UPCOMING WORSHIP SERVICES

Sunday, July 21, 2019, 11:00 AM
Maybe Love is the Problem
Jake Hearen, Guest Speaker

We hold Love up as the embodiment of our principles and the manifestation of our beliefs. But Love is a complicated, funny thing: other languages have multiple terms for the various nuances while English has a single catch-all for anything and everything. Even still, our understanding of Love has been developed over time from a mix of less-inclusive perspectives than we often assume. Until we can overcome good intentions and other mentalities, our expression of love will always be toxic.

Jake Hearen attends Union Theological Seminary in New York City. Beginning this fall, he will serve as a Field Education Seminarian at Community Church of New York in addition to serving as a Chaplain Candidate with an Army Reserve unit at Fort Totten.

Sunday, July 28, 2019, 11:00 AM
Which Comes First—Love or Care?
Ali Peters, Guest Speaker

As Unitarian Universalists, we often talk of the importance of love. But where does care fit in? Is there a difference between love and care? Do we take care of what we love? Or do we love what we take care of? Today we will wrestle with these questions as we consider how we can best live out our UU faith and build a beloved community.

Ali Peters is student at Union Theological Seminary and a member of The Fourth Universalist Society in the NYC. She is also a former middle school math teacher and an improv comedy enthusiast.

Sunday, August 4 2019, 11:00 AM
Garage Sale of the Mind
The Rev. Ned Wight

Note: Because of the summer concert setup in the Worship Room, this service will take place in the Veatch Ballroom, with overflow seating on the covered patio adjacent to the Ballroom. Summer is a great time to tour the countryside looking for bargains at ubiquitous garage sales. Rev. Ned picks up on this summer pastime with his own “Garage Sale of the Mind”—a whimsical meditation on sin, sex, civility, love, the internet and virtual community, simplicity and God—in no particular order of importance. UU Cafe will be held in the Veatch House. The annual orchestra Summer Concert will follow at 1:00 PM.

TOUCHSTONES
The Rev. Dr. Natalie M. Fenimore

What we call the beginning is often the end.
And to make an end is to make a beginning.
The end is where we start from . . .
We shall not cease from exploration
And the end to all our exploring
Will be to arrive where we started
And to know the place for the first time.

T.S. Eliot

So much of our lives are spent moving around these days. We move for schools and jobs and new houses. We move for learning and adventure. And more so, we move in search of our place of belonging, our family, our connection to one another and to the sacred.

One of the most important reasons for the Shelter Rock community to exist is as a destination for those in search – in search of community and connection and a sense of belonging. The congregation’s Unitarian Universalist openness to inquiry makes it a good place to be, even if you are still searching.

In the words of the Rev. Leslie Takahashi, who is minister at our Mount Diablo UU Congregation in Walnut Creek, California, we say:

Come, come whoever you are.
Come with your hurts, your imperfections, your places that feel raw and exposed.
Come, come with your strengths that the world shudders to hold.
Come with your imaginings of a better world.
Come with your hopes that it seems no one wants to hear.
Wanderer, worshipper, lover of leaving, we will make a place for you. We will build a home together. Ours is no caravan of despair. We walk together ...

I've been away on sabbatical – a kind of journeying. It was a time of rest and reflection. It was a time of exploration and examination – both personal and professional. Over the next year I hope to share with the congregation some of my learnings. And I hope that you will share your physical and spiritual journeys with me – and with each other.
It is the middle of July and outwardly it might appear that life at UUCSR has begun to slow down, if only for a month or two. And perhaps it has, although the appearance may be based only on the fact that the building is closed weekday evenings except for Wednesdays.

July is also the month of transitions. For example, this July marks the arrival of four new members to the Board of Trustees and approximately a dozen or so new chairs of committees. This is all part of a cycle that has been going on for as long as any of us can recall.

However, this year feels (and is) a little different. Ben Bortin, our Volunteer and Membership Coordinator, will be retiring in less than 3 weeks. We all wish him a happy and enjoyable retirement. Over the years, Ben has performed many of the small (and not so small) tasks that have contributed to UUCSR being a friendly and welcoming community. Far too often, I fear, one can not fully appreciate what persons do until they are no longer here.

The second extraordinary transition is the retirement of Ned Wight, who has served as our Interim Senior Minister for the past three years. I can not begin to express how important Ned has been to the life of this Congregation and to me personally over the past thirteen years. Ned presented a different perspective, a different lens through which to examine the critical challenges that this Congregation has faced. We may not have always agreed, but I always needed to listen. I hope that in the coming months I will remember that perspective when we come to face future challenges.

On Sunday August 11 (four days before Ned's last day with us), there will be another “fireplace chat” with Ned to provide an opportunity for a conversation to discuss Ned's Final Report as Interim Senior Minister. Adjacent to this Quest column are additional details about Ned's Report and the Fireside Chat. Please try to attend.

