Where music resides at the heart of the religious experience. Soulful Sundown is an informal, multigenerational Service of contemporary music and the spoken word. Hand clapping, singing along, and dancing are encouraged. Following the service is a free Coffee House featuring a guest musician. Childcare is available for young ones. Registration is not required.

What is it about love that makes a difference in the life of a human being? Perhaps it is that love impels us to pay attention to who or what we love. Whether we attend to our values, our hobbies, or our beloveds, bringing our attention to bear generates a kind of power that allows what we love to flourish.

Friendship exercises our capacity to be honest and loyal; it expects us both to respect and share. It requires thoughtfulness, creativity, and patience. All these qualities are natural expressions of our spirituality. To be a friend is to practice spirituality.

These are the words of Frederic and Mary Ann Brussat, of SpiritualityandPractice.com, that popped into my email in-box this month. I receive regular emails from a number of sites focusing on congregational development and support, ministerial continuing education and professional development—but also with tools for spiritual practice and reflection. Often these resources are aimed at folks like me who are professional thinkers and doers of faith work—but these words about friendship were a wonderful reminder that what we do in our everyday lives, like being friends and being friendly, can be a deeply spiritual practice.

We can practice honesty and loyalty, respect, thoughtfulness, creativity, and patience in our individual personal friendships—and also in our larger congregational connections. We can think about building relationships among ourselves based on civility and compassion which lead us to being a community of friends.

The welcoming and hospitality that we show to newcomers and long time congregation members alike speaks to our commitment to expressing our Unitarian Universalist Principles in the world. That is spiritual work. And we should make a point of practicing because, as Kathleen Norris writes, “Friendship is an art and very few persons are born with a natural gift for it.” But with practice we do get better.
The Quest

Upcoming Worship Services

Continued from page 1

November 17, 2019

Attention is the
Beginning of Devotion

The Rev. Dr. Natalie Fenimore

The poet, Mary Oliver, wrote that, “Attention is the beginning of devotion.” Oliver asks us to consider giving our clear and careful attention to things so that we can begin a relationship of commitment and communion. Our relationship with our community of faith is one where we can give attention and develop devotion.

November 24, 2019

We Break Bread Together

The Rev. Jaye Brooks and The Rev. Dr. Natalie Fenimore

Sharing a meal is a tradition as old as humanity. The attention we bring to one another when we break bread together forms bonds of connection, understanding, and love. This Sunday we renew these bonds of loving religious community in an expression of awareness and gratitude. This family Service is a UUCSR Thanksgiving tradition. The Jazz Ensemble will perform.

Worship Service Donations

UUCSR has a generous practice of sharing special Worship Service collections with a variety of not-for-profit organizations.

During October, 2019, the following donations were made:

10/6/2019 $1,080.31 to Long Island Crisis Center
Sunday Worship Service. The Crisis Center provides 24/7, free, high-quality, confidential and non-judgmental programs and services to support and empower Long Islanders at critical times in their lives.

10/11/2019 $919.00 to Feeding America
Soulful Sundown. Donations support feeding America’s hungry through a nationwide network of member food banks and engage our country in the fight to end hunger.

Message From The Ministers

Vision & Budget Roundtables
November 2019

This year, UUCSR is launching our developmental ministry work together with a series of Vision & Budget Roundtables.

The hope is that these congregational conversations will result in new or expanded initiatives to help us live more fully into our vision:

Create loving religious community

Encourage spiritual growth

Build a more just and joyful world

Third Scheduled Roundtable

Sunday, November 10 12:30-2:30 PM Art Gallery

This session is for those unable to participate in previous Roundtables.

All sessions begin with everyone together; then we’ll break into groups of 8-10 people. A trained facilitator will lead each conversation circle and scribes will take notes of the ideas the circle generates. The notes will be compiled and shared with the congregation, the Finance Committee, and the Board of Trustees.

Led by The Rev. Jaye Brooks

Kindly RSVP online at uucsr.org for planning purposes

The Quest
Worship Fire Safety Team

As congregants may recall, the congregation experienced a fire in the Worship Room during a Service in February 2019. An uncontrolled fire is a traumatic event. Without training or clear guidance, instincts take over as to how to respond. Below are statements from individuals who witnessed the fire firsthand. They have joined a Worship Fire Safety Team to help educate the congregation on fire safety and work to prevent and respond to fires during Worship. They share their experience of the fire in the hope that you join with them in supporting a strong congregational fire prevention and response program.

Barry Nobel: I was sitting in the third row in the Choir on the chancel. From there I could see clearly that a piece of loose crepe paper from the children’s dragon passed near the chalice flame. The fire began spreading immediately to other parts of the dragon. I sat there stunned until I saw others stamping the fire out and realized that I could do something. I joined the stamping crew. I believe we extinguished the fire before someone deployed a fire extinguisher.

Claire Deroche: I was standing in the doorway to the Art Gallery. As the children started onto the chancel, I remember thinking: I wish I were in the front row. I’d grab that lighted candle that’s next to the chalice. I watched in horror as the dragon costume grazed the small candle near the chalice and the fire started. I remember seeing Bob Gale’s back with the flames in front of him and fearing that he’d be seriously burned. Then, I ran to the radio on the Welcome Desk and called facilities. They were already on the way.

Hugh Stevens: I was sitting in the last row of the Worship Room, in line with the doors to the Art Gallery. I saw the first ignition. My first reaction was, where is a fire extinguisher? I couldn’t see any. Most of the congregation stood up. I saw I could not get forward to help. I thought that soon the ministers and Choir would be trapped behind a wall of fire. I did not know there was a stairway behind the organ to offices below. I thought, we need a fire escape directly behind the choir to the ground below. I went into the Art Gallery looking for a fire extinguisher, thinking I could pass it forward to the fire area. I could not find one as the door to the pantry was closed. A fire extinguisher was inside, unknown to me, as it was unmarked on the Art Gallery side. While I was in the Art Gallery, another member, in the front of the Worship Hall, had the savvy idea of smothering the fire, then mostly on the floor, with her coat.

