



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK



September Theme: Expectation

[See the Program and Event List Here](#)

UPCOMING WORSHIP SERVICES

Sunday, September 8, 2019, 11:00 AM
When Our Heart is in a Holy Place?
Helen Boxwill, Guest Speaker



Why should we care about people in other countries when we have plenty of poor people right here in the US? This service will explore this question. Working in Africa teaches and strengthens our UU values. Every year h² Empower leads a tour of Ethiopia. This year, UUCSR member Shanti Flot came with us. We will share our stories of the people and culture, the work we do, the impact on ourselves and others, lessons learned and food for thought.

All are welcome to attend the commitment ceremony of UUCSR members Shavon Taylor and Song Shine Han immediately following Service.

Join us afterwards for a presentation and a taste of Ethiopia.

Friday, September 13, 2019, 7:30 PM
Soulful Sundown
The Rev. Jennifer L. Brower



Where music resides at the heart of the religious experience.

Soulful Sundown is an informal, multigenerational Service of contemporary music and the spoken word. Hand clapping, singing along and dancing are encouraged. Following the service is a free Coffee House featuring a guest musician. Childcare is available for young ones. Registration is not required.

TOUCHSTONES

The Rev. Jaye Brooks



Expectation

September is a time of expectation. School starts. Our congregation's program year begins. And together we're beginning a time of developmental ministry—an intentional change of pace in congregational life. It's an invitation to learning and discernment, insight and commitment.

Yes. OK. But what can we expect?

Hi, I'm Jaye Brooks, the new Developmental Minister. In formal terms, our three-to-five year developmental ministry is intended to deepen member engagement; inspire shared purpose and priorities; clarify and perhaps alter governance responsibilities, authority, and accountability; and reconsider the role of money in congregational life.

High expectations.

My calling is transition ministry. I'm thrilled to be here for this deep exploration of Shelter Rock's purpose and possibilities. My life in ministry has led me to accompany congregations through times of transition and the conversational processes that support meaningful change. It's work that fills me with joy.

We humans, consciously or unconsciously, seek meaning and purpose in our lives. Beginning today, here at Shelter Rock, we embark together on an intentional exploration of collective meaning-making.

I don't know exactly what to expect. But it's going to be awesome.

Transportation Assistance

UUCSR offers transportation assistance to Worship Services for members who are unable to travel due to physical or financial limitations. Contact Kimberly Rossiter, Assistant to the Ministers, at krossiter@uucsr.org, or at 516.472.2941 for an application.

Upcoming Worship Services

Continued from page 1

Sunday, September 15, 2019, 11:00 AM

Homecoming: River of Life

The UUCSR Ministry Team



As summer ends, the River of Life brings us together in this Homecoming celebration of loving religious community. The river is a metaphor of our connections to each other and to all living things, even in the midst of change. Today we reflect on the ways our spiritual home can help restore our hearts, minds, and spirits through all of life's challenges. We renew our life together and reaffirm our covenant as we turn expectantly to meet the future. We are people committed to the transformation of our own lives and the life of the world. This Worship Service will be followed by the 31st Anniversary Homecoming Picnic. Rain or Shine.

Sunday, September 22, 2019, 11:00 AM

Spilling the Light

The Rev. Jaye Brooks



What transformation is possible in our own lives, and in the life of the world, through our ministry together? Unitarian Universalism offers a message of love and possibility. It begins with an assumption of the inherent worth of every human being. It continues

with encouragement for each of us toward learning and growth. It imagines a world with justice, equity, and compassion. This message is a kind of light. And (in the words of UU minister and poet Theresa Soto), "The light must spill to shine."

MANHASSET 9/11 MEMORIAL SERVICE

Sponsored by the Manhasset Clergy Association



Wednesday,
September 11, 2019
8:00 PM
Mary Jane Davies Park

Please bring a candle.

Rain location:
St. Mary's Church

CONGREGATIONAL AFFAIRS

Adam Barshak, Congregation Operations Administrator

Postage-Paid Congregational Mailings Limited

In a desire to improve communication efficiency and reduce costs, the congregation's 2019-2020 budget included a decrease in postage expense. In support of this, effective September 2019, all mail that was previously postage-paid will now be emailed and available in the MYUUCSR section of uucsr.org.

Unless specifically required per bylaws, congregational resolutions, or Board of Trustees policies, the congregation will no longer use postage-paid mailings for its promotional or governance communications. There will be no regular UUCSR hard copy mailings.

If you are a UUCSR member and wish to continue to receive postage-paid mail, kindly contact me to request "opt-in" status (jsappell@uucsr.org or 516.472.2980). Thank you very much.

Jennifer Sappell
Communications Manager

The Quest is published twice a month, except once in July and August. Copies are available at the Welcome Desk in the UUCSR Main Lobby, at <https://uucsr.org/media/quest-newsletter> and via email. Sign up for email at <https://uucsr.org/media>.

The Mission of *The Quest* newsletter is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other.

The Quest is produced by Jennifer Sappell, Communications Manager and Linda McCarthy, Communications and Marketing Associate, with the invaluable assistance of volunteers:

Claire Z. Bock
Maxine Dangler
Steve Marston
Jessica Vega

Publication dates and submission deadlines:

<http://bit.ly/2kuwWoH>

Submissions: communications@uucsr.org

Quest Guidelines: <http://j.mp/quest-gl>

BOARD OF TRUSTEES

Mark Hartman, President of the Congregation



Homecoming Sunday and Membership Renewal

September 15 is Homecoming Sunday and marks the unofficial beginning of the Congregational Year. The Homecoming Sunday Service and the Picnic that follows provides the opportunity to reacquaint ourselves with friends whom we often have not seen since the Spring. It is also the time to make new friends and acquaintances, including our new

Developmental Minister, Jaye Brooks.