Also adjacent in this Quest is an announcement about the Board seeking candidates to serve on the Member Resource Committee (MRC). Please read that announcement, and if you are interested in serving, contact Tammy Weil (tweil@uucsr.org, 516.472.2913).

Lastly (for now), I have learned that there is a Presidential e-mail address that I can access. I promise that I will try to read and respond to every email that is sent to me at President@UUCSR.org.

Until next month,

Mark
Please join us for some summer fun and frolic, and tell your friends!

Registration for our action-packed five-Sunday Summer RE Program is now open! Please follow this link to sign-up or go to www.uucsr.org/RE (For everyone’s convenience, the form doubles as registration for 2019-20 RE classes, so you only need to register once!)

Be a part of summertime fun and frolic! Come join our guides to adventure and learning at Shelter Rock’s Arts and Nature at the Rock.

Questions? Please contact:

Carson Jones
Lifespan RE Coordinator
cjones@uucsr.org
516.472.2915

or

Jessica Pond
RE Administrative Assistant
jpond@uucsr.org
516.472.2914
Veatch Grantee Working at the Border

Thus far, our summer has been filled with media coverage of the humanitarian crisis at the US/Mexico border where thousands of immigrants are housed at detention centers and living in deplorable conditions. Many among us feel helpless in the face of the horrific footage of immigrant children in cages and photographs of bodies lying dead on the banks of the Rio Grande river. Many of us wonder what organizations are doing to support an end to the nightmare that immigrants and refugees are currently confronting as they seek a better life in our country.

Veatch grantee United We Dream (UWD) is among the organizations that is mounting a grassroots response to the crisis at the US/Mexico border. UWD is the largest immigrant youth-led organization in the nation and its mission is to develop a sustainable grassroots movement to achieve dignity and fair treatment for all immigrants. It is currently running a campaign that demands that children in detention be reunited with their families immediately and that every individual who arrives at the border seeking asylum be allowed a fair chance at applying for protected status.

Follow this link to a recent New York Times article that references the work of United We Dream: “Children Shouldn’t Be Dying at the Border. Here’s How You Can Help.”

Social Justice Committee

On Wednesday evening, July 10, members of the UUCSR Social Justice Committee met for its annual pot luck supper and planning session. After sharing various dishes provided by members, the committee set to work to evaluate the past year and craft goals for FY 20. Members agreed that in some areas we had met our FY 19 goals, and in others there was room for improvement. (Visit MYUUCSR for a list of FY 19 Social Justice programs and services.)

Before I go into detail on the committee’s plan for FY 20, I’d like to share the SJ infrastructure at UUCSR. The Committee, which meets monthly on second Wednesdays at 7:30 PM, has several off-shoots that also meet monthly: the SJ Mental Health Subcommittee on the fourth Monday at 4:00 PM; the SJ LGBTQ Subcommittee, meeting day/time to be determined; the SJ Racial Justice Task Force on the fourth Wednesday at 5:45 PM; and the SJ Climate Justice Task Force on the third Wednesday at 7:00 PM. Additionally, the Climate Justice TF sponsors the Sustainable Eating Work Group which hosts cooking classes and educational programs throughout the year. As you can see, the Committee strives to cover a multitude of issue areas and to offer flexible meeting scheduling to accommodate the participation of as many members as possible. In future issues we will report on the goals of our many sub-groups. Today, I’d like to share the Committee’s issue areas for FY 20.

Through a process of discussion and “voting by dots,” the Committee chose Criminal Justice Reform, Immigration, and Civic Engagement as issue areas for FY 20. Additionally, the Committee will work to support the efforts of its subcommittees and task forces more fully. The focus on Criminal Justice Reform will include continued efforts to pass the NY HALT Solitary Confinement Act, and to support those suffering the torture of solitary; and efforts to improve conditions at the Nassau County Correctional Center through participation in the Nassau County Jail Advocates coalition. Through our Immigration focus, we hope to address several facets of the current crisis: to educate ourselves and the congregation and to offer opportunities for action on conditions among undocumented immigrants locally; nationally, especially at the southern border; and internationally, as refugees continue to flee violence, war, and conditions of starvation caused by climate change. Finally, as our democratic process suffers attacks on all sides, we see our Civic Engagement focus as an opportunity to offer training for voter registration and follow up efforts to Get Out the Vote.

We welcome new members for any and all of these groups. Watch UUCSR media for current information on meetings and activities!
For further information, please contact Social Justice Coordinator Claire Deroche: cderoche@uucsr.org, 516.472.2977.

Local Immigrant Families in Need: Families who lose their breadwinner to an ICE arrest are alone and without income. LI Jobs with Justice receives many calls for assistance from these desperate families. Contribute to the LI Jobs with Justice Solidarity Fund, which provides short term monetary help to families, with a tax-deductible contribution, in any amount, at https://longislandwj.org/donate/solidarity-fund/.