Laura Torff: I was sitting in the Choir, clapping along as the children played percussion instruments and wound the dragon up onto the chancel to celebrate the New Year. Suddenly I saw the faces of our congregants drop as cheers of support became a collective cry, children under the dragon ran from fire, a few fast-acting adults rushed forward, and others seemed to stand frozen in their spaces. At first I thought to exit, then to move in to help, but the flame shot up and the cry went up again, too. Another Choir member and I grabbed a piece of fabric, thinking we could smother the flame with it, but then I realized the fabric was flammable. Luckily, a fire extinguisher was used to put out the fire. I now feel that a congregational strategic plan for emergencies should be developed and practiced to empower and keep us safe.

Maryann Zapulla: I was in the last row on the ground floor, right in front of the Art Gallery doors. The children came into the Worship Room through the main entrance under the colorful, paper mache dragon in celebration of Lunar New Year. They went around the back of the room, then turned left on the last aisle leading up onto the chancelory. They walked behind the podium. All the adults in the room were happy and clapping and cheering the children on. Suddenly, I noticed a small flame ignite on the left side of the dragon. People started screaming. I panicked and turned my back so as not to see. Then I turned around, right away, because I had to see. At that point, I witnessed a large flame shoot up toward the ceiling and more smaller flames on the floor. Congregants towards the front ran up and tried to stomp out the flames. It was chaos. Screaming, Shouting. The children were gone but I didn’t see them leave. Later, I found out that a member threw her jacket on the flames and it melted. Also someone who had been in the balcony told me it was the votive candle that lit the dragon on fire.

Vince Chimienti: I was sitting towards the back of the Worship Room, still admiring the beautiful sight that had just passed by. The dragon had already progressed somewhere behind the chancel, out of my line of sight. As I stood to get a better view, I saw a quick flash of light, followed by what sounded like a series of sharp, but faint, firecracker sounds. At first, this all seemed to be an especially unusual, perhaps inappropriate, occurrence to be taking place. It took quite a bit of time—too much time—to realize that something had caught fire, the children were involved, and people were responding. And it took more time to figure out what to do next.

In addition to the members above, George Frooks, Bill Kahn, and John Zimmerman serve on the Worship Fire Safety Team in collaboration with Rev. Jennifer Brower, representing the Ministry Team, Adrian Rivera, Facilities Director, and me. The team met in September and October and has reviewed the various fire safety features of the building, in general, and the Worship Room, specifically. The team will be trained on how to put out a fire with a fire extinguisher and fire blanket and apply burn gel if needed. The team will also be making recommendations for and assisting in fire drills. Please reach out to any member of the team to share your thoughts and concerns regarding fire safety at the congregation. Look for more information to come.

Call for Participants: Developmental Ministry Transition Team
Interested in having a role in the future of UUCSR? Consider a position on the new Transition Team. Visit uucsr.org/myuucsr for characteristics of an optimal team, plus roles and responsibilities. Please contact Tammy Weil (tweil@uuucs.org or 516.475.2913).

Congregational Meeting: Sunday, November 17, 2019, 12:45 PM, Worship Room. Agenda—President’s and Treasurer’s Reports, Resolution to set 2020–21 Spending Limit, Nominating Criteria.
Financial Development Committee
Cathi Zillmann, Chair

We're in the Home Stretch

I arrived late for the service this past Sunday and was thrilled to find that many unknown people had done me a favor. In the front row of the parking lot, there are spaces marked Special Needs Only Until 11:30. At 11:20, I found two of those spaces empty. Thank you so much! I had a knee replacement 4 months ago; and sometimes I just don’t feel up to a hike. It is wonderful to know that this community is characterized by caring.  

One of the many things I like about this congregation is that we are generally kind, caring and thoughtful of people with visible and/or invisible problems. And we teach that lesson to our children. As the pledge/membership drive gets near its close, I wonder if any of you have a similar story that you’d like to share. If so, email me at cathizillmann@gmail.com.  

For those of you who are waiting until the last minute to send in your pledge, or haven’t made up your minds yet, I offer this reminder that the last minute is creeping up. Members of UUCSR must renew their membership every year. To do that, you make a pledge of financial support of the congregation, and make a payment toward that pledge by December 31. I wonder what it would take to bring the pledge season to a close by the end of November. 

I’ll let you know how it’s going. And if you have any questions or stories, please be in touch (cathizillmann@gmail.com). Thank you all!

Annual Pledge Campaign

Pledge forms are on the Welcome Desk in the Main Lobby, and may be downloaded at MYUUCSR, under Member Resources.

Pledges may be made securely online. Visit uucsr.org/myuucsr.

2019–2020 Membership Handbooks

Handbooks are available to UUCSR members at the Welcome Desk in the Main Lobby and in the Office during business hours. Please stop by for your copy (one per household, please). Visit MYUUCSR to update your information. Thank you.

Unitarian Universalist Veatch Program at Shelter Rock
Joan Minieri, Executive Director

Veatch Grantees Increase Democratic Participation Year-Round—Not Just on Election Day

Election Day this year included several important races around the country for governors and state legislatures, as well as numerous mayoral and ballot measure races. Our grantees at Veatch are increasing civic participation all year around—not just in November, or during the “big” years.  

Democratic participation is a significant priority for all of our grantees. The vast majority of the nearly 185 organizations we fund, directly engage in some form of political education, leadership development, or issue campaigns. These organizations organize at both the statewide and national levels to increase civic and democratic participation of people from all walks of life. New Virginia Majority goes door-to-door in advance of each and every election in low-income areas to register voters. They offer educational materials and free rides to the polls. Some organizations, including the Ohio Organizing Collaborative, organize around specific issues — they are working to decriminalize low-level drug offenses in the state through a ballot measure. This type of policy change reduces incarceration—an issue that targets low income communities of color everywhere.  

Veatch grantees know that civic engagement extends well beyond the ballot box. California Calls, for instance, is leading an effort called “The California Black Census & Redistricting Hub,” a coalition of 30 black-led community groups who are ensuring that Black communities are properly represented in the upcoming census and redistricting process. This will impact upcoming elections and determine how important resources are allocated in the state. This year, we are funding the New York Census Equity Fund to ensure that all Long Islanders, especially those from marginalized communities, are counted.

