



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

"Celebrating Worth and Dignity for All."

2017-2018 CONGREGATIONAL THEME

January 23, 2018



[See the Program and
Event List Here](#)

UPCOMING WORSHIP SERVICES

January Theme:

Disagreeing Without Being Disagreeable

Sunday, January 28, 2018, 8:30 AM

Peace and Meditation Service

Facilitated by

Cello Da Silva and Nancy Reid-McKee

Meditation, with reflection on peace and some simple singing. All are welcome.

Sunday, January 28, 2018, 11:00 AM

Veatch Sunday: "We Resist, We Rise"

Taj James, Movement Strategies Center,
Guest Speaker

Movement Strategy Center supports community organizing through capacity-building, organizational development, and the training of new progressive leaders. Discussion follows at 12:45 PM with:

- Kris Hayashi,
Transgender Law Center
- Christine Nuemann-Ortiz,
Voces de la Frontera
- Maria Rodriguez,
Florida Immigration Coalition

Sunday, February 4, 2018, 11:00 AM

"What We Now Love"

The Rev. Natalie M. Fenimore

For February we will explore the worship theme – Loving the Unlovable.

What do we love? Does our heart open more to some than to others? Why?

Let's explore what we give our hearts to in lifelong allegiance – and what, in our community of faith, is the object of a transient love.

Friday, February 9, 2018

Dinner 6:30 PM, Worship 7:30 PM

Free Coffee House with The Cosmic Orchestra

Soulful Sundown

Transportation Assistance

UUCSR offers transportation assistance to Worship Services for members who are unable to travel due to physical or financial limitations. Contact Cindy Wilson, Assistant to the Ministers, at ministerasst@uucsr.org or 516.472.2941 for an application.

TOUCHSTONES

Rev. Natalie M. Fenimore



Your mother or grandmother may have said to you, "Well, if you don't have anything good to say, don't say anything." Often, we do believe that the opposite of disagreement - or critique - is silence. But that cannot be the case all the time - probably not even most of the time. The truth is that we do need to find ways to speak about things that we believe are wrong or need improvement. We do need to speak up about our differences and our disagreements. Silence is not always an option. Silence is not always the right thing. Silence is not always the sound of love.

There is a place in our community of faith for challenging, healthy, productive, enlightening, and transformational arguments. We can learn and grow by pushing right up to the edge of who we are and what we believe at this moment and to decide if we want to go to this new place that exists at the edge of where we are now - or not.

We do need to make space for the outsider voice - because so often that is where our transformational possibilities lie. The sound of the outsider voice, the challenger, the agitator, the prophet has always been important in our religious history. Unitarian Universalists have been and should continue to be doubters, naysayers, searchers for the truth - those who carry light into dark places. As civil rights organizer, Bayard Rustin, said, "We need in every bay and community a group of angelic troublemakers."

Our Unitarian Universalist faith lists as a source of the principles of our faith: words and deeds of prophetic men and women which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love. Still our faith does not call us to sacrifice our worth or dignity or principles to hostile language. To be silent when there is abuse, threat, or hostility is to deny the community an important and needed sense of safety and security - of peace and freedom.

In our lifetime, we may each hear many conversations - or arguments - that are painful and hurtful to us or to those we love. From the almost casual rudeness that we encounter so often that we may believe ourselves to be immune, to obscene "hate speech" hurled by a neo-Nazi or a White Supremacist or someone who is simply ignorant, our children and youth endure bullying and cyber-bullying. There are endless and provocative tweets.

Not a day goes by when I do not have someone tell me that they don't want to listen to the evening news anymore - they are weighed down by the stress and anxiety of what they hear about the terrible state of the world.

I can understand the impulse to turn away - to tune out - not to listen. But we need to stay present. And we need to be more than "hearers" of the word - we need to be a part of the ministry of bringing the "Sound of Love" into the world.

VEATCH NEWS

Joan Minieri, Executive Director Unitarian Universalist Veatch Program at Shelter Rock



The State of Our Union

As one of the largest funders of community organizing in the country, the congregation has a significant role in the resistance movements of these times. I hope you have had the opportunity to review our most recent Annual Report: [We Resist, We Rise](#).

As the congregation lifts up the first principle of human dignity in worship this year, we introduce you, in *We Resist, We Rise*, to some of the best organizers in the country. Veatch grants help to pay their salaries and keep their organizations strong, despite a year of attacks on their values, their members, their staff, their land and water, their homes, their livelihoods.

Each of these grantee organizations is made up of people. People who organize in order to survive the trauma of mass deportation, to win back-wages for low-wage jobs, to protect their communities from sexual harassment – and so much more.

We celebrate the congregation's legacy of support with Veatch Weekend on Sunday, January 28, just days before the State of the Union address. I'd like to share with you some examples of the stories of hope and resilience you can hear from our grantees, if not from the nation's capitol.

Veatch on the Ground

DREAMers. United We Dream, the largest organization of young immigrants in the country, is in the fight of its life. Between now and March 5, the organization is working to save 800,000 young people from losing the legal status protected under DACA (Deferred Action for Childhood Arrivals). United We Dream and its affiliates are on the ground in Washington, D.C., working with legislators to bring a permanent fix to the floor of Congress for a vote.

Every Vote Counts. Longtime Veatch grantee, **New Virginia Majority Education Fund**, was one of the many groups working to turn out long overlooked communities in the Virginia elections in November that ended in a tie. New Virginia Majority Education Fund's work in low-income communities, communities of color, and immigrant communities over many years helped to produce significant levels of involvement in these elections. The congregation's support before the mid-term elections means continued momentum of people looking to become more involved. They believe they can tip the scales. Every person counts. Every vote counts.