Assisting Children Being Held in Immigrant Detention: The following organizations are joining forces to provide for the basic needs of children being held in immigrant detention: Asylum Seeker Advocacy Project (ASAP); Kids in Need of Defense (KIND); Texas Civil Rights Project; and No More Deaths, a group sponsored by the UU Congregation in Tucson. To make a donation, go to http://tinyurl.com/y4q8mn5y You will be able to choose the organization you want to support. If you need more information about these organizations, just search for them on the internet. If you have other questions, please contact Social Justice Coordinator Claire Deroche.

Annual School Supply Drive: Each year the SJ Committee sponsors a drive to provide new school supplies for children in Hempstead. Please take a few Post-its from the poster in the main lobby and purchase the supplies. Leave them in the bin in the lobby. If you prefer, you can put a check in the collection plate made out to UUCSR with school supplies in the memo line, and we will make the purchase for you. Thanks for your participation!

Wednesday, July 17, 2019
Climate Justice Task Force Meeting, 7:00 PM, Office Conference Room. New York State has passed the Climate Leadership and Protection Act, a historic climate law that puts the state on a path to reaching net zero greenhouse gas emissions. What does this mean for our local communities? How can we work with our towns and villages to bring this about? Join UUCSR members working to answer this question.

Tuesday, July 23, 2019
Together to End Solitary Confinement, 6:30–8:00 PM, Worship Room and the Art Gallery. Advocates for ending prolonged solitary confinement gather every month, remembering those who are in segregated confinement 23 hours a day. After a vigil in the worship room to remember those in solitary, we will go to the art gallery for a screening and discussion of 43 Years: Meet the Man Held in Solitary Confinement Longer than any Prisoner in U.S. History. On March 29, 2019, Amy Goodman and Juan Gonzalez of Democracy Now interviewed Albert Woodfox, a former political prisoner, who was held in solitary confinement for 43 years until he won his freedom just over three years ago. Now he is traveling the world to discuss his new memoir, Solitary: Unbroken by Four Decades in Solitary Confinement. My Story of Transformation and Hope. Visit uucsr.org/events for details.

Program dedicated to the memory of Shirley and Stan Romaine
All Are Welcome • Refreshments will be served
For info contact Claire Deroche: cderoche@uucsr.org, 516.472.2977

OPPORTUNITIES FOR GIVING
Food and Clothing Donations: The Social Justice Committee of UUCSR sponsors several ways for members of the congregation to meet the needs of others for food and clothing. Please see the flyer on the table in the Main Lobby for complete details.
CLAUDE DEBUSSY La Mer

BENJAMIN BRITTEN Sea Interludes from “Peter Grimes”

EDWARD ELGAR Sea Pictures, op 37 with BLYTHE GAISSERT, mezzo-soprano Metropolitan Opera New York City Opera

A Symphonic Afternoon • Reception Following Indoors • Air-conditioned • FREE Donations Accepted • Ample Parking
2019 SUMMER CONCERT

This year’s Annual Summer Concert is focused on the theme of WATER! Water has been a subject of inspiration for music and art from the earliest known civilizations.

* Water is an essential element of life.
* 71 percent of the earth’s surface is covered by water.
* We live on an island surrounded by water. The marine environment is vital to our regional economy.
* Drinking water is an ever-more precious commodity on our densely populated island with high water tables.
* The entire UU Congregation at Shelter Rock property is located in the North Hills Special Groundwater Protection Area. UUCSR sits atop aquifers in an area identified by New York State and Nassau County as important in maintaining critical watersheds. UUCSR’s stewardship of its grounds protects the quantity and quality of Long Island’s groundwater supply through conservation and aquifer recharge.

Through the congregation’s Green Sanctuary Committee and other congregational programs, UUCSR provides ongoing support to organizations that work to preserve water quality and the environment: Food and Water Watch, Cornell Cooperative Extension of Nassau County, Ethical Eating, organic community supported agriculture, REWILD, and LI Media Task Force.

At the reception following this year’s Summer Concert, four not-for-profit organizations will be on hand with information about their efforts to protect Long Island’s water quality. We are grateful for their work, and encourage you to meet their representatives.

Citizens Campaign for the Environment (CCE)

CCE is an 80,000-member organization that works to empower the public to participate in the political process and thereby advance a strong environmental agenda.

Coalition to Save Hempstead Harbor (CSHH)

CSHH is a nonprofit organization, dedicated to identifying and eliminating environmental threats to Hempstead Harbor and surrounding communities. Its objective is to advance public interest in protecting and restoring our local environment to its full ecological and economic potential.

Save the Sound

The mission of Connecticut Fund for the Environment/Save the Sound is to protect and improve the land, air, and water of Connecticut and Long Island Sound. Save the Sound uses legal and scientific expertise to bring people together for the benefit of our environment for current and future generations.

The Nature Conservancy

The Nature Conservancy works to conserve the lands and waters on which all life depends. Today, it addresses the urgent challenges facing people and nature—tackling climate change, sustainable food and water, and building healthy communities. Across Long Island, it works to achieve cleaner waters, restored coastal habitats and fisheries, protected lands and renewable energy.

