UPCOMING WORSHIP SERVICES

Soulful Sundown
Friday, January 11, 2019, 7:30 PM
The Rev. Jennifer L. Brower

Dinner ($4) 6:30 PM | Service 7:30 PM with spoken word and live music by the Cosmic Orchestra. Free Coffee House afterward features musical guest Kerri Powers.

Sunday, January 13, 2019, 11:00 AM
3rd Source: World Religions
The Rev. Ned Wight

This is the third in a six-part sermon series focusing on the six sources of our UU faith adopted by the UUA General Assembly in the 1980s. The third source is “wisdom from the world’s religions which inspires us in our ethical and spiritual life.” Rev. Ned will offer example of insights from diverse religious traditions that enrich and expand our understanding of the spirit at work shaping and transforming human relationships and culture.

Sunday, January 20, 2019, 11:00 AM
White Fragility
The Rev. Ned Wight

Robin DiAngelo, an American academic, lecturer, and author studying race in America, has written White Fragility: Why It’s So Hard for White People to Talk about Racism, a best-seller published by the UUA’s Beacon Press. On this Martin Luther King Birthday weekend, Rev. Ned will explore some of her ideas as well as reactions to them from members of an Adult Programs seminar last fall. Following this service and UU café, a congregational meeting will take place in the Worship Room.

Sunday, January 27, 2019, 9:00 AM
Peace and Meditation Service
Facilitated by Cello Da Silva and The Rev. Ned Wight

Please join us in the Chapel for a brief time of reflection and meditation on peace at the beginning of a New Year.

TOUCHSTONES
The Rev. Jennifer L. Brower

In 2003, I delivered a sermon at UUCSR entitled, Walking Together, borrowing the title of the book Walking Together: Polity and Participation in Unitarian Universalist Churches by the late historian Conrad Wright. In that sermon I focused on our need, as an ever-evolving, theologically-diverse community of faith, to discern the unity within our diversity.

Now—all these years later—as we face some challenging, transformative congregational decisions (another budget season that will require us to place certain areas of congregational life ahead of others, exploring how best to meet our congregation’s needs for professional ministry, tackling some of the continuing, persistent challenges we’ve faced over decades) it remains critically important that we discern our purpose, and remind ourselves of the things which unite us all.

We need to the answer the questions of what we hold to be true theologically, what binds us together as a congregation, what it is that our congregation is called to be in this world—our clarity of purpose—and what knits all Unitarian Universalist congregations together.

This work will take us the rest of this year and longer. It will require each of us to be attentive listeners and exhibit generous patience. To tackle this task we will need some common, guiding structures to frame our thinking about who we are and what makes us “us.”

MESSAGE FROM THE MINISTERS

In times of pastoral crisis, you may need to reach out to a member of the Ministry Team. Please save and follow these instructions in a critical situation:

Monday-Friday during regular business hours, please contact the Assistant to the Ministers, Kimberly Rossiter, by phone or email: 516.472.2941 or krossiter@uucsr.org

On weekends and after regular business hours, please call the live answering service at 516.795.0329.

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Continued on page 2
Transportation Assistance
UUCSR offers FREE transportation assistance to Sunday Worship and Soulful Sundown Services for members who are unable to travel due to physical or financial limitations. Contact Kimberly Rossiter, Assistant to the Ministers, at krossiter@uucsr.org or 516.472.2941 for an application.

In addition to the Principles and Sources from which our Living Tradition is drawn, we need clarity about our “doctrine of the church.” By “doctrine of the church” I mean—as it was defined by the late Rev. Charles A. Howe—“an understanding by its adherents, of what a church should be, however imperfectly realized.” Howe went on to outline the key components of a “doctrine of the church.” I urge you to reflect upon and discuss with fellow congregants these components:

2. What constitutes a church? That is to say, what is the difference between a collection of religiously-concerned individuals and a congregation?
3. How are the boundaries of the congregation established? How is membership defined? What are the qualifications for membership? How are the qualifications of would-be members tested, and by whom?
4. What leaders or officers are essential to the well-being of the congregation? And what is their relationship to the body of the members?
5. Granting that ministers have an obvious responsibility to the congregations they serve, what responsibility do they also have to their fellow ministers?
6. Is some kind of community of congregations essential to their well-being, if not their being? How are particular congregations related to one another? What is the area of responsibility properly entrusted to denominational organization, and what kind of authority should it be granted?
7. What is the relationship of the congregation to the larger society? What are we called to do in this world, as required by our Principles?