#metoo. Ai-Jen Poo from the **National Domestic Workers Association** and Saru Jayaraman from **Restaurant Opportunities Center United** were both on the docket of grants being presented to the congregation on January 21. Ai-Jen and Saru were two of eight activists at the Golden Globes with stars like Meryl Streep and Amy Poehler. They are helping to make sure the #metoo moment is more than a Hollywood cause of the day. They used the spotlight to elevate the stories of low-wage women workers, who are most likely to be harassed and least able to afford to leave their jobs. Ai-Jen and Saru are longtime Veatch grantees. Ai-Jen's work started in New York City and Saru's on Long Island, with the congregation's support. Their efforts to organize nannies, housekeepers, home health aides and restaurant workers started in our own backyard and have since become national in scope and influence.

Nebraska Appleseed: One of a Kind. The congregation's funding of Nebraska Appleseed helps to ensure that the large population of low-wage, immigrant families are not exploited as workers in the meat processing plants that drive the local economy. The organization is ensuring that workers' children, many DACA recipients, are not deported. Through Know Your Rights Trainings, legal assistance, and statewide legislative advocacy, Nebraska Appleseed is a critical, one-of-a-kind organization in a state where few other funders are paying attention.

Safe and Equitable Hurricane Recovery in Texas. The congregation and the Veatch Program know from Hurricanes Katrina, Sandy, and Rita that after the immediate wave of crisis funding subsidies, there remain large-scale unmet human needs. Breadwinners lose pay and are not eligible for state and federal assistance. They are on their own to rebuild their homes, feed their children and take care of their health needs. Those who work as day laborers, and will be central to the rebuilding, face the added risk of wage theft and unsafe working conditions. On the ground in Houston, Veatch grantee, the **Texas Organizing Project Education Fund** is one of the few groups working to organize and protect low-wage workers and their families.

I hope you can take heart in this union, the people in this fabric of social justice organizations that the congregation, for decades, has been a national leader in building and sustaining. They are activated and strong during these troubling times, in places where the principle of human dignity is needed most.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.



DENOMINATIONAL AFFAIRS

Karen Krieg, Denominational Affairs Committee Chair



UUA GENERAL ASSEMBLY

The UUA's General Assembly will be held this year from June 20 through 24, 2018. Entitled "All Are Called," this year's GA is envisioned as a call for all to witness and act for justice.

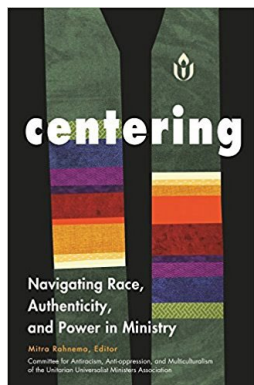
- [Applications for delegate status from UUCSR will be accepted through February 1, 2018.](#)
- [Registration is open to all via the UUA website starting on March 1, 2018.](#)

The UU-UNO Spring Seminar "When Justice Calls: Advancing Just Migration for ALL" will be held from April 5-7, 2018. [Applications are now available online through UU-UNO or UUA websites.](#) The deadline for registration is February 26, 2018.

SPECIAL UNITED NATIONS OPPORTUNITIES

All interested in United Nations and UU-UNO are invited to contact Latifa Woodhouse for information and passes for opportunities to visit and observe meetings at the UN.

ADULT PROGRAMS



COMMON READ

CENTERING: NAVIGATING RACE, AUTHENTICITY, AND POWER IN MINISTRY

Monday, February 5, 2018

7:00 PM • Art Gallery

Facilitated by The Rev. Natalie M. Fenimore.

Centering highlights the stories, analysis, and insights of a number of Unitarian Universalist leaders of color as they explore how racial identity is made both visible and invisible in Unitarian Universalist communities.

The book is now available for purchase for \$18 at UUCSR. To arrange a purchase, please contact Carson Jones (516.472.2915 or cjones@uucsr.org). Also available on Kindle by visiting <http://amzn.to/2m8OL9A>

YOUTH AND YOUNG ADULTS

India Harris, Youth and Young Adult Program Coordinator



When our RE classes reconvened after the winter holidays, Senior Seminar began planning for their youth-led Worship Service on March 25. In many Unitarian Universalist congregations, youth groups are given the opportunity to create and lead worship for their entire congregation. The advisors, youth, and I facilitate sessions that lead the group through determining a theme, messaging, and elements of worship. Having the youth journey through a creative process that values their contributions is vital in presenting the congregation with a cohesive worship experience. In traveling with them through that process, we are very much informed by the principles of community educator and author, Paulo Freire. As youth and advisors, we learn from one another.

Since the youth are experts in their own experience, they can tell us and teach us so much about their reality as teenagers today. Many of our youth already have experience in planning and leading worship for youth conferences. They are very adept at striking the balance between what they want to say through their theme, as well as considering how to convey their message through ritual, music, and spoken word. This spring, the Senior Seminar Service will explore holding space, and having understanding for people with perspectives different from our own.

Join us as our youth invite the congregation to connect through deep sharing and deep listening.

SMALL GROUP MINISTRY

*Join a group and give yourself
the gift of time...*

There are openings in some groups. Contact Lea Titza at Ltitza@uucsr.org or 516.472.2975. If you want to talk to someone about SGM before you decide, call Betty Gold at 718.805.6929 or email elizkgold@gmail.com.

Soulful Small Group

Friday, February 16, 2018, 7:00 PM, Room 14

Soulful Small Group is the name for a discussion group modeled after Soulful Sundown, with a song providing the theme and jumping-off point for sharing our thoughts and stories.

Newcomers please register with Lea Titza (Ltitza@uucsr.org or 516.472.2975) and she will send you the Soulful Small Group Format and Covenant. Facilitators are Alice Giordano and Steve Marston. We start promptly at 7:00 PM. The rear parking lot near the chapel is closest to Room 14. [Further details can be found on the UUCSR website event list and calendar.](#)

SOCIAL JUSTICE COORDINATOR

Claire Deroche



Blindfolded Defendants

According to the New York State Bar Association, we need to repeal the "Blindfold Law." Consider this case study: BROOKLYN—The defendant was arrested for possession of cocaine. At arraignment he handed defense counsel his prescription for methadone and insisted that the substance the police confiscated was prescribed methadone. The client could not post bail so he remained incarcerated. The laboratory test report was available 11 days after the arrest, but numerous attempts by the defense attorney to get the report met with failure. Finally, one month after the arrest, the defense attorney got the report which confirmed that the substance was methadone. The prosecutor had not read the report carefully and had allowed the accused to stay in jail a full month. Imagine the disruption to this individual's life caused by a month in jail!