ART COMMITTEE

Shirley Arlt, Chair

Hot summer fun! This month we have the wonderful Summer Concert and an Art Show in honor of Music! The Long Island Center of Photography Members Exhibition on display July 13–August 13 has been over a year in the making. We hope you will take a moment to stop by the Gallery and feast your eyes on their compositions!

We also want to remind you that the Congregational Art Show is coming in August! So grab your camera, your paints, your needle and thread, or whatever your artistic medium of choice is, and share your creations with us. Drop off dates are August 11 and 15, with the Reception on Sunday, August 18, from 1:00–3:00 PM. Full details and registration forms can be found on the UUCSR website and in the Lobby.

MUSIC SCHOLARSHIP THANK YOU

To Barry Nobel and the Congregation of Shelter Rock,

I am extremely grateful to have been the recipient of the Edward Miller Memorial Music Scholarship. I was honored to be able to sing for you at the beautiful ceremony. I felt so special seeing my name on the scholarship board! All of the people I met that day were so wonderful to me and my family. I was impressed with the tour you gave us. You are an incredible group of people, and I am proud that I have received such a generous award from you. This scholarship has inspired me to be the best music teacher I can be.

Sincerely,

Kristin Ventricelli

July 17, 2019
I am retiring as Membership and Volunteer Coordinator at UUCSR effective August 1, 2019. Words can’t convey how privileged I feel to have served with you in this capacity over the years. The cherished relationships I’ve been blessed to have with so many of you, the many fond experiences that we’ve shared, and the opportunity to build a congenial, hospitable community together, add up to a gift for which I will always be grateful.

I first heard of this congregation almost 50 years ago. At that time, it had a different name and different location. I learned that this congregation was using its great inheritance from Carolyn Veatch to further social justice, to assist those who were unempowered and exploited, and to fund the publication of The Pentagon Papers by Beacon Press. I admired this congregation then, and after more than 12 years on the staff, I admire it still.

While a genuine beacon of social justice and good will, within and beyond our doors, I am also smitten by the Religious Education program, beloved by all ages alike; by the inspired music program, bringing out the talents of members as well as professionals; by our support of community artists of high quality; by our preservation of our land, saving an aquifer, so vital for Long Island, and for the Green Sanctuary committee enlightening us about environmental sensitivity. And I am deeply moved by the loving outreach offered by the Caring Committee and the congregation during times of personal hardship and tragedy; the support I received after the loss of my son, I will never forget.

This congregation also afforded me a personal miracle. One of the people I greeted one Sunday became my beloved wife, Andrea Starr.

I also appreciate the fellowship we’ve experienced at the annual retreats, as well as with luncheons, expeditions, and social gatherings on the premises during the course of the year. My heartfelt thanks to all who contributed to the hospitality program at the congregation. I also wish to pay tribute to the Emergency Preparedness Coordinators of the congregation, ready to reach out to members should a regional calamity strike.

Finally, I’m gratified for the way newer members have been welcomed by those of longer term standing, into congregational life. Eight of the new Committee Chairpersons for the upcoming congregational year, and one new Board member, have joined this congregation within the past five years. Other new members have made creative contributions in other important ways.

We have a proud past, and a promising future! I am happy to be a fellow member in the congregation, albeit no longer member-dash-staff.

My love and gratitude to you all, Godspeed, Ben Bortin

MEMBERSHIP COMMITTEE
Ben Bortin, Membership and Volunteer Coordinator

We mourn the death of... UUCSR member Arthur Rifkin, who died on Sunday, July 7, 2019. Arthur is survived by his wife Eva, son William Rifkin (Beth), daughter Deborah Rifkin and her partner Robin Tuttle, grandchildren Justin and Peter Rifkin, and sister-in-law Miriam Burdman (Chuck). A memorial service will be held at UUCSR in the UUCSR Worship Room on Saturday, August 10, at 11:00 AM. Expressions of sympathy may be sent to: Eva Rifkin, 74th Road, Great Neck, NY 11021

We regret to announce... The Rev. Judith Walker-Riggs (Interim Senior Minister with UUCSR, 1998–2000) died peacefully July 8, 2019. A small celebration of her life and ministry will be held in Atlanta, GA. Those wishing to celebrate her life and ministry are encouraged to donate to a cause of their choice. An address for cards of condolence will be available from the Ministers Assistant Kimberly Rossiter (krossiter@uucsr.org) and included in the August Quest.

We mourn with... Ruth Reeves the unexpected death of her daughter-in-law Antonette Reeves on July 8, 2019. Our hearts go out to Ruth, to her son and Antonette’s husband John, to their daughters Alicia and Jenny, and to their entire extended family. A funeral will be held at noon on Saturday, July 27, Church of the Intercessor, 50 Saint Thomas Pl, Malverne, NY 11565. Expressions of sympathy may be sent to Ruth at home: Ruth M. Reeves, 51 Circle Drive, Manhasset, NY 11030

We extend sympathies to... Katherine Miller upon learning of the death of her brother.

