These have been terrible days: I write this as election day approaches and with no knowledge of the outcome. I only know, at this moment, our anger-filled political and social discourse has escalated. The recent mail bombs sent to prominent public figures and politicians and then the terrible mass shooting at the Tree of Life Synagogue in Pittsburgh have heightened our national and personal anxieties. Many of us are struggling to find a way forward to build authentic, relational, affirming, and transformational communities. And to find places of care, civility, and deep listening. I hope that we can build such a community here at Shelter Rock—because no matter the outcome of any election, our community of faith is committed to the inherent worth and dignity of every person, and justice, equity and compassion.

I attended a Vigil for the victims of the synagogue shooting at both the Reconstructionist Synagogue in Plandome (located in Shelter Rock’s former building) and also a Vigil at the Islamic Center of Long Island. Both events were meaningful interfaith gatherings with many traditions represented—and both houses of worship were full to overflowing. Our Long Island community showed up to stand in solidarity with the victims of hate and gun violence in Pittsburgh—and to declare a determination that the faith communities on Long Island would work together to push back against the tide of violent “othering” that had resulted in mass murder in Pittsburgh.

At the Islamic Center, I offered these words:

*Our Unitarian Universalist Congregation at Shelter Rock weeps for the Tree of Life Synagogue in Pittsburgh. We grieve and we are angry. We do not—we cannot—allow anti-Semitic hatred and violence. But I am encouraged by this interfaith gathering of love and support. I am encouraged by our commitment to love and justice.*
TOUCHSTONES
Continued from page 1

We are a community of faith and hope here at Shelter Rock. We stand against hate and violence. We stand against anti-Semitic, racial, religious, and ethnic hatred. In this moment, we must move beyond anxiety and isolation to embrace our interfaith community mission of spreading peace and justice.

As 16th-century Transylvanian Unitarian Francis David said, “We do not need to think alike to love alike.”

MESSAGE FROM THE MINISTERS

In times of pastoral crisis, whether your own, or that of a fellow member about whom you are concerned, you may need to reach out to a member of the Ministry Team. Please save and follow these instructions in a critical situation:

Monday-Friday during regular business hours, please contact the Assistant to the Ministers, Kimberly Rossiter, by phone or email: 516.472.2941 or krossiter@uucsr.org

On weekends and after regular business hours, please call the live answering service at 516.795.0329.

TOUCHSTONES
Continued from page 1

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UPCOMING WORSHIP SERVICES

Continued from page 1

Sunday, November 11, 2018, 11:00 AM
Preserving Our Democracy
The Rev. Ned Wight

Sunday, November 18, 2018, 11:00 AM
Family Thanksgiving Service
The Ministry Team

Sunday, November 25, 2018, 11:00 AM
Second Source: Prophetic Women and Men
The Rev. Ned Wight

“Daily bread” is a universal human need to sustain life. At this season of gratitude, we acknowledge this gift from the earth and invite you to bring a loaf of bread that represents your family traditions. Each family will be able to say a few words about the bread they have brought—reminding us all of the rich diversity of our congregation. Expanding our vision beyond our own walls, we will also introduce the UU Service Committee’s Guest at Your Table boxes. The Jazz Ensemble will provide prelude and postlude music, and the Children’s Choir will sing. Please join us in celebrating the earth’s bounty.

Note: There will be a Congregational Meeting following UU Café.

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Preserving Our Democracy
The Rev. Ned Wight

Sunday, November 18, 2018, 11:00 AM
Family Thanksgiving Service
The Ministry Team

Sunday, November 25, 2018, 11:00 AM
Second Source: Prophetic Women and Men
The Rev. Ned Wight

Sunday, November 25, 2018, 9:00 AM
Peace and Meditation Service
Facilitated by Cello Da Silva and The Rev. Ned Wight

Please join us in the Chapel for a brief time of reflection and meditation on peace in a time of conflict and turmoil.

Sunday, November 25, 2018, 11:00 AM
Second Source: Prophetic Women and Men
The Rev. Ned Wight

Continuing his sermon series on the six sources of our UU faith, Rev. Ned will consider “the words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love.” The quartet will sing at this service.

DENOMINATIONAL AFFAIRS

Guest at Your Table

At our Family Thanksgiving Service on Sunday, November 18, we will launch this year’s UU Service Committee “Guest at Your Table” campaign to raise money for and awareness about an urgent human rights issue. “Guest at Your Table” boxes will be distributed on November 18. Families are asked to put money in the box at each meal until the boxes are collected at Christmas Eve services.

This year’s theme is Justice Across Borders. From the Northern Triangle of Central America, to deserts of Mexico and Arizona, to detention centers in the United States, the road away from danger is paved with injustices. Partnering with grassroots allies along the Central American migration trail, UUSC addresses root causes, supports migrants in transit, and protects the right to seek asylum. We look forward to joining with UUSC to learn more about our nation’s involvement in Central America—historically and presently—and the UUSC’s courageous Migrant Justice partners.

UUCSR Congregational Meeting
will be held after Worship Service, following UU Café on Sunday, November 18, 2018
to consider recommended Bylaws changes related to Music Committee and Library/Bookstore Committee
All are welcome.

Transportation Assistance
UUCSR offers FREE transportation assistance to Sunday Worship and Soulful Sundown Services for members who are unable to travel due to physical or financial limitations. Contact Kimberly Rossiter, Assistant to the Ministers, at krossiter@uucsr.org or 516.472.2941 for an application.

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Stop the Voter Purge in Our UUCSR Community. Pledge Now!

In this election season, a big concern among UUs is the attempt in some states to purge the voter registration rolls and remove the right of certain people to participate in the democratic process. This is a direct violation of our 5th UU Principle and we are justly united against such disenfranchising tactics.