For us to be effective agents of transformation in the lives of our members, and to help what is good in this fractured world to both flourish and thrive, we must begin to discuss these foundational issues of purpose, polity and participation within congregational life.

Our work is cut out for us. This will be no easy task. But I have faith—faith that endures after more than 17 years of ministry with the Unitarian Universalist Congregation at Shelter Rock—that it will prove to be the most meaningful work that we will undertake together.

Yours In Faith,
Rev. Jennifer

Veatch Grantee Ella Baker Center

Veatch Sunday, January 27, 2019, 11:00 AM
Toward Democracy: Our Struggle to Create Community
Guest Preacher the Rev. Starsky Wilson, Deaconess Foundation

Come celebrate faith in action. Rev. Starsky Wilson, President of the Deaconess Foundation in St. Louis, is an acclaimed organizer for justice and child well-being. A United Church of Christ pastor, he will explore how criminalization is a threat to our UU principles. Rev. Starsky will share how his leadership of the Ferguson Commission, formed following the tragic death of Michael Brown Jr. in 2014, led him to new insights on inclusive democracy. Toward Democracy: We all are called, and have the capacity, to create communities where everyone is valued and respected. A panel discussion will follow in the Social Hall from 12:45 to 2:30 PM.

Sunday, February 3, 2019, 11:00 AM
4th Source: Jewish and Christian Teachings
The Rev. Ned Wight

Rev. Ned continues his sermon series on UU Sources with a focus on the fourth source, “Jewish and Christian Teachings which call us to respond to God’s love by loving our neighbors as ourselves.” Unitarian and Universalist history is deeply steeped in the wisdom, worldview, and stories of Jewish and Christian scripture. Rev. Ned will trace the ways in which this history continues to influence the shape of Unitarian Universalism in the 21st century.

UNIQUE SUMMER EMPLOYMENT
ON STAR ISLAND

Star Island is a conference and retreat center founded on the traditions of Unitarian Universalism and the United Church of Christ. The island is 10 miles from Portsmouth, NH.

Applicants 18 or older work closely on the island’s remote setting. Season runs June 10–August 25, 2019. To apply, visit starisland.org/working. Application deadline is January 28, 2019.

Photo courtesy of Jessica Vega

Veatch Grantee Ella Baker Center
CONGREGATIONAL AFFAIRS

Meeting Notices

Sunday, January 20, 2019, 12:45 PM, Worship Room
Congregational Meeting for voting by eligible members

Good News

UUCSR is pleased to announce the upgrade of the Veatch House Ballroom piano with a donation of a Hammond spinet piano by Doug and Nancy Baldwin.

LGBTQ Affairs

For several years, the Social Justice Committee has had a LGBTQ Subcommittee. Due to lack of capacity, it has been largely inactive. Committee Chair, Diane Haney, and Social Justice Coordinator, Claire Deroche would be happy to hear from members about what needs this subcommittee could meet or activities it could provide. Please contact Diane at haneydh@gmail.com or Claire at cderoche@uucsr.org with your thoughts and suggestions.

Program Committee Information Tables
Committee Sundays

From January through April, the Program Council will sponsor information tables in the Lobby after Sunday Worship. This will provide an opportunity for members to become more informed on the activities of UUCSR's Program Committees and for committees to invite the participation of new members. Please see page 4 for a schedule.

DENOMINATIONAL AFFAIRS

The UUA Commission On Social Witness Update
Congregation Study Action Issues (CSAIs)

Every two years at the UUA General Assembly, delegates select a topic as a Congregation Study Action Issue (CSAI). This is the beginning of a four-year process that makes a CSAI a part of our UU policy. The topics in the past have been varied and always in keeping with broad UU Principles.

In 2016, the GA delegates selected the Corruption of our Democracy as the CSAI. Since our 2018 GA, the UUA’s Commission on Social Witness (CSW) has worked to create a statement that will become the final document that delegates will endorse in June 2019 at GA in Spokane, WA.