As we anticipate the pivotal election year that lies ahead, please know that the organizers and community-based leaders that Veatch supports year-round will continue to work the phones, knock on doors, hold educational forums, and fight, as always, for UU democratic principles.
Righteous Among the Nations

Yad Vashem, the World Holocaust and Memorial Center was established in Jerusalem after World War II to remember all who were murdered by the Nazis in the holocaust. Not only are the victims recognized, but the memorial also remembers those non-Jews who risked their lives to save Jewish people and confers honorary Israeli citizenship on them. These are the Righteous Among the Nations. Currently, the names of over 27,000 individuals are so inscribed. (Only 5 Americans are among them, two of them are the Unitarians, Rev. Waitstill Sharp and Martha Sharp.)

On Sunday, November 10, the LI Ethnic Coalition of Faith Partners will honor Giuseppe D’Urso, the father of Assembly Member Anthony D’Urso who, with his wife and family, risked his life to save a large Jewish family in Nazi occupied Italy in late 1943 or early 1944.1 D’Urso himself, only 5 at the time of the incident, had his role to play. He would watch the street and alert his mother when anyone suspicious would approach. He had always remembered the clandestine events, but it wasn’t until the 2018 discovery of two diaries kept by relatives of the families in hiding that the heroic acts could be corroborated.

In January 2018, Assembly Member D’Urso was invited to a synagogue in Naples, Italy to meet the descendants of the family saved by his parents’ efforts. “Who in the world would believe that a farmer and his wife would risk their lives—and the lives of their children—and live in the woods for nine months while hiding a large Jewish family?” D’Urso said to a crowd of 500 people assembled at the synagogue. “It’s a crazy story,” he continued, “but, of course, the Holocaust is filled with crazy stories.” With the discovery of the diaries, D’Urso now has the evidence he needs to present to Yad Vashem with a petition that his parents be included in the Righteous Among the Nations, something he has wanted for decades.

On Sunday, November 10, at 3:00 PM, Rabbi Robert Widom of Temple Emanuel in Great Neck will host a program for the D’Urso family. As a member of the LI Ethnic Coalition of Faith Partners, UUCSR is invited to participate. Rev. Jennifer Brower will be among the speakers, and Willow, directed by UUCSR member, Farah Chandu will perform. As Unitarian Universalists, we know how special it is to have members recognized as Righteous Among the Nations. Let us support the D’Urso family at this time.

Updates from the Long Island Area Council Of Unitarian Universalist Congregations (LIAC)

At the October 20 LIAC meeting, delegates were told that two of our eleven Long Island congregations are in financial trouble and may have to relocate or disband: the UU Congregation of Queens in Flushing and UU Congregation of the Great South Bay in Sayville. Also at that meeting, a $224 LIAC grant was approved for the UU Society of South Suffolk in Bay Shore to purchase a surveillance camera after a break-in. LIAC also formed a committee to work on a policy for dealing with requests for financial aid. There was discussion about creating an emergency fund with contributions from all congregations.

LIAC is offering a Coming of Age program for all Long Island youth in grades 7 through 9 in January. The purpose of the program is to acquaint participants with Unitarian Universalism, explore their personal religious philosophies, examine and discuss adolescent issues, and foster open communications among the youth and their families. The parent mentor orientation is Friday, January 18, at the UU Fellowship of Huntington. Session locations will be determined by which congregations attend the orientation. For more information, contact program consultant David Silver, 631.553.1107, ds60210@gmail.com.

A meeting of the Poor People's Campaign will be held at the UU Congregation of the South Fork in Bridgehampton at 1:30 PM, on November 17, at 977 Bridgehampton-Sag Harbor Tpk. For information, call Susan Karbiner at 631.560.1642, or email jkarbiner@aol.com.

Black T-shirts saying, “Long Island Unitarian Universalists for Social Justice,” are available through LIAC social justice coordinator Mary Beth Guyther (vegas219@aol.com) for $20. A second meeting of the LIAC Social Justice Roundtable will be held on December 8, from 4:00-6:00 PM, at a site to be named. Contact Mary Beth Guyther for information. The group will discuss the UUA campaign “UU the Vote” for the 2020 elections, as well as what congregations plan to do in terms of electoral organizing and civic engagement.

A Bereavement Support Group on eight Monday nights beginning on November 18, will meet at 7:00 PM, at the Unitarian Universalist Fellowship at Stony Brook at 380 Nicholls Rd in East Setauket. The free group will be led by LIAC President Rev. Dr. Linda Anderson. It is open to persons of all faiths. Registration is required. Please call 631.751.0297. The group will have no more than eight members.

Jim Smith for the Denominational Affairs Committee
**Adult Programs Committee**
*WinterFlower Robinson, Chair*

**Lifespan Religious Education**
*Carson Jones, Lifespan Religious Education (RE) Coordinator*

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**Soulful Songs & Stories**

Friday, November 15, 2019
7:00–8:30, Room 19

Using “Grateful” by John Bucchino (www.j.mp/uucsr33) as a springboard for your stories and reflections, we’ll move beyond warm fuzzies and look at gratitude as practice; whether our blessings come at the expense of others or the planet; uncivil Thanksgiving dinner conversation (a favorite target of cartoonists); and more. If you’d like an email reminder, lyrics, and related food for thought, register with Jessica Pond (JPond@uucsr.org or 516.472.2914). Or just drop in. Newcomers welcome; follow the signs for the Chapel, and park in the rear parking lot. We start on time, so please come a few minutes early to get a nametag, tea or coffee, and to settle in. Alice Giordano and Steve Marston are your guides on this journey.

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**Dramatic Readings**

*Loot*, a satirical British farce by Joe Orton
Friday, November 15 • RE Room 15
6:00pm Potluck Dinner • 7:00 PM Play Reading

Join us in our continuing venture in reading plays: some old, some new, comedy, drama, farce. Copies are distributed and parts are chosen by participants at the event, so no need for preparation. After the reading we discuss the play, the author, relevance, and interpretation. If you don't want to be an actor, come anyway to share in the discussion.