And yet, within our own UUCSR community, we are possibly about to see 212 of our fellow members voluntarily deny themselves their right to participate in the democracy of the congregation by not renewing their pledge and making an initial payment on the pledge. Anyone not making a pledge payment by December 31 is considered removed from the membership rolls and must wait 60 days after making payment to be reinstated as a voting member.

We value the participation of all members in our democratic process so much that we’ve enshrined it among our seven Principles, and we value each individual whose ideas and opinions contribute to bringing this community closer to the congregation of our hopes and dreams. Please don’t let yourself or your fellow congregants lose their voice as voting members.

To pledge or make a payment, visit uucsr.org/myuucsr, stop by the membership desk in the lobby on Sunday morning or contact Ben Bortin, Membership and Volunteer Coordinator at Bbortin@uucsr.org or 516.472.2934.

Brian Muellers
Treasurer and Pledge Campaign Chair

PS. The good news is that 415 members have already pledged, and that is 100 more members than at this same time last year!

Explore the UU World Outside Our Congregation’s Walls

The Denominational Affairs Committee (DAC) is in need of congregants to partner with Unitarian Universalist affiliates such as LIAC (Long Island Area Council); CER (Central East Region); UU-UNO (Unitarian Universalist United Nations Office); or Partner Church in Csiksereda, Transylvania. You would serve as DAC liaisons to these interesting and important affiliates. This could be a meaningful way of serving UUCSR while expanding your horizons on Unitarian Universalism in the larger world.

For further information, please contact Robin Finnan-Jones, DAC chair at docfinnanjones@aol.com or attend a future DAC meeting on Tuesdays, November 13, December 4, 2018, or January 8, 2019 at 7:30 PM.

Veatch Grantees Mobilize in National Response to Pittsburgh Shooting

Over 150 organizations, including dozens of Veatch grantees, have signed onto a national, open letter to America, speaking out against anti-Semitism and pledging to vote against hate in the midterm elections. Western States Center, a longtime Veatch grantee based in Portland, Oregon, galvanized support for the sign-on campaign immediately following the shooting at the Tree of Life Congregation on October 27, 2018. The Pittsburgh Post-Gazette published the open letter on November 1. Hundreds of people representing Veatch grantees and other organizations pledged their support.

Oregon-Based Group Galvanizes Hundreds Across the Country

Western States Center cited additional hate crimes in mobilizing this national call to action. In the week before the murders in Pittsburgh, two African Americans in Kentucky were shot and killed at a grocery store after the shooter attempted to enter an African American church. In that same week, attempted bombings of the homes and workplaces of American leaders and news organization across the country, including here in New York, had many on edge, if thankfully, unharmed.

At a time like this, the congregation’s support for long-term social change throughout our nation comes into focus. The Western States Center is an Oregon-based institution that organizes for social and economic justice in seven Pacific Northwest states. Faith in Action, a national network of faith-based organizations signed on, as did the Workers Defense Project in Austin, Texas. In our own backyard, Make the Road New York pledged its support. The Veatch Program was represented through grantees in Maine, Florida, Washington DC, and many other cities and states. Organizations the congregation supports that develop youth leadership, fight for women and families, protect immigrants and workers, and that are on the frontlines of working for a clean and healthy environment, were all included in opposing hate.

UU Principles in Action

I hope you join me in appreciating how these organizations are speaking out for justice in one voice, as they work under increasing pressure every day, for justice across the country. Their quick response and their solidarity offers a tangible sign of our collective strength and resilience. It offers an inspiring example of the congregation’s UU values in action.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.
Barracoon and The Last Slave Ship
Thursday, November 8, 7:00 PM, Art Gallery
Lecture and discussion regarding two recently published books:
- *Barracoon: The Story of the Last Black Cargo*, by Zora Neale Hurston
- *Dreams of Africa in Alabama: The Slave Ship Clotilda and the Story of the Last Africans Brought to America*, by Sylviane A. Diouf
The presentation covers the life of Kossula, a teenager in western Nigeria when he was captured and sold to the slavers. An analytical study of real-life slavery; not for the romantic or faint of heart.
Presented by Bob Nuxoll

Common Read (See also the Bookstore article on page 8)
Wednesday, November 14, 7:00 PM, Chapel, RSVP recommended.
Fourteen activist ministers and lay leaders apply a keen intersectional analysis to the environmental crisis, revealing ways that systems of oppression intersect with and contribute to ecological devastation. The book is available for purchase for $18 at UUCSR Bookstore or from Jessica Pond. Also available on Kindle by visiting: [https://amzn.to/2A50nml](https://amzn.to/2A50nml).
Facilitated discussion with The Rev. Dr. Natalie Fenimore

Soulful Songs & Stories
Friday, November 16, 2018, 7:00–8:30 PM, Room 14
The song we’re going to use to ignite our discussion this month is “You Don’t Know Me,” sung by Ray Charles ([www.j.mp/uucsr21](http://www.j.mp/uucsr21)).
While the song is ostensibly about love lost, it also raises other questions: Do people know you? Do you want to be known? How do you draw the line between being open and vulnerable and protecting yourself from harm? Do others at UUCSR know you? Please join us in a relaxed and safe space; newcomers are welcome.
If you register ([jpond@uucsr.org](mailto:jpond@uucsr.org) or 516.472.2914), you’ll get our format/covenant/guidelines so you’ll know what to expect, and an email reminder with lyrics and related food for thought. We start promptly at 7:00 PM, so please come a little early to sign in, get a name tag, and have a cup of tea or coffee.