This is only one of hundreds of cases where defendants are hurt because New York is among the four states with the most restrictive discovery rules in the country. (The other three are Louisiana, South Carolina, and Wyoming.) Currently, prosecutors are not bound to turn over evidence or witness lists until the day before a trial. This puts the accused at a distinct disadvantage because lawyers cannot fully prepare for a trial. It also contributes to mass incarceration, wrongful convictions, and court delays.

Advocates for criminal justice reform are saying that this must change! In his State of the State Address this month, Governor Cuomo called for change to this law. There is already legislation in Albany that when passed, will change this injustice. In the Senate, it's bill S6848 sponsored by Senator Avella, and in the Assembly, it's bill A7292 sponsored by Assemblyman Lentol. In each house, the bills need more co-sponsors. Call your state senator and assembly person now and ask that they co-sponsor this important legislation. We can do something about injustice, one phone call at a time!

On Wednesday morning, January 24, members of the Social Justice Committee will join other advocates in a rally in front of the Nassau County District Court, 99 Main Street in Hempstead. We will call for a criminal discovery process that is open, early, and provides the automatic disclosure of evidence! Please join us if you can.



See the article in Newsday about the Photo Requests From Solitary exhibit in the Art Gallery at UUCSR, featuring CAIC member Jack Davis. <https://www.newsday.com/long-island/nassau/solitary-confinement-art-1.16183593>

SOCIAL JUSTICE ANNOUNCEMENTS

Register Now: Advocacy Day 2018 to Pass the HALT Solitary Confinement Act: On Tuesday, March 13, advocates will gather in Albany to continue to urge lawmakers to pass the HALT Bill. Training for this event will be held on Tuesday, February 27, at 7:00 PM in RE Room 4. On March 13, the Congregational van will leave UUCSR at 6:00 AM and return by 8:00 PM. To participate, complete these two steps: go to <https://goo.gl/z22oVf> to register, and then email cderoche@uucsr.org to reserve your seat in the van. Training and transportation are free of charge.

Tuesday, January 23, 2018

Together to End Solitary Confinement at 6:30 PM in the Worship Room. Advocates for ending prolonged solitary confinement gather on the 23rd of every month, remembering those who are in segregated confinement 23 hours a day. After a vigil in the Worship Room, we will go to the Art Gallery for a conversation with individuals directly affected by solitary confinement, and share responses to the exhibit, "[Photo Requests from Solitary](#)."

Wednesday, January 24, 2018

Discovery for Justice Rally, at 10:00 AM, Nassau County District Court, 99 Main St., Hempstead. Join members of the Social Justice Committee to support legislation that will make evidence discovered by the prosecutor available to the defendant immediately. New York, unlike most of the country, does not require this, meaning that defendants walk into the courtroom "blindfolded." The congregational van will leave the main door at 9:00 AM on Wednesday. Contact Social Justice Coordinator by Tuesday, January 23, at 5:00 PM to reserve your seat.

Racial Justice Task Force Meeting, 7:30 PM in the Art Gallery. The Social Justice Committee is re-forming a Racial Justice Task Force to provide educational and action opportunities around this urgent issue. At this first meeting we will set goals and plan activities. All are welcome to join us.

Sunday, January 28, 2018

SJ Mental Health Subcommittee Meeting, 8:45 AM in the Veatch Conference Room. This subcommittee works to eliminate the stigma of mental illness. The group is currently planning two events on suicide prevention for the fall.

Thursday, February 1, 2018

Cooking for the Guests of the Interfaith Nutrition Network (INN), from 9:30 AM – 12:30 PM, Main Kitchen. Meals cooked will be delivered to three shelters run by the INN. For further information, contact Verna Livingston, 516.883.7999.

OPPORTUNITIES FOR GIVING

The Social Justice Committee of UUCSR sponsors several ways for members of the congregation to meet the needs of others for food and clothing. Members can participate in monthly cooking for guests of the shelters run by the Interfaith Nutrition Network. Members can donate non-perishable food for our own congregational pantry located in the hall by the side entrance to the main kitchen and for local food pantries. Donations of gently used clothing benefit our own members through a clothing rack next to the congregational pantry, and men, women, and children served by United Veterans Beacon House. [Please see the flyer on the table in the Main Lobby for complete details.](#)

MUSIC, MUSIC, MUSIC



SUNDAY, FEBRUARY 4
1:00 PM Social Hall

Do you sing, dance, mime or tell (good) jokes?
We need you on stage!

Our own UUCSR Jazz Ensemble will kick off the show.
Young people 18 and younger will be given top priority, but performers of all ages are encouraged to participate. All participants must register in advance to perform.

SIGN UP BY JANUARY 28 TO RESERVE YOUR SPACE!

Please register by contacting Lea Titza (Ltitza@uucsr.org)
Questions?

Contact Karin Lyngstad-Hughes (drkarindc@icloud.com), or Music Director Stephen Michael Smith (ssmith@uucsr.org). Registration forms are also available [online](#), and in the UUCSR Main Lobby.

JOIN THE CHOIR FOR MUSIC SUNDAY 2018!!

This year, Music Sunday is Sunday, April 22, and the choir will sing two very different pieces: the Congolese Mass, Missa Luba, and "In Principio," by Arvo Pärt.

Scored for chorus and percussion, the Congolese Missa Luba is a setting of the Latin Mass sung in styles traditional to the Democratic Republic of Congo. Composed in 1957 by Father Guido Haazen, a Franciscan friar from Belgium, it was originally performed and recorded with a choir of adults and children from the Congolese town of Kamina in Katanga Province. The music was not written down, but the recording was so beloved that a transcript was made in 1964. Included in the Missa Luba are a movement in the style of a kasala (a Luba song of mourning), a piece in the Kiluba style characteristic of Katanga Province, five folk songs, a traditional Bantu farewell song, a rhythmic dance of Kasai, and a typical Bena Luluwa song.