The results are now posted on the UUA website: www.uua.org/csw (click on social witness process). It will be a part of the agenda of the 2019 GA once our Unitarian Universalist congregations across the country VOTE to include it in the final agenda of the 2019 GA before February 1, 2019. All UUs have the opportunity to make recommendations regarding the document by going to the UUA website and sending comments to the Commissioners.

At Shelter Rock, it is on the agenda of our January 2019 congregational meeting. Please understand: the process is NOT a debate regarding the document; it is a vote to include it on the GA agenda next June. Please vote YES at the January 20, 2019 congregational meeting.

Richard Bock, Commissioner
UUA Commission on Social Witness

CARING COMMITTEE

Sponsored by the Caring Committee

Death Café

Sunday, January 13, 2019, 1:00 PM
Life is short...enjoy the time you have!
Visit deathcafe.com for more information.

Admission is free. Please register with Kimberly Rossiter, the minister’s assistant, 516.472.2941 or krossiter@uucsr.org

Death Café is a group-directed, casual discussion of death without an agenda or objective in an accessible, respectful, and confidential space. It is a discussion group, rather than a grief support or counseling session, to increase awareness of death to help people make the most of their finite lives.

Continued on page 4
The holiday season has come to its breathless conclusion. Before we even have a chance to ask ourselves, “Now what?”, the drugstores and crafting shops have tossed their Christmas wares into discount bins and Valentines have already begun to appear in their place. In a time of year when we’ve been bouncing from this event to that party, from relatives’ houses to homes of friends and back to our own, I ask everyone to hold their horses before rushing headlong into “Now what?”, and invite you all to make space for the intermediary contemplation, “So what?”

It may sound like a glib version of our 4th UU Principle, “a free and responsible search for truth and meaning,” but all too often we skip this most vital part of human experience. Without a period of reflection, a time to ask, “So what?” – how can we know if our experiences have value? What are worthwhile take-aways and what might we do differently in the future? What remains beloved tradition and what has become meaningless habit?

The cyclical process of What, So What and Now What, comes from David Kolb’s theory of experiential learning. This method comes up often in religious education professional development, and I find this concept applicable everywhere, not just in established educational settings. After all, every experience is an opportunity to learn and grow.

I recall one chilly December evening when I took part in a singularly restorative Advent meditation. When it came time to share reflections at the end, my commute home (my “Now what?”) flashed through my busy mind. I decided that squeezing myself into a crowded rush-hour subway was the surest way to lose these newly-gained insights forever, choosing instead to walk with my thoughts down 40 plus blocks of Madison Avenue in virtual isolation. I learned my most cherished spiritual reading through this meditation:

May I be filled with loving kindness
May I be well
May I be peaceful and at ease
May I be whole.

After any significant life event, be it the pinnacle of joy or a crushing loss or failure, making the leap to “Now what?” is the fastest road to disappointment and despair. Even worse, skipping the reflective step dooms us to retain nothing. Learn nothing. We need the “So what?” lest the “Now what?” forever be the same.

Experience, reflect, experiment, repeat.
Being a Witness for Undocumented Immigrants


Across our denomination, UU Congregations are responding to this crisis in many creative and effective ways: assisting migrants at the border; offering physical sanctuary; and raising funds for groups supporting migrants.

Many of our members have asked me why our Congregation hasn’t become a sanctuary congregation. For the past year the Social Justice Committee has been studying this issue. We have spoken with Congregation Operations Administrator Adam Barshak; with leaders of local organizations working directly with immigrants; and with members of the three sanctuary congregations on Long Island who stand ready to welcome undocumented immigrants, but so far have not housed anyone.

What we have learned through these consultations is that our location puts us at a distinct disadvantage. A sanctuary congregation needs to be easily accessible to the immigrant community so that anyone receiving sanctuary can maintain contact and connection with that community. Advocates urged us to put our time and effort into other means of supporting undocumented immigrants.