Look for the New Adult Programs SUGGESTION BOX in the Main Lobby. Let us hear from you. What are your ideas? Do you want more spiritual programs, more social programs, more fun programs?
Also, the Adult Programs Committee is looking to grow. Interested? Contact WinterFlower Robinson, Adult Programs chair, at WinterFlowerregla@gmail.com.

The Psychology of Music
November 20, 2018, 7–9 PM, Art Gallery
How does the musical mind work? How does it develop? How do people learn music, and how can they best be taught? Psychology of Music is an introductory course in the psychology of music with emphasis on processes of listening, performing, and reflecting. Topics include modes of mental representation of musical knowledge, relationship of musical cognition to other cognitive abilities, and the role of cultural context in the development of the musical mind.
Led by Bruce Torff, Professor of Educational Psychology and Human Development, Hofstra University, and jazz pianist and songwriter.
UUCSR Sponsors Gold Coast International Film Festival

On Saturday, November 10, 2018, at 4:30 PM, the Gold Coast International Film Festival will present the Long Island premier of 306 Hollywood, a Sundance Film Festival favorite. UUCSR is proudly sponsoring this widely acclaimed documentary nominated for two Critics’ Choice awards: Best Cinematography and Most Innovative Documentary.

Do objects retain a spark of life from their owner after that person dies? This question catapults a dynamic brother-sister filmmaking duo on an epic odyssey to excavate their deceased grandma Annette Ontell’s unassuming Newark home of 71 years. In the siblings’ inventive hands, the white clapboard house transforms into a magical-realist landscape replete with animated 1950s dresses and mysterious visits from physicists and fashion conservators.

Q&A WITH SPECIAL GUEST: Marilyn Ontell
Bowtie Manhasset Cinemas
430 Plandome Rd
Manhasset, NY 11030
$15, $13 Seniors
UUCSR Members save $2 per adult ticket with code FRIENDS18

Thanksgiving Dinner
Thursday, November 22, 2018
12:00–3:00 PM • Social Hall

Full dinner and non-alcoholic beverages included | BYOB
All are welcome to bring a dessert item to share &
Non-perishable food donations for the Food Pantry

$15 per person/$10 children 12 and younger
RSVP by Friday, November 9

Payments must be made in advance. No walk-ins.
Register online at uucsr.org/thanksgiving or
registration forms available in the UUCSR Main Lobby
Info: Kimberly Rossiter: krossiter@uucsr.org or 516.472.2941

Special Talk & Tour with the Artist

Artist Allan Markman’s exhibit, From the Ground Up, will be the subject of a Talk & Tour, personally conducted by the artist, on Sunday, November 11, 2018, 12:30 PM. We hope you will take this opportunity to see an extraordinary collection of still life photography and meet the artist.

FROM THE GROUND UP will be on display until November 27, 2018

CABARET XVI UPDATE

More than 30 UUCSR members in the cast and crew of Cabaret XVI send grateful thanks to all who supported and attended Saturday evening’s performance and Sunday afternoon’s encore at Hadley House. To date, $3,835 has been added to the Edward Miller Memorial Music Scholarship Fund. Contributions may still be made to the fund—please send checks to UUCSR, memo Edward Miller Memorial Music Scholarship Fund. Thank you all for your generosity.

Richard Bock, Cabaret Music Director
In the spring of 2018, the Congregation awarded a Large Grant to ERASE Racism to provide programming for the public on the topic of “How Do We Build a Just Long Island?” This fall, the Syosset nonprofit will run forums from November 29 through December 10, repeating the same content in five locations across the Island: Stony Brook, Riverhead, Hempstead, Melville, and Hauppauge.

UUCSR and ERASE Racism have a shared history. Founded in 2001 with a start-up grant from Veatch, ERASE has been led since then by its president, Elaine Gross, a former Veatch program officer. She will moderate the forums, each of which will have four panelists and cover the same ground. “Why do we need this?” Gross asked. “One of the things we’ll be doing is educating people…and making the case for why [racial justice] is important. It is rooted in the fact that because Long Island is so racially segregated, structural racism is endemic and shapes the experiences for people of color [negatively]….People don’t want to talk about this. It’s uncomfortable.”

ERASE has had success in court cases documenting housing discrimination against people of color. It also has an education equity working group (www.eraseracismny.org/component/content/article/586) that is lobbying state and school district officials for: hiring of more diverse teachers and administrators; implementation of universal pre-K; use of culturally responsive curricula; and less severe suspensions for students of color. Its Student Voices campaign, with trainings scheduled for Nov. 9 in Stony Brook and Nov. 16 at Shelter Rock, is training high school students to be advocates.

Registration is required for the forums at 516.921.4863; eraseracismny.org. The dates, sites, and times are: Thursday, November 29, Hilton Garden Inn, 1 Circle Dr, Stony Brook, 6-8:30 PM; Tuesday, December 4, Riverhead Senior Center, 60 Shade Tree La, Riverhead, 6-8:30 PM; Wednesday, December 5, Hofstra University Club, north side of Hempstead Tpk, Hempstead, 6-8:30 PM; Thursday, December 6, Bank of America Building, 300 Broadhollow Rd, Melville, 8-10 AM; and Monday, December 10, Radisson Hotel, 110 Vanderbilt Motor Pkwy, Hauppauge, 6-8:30 PM. The evening programs include a light dinner.

Gross said additional forums are planned, building on the five introductory forums, possibly in the last week of February and/ or the first week of March. Let’s plan to turn out and participate in UUCSR’s contribution to addressing systemic racism on Long Island.

Jim Smith
Social Justice Committee’s Racial Justice Task Force

For further information about any of these announcements, please contact Social Justice Coordinator Claire Deroche at cderoche@uucsr.org or 516.472.2977.

