The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

Strengthening the Interdependent Web

2018-2019 Congregational Theme

February 6, 2019

See the Program and Event List Here

UPCOMING WORSHIP SERVICES

Friday, February 8, 2019, 7:30 PM

Soulful Sundown

The Rev. Jennifer L. Brower

Dinner ($4) 6:30 PM
Service 7:30 PM
with spoken word and
live music by the Cosmic
Orchestra. Free Coffee House
afterward features
musical guest
Toby Lightman

Sunday, February 10, 2019, 11:00 AM

Living Hope, Living Justice

The Rev. Mary Katherine Morn

We are honored to welcome the President and CEO of the Unitarian Universalist Service Committee (UUSC). Since UUSC's founding, Unitarian Universalists have been fundamental to UUSC's work advancing human rights. With our shared values under threat, there is an even louder call to collaborate and even more that we can accomplish together. Rev. Morn will share a sermon about how we can come together, with hope, to advance justice in the face of some of today's greatest human rights challenges.

At the end of the service, the RE dragon will make its annual appearance for the Lunar New Year.

To learn more about UUSC and meet Rev. Morn, please visit the Social Hall on Sunday, February 10, 9:45-10:30 AM for coffee and bagels.

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Transportation Assistance

UUCSR offers FREE transportation assistance to Sunday Worship and Soulful Sundown Services for members who are unable to travel due to physical or financial limitations. Contact Nicole Roman, Temporary Assistant to the Ministers, at ministry@uucsr.org or 516.472.2941 for an application.

TOUCHSTONES

The Rev. Jennifer L. Brower

Two Hands

Our January Soulful Sundown service was a call to live life with "two hands," to live an undivided life, to live in such a way that both of our hands are set to the same goal—living without the encumbrance of one hand being tethered to the safe and known and familiar in life.

As we heard in the lyrics of one song used in the service, we are "a house divided in our hearts and minds... I use one hand to pull you closer. The other to push you away..."

In this song, it is God that the singer wants to draw near and pushes away. But with or without God we all do the same thing. We use one hand to pull toward us that for which we yearn:

We want to be fitter, healthier, better read, a better friend, less isolated, more spiritual. We want to make more money. We say that we want to volunteer more. We want a healthier marriage. Or out of a relationship that is stifling. We want to be a better parent.

But our fear, our comfort with the familiar, our ambivalence, our aversion to risk, our doubt, our unwillingness to be changed—to do things differently—keep us from putting both hands to the task of living.

We get predictable results...and often mediocre results. And we think that things are just that way. Life is what it is, and the best that we are ever going to know.

What would it look like if we had two hands doing the same thing? What if we let go of our fears and doubts and our tendency to live by routine and habit? What if we had two hands seeking love, two hands practicing the discipline of patience, two hands digging into the work of building a world of greater compassion and mercy and equity, two hands cutting ties with that which is unhealthy or harmful to us, two hands reaching out to embrace the Holy, two hands committed to expressing our gifts, two hands serving the needs of the world.

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UPCOMING WORSHIP SERVICES

Continued from page 1

Sunday, February 17, 2019, 11:00 AM
Reconciliation and Restorative Practices
The Rev. Ned Wight

Is reconciliation a core commitment of Unitarian Universalism in the 21st century? Is our shared commitment to communal well-being as powerful as our commitment to individual freedom? These are questions that Rev. Ned will address in this exploration of "restorative justice" and "restorative practices," which some UUs are advocating as alternatives to "retributive justice" and "punitive practices." How might these alternatives inform everything from our stance toward criminal justice to the ways we deal with interpersonal disputes?

Sunday, February 24, 2019, 9:00 AM
Peace and Meditation Service
Facilitated by Cello Da Silva and The Rev. Ned Wight

Please join us in the Chapel for a brief time of reflection and meditation on peace at the beginning of a New Year.

Sunday, February 24, 2019, 11:00 AM
Managing Conflict
The Rev. Dr. Hope Johnson and Andrea Lerner

We are honored to have two members of the staff of the UUA Central East Region join us to impart their wisdom about managing conflict within congregations. The Rev. Dr. Hope Johnson and Andrea Lerner, Congregational Life Consultants, will expand our understanding of the inevitability of conflict in UU congregations and helpful ways in which it can be addressed to preserve institutional health and strength. In the afternoon, they will be leading a workshop for the members of UUCSR's Committee on Ministry to expand our own congregation's skill and capacity to

Sunday, March 3, 2019, 11:00 AM
Women's Group Service
Women's Group

March 8 is International Women's Day, whose theme this year is #BalanceforBetter—"Better the balance, better the world." To help observe this day, members of the UUCSR Women's Group will share stories of women from around the world who are doing extraordinary things.

MESSAGE FROM THE MINISTERS

In times of pastoral crisis, you may need to reach out to a member of the Ministry Team. Monday-Friday during regular business hours, please contact the Temporary Assistant to the Ministers, Nicole Roman, by phone or email: 516.472.2941 or ministry@uucsr.org. On weekends and after regular business hours, please call the live answering service at 516.795.0329.

TOUCHSTONES

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Whatever happens, the results would be like nothing we have known before. The outcome would rise to great heights; heights we may have some hint of, but haven't yet known. Heights we may struggle to believe even exist.

Because we are accustomed to living with one hand attached to what we already know and makes us feel safe...we are living smaller than we were born to live.

After that Soulful Sundown Service, I heard from members of our congregation and non-members who are part of the Soulful Sundown community, that they are ready to let go of the anchors that have kept them from following their bliss, from taking a chance on what might be for them. They acknowledge that the outcome is beyond their control, but they are ready to embrace their life's possibility...because the sands of time are shifting in the hourglass.

I am so excited for these people. But I am even more excited for those who have not told me that they are ready to live life with both hands, but who are considering it now. That is the first step in their glorious becoming.

When we begin to acknowledge the fears and doubts and tethers that keep us from living large, when we begin to embrace the possibility in our living, when we can approach life's tasks with both hands open, we can approach our shared congregational life with the same possibility and creativity and excitement for what we will experience here in our house of faith and fellowship.

I am excited for OUR glorious becoming.

UUCSR MINISTERS IN THE NEWS

Recently, UUCSR ministers have contributed to articles published in the regional newspaper *Newsday*, and to the digital *U.S. News & World Report* that provides news and analysis content.

In December, 2018, Rev. Dr. Natalie Fenimore contributed to an article about Kwanzaa, and Rev. Ned Wight contributed to a piece about faith and New Year's resolutions. Both articles were part of *Newsday's* "Ask the Clergy" series by Jim Merritt.