I recently read that Estonian composer Arvo Pärt is the most widely performed living composer of our time. Pärt's "In Principio" is defined by its massive orchestral gestures juxtaposed with an almost stoic calm in the choir. Various sections of the work were written between 1989 and 2005, and it is therefore hailed as offering an impressive overview of Pärt's recent stylistic development during this, his "master" period.

Rehearsals on these two works will be held on Thursday evenings, 7:30 - 8:40 PM, in the choir room beginning Thursday, January 25. A commitment to singing with the choir for Music Sunday does not imply an intent to sing with the choir for regular Sunday morning services.

Members and friends of the UUCSR, and members of the greater Long Island community-at-large, are cordially invited to join with

SHELTER ROCK BOOKSTORE



Many of you had signed up for Barry's Talk about his book, but then the snowstorm hit and miserable weather condition kept you away. It is really a well-written book, and we have some in the bookstore!!! Obviously it's first come first serve, so do not delay getting your copy, maybe you even want to reserve one by emailing the Chair: brimu@optonline.net

***Transcendentalism and the Cultivation of the Soul* by Barry Andrews**

American Transcendentalism is often seen as a literary movement—a flowering of works written by New England intellectuals who retreated from society and lived in nature. In *Transcendentalism and the Cultivation of the Soul*, Barry M. Andrews focuses on a neglected aspect of this well-known group, showing how American Transcendentalists developed rich spiritual practices to nurture their souls and discover the divine. The practices are common and simple—among them, keeping journals, contemplation, walking, reading, simple living, and conversation. In approachable and accessible prose, Andrews demonstrates how Transcendentalism's main thinkers, Emerson, Thoreau, Fuller, and others, pursued rich and rewarding spiritual lives that inspired them to fight for abolition, women's rights, and education reform. In detailing these everyday acts, Andrews uncovers a wealth of spiritual practices that could be particularly valuable today, to spiritual seekers and religious liberals.



Take a quick survey about the UUCSR Bookstore!

[https://uucsr.
formstack.com/forms/
bookstoresurvey](https://uucsr.formstack.com/forms/bookstoresurvey)

Your opinion matters!

MEMBERSHIP MATTERS

Ben Bortin, Volunteer and Membership Coordinator



Among the many fine people who have become members here since the congregational year began last July 1, I'm pleased to welcome and introduce Robert and Suzanne Dulak.

Suzanne and Robert were impressed at how delighted their daughter Amanda is with the UUCSR Religious Education program. (And Amanda is also a new member, yet to be interviewed. Welcome Amanda!) Amanda's parents began to explore this congregation as a result, and were similarly impressed with what they experienced.

Robert grew up in Texas, and attended a Roman Catholic church as a child. Moving to New York City at the age of 26, he lived for some twenty years in Manhattan, not religiously attached.

He appreciates in Unitarian Universalism that it is possible to hold views that might not be widely shared in the larger society, and that people are not judged negatively on the basis of personal religious convictions.

Suzanne grew up Episcopal and, in fact, the Dulak family were members of an Episcopal church in Seacliff until Amanda's confirmation there.

Suzanne is a registered nurse and has a passion for health care. She also is interested in travel, writing, and photography. Suzanne is impressed with the congregation's diversity, and its commitment to Social Justice. We heartily welcome them both!

For any whose membership lapsed on January 1 due to not submitting a financial pledge and initial payment on that pledge, and not receiving a ministerial waiver, remember that it is always possible to restore voting membership by completing a pledge envelope along with initial payment. Voting membership is reinstated sixty days from receipt of the pledge by the Finance Office of UUCSR. Let me know if you need an envelope!

Namaste,
Ben Bortin



MEMBERSHIP COMMITTEE

ORIENTATION TO UNITARIAN UNIVERSALISM
AND THE UU CONGREGATION AT SHELTER ROCK

Interested in Membership at the UU Congregation at Shelter Rock?

*Are you interested in finding out more about
Unitarian Universalism and this particular congregation?*

ORIENTATIONS

Sundays in February

1:00 - 2:30 PM

Veatch Terrace Room

February 4 February 11

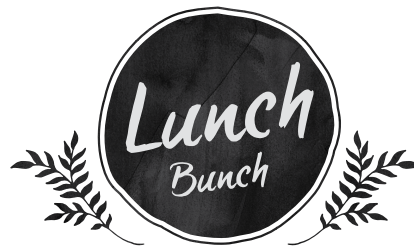
February 18 February 25

*Attendance at
Orientations is a
requirement of
UUCSR
membership*

CHILDCARE AVAILABLE IF ARRANGED A WEEK AHEAD

For more information: Contact Ben Bortin

516.472.2934 or BBortin@uucsr.org



All Members and Friends of UUCSR are invited
to the February Lunch Bunch

Thursday, February 15, 12:30 PM



Sushi and Seafood Buffet

219 Glen Cove Rd.
Carle Place, NY 11514
516.294.9541

Please Contact Ben Bortin to RSVP or for details (516.472.2934 ,
bbortin@uucsr.org), or sign up at the Welcome Desk.

MILESTONES

We offer our sympathies to ... UUCSR members Barry and Maija Nobel and their family as they grieve the death of Barry's mother, Gilda Nobel. A memorial service is planned for May. Condolences may be sent to

*Barry and Maija Nobel
622 Locust Lane
Oyster Bay, NY 11771*

and to

*Laurie Everitt
5 Newbury Place
Huntington, NY 11743*

We send our condolences to ... UUCSR members Bill and Janet Goodman as they grieve the death of Bill's brother, Eddie Goodman, who died on January 16, 2018. A memorial service is planned for January 27, 2018 in New Jersey. Expressions of sympathy may be sent to

*Bill and Janet Goodman
464 Main St., Apt. 218
Port Washington, NY 11050-3139*

THANK YOU

I'd like to thank all those at Shelter Rock who sent their condolences for the death of my mother Doris Miller. The cards and flowers and gifts were greatly appreciated.

