



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

*We aspire to be a loving, religious community where we can grow spiritually
and build a more just and joyful world.* —UUCSR Vision Statement

November 6, 2019



November Theme: Attention

[See the Program and
Event List Here](#)

UPCOMING WORSHIP SERVICES SUNDAYS: 11:00 AM



Soulful Sundown

Friday, November 8, 2019

Dinner 6:30 PM (\$5)

Worship 7:30 PM

The Rev. Kimberley Debus & The Cosmic Orchestra

Free Coffee House with the awesome Jeffrey Gaines

Where music resides at the heart of the religious experience.

Soulful Sundown is an informal, multigenerational Service of contemporary music and the spoken word. Hand clapping, singing along, and dancing are encouraged. Following the service is a free Coffee House featuring a guest musician. Childcare is available for young ones. Registration is not required.



November 10, 2019

What We Love We Empower

The Rev. Jaye Brooks

What is it about love that makes a difference in the life of a human being? Perhaps it is that love impels us to pay attention to who or what we love. Whether we attend to our values, our hobbies, or our beloveds, bringing our attention to bear generates a kind of power that allows what we love to flourish.

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Transportation Assistance

UUCSR offers transportation assistance to Worship Services for members who are unable to travel due to physical or financial limitations. Contact Kimberly Rossiter, Assistant to the Ministers, at krossiter@uucsr.org, or at 516.472.2941 for an application.

TOUCHSTONES

The Rev. Dr. Natalie M. Fenimore



Friendship exercises our capacity to be honest and loyal; it expects us both to respect and share. It requires thoughtfulness, creativity, and patience. All these qualities are natural expressions of our spirituality. To be a friend is to practice spirituality.

These are the words of Frederic and Mary Ann Brussat, of SpiritualityandPractice.com, that popped into my email in-box this month. I receive regular emails from a number of sites focusing on congregational development and support, ministerial continuing education and professional development—but also with tools for spiritual practice and reflection. Often these resources are aimed at folks like me who are professional thinkers and doers of faith work—but these words about friendship were a wonderful reminder that what we do in our everyday lives, like being friends and being friendly, can be a deeply spiritual practice.

We can practice honesty and loyalty, respect, thoughtfulness, creativity, and patience in our individual personal friendships—and also in our larger congregational connections. We can think about building relationships among ourselves based on civility and compassion which lead us to being a community of friends.

The welcoming and hospitality that we show to newcomers and long time congregation members alike speaks to our commitment to expressing our Unitarian Universalist Principles in the world. That is spiritual work. And we should make a point of practicing because, as Kathleen Norris writes, “Friendship is an art and very few persons are born with a natural gift for it.” But with practice we do get better.

New Minister Start-Up Retreat

Saturday, November 16, 2019, 9:00 AM–2:00 PM, Art Gallery
For all committee chairs, Board members, and ministers. This is an opportunity to learn about and contribute to a shared understanding of developmental ministry, especially the developmental minister’s responsibilities, authority, and accountability. Please RSVP to Kimberly Rossiter (krossiter@uucsr.org or 516.472.2941).

UPCOMING WORSHIP SERVICES

Continued from page 1

November 17, 2019

*Attention is the
Beginning of Devotion*

The Rev. Dr. Natalie Fenimore

The poet, Mary Oliver, wrote that, "Attention is the beginning of devotion." Oliver asks us to consider giving our clear and careful attention to things so that we can begin a relationship of commitment and communion. Our relationship with our community of faith is one where we can give attention and develop devotion.

November 24, 2019

We Break Bread Together

**The Rev. Jaye Brooks and
The Rev. Dr. Natalie Fenimore**

Sharing a meal is a tradition as old as humanity. The attention we bring to one another when we break bread together forms bonds of connection, understanding, and love. This Sunday we renew these bonds of loving religious community in an expression of awareness and gratitude. This family Service is a UUCSR Thanksgiving tradition. The Jazz Ensemble will perform.

WORSHIP SERVICE DONATIONS

UUCSR has a generous practice of sharing special Worship Service collections with a variety of not-for-profit organizations.

During October, 2019, the following donations were made:

10/6/2019 \$1,080.31 to Long Island Crisis Center
Sunday Worship Service. The Crisis Center provides 24/7, free, high-quality, confidential and non-judgmental programs and services to support and empower Long Islanders at critical times in their lives.

10/11/2019 \$919.00 to Feeding America
Soulful Sundown. Donations support feeding America's hungry through a nationwide network of member food banks and engage our country in the fight to end hunger.

MESSAGE FROM THE MINISTERS

Vision & Budget Roundtables November 2019

This year, UUCSR is launching our developmental ministry work together with a series of **Vision & Budget Roundtables**.

The hope is that these congregational conversations will result in new or expanded initiatives to help us live more fully into our vision:



Third Scheduled Roundtable

Sunday, November 10 12:30–2:30 PM Art Gallery

***This session is for those unable to
participate in previous Roundtables.***

All sessions begin with everyone together; then we'll break into groups of 8–10 people. A trained facilitator will lead each conversation circle and scribes will take notes of the ideas the circle generates. The notes will be compiled and shared with the congregation, the Finance Committee, and the Board of Trustees.

Led by The Rev. Jaye Brooks

**Kindly RSVP online at uucsr.org
for planning purposes**

CONGREGATIONAL AFFAIRS

Adam Barshak, Congregation Operations Administrator

Worship Fire Safety Team

As congregants may recall, the congregation experienced a fire in the Worship Room during a Service in February 2019. An uncontrolled fire is a traumatic event. Without training or clear guidance, instincts take over as to how to respond. Below are statements from individuals who witnessed the fire firsthand. They have joined a Worship Fire Safety Team to help educate the congregation on fire safety and work to prevent and respond to fires during Worship. They share their experience of the fire in the hope that you join with them in supporting a strong congregational fire prevention and response program.



Barry Nobel: I was sitting in the third row in the Choir on the chancel. From there I could see clearly that a piece of loose crepe paper from the children's dragon passed near the chalice flame. The fire began spreading immediately to other parts of the dragon. I sat there stunned until I saw others stamping the fire out and realized that I could do something. I joined the stamping crew. I believe we extinguished the fire before someone deployed a fire extinguisher.

Claire Deroche: I was standing in the doorway to the Art Gallery. As the children started onto the chancel, I remember thinking: I wish I were in the front row. I'd grab that lighted candle that's next to the chalice. I watched in horror as the dragon costume grazed the small candle near the chalice and the fire started. I remember seeing Bob Gale's back with the flames in front of him and fearing that he'd be seriously burned. Then, I ran to the radio on the Welcome Desk and called facilities. They were already on the way.

Hugh Stevens: I was sitting in the last row of the Worship Room, in line with the doors to the Art Gallery. I saw the first ignition. My first reaction was, where is a fire extinguisher? I couldn't see any. Most of the congregation stood up. I saw I could not get forward to help. I thought that soon the ministers and Choir would be trapped behind a wall of fire. I did not know there was a stairway behind the organ to offices below. I thought, we need a fire escape directly behind the choir to the ground below. I went into the Art Gallery looking for a fire extinguisher, thinking I could pass it forward to the fire area. I could not find one as the door to the pantry was closed. A fire extinguisher was inside, unknown to me, as it was unmarked on the Art Gallery side. While I was in the Art Gallery, another member, in the front of the Worship Hall, had the savvy idea of smothering the fire, then mostly on the floor, with her coat.

