November 22, 2016



We aspire to be a loving religious community where we can grow spiritually and build a more just and joyful world.

-SHELTER ROCK VISION STATEMENT

WORSHIP SERVICES

Sunday, November 27, 2016 - 11:00 a.m. "Unity"

Oscar Sinclair, Ministerial Intern

During the first half of the twentieth century, Unitarian and Universalist ministers and lay people including one of Shelter Rock's first employees preached pacifism in the face of the United States' entry into the World Wars. Many held to the pacifist cause in the face of tremendous opposition from society and religious institutions. This Sunday we will explore that history, as well as asking what lessons it may hold for us in our time.

Thursday, December 1, 2016 - 4:00 - 7:00 p.m. "World AIDS Day"

The Worship Room will be open and a minister will be present for remembrance, readings, music and candle lighting in observance of World AIDS Day.

Sunday, December 4, 2016 - 11:00 a.m. "Radical Hospitality" The Rev. Ned Wight, Interim Senior Minister

Unitarian Universalist congregations share a commitment to be open, to welcome strangers, and to make real our first principle, affirming "the inherent worth and dignity of every person." Extending welcome and hospitality to strangers has a long history as a religious value, from biblical times to our own. "Radical hospitality" is a practice from the Benedictine tradition that invites us to

a religious value, from biblical times to our own. "Radical hospitality" is a practice from the Benedictine tradition that invites us to consider how welcoming others can transform us and transform our community.

Friday, December 9, 2016

Dinner - 6:30 p.m., Worship - 7:30 p.m., Free Coffee House

Soulful Sundown

The Rev. Jennifer L Brower

Contemporary Worship Service for all ages led by the Rev. Jennifer Brower. \$4 Dinner at 6:30, Service at 7:30, Coffee House at 8:30 featuring Willy Porter and Carmen Nickerson. Come nurture your spirit with dinner, lively worship for all ages, and inspirational music.

TOUCHSTONES

Oscar Sinclair Ministerial Intern

This week is Thanksgiving, and as I pack to travel to Maryland to visit Stacie's family, I've been reflecting on Thanksgiving's place as a secular holiday, but one that resonates with my own Universalism. Thanksgiving is the most widely celebrated holiday in this country that is not explicitly based in a single religious tradition. Its symbols are secular: rather than matzo and haroset there is turkey



and cranberry sauce, instead of a nativity play there are my Detroit Lions losing on national TV.

At the same time, there are shades of Universalism in the holiday. Our Universalist tradition tells us that all are loved by the divine, that while being in covenant is hard work, it is important work, that relationship is important because we all have inherent worth and dignity. On Thanksgiving we gather with families of choice or of birth and we do the hard work of relationship, sanding down the edges of our disagreements over a shared meal. In doing so, we model in a room what our faith asks us to be in the world.

That said, at times this work can be hard to the point of impossibility. Some families are toxic, some views held in society can be as well. We each have inherent worth too, and sometimes that means taking care of ourselves and our own safety rather than forcing a relationship that is unhealthy.

But many times Thanksgiving can be a time where we come together and, despite our real and felt differences, be in intentional and loving relationship with each other. May your holiday be peaceful and blessed, and a model for the world we want to inhabit.



November 22, 2016

VEATCH VIEWS

Joan Minieri



Last week, following the unprecedented election outcome, I had the opportunity to spend time in reflection and conversation in the Worship Hall, along with many of you, organized by the Ministerial team. First of all, I want to share with you how profoundly grateful I am for the strength of the community here at UUCSR.

Second, I want to share more about what the amazing staff at the Veatch Program

has been doing in the immediate aftermath of the election. Our staff have been in close contact with our grantees and colleagues in philanthropy. We have sprung into action, with open, if aching hearts, to make sense of what has happened and understand what it will mean for our work in the days ahead and over the next few years.

Here is what we are doing:

- 1. We are reaching out to the grantees to hear from them how their communities are doing, and what they are preparing to face and respond to. We are collecting some of the emails we've been receiving and will be posting them on the Veatch page of the congregational website in the coming weeks. Be sure to check regularly to see, for example, how the Veatch Program is putting UU values into action in states like Missouri, Florida, lowa, California and across the country.
- 2. As you may know, we have uniquely open and collaborative relationships with grantees, and are encouraging them to stay in touch with us as they solidify their plans over the next few months.
- 3. We immediately extended our upcoming application deadline and will be working with grantees if they need additional time.
- 4. We organized a conference call with over 85 colleagues in philanthropy to identify prospective partners who may be able to

fund the work of our grantees to respond to this unprecedented moment, and to make sure they have the resources to stay safe and strong going forward.