We hold in our hearts... Jerry Fishkin, who has been in the hospital for several weeks with multiple health problems. Cards and expressions of support may be sent to judyfishkin@email.net and Judy Fishkin, 7819 221st St., Bayside, NY 11364

We hope for the steady and swift healing of... Cheryl Schwab as she recovers from hip replacement surgery. Cheryl welcomes phone calls. Expressions of encouragement may be sent to her home: Cheryl Schwab, 254 Thompson Shore Rd., Manhasset, NY 11030-2241

We offer encouragement and strength to... Cathi Zillmann as she recovers from knee replacement surgery. Cards may be sent to her home: Cathi Zillmann, 464 Main Street, Apt. 203, Port Washington, NY 11050

We offer our hearty congratulations to... Marvin Brown, who was recently recognized by the Town of North Hempstead at their Senior Recognition Luncheon for his service to the community.

We remember those ... not named here, but who are living with disease of the body or mind or spirit. May they feel held in care by fellow members and the ministry team of UUCSR. If you are among them and would like a visit from a member of the Caring Committee or a minister, please contact the Assistant to the Ministers, Kimberly Rossiter, at krossiter@uucsr.org or 516.472.2941.
**GREEN SANCTUARY COMMITTEE**  
Jim Peters, Chair

This article reflects our stewardship of the earth and our commitment to the Seventh Principle.

**Plum Island Revisited**

Plum Island is known to locals near Orient Point, New York. It’s in the eastern section of Long Island Sound and consists of 840 acres. Until recently, 600 acres have received protection from government sale and private development. For decades, used as a high-security federal animal disease research center with restricted human presence, it also protected the island’s diverse species. Currently, it is being assaulted by special interests.

What the federal government wants to do is move the research facility to Kansas and auction Plum Island to the highest bidder under the auspices of the General Services Administration. However, a misinterpretation in 2009 of congressional language, allowed our government to surmise this means selling all of it. In fact, the language gives GSA wide discretion which can permit it to pursue a conservation sale. They could sell a portion of the island where the research center is located, yet conserve the other 600 acres of open space. But they are leaning toward well-financed interests, private developers, rather than an open public auction and NGO interests.

It is evident that any development will degrade the treasure that Plum Island is for those of us who want to see it as an official Long Island Sound stewardship site. This can be done with help from the Town of Southhold and its local zoning application. “The Town of Southhold passed zoning in 2013 that created a Plum Island Conservation District on nearly 80 percent of the island and Plum Island Research District on the rest to protect wildlife and habitats, while allowing for public access and research opportunities,” state Save the Sound and the Preserve Plum Island Coalition. This is indeed a critical safety net, but not the surest protection. What is needed is a federal action resulting in a conservation conveyance of the undeveloped portion of the island.

In 2019, Senator Blumenthal reintroduced S. 519, The Plum Island Conservation Act, (killed in the last three Congresses.) Also, H.R. 1578, the Plum Island Preservation Act introduced by Congressmen Zeldin and Courtney, asked for a repeal of the original Plum Island sale language. Federal and state funds have been allocated to the new facility in Kansas. Therefore, there is no reason to sell Plum Island except greed. Long Islanders need strong, protective legislation passed in the 116th Congress to save this vital region: Plum Island.

Elaine Peters for the Green Sanctuary Committee

**BOOKSTORE COMMITTEE**  
Brigitte Mueller, Chair

**UUCSR BOOKSTORE AND GIFT SHOP CLOSED**  
CHAIR position VACANT

It is hoped this closure during July and August is only temporary and a replacement for Brigitte Mueller, the retiring chair, will be forthcoming followed by plans to maintain operation. A past survey has indicated the congregation overwhelmingly wants the bookstore and gift shop to remain open. However, it must have a chairperson to oversee and delegate tasks to members of the Bookstore Committee who are responsible for maintaining and operating the store.

Our bookstore is here for the congregation’s benefit and intellectual stimulation, offering UU-related books and products for adults, children, and youth. Unitarian Universalist Association books published by Beacon Press and Skinner House are featured, as well as varied books of interest to UUCSR attendees and visitors. Some choices of the past year have been: *In My Own Words* by Ruth Bader Ginsburg; *Jewish Voices in Unitarian Universalism; Becoming* by Michelle Obama; *A Land More Kind Than Home*, a novel of Appalachia; a dozen or more books by black authors in our stock and advertised during Martin Luther King, Jr. month; and *The Mueller Report*. In addition to books, there are handsome chalices, big and small; jewelry, some with a UU motif; emblazoned tee-shirts, water bottles; mugs; bumper stickers; and more.

All are sorry to see Brigitte Mueller go and her time, talent and energy will be greatly missed, but hopefully the UUCSR Bookstore will remain and even flourish with the help of new leadership.

