the Veatch Conference Room. (See calendar for exceptions.) All welcome!

WOMEN'S HISTORY MONTH BREAKFAST & WORSHIP SERVICE

Sunday, March 22, 2019 - 9:00 AM & 11:00 AM

ANNUAL MEETING & MEMBER LUNCHEON: BOARD ELECTIONS

Sunday, June 14, 2019 - 12:30 PM

THANK GODDESS IT'S FRIDAY

Fabulous Fridays for Get-Togethers • Events for Fun, Renewal and Brain - Food!

Enticing programs featuring stimulating and brainy speakers to kindle your mind, plus musical nights and drama to entertain you—what better way for you to happily spend your Friday nights than with the Women's Group! Check The Quest for more information and any changes in the schedule, and give your spirit a lift by joining us on Fridays.

Nov. 1 – Grandmothers for Reproductive Rights

Dec. 6 – Stress Reduction

Jan. 3 – Diet, Nutrition, and Ayurvedic Cooking

Feb. 7 – Body Image Party (Barbie turned 60)

Mar. 6 – Film: TBD

Apr. 3 – Personal Safety

May 1 – Immigration

Jun. 5 – Financial Freedom

LAST YEAR YOUR DUES PROUDLY SUPPORTED



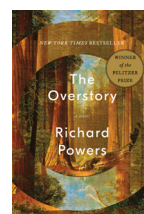
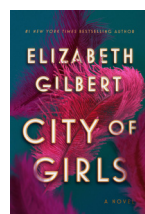
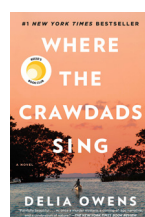
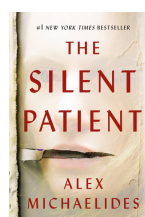
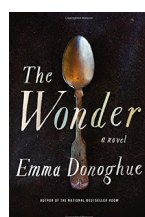
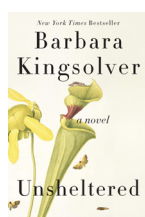
THE WOMAN'S OPPORTUNITY REHABILITATION CENTER
"WORC"



WOMEN'S GROUP BOOK SERIES

An opportunity to gather and discuss recently read books. A new book has been chosen for each month. The list of the books for the year is listed below and can also be found in the lobby or with the Women's Group liaison. **Third Fridays, monthly, at 3:30 PM, in the Art Gallery**

FRIDAYS	BOOK TITLE	AUTHOR	LEADER
September 20, 2019	Unsheltered	Barbara Kingsolver	Martha Chimienti
October 18, 2019	The Wonder	Emma Donoghue	Leona Handelman
November 15, 2019	The Silent Patient	Alex Michaelides	Maria Ceraulo
December 20, 2019	Where the Crawdads Sing	Delia Owens	Renée Silver
January 17, 2020	Becoming	Michelle Obama	Katherine Miller
February 21, 2020	Milkman	Anna Burns	Mary Lou Kluger
March 20, 2020	The Lost Girls of Paris	Pam Jenoff	Patti Paris
April 17, 2020	Summer of '69	Elin Hilderbrand	Diane Mansell
May 15, 2020	City of Girls	Elizabeth Gilbert	Jo Rymer and Ruth Barrie
June 19, 2020	The Overstory	Richard Powers	Patti Paris



WOMEN'S ISSUES

As Women's Issues Chair, I try to follow in the footsteps of Pat Luciano, the very first Women's Issues Chair. I remember her telling us that we cannot possibly be a board of any consequence without this position. When the stroke hit her, she was at the computer, working on a piece about a Women's Issue. It was her passion, she said.

We shared that—the passion. I wonder what she would say about the current assault on women's rights. It's hard, even for me, to believe we've stepped so far back. We're still advocating for the ERA, reproductive rights, even contraception. Record numbers of women, 80 percent of whom are mothers of children under 18, are incarcerated. Children are being separated from their families at the border. Domestic violence continues. The lack of affordable childcare burdens mothers. Equal pay eludes us.