Suggested donation is $10 per person per session and that includes a potluck dinner and beverages. If you bring food to share, suggested donation is $5. Registration is required so we can provide the right number of copies of the play for the evening. Maximum number of participants is 20.

For questions or RSVPs please contact Jessica Pond at jpond@uucsr.org or call 516.472.2914.

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**Game Night for All Ages is Back!**

**Game Night**

**FUN FOR ALL AGES**

Friday, November 15, 2019
6:30 PM • Room 10

- Board games
- Video games
- Table tennis
- Foosball table

Pizza will be provided

To register for planning purposes, please contact Jessica Pond at jpond@uucsr.org or 516.472.2914 and leave a message with your name and number of guests. Walk-ins are also welcome.

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**Mitten Making Party!**

Also on November 15, there will be a **Mitten Making Party** to make all the paper mittens to be hung on our Mitten Tree!

The Mitten Tree provides holiday gifts for children of clients of the AIDS Center of Queens County. Starting Sunday, November 17, all are encouraged to select a mitten and include their chosen recipient in their holiday shopping. Tagged, unwrapped gifts are then brought in and placed under the Mitten Tree no later than Sunday, December 8. We look forward to everyone's participation in this beloved annual tradition!
Cabaret XVII Scores Triumph

A packed Social Hall welcomed the cast and crew of Cabaret at the Rock's 17th edition on Saturday, November 2. Our singers, instrumentalists and dancers filled the room with familiar tunes from Broadway's finest shows, American Songbook standards, an original composition, folk tunes, instrumental solos, and a beautiful flute duet from the folk opera, Porgy and Bess.

The event is the primary fundraiser for Shelter Rock’s Edward Miller Memorial Music Scholarship Fund. An unofficial total showed $2,500 collected. The Committee will determine the number and amount of the scholarship(s) to be awarded next June to graduating high school senior(s) who will be continuing post high school in the field of music. As in the past, student(s) will be selected by Nassau Music Educators Association (NMEA) members. They will review the applications and select the winner(s). The scholarship recipient(s) will be invited to Shelter Rock to perform as part of our Worship Service next May or June.

Following the successful evening, the cast of Cabaret XVII presented an encore performance at Hadley House on Sunday afternoon. An additional $360 from Hadley House residents was added to the scholarship fund. To make a contribution to the Music Scholarship Fund, please send your check payable to UUCSR, with a memo, “Edward Miller Memorial Scholarship Fund.”

Richard Bock, Cabaret Music Director

No Good Deed Goes Unpunished

A new play by Gary Mitchell based on Clare Boothe Luce's life and her 1936 play, The Women

A script-in-hand staged reading in the Veatch Ballroom

OPENING NIGHT PERFORMANCE
Friday, November 22, 2019, 7:30 PM

ADDITIONAL PERFORMANCE
Sunday, November 24, 2019, 1:30 PM

No Good Deed Goes Unpunished is based on The Women, a commentary on the pampered lives and power struggles of various wealthy Manhattan socialites and up-and-comers, plus the gossip that propels and damages their relationships. While men are frequently the subject of their lively discussions, they are strictly characters mentioned but never seen.

The play is set in 1936 in the ostentatious Central Park East apartment of Clare Boothe Luce the evening before six women are about to depart for Nevada, the “Land of Broken Vows.” The group bonds over gossip, sorrows, and dark humor at Clare’s home.

Clare Booth Luce (1903-87) was an author, politician, and ambassador to Italy (the first woman appointed to a major ambassadorial post). She is one of several people credited with the phrase, “no good deed goes unpunished.”

CAST:
Clare
Rachel Zampino
Edna
Karin Lyngstad-Hughes
The Countess
Lilia Ramos-Dries
Miriam
Shakti Chris
Peggy
Tina Manko
Sylvia, Olga
Suzanne Viverito
With special guest appearance by Estelle Bajou

George Frideric Handel

Messiah Sing

A Beloved Long Island Tradition!
The Orchestra at Shelter Rock
Stephen Michael Smith, Conductor
The UUCSR Choir

with
Professional Soloists:
Meagan Brus, soprano
Blythe Guissett-Levitt, mezzo
Michael St. Peter, tenor
Brace Negron, bass baritone

Sunday, December 8, 2019
1:30 PM
UUCSR Members: $5 • Non-Members: $8
Under 18 years old: Free
RSVP online: uucsr.org/Dec8
Come sing along, or just listen.
Musical scores will be provided at no charge.
The LI Branch was formed and chartered in 1953. The group is comprised of talented professional women involved in the arts, such as literature, painting, musical composition, photography, and sculpture. The gifted, accomplished, and award-winning artists continue to gather together to paint and learn from one another. The Branch shows its works in many venues throughout LI and NYC.

Upcoming Shows

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<th>Artist/Service</th>
<th>Dates</th>
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<td>Thomas Kerr</td>
<td>12/6/2019-1/8/2020</td>
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<tr>
<td>Religious Education</td>
<td>1/1/2020-2/18/2020</td>
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<tr>
<td>Diane Bares</td>
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<td>Korean Community Services</td>
<td>6/6/2020-7/8/2020</td>
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Call for Artists

Shelter Rock Art Gallery is always looking for new artists. If you would like to have your work considered for an exhibit, please contact Elaine Corrao (ecorrao@uucsr.org, 516.472.2933).

TICKETS ON SALE NOW!
VISIT GOLDCOASTFILMFESTIVAL.ORG | 516.829.2570
Use Promo Code UUSR19 to save $2 per adult ticket

WINNER—Best Screenplay and Queer Palm awards at this year’s Cannes Film Festival. 2019 | 121 min | France | English subtitles
A superbly elegant and exquisite French-period drama. In 18th-century France, a young painter is commissioned to do the wedding portrait of a reluctant bride-to-be without her knowing, requiring the artist to observe her model by day and paint her portrait at night. Day by day, the two women share the bride’s last moments of freedom. A devastatingly unforgettable story of love and memory.

Soundview Cinemas
7 Soundview Market Place
Port Washington, NY 11050

MEMBERSHIP COMMITTEE
Meg Cohen, Chair

Sponsored by UUGSR and Gold Coast International Film Festival

Visit the Art Gallery to Enjoy the Current Exhibit.