Laura Torff: I was sitting in the Choir, clapping along as the children played percussion instruments and wound the dragon up onto the chancel to celebrate the New Year. Suddenly I saw the faces of our congregants drop as cheers of support became a collective cry, children under the dragon ran from fire, a few fast-acting adults rushed forward, and others seemed to stand frozen in their spaces. At first I thought to exit, then to move in to help, but the flame shot up and the cry went up again, too. Another Choir member

and I grabbed a piece of fabric, thinking we could smother the flame with it, but then I realized the fabric was flammable. Luckily, a fire extinguisher was used to put out the fire. I now feel that a congregational strategic plan for emergencies should be developed and practiced to empower and keep us safe.

Maryann Zapulla: I was in the last row on the ground floor, right in front of the Art Gallery doors. The children came into the Worship Room through the main entrance under the colorful, paper mache dragon in celebration of Lunar New Year. They went around the back of the room, then turned left on the last aisle leading up onto the chancel. They walked behind the podium. All the adults in the room were happy and clapping and cheering the children on. Suddenly, I noticed a small flame ignite on the left side of the dragon. People started screaming. I panicked and turned my back so as not to see. Then I turned around, right away, because I had to see. At that point, I witnessed a large flame shoot up toward the ceiling and more smaller flames on the floor. Congregants towards the front ran up and tried to stomp out the flames. It was chaos. Screaming. Shouting. The children were gone but I didn't see them leave. Later, I found out that a member threw her jacket on the flames and it melted. Also someone who had been in the balcony told me it was the votive candle that lit the dragon on fire.

Vince Chimienti: I was sitting towards the back of the Worship Room, still admiring the beautiful sight that had just passed by. The dragon had already progressed somewhere behind the chancel, out of my line of sight. As I stood to get a better view, I saw a quick flash of light, followed by what sounded like a series of sharp, but faint, firecracker sounds. At first, this all seemed to be an especially unusual, perhaps inappropriate, occurrence to be taking place. It took quite a bit of time—too much time—to realize that something had caught fire, the children were involved, and people were responding. And it took more time to figure out what to do next.

In addition to the members above, George Frooks, Bill Kahn, and John Zimmerman serve on the Worship Fire Safety Team in collaboration with Rev. Jennifer Brower, representing the Ministry Team, Adrian Rivera, Facilities Director, and me. The team met in September and October and has reviewed the various fire safety features of the building, in general, and the Worship Room, specifically. The team will be trained on how to put out a fire with a fire extinguisher and fire blanket and apply burn gel if needed. The team will also be making recommendations for and assisting in fire drills. Please reach out to any member of the team to share your thoughts and concerns regarding fire safety at the congregation. Look for more information to come.

Call for Participants: Developmental Ministry Transition Team

Interested in having a role in the future of UUCSR? Consider a position on the new Transition Team. Visit uucsr.org/myuucsr for characteristics of an optimal team, plus roles and responsibilities. Please contact Tammy Weil (tweil@uucsr.org or 516.472.2913).

Congregational Meeting: Sunday, November 17, 2019, 12:45 PM, Worship Room. Agenda—President's and Treasurer's Reports, Resolution to set 2020–21 Spending Limit, Nominating Criteria.

FINANCIAL DEVELOPMENT COMMITTEE

Cathi Zillmann, Chair



We're in the Home Stretch

I arrived late for the service this past Sunday and was thrilled to find that many unknown people had done me a favor. In the front row of the parking lot, there are spaces marked Special Needs Only Until 11:30. At 11:20, I found two of those spaces empty. Thank you so much! I had a knee replacement 4 months ago; and sometimes I just don't feel up to a hike. It is wonderful to know

that this community is characterized by caring.

One of the many things I like about this congregation is that we are generally kind, caring and thoughtful of people with visible and/or invisible problems. And we teach that lesson to our children. As the pledge/membership drive gets near its close, I wonder if any of you have a similar story that you'd like to share. If so, email me at cathizillmann@gmail.com.

For those of you who are waiting until the last minute to send in your pledge, or haven't made up your minds yet, I offer this reminder that the last minute is creeping up. Members of UUCSR must renew their membership every year. To do that, you make a pledge of financial support of the congregation, and make a payment toward that pledge by December 31. I wonder what it would take to bring the pledge season to a close by the end of November.

I'll let you know how it's going. And if you have any questions or stories, please be in touch (cathizillmann@gmail.com). Thank you all!

Annual Pledge Campaign

Pledge forms are on the Welcome Desk in the Main Lobby, and may be downloaded at [MYUUCSR](#), under [Member Resources](#).

Pledges may be made securely online. Visit uucsr.org/myuucsr.



2019–2020 Membership Handbooks

Handbooks are available to UUCSR members at the Welcome Desk in the Main Lobby and in the Office during business hours. Please stop by for your copy (one per household, please). Visit [MYUUCSR](#) to update your information. Thank you.

UNITARIAN UNIVERSALIST VEATCH PROGRAM AT SHELTER ROCK

Joan Minieri, Executive Director

Veatch Grantees Increase Democratic Participation Year-Round—Not Just on Election Day

Election Day this year included several important races around the country for governors and state legislatures, as well as numerous mayoral and ballot measure races. Our grantee partners at Veatch are increasing civic participation all year around—not just in November, or during the “big” years.

Democratic participation is a significant priority for all of our grantees. The vast majority of the nearly 185 organizations we fund, directly engage in some form of political education, leadership development, or issue campaigns. These organizations organize at both the statewide and national levels to increase civic and democratic participation of people from all walks of life. New Virginia Majority goes door-to-door in advance of each and every election in low-income areas to register voters. They offer educational materials and free rides to the polls. Some organizations, including the Ohio Organizing Collaborative, organize around specific issues—they are working to decriminalize low-level drug offenses in the state through a ballot measure. This type of policy change reduces incarceration—an issue that targets low income communities of color everywhere.

Veatch grantees know that civic engagement extends well beyond the ballot box. California Calls, for instance, is leading an effort called



“The California Black Census & Redistricting Hub,” a coalition of 30 black-led community groups who are ensuring that Black communities are properly represented in the upcoming census and redistricting process. This will impact upcoming elections and determine how important resources are allocated in the state. This year, we are funding the New York Census Equity Fund to ensure that all Long Islanders, especially those from marginalized communities, are counted.

As we anticipate the pivotal election year that lies ahead, please know that the organizers and community-based leaders that Veatch supports year-round will continue to work the phones, knock on doors, hold educational forums, and fight, as always, for UU democratic principles.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

SOCIAL JUSTICE COMMITTEE

Claire Deroche, Social Justice Coordinator



Righteous Among the Nations

Yad Vashem, the World Holocaust and Memorial Center was established in Jerusalem after World War II to remember all who were murdered by the Nazis in the holocaust. Not only are the victims recognized, but the memorial also remembers those non-Jews who risked their lives to save

Jewish people and confers honorary Israeli citizenship on them. These are the Righteous Among the Nations. Currently, the names of over 27,000 individuals are so inscribed. (Only 5 Americans are among them, two of them are the Unitarians, Rev. Waitstill Sharp and Martha Sharp.)

On Sunday, November 10, the LI Ethnic Coalition of Faith Partners will honor Giuseppe D'Urso, the father of Assembly Member Anthony D'Urso who, with his wife and family, risked his life to save a large Jewish family in Nazi occupied Italy in late 1943 or early 1944.¹ D'Urso himself, only 5 at the time of the incident, had his role to play. He would watch the street and alert his mother when anyone suspicious would approach. He had always remembered the clandestine events, but it wasn't until the 2018 discovery of two diaries kept by relatives of the families in hiding that the heroic acts could be corroborated.