In January, 2019, Rev. Brower was quoted extensively in a *U.S. News & World Report* article about faith and senior care. Copies are available in the UUCSR Main Lobby.

Follow UUCSR on Facebook (www.facebook.com/uucsr/) for immediate notification of UUCSR and UUCSR ministers in the news. Visit uucsr.org/ministerialmessages for links to all three articles.

CONGREGATIONAL AFFAIRS

Ministerial Update:
Excerpts from the February 3, 2019, Congregational Meeting

Presented by Board of Trustee members: Klaus Masuch, president; Mark Hartman, vice president; Brian Muellers, treasurer; Jana North, trustee/acting secretary

Last year's ministerial survey results and information shared at related Town Hall meetings gave the Board a sense of what the congregation thought about the makeup of the ministerial team. The survey and meetings also introduced possible different ways to do ministry here at UUCSR. It became evident that most of us want to continue to have three ministers.

The Board also looked at past recommendations made regarding ministry at UUCSR in the lengthy document, "Historical Perspective on Governance, Ministry, and Mission, 1980–2016," compiled by Adam Barshack, Congregation Operations Administrator.

Based on surveys, research, and listening to the congregation, the Board has decided that the best ministerial path at this time is to hire a Developmental Minister.

We have tremendous resources here at UUCSR but we seem to lack clarity of purpose that aligns those assets toward a common mission. We need to take a serious look at our governance and organizational structures and also develop strategic priorities for growing our congregation, maintaining its vitality, and becoming the congregation we aspire to be. Engaging with a Developmental Minister will best position us to bridge the gap between who we are and who we can become. We love this congregation as it is today, but we know it can be so much more.

The January 18, 2019, letter from the Board that was mailed to congregants explained the need for hiring a Development Minister and asked for recommendations for people to serve on the Selection Committee for a Developmental Minister. Most of the Selection Committee's work will take place between March and October 2019. The seven-member Selection Committee, made up of two current Board Trustees and five members-at-large, will identify and recommend a suitable candidate.

A Developmental Minister has different skill sets from an Interim Minister and will likely spend less time in the pulpit and more time working with the Board and the congregation. This would impact on the other members of our ministry team, Rev. Jennifer Brower and Rev. Dr. Natalie Fenimore (currently on sabbatical until June), who will help decide how the responsibilities of ministry will be handled.

Congregants who wish more information about the hiring of a Developmental Minister at UUCSR, please contact a member of the Board of Trustees.

CONGREGATIONAL AFFAIRS

Committee Budget Meeting Notices
For Discussion of 2019-2020 Committee Budgets

Shelter Rock Forum	Thursday February 7	7:00 PM	Veatch Oval Room
Worship	Sunday February 10	9:15 AM	Bride's Room
Publicity & Promotions	Tuesday, February 12	7:30 PM	Bride's Room
Bookstore	Wednesday February 13	4:00 PM	Bride's Room
Social Justice	Wednesday February 13	7:30 PM	Art Gallery
Green Sanctuary	Thursday February 14	7:00 PM	Bride's Room
Small Group Ministry	Sunday February 17	9:00 AM	Bride's Room
Music & PerformingArts	Sunday February 17	12:45 PM	Veatch Conf. Room
Membership	Sunday February 24	12:15 PM	Veatch Library
Men's Group	Sunday February 24	12:30 PM	Veatch Conf. Room
Adult Programs	Wednesday February 27	5:00 PM	Veatch Conf. Room
Program Council	Wednesday February 27	7:30 PM	Veatch Ballroom
DAC	Monday March 4	3:00 PM	Office Conf. Room
Religious Education	Tuesday March 5	7:30 PM	Art Gallery
Women's Group	Sunday March 10	8:45 AM	Veatch Conf. Room
Worship (2)	Sunday March 10	9:15 AM	Bride's Room
Art	Tuesday March 12	4:00 PM	Office Conf. Room
Publicity & Promotions (2)	Tuesday, March 12	7:30 PM	Bride's Room

Congregational Town Hall Meetings for Budget Review

Thursday, March 14, 2019, 6:30-7:30 PM, RE Room 15
Sunday, March 17, 2019, 12:45-2:00 PM, Art Gallery
Wednesday, March 20, 2019, 2:00-3:00 PM, RE Room 15

Come voice your opinions, concerns and perspectives during the period of budget planning for the 2019-2020 UUCSR congregational year. Join members of the Finance Committee to listen and learn together to plan both our short-term and long-term futures. All are welcome.

LIFESPAN RELIGIOUS EDUCATION

Carson Jones, Lifespan Religious Education (RE) Coordinator

Poetry in Action

Pay attention.
Be astonished.
Tell about it.

These words of Mary Oliver, the recently departed poet and one of my very favorites, come from her poem, *Sometimes*. I've been keeping these seven words in my heart recently and they've become my newest meditative mantra. This practice has created space for me to reflect upon the past two Sundays, truly the best two Sunday mornings of my life.

I made my Worship Room storytelling debut on Veatch Sunday. A tremendous thank you to Veatch Executive Director Joan Minieri, and Program Officers Greg Johnson and Marjona Jones for inviting me to read *Horton Hears a Who!* as part of their vibrant and powerful annual Worship Service. Through reciting Dr. Seuss's tongue-twisting rhyming couplets, I paid attention to the energy I felt from the congregation at large. So alive! And I was astonished by your palpable resolve for justice. I am honored to walk alongside you as we live our Unitarian Universalist faith in action.

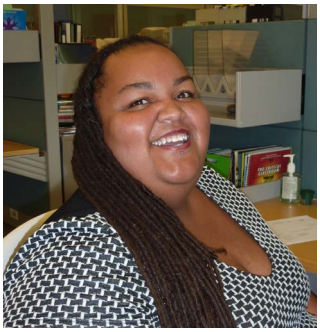
The previous Sunday in Children's Worship, we were blessed to hear two songs written and performed by 5th Grader, Mae Curiale. Back in October during Spirit Month, while sharing our joys with one another, Mae told us of her love for singing and playing guitar. Grade 4 RE teacher Ken Hughes, who was playing music in Chapel that morning, suggested that they perform together in Worship. Fast forward to when Mae and Ken connected to rehearse the John Lennon song they intended to play, and Ken asked to hear her originals. The next morning, I found two recordings in my e-mail. When our youth open up and shine their gifts, I always pay attention. And let me tell you, I was astonished. We all agreed Mae should play her compositions instead of *Imagine* as they fit the worship theme so perfectly! That Sunday, Grades 4-6 shared their inner selves in greater depth, illuminating their passions for ballroom dancing, horseback riding, acting, painting, writing, and soccer. Others lifted up their personal qualities of being kind, brave, and loving.