Current Holiday Social Justice Campaigns

Holiday Donation Drive. Each year the Social Justice Committee organizes a drive to collect $5,000 in donations to provide turkeys for Thanksgiving and Roaster Chickens for Christmas for the guests of the North Shore Soup Kitchen and the AIDS Center of Queens County. Please stop by the table in the Main Lobby after Sunday worship and make a donation! Detailed flyer available at UUCSR.

Holiday Cards for Incarcerated Individuals: The Social Justice Committee of UUCSR and the Worthy Now Prison Ministry at the UU Church of the Larger Fellowship (CLF) are joining forces to send holiday cards to CLF members currently incarcerated. Please pick up a flyer from the lobby table and follow the directions. Sealed and signed cards in unaddressed white, stamped envelopes can be deposited in the large holiday wrapped box in the main lobby until Sunday, November 25. The cards will be sent to the CLF office in Boston where they will be mailed. We’d like to send at least 100 cards from UUCSR. Please help us meet our goal! Sponsored by the UUCSR Social Justice Committee. Visit uucsr.org for full details.

Wednesday, November 14, 2018
Social Justice Committee Meeting, 7:30 PM in the Art Gallery. We will be evaluating our programs thus far and planning for other activities. We have new information on work with refugee families resettled on Long Island by Catholic Charities. Please join us to learn how you can be involved.

Thursday, November 15, 2018
Re-imagining Incarceration: Ending Wasted Tax Dollars at the Nassau County Correctional Center, 7:00–8:30 PM, Elmont Public Library, 700 Hempstead Turnpike, Elmont, NY 11003, Room 2. Guest Speaker: Lauren Jones, Senior Planner, Vera Institute of Justice. Refreshments will be served RSVP: DZantua@nyclu.org. Co-sponsored by the UUCSR Social Justice Committee. Learn more.

Saturday, November 17, 2018
Cooking for Interfaith Nutrition Network (INN) Guests, 9:00 AM-12:30 PM in the Main Kitchen. Meals cooked will be delivered to three shelters run by the INN. Contact John Ryan at 516.487.5571 for information.

Together to End Solitary Confinement, 10:00 AM–12:00 PM in RE Room 15. Advocates for ending prolonged solitary confinement gather every month, remembering those who are in segregated confinement 23 hours a day. We will meet in RE Room 15 for bagels and coffee, then move into the Chapel for our program. After reading the names of and lighting candles for 23 individuals
being held in solitary, we will view the video, What is Solitary Like?, a philosophical examination of the practice from the United Kingdom. We will then write holiday greetings to individuals living in solitary. **Scheduled for November 17;** UUCSR will be closed on November 23. This event is usually held on the 23rd of the month.

**OPPORTUNITIES FOR GIVING**

Current Campaign for the INN: The Interfaith Nutrition Network (INN) in Hempstead needs clean, gently used sheets, pillow cases, blankets, quilts, and duvets. The INN Clothing Boutique is also in need of gently used men's pants and shirts as well as casual/sport pants (jeans, khakis, or similar) or shirts (short or long sleeve). This collection will be ongoing until further notice. Please put your donations in the small, blue bin marked “INN Donations” in the entrance to the coat room.

The Social Justice Committee of UUCSR sponsors several ways for members of the congregation to meet the needs of others for food and clothing. [Please visit uucsr.org to see the flyer with complete details.](https://uucsr.org)

**MEMBERSHIP COMMITTEE**

Meg Cohen, Chair

**GREEN SANCTUARY COMMITTEE**

Jim Peters, Chair

The Green Sanctuary Committee focuses on the seventh UU Principle: Respect for the independent web of all existence of which we are apart. Members of the committee encourage all in their stewardship of our earth by striving to enlighten, educate, and affect change that makes the world just and sustainable.

**Demand Side Environmentalism**

The primary sources of renewable energy are wind and solar. Every home that installs a roof top photovoltaic system adds to the supply of green energy. Storage batteries, however, are needed to compensate for those hours with little or no output.

Supplying more green energy is only part of the answer. We also need more demand in the choices we make as consumers. Transportation is the biggest component. Simply put, gasoline (or diesel) is a very inefficient way to power an automobile.

Electric cars deliver instant torque. This means that besides being much quieter, they outperform gasoline engine cars. They require an overnight charge which saves you money. Even at current electric rates, it costs twice as much for gasoline power. It is no wonder that a number of cities, including San Francisco, are converting public transportation to all electric.

We also use a great amount of energy to heat our homes and cook our food. Geothermal heat pump systems render electric power much cheaper than natural gas or fuel oil. They have gained more popularity in Europe than the US.

Lastly, is cooking. Anyone who has used a microwave oven knows it is more efficient that a gas flame for heating food. Better still, would be to use a magnetic induction stove. These units produce a rapidly oscillating magnetic field that heats the iron in a pot or pan without otherwise heating the surface of the stove. Aside from safety, essentially all the energy consumed goes to heating (cooking) the food. Over enough years of use, they may save enough on utility bills to compensate for their higher costs.

Increased demand for consumer goods spurs increased production. Invariably, this leads to improved manufacturing methods, which often brings down price. A prime example is the cost per kilowatt-hour of stored energy for lithium ion batteries. We can also demand more of our politicians. Besides the choices we make as consumers, there are the choices we make as voters.

**The Climate Crisis and our Spiritual Home: The Greening of our UU Campus**

**Tuesday, November 13, 2018 • 7:30 PM • Social Hall**

A talk with Mike Menser focusing on the work of our Green Sanctuary Congregation to enhance its beauty and spiritual growth as it builds community. Professor Menser teaches Philosophy and Urban Sustainability Studies at Brooklyn College, CUNY. He works on issues of gardening, sustainability, and climate change. He has been a member of UUCSR since 2015.
What is a COMMON READ?