- 5. We are working with RoadMap, our capacity building colleague/ grantee, to help grantees prevent and protect against attack as of writing this column, there have already been over 300 hate motivated attacks on individuals, organizations, schools, and houses of worship.
- 6. Last week, Program Officer Faron McLurkin and Program Associate Denise Centkowski traveled to Atlanta to attend Facing Race, the largest racial justice conference in the country. With well over 2,000 organizers and social justice leaders in attendance, we immediately started to gather information about what the field is anticipating and how groups will be organizing going forward, and playing our role in moving that work forward.
- 7. This week, Assistant Director Molly Schultz Hafid and Program Officer Marjona Jones participated in two post-election debriefs in Washington DC to better understand what may emerge in the realm of civic engagement and the possible state and federal policy implications of the election.

Our goal in the months and years ahead is to be a resource for the UUCSR community to continue to put our UU values into action in the broader world. Please feel free to contact me if you have any questions.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

WOMEN'S GROUP

Maria Ceraulo, Women's Issues

Don't Mourn, Organize

In light of recent events, I'm delighted to see lots of organizing and planning in our future. There will be a "Women's March on Washington" on inauguration weekend. I remember the March for Women's Lives a number of years ago. Our Women's Group went to Washington D.C. to advocate for reproductive rights. I was with my daughter then. I don't think either of us will ever forget it.

It's heartening for me to see a new March is ahead of us. After the devastating news for women, immigrants, and the disabled as well as the millions with their new health insurance in jeopardy, a March on Washington on inauguration weekend gives some focus for the future.

Different groups decided to merge into one national event. Each state will have its own leaders. Speakers haven't been decided yet. The March will be forward looking, amplifying the voices of women and minorities. It will show the newly elected leaders that we are united and strong. Already 70,000 women and men are planning to attend. I know that many of you would like to participate. Be assured that I will



follow developments and report them here. We will either join an existing group or make one of our own. We'll organize. We'll stand in solidarity with all those groups. Let's go to Washington!

The Quest

MUSIC, MUSIC, MUSIC

CABARET XIV – A FIVE-STAR EVENT

It was truly "The Best Ever!" A packed house welcomed the nearly forty cast members of Cabaret XIV as they sang and danced away the evening this past Saturday, November 5, 2016. Opening with "Tradition" from the Broadway musical Fiddler on the Roof, to the energetic finale salute to Broadway musicals "Cabaret" and "A Chorus Line," our members and friends wowed everyone with a grand smorgasbord of musical delights. The entire show has been posted on YouTube! Type in UUCSR in the search bar, scroll to the Cabaret items and enjoy.

Cabaret at the Rock is the fundraiser for Shelter Rock's Ed Miller Memorial Music Scholarship Fund to benefit graduating high school seniors continuing their music education post high school. I am pleased to share with you that through the generosity of our cast, our members and our friends Cabaret XIV raised nearly \$4,000.00! It is not too late to add your contribution – please send your check to UUCSR, c/o Lea Titza and mark the memo Ed Miller Memorial Music Scholarship. Please watch The Quest for the announcement of the 2016-2017 scholarship winners (as adjudicated by the Nassau Music Educators Association).

I personally wish to thank the more than sixty people who were in the cast, tech crew, office and support staff – all of whom made this a most memorable evening.

Richard Bock, Music Director Cabaret at the Rock



MEMBERSHIP

Ben Bortin, Membership Coordinator

Membership Matters

It is in a spirit of genuine thanksgiving that I welcome, on behalf of all you, the following new members of the Unitarian Universalist Congregation at Shelter Rock...

Joyce Babik, Ellen and Herbert Councill, Anthony and Amy Bustamante, Shirley Arlt, Elena Vesselinov, Grazia Rosenberg, Louise Sarola, Leo Rosenberg, and Mirea Ellis.



I hope they find their free religious journeys here personally, intellectually, and spiritually rewarding, and that they reap the rewards of being part of this wonderful liberal religious community. They will be introduced in the coming days and weeks, and there will be a welcoming ceremony in the service of December 11th. For now, our congratulations to them.

I do wish to introduce a member who joined in April of this year, Bernard Hall.

Bernard Hall

Bernard's early years were in a foster home in Queens; later in his childhood, he moved to Harlem. He attended a Baptist church in those years, but as he put it, "didn't understand anything that was going on" with that religious approach. He came to regard himself as a "student of life," and became a member of the UU congregation in Hollis, New York, where he actually conducted four services.