In January 2018, Assembly Member D'Urso was invited to a synagogue in Naples, Italy to meet the descendants of the family saved by his parents' efforts. "Who in the world would believe that a farmer and his wife would risk their lives—and the lives of their children—and live in the woods for nine months while hiding a large Jewish family?" D'Urso said to a crowd of 500 people assembled at the synagogue. "It's a crazy story," he continued, "but, of course, the Holocaust is filled with crazy stories." With the discovery of the diaries, D'Urso now has the evidence he needs to present to Yad Vashem with a petition that his parents be included in the Righteous Among the Nations, something he has wanted for decades.

On Sunday, November 10, at 3:00 PM, Rabbi Robert Widom of Temple Emanuel in Great Neck will host a program for the D'Urso family. As a member of the LI Ethnic Coalition of Faith Partners, UUCSR is invited to participate. Rev. Jennifer Brower will be among the speakers, and Willow, directed by UUCSR member, Farah Chandu will perform. As Unitarian Universalists, we know how special it is to have members recognized as Righteous Among the Nations. Let us support the D'Urso family at this time.

SOCIAL JUSTICE ANNOUNCEMENTS

For further information, please contact Social Justice Coordinator Claire Deroche: cderoche@uucsr.org, 516.472.2977.

Sundays in November



Holiday Donations Drive: Each year members of the Social Justice Committee collect donations to purchase Thanksgiving Turkeys for the guests of the North Shore Soup Kitchen (NSSK) and the families served by the AIDS Center of Queens County (ACQC). A donation of \$25 (cash or check) will buy a turkey, but donations in any amount are welcome. Be sure to stop by the SJ table in the Lobby after worship.

Wednesday, November 6, 2019

SJ Racial Justice Task Force Meeting, 5:45–7:15 PM, Office Conference Room. Join us as we continue to plan programs and activities to address racism, white privilege, and white supremacy culture. At this meeting, we will be sharing insights gained from the recent workshop, "Dismantling White Supremacy Culture in Our Communities," reviewing material from the 1619 Project by the *New York Times*, and deciding on future programming. If you are interested in building a racially just community, please join us. Sponsored by the UUCSR Social Justice Committee.

Thursday, November 7, 2019

Cooking for the Guests of the Interfaith Nutrition Network (INN), 9:30 AM–12:30 PM, Main Kitchen. Meals cooked will be delivered to three shelters run by the INN. For further information, contact Verna Livingston, 516.883.7999. Sponsored by the UUCSR Social Justice Committee.

Sunday, November 10, 2019

Long Island Ethnic Coalition of Faith Partners, Temple Emanuel, 150 Hicks Ln, Great Neck, NY, 3:00–5:00 PM. Join members of the coalition as we honor the family of Anthony D'Urso, NY State Assembly Member. His family hid Jewish families from the Nazis while he was a child in Naples, Italy. Please RSVP to Claire Deroche at cderoche@uucsr.org or 516.472.2977 by Thursday, November 7, if you plan to attend.

OPPORTUNITIES FOR GIVING

Food and Clothing Donations: The Social Justice Committee of UUCSR sponsors several ways for members of the congregation to meet the needs of others for food and clothing. [Please see the flyer on the table in the Main Lobby for complete details.](#)

1. <https://theislandnow.com/featured/durso-reunited-family-helped-protect-holocaust/>

DENOMINATIONAL AFFAIRS

Robin Finnan-Jones, Chair

Updates from the Long Island Area Council Of Unitarian Universalist Congregations (LIAC)

At the October 20 LIAC meeting, delegates were told that two of our eleven Long Island congregations are in financial trouble and may have to relocate or disband: the UU Congregation of Queens in Flushing and UU Congregation of the Great South Bay in Sayville. Also at that meeting, a \$224 LIAC grant was approved for the UU Society of South Suffolk in Bay Shore to purchase a surveillance camera after a break-in. LIAC also formed a committee to work on a policy for dealing with requests for financial aid. There was discussion about creating an emergency fund with contributions from all congregations.

LIAC is offering a **Coming of Age** program for all Long Island youth in grades 7 through 9 in January. The purpose of the program is to acquaint participants with Unitarian Universalism, explore their personal religious philosophies, examine and discuss adolescent issues, and foster open communications among the youth and their families. The parent mentor orientation is Friday, January 18, at the UU Fellowship of Huntington. Session locations will be determined by which congregations attend the orientation. For more information, contact program consultant David Silver, 631.553.1107, ds60210@gmail.com.

A meeting of the **Poor People's Campaign** will be held at the UU Congregation of the South Fork in Bridgehampton at 1:30 PM, on November 17, at 977 Bridgehampton-Sag Harbor Tpk. For information, call Susan Karbiner at 631.560.1642, or email jkarbiner@aol.com

Black T-shirts saying, "Long Island Unitarian Universalists for Social Justice," are available through LIAC social justice coordinator Mary Beth Guyther (vegas219@aol.com) for \$20. A second meeting of the LIAC Social Justice Roundtable will be held on December 8, from 4:00-6:00 PM, at a site to be named. Contact Mary Beth Guyther for information. The group will discuss the UUA campaign "UU the Vote" for the 2020 elections, as well as what congregations plan to do in terms of electoral organizing and civic engagement.

A **Bereavement Support Group** on eight Monday nights beginning on November 18, will meet at 7:00 PM, at the Unitarian Universalist Fellowship at Stony Brook at 380 Nicholls Rd in East Setauket. The free group will be led by LIAC President Rev. Dr. Linda Anderson. It is open to persons of all faiths. Registration is required. Please call 631.751.0297. The group will have no more than eight members.

Jim Smith for the Denominational Affairs Committee

CARING COMMITTEE

Diane Lombardy, Chair

*Sponsored by the Caring Committee
in the spirit of unity and fellowship*

Thanksgiving Dinner at UUCSR

Thursday, November 28, 2019

12:00-3:00 PM ♦ Social Hall

Full course dinner and non-alcoholic beverages included
All are welcome to bring a dessert item to share &
Non-perishable food donations for the Food Pantry

Please note: Payments must be made in advance. No walk-ins.

\$15 per person/\$10 children 12 and younger

RSVP by Thursday, November 14

Register online at uucsr.org/thanksgiving2019 or
pick up a registration form in the UUCSR Main Lobby
Info: Kimberly Rossiter: krossiter@uucsr.org or 516.472.2941

MEMBER EVENTS

Carla Drezner, Chair



Holiday Luncheon

Strathmore Vanderbilt Country Club
260 Country Club Drive
Manhasset, New York 11030

Friday, December 6, 2019
1:00 PM

\$35 payable at the door
All inclusive

Sign up at the Welcome Desk in the Lobby
For more information, please contact Sharyn Esposito
sesposito@uucsr.org or 516.472.2960

All members and friends of UUCSR are invited!

