

Unitarian Universalist Congregation At Shelter Rock

WUG

WOMEN'S GROUP

EVENTS | HIGHLIGHTS | SCHEDULES



JULY 2018 – JULY 2019



UUCSR
WOMEN'S GROUP BOARD MEMBERS

JULY 2018 – JUNE 2019

BOARD OFFICERS

PRESIDENT	Sandra Frank
VICE PRESIDENT	Lee Geisen
SECRETARY	Diane Mansell
TREASURER	Leona Handelman

BOARD MEMBERS

IMMEDIATE PAST PRESIDENT	Judith Wylie-Rosett
BOOK SERIES CHAIRS	Patti Paris Renée Silver
FUND RAISING CHAIR	Maxine Dangler
GODDESSES-ON-THE-GO	Patti Paris Palma Torrisi
HOSPITALITY CHAIR	Susan Caravello
MEMBERSHIP CHAIR	Katherine Miller
NOMINATING CHAIR	TBD
PROGRAM CHAIR	Nina Weber
PUBLICITY CHAIR	Jo Rymer
WOMEN'S ISSUES	Maria Ceraulo
WOMEN TALK-DAYTIME	Kari Ann McVetty Lois Wolfson
HONORARY MEMBERS (NON-VOTING)	Edwin Frank Ann Jawin Mary Lardner Claire Paccione
BOARD OF TRUSTEES LIAISON	Jana North
WG LIAISON	Sharyn Esposito

OUR MISSION

To create a community of caring, committed women and men who are steadfast in their quest for equality, justice and peace.

To value ourselves and to value each other in order to advance women's rights.

To educate ourselves and others on women's issues so as to achieve equality of the sexes.

To enhance our spirituality and to affirm, advocate and support the development of feminist theology.

To be responsive to the needs and aspirations of our members by providing enrichment and support.

To extend our bonds of sisterhood to liberal religious women within and beyond our congregation and denomination.

Not enough change



IT'S ALL ABOUT THE 'BENJAMINS'

In 1951, women made about 64 cents for every dollar earned by men. The wage gap has narrowed over time, with today's women (age 15 and over) earning 78 cents for every dollar earned by men in 2016.

OUR COVENANT

We covenant and affirm to relate to one another with sensitivity, support in joys and sorrows, and recognition of special needs. We shall reach out in the spirit of appreciation, respect, support and honesty in accord with our UU principles. Further, our relationship shall be one of creativity, humor and play.

As empathic women who have concern for each other, we will listen to one another. Decisions will be made by consensus whenever possible. In all other cases a majority vote will be taken. In reaching decisions we will encourage flexibility, and sufficient time for exploration and process.

We work together through our commitment to the group by paying attention to our process, by empowering as many members as possible, being open to new and varied ideas, and by allowing time for ritual and celebration in order to nurture our spiritual selves. We will be responsive to the value of one another as unique and important human beings.

The Real Castle In The Sky

by Shakti Chris

We all heard the story of the girl,
Awakened by a kiss from a prince.
We all heard the story of the girl,
Who kissed the frog that became her prince.
We all heard those happily, after, stories
Told again and again through centuries

This is a story is of a girl who kissed many frogs
But found none who could break the witches' spell
A girl who marred by the illusory world
Was held prisoner by the wands holding the power
A girl who then learned to bow in reverence,
Sadly, learned to bow in ignorance
But who, luckily, oh so blessedly
Broke free from the world's vicious spell
Broke free all by her own, big, little self

That powerful curse didn't just break though
Following in a steady rhythmic beat of a drum
Nor through the knowing acquired by a university's degree
The stamping of a Harvard, Princeton, or a Yale, golden seal
Nor through learning by examples set and asked to believe.

Knowing came by taking the world into her own two hands
By twisting, turning and through the workings of faith
By listening to that One, Still voice from inside
The One that said she was she was Glorious!
Rather: Beautiful - Special - One of a Kind - more than Grand!

And although a fool to the world's eyes, she pursued on
To eventually have that veiled spell lifted
To release the Goddess from within
The one endowed with powers possessed by no earthly prince
Powers that didn't lead to the imagined castle in the sky
Nor to the anticipated, happily, ever, after
But led instead to that divine place inside
And unto that starlit staircase she climbed
To find the real castle in the sky



Sandra Frank, PRESIDENT



Lee Geisen, VICE PRESIDENT

LEADERSHIP MESSAGE

Sandra Frank

Lee Geisen

The enveloping silence of the ZEN sitting meditation is ended by the word AWAKEN. Not meaning wake up but awaken to your life and your world.

I'm feeling that finally this is the moment of awakening to move ahead in our quest for gender equality. With the #MeToo movement opening dialogue, we are awakening to the truths that an end must be put to what has been societally acceptable behavior of violating women physically.