A common read program is a structure where individuals in a group join to read and discuss a selected book in a specific time frame. It is widely used in colleges to aid adjustment to student life for incoming freshmen. It has been found to be especially helpful in encouraging community among students from differing backgrounds. Each year for many years, our Unitarian Universalist Association has used this tool among its congregations and fellowships to promote reading a chosen book, provide intellectual stimulation, meaningful conversations and community among our diverse membership. The UUA has selected from among the books nominated, its choice for the 2018-19 Common Read: Justice on Earth: People of Faith Working at the Intersection of Race, Class, and Environment.

This common read is an anthology of essays by 14 Unitarian Universalist ministers and lay leaders that highlight and explain how threatening environmental conditions disproportionately affect the poor, people of color and those living on the margins of society. These writings reveal ways in which capitalism, white supremacy, patriarchy, and other systems of oppression contribute to environmental hazards and suffering. It advocates for people of faith to work together for changes across overlapping or intersecting situations. Aly Tharp, a prominent UU leader states, “I hope every Unitarian Universalist will read this book and take its messages to heart and into the world.”

The advantages of participating in a common read experience are many, including partaking in a group experience, reading a book one otherwise might not, being exposed to new ideas, benefiting from preplanned UUA study guides, and the ensuing discussions. Another advantage is that the Common Read Selection Committee of the UUA suggests that the book be of a length that makes it possible for people to finish it easily. At 8.5 by 5.5 inches Justice on Earth: People of Faith Working at the Intersection of Race, Class, and Environment is smaller in size than the standard book and has a mere 176 pages. The Rev. Dr. Natalie Fenimore will facilitate a discussion November 14, 7:00 PM in the Chapel and no doubt there will be more scheduled during the year.

Your Shelter Rock Bookstore has Justice on Earth in stock. We are located just off the Main Lobby and open for one hour following Sunday Service. Please come in and browse.

Lois Wolfson

MEMBERSHIP MATTERS

Ben Bortin, Membership and Volunteer Coordinator

Within the past week, as I write, five people have joined this congregation, and I’m sure you join me in heartily welcoming them. They are Joanne DellPrete, Timothy Culp, Joan Culp, Maryelle Wyett, and Jonathan Wyett. I look forward to introducing them at more length, and with you, coming to know them better. Congratulations to them all.

Last issue, I was delighted to write a bit about WinterFlower Robinson, current Chair of the Adult Programs Committee. On August 2, Russell Robinson, her husband, joined this congregation.

Russell grew up in Brooklyn, New York. Attending Boys High School in Brooklyn, Russell became involved with track and field. It was to become a lifelong passion. Participating in 100 meter, 200 meter, and 400 meter runs, Russell eventually became an Empire State champion. He has been part of the Masters Track and Field events for men and women over 40. He also loves football, but as a spectator, not a contestant.

Russell was in the 86th Airborne Division, 1960-63, participating in some 47 parachute jumps. After completing military service, Russell received degrees in accounting at the college level, and as his livelihood, has worked as a bookkeeper and accountant.

Attending a Southern Baptist congregation as a child, Russell learned of this congregation through his wife, WinterFlower, and enjoyed attending Mens and Womens Group events so much, he decided to become a member of the congregation. It’s our gain. Welcome Russell!

One of my mother’s friends wrote a book of poetry entitled, Riding into November. Amid the glorious golds and reds of the surrounding trees and bushes, I hope your ride is a rewarding one. Namaste

THANK YOUS

My sincere thank you to the members of the UUCSR community, the ministers, the Caring Committee, and the Quilters for their well wishes and caring during my hospital stay and recovery at home. The Quilters pillow from the Caring Committee was such a lovely surprise and I was so touched by their concern for my well being. Love to you all and a very special THANK YOU.

Ellie Kantor
We mourn the death of... Jean Heacock, a member of UUCSR, a resident of Hadley House, formerly a member of the Garden City congregation and a birthright Universalist. Jean is survived by her husband of 68 years, William (Bill) Heacock, their daughter-in-law, Carol and granddaughter, Tyler Cassidy Heacock. Although a date has not been set, a service will be held at UUCSR. Expressions of sympathy may be sent to:

Bill Heacock  
c/o Sunharbor Manor  
255 Warner Avenue  
Roslyn Heights, NY 11577

We grieve the death of... long-time member Susan Peet, who died on Sunday, November 4, 2018 after a two year battle with cancer. She is survived by her husband Gerry, and their children Jessica and Aaron. A Memorial Service will be held at UUCSR on Saturday, November 17, 2018, at 1:30 PM in the Worship Room. Notes of condolence may be sent to:

Gerry Peet  
34 Spring Pond Drive  
Ossining, NY 10562

We hold in our hearts and minds... Midge Russell of Huntington who is receiving home hospice care. May Midge know peace of heart and mind. May she be physically comfortable, and may she—and her family members—feel held in the care of their friends and religious community.

We extend our encouragement and care to... our members who are in rehab after hospitalizations...among them are Gloria Erhardt and Miriam Silverberg. Cards may be mailed to their home addresses.

We share the pride of... Ginette Levin who is celebrating with her granddaughter, Ariana M. Levin, MD, on the occasion of Ariana’s being awarded $15,000 by the Achievement Rewards for College Scientists (ARCS) Foundation. ARCS awards $15,000 to an incoming first-year John A. Moran Eye Center resident to support their research. This generous gift allows promising young researchers to continue moving forward with their work during residency. Moran then matches the award for the following two years of residency, providing a total of $45,000 to support research. Dr. Levin is completing her ophthalmology internship at the Moran Eye Center, exploring research related to synthetic intraocular lenses, used to replace the eye’s natural lens, and surgical planning. She will begin her residency in July 2019.