To enable more members of our congregation to engage in a ministry to the immigrant community, the Social Justice Committee is sponsoring a training workshop, “Accompanying Immigrants to Court Proceedings,” on Tuesday, January 22, from 2:00-4:00 PM in the Art Gallery. The workshop, facilitated by Anita Halasz and Richard Koubek of LI Jobs with Justice, will prepare you to be a Witness who can offer support before, during, and after the hearing; understand and record what happens during the hearing; and let the judge and ICE know that the person has community support, and that we are monitoring the fairness of the proceedings. Immigrants accompanied to their hearings have better outcomes than those who go alone. There is no charge for this workshop, but registration is required with LI Jobs with Justice: ahalasz.lijwj@gmail.com or call Anita Halasz: 631.348.1170 X304.

Please consider attending this program so that you can become more fully involved in our congregation’s efforts to respond to this crisis.

Wednesday, January 9, 2019
Social Justice Committee Meeting, 7:30 PM in the Art Gallery. At our January meeting, we will hear from Veatch Program Officer, Marjona Jones, who will update us on the vital work of the Veatch Funding Program at UUCSR. New members are always welcome.

Sunday, January 13, 2019
Martin Luther King Jr. Interfaith Service, St. Paul A.M.E. Zion Church, 119 Steamboat Road, Great Neck, NY 11024 at 3:30 PM. UUCSR, as a member of Ethnic Coalition and Faith Partnership, is invited to participate in a MLK Service at St. Paul A.M.E. Church. Please RSVP to Julia Shields at St. Paul’s, 516.466.9127.

Tuesday, January 15, 2019
Advocacy Day for Ending Prolonged Solitary Confinement, 6:30 AM–7:00 PM. Social Justice Committee members will be going to Albany to advocate for the passage of the HALT Solitary Confinement Act. For further information and to reserve your seat in the congregational van, contact Social Justice Coordinator Claire Deroche. The is no charge for this trip.

Wednesday, January 16, 2019
Climate Justice Task Force Meeting, 7:00 PM, Art Gallery. The results of the midterm elections provide opportunities to advance action to address climate change. Please come join us and be part of the solution.

Saturday, January 19, 2019
Cooking for Interfaith Nutrition Network (INN) Guests from 9:00 AM-12:30 PM in the Main Kitchen. Meals cooked will be delivered to three shelters run by the INN. Contact John Ryan at 516.487.5571 for information.

Tuesday, January 22, 2019
Accompanying Immigrants to Court Proceedings, Please see adjacent column.

Wednesday, January 23, 2019
Together to End Solitary Confinement, Worship Room, 6:30 –7:30 PM. Advocates for ending prolonged solitary confinement gather on the 23rd of every month, remembering those who are in segregated confinement 23 hours a day. This month, after our vigil, we will explore alternatives to solitary confinement through the video experiences of individuals incarcerated in the Colorado State Prison and hear Rick Raemisch, Executive Director, Colorado Department of Corrections explain “Why I Ended the Horror of Long-Term Solitary in Colorado’s Prisons.” (Click to flyer.)

OPPORTUNITIES FOR GIVING

Current Campaign for the INN: We have suspended this collection until further notice. Thank you for your generosity. We will let you know when the collection resumes. The Social Justice Committee of UUCSR sponsors several ways for members of the congregation to meet the needs of others for food and clothing. Please click to see the flyer with complete details.
VEATCH SUNDAY
January 27, 2019

Toward Democracy: Our Struggle to Create Community

Please see page 2 of this Quest for details about the special Worship Service planned for Veatch Sunday 2019.

We are thrilled that the Religious Education classes will be participating in the Veatch Sunday Service.

Ending the Criminalization of Vulnerable People: Veatch Grantees Panel Discussion

After worship, join us in the Social Hall from 12:45-2:30 PM for a panel discussion (and a slice of Veatch Happy 60th Birthday cake!).

While the administration is criminalizing targeted communities to justify stripping them of their rights and dignity, Veatch grantees are fighting back. Come hear from Veatch grantees who are on the ground, working on the following important issues to sustain our democracy:

- **Creating Alternatives to Incarceration** Veatch grantees in Oakland, CA are building a model site for workforce development, alternatives to incarceration, and organizing to revitalize their communities: Zachary Norris, Ella Baker Center for Human Rights.

- **Opposing the Use of Bail to Target Women** The Mama’s Day Bailout has become a national effort to bail women out of jail on Mother’s Day. It gives hope to women who would otherwise be unable to be reunited with their children after minor offenses. Many Veatch grantees now participate in the Mama’s Day Bailout, raising awareness about how the bail system targets and criminalizes women: Mary Hooks, Southerners on New Ground (SONG).