In spite of all these things, I think Pat would be heartened by the #MeToo movement. Finally, women are being believed and consequences are felt by perpetrators. Pat would have loved to celebrate the anniversary of the right to vote in New York State. She would have been proud that so many women are running for office.

As members of Women's Group, we care, we advocate, and we are always grateful for the feminists who came before us. So much needs to be done. Join us in whatever way you can. If it's not for yourself, let it be for your daughters, granddaughters, and their families.



Maria Ceraulo

WRITE! EMAIL! CALL!

Shout your message for
Equal Rights,
Peace, Justice & Compassion!

New York State's U.S. Senators

Senator Charles Schumer
313 Hart Senate Office Bldg
Washington, DC 20510
schumer.senate.gov

Senator Kirsten Gillibrand 531
Dirksen Senate Office Bldg.
Washington, DC 20510
gillibrand.senate.gov

Go to the League of Women
Voters website
www.lwvofnassaucounty.org
for elected official contact
information.

Send this page to join the Women's Group – 2019-2020 Membership:

Annual Fee is \$30.00; payable to Women's Group UUCSR
Please include on the check's memo line: Women's Group.

Name(s): _____

Address: _____

Phone: (H) _____ Email: _____

Phone: (C) _____

Mail with check to:

UUCSR, Attention: Sharyn – WG Liaison, 48 Shelter Rock Road, Manhasset, NY 11030

Or call in your credit card payment to the Finance Department - (516) 627-6536 and mail this form to Sharyn with a note that you paid with credit card. Thank you.

www.glbthotline.org



LGBT HOTLINES

LGBT NATIONAL YOUTH TALKLINE **1-800-246-PRIDE (7746)**

*Serving youth through age 25.
Peer counseling, information
and local resources.*

LGBT NATIONAL HOTLINE **1-888-843-4564**

*Serving callers of all ages (youth
& adult). Peer-counseling,
information and local resources.*

SAGE LGBT ELDER HOTLINE **1-800-246-SAGE (7243)**

*Serving senior callers. Peer-
counseling, information and
local resources.*

NYC LOCAL HOTLINE **1-212-989-0999**

*M-F from 4:00 PM - Midnight
Local hotline in New York City
providing peer-support as
well as information and local
resources.*

UNITARIAN UNIVERSALIST WOMEN'S FEDERATION

UUWF is a continental membership organization that advances justice for women and promotes their spiritual growth. It is an independent non-profit, 501 (c) (3) corporation of the Unitarian Universalist Association.

Inheritor of a proud tradition, UUWF was formed in 1963 through consolidation of the Association of Universalist Women (founded in 1869 and believed to be the first organization of lay church women in the United States) and the Alliance of Unitarian Women (1890).

Purposes

- Affirm the inherent value of each woman within our community;
- Affirm the importance of women's voices in our religious quest;
- Link hearts and minds in service of women's truths;
- Pledge action against the religious roots of sexism;
- Pledge to support the diversity of religious feminisms;
- Work to raise consciousness of the linked nature of oppressions;
- Seek justice for all women in the struggle to transform institutions of oppression;
- Highlight and celebrate women's achievements – past, present and future.

YOUR WOMEN'S GROUP MEMBERSHIP

Membership in UUCSR Women's Group also includes membership in the following organizations:

- **American Association of University**
- **Center for the Women of New York**
- **League of Women Voters**
- **National Organization for Women (NOW)**
- **Planned Parenthood**

WOMEN'S GROUP MEMBERSHIP 2019-2020

MEMBERSHIP

All are welcome in the UUCSR Women's Group programs and activities. Please become a member of the WG to support activities that—

- Help guarantee reproductive justice for women
- Help stop the abuse of women and children
- Help secure pay equity for women
- Help provide affordable day-care and sick-leave for mothers
- Help to advance the rights of women
- Help women and children seeking immigration status

Monthly WG activities include: TGIF (1st Friday of the month), Book Series discussion (3rd Friday of the month), Daytime Talk (1st and 3rd Wednesdays of the month), and the WG Board meeting—open to all (1st Sunday of the month).