He took singing lessons for a number of years, and played the trumpet. Despite lip problems, others said his sound on the trumpet was uniquely beautiful. He is also part of the UFO Roundtable.

A Unitarian Universalist before he joined this congregation, Bernard appreciates the abundance of programs offered at UUCSR. A cordial welcome to him!

I hope, in this season of thanksgiving, as we express gratitude for the various blessings that befall each of us, that we also remember and deepen our resolve to uphold one of our most cherished values in the days and months ahead... the worth and dignity of all human beings.

A most happy and rewarding Thanksgiving to you all!



Holiday Luncheon
December 8, 1:00p.m.
Toscanini's 179 Main St.
Port Washington, NY 11050,
516.944.0755 \$37 All inclusive.
Contact Ben Bortin for more information at bbortin@uucsr.org or call 516.472.2934

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LIFESPAN RELIGIOUS EDUCATION

JEANNE NAMETZ

Religous Education Coordinator



Parent Leadership Initiative: The Opportunity to Create Change Locally

The Parent Leadership Initiative (PLI) is a program of the Child Care Councils of Nassau and Suffolk counties. PLI is a 16 week leadership training on community advocacy. The leadership goals of PLI are: to explore the needs and resources in your community, learn how government and

systems work, how to see change through advocacy, create a step by step plan to create change in your community, participate in networks and coalitions, and build relationships with a diverse group of people. Each participant works on a particular community change -examples of community projects might be to run for the school board or to obtain a stop sign on a busy street.

The PLI program is open to anyone. You do not have to be a parent but must be over the age of 18 and want to be a change agent in your community. It is a 16 week commitment. The program is free and provides child care and dinner. The Child Care Council is a Veatch grant recipient.

Anyone considering applying for the PLI program must attend a PLI Information Café for the upcoming PLI program starting this February. There is a PLI Information Café Monday, December 5 at 6:00 p.m. at the Child Care Council of Nassau, 99 Quentin Roosevelt Boulevard, Garden City, NY. To RSVP please contact Lisa Kaplan-Miller at Parentleadershipinitiative@gmail.com . For other PLI Information Cafes please contact Lisa Kaplan-Miller at 516.510.9208.

RE ANNOUNCEMENTS

Sunday, November 27, 2016

Free Spirits: K-Grade 4 Program, 11:00 a.m., Room 15

Sunday, December 4, 2016

Mitten Tree collection ends!

Jazz Ensemble Rehearsal, 9:00 – 10:15 a.m., Music Rehearsal Rm Young People's Choir Rehearsal, 10:00 – 11:00 a.m., Chapel RE Classes, 11:00 a.m.

Mitten Tree: It is time for our annual Mitten Tree opportunity to give! Only three mittens remain on the tree in the lobby – thank you to everyone who has already selected a mitten! We invite you to take one of the remaining mittens home and purchase a gift. Bring the gift back no later than Sunday, December 4 and place tagged and unwrapped under the tree. All gifts go to children of families receiving services from the AIDS Center of Queens County.

Young Peoples Choir (YPC) The YPC welcomes children who love to sing. The choir practices at 10:00 a.m. Sunday mornings and performs at some multigenerational and Family Services. PLEASE NOTE that the YPC will be rehearsing in the Chapel until further notice. Please contact George Weisman, our RE Music Specialist at GeorgeWeisman@gmail.com if your child is interested in joining.

JAZZ ENSEMBLE is a multigenerational ensemble that practices before Worship and RE from 9:00-10:15 a.m. in the music rehearsal room, and performs at some worship services. (PLEASE NOTE the new time) Contact Stephen Michael Smith, our Music Director, at SSmith@uucsr.org if you or your child are interested in joining.

GREEN SANCTUARY COMMITTEE

The Outdoors and Well-Being

Nature is a great healer. Currently, there are numerous studies indicating how connecting to nature promotes wellness in people. Fortunately, on Long Island people have more access to natural settings than city folks do. Urban dwellers are relegated to local parks and distant views of water from skyscrapers and city pools in the summer to cool off. We, suburbanites, on the other hand, have the ocean, sand, lakes, forests, walking trails, wild flower and bird sanctuaries. But how many of us really take advantage of these natural treasures? Not enough!

Spending leisure time outdoors can be both nurturing and healing. But we must be purposeful. Walking in the woods for about thirty minutes once a week has been shown to lower levels of the stress hormone cortisol. Inhaling the aromas of the forests, which trees and and plants give off, are a form of aromatherapy, especially since the forest plants emit phytoncides. If we inhale them while camping or spending a half hour in the park, our immune systems are boosted. They can help to protect us from cancer, give

relief from depression, anxiety and even attention disorders.