It is also the time to reacquaint ourselves with the Financial Development Committee. This is the committee that probably is the least appreciated and has the most thankless task in the Congregation. It is charged with conducting the Annual Pledge. This year the Committee hopes to be able to complete the most frustrating part of its work during the 3 1/2 months between Homecoming Sunday and the end of the calendar year, and it will need everyone's cooperation to accomplish this. For the remainder of this calendar year, FDC wants to modify its focus by asking all current members to assess simply whether UUCSR is important in their lives, and not attempt to quantify that importance. If UUCSR is important to you, then I am hoping that you will take the time to renew your membership without having to be tracked down and asked by a member of FDC. This means completing a confidential pledge form, submitting it to the Finance Office, and making an initial payment towards the amount you have pledged.

And now for something (I hope) unexpected. Unlike what has happened in other years, I am not going to try to convince you in this brief column to increase the amount of your pledge. (On the other hand, I hope you won't use this column to justify reducing it either.) What I am trying to convince you is that if UUCSR is important to you, you will take the time to renew your membership regardless of the amount you decide to pledge now. You can always increase your pledge later this year, if you are moved to do so.

More significantly, there are a number of members who have listened carefully to last year's budget discussions, and I am convinced that before the end of November, they will provide a powerful reason for you to increase your pledge.

Until next time,

Mark

Comments, questions, or concerns may be sent to president@uucsr.org.

FINANCIAL DEVELOPMENT COMMITTEE

Cathi Zillmann, Chair

Re-commit to UUCSR Homecoming Sunday, September 15, 2019



This year, Homecoming Sunday will be the time to renew your UUCSR membership. We renew as members each year by making a pledge of financial support and by paying toward that pledge by the end of December.

The congregational year runs from July 1-June 30, and the pledge campaign usually occurs in the preceding Spring. It didn't occur last Spring; and so we are hoping that everyone will pledge for congregational year 2019-2020 on Homecoming Sunday (or soon after). Look for a pledge table set up amidst the festivities so we can assist you with your pledge.



My name is Cathi Zillmann. I have been a UUCSR member for 3 years and UU since 1987, at the UU Fellowship of Huntington. Years ago, I worked on running the congregational canvass at Huntington, and I volunteered to help with ours now. Why? Because maintaining and growing our membership is essential to keeping a thriving congregation; and the canvass is essential to maintaining our membership.

I look forward to talking with you at/before/after Homecoming.

Annual Pledge Campaign

Pledge forms may be downloaded at [MYUUCSR, under Member Resources](#).

Pledges may be made securely online. [Visit uucsr.org/myuucsr](http://uucsr.org/myuucsr).

UNITARIAN UNIVERSALIST
VEATCH PROGRAM AT SHELTER ROCK
Joan Minieri, Executive Director

Recognizing Those Fighting for Worker Rights



Over Labor Day weekend, many of us enjoyed some much-needed down time. At Veatch, we spent time this summer doing early planning for some of our annual events, such as Veatch Sunday in January. We will be inviting grantees from throughout the country to our meetings and events at various points in the congregational year. I look forward to sharing more information with you about these

opportunities for congregation members to meet and learn with our amazing grantees.

Labor Day is more than a last chance at summer vacation before the cool weather sets in. It's also a day to recognize the contributions of workers. Veatch grantees honor and galvanize the power of workers every day through their campaigns for economic justice. Here are just some of their recent accomplishments to keep workers healthy, respected and engaged:

- **Healthy** After passing a ballot measure to expand Medicaid coverage in 2018, Nebraska Appleseed launched a new effort to ensure 94,000 eligible low-income workers receive their benefits as quickly as possible.
- **Respected** The Coalition of Immokalee Workers continues to work with student groups across the country to pressure Wendy's into joining its Fair Food Program — a commitment to working with growers with good labor practices. The Social Justice Committee and the Veatch Program have long supported this groundbreaking effort. I was thrilled to learn that the food cooperative where I shop locally joined the Fair Food Program this summer, demonstrating its wide diversity and reach.
- **Engaged** More than a year before the 2020 elections, the National Black Worker Center Project began canvassing voters in Raleigh. The group will release a report early next year with policies to support low-income black workers.



These are urgent times. We are keeping this inspiring work for justice in mind as we get back to our own work following the Labor Day break.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

SOULFUL SALUTATIONS

YOGA set to live music by THE COSMIC ORCHESTRA
Led by BEN WISCH & DENISE DELUCA

Tuesdays at 7:00 PM
Sept. 17 • Oct. 15 • Nov. 12, 2019

\$15 per person / per session
Register online at uucsr.org

For those seeking a new form of centering and exercise, and for those who have found Soulful Sundown a meaningful addition to their spiritual practice, UUCSR is offering a new ministry: Soulful Salutations.

Led by long-time yoga instructors Denise DeLuca and Ben Wisch (Soulful Sundown's keyboard player), Soulful Salutations is a gentle yoga practice combined with music.

With music and movement at the heart of this religious experience, we seek new ways to stretch our bodies and souls.

Please bring a yoga mat and blanket or cushion - whatever makes you comfortable. If you have questions, please don't hesitate to ask. Email us at SoulfulSundown@uucsr.org.

ADULT PROGRAMS COMMITTEE *WinterFlower Robinson, Chair*

UUCSR offers several additional Mind and Body Practices coordinated by Lifespan Religious Education. Please contact Jessica Pond (jpond@uucsr.org, 516.472.2914) for information about:

Focusing as a Meditative Practice (September 7)
Inisfada Zen Sitting Meditation
Kundalini Yoga
Medical Qigong at Hadley House
Tai Chi and Qigong
Yoga

Soulful Songs & Stories

Friday, September 20, 2019, 7:00-8:30 PM, Room 19

Magic is what happens at Soulful Songs and Stories. A song and your stories are the way we do it. We start the Fall season with "Awake My Soul" (www.j.mp/uucsr31) by Mumford and Sons, which was also used in the July Soulful Sunday service. If you'd like an email reminder, lyrics, and related food for thought, register with Jessica Pond (JPond@uucsr.org or 516.472.2914). Or just drop in. Newcomers welcome.

LIFESPAN RELIGIOUS EDUCATION

The Rev. Dr. Natalie M. Fenimore
Minister of Lifespan Religious Education (RE)



The 2019-2020 Religious Education (RE) Year has begun. Please remember to register your child for our RE Program; we need current contact information and medical information.