- **Fighting Family Separation at the Border** UUs and many Veatch grantees have been bearing witness at the border and organizing to end the immoral practice of family separation. Hear a first-hand account of what they have seen and what they are doing to protect families and change devastating policies: Jessica Juarez Scruggs, People’s Action Institute.

MUSIC AND PERFORMING ARTS
Stephen Michael Smith, Music Director

CALL FOR SINGERS!

**MUSIC SUNDAY 2019**
**DUKE ELLINGTON SACRED CONCERT**
with Chorus, Jazz Orchestra, vocal and instrumental soloists, and dancers

REHEARSALS: Thursday evenings 7:30 - 8:30 PM
WEEKLY: January 24 through April 11
PERFORMANCE: Sunday, April 14, 2019

Don’t miss the opportunity to be part of this exciting musical journey and exploration with the music of Duke Ellington!

Contact Music Director Stephen Michael Smith (ssmith@uucsr.org) or a Choir Member or Music Committee Member.

EDWARD MILLER MEMORIAL MUSIC SCHOLARSHIP FUND

Founded by the then Music Committee of UUCSR in June 2004, the Edward Miller Memorial Scholarship Fund honors the memory of Edward Miller (1943-1997), UUCSR Music Director and life-long music educator. The scholarships are to support music education. Recipients are chosen by the Nassau Music Educators Association.

Funding for the scholarship is generated by the annual Cabaret at the Rock, under the direction of UUCSR member Richard Bock. This year, due to the success of the 16th annual event, enough funds were raised to offer two $2,500 scholarships! Please encourage Nassau County graduating high school seniors (who are not UUCSR students) to visit www.uucsr.org for a scholarship application. Deadline for submissions is March 31, 2019.
Among the 22 people to join this congregation in 2018, it is a great pleasure to welcome and introduce two new members.

Joanne Delprete, a resident of Bethpage, grew up on Long Island, and has lived here pretty much continuously. Raised Roman Catholic, she says she has tried to live up to the teachings and doctrines of the Catholic Church; she naturally has been disturbed about the child sexual abuse scandals.

For Joanne, spirituality comes from nature, from the wondrous and unending beauties of the scenic environment. She is a birdwatcher, and has participated at the Teddy Roosevelt Sanctuary at Oyster Bay. She is also a master gardener, and grows plants with berries for birds, as well as flowers that are pollinators. I first met Joanne when she described a projected “development” in Hempstead Lake Park, that will mar the natural ecology of that lovely place.

What attracted her to Unitarian Universalism and this congregation is our Principles put into practice, and in particular, how our values motivate people to work for social justice. She was especially impressed, for example, at the letter-writing campaign, over the holidays to people in prison.

Tim Culp has lived almost all of his life in the New York City area, but has resided with his wife Joan (“Joanie”) on Long Island only for the past eleven months. He describes himself as culturally Jewish, “not religious by any means.”

Tim has enjoyed photography since he was 10 years of age, and continues to do so. He has also become a good, novice woodworker. Becoming more and more eco-conscious, he has expressed interest in the Green Sanctuary program of this congregation.

He and his wife, Joanie (also a new member) began attending UUCSR about 15 years ago. Now that they are Port Washington residents, they thought it would be nice to become more involved.

I echo the sentiments of the congregation in saying I am very pleased that both Joanne Delprete and Tim Culp are with us. May they find us a most welcoming community for their continued spiritual and personal journeys.

NEW: Chess Corner Sunday, January 13, 2019 at UU Café. Bring a chess set, if you are willing and able.
This article reflects our stewardship of the earth and our commitment to the Seventh Principle.

Curbing Food Waste

Americans are food wasters. Each day 150,000 pounds of food is wasted. Tossed out by households and food chains, fruits and vegetables are the biggest culprits with dairy and meat following. The United States spends $218 billion annually supporting an ineffective food system and bad habits. We grow, manufacture, process and distribute food, casually disposing, not assessing the cost. The healthiest Americans are the most responsible, overlooking imperfect fruits or vegetables.