Using the WG mission as our guide, we strive to work towards helping create a world where everyone is recognized for their inherent worth and dignity, the 1st principle, while embracing the respect of the interdependent web of all existence of which we are a part as our guide ...

Our 2018-2019 goals are to live our values by:

- Strategizing to create equity for women in all strata of society as a primary focus. To challenge and change social systems that tolerate and perpetuate abuse
- Helping enhance our spirituality based on a feminist theology that incorporates full humanity and affirms both sexes along with all races and social groups.
- Address women's and LGBT (lesbian, gay, bisexual and transgender) rights are deeply intertwined as homophobia normalizing gender stereotypes and ostracizing all who do not conform.
- Supporting organizations that assist and empower victims of family violence and sexual assault and provide access to reproductive health care for men and women.
- Collaborating with others to achieve the above goals.

Echoing the words of our Women's Issues chair, "So much still needs to be done." Join us.

ANNUAL REPORT 2017-2018

As I end the second year as the Women's Group (WG) president, I am grateful for all of the help I have received while serving as president. A special "thank you" goes to the outstanding WG board members, who are listed with their titles at the end of this report. I am blessed to be serving with Regla WinterFlower Robinson as the WG vice president. She brings wisdom, creativity and dedication for which I will be eternally grateful. Winterflower has also provided spiritual inspiration for program planning based on our UU Principles.

Sharyn Esposito, as our staff liaison, has provided the dynamic energy and boundless devotion that seem to magically transform our vague idea into successful WG programs and activities. I am eternally grateful for Sharyn's patience and wisdom as she anticipates needs and graciously fulfills our requests. My gratitude goes to Jennifer Sappell and Linda McCarthy for creating beautiful WG booklet, flyers for our individual events and event series, as well as for helping us with items for the Quest and Happenings. I thank the dedicated facility staff for their gracious patience and helpfulness as they accommodate our requests for setting up and cleaning-up after countless UUCSR activities.

PROGRAMS, ACTIVITIES, and ADVOCACY

Some WG events and activities in 2017-2018 have celebrated progress made toward achieving gender equity. Others have focused on challenges in eliminating economic and justice disparities related to gender, gender identity, sexual orientation as well as to racial/ethnicity and immigration status. We strive to focus on our first UU principle of recognizing the inherent worth and dignity of all when we encounter beliefs that may differ from our own. The WG welcomes

collaboration with men and encourages them to join and to participate in WG programs and other activities. Our activities and programs have included:

JULY WG BOARD ANNUAL PLANNING RETREAT

The 2017-2018 year started with the WG Board Annual Planning Retreat to review the past year's activities to choose program themes and topics that reflect our mission and interest of the WG members and program attendees.

FALL WG MEMBERSHIP DINNER

Leslee Rabb and Tracie Pulga of the Social Justice Committee Ethical Eating Group lead the preparation of a meal, which featured vegetarian food with a modern and seasonable twist. The program, by Dr. Georgette Grier-Key, Nassau County Community College Professor and historian, featured readings of excerpts from famous women and suffragists and excerpts from *Women in Long Island's Past: A History of Eminent Ladies and Everyday Lives* by Dr. Natalie Naylor and from *Running Scared Running Free* by Carolyn Brown. The New York State Museum traveling exhibition, *Votes for Women* by Dr. Jennifer Lemak was displayed.

WG DECEMBER HOLIDAY SALE

(Coordinated by Maxine Dangler with the assistance of Lynn Smith) - Sales of jewelry, scarves and brick-a-brack donations and baked goods raised money for Long Island programs that address the needs of children living in underserved communities.

WOMEN'S HISTORY MONTH BREAKFAST IN MARCH

This year's breakfast focused on the theme of "super power" with discussion questions related to finding our hidden talents and strengths. The

questions also addressed cultivating kindness as a talent.

WOMEN'S HISTORY MONTH WORSHIP SERVICE

The Worship Service workgroup received spiritual wisdom and guidance from the Rev. Jennifer Brower to address the appeal of “super heroes” in films and its applicability to our spiritual lives.

WG SPRING (PRE-MOTHER'S DAY) SALE

(Coordinated by Maxine Dangler) The sale focused on jewelry and scarves to raise money for the Community Organization for Parents and Youth (COPAY) which provides services to local families in need.

MOTHER'S DAY LUNCHEON

We focused on the theme of honoring the nurturer in all of us as we shared photographs and memories of mothers and others who provided us with nurturing.

ANNUAL WG LUNCHEON MEETING

At the annual meeting, we elected the WG leadership for 2018-2019. The luncheon program featured thrift shop shopping to look fashionable on a budget and to support a sustainable environment.