Soulful Songs & Stories



Friday, November 15, 2019
7:00-8:30, Room 19

Using "Grateful" by John Bucchino (www.j.mp/uucsr33) as a springboard for your stories and reflections, we'll move beyond warm fuzzies and look at gratitude as practice; whether our blessings come at the expense of others or the planet; uncivil Thanksgiving dinner conversation (a favorite target of cartoonists); and more. If you'd like an email reminder, lyrics, and related food for thought, register with Jessica Pond (JPond@uucsr.org or 516.472.2914). Or just drop in. Newcomers welcome; follow the signs for the Chapel, and park in the rear parking lot. We start on time, so please come a few minutes early to get a nametag, tea or coffee, and to settle in. Alice Giordano and Steve Marston are your guides on this journey



Dramatic Readings

Loot, a satirical British farce by Joe Orton
Friday, November 15 • RE Room 15
6:00pm Potluck Dinner • 7:00 PM Play Reading

Join us in our continuing venture in reading plays: some old, some new, comedy, drama, farce. Copies are distributed and parts are chosen by participants at the event, so no need for preparation. After the reading we discuss the play, the author, relevance, and interpretation. If you don't want to be an actor, come anyway to share in the discussion.

Suggested donation is \$10 per person per session and that includes a pot luck dinner and beverages. If you bring food to share, suggested donation is \$5. Registration is required so we can provide the right number of copies of the play for the evening. Maximum number of participants is 20.

For questions or RSVPs please contact Jessica Pond at jpound@uucsr.org or call 516.472.2914.

Game Night for All Ages is Back!

GAME NIGHT

FUN FOR ALL AGES

Friday, November 15, 2019

6:30 PM • Room 10

- ♦ Board games
- ♦ Video games
- ♦ Table tennis
- ♦ Foosball table

Pizza will be provided

To register for planning purposes, please contact Jessica Pond at jpound@uucsr.org or 516.472.2914 and leave a message with your name and number of guests. Walk-ins are also welcome.

& MITTEN MAKING PARTY!

Also on November 15, there will be a Mitten Making Party to make all the paper mittens to be hung on our Mitten Tree!

The Mitten Tree provides holiday gifts for children of clients of the AIDS Center of Queens County. Starting Sunday, November 17, all are encouraged to select a mitten and include their chosen recipient in their holiday shopping. Tagged, unwrapped gifts are then brought in and placed under the Mitten Tree no later than Sunday, December 8. We look forward to everyone's participation in this beloved annual tradition!



MUSIC AND PERFORMING ARTS COMMITTEE

Rachel Zampino, Chair

Cabaret XVII Scores Triumph

A packed Social Hall welcomed the cast and crew of Cabaret at the Rock's 17th edition on Saturday, November 2. Our singers, instrumentalists and dancers filled the room with familiar tunes from Broadway's finest shows, American Songbook standards, an original composition, folk tunes, instrumental solos, and a beautiful flute duet from the folk opera, *Porgy and Bess*.



The event is the primary fundraiser for Shelter Rock's Edward Miller Memorial Music Scholarship Fund. An unofficial total showed \$2,500 collected. The Committee will determine the number and amount of the scholarship(s) to be awarded next June to graduating high school senior(s) who will be continuing post high school in the field of music. As in the past, student(s) will be selected by Nassau Music Educators Association (NMEA) members. They will review the applications and select the winner(s). The scholarship recipient(s) will be invited to Shelter Rock to perform as part of our Worship Service next May or June.

Following the successful evening, the cast of Cabaret XVII presented an encore performance at Hadley House on Sunday afternoon. An additional \$360 from Hadley House residents was added to the scholarship fund. To make a contribution to the Music Scholarship Fund, please send your check payable to UUCSR, with a memo, "Edward Miller Memorial Scholarship Fund."

Richard Bock, Cabaret Music Director

No Good Deed Goes Unpunished

A new play by Gary Mitchell based on Clare Boothe Luce's life and her 1936 play, *The Women*

A script-in-hand staged reading in the Veatch Ballroom

OPENING NIGHT PERFORMANCE

Friday, November 22, 2019, 7:30 PM

ADDITIONAL PERFORMANCE

Sunday, November 24, 2019, 1:30 PM

No Good Deed Goes Unpunished is based on *The Women*, a commentary on the pampered lives and power struggles of various wealthy Manhattan socialites and up-and-comers, plus the gossip that propels and damages their relationships. While men are frequently the subject of their lively discussions, they are strictly characters mentioned but never seen.

The play is set in 1936 in the ostentatious Central Park East apartment of Clare Boothe Luce the evening before six women are about to depart for Nevada, the "Land of Broken Vows." The group bonds over gossip, sorrows, and dark humor at Clare's home.

Clare Booth Luce (1903-87) was an author, politician, and ambassador to Italy (the first woman appointed to a major ambassadorial post). She is one of several people credited with the phrase, "no good deed goes unpunished."



CAST:

Clare
Rachel Zampino

Edna
Karin Lyngstad-Hughes

The Countess
Lilia Ramos-Dries

Miriam
Shakti Chris

Peggy
Tina Manko

Sylvia, Olga
Suzanne Viverito

With special
guest appearance
by Estelle Bajou

MUSIC & PERFORMING ARTS AT SHELTER ROCK PRESENTS

George Frideric Handel

Messiah Sing

A Beloved Long Island Tradition!

The Orchestra at Shelter Rock

Stephen Michael Smith, Conductor

The UUCSR Choir

with

Professional Soloists:

Meagan Brus, soprano

Blythe Gaissert-Levitt, mezzo

Michael St. Peter, tenor

Brace Negron, bass baritone

Sunday, December 8, 2019

1:30 PM

UUCSR Members: \$5 • Non-Members: \$8

Under 18 years old: Free

RSVP online: uucsr.org/Dec8

Come sing along, or just listen.

Musical scores will be provided at no charge.

ART COMMITTEE
Tinna Kopelow, Chair

Visit the Art Gallery to Enjoy the Current Exhibit.



**National League of
 American Pen Women
 Long Island Branch**

November 2-December 4, 2019

The LI Branch was formed and chartered in 1953. The group is comprised of talented professional women involved in the arts, such as literature, painting, musical composition, photography, and sculpture. The gifted, accomplished, and award-winning artists continue to gather together to paint and learn from one another. The Branch shows its works in many venues throughout LI and NYC.

Upcoming Shows

Thomas Kerr	12/6/2019-1/8/2020
Religious Education	1/11/2020-2/18/2020
Diane Bares	5/2/2020-6/3/2020
Korean Community Services of Metropolitan New York, Inc. (KCS)	6/6/2020-7/8/2020

Call for Artists

Shelter Rock Art Gallery is always looking for new artists. If you would like to have your work considered for an exhibit, please contact Elaine Corrao (ecorrao@uucsr.org, 516.472.2933).



**SPONSORED BY UUCSR AND GOLD COAST
 INTERNATIONAL FILM FESTIVAL**

Saturday, November 9 | 7:30 PM
FILM: *Portrait of a Lady on Fire*



WINNER—Best Screenplay and Queer Palm awards at this year's Cannes Film Festival. 2019 | 121 min | France | English subtitles
 A superbly elegant and exquisite French-period drama. In 18th-century France, a young painter is commissioned to do the wedding portrait of a reluctant bride-to-be without her knowing, requiring the artist to observe her model by day and paint her portrait at night. Day by day, the two women share the bride's last moments of freedom. A devastatingly unforgettable story of love and memory.

Soundview Cinemas
 7 Soundview Market Place
 Port Washington, NY 11050

TICKETS ON SALE NOW!
 VISIT GOLDCOASTFILMFESTIVAL.ORG | 516.829.2570
 Use Promo Code **UUSR19** to save \$2 per adult ticket

MEMBERSHIP COMMITTEE
Meg Cohen, Chair

**Holiday
 COMEDY
 IMPROV**

Sunday, December 1, 2019
 1:00 PM • Social Hall
FREE • Multigenerational
 All are Welcome.