The goal of the Lifespan Religious Education (LRE) Minister and program staff is to implement programs and activities which fulfill the mission and vision of the congregation. Specifically, LRE seeks to unite the congregation across generations and to support the lifelong process of faith development. We work with both the Religious Education for Children and Youth and the Adult Programs Committees to fulfill this mission. And we coordinate with the other staff and committees of the congregation to help build a community where individuals can learn and grow together. We welcome your questions and comments and look forward to getting to know you better.

UUCSR MINISTERS IN THE NEWS

Newsday LONG ISLAND RELIGION By Jim Merritt, Aug. 29, 2019
Asking the Clergy column:

“How do you welcome congregants back after summer?”

The Rev. Dr. Natalie M. Fenimore, Minister of Lifespan Religious Education, Unitarian Universalist Congregation at Shelter Rock,

Historically, many Unitarian Universalist congregations recognize the end of summer with a celebration of Homecoming or Ingathering in September. This is a time when friends return from their summer travels, and we renew our connectedness.

Our congregation comes together in worship and begins religious education classes for children and youth. We also have a big picnic for everyone outside on the lawn. The air is filled with bubbles and grill smoke, music and storytelling.

Many Unitarian Universalist congregations have a ritual at Homecoming or Ingathering called Water Ceremony. During the ceremony, sometimes called the Water Communion, people bring to the worship service a small amount of water from a place that is meaningful to them, and pour their water together into a large bowl. As water flows from many sources, it is all life-giving.

Our combined water is symbolic of our shared faith coming from different sources and being life affirming. The water is blessed by the congregation and is sometimes boiled and used as the “holy water” in child dedications and other ceremonies. Often a small amount of water from one year is added to the water from the next as a symbol of our connectedness across time.

LIFESPAN RELIGIOUS EDUCATION

Carson Jones, Lifespan Religious Education (RE) Coordinator



It's Alive!

This year at General Assembly, a resolution was passed to modernize the wording of the second of the six sources from which we cultivate the living tradition of Unitarian Universalism. The second source used to read “Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love” and the updated language now says, “Words and deeds of prophetic people...” This is a great step towards inclusion of all gender identities, and this beacon that now shines on this source in particular is a call to action for Unitarian Universalists everywhere.

The wonderful thing about being part of a living faith tradition is that we don't have to rely solely on words from sacred texts and their interpreters for spiritual inspiration. A living tradition is just that. It lives. It breathes. It grows. We are free to draw words of wisdom from all of history to present day. Religious Education Program participants may have noticed that the quotes from great thinkers found in the weekly RE e-mail range from Socrates to film actor Danny Trejo. Gathering ideology from established sources is valuable but also easy. Being open to receiving inspiration from a pop song or from the person sitting in the pew next to you, therein lies the stuff that keeps Unitarian Universalism expanding and breathing.

The theme for this year in Religious Education is Awareness of and Engagement with Our Environment. Not just what we tend to think of as The Environment in terms of climate change (although that will be part of our exploration), but also an awareness of Our Environment. Who are all these amazing people in community with us? What's going on all around this incredible building? What wonders are to be found across the grounds and in the woods? To achieve this, our children, youth and adults will practice noticing and mindfulness. We must be mindful of who and where we are before going out to embody the change we wish to see in the world.

**Mindfulness,
after all,
Leads to kindness.**

Mary Oliver, a favorite poet of mine, once said, “Attention is the beginning of devotion.” When we return to community on Homecoming Sunday, September 15, let us notice one another. Who's taller? Whose hair is now purple? To whom have we never spoken? Notice and connect. Keep noticing and connecting. All of us, together, make Unitarian Universalism come alive.

SOCIAL JUSTICE COMMITTEE

Claire Deroche, Social Justice Coordinator



What will you do to address climate change?

Most people who travel from England to the United States fly. Greta Thunberg is definitely not “most people.” The 16 year-old climate activist from Sweden, who will be attending the UN General Assembly Sessions in NYC in September, has renounced air travel because of its enormous carbon foot print. Instead, she made a zero-emissions, 15-day voyage across the Atlantic in the solar powered yacht, the Maliza II.



Greta Thunberg “Striking for the Planet”
outside the Swedish Parliament.

For the last year, Greta has been the youthful face of action to address climate change. Her activism started when she was 11 as a result of what she was learning in school about the degradation of the earth. So touched was she that she fell into a depression and stopped eating and speaking. It was only when she began to realize that she could take action to address this issue that the depression lifted, and she started speaking out. A year ago, she started a strike from school, sitting every Friday outside the Swedish Parliament Building with a sign that read: “School Strike for the Climate.”

Greta has Asperger’s syndrome, a condition that she calls a gift. She speaks directly, dispensing with the rhetoric that often hides the urgency of our global crisis. She’s all over YouTube, but this video of her TED Talk is especially good: <https://www.youtube.com/watch?v=EAmUIEsN9A>

Greta is here in NYC, having arrived on August 28, to remind us all that we are facing a global crisis. She will not be alone. On September 20, three days before the UN Climate Summit in NYC, young people and adults will strike all across the US and the world to demand transformative action be taken to address the climate crisis. Unitarian Universalists will be among them. You can register for regular updates from the UUA Create Climate Justice Strategy Team at <https://tinyurl.com/y2a2w6sl>

Greta herself will be at the NYC event: ([Get Details & RSVP!](#))
New York City Climate Strike with Greta Thunberg
Friday, September 20, 2019
12:00 PM Foley Square, 1 Federal Plaza, New York City, NY 10013

Hope to see you there!

SOCIAL JUSTICE ANNOUNCEMENTS

For further information, please contact Social Justice Coordinator Claire Deroche: cderoche@uucsr.org, 516.472.2977.

Thursday, September 5, 2019



Webinar: UUs & the Global Climate Strike, 4:00 PM. Want to learn how UUs are organizing for the Global Climate Strike? Register for this informative webinar at <https://tinyurl.com/y383h4ek> Sponsored by Creating Climate Justice, a collaboration of the UUA and the UU Ministry for the Earth.

Sunday, September 8, 2019

LGBTQ+ Subcommittee Meeting, 12:30 PM, RE Room 4. Get in on the ground floor as this group makes plans for the coming year. Members of the LGBTQ community as well as friends and allies are invited. For further information, contact subcommittee chair, Susan Roberts at lgbtqandUU@gmail.com.