I close here as we did that day, with lyrics written by my new favorite poet, Mae Curiale:

Be you,
Be the best you, you can be,
'cause you're amazing.
Be what you want,
Be who you are,
'cause you're amazing.
I'll help you be amazing, and you'll help me too.
I'll help you be amazing, and you'll help me too."

YOUTH AND YOUNG ADULTS

India Harris, Youth and Young Adult Program Coordinator



As an older teenager, I spent a year as an Americorp Public Ally in Durham, NC. We were required to complete 1700 community service hours through our community job placement, service learning days and a group project. I was placed with an HIV/AIDS direct service organization and that experience challenged my assumptions from the beginning. Born in Washington DC in the 80s, my education around AIDS & HIV began at an early age. I sat in disbelief as our clients told us about relatives not allowing them to use the same dishes or thinking that the virus was passed as though it were a cold.

The virus was spreading quickly in the south due to misinformation, lack of government funding and the lack of engagement of local institutions. In response to the lack of institutional engagement, the organization recruited area congregations to join their faith ministries program. The faith ministries program developed care teams and matched them with care partners. The care teams were responsible for providing emotional, spiritual and material support to someone living with HIV or AIDS. The level of service and care the congregational care teams provided had the ability to be lifesaving. Service organizations across the country offer lifesaving services to their communities.

This year our congregation is partnering with Re-Member and Big Creek People in Action in offering two service learning trip opportunities to our youth and adult advisors. Re-Member provides the Lakota community with home improvement projects, meals and programs for youth on the Pine Ridge reservation in South Dakota. Big Creek People in Action provides educational services, housing rehabilitation, meals for school children, job readiness and other services to the residents of McDowell County, WV. We worked with Big Creek People in Action for our service trip in 2017 and are returning this summer. Service learning has a positive impact on those being served and on those providing that service. I hope that our young people experience another way of life during these trips and go on to challenge the system inequities that poverty creates in our country.

DENOMINATIONAL AFFAIRS COMMITTEE (DAC)

Robin Finnan-Jones, Chair

Explore the UU World Outside Our Congregation's Walls

As a UUCSR member, you may serve as DAC liaison to interesting and important affiliates, such as LIAC (Long Island Area Council); CER (Central East Region); UU-UNO (Unitarian Universalist United Nations Office); or Partner Church in Csiksereda, Transylvania. This could be a meaningful way of serving UUCSR while expanding your horizons. Please contact Robin Finnan-Jones, DAC chair at docfinnanjones@aol.com.

SOCIAL JUSTICE COMMITTEE

Claire Deroche. Social Justice Coordinator

What's Going on in Albany!

Since the convening of the 203rd New York State Legislature on January 1, 2019 the Assembly and the Senate have approved legislation with record speed. Governor Cuomo has signed into law bills addressing needs that many Unitarian Universalists care about. Three of them are the Gender Expression Non-Discrimination Act and Protections Against Conversion Therapy; the Reproductive Health Act; and a series of bills updating NYS voting laws.

According to the Transgender Legal Defense and Education Fund, the Gender Expression Non-Discrimination Act strengthens "New York State's Human Rights Law by banning discrimination based upon gender identity and expression throughout New York State." The transgender community, led by Juli Grey-Owens, the Executive Director of LITAC, the Long Island Transgender Advocacy Coalition, has advocated tirelessly for this legislation. A companion piece of legislation that "prohibits mental health professionals from engaging in sexual orientation change efforts with a patient under the age of eighteen years."

On January 22, Governor Cuomo signed into law a package of reproductive health care laws that strengthens a woman's right to choose. The Reproductive Health Act moves abortion from the state's criminal code and places it within public health law; expands who can perform the procedure; and legalizes abortion after 24 weeks in cases where it would protect a woman's health or where a fetus is not viable.

New York State has not updated its voting laws in decades. This month Governor Cuomo signed legislation that will close the LLC Loophole by limiting political spending on elections; allow for early voting; synchronize federal and state elections; allow 16- and 17-year-olds to preregister; and allow for the automatic transfer of a voter's registration when the voter moves. At a time when disenfranchisement of voters is rampant in other states, New York has finally responded to the need to modernize our electoral laws. Governor Cuomo has promised to finish the job and "enact additional reforms in this year's budget including automatic registration and extending upstate voting hours to once and for all make it easier for New Yorkers to make their voices heard at the ballot box."

SOCIAL JUSTICE ANNOUNCEMENTS

Responding to the Needs of Workers Affected by the Government Shutdown: Although the government shutdown ended on January 25, many workers will not immediately receive the back pay due them. LI Cares has been responding to the needs

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SOCIAL JUSTICE ANNOUNCEMENTS

Continued from previous column

of these workers for food and their supplies are running low. Please bring the donations of the non-perishable items on the attached list and place them in the LI Care box at the main entrance. Click here for the list of the ten most needed items. You can also donate on line at https://tinyurl.com/yalwl2rg and designate the donation for Government Workers or send a check to LI Cares at 10 Davids Drive (Harry Chapin Way) Hauppauge, NY 11788-2039 with Government Workers on the memo line. Flyers are available in the Main Lobby

Thursday, February 7, 2019
Cooking for the Guests of the Interfaith Nutrition Network (INN) from 9:30 AM–12:30 PM, Main Kitchen. Meals cooked will be delivered to three shelters run by the INN. For further information, contact Verna Livingston, 516.883.7999.

Sunday, February 10, 2019
Black History Month: Hear Rev. Dr. Calvin Butts Speak at 3:30 PM, Temple Emanuel, 150 Hicks Lane, Great Neck. In celebration of Black History Month, St. Paul A.M.E. Zion Church of Great Neck, under the leadership of Reverend Kathey Edwards, pastor, is proud to present guest speaker Rev. Dr. Calvin O. Butts, III, one of America's foremost spiritual leaders and educators. Rev. Butts will offer a talk at Temple Emanuel of Great Neck. The program is sponsored by the Ethnic Coalition and Faith Partnership whose members include UUCSR, the Chinese Center on Long Island, the Long Island Muslim Society, Temple Emanuel of Great Neck, the Tzu Chi Foundation, Saint Aloysius Roman Catholic Church, and Cellini Lodge #2206, OSIA, New Hyde Park. All are invited. Admission is free. Please RSVP to Rev. Ned Wight (nwight@uucsr.org) or Claire Deroche (cderoche@uucsr.org) if you plan to attend.