Please note: UUCSR members’ contact information is available in the Member Directory to members only. Hard copies may be obtained at the Welcome Desk in the UUCSR Main Lobby. Online, the Directory is available online at https://uucsr.org/myuucsr/ in the Member Resources section. The online version is updated throughout the year.

WOMEN’S GROUP 
Sandra Hazel Frank, Women’s Group President

WOMEN’S GROUP BOOK SERIES

NOVEMBER 16, 2018  
7:30 PM, Art Gallery

Please note this new title:  
The Woman in the Photo  
by Mary Hogan  
Leader: Robin Finnann-Jones

Design your life!!! Kicking Stress, Letting Go, Moving On, to help you through the holidays and more. Saturday, November 17, 9:00 AM-1:00 PM, Veatch Ballroom, Visit uucsr.org for details.

New Hour Kids’ Cookie Bake Off, Saturday, December 1, 2018, 12 Noon, Veatch Conference Room. Donations of rolling pins, aprons, etc. are welcome. Watch for more information.

Women’s Group Holiday Sale, Sunday, December 2, 2018, 12 Noon-3:00 PM, Main Lobby. Jewelry, trinkets, handmade items, all for sale to benefit local charity. Contact sesposito@uucsr.org.

TGIF: Your Scarf, Your Story, Friday, December 7, 2018, 7:30 PM, RE Room 15. Do you have a favorite scarf? One with a special story behind it? Join us for an evening of sharing. A beautiful scarf will be raffled.
PROGRAM ANNOUNCEMENTS

Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations.

WEDNESDAY, NOVEMBER 07, 2018
SRI Committee Meeting, 7:00 PM, Office Conference Room
Inisfada-Zen Sitting Meditation, 7:30 PM, Multiple Rooms
Food & Water Watch Monthly Meeting, 7:30 PM, Veatch Conference Room
Stewardship TF, 7:30 PM, Veatch Oval Room
Nominating Committee Meeting, 7:30 PM, Veatch Library
Interfaith Unity Vigil, 7:30 PM, Worship Room

THURSDAY, NOVEMBER 08, 2018
Cornell Cooperative Extension Classes - For Registered Only, 9:00 AM, Social Hall
Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Room 206, 207
Disability Task Force, 5:00 PM, Veatch Library
Membership Committee Meeting, 6:00 PM, Office Conference Room
Barracoon and The Last Slave Ship, 7:00 PM, Art Gallery
Green Sanctuary Monthly Meeting, 7:00 PM, Staff Luncheon Room
Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

FRIDAY, NOVEMBER 09, 2018
Tai Chi/Qigong, 10:15 AM, Art Gallery
Bridge Lessons & Game Play - for UUCSR Members, 1:00 PM, Veatch House
Hersty Workshop, 3:00 PM, Bride's Room, Office Conference Room
Sofield Sundown Supper, 6:30 PM, Social Hall
6th Grade Retreat, 7:00 PM, RE Wing
Sofield Sundown Worship, 7:30 PM, Social Hall, 8:30 PM Coffee House

SATURDAY, NOVEMBER 10, 2018
Caring Hearts Quilters, 10:00 AM, Rm 204, 205
Caring Committee Meeting, 10:00 AM, Office Conference Room
Yoga, 11:00 AM, Art Gallery
Theatre For Everyone Rehearsal, 11:00 AM, SH 306 Hollywood: Long Island Premiere Screening, Sponsored by UUCSR, 4:30 PM, Manhasset Bowtie Cinema

SUNDAY, NOVEMBER 11, 2018
SGM Second Sunday - Early AM Group, 8:30 AM, Office Conference Room
Theatre For Everyone Rehearsal, 8:30 AM, Veatch Ballroom
Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4
Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
Fundraising Bake Sale, 9:00 AM, Social Hall
Building and Grounds Meeting, 9:00 AM, Veatch Conference Room
Worship Committee Meeting, 9:15 AM, Bride's Room
Bagel Breakfast, 10:00 AM, Social Hall
Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room
RE Classes, 11:00 AM, RE Wing

WEDNESDAY, NOVEMBER 14, 2018
Manhasset School Retirees, 10:30 AM, Bride's Room
Reach Out America, 12:30 PM, Social Hall
Small Group Ministry Second Wednesday AM Hadley House meeting, 1:00 PM, Hadley House Community Room
Bridge Group - for UUCSR Members, 1:00 PM, Veatch Ballroom
Bookstore Committee Meeting, 4:00 PM, Bride's Room
Common Read: Justice on Earth, 7:00 PM, Chapel
Inisfada-Zen Sitting Meditation, 7:30 PM, Multiple Rooms
Social Justice Monthly Meeting, 7:30 PM, Art Gallery
Transcendentalism: Emerson, Parker, and Fuller, 7:30 PM, Veatch Library

THURSDAY, NOVEMBER 15, 2018
Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Room 206, 207
League of Women Voters Post Election Supper, 5:30 PM, Social Hall
NAMI Sibling & Children of Peer Support Group, 7:00 PM, RE Room 17
Board of Trustees Meeting, 7:30 PM, Veatch Ballroom
Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

FRIDAY, NOVEMBER 16, 2018
ERASE Racism - Leaders of Tomorrow Conference, 8:00 AM, Multiple Rooms
Tai Chi/Qigong, 10:15 AM, Art Gallery
SGM Third Friday meeting, 1:00 PM, Veatch House Community Room
Bridge Lessons & Game Play - for UUCSR Members, 1:00 PM, Veatch House
Hersty Workshop, 3:00 PM, Bride's Room, Office Conference Room
Soulful Songs & Stories, 7:00 PM, RE Room 14
Women's Group Book Series, 7:30 PM, Gallery