Lois Wolfson for the Bookstore Committee
WEDNESDAY, JULY 17, 2019
Women Talk Daytime, 12:00 PM, Art Gallery
Members’ Bridge Group, 1:00 PM, Ballroom
Women’s Group Book Series, 3:30 PM, Art Gallery
Nar-Anon Meeting, 6:30 PM, RE Room 19
Green Sanctuary Retreat, 7:00 PM, Art Gallery
Orchestra at Shelter Rock Rehearsal, 7:00 PM, Social Hall
Climate Justice Task Force Meeting, 7:00 PM, Office Conference Room
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room
Food & Water Watch Monthly Meeting, 7:30 PM, Veatch Conference Room

THURSDAY, JULY 18, 2019
Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Veatch Ballroom

FRIDAY, JULY 19, 2019
Safe Center Staff Retreat, 8:00 AM, Veatch House
Bridge Lessons & Game Play, 1:00 PM, Art Gallery

SATURDAY, JULY 20, 2019
Leadership Development Retreat, 9:30 AM, Veatch Ballroom
Caring Hearts - Quilters, 10:00 AM, Rooms 204, 205
Yoga, 11:00 AM, Art Gallery

SUNDAY, JULY 21, 2019
First Sunday SGM meeting (rescheduled), 1:15 PM, Office Conference Room
Stewardship Committee, 9:00 AM, Office Conference Room
All Congregation Retreat Wrap-Up Meeting, 9:30 AM, Bride’s Room
Bagel Breakfast, 10:00 AM, Social Hall
Music Rehearsal, 10:00 AM, Worship Room
Worship Service, 11:00 AM, Worship Room
Arts and Nature at the Rock: Summer RE Program, 11:00 AM, RE Wing
UU Café, 12:00 PM, Social Hall
Caring Committee - Birthday Celebrations, 12:30 PM, Social Hall

TUESDAY, JULY 23, 2019
Overeaters Anonymous, 10:30 AM, Veatch Ballroom
Together to End Solitary Confinement, 6:30 PM, Worship Room, Art Gallery

WEDNESDAY, JULY 24, 2019
Members’ Bridge Group, 1:00 PM, Veatch Ballroom
Student Activity Fund Workshop [2 of 2], 5:00 PM, Art Gallery
Racial Justice Task Force Meeting, 5:45 PM, Office Conference Room
Nar-Anon Meeting, 6:30 PM, RE Room 19
Orchestra at Shelter Rock Rehearsal, 7:00 PM, Social Hall

STEWARDSHIP COMMITTEE
Stewardship Committee, 7:00 PM, Veatch Conference Room
NAMI Family Support Group, 7:00 PM, RE Room 15
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

THURSDAY, JULY 25, 2019
Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Veatch Ballroom

FRIDAY, JULY 26, 2019
Board Orientation, 10:00 AM, Office Conference Room
Members’ Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

SATURDAY, JULY 27, 2019
Women’s Group Retreat, 9:00 AM, Veatch House
Caring Hearts Quilters, 10:00 AM, Rooms 204, 205
Shelter Rock Forum Retreat, 10:00 AM, Art Gallery
Yoga, 11:00 AM, Social Hall

SUNDAY, JULY 28, 2019
Bagel Breakfast, 10:00 AM, Social Hall
Music Rehearsal, 10:00 AM, Worship Room
Worship Service, 11:00 AM, Worship Room
Arts and Nature at the Rock: Summer RE Program, 11:00 AM, RE Wing
UU Café, 12:00 PM, Social Hall
Love and Stitches, 12:30 PM, RE Room 15
SGM Facilitators Training, 1:00 PM, Art Gallery

TUESDAY, JULY 30, 2019
Overeaters Anonymous, 10:30 AM, Veatch Ballroom

WEDNESDAY, JULY 31, 2019
Members’ Bridge Group, 1:00 PM, Veatch Ballroom
NAMI Family Support Group, 7:00 PM, RE Room 15
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room
Board Orientation, 7:30 PM, Office Conf Room

THURSDAY, AUGUST 01, 2019
Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Veatch Ballroom

FRIDAY, AUGUST 02, 2019
Adult OWL Training, 9:00 AM, RE Room 15
Members’ Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

SATURDAY, AUGUST 03, 2019
Adult OWL Training, 9:00 AM, RE Room 15
Caring Hearts Quilters, 10:00 AM, Rooms 204, 205
Yoga, 11:00 AM, Art Gallery

Hershkowitz Baby Dedication, 11:00 AM, Chapel

SUNDAY, AUGUST 04, 2019
Adult OWL Training, 9:00 AM, RE Room 15
Bagel Breakfast, 10:00 AM, Veatch Lobby
Worship Service-Special location due to Summer Concert, 11:00 AM, Veatch Ballroom
Arts and Nature at the Rock: Summer RE Program, 11:00 AM, RE Wing
UU Café, 11:00 AM, Veatch House
Summer Orchestra at Shelter Rock Concert - Worship Room, 1:00 PM, Worship Room
Reception for Summer Orchestra Concert, 2:30 PM, Veatch Lawn