She enjoyed the time she spent at the congregation over the last 20 years very much.

I know she would have been touched by your thoughtfulness.

Jana North

Karen and I would like to thank our friends at UUCSR for their support following the death of my stepfather Sam Wakshull. The calls, notes, and cards, flowers from the Caring Committee and ministers, all provided a welcome measure of comfort to our family. Thank you.

Mark and Karen Hartman

NEW PROGRAM BOOKLETS NOW AVAILABLE IN THE MAIN LOBBY

- Adult Programs
- Social Justice
- Women's Group
- Racial Justice
- Membership and Member Events

HADLEY HOUSE HAPPENINGS

Hadley House Residents' Council

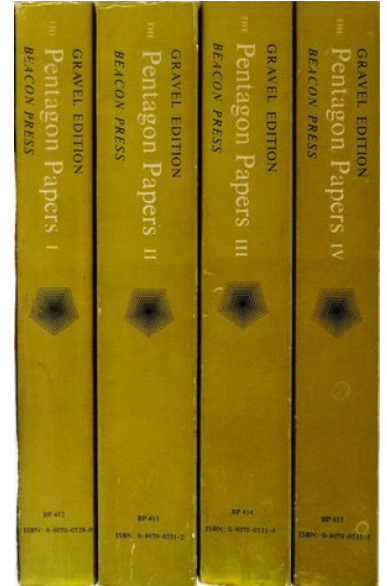
HOW UUCSR SAVED DEMOCRACY

PENTAGON PAPERS | BEACON PRESS | UUCSR'S VEATCH PROGRAM

Lilyan Strassman, Andrea Starr, Roz Levinson, Nancy Jacobson

Thank you, Reverend Natalie, for coming to Hadley House on a freezing, snowy day when the winds were high and the sun was low. Your two-hour open talk with us was filled with warmth, attentive listening, and wonderful information about our history. Your visit was greatly appreciated.

While waiting for Rev. Natalie to arrive, we talked about movies recently seen. When "The Post" was reviewed, a question was asked if the movie made mention of the UUA's Beacon Press in connection with the Pentagon Papers (The Pentagon Papers revealed the systematic lies perpetrated on the American public about Vietnam/US relations for over three decades). The history was unknown to many of us.



Once safely arrived and comfortable, we asked Rev. Natalie about Beacon Press's involvement with the Pentagon Papers. She explained that the Pentagon Papers under the title "Vietnam Archive," was leaked to the New York Times and subsequently to The Washington Post by Daniel Ellsberg, a senior Pentagon analyst. The Nixon White House quickly obtained an injunction against the Times prohibiting further release of the articles. The Post was affected, too.

In a cloak and dagger move, Dan Ellsberg got the Pentagon Papers to Senator Mike Gravel, of Alaska, a Unitarian Universalist who was staunchly opposed to the Vietnam War. Having retrieved the papers, Senator Gravel brought them back to his committee in Congress. Eager to get it on record, he read it to the Committee as much as time allowed, placing the remainder in their files. Senator Gravel then went to the Beacon Press and implored that they print the entire collection. Beacon and the UUA recognized the legal risks of exposing top secret files documenting lies of the Government as well as the financial risks. Natalie explained that Veatch funding made it possible for Beacon Press to accomplish the task, knowing that the legal expenses could have caused the demise of their press.

Daniel Ellsberg said, "The civic courage that Beacon Press has consistently shown is the kind of courage we must have for our Country to survive as a Democracy." NSUUS and Veatch made possible the publishing of the Pentagon Papers! How wonderful! How proud we felt that our congregation had been part of changing history.

WOMEN'S GROUP

Maria Ceraulo, Chair, Women's Issues



The Women's March - 2018

As many of us prepared for the Women's March this past Saturday, January 20, 2018, some of us remembered last year. The president was newly elected. Despair was spreading like a new flu. Then there was an antidote. The March. I was so grateful. I still have the photos. So many signs! Such fun to read! "Proud Feminist Marching For My Mother, My Wife, My Sister." Another read: "Unitarian Universalist." Another read: "Make America Kind Again." There were mothers and daughters, mothers and sons, sisters, friends. It's hard to describe the feeling ... it's as if all the friends you never knew were there to support you. It was solidarity in the best sense. Thankfully, it was a way to move forward.

Since then, we have been rising, persisting and insisting on Justice. A rash of celebrities reported sexual harassment and assault. They were taken seriously and many powerful men have actually lost their jobs - finally facing a consequence for their behavior. The

#Me Too movement was launched.

In his State of the State address, our Governor has promised action to curb sexual harassment in the workplace. He will prevent the use of taxpayer dollars to fund individual sexual harassment settlements. Imagine that taxpayer money was actually used to pay for these settlements! He proposed a uniform code of Sexual Harassment in all branches of state and local government. He will prohibit confidentiality agreements and mandate reporting. It continues to be better in New York.

There were many groups represented this year: Planned Parenthood, New York Civil Liberties Union, Moms Rising, our Social Justice Committee, our Women's Group. One wonderful outcome was that so many men were there. Many carried signs saying: "We're With Her," arrows pointing in all directions. The marches were all over the country.

Why now? It's the one-year anniversary of the inauguration of this admitted sexual predator. We say there's no place for sexual harassment. We join with the UU Women's Federation in the belief that Women's Rights are Human Rights and Human Rights are Women's Rights. The UUWF President hopes women will join her in body or spirit in the quest for "radical inclusion and intersectional justice for all."

Why else do we march? We march because women and children should not be separated because of their immigration status. We march because black lives matter. Women of color should not be given inferior health care. No one should. Mothers of young black men should not lose their sons to police brutality, or to our prisons. Maternal mortality should be declining, not rising in America.

It's the 45th anniversary of Roe v. Wade. We cannot have this law overturned. We've seen repeated assaults on women's right to choose. We continue to see more and more assaults on Planned Parenthood. Even the right to contraception is imperiled. We need to ensure that all women will have access to safe, effective healthcare. They need and deserve the right to control their own bodies. Decisions need to be made privately with doctors, not by bureaucrats imposing their "values."