Tackling food waste isn’t easy. Consumers spend little time learning about proper fruit and vegetable storage or the time and energy needed to prepare meals. Throwing food, including leftovers, into the trash is common. Composting is generally overlooked. Supermarkets lack a food waste reduction commitment. The Center for Biological Diversity rated stores on waste: Walmart - B, Trader Joe’s, Target, Whole Foods - D. Others donate food. At Fairway we pick up baked goods and produce once a week that the North Shore INN in Glen Cove receives.

We need a better food system. We should fund food recovery and offer an expansive composting system. We could offer a drop off place for participating households. Our rotting food clogs up landfills, and incinerators release the gas methane. Several states are working on this problem. Since 30 to 40 percent of all food is not eaten, tax breaks to farmers and small businesses are given for donated food complimenting limited liability and standardization of “use by” labels. Gradual restrictions are emerging. In 2015, the Environmental Protection Agency and the US Department of Agriculture set forth a new strategy. Produce less food, use the excess to feed the hungry, give scraps to livestock; use organic waste to produce energy or compost. Establish restrictions on waste going to landfills.

On Long Island, we can follow the lead of ACE (American Organic Energy). This company composts 5 million pounds of raw material: 17 percent is food waste, the rest leaves, etc. They turn this into soil, mulch, fertilizers, and are working on transforming it into bio-power. New York State has approved one measure: a tax credit for farmers who donate unharvested food to food banks up to $5,000 per year. California, Connecticut, Massachusetts, Rhode Island, and Vermont now restrict food and organic waste, compostable paper, and yard waste from landfills. Finally, curb individual food waste by buying smarter. Purchase what you know you will eat and not end up as trash.

Elaine Peters for the Green Sanctuary Committee
Announcing:

Women's Group Women Talk Daytime Topics

Our format is simple. On the first Wednesday of the month, we take turns by “going around” to discuss current events. On the third Wednesday of the month, we have open discourse about a previously agreed upon topic. Besides talking, we listen, learn, share information, and our individual stories. In the process we bond with each other and have a lot of fun.

Co-chairs: Kariann McVetty & Lois Wolfson
Chairpersons Emeritae: Annette McMahon & Doris Miller

2019 Topics

January 16, 2019
Tell us what you can about any or all of your four grandparents (your mother’s parents and your father’s parents), their names, where they grew up, and any brief details of their life. If you can’t do this, explain why.

February 20, 2019
Do you think having friends and a social network is good for your health? And do you find it more difficult, or easier, to have a social network than when you were younger? Why?

March 20, 2019
What is the scariest book you ever read? And the funniest?

April 17, 2019
Why do we put off doing things we want to do? How can one function better? How can we motivate ourselves to accomplish ordinary tasks such as writing letters, exercising? What can be done to declutter our closets and our lives?

May 15, 2019
What impact did your mother (or a mother surrogate) have on your sense of self—for better or worse?

June 19, 2019
Describe a teacher or teachers that you recall; what details do you remember about them? Did they have a positive or negative effect on you?

Interested in a CSA?

Community Supported Agriculture (CSA) provides an opportunity to purchase a share of produce grown on a small local farm. If there is significant interest, full and half shares of produce would be delivered to UUCSR. Participants must be available to pick up on appointed day and time each week during the growing season.

The prices range from less than $500 (half share) to $1,000 (full share, including fruit) depending upon the specific CSA’s offerings. Please contact Sharyn Esposito (sesposito@uucsr.org or 516.472.2960) to express your possible interest by January 30, 2019. All members and staff are welcome. Thank you.