Wednesday, February 13, 2019
Social Justice Committee Meeting at 7:30 PM in the Art Gallery. We will be creating our committee budget for FY 20. Guests and new members are always welcome.

OPPORTUNITIES FOR GIVING

Current Campaign for the INN: We have temporarily suspended the collection of sheets and men's clothing for the INN until further notice. Thank you for your generosity.

Food and Clothing Donations: The Social Justice Committee of UUCSR sponsors several ways for members of the congregation to meet the needs of others for food and clothing. Please see the flyer on the table in the main lobby for complete details.

VEATCH NEWS

Marjona Jones, Senior Program Officer
Unitarian Universalist Veatch Program at Shelter Rock

Veatch Sunday Explores the Power of Democracy

Over 100 members of the Shelter Rock Congregation came together on January 27, 2019 to celebrate the 60th Anniversary of the Veatch Program and its current support of nearly 200 grantee partners throughout the country. The theme for Veatch Sunday, *Toward Democracy: Our Struggle to Create Community*, examined the importance of fostering a democracy that isn't exclusionary but that affirms all people. The Rev. Starsky Wilson, President and CEO of the Deaconess Foundation in St. Louis and co-chairman of the Ferguson Commission (formed after the tragic death of Michael Brown, Jr. in 2014), delivered a riveting sermon.

Rev. Starsky asked if the United States is truly a democracy when almost 3,000,000 people are locked up in prison, what he called, "actual cages," and are excluded from participation. When issues are difficult to grapple with, do we as a society toss them aside, or do we do the hard work of listening and opening ourselves up to lessons that benefit us all? These are important questions for our country as we struggle with mass incarceration, rampant inequality, and systemic oppression.

After the Worship Service, which also included the Religious Education students and families, congregants gathered in the Social Hall and asked questions of a panel moderated by Rev. Wilson. The panelists were Mary Hooks, Co-director of Southerners on New Ground (SONG) in Atlanta; Zachary Norris, Executive Director of Ella Baker Center for Human Rights in Oakland; and Jessica Juarez-Scruggs, Interim-Policy and Legislative Director of People's Action Institute based in Chicago. They further discussed the need to end the cash bail system that targets low-income people of color, creating alternatives to incarceration, and fighting for people targeted by ICE, and family separation.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

MUSIC AND PERFORMING ARTS

Stephen Michael Smith, Music Director

CALL FOR SINGERS!

MUSIC SUNDAY 2019

DUKE ELLINGTON SACRED CONCERT

with Chorus, Jazz Orchestra, vocal and instrumental soloists, and dancers

REHEARSALS: **Thursday evenings 7:30 - 8:30 PM**
WEEKLY: **January 24 through April 11**
PERFORMANCE: **Sunday, April 14, 2019**

Don't miss the opportunity to be part of this exciting musical journey and exploration with the music of **Duke Ellington!**

Contact **Music Director Stephen Michael Smith** (ssmith@uucsr.org) or a **Choir Member** or **Music Committee Member**.

MEMBERSHIP COMMITTEE

Ben Bortin, Membership and Volunteer Coordinator

Membership Matters

We cordially welcome to the congregation **Ilene and Larry Hass**. Ilene and Larry signed the Membership Book on December 14, 2018, and I hope their spiritual journey with us is a most rewarding one.

Ilene grew up in Queens, NY. When she got married, she moved to Lynbrook, then Massapequa Park, and now lives in Syosset. Her pastimes include reading books, taking walks, collecting beach shells, and cooking. She was attracted to the congregation because of the wonderful things she'd heard about Unitarian Universalism from a family friend.

Larry was born in the Bronx, and at the age of five, moved to Flushing, Queens. A graduate of LIU Post, Larry was raised in the Jewish faith. After mentioning that he was looking for spiritual rejuvenation, some friends suggested Unitarian Universalism. Looking at several different Congregations, Larry, along with his family, found that the UU Congregation at Shelter Rock best met their needs.

He likes to read, do *New York Times* Crossword Puzzles, and take walks with his wife.

It is a delight to have Ilene and Larry with us.

Chess Corner

Interested in playing chess?

A Chess Corner will be at the back of the UU Café on second Sundays, 12:15 PM. The next one will be on February 10, 2019.

Contact Ben Bortin, BBortin@uucsr.org or 516.472.2934 for details.

MILESTONES

We mourn with… UUCSR member Lilyan Strassman whose partner Sheldon (Shelly) Turtletaub died on Wednesday, January 30, 2019 following a long illness. A Memorial Service will be held at UUCSR on Sunday, March 3, 2019, at 1:30 PM in the Worship Room. Shelly was an active participant in the local community and in the UUCSR music programs for many years. Cards of condolence may sent to: Lilyan Strassman, 464 Main St Apt 305, Port Washington, NY 11050

THANK YOUS

My sincere thanks to our UUCSR family for the beautiful pillows sent by Shelter Rock Caring Hearts Quilters. They are a help as I continue healing from cardiac surgery. I will treasure them.

Richard Bock

MEMBER EVENTS

Lunch Bunch

Celebrate Lunar New Year by joining UUCSR members and friends for lunch
Thursday, February 21, 1:00 PM
Pearl East, 1191 Northern Blvd., Manhasset 516.365.9898
$30 cash, inclusive of tax and tip
Contact Ben Bortin for information, BBortin@uucsr.org, 516.472.2934.

GREEN SANCTUARY COMMITTEE
Jim Peters, Chair

This article reflects our stewardship of the earth and our commitment to the Seventh Principle.

Recycling Matters

Curbside and clutter stuff should all be recycled, not end up as unnecessary trash in our landfills. In fact, we can recycle everything from our closets, and almost everything else we think goes in the trash. We can manage "throwaways" better. Here are some guidelines to follow.

Everything we donate will get used. Worn or torn! The only exception is when an organization says: "gently used clothing only." Otherwise, donate everything from textiles: shoes, belts, linens towels, accessories, curtains, stuffed animals, ties, undergarments, purses, pillows, pet beds, and pet clothing. But mildewed, stained, or covered with paint or chemicals are not permitted. According to the Environmental Protection Agency, the average American throws away seventy pounds of clothing each year. That means 85% will end up in landfills unless we are wiser.