Some march to bring women's #Power to the Polls, launching a "national voter registration tour." There were tables all along the route where people could register to vote. More and more for equality. Voting power can counter those many efforts to interfere with or deny this right to strategic populations.

It was good weather instead of wind chills below zero. No snow was forecast. I couldn't think of a reason not to be there. If not in body, then in spirit, we hope you were with us. We were there.



WOMEN'S GROUP

Judith Wylie-Rosett, President

Women's Group TGIF presents

PREGNANCY, POVERTY, AND PUNISHMENT

What you can do for your daughters,
granddaughters or yourself

Friday, February 2, 2018

7:30 PM | Worship Room

[Register at ucsr.org/pregnancy](http://ucsr.org/pregnancy)



Speaker: Lynn M. Paltrow, J.D.,

**Founder and Executive Director of
National Advocates for Pregnant Women,**
the leading organization fighting the
criminalization of pregnant women.

- **FACT:** America ranks higher in maternal mortality than most developed countries.
- Find out what's been happening to pregnant women in America. They are the new unlovables, particularly if they are poor, or of color.
- Learn how the emphasis on personhood for the fetus is not the same as for the mother, and is often at the expense of mother's health.
- Discover what our daughters and granddaughters may face in the future when they become pregnant.
- Hear from the leader of this advocacy group that fights for their rights and supports their mission.

DEATH CAFÉ

Death Café

Sunday, February 4, 2018

VEATCH BALLROOM | 1:00 PM

Life is short...enjoy the time you have!

GREEN SANCTUARY COMMITTEE

How We Grow Our Crops (Food)

Seventy-eight percent of the air we breathe is nitrogen. Aside from trace elements, the rest is oxygen. Each atom of nitrogen is tightly (triply) bound to another nitrogen atom to form a single molecule. It is very difficult to break this bond. This is good for our atmosphere since it maintains stability. The problem is that we need nitrogen for compounds essential to life, specifically plant and animal proteins. Any process that breaks down molecules so nitrogen can combine with other elements is said to "fix" nitrogen.

The bacteria that break down the nitrogen molecule are an essential part of the nitrogen cycle. The decay of organic material, such as cover crops, that already contains fixed nitrogen is also important. Animal and human waste is an excellent source of usable nitrogen. A good example is urea, the primary ingredient in urine. Two-hundred years ago, bird guano was considered an important natural resource as a fertilizer.

This changed about a hundred years ago with the Haber-Bosch process, which combines atmospheric nitrogen with hydrogen to make ammonia. The process requires elevated temperatures and exceptionally high pressure. In fact, a full one-percent of the world's energy supply goes into making the ammonia. While ammonia is adequate as a fertilizer, it is often processed further to produce nitrate fertilizers which get spread on lawns and crop land. These chemical fertilizers are responsible for growing food that feeds half the world's population.

Unfortunately, these chemical fertilizers are used in excess causing run off to our waterways. This causes algae blooms and results in aquatic dead zones. Alternatively, we can use more natural or organic methods. This includes cover crops, crop rotation or just resting land after a certain number of years. Since our present agricultural policy is leading to a gradual depletion of soil nutrients, it is clear that some changes should be made.

While it is unlikely that we shall return to 19th-century farming methods, it makes sense to embrace a better mix of technologies. This applies also to our overdependence on mono-crop, genetically modified food. The issue here is proprietary laws that prohibit small farmers from bringing their non-GMO crops to market once they are contaminated by those modified seeds. It may be more economical for farmers to replant their own seeds rather than purchase a genetically modified type every year. In fact, current research suggests that farmers may soon be able to grow perennial rather than annual grain.

The argument for factory farming is yield and cost effectiveness. Consider that by far our largest crop is corn, which takes up 91 million acres of U.S. farmland. Forty percent of it is used to produce ethanol fuel for automobiles. About the same amount goes to feed livestock, which really should be grassfed. The remainder goes to human consumption, primarily in the form of high fructose corn syrup. None of this makes sense, particularly as we begin to transition to electric cars in the next twenty years.

Small farms represent an entrepreneurial livelihood that produces a useful product. Our use of technology should support them and preserve the environment.

Jim Peters, for the Green Sanctuary Committee

PROGRAM ANNOUNCEMENTS

Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations.

Tuesday, January 23, 2018

Nar-ANON Meeting, 6:30 PM, RE Room 19
Together to End Solitary, 6:30 PM, Art Gallery, Worship Rm
SGM Fourth Tuesday Meeting, 7:00 PM, Veatch Terrace Room
The Flame: Storytelling Group, 7:00 PM, RE Room 15
Committee on Ministry Meeting, 7:30 PM, Office Conf Rm
Large Grants Task Force Meeting, 7:30 PM, Veatch Library

Wednesday, January 24, 2018

Bridge Group, 1:00 PM, Veatch Ballroom
Inisfada-Zen Sitting Meditation, 7:30 PM, Ballrm, Trc, Gallery
Racial Justice Task Force, 7:30 PM, Art Gallery

Thursday, January 25, 2018

Yoga, 9:30 AM, Art Gallery
Finance Committee Meeting, 10:00 AM, Veatch Library
AA Meeting, 10:30 AM, Room 206, 207
NAMI Spirituality, 6:30 PM, RE Room 15
Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

Friday, January 26, 2018

Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom, Terrace
A Different Kind of Chinese Cooking, 6:30 PM, Social Hall

Saturday, January 27, 2018

Child Care Nassau - Parent Leadership Retreat, 8:00 AM, Gallery
Climate Justice Group Meeting, 10:00 AM, Social Hall
Caring Hearts - Quilters, 10:00 AM, Room 204, 205
Yoga, 11:00 AM, RE Room 6