Green Sanctuary Committee
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<th>Date</th>
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<td>WEDNESDAY, JANUARY 09, 2019</td>
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<td>Kundalini Yoga, 7:00 PM, Social Hall</td>
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<td>Board of Trustees Meeting, 7:30 PM, Veatch Ballroom</td>
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<td>DAC Meeting, 7:30 PM, Office Conference Room</td>
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<td>WEDNESDAY, JANUARY 10, 2019</td>
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<td>Yoga, 9:30 AM, Art Gallery</td>
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<td>Summer Concert Planning Meeting, 4:00 PM, Bride’s Room</td>
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<td>Members Bridge Lessons &amp; Game Play, 1:00 PM, Veatch Ballroom</td>
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<td>Senior Youth Conf, 5:00 PM, Multiple Rooms</td>
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<td>Soulful Sundown Supper, 6:30 PM, Art Gallery</td>
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<td>SATURDAY, JANUARY 12, 2019</td>
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<td>Board of Trustees Retreat, 9:00 AM, RE Rm 15</td>
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<td>Yoga, 11:00 AM, RE Room 6</td>
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<td>SUNDAY, JANUARY 13, 2019</td>
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<td>SGM Second Sunday- Early AM Meeting, 8:30 AM</td>
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<td>Great Books-Modern American Poetry &amp; Consuming Interests, 9:00 AM, RE Room 4</td>
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<td>Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room</td>
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<td>Worship Committee Meeting, 9:15 AM, Bride’s Room</td>
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<td>New Year’s Debriefing &amp; Stony Point Review Meeting, 9:45 AM, Veatch Lobby</td>
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<td>Bagel Breakfast, 10:00 AM, Social Hall</td>
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<td>Young People’s Choir Rehearsal, 10:00 AM, Choir Rehearsal Room</td>
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<td>RE Classes, 11:00 AM, RE Wing</td>
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<td>Grade 1 Parent Workshop, 12:45 PM, RE Rm 15</td>
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<td>Do You Believe?, 1:00 PM, RE Room 14</td>
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<td>Death Cafe, 1:00 PM, Veatch Ballroom</td>
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<td>Barbara Shea Memorial Svc, 1:30 PM, Chapel</td>
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<td>Martin Luther King Jr. Interfaith Service - St. Paul A.M.E. Zion Church, 3:30 PM, Great Neck</td>
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<td>TUESDAY, JANUARY 15, 2019</td>
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<td>Advocacy Day for Ending Prolonged Solitary Confinement, 6:30 AM, Albany</td>
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<td>Overeaters Anonymous, 10:30 AM, Ballroom</td>
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<td>Publicity &amp; Promotions Mtg, 6:00 PM, RE Rm 15</td>
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<td>Nar-ANON Meeting, 6:30 PM, RE Room 19</td>
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<td>Small Group Ministry Third Tuesday Meeting, 7:00 PM, Bride’s Room</td>
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<td>MONDAY, JANUARY 21, 2019</td>
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<td>BUILDING CLOSED-Martin Luther King Jr. Day Holiday</td>
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<td>TUESDAY, JANUARY 22, 2019</td>
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<td>Overeaters Anonymous, 10:30 AM, Ballroom</td>
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<td>Immigrant Accompaniment Training with L.I. Jobs with Justice, 2:00 PM, Art Gallery</td>
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<td>Nar-ANON Meeting, 6:30 PM, RE Room 19</td>
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<td>Small Group Ministry (Rescheduled) Fourth Tuesday Meeting, 7:00 PM, Veatch Terrace Rm</td>
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<td>Soulful Songs &amp; Stories, 7:00 PM, RE Room 14</td>
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<td>Women’s Group Book Series, 7:30 PM, Art Gallery</td>
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<td>SATURDAY, JANUARY 26, 2019</td>
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<td>Saturday INN Cooking, 9:00 AM, Main Kitchen</td>
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<td>Caring Hearts Quilters, 10:00 AM, Room 204, 205</td>
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<td>Yoga, 11:00 AM, Art Gallery</td>
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<td>SUNDAY, JANUARY 27, 2019</td>
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<td>Peace and Meditation Svc, 9:00 AM, Chapel</td>
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<td>Great Books-Modern American Poetry &amp; Consuming Interests, 9:00 AM, RE Room 4</td>
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<td>Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room</td>
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<td>Building and Grounds Meeting, 9:00 AM, Office Conference Room</td>
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<td>Coordinators Meeting for Small Group Ministry, 9:00 AM, Bride’s Room</td>
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<td>Choir Rehearsal, 10:00 AM, Worship Room</td>
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<td>Bagel Breakfast, 10:00 AM, Social Hall</td>
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<td>Young People’s Choir Rehearsal, 10:00 AM, Choir Rehearsal Room</td>
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<td>RE Classes, 11:00 AM, RE Wing</td>
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<td>Worship Service, 11:00 AM, Worship Room</td>
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<td>UU Cafe, 12:00 PM, Social Hall</td>
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<td>Love and Stitches, 12:30 PM, RE Room 15</td>
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<td>Congregational Meeting, 12:45 PM, Worship Room</td>
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Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations.
January 9, 2019