Sunday, December 1, 2019
1:00 PM • Social Hall
FREE • Multigenerational
All are Welcome.

Holiday Comedy Improv

Sundays, November 3, December 1
Shelter Rock Art Gallery
Port Washington, NY
1:00 PM • Social Hall
FREE • Multi Generational
All are Welcome.
Covenant Groups are another name for this vital part of our congregation. Groups of up to twelve people meet monthly to reflect upon and discuss significant life topics.

In some UU settings, the groups are called Covenant Groups because UUs use the concept of a covenant to guide our relationships. A covenant is a set of promises that we make with one another. We promise to be a community of faith, rather than adhere to a set creed. In Small Group Ministry, we covenant on a small scale in much the same way that we covenant with our larger faith community. We promise to act in good faith.

Small groups are great places to get to know other people, and to get to know yourself. Over time, participants build deep connections with one another, with the congregation, and with that which is sacred.

Whether the topic is “good and evil,” “mindful living,” or “letting go,” the conversation is respectful and supportive and leads to greater understanding. Each session, facilitated by two trained members of the congregation, allows all participants the opportunity to share their perspectives and listen deeply. The time together is structured: groups begin and end with centering readings and often include a time of silence before the sharing begins. We invite you to join a small group.

First Tuesday of the Month, 7:00-9:00 PM, Veatch Terrace Room
Facilitators: Gerry Laytin and Stephen Ruocco

Second Sunday of the Month Early AM, 8:30-10:30 AM, Office Conference Room (next meeting: Sun., Nov 10)
Facilitators: WinterFlower Robinson and Catherine Torrillo

Second Wednesday of the Month, 7:30-9:30 PM, RE Room 19 (next meeting: Wed., Nov 13), Facilitator: Marilyn Pedalino

Snowbird Meeting Fall and Spring, 10:00 AM–12:00 PM
Bride’s Room (meetings: Thurs., Nov. 14 & Thurs., Dec. 19)
Facilitators: Lauren Furst and Carol Garbarino

Third Friday of the Month Hadley House, 1:30-3:00 PM
Community Room (next meeting: Fri., Nov. 15)
Facilitators: Lilyan Strassman and Jim Smith

Third Sunday of the Month, 1:00-3:00 PM
Bride’s Room (Cancelled: Nov 10. Next meeting Dec. 15)
Facilitators: Robin Finnan-Jones and Latifa Woodhouse

To join a group, please register at uucsr.org/sgm for the meeting of your choice, or contact Committee Liaison Lea Titza (Ltitza@uucsr.org or 516.472.2975).
Advertising as UU Outreach

The UUCSR bylaws state, in essence, that the purpose of the Congregation is promulgation and practice of Unitarian Universalism. We accomplish the practice piece through Worship, programs and service. We accomplish the promulgation piece through a variety of strategies that range from congregational participation in local, regional and national initiatives, paid print and radio advertising, community calendars, social media participation, and more.

Beginning in 2017, UUCSR began a new creative promulgation strategy that employed advertising for outreach purposes. Staff, together with the Publicity and Promotions Committee (P&P) identified local and regional not-for-profits that reach Long Islanders most likely to be interested in Unitarian Universalism and UUCSR. We investigated partnerships in the form of sponsorship or underwriting that would provide the organizations with their necessary funding in return for strong advertising for UUCSR. We looked for organizations with demonstrated marketing prowess, and that have missions and visions consistent with Unitarian Universalism.

Gold Coast International Film Festival in Great Neck, and Landmark on Main Street in Port Washington were selected. P&P, the UUCSR Board, and ultimately members of the congregation approved a budgeted expense to sponsor the two organizations in return for UUCSR print advertising (such as shown below), UUCSR logo in newsletters, our name in spoken acknowledgements on stage, occasional special member perks such as ticket discounts, and much more. Partnerships have proven mutually beneficial!

Learn more about our partners: landmarkonmainstreet.org/ goldcoastfilmfestival.org/

Hear about our programs:
- Sunday Night Movies
- Fitness Classes
- Backyard Barbecues
- Meditation
- Small Group Ministry
- Book Discussion Group
- Qigong
- Great Decisions
- Mingles
- Holiday Celebration
- Mahjong Night
- Minister Meet-Ups

Featuring:
Light refreshments • Music • Treats for children
and
Tours of three apartments and the new kitchen, solarium, garden, and roof deck
(weather permitting)

Families Are Welcome!
**Women’s Group**

*Sandra Hazel Frank, Women’s Group President*

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**It’s Not THAT Cold Outside**

Imagine that a 75-year-old song, heard over and over again, generated enough attention and strong objections to generate a new version. In the #MeToo era, many interpreted the lyrics of “Baby, It’s Cold Outside” to be a precursor to date rape—spiked by drinking and pleas that it’s just too cold outside for the woman to go home. The new version was written by John Legend and Natasha Rothwell. The album is called, “A Legendary Christmas.” It will be released on November 8 by Columbia Records.

The old lyrics spurred debates and outright arguments. Last year, there were panel discussions on TV. Some radio stations took the song out of circulation during the holidays. “I ought to say no, no, no, sir.” “Say, what’s in this drink?” These lyrics may cause some victims of date rape and other women to avoid holiday celebrations, and, even worse, to relive painful experiences. Some wonder why telling the man she needs to leave about ten times is nine times too many. It really wasn’t THAT cold outside.

One may not cringe when one hears this song. One may take it simply as a flirtatious exchange between a romantic couple. The woman resists while the man insists. Harmless, right?

Whatever your feelings, John Legend and Natasha Rothwell revised the lyrics. When she sings, “I’ve got to go away,” Legend replies, “I can call you a ride.” “If I have one more drink?” He sings, “It’s your body and your choice.”

Which version do you prefer? I wonder which one we’ll be hearing this holiday season. The new one may offer a model for romantic partners and leave all of us freer to enjoy the coming holiday. Wouldn’t it be great if more people don’t feel creepy when they hear the song again and again? Wouldn’t it be better if flirtatious encounters leave all of us feeling safe and respected rather than pressured and wondering what’s in that drink? It’s never THAT cold that any of us should feel that way.