MINISTRY PROGRAMS

Meditation Thursday | 6:00 PM Chapel

Third Thursdays monthly

(second Thursday in February 2020)

Facilitated by Paul Carbone, Lay Chaplain at UUCSR

This is an opportunity to sample:

guided meditation, stories, music, sound, visual prompts.

Contact Kimberly Rossiter (516.472.2941, krossiter@uucsr.org)

SOULFUL SALUTATIONS

YOGA set to live music by THE COSMIC ORCHESTRA

Led by BEN WISCH & DENISE DELUCA

Tuesday, November 12

7:00 PM

\$15 per person / per session

Register online at uucsr.org

Death Café

Sunday, November 24, 2019

1:00 PM • Art Gallery

Life is short...enjoy the time you have!



Admission is free, but you must register online at uucsr.org

Facilitated by Ami Bhalodkar and Billy Carew

PASTORAL CARE

Are you in need of emotional, social, or spiritual support?

If you are in need of pastoral care, or you know of a fellow member who would benefit from care, please share that need with the Assistant to the Ministers, Kimberly Rossiter, at krossiter@uucsr.org, or at 516.472.2941. Our Ministry Team, Caring Committee, and/or congregational chaplains will follow up. Thank you.

SMALL GROUP MINISTRY

Marcelo da Silva, Chair



Covenant Groups are another name for this vital part of our congregation. Groups of up to twelve people meet monthly to reflect upon and discuss significant life topics.

In some UU settings, the groups are called Covenant Groups because UUs use the concept of a covenant to guide our relationships. A covenant is a set of promises that we make with one another. We promise to be a community of faith, rather than adhere to a set creed. In Small Group Ministry, we covenant on a small scale in much the same way that we covenant with our larger faith community. We promise to act in good faith.

Small groups are great places to get to know other people, and to get to know yourself. Over time, participants build deep connections with one another, with the congregation, and with that which is sacred.

Whether the topic is “good and evil,” “mindful living,” or “letting go,” the conversation is respectful and supportive and leads to greater understanding. Each session, facilitated by two trained members of the congregation, allows all participants the opportunity to share their perspectives and listen deeply. The time together is structured: groups begin and end with centering readings and often include a time of silence before the sharing begins. We invite you to join a small group.

First Tuesday of the Month, 7:00-9:00 PM, Veatch Terrace Room
Facilitators: Gerry Laytin and Stephen Ruocco

Second Sunday of the Month Early AM, 8:30-10:30 AM, Office Conference Room (next meeting: Sun., Nov 10)
Facilitators: WinterFlower Robinson and Catherine Torrillo

Second Wednesday of the Month, 7:30-9:30 PM, RE Room 19 (next meeting: Wed., Nov 13), Facilitator: Marilyn Pedalino

Snowbird Meeting Fall and Spring, 10:00 AM-12:00 PM
Bride's Room (meetings: Thurs., Nov. 14 & Thurs., Dec. 19)
Facilitators: Lauren Furst and Carol Garbarino

Third Friday of the Month Hadley House, 1:30-3:00 PM
Community Room (next meeting: Fri., Nov. 15)
Facilitators: Lilyan Strassman and Jim Smith

Third Sunday of the Month, 1:00-3:00 PM
Bride's Room (Cancelled: Nov 10. Next meeting Dec. 15)
Facilitators: Robin Finnan-Jones and Latifa Woodhouse

To join a group, please register at uucsr.org/sgm for the meeting of your choice, or contact Committee Liaison Lea Titza (Ltitza@uucsr.org or 516.472.2975).

Advertising as UU Outreach

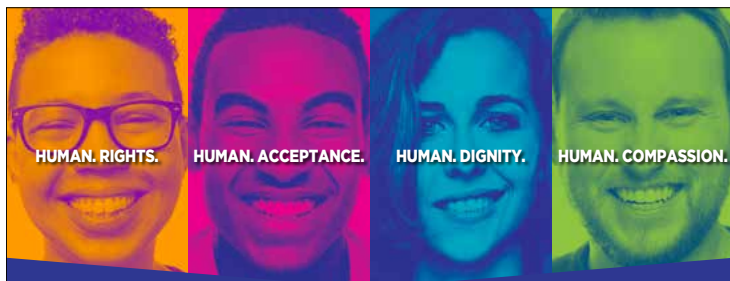


The UUCSR bylaws state, in essence, that the purpose of the Congregation is promulgation and practice of Unitarian Universalism. We accomplish the practice piece through Worship, programs and service. We accomplish the promulgation piece through a variety of strategies that range from congregational participation in local, regional and national initiatives, paid print and radio advertising, community calendars, social media participation, and more.

Beginning in 2017, UUCSR began a new creative promulgation strategy that employed advertising for outreach purposes. Staff, together with the Publicity and Promotions Committee (P&P) identified local and regional not-for-profits that reach Long Islanders most likely to be interested in Unitarian Universalism and UUCSR. We investigated partnerships in the form of sponsorship or underwriting that would provide the organizations with their necessary funding in return for strong advertising for UUCSR. We looked for organizations with demonstrated marketing prowess, and that have missions and visions consistent with Unitarian Universalism.

Gold Coast International Film Festival in Great Neck, and Landmark on Main Street in Port Washington were selected. P&P, the UUCSR Board, and ultimately members of the congregation approved a budgeted expense to sponsor the two organizations in return for UUCSR print advertising (such as shown below), UUCSR logo in newsletters, our name in spoken acknowledgements on stage, occasional special member perks such as ticket discounts, and much more. Partnerships have proven mutually beneficial!

Learn more about our partners: landmarkonmainstreet.org/
goldcoastfilmfestival.org/



UUCSR shares your love of the arts.
Visit UUCSR.org for more music and performing arts in our community.

Worship Services
and Religious Education
Every Sunday at 11:00 AM



Unitarian Universalist
Congregation at Shelter Rock
Human. Kind.

48 Shelter Rock Rd, Manhasset, NY 11030
Visit www.uucsr.org | 516.627.6560 | ☎

Soulful Sundown
with a Live Band
Second Fridays monthly at 7:30 PM



HADLEY HOUSE

Sunday, November 10, 2019

1:00-4:00 PM

464 Main St, Port Washington

Having recovered from last year's flood caused by a burst pipe, we're ready for the congregation to celebrate with us the renovations that have restored the building!

Hear about our programs:

- Sunday Night Movies
- Backyard Barbecues
- Small Group Ministry
- Qigong
- Mingles
- Mahjong Night
- Fitness Classes
- Meditation
- Book Discussion Group
- Great Decisions
- Holiday Celebration
- Minister Meet-Ups

Featuring:

Light refreshments • Music • Treats for children
and
Tours of three apartments and the new kitchen,
solarium, garden, and roof deck
(weather permitting)

Families Are Welcome!

WOMEN'S GROUP

Sandra Hazel Frank, Women's Group President



It's Not THAT Cold Outside

Imagine that a 75-year-old song, heard over and over again, generated enough attention and strong objections to generate a new version. In the #MeToo era, many interpreted the lyrics of "Baby, It's Cold Outside" to be a precursor to date rape—spiked by drinking and pleas that it's just too cold outside for the woman to go home. The new version was written

by John Legend and Natasha Rothwell. The album is called, "A Legendary Christmas." It will be released on November 8 by Columbia Records.