SATURDAY, NOVEMBER 17, 2018
Kicking Stress, Letting Go and Moving On!, 9:00 AM, Veatch House
Saturday INN Cooking, 9:00 AM, Main Kitchen
Caring Hearts Quilters, 10:00 AM, Rm 204, 205
Together to End Solitary Confinement, 10:00 AM, Chapel, RE Room 15
Yoga, 11:00 AM, Art Gallery
Susan Peet Memorial Service, 1:30 PM, Worship Room

SUNDAY, NOVEMBER 18, 2018
Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4
Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
Choir Rehearsal, 10:00 AM, Worship Room
Bagel Breakfast, 10:00 AM, Social Hall
Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Room
Worship Service, 11:00 AM, Worship Room
UU Café, 12:00 PM, Social Hall
Love and Stitches, 12:30 PM, RE Room 15
Congregational Mtg, 12:45 PM, Worship Room

TUESDAY, NOVEMBER 20, 2018
Cornell Cooperative Extension Classes - For Registered Only, 9:00 AM, Social Hall
Overeaters Anonymous, 10:30 AM, Veatch Ballroom
Art Committee Meeting, 4:00 PM, Office Conference Room
Nar-ANON Meeting, 6:30 PM, RE Room 19
NAMI Peer-to-Peer Classes, 6:30 PM, RE Room 17
NAMI Family to Family Classes, 6:30 PM, RE Room 15
Kundalini Yoga, 7:00 PM, RE Room 6
Housing Board Meeting, 7:30 PM, Veatch Library
RE Committee Meeting, 7:30 PM, Art Gallery
Bridge Lessons & Game Play - for UUCSR Members, 1:00 PM, Veatch House
Bookstore Committee Meeting, 4:00 PM, Bride's Room
Common Read: Justice on Earth, 7:00 PM, Chapel
Inisfada-Zen Sitting Meditation, 7:30 PM, Multiple Rooms
Social Justice Monthly Meeting, 7:30 PM, Art Gallery
Transcendentalism: Emerson, Parker, and Fuller, 7:30 PM, Veatch Library

WEDNESDAY, NOVEMBER 21, 2018
Women Talk Daytime, 12:00 PM, Art Gallery
Bridge Group - for UUCSR Members, 1:00 PM, Social Hall
Climate Justice Task Force Meeting, 6:30 PM, Art Gallery

THURSDAY, NOVEMBER 22, 2018
BUILDING CLOSED-Thanksgiving Day Holiday, Special Thanksgiving Dinner, 12:00 PM, SH
FRIDAY, NOVEMBER 23, 2018
BUILDING CLOSED-Thanksgiving Friday Holiday

SATURDAY, NOVEMBER 24, 2018
Love and Stitches, 8:30 AM, RE Room 15
Caring Hearts Quilters, 10:00 AM, Rm 204, 205
Yoga, 11:00 AM, Social Hall

SUNDAY, NOVEMBER 25, 2018
Peace and Meditation Service, 9:00 AM, Chapel
Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
Bagel Breakfast, 10:00 AM, Social Hall
Worship Service, 11:00 AM, Worship Room
UU Café, 12:00 PM, Social Hall
Men’s Group Meeting, 12:30 PM, Ofc. Conf Rm
Music Committee Mtg, 12:45 PM, Bride’s Rm

MONDAY, NOVEMBER 26, 2018
Mental Health SJC Sub-Committee Monthly Meetings, 4:00 PM, Veatch Conference Room
Overeaters Anonymous, 10:30 AM, Veatch Ballroom
Veatch BOG Meeting (Dinner), 6:00 PM, Gallery
Nar-ANON Meeting, 6:30 PM, RE Room 19
NAMI Peer-to-Peer Classes, 6:30 PM, RE Rm 17
NAMI Family to Family Classes, 6:30 PM, Rm 15
Small Group Ministry Fourth Tuesday Meeting, 7:00 PM, Veatch Terrace Room
Veatch BOG Meeting (Policy ), 7:00 PM, Art Gallery
Veatch BOG Meeting, 7:00 PM, Ballroom
Kundalini Yoga, 7:00 PM, Veatch Ballroom
The Psychology of Music, 7:00 PM, Hadley House Community Room
Committee on Ministry Meeting, 7:30 PM, Office Conference Room

WEDNESDAY, NOVEMBER 28, 2018
Medical Qigong for Senior Health, 11:00 AM, Hadley House Community Room
Bridge Group - for UUCSR Members, 1:00 PM, Veatch Ballroom
Adult Programs Meeting, 5:00 PM, Library
Leukemia/Lymphoma Society Meeting, 6:00 PM, Art Gallery
NAMI Family Support Group, 7:00 PM, RE Rm 15
Inisfada-Zen Sitting Meditation, 7:30 PM, Multiple Rooms
Program Council Meeting, 7:30 PM, Ballroom

THURSDAY, NOVEMBER 29, 2018
Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Room 206, 207
Investment Committee Meeting, 7:00 PM, Office Conference Room
Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

FRIDAY, NOVEMBER 30, 2018
RE Young People's Art Exhibit, 9:00 AM, Art Gallery
Bridge Lessons & Game Play - for UUCSR Members, 1:00 PM, Veatch House
Herstory Workshop, 3:00 PM, Bride’s Room, Ofc. Conf Rm
Dramatic Readings, 6:00 PM, Veatch Ballroom
Beer Tasting, 7:00 PM, Social Hall

SATURDAY, DECEMBER 1, 2018
Caring Hearts Quilters, 10:00 AM, Rm 204, 205
Workshop: Reweaving the Web of Oppression into a Web of Life and Justice, 10:00 AM, Veatch Ballroom
Yoga, 11:00 AM, Art Gallery