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**Women’s Group**

*Sandra Hazel Frank, Women’s Group President*

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**Women Talk Daytime**

First and Third Wednesdays
12 Noon-2:00 PM • Art Gallery

On the first Wednesday of the month, we take turns “going around” to discuss current events. On the third Wednesday of the month we discuss a previously agreed upon topic. Beside talking we listen, learn, share information and our individual stories. In the process we bond with each other and have a lot of fun. Bring your lunch. Cookies and beverages are provided.

**Women’s Group Book Series**

Friday, November 15, 2019
3:30 PM • Veatch Ballroom

_The Silent Patient_, by Alex Michaelides, led by Maria Ceraulo

**Women’s Group Board Meeting**

Sunday, November 24, 2019
8:45 AM • Veatch Conference Room
All are welcome.

**Women’s Group Holiday Sale**

Sunday, December 1, 2019
7:00 PM • Main Lobby

Item collection is underway. Please deliver items for sale to bin in Main Lobby or to Sharyn in the office. To help sort in advance or sell, please contact Leona Handelman (516.627.0024).

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**T.G.I.F.**

Friday, December 6, 2019
7:00 PM-9:00 PM • Art Gallery

Make Your Life Stress Free:
Your Gift to Yourself for the Holidays
Join us to explore ways to ease stress, transform your life experiences, and free yourself to experience the joy of a stress-free life. Facilitated by Carmen Palmer of the Brahma Kumaris World Spiritual Organization. We will accept donations of new games, toys and puzzles as gifts for the children of New Hour and WORC.
Our Water Crisis

Long Islanders have ignored its water problems for too long. The Bethpage Water District has not. Over the years the Grumman Naval Plume has increased groundwater pollution and is not going to be cleaned up any day soon. The Navy and Northrop Grumman responsible for it and its carcinogenic contaminants downplay concerns. They want a modest cleanup. Although Grumman has spent $200 million already and the Navy $131 million, it has been mainly for consultant and studies, not for well treatment. This delay has cause it to spread a foot per day until it is 4.3 miles long, 2.1 miles at its widest and 900 feet deep.

According to the Department of Environment Conservation, the plume has 24 contaminants which include the solvent trichloroethene (TCE) and 1,4-dioxane, another carcinogen. The latter cannot be removed through traditional methods. In fact, dioxane has now been found in numerous wells in Nassau County: Hicksville, Roslyn, Bethpage, and Hempstead. Water pollution in Suffolk County is also dire. They have malfunctioning septic systems and use of nitrogen-laden fertilizers and pesticides that Long Island homeowners continue to put on their properties. These leach into Nassau’s aquifers and drinking wells, Suffolk’s bays, estuaries, rivers, etc. For $585 million the US Navy can clean up the plume, but they oppose culpability and the penalty. But what about protections?

The Clean Water Act of 1972 says: “Restore and maintain the integrity of our nation's water.” How? Eliminate the discharge of pollutants to achieve water quality levels allowing fishing and swimming. However, it relies on state agencies for enforcement. The National Pollutant Discharge Elimination System (1972) issues permits for polluters on quantities they can pollute. It gives penalties from $2,500 to $25,000 per day on negligence and can convict. This differs from the Safe Drinking Act (1974) covering ground water issues and establishing standards. Currently, this administration is loosening water contaminant restrictions. Long Island has new problems, such as illegal dumping, besides toxic chemicals used on our land emerging in our water systems are harmed and birds and other wildlife that depend on healthy water sources. The proposed cleanup of the plume will take 117 years. Decontamination of wells can take decades with the need for new treatment methods and money to accomplish this. To fight this water crisis and remediate our water pollution, we must support strategies to attain safe water now.

Elaine Peters for the Green Sanctuary Committee
Program Announcements
Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations.

**WEDNESDAY, NOVEMBER 6, 2019**
- Racial Justice Task Force Meeting, 5:45 PM, Office Conference Room
- SRI Committee Meeting, 7:00 PM, Veatch Conference Room
- Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

**THURSDAY, NOVEMBER 7, 2019**
- Yoga, 9:30 AM, Art Gallery
- SJC INN Cooking, 9:30 AM, Main Kitchen
- AA Meeting, 10:30 AM, Rooms 206, 207
- NAMI Family to Family Classes II, 6:30 PM, RE Room 15
- Stretch and Balance, 6:45 PM, Social Hall
- Personnel Committee Meeting, 7:00 PM, Worship Library
- Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

**FRIDAY, NOVEMBER 8, 2019**
- Tai Chi/Qigong, 10:15 AM, Art Gallery
- Members’ Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom
- Soulful Sundown Dinner, 6:30 PM, Social Hall
- Soulful Sundown Worship, 7:30 PM, SH
- Soulful Sundown Coffee House, 8:45 PM, Social Hall

**SATURDAY, NOVEMBER 9, 2019**
- Caring Hearts Quilt, 10:00 AM, Rm 204, 205
- Yoga, 11:00 AM, Art Gallery
- Film: Portrait of a Lady on Fire, 7:30 PM, Soundview Cinema, Port Washington

**SUNDAY, NOVEMBER 10, 2019**
- Small Group Ministry Second Sunday AM Meeting, 8:30 AM, Office Conference Room
- Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
- Great Books—Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4
- Bagel Breakfast, 10:00 AM, Social Hall
- Young People’s Choir Rehearsal, 10:00 AM, Choir Rehearsal Room
- Choir Rehearsal, 10:00 AM, Worship Room
- RE Classes, 11:00 AM, RE Wing
- Worship Service, 11:00 AM, Worship Room
- UU Café, 12:00 PM, Social Hall
- Play Rehearsal, 12:30 PM, Veatch Terrace Room
- LGBTQ+ Meeting, 12:30 PM, RE Room 4
- Vision and Budget Roundtable, 12:30 PM, Art Gallery
- Love and Stitches, 12:30 PM, RE Room 15
- Do You Believe?, 1:00 PM, Veatch Ballroom
- Hadley House Open House, 1:00 PM, 464 Main St, Port Washington
- Film: The Secret Life of Your Clothes, 1:00 PM, Chapel
- CANCELLED: Small Group Ministry Third Sunday Meeting, 1:00 PM
- Worship Committee Meeting, 1:00 PM, Veatch Conference Room