Sunday, January 28, 2018

Side by Side, 8:30 AM, RE Room 15
Peace and Meditation Service, 8:30 AM, Chapel
Mental Health SJC Sub-Comm Mtg, 8:45 AM, Veatch Conf Rm
Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
Great Books-Even Deadlier, 9:00 AM, RE Room 4
All Congregation Retreat Meeting, 9:15 AM, Bride's Room
Choir Rehearsal, 10:00 AM, Worship Room
Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Rm
Bagel Breakfast, 10:00 AM, Art Gallery
Worship Service, 11:00 AM, Worship Room
RE Classes, 11:00 AM, RE Wing
UU Café, 12:00 PM, Social Hall
Love and Stitches, 12:30 PM, RE Room 15
Veatch Sunday (incl. Veatch Annual Meeting) 12:45 PM, Soc Hall
Music Committee Meeting, 12:45 PM, Office Conference Room
3rd Sunday SGM Meeting, 1:00 PM, Bride's Room
Adoption Triad Ministry, 1:00 PM, RE Room 16

Monday, January 29, 2018

Kundalini Yoga, 7:00 PM, Veatch Ballroom

Transition Team Meeting, 7:30 PM, Bride's Room

Tuesday, January 30, 2018

Overeaters Anonymous, 10:30 AM, Veatch Ballroom
Nar-ANON Meeting, 6:30 PM, RE Room 19
The Flame: Storytelling Group, 7:00 PM, RE Room 15

Wednesday, January 31, 2018

Bridge Group, 1:00 PM, Veatch Ballroom
NAMI Family Support Group, 7:00 PM, RE Room 15
Inisfada-Zen Sitting Meditation, 7:30 PM, Ballrm, Terr, Gallery

Thursday, February 01, 2018

LREDA Cluster Meeting, 9:00 AM, Veatch Ballroom
Yoga, 9:30 AM, Art Gallery
Thursday INN Cooking, 9:30 AM, Main Kitchen
AA Meeting, 10:30 AM, Room 206, 207
Personnel Committee Meeting, 7:00 PM, Bride's Room
Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

Friday, February 02, 2018

Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom, Terrace
Pregnancy, Poverty, and Punishment, 7:30 PM, Worship Room

Saturday, February 03, 2018

Child Care Nassau - Parent Leadership Retreat [snow date]
Caring Hearts - Quilters, 10:00 AM, Room 204, 205
Yoga, 11:00 AM, Art Gallery

Sunday, February 04, 2018

Side by Side, 8:30 AM, RE Room 15
Women's Group Board Meetings, 8:45 AM, Veatch Conf Rm
Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
Great Books-Even Deadlier, 9:00 AM, RE Room 4
Choir Rehearsal, 10:00 AM, Worship Room
Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Rm
Bagel Breakfast, 10:00 AM, Social Hall
Worship Service, 11:00 AM, Worship Room
RE Classes, 11:00 AM, RE Wing
UU Café, 12:00 PM, Social Hall
Love and Stitches, 12:30 PM, RE Room 15
Grade 6 Tour of Art Exhibition with Claire, 12:15 PM, Art Gallery
SGM First Sunday Meeting, 1:00 PM, Bride's Room
Music Among Us - Show, 1:00 PM, Social Hall
Death Café, 1:00 PM, Veatch Ballroom
New Member Orientation, 1:00 PM, Veatch Terrace Room
Super Bowl Party, 5:30 PM, Social Hall

Monday, February 05, 2018

Kundalini Yoga, 7:00 PM, Veatch Ballroom
Common Read: *Centering - Navigating Race, Authenticity and Power in Ministry*, 7:00 PM, Art Gallery

PROGRAM ANNOUNCEMENTS

Please see UUCSR.org for additional details on all programs. See LIACUU.org for other area congregations.

Shelter Rock Forum Committee Meeting, 7:30 PM, RE Room 4

Tuesday, February 06, 2018

Overeaters Anonymous, 10:30 AM, Veatch Ballroom
Nar-ANON Meeting, 6:30 PM, RE Room 19
Hakeem Mental Health, 6:30 PM, Social Hall
Agenda Planning Meeting, 7:00 PM, Veatch Library
Nominating Committee Meeting, 7:00 PM, Bride's Room
RE Committee Meeting, 7:30 PM, Art Gallery

Wednesday, February 07, 2018

WG - Women Talk Daytime, 12:00 PM, Art Gallery
Bridge Group, 1:00 PM, Veatch Ballroom
The Flame: Storytelling Group, 7:00 PM, RE Room 15
Inisfada-Zen Sitting Meditation, 7:30 PM, Ballroom, Terr, Gallery
Membership Committee Meeting, 7:30 PM, Art Gallery

Thursday, February 08, 2018

Yoga, 9:30 AM, Art Gallery
Cornell Cooperative Extension Class, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Room 206, 207
Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

Friday, February 09, 2018

Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom, Terrace
Soulful Sundown, 7:30 PM, Worship Room
Soulful Sundown, 6:30 PM, Social Hall

Saturday, February 10, 2018

Love and Stitches, 9:00 AM, RE Room 15
Bridge to Promise Staff Retreat, 10:00 AM, Veatch House
Caring Hearts - Quilters, 10:00 AM, Room 204, 205
Yoga, 11:00 AM, Art Gallery
Citizens Preparedness Training, 2:00 PM, Social Hall

Sunday, February 11, 2018

SGM Sec. Sun.- Early AM Group, 8:30 AM, Office Conf Room
Side by Side, 8:30 AM, RE Room 15
CANCELLED RE Volunteer Breakfast & Worship, 9:00 AM
Jazz Ensemble Rehearsal, 9:00 AM, Ensemble Rehearsal Room
Great Books-Even Deadlier, 9:00 AM, RE Room 4
Worship Committee Meeting, 9:15 AM, Bride's Room
Choir Rehearsal, 10:00 AM, Worship Room
Young People's Choir Rehearsal, 10:00 AM, Choir Rehearsal Rm
Worship Service, 11:00 AM, Worship Room
RE Classes, 11:00 AM, RE Wing
UU Café, 12:00 PM, Social Hall
6th Grade Valentine Sale, 12:00 PM, Main Lobby
Silent Valentine Luncheon, 12:00 PM, RE Room 15
New Member Orientation, 1:00 PM, Veatch Terrace Room