TUESDAY, AUGUST 06, 2019
Overeaters Anonymous, 10:30 AM, Veatch Ballroom
Hiroshima Commemoration, 7:30 PM, Worship Room

WEDNESDAY, AUGUST 07, 2019
Planned Parenthood Staff Enrichment Day, 9:00 AM, Social Hall
Women Talk Daytime, 12:00 PM, Art Gallery
Members’ Bridge Group, 1:00 PM, Veatch Ballroom
Nar-Anon Meeting, 6:30 PM, RE Room 19
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room
Emergency Preparedness Meeting, 7:30 PM, Bride’s Room

THURSDAY, AUGUST 08, 2019
Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Veatch Ballroom

FRIDAY, AUGUST 09, 2019
Members’ Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

SATURDAY, AUGUST 10, 2019
Caring Hearts Quilters, 10:00 AM, Rooms 204, 205
Yoga, 11:00 AM, Social Hall
Arthur Rifkin Memorial, 11:00 AM, Worship Room

SUNDAY, AUGUST 11, 2019
Bagel Breakfast, 10:00 AM, Social Hall
Music Rehearsal, 10:00 AM, Worship Room
Worship Service, 11:00 AM, Worship Room
Arts and Nature at the Rock: Summer RE Program, 11:00 AM, RE Wing
Hiroshima Commemoration, 7:30 PM, Worship Room

Caring Hearts Quilters, 10:00 AM, Rooms 204, 205
Yoga, 11:00 AM, Social Hall

UU Café, 11:00 AM, Veatch House
Summer Orchestra at Shelter Rock Concert - Worship Room, 1:00 PM, Worship Room
Reception for Summer Orchestra Concert, 2:30 PM, Veatch Lawn

TUESDAY, AUGUST 13, 2019
Overeaters Anonymous, 10:30 AM, Veatch Ballroom

PROGRAM ANNOUNCEMENTS
Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations.
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WEDNESDAY, AUGUST 14, 2019
Members’ Bridge Group, 1:00 PM, Veatch Ballroom
Bookstore Committee Meeting, 5:45 PM, Bride’s Room
Nar-Anon Meeting, 6:30 PM, RE Room 19
NAMI Family Support Group, 7:00 PM, RE Room 15
Stewardship Committee, 7:00 PM, Office Conference Room
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room
Food & Water Watch Monthly Meeting, 7:30 PM, Veatch Conference Room

THURSDAY, AUGUST 15, 2019
Cornell Cooperative Extension Board Retreat, 9:00 AM, Veatch House
Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Veatch Ballroom
Congregational Artwork Drop Off, 2:00 PM, Art Gallery

FRIDAY, AUGUST 16, 2019
Congregational Art Show Installation, 9:00 AM, Art Gallery
Members’ Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

SATURDAY, AUGUST 17, 2019
Saturday INN Cooking, 9:00 AM, Main Kitchen
Caring Hearts - Quilters, 10:00 AM, Room 204, 205
Yoga, 11:00 AM, Art Gallery

SUNDAY, AUGUST 18, 2019
Childcare, 9:30 AM, RE Room 2
Bagel Breakfast, 10:00 AM, Social Hall
Music Rehearsal, 10:00 AM, Worship Room
Worship Service, 11:00 AM, Worship Room
UU Café, 12:00 PM, Social Hall
Caring Hearts Quilters, 10:00 AM, Rms 204, 205
Yoga, 11:00 AM, Art Gallery

TUESDAY, AUGUST 20, 2019
Overeaters Anonymous, 10:30 AM, Veatch Ballroom
NAMI Criminal Justice Committee, 3:00 PM, Bride’s Room

WEDNESDAY, AUGUST 21, 2019
Women Talk Daytime, 12:00 PM, Art Gallery
Members’ Bridge Group, 1:00 PM, Veatch Ballroom
Nar-Anon Meeting, 6:30 PM, RE Room 19
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

THURSDAY, AUGUST 22, 2019
Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Veatch Ballroom

FRIDAY, AUGUST 23, 2019
End of Summer Annual Lobster Fest, 6:00 PM, Veatch House
Together to End Solitary Confinement, 6:30 PM, Worship Room, Art Gallery

SATURDAY, AUGUST 24, 2019
Caring Hearts Quilters, 10:00 AM, Rms 204, 205
Yoga, 11:00 AM, Art Gallery

SUNDAY, AUGUST 25, 2019
Women’s Group Board Meeting, 8:45 AM, Veatch Conference Room
Childcare, 9:30 AM, RE Room 2
Bagel Breakfast, 10:00 AM, Social Hall
Music Rehearsal, 10:00 AM, Worship Room
Worship Service, 11:00 AM, Worship Room
UU Café, 12:00 PM, Social Hall
SGM Facilitators Training, 1:00 PM, RE Room 15