The WG also sponsors fun special events. Being a WG member includes a *courtesy* ticket for admission to the following events:

- Annual Fall Membership Dinner
- Women's History Month Breakfast
- Annual Membership Meeting & Election Luncheon

Discounted admission to attend:

- Mothers' Day Brunch

HOW TO JOIN WOMEN'S GROUP

Membership dues are \$30.

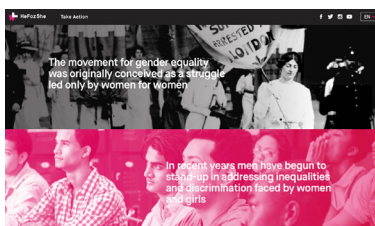
Write a \$30 check, per person, payable to UUCSR and add Women's Group Membership in the "memo" line. If the \$30 fee is keeping you from joining, please call Sharyn in the UUCSR office at 516.472.2960. You can call the Finance Department at 516.627.6536 and pay with a credit card and send the form on page 15 to Sharyn in with your information.

Your dues entitle you to a full year of membership—from July 1, 2019 to June 30, 2020.

Mail your check with the form on page 15, to UUCSR, Attention: Sharyn Esposito. Or bring it to Sharyn in the office, downstairs. Thank you and WELCOME!

Katherine Miller, Membership Chair, 516.446.5286 or email kmns45@yahoo.com. In the UUCSR office, call Sharyn Esposito, Women's Group Liaison, at 516.472.2960 or email sesposito@uucsr.org.

WE ARE GLAD YOU HAVE JOINED US!



HE for SHE
*Men are encouraged
to join the
Women's Group*

Remembering Sydelle Lopez

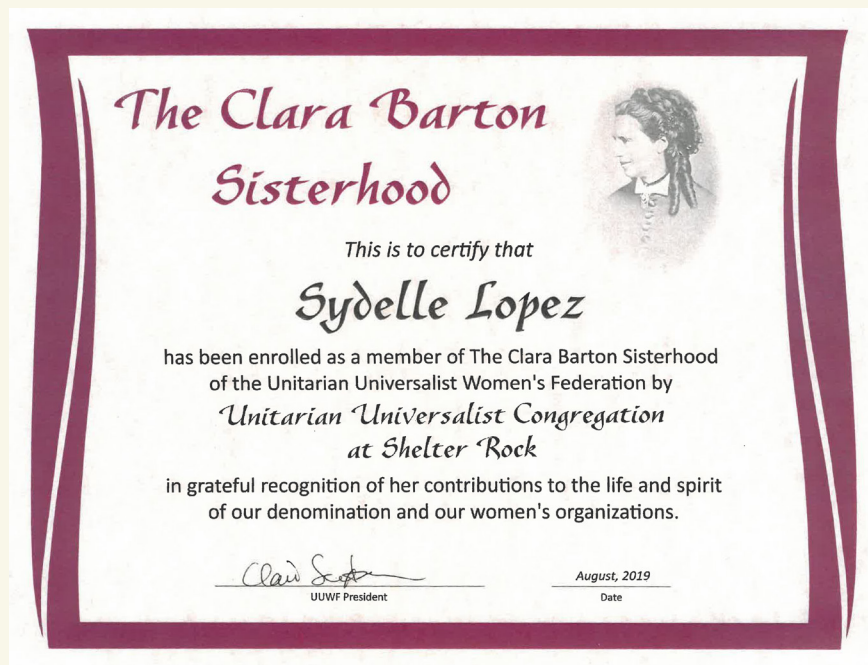
by Maria Ceraulo

When she moved to California, our Women's Group felt that loss. This summer, we really and truly lost her.

To honor Sydelle, our Women's Group decided to enroll her in the Clara Barton Sisterhood of the Unitarian Universalist Women's Federation. The award was presented at her memorial service while we participated and attended though the magic of technology.