Wednesday, September 11, 2019

Social Justice Committee Meeting, 7:30 PM in the Art Gallery. We will be starting our new congregational year and making plans to address this year’s SJ priorities: Immigration, Criminal Justice Reform, and Civic Engagement. We welcome new members.

Tuesday, September 17, 2019

Re-imagining Incarceration: Ending Wasted Tax Dollars at the Nassau County Correctional Center, educational program sponsored by the Nassau County Jail Advocates, 6:30–8:00 PM at The United Methodist Church of Port Washington, 35 Middle Neck Rd, Port Washington, NY 11050. RSVP: DZantua@nyclu.org The UUCSR Social Justice Committee is a member of the Nassau County Jail Advocates. ([Download flyer online.](#))

OPPORTUNITIES FOR GIVING

Food and Clothing Donations: The Social Justice Committee of UUCSR sponsors several ways for members of the congregation to meet the needs of others for food and clothing. [Please see the flyer on the table in the Main Lobby for complete details.](#)

THE ARTS AT SHELTER ROCK

Stephen Michael Smith, Music Director

A New Musical Season At Shelter Rock Is About To Begin!

UUCSR Choir

September is a good time to join the UUCSR choir as together we embark upon a new season of music-making. Love to sing? Looking for a fun, committed, hard-working group of singers who share your joy and passion? Join our choir!

The choir rehearses Thursday evenings, 7:30-9:30 PM (in the Choir Room) and 10:00 AM (in the Worship Room). Auditions are not required. Join us for our Welcome Back Potluck and get to know us a little better. Here are the dates for the start of the season:

Thursday, September 12, 2019

6:30-7:45 PM Choir Welcome Back Potluck; Veatch Ballroom (and Kitchen)

Here is a simple guide:

First names A - G:	Desserts
First names H - N:	Main Dishes
First names O - Z:	Starters/Salads

8:00-9:30 PM Rehearsal to prepare for Homecoming Service

Sunday, September 15—Homecoming

First Sunday back in Worship

10:00 AM Rehearsal; 11:00 AM Service.

UUCSR Jazz Ensemble

The Jazz Ensemble kicks off another exciting season under the inspired leadership of Dan Pratt! Musicians of all ages (especially youth) are encouraged to have the unique experience of playing with and learning from one of New York's finest jazz musicians. Rehearsals are Sundays, 9:00-10:15 AM in the Ensemble Rehearsal Room. Interested musicians are encouraged to speak with Dan at the Homecoming Picnic, or to contact him directly at danprattmusic@gmail.com prior to the first rehearsal. The first rehearsal will be Sunday, September 22, 2019.

Ukeleles At Shelter Rock?

Several UU congregations have started Ukulele Choirs as a vehicle of expression and community building among their members. The ukulele is a relatively easy instrument to learn. Would you be interested in participating in a ukulele choir at Shelter Rock? If so, please contact Lea Titza, Liaison to Ministerial Programs, at ltitza@uucsr.org or call her at 516.472.2975 to let us know of your interest.

SAVE THE DATE

October 6, 2019, 1:30 PM, in the Meadow—DANCE VISIONS NY with Beth Jacovy

September 4, 2019

MUSIC AND PERFORMING ARTS COMMITTEE

Rachel Zampino, Chair

Cabaret XVII Is Coming...



Cabaret Cast Call: It is summer but not too early to begin thinking about Cabaret XVII, our 17th Edition raising funds for our Ed Miller Memorial Music Scholarship Fund! Our talented Cabaret Planning Team is hard at work developing our next edition and we are sending you this early-bird cast call for the show!

Please mark your calendars—our first full-cast call is Wednesday, September 4, at 7:30 PM. Our show date is **November 2, 2019**, at 7:00 PM, with an encore performance at Hadley House on Sunday, November 3, 2019, at 3:00 PM. Please contact Richard Bock, Cabaret Music Director, at rbock@optonline.net or 516.922.6052 for details.

ART COMMITTEE

Tinna Kopelow, Chair

Congregational Art Show August 18-September 24, 2019

The Congregational Art Show Reception was held August 18, and the Exhibit will run till September 24, 2019. What made the Reception even more delightful was Bruce Torff at the piano playing familiar classics!

Whether you start the Exhibition with "A Dash of Cognac," "Mountain Laurel," or "Joie De Vivre," you're sure to be impressed and maybe a little inspired by the talents of our Shelter Rock Congregation.

For photos of the Art Reception, please visit UUCSR.org and Facebook.com/uucsr/

Important Reminder

Pick up displayed or purchased artwork
Wednesday, September 25, 10:00 AM-12:00 PM

Arts in the Community Charles Van Horn Exhibition of His Paintings

September 3-October 4, 10:00 AM-1:00 PM
Tuesday to Friday and Sunday (Best to call first: 516.623.1204)
South Nassau Unitarian Universalist Congregation
228 S. Ocean Ave, Freeport, NY
Meet The Artist Reception: Sunday, Sept. 22, 11:30 AM-1:30 PM

MEMBERSHIP COMMITTEE

Meg Cohen, Membership Committee Chair



As our congregation welcomes the new year, I have an important question to ask our members and friends.

What does Radical Hospitality mean to you?

Please send your answers to megcohen70@gmail.com

Thank you in advance.

WOMEN'S GROUP

Sandra Hazel Frank, Women's Group President

Women Talk Daytime continues every first and third Wednesday at 12 noon in the Art Gallery. Bring your lunch for two hours of talking, listening and learning. Cookies and beverages are provided.

Women's Group *Book Series*

Friday, September 20, 2019, 3:30 PM, Veatch Ballroom.
Conversation about featured title, *Unsheltered*, by Barbara Kingsolver will be led by Martha Chimienti.