TUESDAY, AUGUST 27, 2019
Overeaters Anonymous, 10:30 AM, Veatch Ballroom

WEDNESDAY, AUGUST 28, 2019
Members’ Bridge Group, 1:00 PM, Ballroom
Program Council Retreat, 5:30 PM, Art Gallery
Nar-Anon Meeting, 6:30 PM, RE Room 19
NAMI Family Support Group, 7:00 PM, RE Room 15
Stewardship Committee, 7:00 PM, Veatch Conference Room
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

THURSDAY, AUGUST 29, 2019
Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Veatch Ballroom

FRIDAY, AUGUST 30, 2019
Members’ Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

SATURDAY, AUGUST 31, 2019
YAC Retreat, 8:30 AM, RE Room 6, 10, 15, Social Hall
Caring Hearts Quilters, 10:00 AM, Rms 204, 205
Yoga, 11:00 AM, Art Gallery

SUNDAY, SEPTEMBER 01, 2019
Childcare, 9:30 AM, RE Room 2
Bagel Breakfast, 10:00 AM, Social Hall
Music Rehearsal, 10:00 AM, Worship Room
Worship Service, 11:00 AM, Worship Room
UU Café, 12:00 PM, Social Hall

MONDAY, SEPTEMBER 02, 2019
Labor Day Holiday, 8:00 AM, Building Closed

TUESDAY, SEPTEMBER 03, 2019
Overeaters Anonymous, 10:30 AM, Veatch Ballroom
Nar-ANON Meeting, 6:30 PM, RE Room 19
NAMI Family to Family Classes, 6:30 PM, RE Room 15
BOT Agenda Planning Meeting, 7:00 PM, Veatch Library
DAC Meeting, 7:30 PM, Office Conference Room

WEDNESDAY, SEPTEMBER 04, 2019
Women Talk Daytime, 12:00 PM, Art Gallery
Members’ Bridge Group, 1:00 PM, Veatch Ballroom
SRI Committee Meeting, 7:00 PM, Veatch Conference Room
Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room
Membership Committee Meeting, 7:30 PM, Art Gallery

THURSDAY, SEPTEMBER 05, 2019
Yoga, 9:30 AM, Art Gallery
SJC INN Cooking, 9:30 AM, Main Kitchen
AA Meeting, 10:30 AM, Veatch Ballroom
Shelter Rock Forum Committee Monthly Meeting, 7:00 PM, Veatch Conference Room
Shelter Rock Forum Committee Monthly Meeting, 7:00 PM, Veatch Oval Room

FRIDAY, SEPTEMBER 06, 2019
Members’ Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom
RE Volunteer Welcome Back Dinner, 6:30 PM, Veatch House

SATURDAY, SEPTEMBER 07, 2019
RE Volunteer Orientation, 8:30 AM, RE Wing
Caring Committee Meeting, 10:00 AM, Office Conference Room
Caring Hearts Quilters, 10:00 AM, Rms 204, 205
Yoga, 11:00 AM, Veatch Ballroom
Caring Chefs, 11:30 AM, Main Kitchen

SUNDAY, SEPTEMBER 08, 2019
Childcare, 9:30 AM, RE Room 2
Bagel Breakfast, 10:00 AM, Social Hall
Music Rehearsal, 10:00 AM, Worship Room
Worship Service, 11:00 AM, Worship Room
UU Café, 12:00 PM, Social Hall
Play Rehearsal-Chekhov play, 12:30 PM, Veatch Terrace Room
LGHTQ Meeting, 12:30 PM, RE Room 4
Shavon Taylor and Song Han Commitment Ceremony, 12:30 PM, Worship Room
Love and Stitches, 12:30 PM, RE Room 15
Monday, September 09, 2019
Cabaret XVII Rehearsal, 2:00 PM, Social Hall

Visit UUCSR.org for additional calendar programs and events.
End of Summer Annual Lobster Fest

Friday, August 23, 2019

Live Music
The Septemberists

6:00 PM Cocktail hour
7:00 PM Dinner

Lobster Dinner or non-lobster dinners available.
Limit to 125 Participants – First come and paid – first served.
No exceptions – no payment at the door.

Member - $32.00 | Non-Member - $37.00
Non-Lobster Dinner Member - $20.00 | Non-Member - $25.00
Children’s Meal (10 and under/Non-Lobster) | $10.00

Contact Sharyn (sesposito@uucsr.org or 516.472.2960)
Deadline to RSVP and PAY by end of day Monday, August 19.
NO PAYMENTS AT DOOR WILL BE ACCEPTED – No exceptions.

SOULFUL SALUTATIONS

YOGA set to live music by THE COSMIC ORCHESTRA
Led by BEN WISCH & DENISE DELUCA

Tuesdays at 7:00 PM
Sept. 17 • Oct. 15 • Nov. 12, 2019
UUCSR Social Hall

$15 per person / per session
Register online at uucsr.org

COME RENEW YOUR BODY, MIND, HEART, AND SPIRIT.

This gentle Yoga practice is perfect for those who have never done yoga before as well as those with previous experience. The entire practice will be enriched by live music from members of The Cosmic Orchestra.