Some facts about donations or clothes should be understood. "Only a small portion of clothing donations—just 20 percent—ever hits the sales floor," says Pietra Rivoli, author of *The Travels of a T-shirt in the Global Economy*. The other 80 percent is used differently. She says that 45 percent ends up as second-hand clothing; 30 percent is cut up as rags or wipes used by bartenders, auto mechanics, painters; 20 percent is shredded for carpet padding, acoustical tiles, car sound dampening, recycled fiber for clothing." Only 5 percent is waste. Most of us, do not realize the value of our closet stuff; just remember to donate it all.

Curbside recycling is another matter. Laws constantly change. Currently, for example, in Oyster Bay, no glass bottles are recycled: they are part of the garbage. In recycling cans only plastic and aluminum are allowed with clean cardboard tied alongside. Seeking a glass market is the answer when there is no single-stream recycling. However, we can construct glass deposit centers close to homes. Discarded uncontaminated glass—green, brown, or clear—is usable as landfill cover and as sand in road projects. However, until we locate recycling companies that will take glass, we should use them wisely.

Last is the plastic problem. Without recycling and reuse by 2050, there could be more plastic in our ocean than fish. The American Chemistry Council has another idea: non-recycled plastics (NRPs) added to chemical recycling, called gasification is transforming waste into fuels. Our greenhouse gases will be reduced and up to 76% by-product that enters landfills. Recycling matters. We all can reduce waste by making better decisions.

Elaine Peters for the Green Sanctuary Committee

ADULT PROGRAMS COMMITTEE
WinterFlower Regla Robinson, Chair

Soulful Songs & Stories
Friday, February 15, 2019, 7:00–8:30 PM, Room 14

When "things fall apart; the center cannot hold" (W.B. Yeats) what do you do, turn to, hold on to? A person, a principle, a substance, a thing, a book, music, art? Or do you just "let it be?" Join us as we seek to find meaning in Bishop Briggs' song, *Hold On* (www.j.mp/uucsr24) by sharing our experiences and telling our stories. Join like-minded seekers on the road less traveled for the joy of discovery, laughter, revelation in a safe space, and forging connection. We start promptly at 7:00 PM; follow the signs for the Chapel, and park in the rear parking lot. Register with Jessica Pond (JPond@uucsr.org or 516.472.2914) or just drop in.

HADLEY HOUSE HAPPENINGS
Hadley House Residents Council

What's Up at Hadley House? It has been the best of times and the worst of times…

In late November, a flood caused by a plumbing leak burst in the middle of the night. When discovered in the early morning, it had already flooded three floors and ten apartments. Four residents needed relocation. Hadley House residents once again faced the problem as a community. Neighbors helped neighbors in need. We are most fortunate to have the support of both our long-time social worker Susan Bagnini, and our resident manager Joe Corradetti, whose excellence and sensitivity were never more evident than during the deluge and the aftermath. The immediate emergency behind us, December holiday celebrations were embraced by all and restoration work is underway.

It has saddened us greatly to lose three of our dear friends and neighbors in the last three months, Jean Heacock, Barbara Shea, and Bill Goodman, good folks and long-time Unitarian Universalists.

The kitchen renovation has started on schedule. So it is a time of restoration throughout the building. Our resident-run regular activities continue using the Solarium more often, which is a beautiful sunny space in the afternoons. Lilyan Strassman's meditation and Qi Gong monthly is especially helpful and comforting during the events of the last three months. The Art Group, Book Discussion Group and Exercise programs have resumed. Weekends are bookended with our standing Friday social chats in the Solarium, and a new Monday Mingle on Monday afternoons. Movie night on Sundays continues to draw many residents to view new and old feature films. Smaller gatherings spontaneously organized are always happening in the hallways and social areas. And the recent lunar eclipse was observed from our roof deck by a few hardy souls.

As we move into the new year, it is with hope and anticipation for the future, for spring, and the full restoration of our beautiful home.

Nancy Jacobson, Barbara Singer, Roz Levinson, and Jerry Jalazo

WOMEN'S GROUP

Sandra Hazel Frank, Women's Group President

Women and the New Congress

The first and last time I heard the word, kvelling, was at an event to celebrate one of my daughter's accomplishments. With a rapturous smile, my dear friend said, "I'm kvelling, I'm just kvelling". As I had no idea, she explained that it meant great pride and happiness. The word came back to me as I learned about the waves of women elected to the 116th Congress. I'm sure many of you share this feeling.

In a series of portraits and quotes from the new Congress in the *New York Times*, the members explained why they chose to serve. Maria Cantwell of Washington said, "Helping others improve their lives is a lifetime calling." Kathy Castor of Florida hopes to lift families. Maggie Hassan of New Hampshire wants to ensure equal opportunities for children with severe disabilities like her son. Rashida Tlaib of Michigan feels that the poorest should have a seat at the table. Lauren Underwood of Illinois has a preexisting condition and understands the importance of health care. Tammy Duckworth, an Iraq war veteran and double amputee from Illinois will advocate for veterans. Ann Kirkpatrick of Arizona ran for her grandchildren. Susan Wild of Pennsylvania couldn't sit on the sidelines any longer. Grace Napolitano of California hopes to make a difference for the disenfranchised, the immigrant community and the poor. Many of these look like Social Justice issues that we work on. If improvements are made in these areas, we may really have a more just and joyful world. Reasons enough to kvel?

There are so many interesting "firsts." Ayanna Pressley became the first black congresswoman from Massachusetts. Kyrsten Sinema became the first woman, the first openly bisexual person. Lucy McBath ran to prevent tragedies like the one that happened to her murdered son. Mary Gay Scanlon of Pennsylvania gained asylum. Kim Schrier of Washington is the only female physician. Nancy Pelosi is the highest ranking woman in history. Rashida Tlaib is the first Palestinian-American. Sharice Davids is the first Native American and openly lesbian. The youngest woman to serve, at 29, Alexandria Ocasio-Cortez, is from New York. Veronica Escobar and Sylvia Garcia became the first Latina. Lots of diversity is coming to the table in 2019. Are you bursting with pride?

These women of the Congress fill me with hope as well as pride. The amazing diversity of the new members as well their motivations to serve can move Women's Issues farther ahead and strengthen the interdependent web. Maybe, hopefully, more women will be inspired to run for office or to get more involved.

WG-Women Talk Daytime Series
First & Third Wednesday of each month in the Art Gallery
12 to 2:00 PM. Bring lunch [cookies & beverage provided]

Women's Group Book Series
Friday, February 15, 2019, ***Educated*** by Tara Westover
Led by Lee Geisen

BOOKSTORE COMMITTEE

Brigitte Mueller, Chair

Sustainable Health

Our congregant and choir member, Susan L. Roberts, has authored yet another book. It is titled *Sustainable Health: Simple Habits to Transform Your Life*, published in December, and available here in the UUCSR Bookstore. She has a degree in Occupational Therapy from Boston University and a master's degree from Harvard Divinity School and has practiced and taught widely, researched and written about treating the physical paths to a healthy life style. As she explains in the preface to this publication, "Occupational therapists define occupation more broadly than most people. We work on any and all activities, including the five occupations that form the framework of this book: playing, eating, sleeping, working and loving."