Annual Women's Group Fall Membership Dinner

FRIDAY, OCTOBER 4, 2019
7:00 PM Social Hall

ENTERTAINMENT



Wild Ginger



Mountain Maidens

PRICING

- Women's Group 2019-2020 Members: no charge
- If you haven't renewed your WG Membership for 2019-2020 renew before or at the dinner for \$30
- Join for the first time—then there is no charge for the dinner.
- UUCSR Members who are Non-Women's Group Members: \$20 per person
- Non-UUCSR Members: \$25 per person

Childcare available if requested by September 23, 2019

Register with Sharyn Esposito at 516.472.2960 or sesposito@uucsr.org

MILESTONES

We mourn with... UUCSR member Pamela Prendergast as she grieves the death of her father John J. Prendergast. John died peacefully on Tuesday, August 20, 2019, with Pamela by his side. He was 91 years old. In addition to Pamela, he is survived by his sister, Mary Torbinski. A family service was held. Expressions of sympathy may be sent to Pamela's home.

Pamela Prendergast
1812 Adlin Ct.
East Meadow, NY 11554

We share the sad news of... the death of UUCSR member Nino Luciano. Nino died peacefully at home on Wednesday, August 21, 2019, in the company of his family and care provider.

All are welcome to a Celebration of Life at his son's home on Saturday, October 5, 2019 at 4:00 PM. Expressions of sympathy may be sent to Nino's son, Nino Jr., his wife, Liz, and their adult children at:

The Luciano Family
354 Carpenter Ave.
Sea Cliff, NY 11579

Congratulations to... Melinda Nasti upon her special "1HR" award by her employer, Northwell Health. Melinda was recognized for her dual roles as Chaplain and a Wellness team member at Northwell. In addition to her workplace accomplishments, Melinda was recognized as "a genuine, supportive person, who contributes each day with her presence – to the teams and individuals she serves."

THANK YOU

Thank you to the Caring Hearts Quilters for the beautiful quilt tote. My leg is healing slowly and your love and caring have certainly helped.

Claire Z. Bock

The children and I are so grateful for the love and support from our UU family. Your being there meant we didn't have to endure this loss alone!!! Bless you all.

Jerry would have been so pleased to have his work memorialized at the Congregational Art Show. The vibrant colors and elegant handiwork embodied in the pillow from the Caring Committee will be a constant reminder of your warmth and sincerity.

"Thank you" just doesn't do it.

Judy Fishkin

GREEN SANCTUARY COMMITTEE

Jim Peters, Chair

This article reflects our stewardship of the earth and our commitment to the Seventh Principle.



The Deceptive Plastics Industry

The United States is the world's largest polluter of plastics. More than 8.3 billion metric tons of plastic produced (79 percent) has ended up in landfills or scattered globally. We recycle only 1 percent of our plastic bags. This situation has become a deadly problem for our environment and every living thing on our planet. Currently, the public has begun to learn how recycling rules are changing; the plastic industry has also. In their interest, they are applying a green veneer to appease the public.

The plastic industry is good at suppressing meaningful efforts to wean the public off their products. In Tennessee a contest sponsored by A Bag's Life encouraged kids to clean up plastic waste. At the same time, the American Progressive Bag Alliance, a lobby group that fights restrictions on plastics, changed a law there; it became illegal for local governments to ban or restrict plastic bags, including single-use products. Its members of the Plastic Industry Association, (Shell Polymers, Exxon Mobil, Chevron Phillips, Dow DuPont and Novolex), cheered.

The reality is that plastic recycling and proper disposal is dead. Why? Many plastics do not decompose and are not reusable. Plastic toys, single-use clamshells, bottles, bags, straws, chip bags, toiletry tubes, electronics and lids, must be burned or buried. If incinerated, they produce air and water pollution, especially affecting lower income communities. Since China no longer accepts our plastic trash, we are sending it to other countries: Turkey, Senegal, Thailand, India, Indonesia. Mismanaged there, this plastic trash is burned or illegally dumped.

Sadly, the plastic industry's lobbying cover-ups include introducing new chemicals into more plastic items. Lower oil and gas prices, have meant more than 700 new plastic products implemented. The winners, raking in billions of dollars, are companies and corporations associated with plastic production. Taxes, fees, and bans are necessary like Canada did on plastic bags and single-use plastic products. In the US, this approach has been thwarted.

Our plastic trash problem won't disappear overnight, nor will unnecessary plastic usage. We must change our habits, use glass or metal bottles, paper straws and reusable bags, and implement better recycling regulations. Finally, we must expose the plastic industry's duplicity, so companies invest in non-plastic replacements.

Elaine Peters for the Green Sanctuary Committee

September 4, 2019

SHELTER ROCK FORUM

Latifa Woodhouse, Chair

UUCSR Shelter Rock Forum and
LI Alliance for Peaceful Alternatives Present

Prospects for Peace: Ending Forever Wars

WEDNESDAY, SEPTEMBER 18, 2019

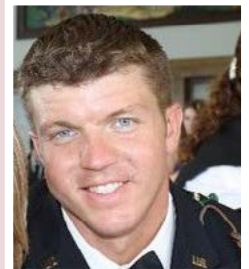
Guest Speaker
DANIEL A. SJURSEN

7:30 PM
All Are Welcome

\$5 Suggested Donation
Worship Room

Lecture, Q&A and Refreshments
RSVP: uucsr.org/sjursen

Questions? Please contact Sharyn Esposito
516.472.2960 or sesposito@uucsr.org



MAJOR DANNY SJURSEM will talk about his experiences serving in Afghanistan and Iraq. He will discuss US wars in the 21st century and pose the question: Are veterans finally through with US forever wars? He will share his thoughts on the prospects for peace and how citizen mobilization will bring forever wars to an end.

Blank Slate Media & The Unitarian Universalist Congregation at Shelter Rock present

ON THE RECORD COMMUNITY FORUM

SEPTEMBER 26, 2019 @ 7:30PM - 9PM

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK
48 SHELTER ROCK ROAD IN MANHASSET

THE CHANGING DEMOGRAPHICS OF NASSAU COUNTY AND
THE COMING CENSUS: **WHAT THEY MEAN FOR YOU**

WITH
FEATURED
PANELISTS:

Jack Schnirman
Nassau County Comptroller

Dr. Jeffrey L. Reynolds
President & Chief Executive Officer,
Family and Children's Association of L.I.