ONGOING ACTIVITIES

WOMEN'S ISSUES IN THE QUEST BY MARIA CERAULO

Maria, in her role as Women's Issues chair, disseminates timely information about legislation, policies, and practices that affect women. She follows the legislative agenda throughout the year as she educates and advocates on behalf of women in a Quest column. Maria welcomes suggestions regarding issues that need immediate attention for advocacy action.

THANK GODDESS ITS FRIDAY (TGIF) First Friday of the Month. Our TGIFs have included:

- **Thoughts of a Women Personified**—reading of monologues written by Carolyn Brown to characterize issues faced by women of different ages, life situations, experiences and feelings.

- **Pregnancy, Poverty and Punishment**—presentation by Lynn M. Paltrow, JD, Executive Director of National Advocates for Pregnant Women. Ms. Paltrow focused how low-income women, women of color, and drug-using women are targeted for punishment in cases emphasizing the personhood of the fetus.

- **Platinum Rule Workshop**—lead by Rev. LoraKim Joyner. The Workshop focused on examining empathy, honesty, and social and emotional intelligence to improve self-acceptance and to develop more vibrant relationships and deeper connections.

- **#MeToo**—Opening remarks by Rev Natalie Fenimore and discussion facilitated by Lilyan Strassman. The discussion addressed experiences with sexual harassment and strategies for dealing the residual emotional effects.

- **The Opposite Sex-Rene's Story**—Documentary film and discussion facilitated by Winterflower Robinson. The discussion focuses on examining the emotional interactions associated with gender reassignment process.

WOMEN'S GROUP BOOK SERIES

(Chaired by Renée Silver) - The monthly book discussions are scheduled for the third Friday of the month from September through June. WG members serve as facilitators and engage participants in sharing their perspective of the book for an enjoyable evening.

WOMEN'S TALK DAYTIME SERIES

(Co-Chaired by Lois Wolfson and KariAnn McVetty)

- Lois and KariAnn facilitate the discussion among the dozen or so attendees, although attendance may vary from six to sixteen. The group discussions focus on current events (first Wednesday) and selected topics (third Wednesday) to share knowledge and personal histories. It is structured so everyone has a turn speaking. All are welcome to attend.

GODDESSES-ON-THE-GO

(Co-chaired by Palma Torrisi and Patti Paris) - Palma and Patti lead this dynamic program of off premise activities. Outings included a trip to the Women's Rights National Historical Park in Seneca Falls, NY as well as trips to art exhibits and theatrical productions on- and off-Broadway.

CO-SPONSORING PROGRAMS & ACTIVITIES

The WG co-sponsored activities have included informational programs with the League of Women Voters, American Association of University Women (AAUW), and other UUCSR committees. Collaborative activities with community agencies such as Herstory, New Hour, and the Safe Center include collecting needed items e.g. old cell phones for reprogramming as 911 phones for victims of domestic violence for vulnerable women and children.

To the Women's Group Board Members who gave their time to come to meetings and work various events, as well as all of our WG members who helped make this another successful year, I thank you with deep appreciation.

In closing, during the past year, remarkable progress has been made globally with regard to dealing with abuses of power related sexual harassment as victims are sharing their "me too" experiences. However, power inequities continue to be challenging in dealing with sexism, racism, classism, and others' isms as we seek collaboration to address such disparities. Our

WG Mission emphasizes the inherent worth and dignity of every person as a Unitarian Universalist principle that requires us to do more to achieve justice, equity and compassion in human relations.

Our 2017-2018 goals were to:

- Grow collaborations and our membership with more men and newer UUCSR members.
- Enhance our spirituality based on a feminist theology that incorporates full humanity and affirms both sexes along with all races and social group. Women's and gender identity rights are deeply intertwined; genderphobia normalizes gender stereotypes, ostracizing all who do not conform.

**Respectfully submitted,
Judith Wylie-Rosett, President
(2017-2018)**

Women's Group Board Officers

Judith Wylie-Rosett, PRESIDENT
WinterFlower Robinson - VICE PRESIDENT
Diane Mansell - SECRETARY
Susan Caravello - TREASURER

Women's Group Board Members

Sandra Frank - IMMEDIATE PAST PRESIDENT
Renée Silver - BOOK SERIES CO-CHAIR
Maxine Dangler - FUND RAISING CHAIR
Patti Paris - GODDESSES-ON-THE-GO CO-CHAIR
Palma Torrisi - GODDESSES-ON-THE-GO CO-CHAIR
Lee Geisen - MEMBERSHIP CHAIR
Barbara Dilsner - NOMINATING CHAIR
Nina Weber - PROGRAM CHAIR
Jo Rymer - PUBLICITY CHAIR
WinterFlower Robinson - SENIOR OUTREACH PROGRAM
Maria Ceraulo - WOMEN'S ISSUES
Kariann McVetty - WOMEN TALK-DAYTIME, CO-CHAIR
Lois Wolfson - WOMEN TALK-DAYTIME, CO-CHAIR
Ann Jawin, Vicki Spielman - HONORARY MEMBERS
(NON-VOTING)
Edwin Frank - BOARD OF TRUSTEES LIAISON
Sharyn Esposito - WG STAFF LIAISON