Monday, February 12, 2018

Adult Programs Meeting, 5:00 PM, Veatch Conference Room
Kundalini Yoga, 7:00 PM, Art Gallery
Program Council Meeting, 7:30 PM, Veatch Ballroom
Large Grants Advisory Group Meeting, 7:30 PM, Veatch Library

Tuesday, February 13, 2018

Overeaters Anonymous, 10:30 AM, Veatch Ballroom
Art Committee Meeting, 4:00 PM, Office Conference Room
Veatch BOG Meeting (Dinner), 6:00 PM, Art Gallery
Nar-ANON Meeting, 6:30 PM, RE Room 19
Veatch BOG Meeting (Meeting), 7:00 PM, Art Gallery
Caring Committee Meeting, 7:00 PM, Office Conference Room
Housing Board Meeting, 7:30 PM, Veatch Library

Wednesday, February 14, 2018

Reach Out America, 12:30 PM, Social Hall
Bridge Group, 1:00 PM, Veatch Ballroom
CANCELLED Bookstore Committee Mtg, 4:00 PM, Bride's Rm
The Flame: Storytelling Group, 7:00 PM, Chapel
NAMI Family Support Group, 7:00 PM, RE Room 15
Inisfada-Zen Sitting Meditation, 7:30 PM, Ballroom, Terr, Gallery
SGM Second Wednesday meeting, 7:30 PM, RE Room 19
Social Justice Monthly Meeting, 7:30 PM, Art Gallery
Food & Water Watch Meeting, 7:30 PM, Veatch Conf Rm

Thursday, February 15, 2018

Yoga, 9:30 AM, Art Gallery
AA Meeting, 10:30 AM, Room 206, 207
NAMI Spirituality, 6:30 PM, RE Room 15
Green Sanctuary Monthly Meeting, 7:00 PM, Staff Lunchroom
Choir Rehearsal, 7:30 PM, Choir Rehearsal Room

Friday, February 16, 2018

SGM Third Friday Hadley House meeting, 1:00 PM, Off Site 1
Bridge Lessons & Game Play, 1:00 PM, Veatch Ballroom, Terrace
Soulful Small Group, 7:00 PM, RE Room 14
Women's Group Book Series, 7:30 PM, Art Gallery

Saturday, February 17, 2018

Saturday INN Cooking, 9:00 AM, Main Kitchen
Caring Hearts - Quilters, 10:00 AM, Room 204, 205
Yoga, 11:00 AM, Art Gallery, Ballroom, RE 6
Dramatic Readings, 5:00 PM, Art Gallery

Sunday, February 18, 2018

CANCELLED Jazz Ensemble Rehearsal, 9:00 AM
Choir Rehearsal, 10:00 AM, Worship Room
Bagel Breakfast, 10:00 AM, Social Hall

[Visit UUCSR.org](http://UUCSR.org) for additional calendar programs and events

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

48 Shelter Rock Rd. Manhasset, NY 11030 | 516.627.6560 | uucsr.org / uucsr@uucsr.org

Minister for Pastoral Care

Rev. Jennifer L. Brower (jbrower@uucsr.org)

January 23, 2018

Minister of Lifespan Religious Education

Rev. Natalie M. Fenimore (nfenimore@uucsr.org)

Interim Senior Minister

Rev. Ned Wight (nwight@uucsr.org)

Congregation Operations Administrator

Adam Barshak (abarshak@uucsr.org)

Veatch Executive Director

Joan Minieri (joan@veatch.org)

Music Director

Stephen Michael Smith (ssmith@uucsr.org)

Membership & Volunteer Coordinator

Ben Bortin (bbortin@uucsr.org)

Religious Education Coordinator

Jeanne Nametz (jnametz@uucsr.org)

Youth & Young Adult Program Coordinator

India Harris (iharris@uucsr.org)

Social Justice Coordinator

Claire Deroche (cderoche@uucsr.org)

Ministerial Intern

Nancy Reid-McKee (nreidmckee@uucsr.org)

Officers of the Congregation

President: Klaus Masuch

Vice President: Mark Hartman

Secretary: John Ryan

Treasurer: Paul Drezner

Members of the Board of Trustees

Marilyn Fischell	Robert Nuxoll
Shanti Carole Flot	Tara Miner
Edwin Frank	Rebecca Smith
Barry Nobel	Vic Weit

ADDRESS SERVICE REQUESTED

FIRST CLASS MAIL DATED MATERIAL

Next Quest: Tuesday, February 13, 2018 | Deadline for Content: Thursday, February 8, 2018

MEN'S GROUP



Men's Group Presents

Super Bowl Sunday Feast

Watch the Super Bowl on a HUGE Screen

Sunday, February 4, 2018

5:30 - 10:00 PM Social Hall

**HOT FOOD, SALAD, SANDWICHES, SNACKS
DESSERTS AND BEVERAGES**

***\$20/members *\$25/non-member guests**

Open to all adult UUCSR members and their guests.
21 years of age and older, please

*RSVP Sharyn (sesposito@uucsr.org, 516.472.2960)

For those who cannot meet the donation price,
please contact the office in advance. We will
do our best to accommodate you.

Bridge, Mah Jongg & other table games available in the Art Gallery
for those who are attending but are not watching the game.

Please make this a 'Souper Bowl'

Canned good donations will go to the
LI Council of Churches Food Pantry in Freeport, NY



VEATCH SUNDAY

We Resist, We Rise

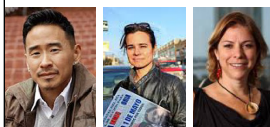
Veatch Sunday

Sunday, January 28, 2018



Featuring an inspiring sermon from
Taj James, Movement Strategies Center

Taj James will speak to how our values give us
strength in difficult political times.



Followed by a panel discussion with:

Kris Hayashi, Transgender Law Center
Christine Nuemann-Ortiz, Voces de la Frontera
Maria Rodriguez, Florida Immigration Coalition

Join us for worship at 11:00 AM
followed by the Veatch Program Annual Meeting
UUCSR Social Hall from 12:45 - 2:30 PM