As the award was presented to her two daughters at the service, we read:

Sydelle Lopez was a feminist – a feminist with grace and style. There are many contributions she made to our congregation. She brought “The Chalice and the Blade” course to Shelter Rock. Serving on many committees, she was a strong advocate for the needs of women. As a long-term member of our Women's Group Board, she brought Francis Moore Lappe and her daughter as speakers. Sydelle introduced us to “Children of the Night”, a group that received a large grant to help advance their work to reduce sex trafficking in America. Although Sydelle relocated to California, she was always keenly interested in women's issues and maintained membership in our Women's Group. She is a role model and will always live in our hearts.



REMEMBERING

Let us remember those women who came before us.

Let us remember those women who

were brave and fearful (like us)

Impassioned and deliberate (like us)

Let us remember those loving women

whose achievements enabled us

to vote, to learn, to write, to sing, to dance, to work,

to dream in ways we had never done before.

Let us be grateful to those wondrous women

not only for their accomplishments

but for their affirmation of our worth,

of our intelligence

of our capabilities

and of our potential for helping women who come after.

Therefore, together, let us raise the torch of light

affirming one another

because of our blessed heritage

and because of our flaming vision of the future.

by Pat Luciano

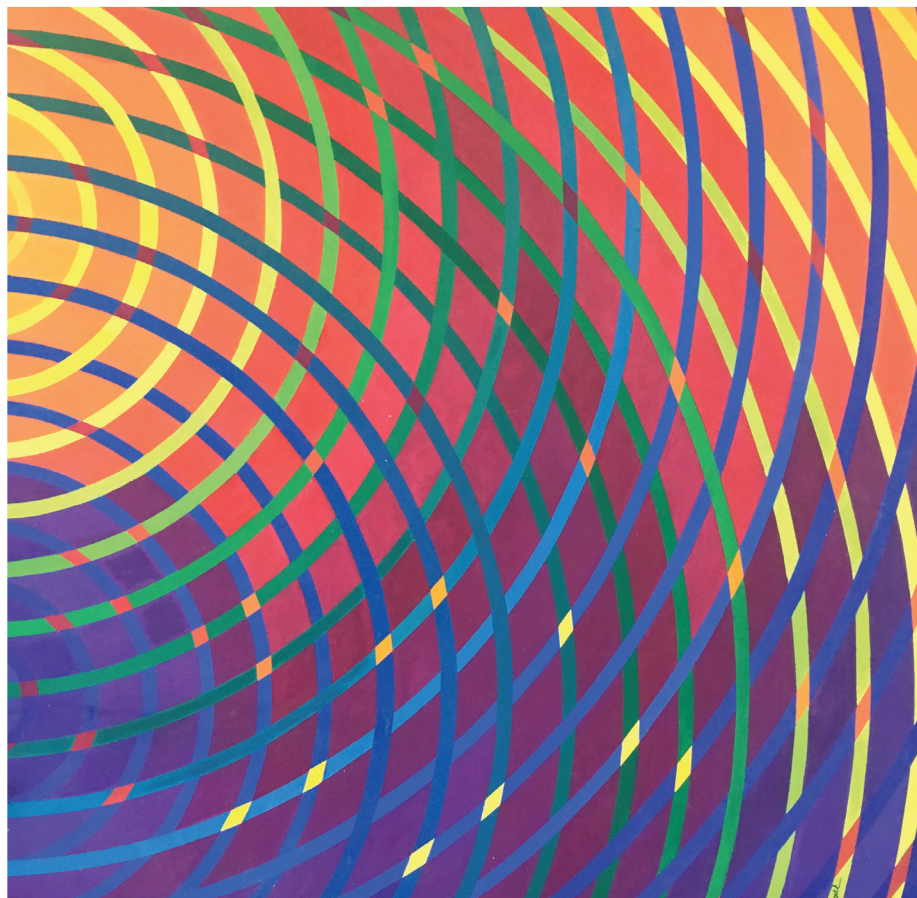


The Final Word is Love

—Dorothy Day

“A woman is the full circle.
Within her is the power to create,
nurture, and transform.”

DIANE MARIECHILD



Jo Rymer
Spectrum



Unitarian Universalist
Congregation at **Shelter Rock**
Human. Kind.

48 Shelter Rock Rd, Manhasset, NY 11030

uucsr.org | 516.627.6560 | 