OUR HISTORY

The first Meeting of Women's Group was held on January 16, 1963. It was held at the North Shore Unitarian Church, with 41 women present. (Agnes Burton, Mary Watt's mother, Pat Luciano, and Paulette Dundore were at this Meeting). Included in their goals was the desire "To offer a diverse program to satisfy the needs and desires of all its members, including service and education programs, social events and occasional fund raising...". The Group's spirit was embodied in the quote, 'They say it couldn't be done, but I, poor fool, didn't know it, so went ahead and did it'. If you attended any of our Programs, you can see we continued following in the footsteps of our insightful Foremothers.

From the start, the Group voted to be part of the national organization (the UUWF or Unitarian Universalists Women's Federation), which is behind the local Women's Group, but does not set policy. The Federation has an Intern in Washington D.C. working on Women's Issues.

For about fifteen years, UUCSR's Women's Group partnered with the Metro district offering a 3-day retreat, at St. Josephat's located in Glen Cove. Members of the local Unitarian Universalist Congregations/Churches comprising the Metro district were invited. The retreat included speakers, dancing, art work and leisurely walks in the beautiful surrounding woods. Those who attended had bonded spiritually by Sunday's closing ceremony.

A few years ago, we welcomed the Zen Meditation Group to our space. The Group is now handled by Adult Programs and meets every Wednesday evening, in the Veatch Ballroom, for Meditation and a dharma talk by one of the Zen Masters.

Women's Group have held Galas with music, champagne and delicious desserts, with the proceeds going to benefit Organizations that help women and girls. The most recent Gala featured music by Fannie Mendelsohn, sister of the famous Felix Mendelsohn, though much less played and well known. Proceeds from the yearly Holiday Sale were donated to the Boy's and Girl's Club of Hempstead.

For the past three years, members of Women's Group crafted our Women's History month March Worship Service guided by the Rev. Jennifer Brower. This past March titled "Calling All sUUperheroes" the focus was on finding the "Super Power" in each of us by cultivating your inner hero. The presentation was broken down into several segments, stories, and poetry. Silent no more! It is the hope of the Women's Group to hold more services, seminars and discussions in the future. This service was informative, spiritual and very moving.

The original Women's Group "STATEMENT OF PURPOSE"

1. To promote and advocate for the concerns of liberal religious women.
2. To support women's issues.
3. To foster self-realization and enhance self-worth.
4. To provide a caring community.

Moving forward, Women's Group will continue to work to close the Gender Wage Gap, Improve Women's Reproductive Rights, Address the issues of Violence Against Women, Seek laws to Mandate Paid Sick and Parental Leave, Enact Affordable and Competent Child Care and to finally Pass an ERA, Amendment just to name a few items we are passionate about.

We continue with our intellectually stimulating and lively Book Discussion Group in September, the TGIF Programs, as well as our Membership Dinner, Holiday Sale, Worship Service and Breakfast, The Mother's Day Luncheon. We end our year, with the Annual Meeting Luncheon.

We hope that you find, on our new calendar, many things that you would enjoy. All are welcome.



WOMEN'S GROUP

CALENDAR EVENTS/MEETING 2018-2019

JULY

Sunday, July 1, 2018	1:15 PM	Family Separation and the Attack on Refugees
Wednesday, July 18, 2018	12:00 PM	Women Talk Daytime

AUGUST

Wednesday, August 1, 2018	12:00 PM	Women Talk Daytime
Wednesday, August 15, 2018	12:00 PM	Women Talk Daytime

SEPTEMBER

Wednesday, September 5, 2018	12:00 PM	Women Talk Daytime
Sunday, September 16, 2018	8:45 AM	Board Meeting
Wednesday, September 19, 2018	12:00 PM	Women Talk Daytime
Friday, September 21, 2018	7:30 PM	Book Series

OCTOBER

Wednesday, October 3, 2018	12:00 PM	Women Talk Daytime
Friday, October 5, 2018	7:30 PM	Annual Fall Membership Dinner
Sunday, October 7, 2018	8:45 AM	Board Meeting
Wednesday, October 17, 2018	12:00 PM	Women Talk Daytime
Thursday, October 18, 2018	6:00 PM	League of Women Voters Candidate Night
Friday, October 19, 2018	7:30 PM	Book Series