SUNDAY, DECEMBER 2, 2018
Women’s Group Board Meeting, 8:45 AM, Veatch Conference Room
Women’s Group Board Meeting, 8:45 AM, Veatch Kitchen
Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4
Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
Choir Rehearsal, 10:00 AM, Worship Room
Bagel Breakfast, 10:00 AM, Social Hall
Young People’s Choir Rehearsal, 10:00 AM, Choir Rehearsal Room
RE Classes, 11:00 AM, RE Wing
Worship Service, 11:00 AM, Worship Room
Women’s Group Holiday Sale, 12:00 PM, Lobby
UU Café, 12:00 PM, Social Hall
Love and Stitches, 12:30 PM, RE Room 15
RE Holiday Decorations Party, 12:30 PM, SH
RE Young People’s Art Exhibit - Reception, 1:00 PM, Art Gallery
Small Group Ministry First Sunday Meeting, 1:00 PM, Bride’s Room
Jean Heacock Memorial Service, 1:30 PM, Chapel

TUESDAY, DECEMBER 4, 2018
Overeaters Anonymous, 10:30 AM, Ballroom
Racial Justice TF Mtg, 6:15 PM, Veatch Conf Rm
Nar-ANON Meeting, 6:30 PM, RE Room 19
NAMI Family to Family Classes, 6:30 PM, RE Rm 15
Kundalini Yoga, 7:00 PM, Veatch Ballroom
RE Committee Meeting, 7:30 PM, Art Gallery
Agenda Planning Meeting, 7:30 PM, Veatch Library
DAC Meeting, 7:30 PM, Office Conference Rm
Our American Roots: Unitarian Universalism in North America, 7:30 PM, Chapel

WEDNESDAY, DECEMBER 5, 2018
Medical Qigong for Senior Health, 11:00 AM, Hadley House Community Room
Bridge Group - for UUCSR Members, 1:00 PM, Veatch Ballroom
Women Talk Daytime, 12:00 PM, Social Hall
SRI Committee Meeting, 7:00 PM, Veatch Conference Room

THURSDAY, DECEMBER 6, 2018
Yoga, 9:30 AM, Art Gallery
NAMI Family to Family Classes, 6:30 PM, Rm 15
Inisfada-Zen Sitting Meditation, 7:30 PM, Multiple Rooms
MEMbership Committee Mtg, 7:30 PM, Gallery

FRIDAY, DECEMBER 7, 2018
Tai Chi/Qigong, 10:15 AM, Art Gallery
Bridge Lessons & Game Play - for UUCSR Members, 1:00 PM, Veatch House
Holiday Lunch Bunch - Strathmore Vanderbilt, 1:00 PM
Herstory Workshop, 3:00 PM, Bride’s Room, Ofc. Conf Rm
RE Volunteer Holiday Party, 6:30 PM, Multiple Rooms
Holiday Sing-Along Dessert Tasting Party, 7:00 PM, Veatch House
T.G.I.F. - Fashion and Style, 7:30 PM, RE Rm 15

SATURDAY, DECEMBER 8, 2018
Cookie Baking with New Hour, 9:00 AM, Main Kitchen and Social Hall
Introduction to Medical Qigong, 9:00 AM, Veatch Ballroom
Caring Hearts Quilters, 10:00 AM, Rm 204, 205
Messiah - Orchestra Rehear. & musician lunch, 10:30 AM, Art Gallery
Yoga, 11:00 AM, RE Room 6

SUNDAY, DECEMBER 9, 2018
SGM Second Sunday- Early AM Group, 8:30 AM, Office Conference Room
Great Books-Modern American Poetry & Consuming Interests, 9:00 AM, RE Room 4
Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
New Member Breakfast, 9:15 AM, Veatch Ballroom
Worship Committee Meeting, 9:15 AM, Veatch Conference Room
Choir Rehearsal, 10:00 AM, Worship Room
Bagel Breakfast, 10:00 AM, Social Hall
Young People’s Choir Rehearsal, 10:00 AM, Choir Rehearsal Room
RE Classes, 11:00 AM, RE Wing
Worship Service, 11:00 AM, Worship Room
UU Café, 12:00 PM, Social Hall
Write for Rights, 12:15 PM, Social Hall
Messiah Sing Recital, 1:30 PM, Worship Room

Visit UUCSR.org for additional calendar programs and events.
MUSIC AT SHELTER ROCK PRESENTS

George Frideric Handel

Messiah Sing

CALL FOR MUSICIANS

The Orchestra at Shelter Rock
Stephen Michael Smith, Conductor

Rehearsals:
Thursday, December 6, 7:00 – 9:30 PM
Saturday, December 8, 11:00 AM – 1:30 PM

Performance:
Sunday, December 9, 2018
1:00 PM call – 1:30 PM performance

Utilizing the Mozart orchestration,
which includes woodwinds (no lower brass).

Rehearsals and performances at
Unitarian Universalist Congregation,
48 Shelter Rock Road, Manhasset, NY.
Music stands and lights provided.

Please contact Orchestra Librarian, Sylvia Cordero-Skidmore at
UUMusic@uucsr.org to reserve a seat.
Music will be available in advance.

PERFORMANCE

The Orchestra at Shelter Rock
Stephen Michael Smith, Conductor
The UUCSR Choir

with
Professional Soloists:
Meagan Brus, soprano
Blythe Gaissert-Levitt, mezzo
Michael St. Peter, tenor
Brace Negron, bass baritone

Sunday, December 9, 2018
1:30 PM

UUCSR Members: $5
Non-Members: $8
Under 18 years old: Free

Come sing along, or just listen.
Musical scores will be provided at no charge
Ample, free parking | Fully handicapped accessible