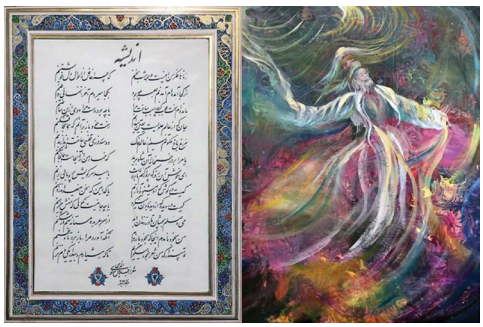
Roberts has managed to combine an extensive knowledge of present-day science (with added charts, tables and sources) and the ancient arts of Traditional Chinese Medicine (TCM) that focus on the five-element theory of fire, earth, wood, metal, and water into a treatise of tips and tools for better living. This manual also contains a series of fun, fascinating and therapeutic exercises that help to implement her skills and habits of self-care. In the very last sentence of her book, this author gives us a final example of her warmth and wisdom while tolling the value of touching one another, "We can extend our loving energy to elders. As they are, so we may be. Touch them as we would wish to be touched."

Please visit us in the Bookstore to chat and browse. We are open for one hour after the Sunday Service and located just off the Main Lobby.

Lois Wolfson for the Bookstore Committee

ART COMMITTEE

Shirley Arlt, chair



We are looking forward to the next Art Exhibit, featuring artists Roya Shamsdiba and Majid Khosrowshahian. The Artist Reception will be Sunday, February 17, from 1:00-3:00 PM. If you can't make the reception, we hope you will take the opportunity to visit the Gallery and enjoy the exhibit the next time you are in the building.

PROGRAM ANNOUNCEMENTS

Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations.

WEDNESDAY, FEBRUARY 06, 2019

SRI Committee Meeting, 7:00 PM, Veatch Conference Room

Stewardship Task Force, 7:00 PM, Office Conference Room

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

Membership Committee Meeting, 7:30 PM, Art Gallery

THURSDAY, FEBRUARY 07, 2019

Yoga, 9:30 AM, Veatch Ballroom

SJC INN Cooking - Thursday, 9:30 AM, Main Kitchen

Workplace Safety & Preparedness Training Cohort 4, 10:00 AM, Art Gallery

AA Meeting, 10:30 AM, Room 206, 207

Shelter Rock Forum Committee Monthly Meeting, 7:00 PM, Veatch Conference Room

Transition Team Meeting, 7:30 PM, Bride's Room

Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

FRIDAY, FEBRUARY 08, 2019

Members' Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

Soulful Sundown Supper, 6:30 PM, Soulful Sundown Service, 7:30 PM, Social Hall

SATURDAY, FEBRUARY 09, 2019

Caring Hearts Quilters, 10:00 AM, Rm 204, 205

Music Among Us - Rehearsal, 10:00 AM, Social Hall

Yoga, 11:00 AM, Art Gallery

SUNDAY, FEBRUARY 10, 2019

SGM Second Sunday- Early AM Meeting, 8:30 AM, Office Conference Room

Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4

Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room

Worship Committee (Annual budget discussion) meeting, 9:15 AM, Bride's Room

Choir Rehearsal, 10:00 AM, Worship Room

Bagel Breakfast, 10:00 AM, Social Hall

Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room

RE Classes, 11:00 AM, RE Wing

Worship Service, 11:00 AM, Worship Room

UU Cafe, 12:00 PM, Social Hall

Chess Games-All Welcome, 12:00 PM, Social Hall

Do You Believe?, 1:00 PM, RE Room 14

Music Among Us, 1:00 PM, Social Hall

Membership February Orientations, 1:00 PM, Art Gallery

CANCELLED Rescheduled -Small Group Ministry First Sunday Meeting, 1:00 PM

Our Whole Lives - Double Session, 1:00 PM, RE Room 18, 19

GA Delegate Review Meeting, 3:15 PM, Office Conference Room

Rev. Dr. Calvin O. Butts III - Black History Month, 3:30 PM, Temple Emanual-Great Neck

TUESDAY, FEBRUARY 12, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

Expeditions Planning Meeting, 2:30 PM, Bride's Room

Art Committee Meeting, 4:00 PM, Office Conference Room

Veatch BOG Meeting (Dinner), 6:00 PM, Veatch Conference Room

Nar-ANON Meeting, 6:30 PM, RE Room 19

Veatch BOG Meeting (Meeting), 7:00 PM, Veatch Conference Room

Kundalini Yoga, 7:00 PM, Veatch Ballroom

Personnel Committee Meeting, 7:00 PM, Veatch Oval Room

RE Committee Meeting, 7:30 PM, Art Gallery

Housing Board Meeting, 7:30 PM, Veatch Library

Publicity & Promotions, 7:30 PM, Bride's Room

Rehearsal - Chekhov's Three Sisters: Redux, Finally To Moscow, 7:30 PM, Veatch Terrace Room

Denominational Affairs Committee (DAC) Meeting, 7:30 PM, Office Conference Room

WEDNESDAY, FEBRUARY 13, 2019

Reach Out America, 12:30 PM, Social Hall

Small Group Ministry Second Wednesday AM Hadley House Meeting, 1:00 PM, Hadley House Community Room

Bridge Group - for UUCSR Members, 1:00 PM, Veatch Ballroom

Bookstore Committee Meeting, 4:00 PM, Bride's Room

Member Resource Committee Meeting, 6:00 PM, Veatch Library

NAMI Family Support Group, 7:00 PM, RE Room 15

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

Small Group Ministry Second Wednesday PM Meeting, 7:30 PM, RE Room 19

Social Justice Monthly Meeting, 7:30 PM, Art Gallery

Food & Water Watch Monthly Meeting, 7:30 PM, Veatch Conference Room

Nominating Committee Meeting, 7:30 PM, Bride's Room

Emergency Preparedness Meeting, 7:30 PM, Office Conference Room

THURSDAY, FEBRUARY 14, 2019

Yoga, 9:30 AM, Art Gallery

AA Meeting, 10:30 AM, Room 206, 207

Green Sanctuary Monthly Meeting, 7:00 PM, Bride's Room

Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

FRIDAY, FEBRUARY 15, 2019

SGM Third Friday Meeting, 1:00 PM, Hadley House Community Room

Member's Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom

Soulful Songs & Stories, 7:00 PM, RE Room 14

Women's Group Book Series, 7:30 PM, Art Gallery

SATURDAY, FEBRUARY 16, 2019

Lunch Preparation for Residents of Hadley House, 9:00 AM, Veatch Kitchen

Caring Hearts Quilters, 10:00 AM, Rm 204, 205

Yoga, 11:00 AM, Art Gallery

Hadley House Luncheon, 12:00 PM, Veatch Ballroom

SUNDAY, FEBRUARY 17, 2019

Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4

Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room

Building and Grounds Meeting, 9:00 AM, Office Conference Room

Small Group Ministry (Annual Budget Discussion) Coordinators Meeting, 9:00 AM, Bride's Room