NOVEMBER

Friday, November 2, 2018	7:30 PM	T.G.I.F. - Immigration-Herstory
Sunday, November 4, 2018	8:45 AM	Board Meeting
Wednesday, November 7, 2018	12:00 PM	Women Talk Daytime
Thursday, November 15, 2018	5:30 PM	League of Women Voters Post-Election Supper
Friday, November 16, 2018	7:30 PM	Book Series
Wednesday, November 21, 2018	12:00 PM	Women Talk Daytime

DECEMBER

Sunday, December 2, 2018	12:00 PM	Holiday Sale
Sunday, December 9, 2018	8:45 AM	Board Meeting
Wednesday, December 5, 2018	12:00 PM	Women Talk Daytime
Friday, December 7, 2018	7:30 PM	T.G.I.F. - Fashion and Style
Wednesday, December 19, 2018	12:00 PM	Women Talk Daytime
Friday, December 21, 2018	7:30 PM	Book Series
Thursday, December 27, 2018	10:00 AM	Cookie Baking with New Hour

JANUARY

Wednesday, January 2, 2019	12:00 PM	Women Talk Daytime
Friday, January 4, 2019	7:30 PM	T.G.I.F. - Health and Wellness
Sunday, January 6, 2019	8:45 AM	Board Meeting
Wednesday, January 16, 2019	12:00 PM	Women Talk Daytime
Friday, January 18, 2019	7:30 PM	Book Series

FEBRUARY

Friday, February 1, 2019	7:30 PM	T.G.I.F. - Art & Chocolate
Sunday, February 3, 2019	8:45 AM	Board Meeting
Wednesday, February 6, 2019	12:00 PM	Women Talk Daytime
Friday, February 15, 2019	7:30 PM	Book Series
Wednesday, February 20, 2019	12:00 PM	Women Talk Daytime

MARCH

Friday, March 1, 2019	7:30 PM	T.G.I.F. - Beach Ball Soccer
Sunday, March 3, 2019	9:00 AM	Women's History Month Breakfast
Wednesday, March 6, 2019	12:00 PM	Women Talk Daytime
Sunday, March 10, 2019	8:45 AM	Board Meeting
Friday, March 15, 2019	7:30 PM	Book Series
Wednesday, March 20, 2019	12:00 PM	Women Talk Daytime
Saturday, March 30, 2019	9:00 AM	"Kicking Stress, Letting Go and Moving on!"

APRIL

Tuesday, April 2, 2019	2:00 PM	Equal Pay Day Event
Wednesday, April 3, 2019	12:00 PM	Women Talk Daytime
Friday, April 5, 2019	7:30 PM	T.G.I.F. - Egypt
Sunday, April 7, 2019	8:45 AM	Board Meeting
Wednesday, April 17, 2019	12:00 PM	Women Talk Daytime
Friday, April 19, 2019	7:30 PM	Book Series

MAY

Wednesday, May 1, 2019	12:00 PM	Women Talk Daytime
Friday, May 3, 2019	7:30 PM	T.G.I.F. - Dudes Against Violence
Sunday, May 5, 2019	8:45 AM	Board Meeting
Sunday, May 12, 2019	12:00 PM	Mother's Day Luncheon
Wednesday, May 15, 2019	12:00 PM	Women Talk Daytime
Friday, May 17, 2019	7:30 PM	Book Series

JUNE

Sunday, June 2, 2019	8:45 AM	Board Meeting
Wednesday, June 5, 2019	12:00 PM	Women Talk Daytime
Sunday, June 9, 2019	12:30 PM	Annual Luncheon & Election
Wednesday, June 19, 2019	12:00 PM	Women Talk Daytime
Friday, June 21, 2019	7:30 PM	Book Series

EVENTS YOU WON'T WANT TO MISS

FALL MEMBERSHIP DINNER: MUSICAL EVENING

Friday, October 5, 2018
at 7:30 PM



HOLIDAY SALE

Sale will include costume jewelry, scarves, other small items, baked goods and note cards.



Sunday, December 2, 2018 at 12:00-2:00 PM

COOKIE BAKING WITH NEW HOUR

Thursday, December 27, 2018, 10:00 AM-2:00 PM



WOMEN'S HISTORY MONTH BREAKFAST & WORSHIP SERVICE

Sunday, March 3, 2019
9:00-10:30 AM

MOTHER'S DAY LUNCH

Sunday, May 13, 2019
at 12:30 PM



ANNUAL LUNCHEON AND ELECTION SPEAKER: MARTI KELLER

Sunday, June 9, 2019 at
12:30 PM

ON-GOING PROGRAMS

BOOK SERIES

An opportunity to gather and discuss recently read books. See page 14 for book schedule. Third Friday of the month at 7:30 PM

WOMEN TALK DAYTIME



A daytime discussion group that covers current events, interests,

life concerns and other issues while participants enjoy their brown bag lunch and cookies.