Michael P. Nagler, Ed.D.
Superintendent, Mineola Public Schools

Kyle Strober
Executive Director,
Association for a Better Long Island

Hosted by Blank Slate Media and the
Unitarian Universalist Congregation at Shelter Rock

Blank Slate Media publisher Steven Blank will pose topical questions,
followed by an audience question-and-answer period.

Please register today to reserve your place.
www.theislandnow.com/communityforum

Event sponsored by:
 Northwell
Health

Presented by:
 Unitarian Universalist
Congregation at Shelter Rock
Human. Kind.

BlankSlate
MEDIA
Harold County Times Herald
Great Neck News
Manhasset Times
Port Washington Times
www.BlankSlateMedia.com

**ADMISSION
IS FREE**
Refreshments will be
served following the
forum.

PROGRAM ANNOUNCEMENTS

Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations..

WEDNESDAY, SEPTEMBER 4, 2019

SRI Committee Meeting, 7:00 PM, Veatch Conference Room
Cabaret XVII Rehearsal, 7:30 PM, Social Hall
Stewardship Committee, 7:00 PM, Office Conference Room
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room
Membership Committee Meeting, 7:30 PM, Art Gallery

THURSDAY, SEPTEMBER 5, 2019

Yoga, 9:30 AM, Art Gallery
CANCELLED: SJC INN Cooking - Thursday, 9:30 AM, Main Kitchen
AA Meeting, 10:30 AM, Veatch Ballroom
Personnel Committee Meeting, 7:00 PM, Veatch Library

FRIDAY, SEPTEMBER 6, 2019

Members Bridge Lessons & Game Play, 1:00 PM, Art Gallery
Board of Trustees Retreat, 6:00 PM, Art Gallery
RE Volunteer Welcome Back Dinner, 6:30 PM, Veatch House

SATURDAY, SEPTEMBER 7, 2019

RE Volunteer Orientation, 8:30 AM, RE Wing
Board of Trustees Retreat, 8:30 AM, Social Hall
Inisfada-Zen Focusing Workshop, 9:00 AM, Veatch House
Caring Committee Meeting, 10:00 AM, Office Conference Room
Caring Hearts - Quilters, 10:00 AM, Rooms 204, 205
Yoga, 11:00 AM, RE Room 15
Caring Chefs, 11:30 AM, Main Kitchen

SUNDAY, SEPTEMBER 8, 2019

Women's Group Board Meeting, 8:45 AM, Veatch Conference Room
Worship Committee Meeting, 9:00 AM, Bride's Room
Small Group Ministry Covenant- Coordinators Meeting, 9:00 AM, Office Conference Room
RE Volunteer Classroom Prep, 9:30 AM, RE Wing
Bagel Breakfast, 10:00 AM, Social Hall
Music Rehearsal, 10:00 AM, Worship Room
Worship Service, 11:00 AM, Worship Room
UU Café, 12:00 PM, Social Hall
Play Rehearsal - Chekhov play, 12:30 PM, Veatch Terrace Room
LGBTQ Meeting, 12:30 PM, RE Room 4
Shavon Taylor and Song Han Commitment Ceremony, 12:30 PM, Worship Room
Love and Stitches, 12:30 PM, RE Room 15
Helen Boxwill Presentation, 12:30 PM, Art Gallery

MONDAY, SEPTEMBER 9, 2019

Cabaret XVII Rehearsal, 2:00 PM, Social Hall

TUESDAY, SEPTEMBER 10, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom
CSA Drop off and Pick-Up, 10:30 AM, RE Lobby
Art Committee Meeting, 4:00 PM, Office Conference Room
Adult Programs Meeting, 5:00 PM, Art Gallery
Disability Task Force Meeting, 6:00 PM, Bride's Room
Jobs with Justice Honors Dinner, 6:00 PM, Off Site
Nar-Anon Meeting, 6:30 PM, RE Room 19
NAMI Family to Family Classes, 6:30 PM, RE Room 15
Play Rehearsal - Chekhov play, 7:30 PM, Veatch Terrace Room
Program Council Meeting, 7:30 PM, Art Gallery

WEDNESDAY, SEPTEMBER 11, 2019

Reach Out America, 12:30 PM, Social Hall
Members' Bridge Group, 1:00 PM, Veatch Ballroom
Cabaret XVII Rehearsal, 7:30 PM, Social Hall
NAMI Family Support Group, 7:00 PM, RE Room 15
Stewardship Task Force, 7:00 PM, RE Room 17
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room
Social Justice Monthly Meeting, 7:30 PM, Art Gallery
Food & Water Watch Monthly Meeting, 7:30 PM, Veatch Conference Room

THURSDAY, SEPTEMBER 12, 2019

Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Veatch Ballroom
Choir Welcome Back Dinner, 6:30 PM, Veatch House
NAMI Meet Your Legislators, 7:00 PM, Social Hall, Art Gallery
Shelter Rock Forum Committee Monthly Meeting, 7:30 PM, Office Conference Room

FRIDAY, SEPTEMBER 13, 2019

Bridge Game Play ONLY, 1:00 PM, RE Room 15
Soulful Sundown Dinner, 6:30 PM, Social Hall
Soulful Sundown Worship, 7:30 PM, Social Hall
Soulful Sundown Coffeehouse, 8:45 PM, Social Hall

SATURDAY, SEPTEMBER 14, 2019

Veatch BOG Policy Retreat (Breakfast), 8:30 AM, Social Hall
Veatch BOG Policy Retreat Meeting, 9:00 AM, Social Hall
Caring Hearts - Quilters, 10:00 AM, Rooms 204, 205
Love and Stitches - WOYOP, 10:00 AM, RE Room 15
Yoga, 11:00 AM, Art Gallery
Eric Drezner & Kaia Galante Wedding, 3:00 PM, Worship Room, Gallery, Veatch House

SUNDAY, SEPTEMBER 15, 2019

Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room
RE Classes, 11:00 AM, RE Wing
Homecoming Worship with Any Given Sunday Band, 11:00 AM, Worship Room
Homecoming Picnic, 12:30 PM, Entire Campus