Choir Rehearsal, 10:00 AM, Worship Room

Bagel Breakfast, 10:00 AM, Social Hall

Worship Service, 11:00 AM, Worship Room

UU Cafe, 12:00 PM, Social Hall

Rehearsal - Chekhov's Three Sisters: Redux, Finally To Moscow, 12:30 PM, Veatch Terrace Room

Music and Performing Arts Committee (budget discussion) Meeting, 12:45 PM, Veatch Conference Room

Third Sunday SGM Meeting, 1:00 PM, Bride's Room

Membership February Orientations, 1:00 PM, Office Conference Room

Artist Reception - Roya S. & Majid K., 1:00 PM, Art Gallery

Rescheduled -Small Group Ministry First Sunday Meeting, 1:15 PM, Veatch Library

MONDAY, FEBRUARY 18, 2019

President's Day Holiday-BUILDING CLOSED, ,

TUESDAY, FEBRUARY 19, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

NAMI Criminal Justice Committee, 3:00 PM, RE Room 15

Small Group Ministry Third Tuesday Meeting, 7:00 PM, Bride's Room

Kundalini Yoga, 7:00 PM, Social Hall

Board of Trustees Meeting, 7:30 PM, Veatch Ballroom

Rehearsal - Chekhov's Three Sisters: Redux, Finally To Moscow, 7:30 PM, Veatch Terrace Room

WEDNESDAY, FEBRUARY 20, 2019

Women Talk Daytime, 12:00 PM, Art Gallery

Members' Bridge Group, 1:00 PM, Veatch Ballroom

LLS Myeloma Support Group Meeting, 6:00 PM, RE Room 16

Climate Justice Task Force Meeting, 7:00 PM, Art Gallery

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

Transcendentalism: Emerson, Parker, and Fuller, 7:30 PM, Veatch Library

PROGRAM ANNOUNCEMENTS

Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations.

THURSDAY, FEBRUARY 21, 2019

Yoga, 9:30 AM, Art Gallery

AA Meeting, 10:30 AM, Room 206, 207

Lunch Bunch - Pearl East, 1:00 PM, Manhasset

NAMI Sibling & Children of Peer Support Group, 7:00 PM, RE Room 17

Board of Trustees Meeting, 7:30 PM, Veatch Ballroom

Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

Community Forum with Laura Curran, 7:30 PM, Worship Room

FRIDAY, FEBRUARY 22, 2019

Cornell Master Gardner Luncheon, 10:00 AM, Social Hall

Members' Bridge Lessons & Game Play - for UUCSR Members, 1:00 PM, Veatch Ballroom

Dramatic Readings, 6:00 PM, Art Gallery

SATURDAY, FEBRUARY 23, 2019

Saturday INN Cooking, 9:00 AM, Main Kitchen

SGM Facilitators Meeting, 9:45 AM, Veatch Terrace Room

Caring Hearts - Quilters, 10:00 AM, Room 204, 205

Together to End Solitary Confinement, 10:00 AM, Chapel, RE Room 15

Yoga, 11:00 AM, Art Gallery

SUNDAY, FEBRUARY 24, 2019

Peace and Meditation Service, 9:00 AM, Chapel

Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4

Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room

Choir Rehearsal, 10:00 AM, Worship Room

Bagel Breakfast, 10:00 AM, Social Hall

Worship Service, 11:00 AM, Worship Room

UU Cafe, 12:00 PM, Social Hall

Special Membership Committee Budget Meeting, 12:15 PM, Veatch Library

Men's Group Meeting, 12:30 PM, Veatch Conference Room

Rehearsal - Chekhov's Three Sisters: Redux, Finally To Moscow, 12:30 PM, Veatch Terrace Room

Membership February Orientations, 1:00 PM, Office Conference Room

Music at Shelter Rock, Jazz Concert, 1:30 PM, Worship Room

MONDAY, FEBRUARY 25, 2019

Mental Health SJC Sub-Committee Monthly Meetings, 4:00 PM, Veatch Conference Room

TUESDAY, FEBRUARY 26, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

Nar-ANON Meeting, 6:30 PM, RE Room 19

Small Group Ministry Fourth Tuesday Meeting, 7:00 PM, Veatch Terrace Room

Kundalini Yoga, 7:00 PM, Veatch Ballroom

Committee on Ministry Meeting, 7:30 PM, Office Conference Room

Rehearsal - Chekhov's Three Sisters: Redux, Finally To Moscow, 7:30 PM, Veatch Library

WEDNESDAY, FEBRUARY 27, 2019

Bridge Group - for UUCSR Members, 1:00 PM, Veatch Ballroom

Adult Programs Meeting, 5:00 PM, Veatch Conference Room

NAMI Family Support Group, 7:00 PM, RE Room 15

Investment Committee Meeting, 7:00 PM, Office Conference Room

Inisfada-Zen Sitting Meditation, 7:30 PM, Social Hall, Bride's Room

Program Council Meeting, 7:30 PM, Veatch Ballroom

THURSDAY, FEBRUARY 28, 2019

Yoga, 9:30 AM, Art Gallery

AA Meeting, 10:30 AM, Room 206, 207

Finance Committee Meeting, 5:30 PM, Veatch Library

Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

FRIDAY, MARCH 01, 2019

Bridge Lessons & Game Play - for UUCSR Members, 1:00 PM, Veatch Ballroom

T.G.I.F. - Beach Ball Soccer, 7:30 PM, Art Gallery

SATURDAY, MARCH 02, 2019

Caring Hearts - Quilters, 10:00 AM, Room 204, 205

Theatre For Everyone - Rehearsal, 10:00 AM, Social Hall

Yoga, 11:00 AM, Art Gallery

SUNDAY, MARCH 03, 2019

Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4

Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room

Women's History Month Breakfast, 9:00 AM, Veatch Ballroom

Choir Rehearsal, 10:00 AM, Worship Room

Bagel Breakfast, 10:00 AM, Social Hall

Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room

RE Classes, 11:00 AM, RE Wing

Worship Service, 11:00 AM, Worship Room

UU Cafe, 12:00 PM, Social Hall

Rehearsal - Chekhov's Three Sisters: Redux, Finally To Moscow, 12:30 PM, Veatch Terrace Room