First & Third Wednesday of the month - 12 Noon,

2018: Jul. 18, Aug. 1, 15; Sept. 5, 19; Oct. 3, 17; Nov. 7, 21; Dec. 5, 19; **2019:** Jan. 2, 16; Feb. 6, 20; Mar. 6, 20; Apr. 3, 17; May 1, 15; Jun. 5, 19

GODDESSES-ON-THE-GO

This committee organizes outings to the movies, theatrical and dance performances and museums. Last Friday each month will be a Movie Night! Look to your email for messages about upcoming jaunts.



SENIOR OUTREACH

Women's Group continues its Senior Outreach Program. It will provide on-going support for our senior members.

MEETINGS

WOMEN'S GROUP BOARD AND MEMBERSHIP MEETINGS

Held the first Sunday of the month at 8:45 AM in the Veatch Conference Room. (See calendar for exceptions.) All welcome!

WOMEN'S HISTORY MONTH BREAKFAST & WORSHIP SERVICE

Sunday, March 3, 2019 - 9:00 AM and 11:00 AM

ANNUAL MEETING & MEMBER LUNCHEON: BOARD ELECTIONS

Sunday, June 9, 2019 - 12:30 PM

GODDESSES - ON - THE - GO

This committee organizes a program of off-premises activities for Women's Group members that are open to everyone--both fellow congregants and their friends. Currently co-chaired by Patti Paris and Palma Torrisi, who are busily planning an entire season of events with enthusiasm and imagination.

Look for details via flyers and email messages about more upcoming outings.

A Sampling of Goddess-on-the-Go Activities for 2018/2019

DATE:	EVENT INFORMATION	TIME
Sunday, October 7, 2018	Sea Cliff Craft Fair	10:00 AM to 4:00 PM
Sunday, November 4, 2018	The Billboard Players Presents <i>Dear Friends</i> – Starring our very own Diane Mansell	3:00 PM
Sunday, November 11, 2018	Spring Shabu Shabu - Lunch 136-20 38th Avenue Flushing, NY 11354	After Services
Sunday, December 9, 2018	LI Baroque Ensemble Holiday Concert Joyful Jollity – Christ Church 61 East Main St., Oyster Bay, NY 11771	3:00 PM
Sunday, December 16, 2018	Choral Concert at the Congregational Church of Manhasset	
Sunday, February 10, 2019	LI Baroque Ensemble Spanish Gold Concert Musical Jewels of Old and New Worlds Christ Church in Oyster Bay	3:00 PM

THANK GODDESS IT'S FRIDAY

Fabulous Fridays for Get-Togethers • Events for Fun, Renewal and Brain - Food!

Enticing programs featuring stimulating and brainy speakers to kindle your mind, plus musical nights and drama to entertain you—what better way for you to happily spend your Friday nights than with the Women's Group! Check The Quest for more information and any changes in the schedule, and give your spirit a lift by joining us on Fridays.

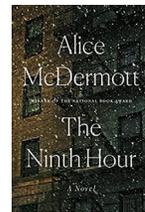
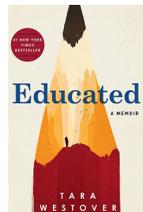
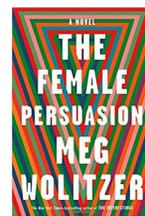
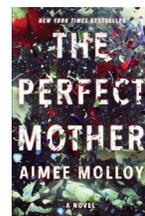
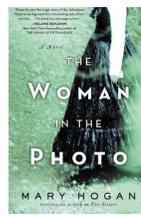
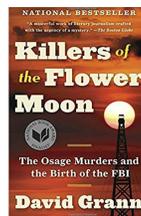
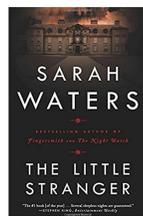
Nov. 2 – Immigration-Herstory
Dec. 7 – Fashion and Style
Jan. 4 – Health and Wellness
Feb. 1 – Art & Chocolate

Mar. 1 – Beach Ball Soccer
Apr. 5 – Egypt
May 3 – Dudes Against Violence

WOMEN'S GROUP BOOK SERIES

An opportunity to gather and discuss recently read books. A new book has been chosen for each month. The list of the books for the year is listed below and can also be found in the lobby or with the Women's Group liaison. **Third Friday at 7:30 PM in the Art Gallery**