The old lyrics spurred debates and outright arguments. Last year, there were panel discussions on TV. Some radio stations took the song out of circulation during the holidays. "I ought to say no, no, no, sir." "Say, what's in this drink?" These lyrics may cause some victims of date rape and other women to avoid holiday celebrations, and, even worse, to relive painful experiences. Some wonder why telling the man she needs to leave about ten times is nine times too many. It really wasn't THAT cold outside.

One may not cringe when one hears this song. One may take it simply as a flirtatious exchange between a romantic couple. The woman resists while the man insists. Harmless, right?

Whatever your feelings, John Legend and Natasha Rothwell revised the lyrics. When she sings, "I've got to go away," Legend replies, "I can call you a ride." "If I have one more drink?" He sings, "It's your body and your choice."

Which version do you prefer? I wonder which one we'll be hearing this holiday season. The new one may offer a model for romantic partners and leave all of us freer to enjoy the coming holiday. Wouldn't it be great if more people don't feel creepy when they hear the song again and again? Wouldn't it be better if flirtatious encounters leave all of us feeling safe and respected rather than pressured and wondering what's in that drink? It's never THAT cold that any of us should feel that way.

*Baby
It's Cold
Outside*

Women Talk Daytime

First and Third Wednesdays

12 Noon-2:00 PM • Art Gallery

On the first Wednesday of the month, we take turns "going around" to discuss current events. On the third Wednesday of the month we discuss a previously agreed upon topic. Beside talking we listen, learn, share information and our individual stories. In the process we bond with each other and have a lot of fun. Bring your lunch. Cookies and beverages are provided.

Women's Group Book Series

Friday, November 15, 2019

3:30 PM • Veatch Ballroom

The Silent Patient, by Alex Michaelides, led by Maria Ceraulo

Women's Group Board Meeting

Sunday, November 24, 2019

8:45 AM • Veatch Conference Room

All are welcome.

Women's Group Holiday Sale

Sunday, December 1, 2019

12:00 PM • Main Lobby

*Jewelry • Trinkets • Gift Items
Christmas Decorations
Children's Toys • Boxed Games for All Ages
Featuring Handmade Hats and Mittens*

Item collection is underway. Please deliver items for sale to bin in Main Lobby or to Sharyn in the office. To help sort in advance or sell, please contact Leona Handelman (516.627.0024).

T.G.I.F.

Friday, December 6, 2019

7:00 PM-9:00 PM • Art Gallery



Make Your

Life Stress Free:

Your Gift to Yourself for the Holidays

Join us to explore ways to ease stress,

transform your life experiences, and free

yourself to experience the joy of a stress-free life.

Facilitated by Carmen Palmer of the Brahma Kumaris World

Spiritual Organization. We will accept donations of new

games, toys and puzzles as gifts for

the children

of New Hour

and WORC.

This article reflects our stewardship of the earth and our commitment to the Seventh Principle.

Our Water Crisis

Long Islanders have ignored its water problems far too long. The Bethpage Water District has not. Over the years the Grumman Naval Plume has increased groundwater pollution and is not going to be cleaned up any day soon. The Navy and Northrop Grumman responsible for it and its carcinogenic contaminants downplay concerns. They want a modest cleanup. Although Grumman has spent \$200 million already and the Navy \$131 million, it has been mainly for consultant and studies, not for well treatment. This delay has cause it to spread a foot per day until it is 4.3 miles long, 2.1 miles at its widest and 900 feet deep.



According to the Department of Environment Conservation, the plume has 24 contaminants which include the solvent trichloroethene (TCE) and 1,4-dioxane, another carcinogen. The latter cannot be removed through traditional methods. In fact, dioxane has now been found in numerous wells in Nassau County: Hicksville, Roslyn, Bethpage, and Hempstead. Water pollution in Suffolk County is also dire. They have malfunctioning septic systems and use of nitrogen-laden fertilizers and pesticides that Long Island homeowners continue to put on their properties. These leach into Nassau's aquifers and drinking wells, Suffolk's bays, estuaries, rivers, etc. For \$585 million the US Navy can clean up the plume, but they oppose culpability and the penalty. But what about protections?

The Clean Water Act of 1972 says: "Restore and maintain the integrity of our nation's water." How? Eliminate the discharge of pollutants to achieve water quality levels allowing fishing and swimming. However, it relies on state agencies for enforcement. The National Pollutant Discharge Elimination System (1972) issues permits for polluters on quantities they can pollute. It gives penalties from \$2,500 to \$25,000 per day on negligence and can convict. This differs from the Safe Drinking Act (1974) covering ground water issues and establishing standards. Currently, this administration is loosening water contaminant restrictions. Long Island has new problems, such as illegal dumping, besides toxic chemicals used on our land emerging in our water systems are harmed and birds and other wildlife that depend on healthy water sources. The proposed cleanup of the plume will take 117 years. Decontamination of wells can take decades with the need for new treatment methods and money to accomplish this. To fight this water crisis and remediate our water pollution, we must support strategies to attain safe water now.

Elaine Peters for the Green Sanctuary Committee

CORRECTION: Green Sanctuary Column October 23, 2019

The Green Sanctuary article, "The Future of Energy," in the previous edition of *The Quest* was not attributed, in error. Jim Peters was the author of the article. We apologize for the missing attribution.

FILM and Conversation: *The Secret Life of Your Clothes*



Sunday, November 10, 1:00 PM, Chapel

Tuesday, December 3, 7:30 PM, Art Gallery

Learn the revealing story of what happens to the mountains of clothes donated to charity.

SPECIAL GUEST: Beth Fiteni, author of the book, *The Green Wardrobe Guide Finding EcoChic Fashions that Look Great and Help Save the Planet*, will share her expertise on ramifications of fashion on the health of our children, ourselves and our planet. Books will be available for sale and signing by the author.



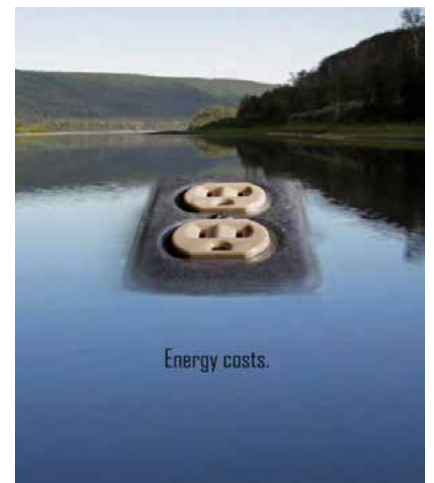
FREE to all
Refreshments provided

FILM: *Peace Out*

**Tuesday, November 12,
7:30 PM, Art Gallery**

This important film presents a beautiful, thought-provoking look at a rapidly transforming landscape. It seeks to engage those of us who do not connect our daily decisions with global land-use issues.

FREE to all
Refreshments provided



PROGRAM ANNOUNCEMENTS

Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations..