**WEDNESDAY, NOVEMBER 13, 2019**
- LI Coalition of Faith Partners, 5:00 PM, Temple Emanuel of Great Neck

**MONDAY, NOVEMBER 11, 2019**
- Personnel Committee Meeting, 12:30 PM, Veatch Conference Room

**TUESDAY, NOVEMBER 12, 2019**
- Overeaters Anonymous, 11:30 AM, Veatch Ballroom
- CSA Drop Off and Pick Up, 10:30 AM, RE Lobby
- Disability Task Force Meeting, 2:00 PM, Bride’s Room
- Art Committee Meeting, 4:00 PM, Office Conference Room
- Nar-Anon Meeting, 6:30 PM, RE Room 19
- NAMI Family to Family Classes I, 6:30 PM, RE Room 15
- Board of Trustees Meeting, 7:00 PM, Veatch Ballroom
- Kundalini Yoga, 7:00 PM, RE Room 6
- RE Committee Meeting, 7:00 PM, RE Room 4
- Soulful Salutations, 7:00 PM, Social Hall
- DAC Meeting, 7:30 PM, Bride’s Room
- Play Rehearsal, 7:30 PM, Veatch Terrace Room
- Film: Peace Out, 7:30 PM, Art Gallery

**WEDNESDAY, NOVEMBER 13, 2019**
- Medical Qigong for Senior Health, 11:00 AM, Hadley House Community Room
- Reach Out America, 12:30 PM, Social Hall
- Members’ Bridge Group, 11:00 PM, Veatch Ballroom
- Finance Committee Mtg, 6:00 PM, Bride’s Rm
- NAMI Family Support Grp, 7:00 PM, RE Rm 15
- Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room
- Social Justice Monthly Meeting, 7:30 PM, Art Gallery
- Food & Water Watch Monthly Meeting, 7:30 PM, Veatch Conference Room
- Small Group Ministry Second Wednesday PM Meeting, 7:30 PM, RE Room 19

**THURSDAY, NOVEMBER 14, 2019**
- Yoga, 9:30 AM, Art Gallery
- Small Group Ministry - Snowbird AM Meeting, 10:00 AM, Bride’s Room
- AA Meeting, 10:30 AM, Rooms 206, 207
- League of Women Voters Post Election Supper, 6:00 PM, Art Gallery
- NAMI Family to Family Classes II, 6:30 PM, RE Room 15
- Stretch and Balance, 6:45 PM, Social Hall
- Board of Trustees Meeting, 7:00 PM, Veatch Ballroom
- Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

**FRIDAY, NOVEMBER 15, 2019**
- Erase Racism - Annual Students Leader for Tomorrow Conference, 8:30 AM, Social Hall, RE Wing
- Tai Chi/Qigong, 10:15 AM, Art Gallery
- Members’ Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom
- SGM Third Friday Hadley House Meeting, 1:30 PM, Hadley House Community Room
- Women’s Grp Book Series, 3:30 PM, Gallery
- Dramatic Readings, 6:00 PM, RE Room 15
- StarGame Night & Mitten Making Party, 6:30 PM, RE Room 6, 9, 10
- Soulful Songs & Stories, 7:00 PM, RE Room 19

**SATURDAY, NOVEMBER 16, 2019**
- UUCCN Meeting, 8:30 AM, Veatch Ballroom
- Saturday INN Cooking, 9:00 AM, Main Kitchen
- New Minister Start Up Retreat, 9:00 AM, Art Gallery
- Caring Hearts Quilt, 10:00 AM, Rm 204, 205
- Worship Meeting, 10:00 AM, Bride’s Room
- Yoga, 11:00 AM, RE Room 6

**SUNDAY, NOVEMBER 17, 2019**
- Building and Grounds Meeting, 8:00 AM, Office Conference Room
- Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
- Great Books—Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4
- Grade 7 & 8 Cooking for UU Cafe Fundraiser, 9:00 AM, Main Kitchen
- Music and Performing Arts Committee Meeting, 9:00 AM, Bride’s Room
- Bagel Breakfast, 10:00 AM, Social Hall
- Young People’s Choir Rehearsal, 10:00 AM, Choir Rehearsal Room
- Choir Rehearsal, 10:00 AM, Worship Room
- RE Classes, 11:00 AM, RE Wing
- Worship Service, 11:00 AM, Worship Room
- UU Café Gr 7&8 Fundraiser, 12:00 PM, SH
- Play Rehearsal, 12:30 PM, Veatch Terrace Rm
- Love and Stitches, 12:30 PM, RE Room 15
- Congregational Mtg, 12:45 PM, Worship Room
- LIAC Meeting, 3:00 PM,UU Fellowship of Stony Brook

**MONDAY, NOVEMBER 18, 2019**
- Parking Lot Tree Proposal Meeting, 4:30 PM, Office Conference Room

**TUESDAY, NOVEMBER 19, 2019**
- Overeaters Anonymous, 10:30 AM, Veatch Ballroom
- NAMI Criminal Justice Committee Meeting, 3:00 PM, Volunteer Room
- Adult Programs Meeting, 5:00 PM, Art Gallery
- Nar-Anon Meeting, 6:30 PM, RE Room 19
- NAMI Family to Family Classes I, 6:30 PM, RE Room 15
- Kundalini Yoga, 7:00 PM, Veatch Ballroom
- Play Rehearsal, 7:30 PM, Veatch Terrace Room
- Program Council Meeting, 7:30 PM, Gallery
- Committee on Ministry, 7:30 PM, Veatch Conference Room