FRIDAYS	BOOK TITLE	AUTHOR	LEADER
September 21, 2018	The Little Stranger	Sarah Waters	Diane Mansell
October 19, 2018	Killers of the Flower Moon: The Osage Murders and the Birth of the FBI	David Grann	WinterFlower Robinson
November 16, 2018	The Woman in the Photo	Mary Hogan	Robin Finnan-Jones
December 21, 2018	The Perfect Mother	Aimee Malloy	Maria Ceraulo
January 18, 2019	The Female Persuasion	Meg Wolitzer	Lee Geisen
February 15, 2019	Educated	Tara Westover	Patti Paris
March 15, 2019	Left: A Love Story	Mary Hogan	Robin Finnan-Jones
April 19, 2019	The Life She Was Given	Ellen Marie Wiseman	Diane Mansell
May 17, 2019	The Ninth Hour	Alice McDermott	Claire Deroche
June 21, 2019	The Great Alone	Kristin Hannah	Claire Paccione and Renée Silver



WOMEN'S ISSUES

As Women's Issues Chair, I try to follow in the footsteps of Pat Luciano, the very first Women's Issues Chair. I remember her telling us that we cannot possibly be without this position on our board. When the stroke hit her, she was at the computer, working on a piece about a Women's Issue. It was her passion, she said.



Maria Ceraulo

We shared that – the passion. I wonder what she would say about the current assault on women's rights. It's hard, even for me, to believe we've stepped so far back. We're still advocating for the ERA, reproductive rights, even contraception. We need to work to reduce the greatly increasing numbers of incarcerated women and their children, for victims of domestic violence that never go away, for equal pay, for women's health.

In spite of all these needs, I think she'd be heartened by the #MeToo movement. Finally, women are being believed and consequences are felt by perpetrators. Pat would have loved to celebrate the anniversary of the right to vote, as we did last year. So many women are running for office. I'm proud of that and I know she would be too.

We've got our work cut out for us. So much needs to be done. Join us.

WRITE!
EMAIL!
CALL!

Shout your message for
Equal Rights,
Peace, Justice & Compassion!

New York State's U.S. Senators

Senator Charles Schumer
313 Hart Senate Office Bldg
Washington, DC 20510
schumer.senate.gov

Senator Kirsten Gillibrand 531
Dirkson Senate Office Bldg.
Washington, DC 20510
gillibrand.senate.gov

Go to the League of Women
Voters website
www.lwvofnassaucounty.org
for elected official contact
information.

Send this page to join the Women's Group – 2018-2019 Membership:

Annual Fee is \$30.00; payable to Women's Group UUCSR
Please include on the check's memo line: Women's Group.

Name(s): _____

Address: _____

Phone: (H) _____ Email: _____

Phone: (C) _____

Mail with check to:

UUCSR, Attention: Sharyn – WG Liaison, 48 Shelter Rock Road, Manhasset, NY 11030

Or call in your credit card payment to the Finance Department - (516) 627-6536 and
mail this form to Sharyn with a note that you paid with credit card.

Thank you.

www.glbthotline.org



LGBT HOTLINES

LGBT NATIONAL YOUTH TALKLINE **1-800-246-PRIDE (7746)**

Serving youth through age 25. Peer counseling, information and local resources.

LGBT NATIONAL HOTLINE **1-888-843-4564**

Serving callers of all ages (youth & adult). Peer-counseling, information and local resources.

SAGE LGBT ELDER HOTLINE **1-800-246-SAGE (7243)**

Serving senior callers. Peer-counseling, information and local resources.

NYC LOCAL HOTLINE **1-212-989-0999**

*M-F from 4:00 PM - Midnight
Local hotline in New York City providing peer-support as well as information and local resources.*

UNITARIAN UNIVERSALIST WOMEN'S FEDERATION

UUWF is a continental membership organization that advances justice for women and promotes their spiritual growth. It is an independent non-profit, 501 (c) (3) corporation of the Unitarian Universalist Association.

Inheritor of a proud tradition, UUWF was formed in 1963 through consolidation of the Association of Universalist Women (founded in 1869 and believed to be the first organization of lay church women in the United States) and the Alliance of Unitarian Women (1890).

Purposes

- Affirm the inherent value of each woman within our community;
- Affirm the importance of women's voices in our religious quest;
- Link hearts and minds in service of women's truths;
- Pledge action against the religious roots of sexism;
- Pledge to support the diversity of religious feminisms;
- Work to raise consciousness of the linked nature of oppressions;
- Seek justice for all women in the struggle to transform institutions of oppression;
- Highlight and celebrate women's achievements – past, present and future.