WEDNESDAY, NOVEMBER 6, 2019

Racial Justice Task Force Meeting, 5:45 PM, Office Conference Room

SRI Committee Meeting, 7:00 PM, Veatch Conference Room

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

THURSDAY, NOVEMBER 7, 2019

Yoga, 9:30 AM, Art Gallery

SJC INN Cooking, 9:30 AM, Main Kitchen

AA Meeting, 10:30 AM, Rooms 206, 207

NAMI Family to Family Classes II, 6:30 PM, RE Room 15

Stretch and Balance, 6:45 PM, Social Hall

Personnel Committee Meeting, 7:00 PM, Veatch Library

Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

FRIDAY, NOVEMBER 8, 2019

Tai Chi/Qigong, 10:15 AM, Art Gallery

Members' Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

Soulful Sundown Dinner, 6:30 PM, Social Hall

Soulful Sundown Worship, 7:30 PM, SH

Soulful Sundown Coffee House, 8:45 PM, Social Hall

SATURDAY, NOVEMBER 9, 2019

Caring Hearts Quilt, 10:00 AM, Rm 204, 205

Yoga, 11:00 AM, Art Gallery

Film: *Portrait of a Lady on Fire*, 7:30 PM, Soundview Cinema, Port Washington

SUNDAY, NOVEMBER 10, 2019

Small Group Ministry Second Sunday AM Meeting, 8:30 AM, Office Conference Room

Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room

Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4

Bagel Breakfast, 10:00 AM, Social Hall

Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room

Choir Rehearsal, 10:00 AM, Worship Room

RE Classes, 11:00 AM, RE Wing

Worship Service, 11:00 AM, Worship Room

UU Café, 12:00 PM, Social Hall

Play Rehearsal, 12:30 PM, Veatch Terrace Room

LGBTQ+ Meeting, 12:30 PM, RE Room 4

Vision and Budget Roundtable, 12:30 PM, Art Gallery

Love and Stitches, 12:30 PM, RE Room 15

Do You Believe?, 1:00 PM, Veatch Ballroom

Hadley House Open House, 1:00 PM, 464 Main St, Port Washington

Film: *The Secret Life of Your Clothes*, 1:00 PM, Chapel

CANCELLED: Small Group Ministry Third Sunday Meeting, 1:00 PM

Worship Committee Meeting, 1:00 PM, Veatch Conference Room

LI Coalition of Faith Partners, 3:00 PM, Temple Emanuel of Great Neck

MONDAY, NOVEMBER 11, 2019

Personnel Committee Meeting, 12:30 PM, Veatch Conference Room

TUESDAY, NOVEMBER 12, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

CSA Drop Off and Pick Up, 10:30 AM, RE Lobby

Disability Task Force Meeting, 2:00 PM, Bride's Room

Art Committee Meeting, 4:00 PM, Office Conference Room

Nar-Anon Meeting, 6:30 PM, RE Room 19

NAMI Family to Family Classes I, 6:30 PM, RE Room 15

Board of Trustees Meeting, 7:00 PM, Veatch Ballroom

Kundalini Yoga, 7:00 PM, RE Room 6

RE Committee Meeting, 7:00 PM, RE Room 4

Soulful Salutations, 7:00 PM, Social Hall

DAC Meeting, 7:30 PM, Bride's Room

Play Rehearsal, 7:30 PM, Veatch Terrace Room

Film: *Peace Out*, 7:30 PM, Art Gallery

WEDNESDAY, NOVEMBER 13, 2019

Medical Qigong for Senior Health, 11:00 AM, Hadley House Community Room

Reach Out America, 12:30 PM, Social Hall

Members' Bridge Group, 1:00 PM, Veatch Ballroom

Finance Committee Mtg, 6:00 PM, Bride's Rm

NAMI Family Support Grp, 7:00 PM, RE Rm 15

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

Social Justice Monthly Meeting, 7:30 PM, Art Gallery

Food & Water Watch Monthly Meeting, 7:30 PM, Veatch Conference Room

Small Group Ministry Second Wednesday PM Meeting, 7:30 PM, RE Room 19

THURSDAY, NOVEMBER 14, 2019

Yoga, 9:30 AM, Art Gallery

Small Group Ministry - Snowbird AM Meeting, 10:00 AM, Bride's Room

AA Meeting, 10:30 AM, Rooms 206, 207

League of Women Voters Post Election Supper, 6:00 PM, Art Gallery

NAMI Family to Family Classes II, 6:30 PM, RE Room 15

Stretch and Balance, 6:45 PM, Social Hall

Board of Trustees Meeting, 7:00 PM, Veatch Ballroom

Choir Rehearsal, 7:30 PM, Choir Rehearsal Rm

FRIDAY, NOVEMBER 15, 2019

Erase Racism - Annual Students Leader for Tomorrow Conference, 8:30 AM, Social Hall, RE Wing

Tai Chi/Qigong, 10:15 AM, Art Gallery

Members' Bridge Lessons & Game Play, 1:00

PM, Veatch Ballroom

SGM Third Friday Hadley House Meeting, 1:30 PM, Hadley House Community Room

Women's Grp Book Series, 3:30 PM, Gallery

Dramatic Readings, 6:00 PM, RE Room 15

StarGame Night & Mitten Making Party, 6:30 PM, RE Room 6, 9, 10

Soulful Songs & Stories, 7:00 PM, RE Room 19

SATURDAY, NOVEMBER 16, 2019

UUCN Meeting, 8:30 AM, Veatch Ballroom

Saturday INN Cooking, 9:00 AM, Main Kitchen

New Minister Start Up Retreat, 9:00 AM, Art Gallery

Caring Hearts Quilt, 10:00 AM, Rm 204, 205

Worship Meeting, 10:00 AM, Bride's Room

Yoga, 11:00 AM, RE Room 6

SUNDAY, NOVEMBER 17, 2019

Building and Grounds Meeting, 8:00 AM, Office Conference Room

Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room

Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4

Grade 7 & 8 Cooking for UU Cafe Fundraiser, 9:00 AM, Main Kitchen

Music and Performing Arts Committee Meeting, 9:00 AM, Bride's Room

Bagel Breakfast, 10:00 AM, Social Hall

Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room

Choir Rehearsal, 10:00 AM, Worship Room

RE Classes, 11:00 AM, RE Wing

Worship Service, 11:00 AM, Worship Room

UU Café Gr 7&8 Fundraiser, 12:00 PM, SH

Play Rehearsal, 12:30 PM, Veatch Terrace Rm

Love and Stitches, 12:30 PM, RE Room 15

Congregational Mtg, 12:45 PM, Worship Room

LIAC Meeting, 3:00 PM, UU Fellowship of Stony Brook

MONDAY, NOVEMBER 18, 2019

Parking Lot Tree Proposal Meeting, 4:30 PM, Office Conference Room

TUESDAY, NOVEMBER 19, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

NAMI Criminal Justice Committee Meeting, 3:00 PM, Volunteer Room

Adult Programs Meeting, 5:00 PM, Art Gallery

Nar-Anon Meeting, 6:30 PM, RE Room 19

NAMI Family to Family Classes I, 6:30 PM, RE Room 15

Kundalini Yoga, 7:00 PM, Veatch Ballroom

Play Rehearsal, 7:30 PM, Veatch Terrace Room

Program Council Meeting, 7:30 PM, Gallery

Committee on Ministry, 7:30 PM, Veatch Conference Room

WEDNESDAY, NOVEMBER 20, 2019

Manhasset School Retirees, 10:30 AM, Bride's

PROGRAM ANNOUNCEMENTS

Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations.