**WEDNESDAY, NOVEMBER 20, 2019**
- Manhasset School Retirees, 10:30 AM, Bride’s Room
THURSDAY, NOVEMBER 21, 2019

Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Rooms 206, 207
Meditation Thursdays, 6:00 PM, Chapel
NAMI Family to Family Classes II, 6:30 PM, RE Room 15
NAMI COD (Co-occurring Disorders)
Support Group, 6:30 PM, RE Room 17
Stretch and Balance, 6:45 PM, Social Hall
Green Sanctuary Monthly Meeting, 7:00 PM, Bride’s Room
Choir Rehearsal, 7:30 PM, Choir Rehearsal Room
Shelter Rock Forum Committee Monthly Meeting, 7:30 PM, Veatch Conference Room

FRIDAY, NOVEMBER 22, 2019

Tai Chi/Qigong, 10:15 AM, Art Gallery
Members’ Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom
Grad 6 Retreat, 7:00 PM, RE Wing
Opening Night: Play by Gary Mitchell No Good Deed Goes Unpunished, 7:30 PM, Veatch Ballroom

SATURDAY, NOVEMBER 23, 2019

Together to End Solitary Confinement, 10:00 AM, Chapel, RE Room 15
Caring Hearts-Quilters, 10:00 AM, Room 204, 205
Yoga, 11:00 AM, Art Gallery

SUNDAY, NOVEMBER 24, 2019

Bread Ceremony Baking, 8:00 AM, Main Kitchen
Small Group Ministry Fourth Sunday AM Meeting, 8:30 AM, Office Conference Room
Women’s Group Board Meeting, 8:45 AM, Veatch Conference Room
Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4
Jazz Ensemble Rehearsal, 9:00 AM, Worship Room
Childcare, 9:30 AM, RE Room 2
Bagel Breakfast, 10:00 AM, Social Hall
Young People’s Choir Rehearsal, 10:00 AM, Choir Rehearsal Room
Choir Rehearsal, 10:00 AM, Worship Room
Thanksgiving Family Worship Service, 11:00 AM, Worship Room

UU Café, 12:00 PM, Social Hall
Love and Stitches, 12:30 PM, RE Room 15
Men’s Group Meeting, 12:30 PM, Veatch Conference Room
Death Café, 1:00 PM, Art Gallery
Small Group Ministry Facilitators Meeting, 1:00 PM, Office Conference Room
Our Whole Lives for Adults, 1:00 PM, RE Room 4
Play by Gary Mitchell No Good Deed Goes Unpunished, 1:30 PM, Veatch Ballroom

TUESDAY, NOVEMBER 26, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom
Veatch BOG Nov Meeting (Dinner), 6:00 PM, Art Gallery
Nar-Anon Meeting, 6:30 PM, RE Room 19
Veatch BOG November Meeting, 7:00 PM, Art Gallery
Small Group Ministry Fourth Tuesday Meeting, 7:00 PM, Veatch Terrace Room
Kundalini Yoga, 7:00 PM, RE Room 6
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch House

WEDNESDAY, NOVEMBER 27, 2019

Members’ Bridge Group, 1:00 PM, Veatch Ballroom
NAMI Family Support Grp, 7:00 PM, RE Rm 15

THURSDAY, NOVEMBER 28, 2019

Thanksgiving Day Holiday, Limited Hours
Thanksgiving Celebration, 12:00 PM, Social Hall

FRIDAY, NOVEMBER 29, 2019

Thanksgiving Friday Holiday, Building Closed

SATURDAY, NOVEMBER 30, 2019

Caring Hearts Quilters, 10:00 AM, Rooms 204, 205
Yoga, 11:00 AM, Art Gallery

SUNDAY, DECEMBER 1, 2019

Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
Bagel Breakfast, 10:00 AM, Social Hall
Choir Rehearsal, 10:00 AM, Worship Room
Worship Service, 11:00 AM, Worship Room
Women’s Group Holiday Sale, 12:00 PM, Main Lobby
UU Café, 12:00 PM, Social Hall
Small Group Ministry, First Sunday Meeting, 1:15 PM, Bride’s Room
Holiday Comedy Improv, 1:30 PM, Social Hall

MONDAY, DECEMBER 2, 2019

SJC Mental Health Sub-Committee Monthly Meeting, 4:00 PM, Veatch Conference Room

TUESDAY, DECEMBER 3, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

Bookstore Meeting, 6:00 PM, Bride’s Room
Nar-ANON Meeting, 6:30 PM, RE Room 19
NAMI Family to Family Classes I, 6:30 PM, RE Room 15
BOT Agenda Planning Meeting, 7:00 PM, Veatch Library
Kundalini Yoga, 7:00 PM, Veatch Ballroom
RE Committee Meeting, 7:00 PM, RE Room 4
Small Group Ministry, First Tuesday Meeting, 7:00 PM, Veatch Terrace Room
DAC Meeting, 7:30 PM, Office Conference Room
Film: The Secret Life of Your Clothes, 7:30 PM, Art Gallery
Membership Committee Meeting, 7:30 PM, Office Conference Room

WEDNESDAY, DECEMBER 4, 2019

National League of American Penwomen PW, LI Branch, 9:00 AM, Art Gallery
Medical Qigong for Senior Health, 11:00 AM, Hadley House Community Room
Women Talk Daytime, 12:00 PM, Bride’s Room
Members’ Bridge Group, 1:00 PM, Veatch Ballroom
Finance Committee Mtg, 6:00 PM, Bride’s Rm
SRI Committee Meeting, 7:00 PM, Veatch Conference Room
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

THURSDAY, DECEMBER 5, 2019

Yoga, 9:30 AM, Art Gallery
SJC INN Cooking, 9:30 AM, Main Kitchen
AA Meeting, 10:30 AM, Rooms 206, 207
Organ Rehearsal for Messiah, 11:00 AM, Worship Room
NAMI Family to Family Classes II, 6:30 PM, RE Room 15
NAMI COD (Co-occurring Disorders)
Support Group, 6:30 PM, RE Room 17
Dress Rehearsal for Messiah Sing, 7:00 PM, Worship Room
Personnel Committee Meeting, 7:00 PM, Veatch Library
Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

Visit UUCSR.org for additional calendar programs and events
Congratulations to the cast, crew, audience, and all who made **CABARET at the Rock** a success! Proceeds and donations benefit the Edward Miller Memorial Music Scholarship Fund for Nassau County high school seniors planning to study music in college.