YOUR WOMEN'S GROUP MEMBERSHIP

Membership in UUCSR Women's Group also includes membership in the following organizations:

- **American Association of University**
- **Center for the Women of New York**
- **League of Women Voters**
- **National Organization for Women (NOW)**
- **Planned Parenthood**

WOMEN'S GROUP MEMBERSHIP 2018-2019

MEMBERSHIP

All are welcome in the UUCSR Women's Group programs and activities. Please become a member of the WG to support activities that --

- Help guarantee reproductive justice for women
- Help stop the abuse of women and children
- Help secure pay equity for women
- Help provide affordable day-care and sick-leave for mothers
- Help to advance the rights of women
- Help women and children seeking immigration status

Monthly WG activities include the TGIF (1st Friday of the month), Book Series discussion (3rd Friday of the month) Daytime Talk (1st and 3rd Wednesday of the month) and the WG Board meeting – open to all (1st Sunday of the month).

The WG also sponsors fun special events. Being a WG member includes a courtesy ticket for admission to the following events:

- Annual Fall Membership Dinner
- Women's History Month Breakfast
- Annual Membership Meeting & Election Luncheon

Discounted admission to attend:

- Mothers' Day Brunch

HOW TO JOIN WOMEN'S GROUP

Membership dues are \$30.00.

Write a \$30.00 check per person payable to UUCSR and add Women's Group Membership in the "memo" line. If the \$30.00 fee is keeping you from joining please call Sharyn in the UUCSR office 516.472.2960. You can call the Finance Department at 516.627.6536 and pay with a credit card and send form on page 15 to Sharyn in with your information.

Your dues entitle you to a full year of membership— from July 1, 2018 to June 30, 2019.

Mail your check with the form on page 15 , to UUCSR, Attention: Sharyn Esposito. Or drop it off with her in the office - downstairs. Thank you and WELCOME!

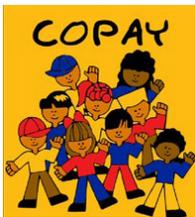
Katherine Miller, Membership Chair, 570.775.0514 or email kmns45@yahoo.com. In the UUCSR office call Sharyn Esposito, Women's Group Liaison - 516.472.2960 or email sesposito@uucsr.org.

WE ARE GLAD YOU HAVE JOINED US!



HE for SHE
Men are encouraged
to join the
Women's Group

TOGETHER WE SUPPORT



Living Water for Women



Remembering Vicki Spielman

by Maria Ceraulo

You always felt known, understood and loved. She truly was that for me - more than a friend. Throughout her illness, she never wanted to talk about herself or her condition, never asked for sympathy, never wanted anything you might bring to a visit. "I have the best doctors, the best husband and son to help take care of me." "I don't need anything." She did want to hear about Women Group and women's issues. I always tried to oblige.

It was at Silver Bay, many, many years ago. Vicki led the hike to the top of the mountain. Stan was in the rear, carrying bottles of water in his backpack. Of all the hikes I've been on, I never felt so taken care of. They made sure everyone was accounted for, safe and appreciated. I knew this was for me. Later, as we became better friends, we kayaked across Lake George and back. Each year, we looked forward to it.

I remember all the weekends at St. Josephat's in Glen Cove. We became very close, walking in the woods by the water. She always loved the water. She didn't wish to travel much, but when Women's Group went to Seneca Falls to celebrate the right to vote, she joined us. She was so ill but came with us anyway. No special treatment. We were overjoyed, loving this precious time with her.

Vicki was one of a kind -- a helper, supporter. She always made the yogurt parfait for our yearly breakfast. Everyone loved her famous lemon bars. She was an usher during our services.

Others describe her: always a smile and a friend; a beautiful mind, a beautiful person. With her passion for justice for all especially women's issues, she was a light in Women's Group.

At the service on these Sundays, I remember her - always looking lovely, with her smile, with us, together.

We were so very fortunate to have had her in our lives.

REMEMBERING

Let us remember those women who came before us.

*Let us remember those women who
were brave and fearful (like us)*

Impassioned and deliberate (like us)

*Let us remember those loving women
whose achievements enabled us*

*to vote, to learn, to write, to sing, to dance, to work,
to dream in ways we had never done before.*

Let us be grateful to those wondrous women

not only for their accomplishments

but for their affirmation of our worth,

of our intelligence

of our capabilities

and of our potential for helping women who come after.

Therefore, together, let us raise the torch of light

affirming one another

because of our blessed heritage

and because of our flaming vision of the future.

by Pat Luciano



"The Final Word is Love"

- Dorothy Day

“A woman is the full circle.
Within her is the power to create,
nurture and transform.”

DIANE MARIECHILD



Jo Rymer
Spectrum



Unitarian Universalist
Congregation at **Shelter Rock**
Human. Kind.

48 Shelter Rock Rd, Manhasset, NY 11030

uucsr.org | 516.627.6560 | 