MONDAY, SEPTEMBER 16, 2019

Cabaret XVII Rehearsal, 2:00 PM, Social Hall

TUESDAY, SEPTEMBER 17, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom
CSA Drop off and Pick-Up, 10:30 AM, RE Lobby
NAMI Criminal Justice Committee Meeting, 3:00 PM, Volunteer Room
Re-Imagining Incarceration, 6:15 PM, Off Site 1
Nar-Anon Meeting, 6:30 PM, RE Room 19
NAMI Peer-to-Peer Classes, 6:30 PM, RE Room 17
NAMI Family to Family Classes, 6:30 PM, RE Room 15
Board of Trustees Meeting, 7:00 PM, Veatch Ballroom
Soulful Salutations, 7:00 PM, Social Hall, Social Hall
Play Rehearsal - Chekhov play, 7:30 PM, Veatch Terrace Room
RE Committee Meeting, 7:30 PM, Art Gallery

WEDNESDAY, SEPTEMBER 18, 2019

Manhasset School Retirees, 10:30 AM, Bride's Room
Women Talk Daytime, 12:00 PM, Art Gallery
Members' Bridge Group, 1:00 PM, Veatch Ballroom
DiSC Program, 3:00 PM, Bride's Room
LLS Myeloma Support Group Meeting, 6:00 PM, RE Room 16
Cabaret XVII Rehearsal, 7:30 PM, Social Hall
Grade 9 Our Whole Lives Parent Orientation, 7:00 PM, RE Room 15, 18
Climate Justice Task Force Meeting, 7:00 PM, Office Conference Room
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room
Prospects for Peace: Ending Forever Wars - Daniel A. Sjursen, 7:30 PM, Worship Room, Art Gallery

THURSDAY, SEPTEMBER 19, 2019

Yoga, 9:30 AM, Art Gallery
Small Group Ministry Covenant - AM Meeting, 10:00 AM, Bride's Room
AA Meeting, 10:30 AM, Veatch Ballroom
Board of Trustees Meeting, 7:00 PM, Veatch Ballroom
Green Sanctuary Monthly Meeting, 7:00 PM, Bride's Room

FRIDAY, SEPTEMBER 20, 2019

Literacy Nassau Bridge Tournament, 9:00 AM, Social Hall
Members' Bridge Lessons & Game Play, 1:00

PROGRAM ANNOUNCEMENTS

Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations.

PM, Veatch Ballroom

Women's Group Book Series, 3:30 PM, Art Gallery

Men's Group Oktoberfest, 6:30 PM, Social Hall

Soulful Songs & Stories, 7:00 PM, RE Room 19

SATURDAY, SEPTEMBER 21, 2019

Saturday I.N.N. Cooking, 9:00 AM, Main Kitchen

Caring Hearts - Quilters, 10:00 AM, Rms 204, 205

Yoga, 11:00 AM, Art Gallery

SUNDAY, SEPTEMBER 22, 2019

Building and Grounds Meeting, 8:00 AM, Office Conference Room

Bagel Breakfast, 10:00 AM, Social Hall

Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room

Worship Service, 11:00 AM, Worship Room

RE Classes, 11:00 AM, RE Wing

Children's Worship, 11:00 AM, Chapel

UU Café, 12:00 PM, Social Hall

Play Rehearsal - Chekhov play, 12:30 PM, Veatch Terrace Room

SGM Facilitators Training, 1:00 PM, RE Room 15

MONDAY, SEPTEMBER 23, 2019

Cabaret XVII Rehearsal, 2:00 PM, Social Hall

Together to End Solitary Confinement, 6:30 PM, Worship Room, Art Gallery

TUESDAY, SEPTEMBER 24, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

CSA Drop off and Pick-Up, 10:30 AM, RE Lobby

Hadley House LLC BOM Meeting, 5:30 PM, Veatch Conference Room

Nar-Anon Meeting, 6:30 PM, RE Room 19

NAMI Peer-to-Peer Classes, 6:30 PM, RE Rooms 15, 17

REWILD Meeting, 7:00 PM, Art Gallery

Kundalini Yoga, 7:00 PM, Social Hall

Unitarians in South Africa, 7:00 PM, Veatch Ballroom

Play Rehearsal - Chekhov play, 7:30 PM, Veatch Library

WEDNESDAY, SEPTEMBER 25, 2019

Art Show pickup, 10:00 AM-12:00 PM, Gallery

Erase Racism Board Retreat, 12:00 PM, Veatch Conference Room

Members' Bridge Group, 1:00 PM, Veatch Ballroom

Racial Justice Task Force Meeting, 5:45 PM, Office Conference Room

Cabaret XVII Rehearsal, 7:30 PM, Social Hall

Investment Committee Meeting, 7:00 PM, Art Gallery

NAMI Family Support Group, 7:00 PM, RE Room 15

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

THURSDAY, SEPTEMBER 26, 2019

Yoga, 9:30 AM, Art Gallery

AA Meeting, 10:30 AM, Veatch Ballroom

Adult Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

on the record Community Forum: The Changing Demographics of Nassau County and The Coming Census, 7:30 PM, Worship Room, Gallery