Room

Medical Qigong for Senior Health, 11:00 AM, Hadley House Community Room

Women Talk Daytime, 12:00 PM, Art Gallery

Members' Bridge Group, 1:00 PM, Veatch Ballroom

LLS Myeloma Support Group Meeting, 6:00 PM, RE Room 16

Ukuleles At Shelter Rock, 6:30 PM, Ensemble Rehearsal Room

Investment Committee Meeting, 7:00 PM, Art Gallery

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

THURSDAY, NOVEMBER 21, 2019

Yoga, 9:30 AM, Art Gallery

AA Meeting, 10:30 AM, Rooms 206, 207

Meditation Thursdays, 6:00 PM, Chapel

NAMI Family to Family Classes II, 6:30 PM, RE Room 15

NAMI COD (Co-occurring Disorders) Support Group, 6:30 PM, RE Room 17

Stretch and Balance, 6:45 PM, Social Hall

Green Sanctuary Monthly Meeting, 7:00 PM, Bride's Room

Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

Shelter Rock Forum Committee Monthly Meeting, 7:30 PM, Veatch Conference Room

FRIDAY, NOVEMBER 22, 2019

Tai Chi/Qigong, 10:15 AM, Art Gallery

Members' Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

Grade 6 Retreat, 7:00 PM, RE Wing

Opening Night: Play by Gary Mitchell *No Good Deed Goes Unpunished*, 7:30 PM, Veatch Ballroom

SATURDAY, NOVEMBER 23, 2019

Together to End Solitary Confinement, 10:00 AM, Chapel, RE Room 15

Caring Hearts-Quilters, 10:00 AM, Room 204, 205

Yoga, 11:00 AM, Art Gallery

SUNDAY, NOVEMBER 24, 2019

Bread Ceremony Baking, 8:00 AM, Main Kitchen

Small Group Ministry Fourth Sunday AM Meeting, 8:30 AM, Office Conference Room

Women's Group Board Meeting, 8:45 AM, Veatch Conference Room

Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4

Jazz Ensemble Rehearsal, 9:00 AM, Worship Room

Childcare, 9:30 AM, RE Room 2

Bagel Breakfast, 10:00 AM, Social Hall

Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room

Choir Rehearsal, 10:00 AM, Worship Room

Thanksgiving Family Worship Service, 11:00 AM, Worship Room

UU Café, 12:00 PM, Social Hall

Love and Stitches, 12:30 PM, RE Room 15

Men's Group Meeting, 12:30 PM, Veatch Conference Room

Death Café, 1:00 PM, Art Gallery

Small Group Ministry Facilitators Meeting, 1:00 PM, Office Conference Room

Our Whole Lives for Adults, 1:00 PM, RE Room 4

Play by Gary Mitchell *No Good Deed Goes Unpunished*, 1:30 PM, Veatch Ballroom

TUESDAY, NOVEMBER 26, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

Veatch BOG Nov Meeting (Dinner), 6:00 PM, Art Gallery

Nar-Anon Meeting, 6:30 PM, RE Room 19

Veatch BOG November Meeting, 7:00 PM, Art Gallery

Small Group Ministry Fourth Tuesday Meeting, 7:00 PM, Veatch Terrace Room

Kundalini Yoga, 7:00 PM, RE Room 6

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch House

WEDNESDAY, NOVEMBER 27, 2019

Members' Bridge Group, 1:00 PM, Veatch Ballroom

NAMI Family Support Grp, 7:00 PM, RE Rm 15

THURSDAY, NOVEMBER 28, 2019

Thanksgiving Day Holiday, Limited Hours

Thanksgiving Celebration, 12:00 PM, Social Hall

FRIDAY, NOVEMBER 29, 2019

Thanksgiving Friday Holiday, Building Closed

SATURDAY, NOVEMBER 30, 2019

Caring Hearts Quilters, 10:00 AM, Rooms 204, 205

Yoga, 11:00 AM, Art Gallery

SUNDAY, DECEMBER 1, 2019

Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room

Bagel Breakfast, 10:00 AM, Social Hall

Choir Rehearsal, 10:00 AM, Worship Room

Worship Service, 11:00 AM, Worship Room

Women's Group Holiday Sale, 12:00 PM, Main Lobby

UU Café, 12:00 PM, Social Hall

Small Group Ministry, First Sunday Meeting, 1:15 PM, Bride's Room

Holiday Comedy Improv, 1:30 PM, Social Hall

MONDAY, DECEMBER 2, 2019

SJC Mental Health Sub-Committee Monthly, 4:00 PM, Veatch Conference Room

TUESDAY, DECEMBER 3, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

Bookstore Meeting, 6:00 PM, Bride's Room

Nar-ANON Meeting, 6:30 PM, RE Room 19

NAMI Family to Family Classes I, 6:30 PM, RE Room 15

BOT Agenda Planning Meeting, 7:00 PM, Veatch Library

Kundalini Yoga, 7:00 PM, Veatch Ballroom

RE Committee Meeting, 7:00 PM, RE Room 4

Small Group Ministry, First Tuesday Meeting, 7:00 PM, Veatch Terrace Room

DAC Meeting, 7:30 PM, Office Conference Rm

Film: *The Secret Life of Your Clothes*, 7:30 PM, Art Gallery

Membership Committee Meeting, 7:30 PM, Office Conference Room

WEDNESDAY, DECEMBER 4, 2019

National League of American Penwomen PW, LI Branch, 9:00 AM, Art Gallery

Medical Qigong for Senior Health, 11:00 AM, Hadley House Community Room

Women Talk Daytime, 12:00 PM, Bride's Room

Members' Bridge Group, 1:00 PM, Veatch Ballroom

Finance Committee Mtg, 6:00 PM, Bride's Rm

SRI Committee Meeting, 7:00 PM, Veatch Conference Room

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace

THURSDAY, DECEMBER 5, 2019

Yoga, 9:30 AM, Art Gallery

SJC INN Cooking, 9:30 AM, Main Kitchen

AA Meeting, 10:30 AM, Rooms 206, 207

Organ Rehearsal for Messiah, 11:00 AM, Worship Room

NAMI Family to Family Classes II, 6:30 PM, RE Room 15

NAMI COD (Co-occurring Disorders) Support Group, 6:30 PM, RE Room 17

Dress Rehearsal for Messiah Sing, 7:00 PM, Worship Room

Personnel Committee Meeting, 7:00 PM, Veatch Library

Choir Rehearsal, 7:30 PM, Choir Rehearsal Rm

[Visit UUCSR.org](http://UUCSR.org) for additional calendar programs and events

The Quest is published twice a month, except once each in July and August. Copies are available at the Welcome Desk in the UUCSR Main Lobby, at <https://uucsr.org/media/quest-newsletter>, and via email. Sign up for email at <https://uucsr.org/media>.

The Quest Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other.

The Quest is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, Maxine Dangler, Steve Marston, and Jessica K. Vega.

Publication dates and submission deadlines:

www.j.mp/quest-sched

Submissions: communications@uucsr.org

Quest Guidelines: <http://j.mp/quest-gl>

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Members of the Board of Trustees

Terry Bain	Brigitte Mueller
Iliza Bartels	Barry Nobel
Shanti Carole Flot	Robert Nuxoll
Chris Hilke	Rebecca Smith

November 6, 2019

ADDRESS SERVICE REQUESTED
FIRST CLASS MAIL DATED MATERIAL

Next Quest: Wednesday, November 20, 2019 | Deadline for Content: Thursday, November 14, 2019



Congratulations to the cast, crew, audience, and all who made *CABARET at the Rock* a success!
Proceeds and donations benefit the Edward Miller Memorial Music Scholarship Fund
for Nassau County high school seniors planning to study music in college.