Music Committee Meeting, 12:45 PM, Bride’s Room
SGM Facilitators Meeting, 1:00 PM, Office Conference Room

MONDAY, JANUARY 28, 2019
Mental Health SJC Sub-Committee Monthly Meetings, 4:00 PM, Veatch Conference Room

TUESDAY, JANUARY 29, 2019
Overeaters Anonymous, 10:30 AM, Ballroom
Nar-ANON Meeting, 6:30 PM, RE Room 19
Kundalini Yoga, 7:00 PM, Veatch Ballroom
Everything You Wanted To Know About Transgender, Non-Binary & Intersex People, 7:00 PM, Art Gallery

WEDNESDAY, JANUARY 30, 2019
Bridge Group - for UUCSR Members, 1:00 PM, Veatch Ballroom
InisfadaZen Sitting Meditation, 7:30 PM, Veatch Ballroom, Terrace
White Supremacy Teach-In, 7:30 PM, Gallery
Nominating Committee Meeting, 7:30 PM, Bride’s Room

THURSDAY, JANUARY 31, 2019
Yoga, 9:30 AM, Veatch Ballroom
AA Meeting, 10:30 AM, Room 206, 207
Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

FRIDAY, FEBRUARY 01, 2019
Members Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom
T.G.I.F. Meaningful Collage, 7:30 PM, Gallery
InisfadaZen Retreat, 7:30 PM, Veatch Ballroom, Terrace Room

SATURDAY, FEBRUARY 02, 2019
InisfadaZen Retreat, 9:00 AM, Veatch Ballroom, Terrace Room
Caring Hearts Quilters, 10:00 AM, Rm 204, 205
Yoga, 11:00 AM, Art Gallery

SUNDAY, FEBRUARY 03, 2019
Women’s Group Board Meeting, 8:45 AM, Veatch Conference Room
Great BooksModern American Poetry & Consuming Interests, 9:00 AM, RE Room 4
Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
Choir Rehearsal, 10:00 AM, Worship Room
Bagel Breakfast, 10:00 AM, Social Hall
Young People’s Choir Rehearsal, 10:00 AM, Choir Rehearsal Room
RE Classes, 11:00 AM, RE Wing
Worship Service, 11:00 AM, Worship Room
UU Cafe, 12:00 PM, Social Hall
Love and Stitches, 12:30 PM, RE Room 15
Community Service Learning Session, 12:45 PM, RE Room 6, 10, 15
Small Group Ministry First Sunday Meeting, 1:00 PM, Bride’s Room
Membership February Orientations, 1:00 PM,
Everything You Wanted To Know About Transgender, Non-Binary, & Intersex People……

...but were afraid to ask!

Tuesday, January 29, 2019
UU Congregation at Shelter Rock
Art Gallery
48 Shelter Rock Road, Manhasset, NY 11030
7:00 - 9:30 PM
Doors open at 6:30 PM Program starts at 7:00 PM

This FREE and fact-filled forum will put an end to misinformation, confusion, and fear!

Everything You Wanted to Know About Transgender, Non-Binary & Intersex People

But Were Afraid to Ask!

Have you ever wondered what the term “transgender” actually means?

What is the difference between gender identity, gender expression, biological sex and sexual orientation?

What it’s like to experience life as a gender-expansive person?

This fact-filled Forum will put an end to misinformation, confusion and fear!

Our panel of transgender, non-binary, and intersex community members will talk openly about navigating in a world that is locked in the notion of only two genders.

Significant time will be allotted for audience questions!

Our panel is prepared to help clear up any confusion regarding questions or issues you might have!

Join us:
Tuesday, January 29, 2019
Doors Open at 6:30 PM Program starts at 7:00 PM
This event is free and reservations are not required.
All are welcome, and refreshments will be served!

At:
Unitarian Universalist Congregation at Shelter Rock
48 Shelter Rock Road
Manhasset, NY 11030

This program is brought to you by Gender Equality New York
www.facebook.com/GenderEqualityNY

facebook.com/genderequalityny