Theatre For Everyone - Rehearsal, 12:30 PM, Art Gallery

Rescheduled -Small Group Ministry First Sunday Meeting, 1:00 PM, Bride's Room

Do You Believe?, 1:00 PM, RE Room 14

Theatre For Everyone Play, 2:00 PM, Social Hall

MONDAY, MARCH 04, 2019

Denominational Affairs Committee (DAC) Budget Meeting, 3:00 PM, Office Conference Room

TUESDAY, MARCH 05, 2019

Overeaters Anonymous, 10:30 AM, Veatch Ballroom

Racial Justice Task Force Meeting, 6:15 PM, Veatch Conference Room

Nar-ANON Meeting, 6:30 PM, RE Room 19

Kundalini Yoga, 7:00 PM, Veatch Ballroom

RE Committee Meeting, 7:30 PM, Art Gallery

Agenda Planning Meeting, 7:30 PM, Veatch Library

Denominationial Affairs (DAC) Meeting, 7:30 PM, Office Conference Room

Rehearsal - Chekhov's Three Sisters: Redux, Finally To Moscow, 7:30 PM, Veatch Terrace Room

WEDNESDAY, MARCH 06, 2019

Women Talk Daytime, 12:00 PM, Art Gallery

Bridge Group - for UUCSR Members, 1:00 PM, Veatch Ballroom

SRI Committee Meeting, 7:00 PM, Veatch Conference Room

Inisfada-Zen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace Room

Membership Committee Meeting, 7:30 PM, Art Gallery

Nominating Committee Meeting, 7:30 PM, Bride's Room

THURSDAY, MARCH 07, 2019

LREDA Cluster Meeting, 9:00 AM, Veatch Ballroom

Yoga, 9:30 AM, Art Gallery

SJC INN Cooking - Thursday, 9:30 AM, Main Kitchen

AA Meeting, 10:30 AM, Room 206, 207

Finance Committee Meeting, 5:30 PM, Veatch Conference Room

Personnel Committee Meeting, 7:00 PM, Veatch Library

Shelter Rock Forum Committee Monthly Meeting, 7:00 PM, Veatch Oval Room

Transition Team Meeting, 7:30 PM, Bride's Room

Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

FRIDAY, MARCH 08, 2019

Members' Bridge Lessons & Game Play - for UUCSR Members, 1:00 PM, Veatch Ballroom

Mind the Gap Packing Event, 6:00 PM, Social Hall

Soulful Sundown Supper, 6:30 PM, Soulful Sundown Service, 7:30 PM, Social Hall

SATURDAY, MARCH 09, 2019

Caring Hearts - Quilters, 10:00 AM, Room 204, 205

Caring Committee Meeting, 10:00 AM, Office Conference Room

Yoga, 11:00 AM, Art Gallery

Grade 7 Sleepover, 7:00 PM, RE Wing

Visit UUCSR.org for additional calendar programs and events.

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK
48 Shelter Rock Rd. Manhasset, NY 11030 | 516.627.6560 | uucsr.org / uucsr@uucsr.org

February 6, 2019,

Minister for Pastoral Care
Rev. Jennifer L. Brower (jbrower@uucsr.org)
Minister of Lifespan Religious Education
Rev. Dr. Natalie M. Fenimore (nfenimore@uucsr.org)
Interim Senior Minister
Rev. Ned Wight (nwight@uucsr.org)
Congregation Operations Administrator
Adam Barshak (abarshak@uucsr.org)
Veatch Executive Director
Joan Minieri (joan@veatch.org)
Music Director
Stephen Michael Smith (ssmith@uucsr.org)
Membership & Volunteer Coordinator
Ben Bortin (bbortin@uucsr.org)
Lifespan Religious Education Coordinator
Carson Jones (cjones@uucsr.org)
Youth & Young Adult Program Coordinator
India Harris (iharris@uucsr.org)
Social Justice Coordinator
Claire Deroche (cderoche@uucsr.org)

Officers of the Congregation
President: Klaus Masuch
Vice President: Mark Hartman
Secretary: John Ryan
Treasurer: Brian Muellers

Members of the Board of Trustees
Marilyn Fischell
Shanti Carole Flot
Edwin Frank
Barry Nobel
Jana North
Robert Nuxoll
Rebecca Smith
Vic Weit

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Next *Quest:* Wednesday, February 20, 2019 | Deadline for Content: Thursday, February 14, 2019

on the record
COMMUNITY FORUM

With Nassau County Executive
Laura Curran

The first in a series hosted by
Blank Slate Media and the **UUCSR Shelter Rock Forum**
Sponsored by **Northwell Health**

The county executive will answer topical questions posed first by award-winning journalist and Blank Slate Media publisher Steven Blank and then in a question-and-answer period with members of the audience.

THURSDAY, FEBRUARY 21 | 7:30-9 PM
UUCSR WORSHIP ROOM

ADMISSION IS FREE
Registration not required for UUCSR members.
Public registration open at:
www.theislandnow.com/communityforum

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK
SHELTER ROCK FORUM PRESENTS

Guest Speaker:
FRANCES MOORE LAPPÉ

Author or coauthor of nineteen books, including
Diet for a Small Planet, with over 3 million copies sold.

Hope is Power

Her latest work is *Daring Democracy: Igniting Power, Meaning, and Connection for the America We Want*, coauthored with Adam Eichen. *Daring Democracy* focuses on the roots of the US democracy crisis and how Americans are creatively responding to the challenge.

THURSDAY, MARCH 14, 2019
7:30 PM • All Are Welcome
$5 Suggested Donation | Worship Room | RSVP: uucsr.org/lappe

The recipient of 18 honorary degrees, Frances has been a visiting scholar at MIT and University of California, Berkeley and, in 1987, received the Right Livelihood Award, often called the "Alternative Nobel."

She is co-founder of Oakland-based Food First and Cambridge-based Small Planet Institute, with her daughter, Anna Lappé.

Refreshments and book signing following speaking, questions & answers.

Questions? Please contact Sharyn Esposito at 516.472.2960 or sesposito@uucsr.org