FRIDAY, SEPTEMBER 27, 2019

Members' Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

Junior Youth Con, 5:00 PM, Multiple Spaces

Dramatic Readings, 6:00 PM, RE Room 15

SATURDAY, SEPTEMBER 28, 2019

Caring Hearts - Quilters, 10:00 AM, Rms 204, 205

Yoga, 11:00 AM, RE Room 15

SUNDAY, SEPTEMBER 29, 2019

Bagel Breakfast, 10:00 AM, Social Hall

Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room

Adult Choir Rehearsal, 10:00 AM, Worship Room

Worship Service, 11:00 AM, Worship Room

RE Classes, 11:00 AM, RE Wing

Children's Worship, 11:00 AM, Chapel

UU Café, 12:00 PM, Social Hall

Play Rehearsal - Chekhov play, 12:30 PM, Veatch Terrace Room

Men's Group Meeting, 12:30 PM, Veatch Conference Room

Music and Performing Arts Committee Meeting, 12:45 PM, Bride's Room

Worship Assistant Training, 1:00 PM, Worship Room

MONDAY, SEPTEMBER 30, 2019

Cabaret XVII Rehearsal, 2:00 PM, Social Hall

TUESDAY, OCTOBER 1, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

CSA Drop off and Pick-Up, 10:30 AM, RE Lobby

Bookstore Meeting, 6:00 PM, Veatch Library

Nar-Anon Meeting, 6:30 PM, RE Room 19

NAMI Peer-to-Peer Classes, 6:30 PM, RE Rooms 15, 17

Kundalini Yoga, 7:00 PM, Social Hall

Small Group Ministry Covenant - First Tuesday Meeting, 7:00 PM, Bride's Room

Denominational Affairs Committee (DAC) Meeting, 7:30 PM, Office Conference Room

Play Rehearsal - Chekhov play, 7:30 PM, Veatch Terrace Room

Green Sanctuary Event, 7:30 PM, Art Gallery

RE Committee Meeting, 7:30 PM, RE Room 4

WEDNESDAY, OCTOBER 2, 2019

Women Talk Daytime, 12:00 PM, Art Gallery

Reach Out America, 12:30 PM, Social Hall

Members' Bridge Group, 1:00 PM, Veatch Ballroom

DiSC Program, 3:00 PM, Bride's Room

Cabaret XVII Rehearsal, 7:30 PM, Social Hall

BOT Agenda Planning Meeting, 7:00 PM, Veatch Library

SRI Committee Meeting, 7:00 PM, Veatch Conference Room

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

Membership Committee Meeting, 7:30 PM, Art Gallery

THURSDAY, OCTOBER 3, 2019

Yoga, 9:30 AM, Art Gallery

SJC INN Cooking - Thursday, 9:30 AM, Main Kitchen

AA Meeting, 10:30 AM, Rooms 206, 207

Personnel Committee Meeting, 7:00 PM, Veatch Library

Adult Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

Fireplace Chat-Presentation by the Stewardship Committee on the Spending Limit, 7:30 PM, Art Gallery

Shelter Rock Forum Committee Monthly Meeting, 7:30 PM, Veatch Conference Room

FRIDAY, OCTOBER 4, 2019

Tai Chi/Qigong, 10:15 AM, Art Gallery

Members' Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

WG Annual Fall Dinner, 7:00 PM, Social Hall

SATURDAY, OCTOBER 5, 2019

Small Group Ministry Covenant - First

Saturday AM Meeting, 9:30 AM, Bride's Room

Caring Committee Meeting, 10:00 AM, Office Conference Room

Caring Hearts - Quilters, 10:00 AM, Rms 204, 205

Yoga, 11:00 AM, Art Gallery

Caring Chefs, 11:30 AM, Main Kitchen

SUNDAY, OCTOBER 6, 2019

Women's Group Board Meeting, 8:45 AM, Veatch Conference Room

Bagel Breakfast, 10:00 AM, Social Hall

Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room

Adult Choir Rehearsal, 10:00 AM, Worship Room

Worship Service, 11:00 AM, Worship Room

RE Classes, 11:00 AM, RE Wing

Children's Worship, 11:00 AM, Chapel

UU Café, 12:00 PM, Social Hall

Play Rehearsal - Chekhov play, 12:30 PM, Veatch Terrace Room

Domestic Violence: It's Not Just Physical, 1:00 PM, Art Gallery

Dance at Shelter Rock- Dance Visions NY Recital, 1:30 PM, Veatch House, and Meadow

[Visit UUCSR.org](http://UUCSR.org) for additional calendar programs and events.

September 4, 2019

Developmental Minister

Rev. Jaye Brooks (jbrooks@uucsr.org)

Minister for Pastoral Care

Rev. Jennifer L. Brower (jbrower@uucsr.org)

Minister of Lifespan Religious Education

Rev. Dr. Natalie M. Fenimore (nfenimore@uucsr.org)

Congregation Operations Administrator

Adam Barshak (abarshak@uucsr.org)

Veatch Executive Director

Joan Minieri (joan@veatch.org)

Music Director

Stephen Michael Smith (ssmith@uucsr.org)

Lifespan Religious Education Coordinator

Carson Jones (cjones@uucsr.org)

Youth & Young Adult Program Coordinator

India Harris (iharris@uucsr.org)

Social Justice Coordinator

Claire Deroche (cderoche@uucsr.org)

Officers of the Congregation

President: Mark Hartman

Vice President: Jana North

Secretary: John Ryan

Treasurer: Brian Muellers

Members of the Board of Trustees

Terry Bain	Brigitte Mueller
Iliza Bartels	Barry Nobel
Shanti Carole Flot	Robert Nuxoll
Chris Hilke	Rebecca Smith

ADDRESS SERVICE REQUESTED
FIRST CLASS MAIL DATED MATERIAL

Next Quest: Wednesday, September 18, 2019 | Deadline for Content: Thursday, September 12, 2019

MEN'S GROUP
Henry H. Smith, Chair

31ST ANNIVERSARY HOMECOMING
Sponsored by the UUCSR Program Council



All Unitarian Universalist Congregation
at Shelter Rock Event

Oktoberfest

Friday, September 20, 2019
6:30 PM | Social Hall

Oktoberfest banquet dinner, dessert, and selected specialty beers will be served.
Live German music with Al Zimmermann - keyboard, accordion, and vocals

PRICE IN ADVANCE	PRICE AT THE DOOR	CHILDCARE AVAILABLE
\$20 Members	\$25 Members	if requested by
\$25 Non-Members	\$30 Non-Members	September 9

RSVP by Tuesday, September 17 at uucsr.org/oktoberfest
or contact Sharyn Esposito (516.472.2960 or sesposito@uucsr.org)



UUCSR 2019

31st Anniversary HOMECOMING PICNIC

Sunday, September 15, 2019
12:30 PM (after Worship Service)
Rain or Shine

\$5/person

| Contests | Games | Any Given Sunday Band |

FOR ALL AGES!

HOT DOGS • PASTA SALAD • HAMBURGERS
BAKED BEANS • VEGGIE BURGERS
ICED TEA • LEMONADE
COTTON CANDY • POPCORN • ICES

Volunteers are needed, please contact
Elaine Corrao 516.472.2933, ecorrao@uucsr.org