Awe is one aspect of nature people can experience. Feeling a sense of awe yields unexpected emotional changes. In other words, watching great waves or towering trees, observing what is occurring on the land, sea, or colorful sky above alters our view of the self. When we see ourselves as part of something grander than ourselves, we feel more connected to life. Thus, we are more likely to offer help to others, becoming less selfish.

There are studies in Japan by researchers at Chiba University and the Nippon Medical School in Tokyo which affirm Nature's power and connection to health. The Japanese have always revered nature. Maybe, we Americans should do likewise. It's simple. Just open the window and look outside. Or take that thirty minute walk in the park or by the seashore. Each outdoor experience will be rewarding in more ways than ever expected. Elaine Peters for the Green Sanctuary Committee

The Quest

SOCIAL JUSTICE COORDINATOR

Claire Deroche

Immigration Concerns

On Monday, November 14, I attended a meeting of the Long Island Immigrant Alliance (LIIA). Gathered in the conference room of Catholic Charities Immigration Services in Amityville were leaders of Long Island's immigrant advocacy organizations: Sepa Mujer, the NY Civil Liberties Union, the NY Immigration Coalition, Central American Refugee Center (CARECEN-N.Y.), Long Island Jobs with Justice, Catholic Charities Immigrant Services/Refugee Resettlement, and Latino Justice. At the top of the agenda was a debriefing on the results of the elections on November 8. Participants shared what they had been hearing from their constituents: "We are terrified!" "Will we be deported?" "Is it safe to leave my home?" I expected to hear these responses. What I wasn't prepared for was this report: "We will survive this! We've been through worse. We will survive." I guess I shouldn't have been surprised. This expression of resilience is what has characterized generations of immigrants who have come to our shores.

After our debriefing, Patrick Young, Esq. of CARECEN shared with us a summary of the many issues affecting immigrants and how the Trump administration may act. Of course, we cannot know exactly what the incoming president will do. But based on what Mr. Trump said during both the primary and presidential campaigns, immigrants have reason to be concerned.

Among the immigration executive orders that President Obama signed, the most successful has been Deferred Action for Childhood Arrivals (DACA). This program, implemented in 2012, allowed over 700,000 undocumented, qualifying individuals who entered the United States before the age of 16 to apply for a form of prosecutorial discretion called "deferred action," and on this basis apply for employment authorization. Those who received this status have shown themselves to be upstanding members of US society, contributing to their families, local communities, and the US economy in ways not possible without work authorization. Surveys done by the University of California, San Diego; the National Immigration Law Center, or NILC; and the Center for American Progress, or CAP, show that "DACA has had a positive impact, not just for recipients but also for the American economy more generally." (http://tinyurl.com/zmyyksy)

Although Mr. Trump made earlier statements praising DACA, more recently he has identified it as one of the programs he will dismantle. Immigrant advocates as well as DACA recipients are meeting all over the country right now to plan a strategy to change Mr. Trump's thinking on DACA before the inauguration on January 20, 2017. As these plans become public, I'll be sharing them with you so that we can join forces with these brave young women and men. They are speaking out. You can listen to them here: http://tinyurl.com/h2wxx26 You can be sure that we'll be hearing more from them. They are "here and unafraid."

In the meantime, there is something practical that we can do. The Long Island DREAM Coalition, a project of LI Jobs with Justice, has set up a Solidarity Fund to provide financial help to the families of undocumented workers who are detained/facing deportation. If you would like to donate to the solidarity fund you can do that here: http://tinyurl.com/zmghuqq If you prefer to send a check, make it payable to LI DREAM Coalition with Solidarity Fund in the memo and mail it to LI DREAM Coalition, c/o LI Jobs with Justice, 390 Rabro Drive, Hauppauge, NY 11788.

SOCIAL JUSTICE ANNOUNCEMENTS

Together to End Solitary Confinement: Tuesday, November 22. Vigil at 6:30 pm in the RE Chapel followed by a screening and discussion of A Nation of Women Behind Bars with Diane Sawyer. Advocates for ending prolonged solitary confinement gather on the 23rd of every month, remembering those who are in segregated confinement 23 hours a day. Because of the Thanksgiving holiday, we are anticipating the "Together to End Solitary" observance by one day. We have also changed the location. We will meet in the Chapel which is in the RE wing of UUCSR. Sponsored by the Social Justice Committee of the UU Congregation at Shelter Rock.

Climate Justice Task Force Book Discussion Series: This year the Task Force has chosen 3 novels on the topic of climate change and its effects on life on earth. Flyers with information about the series are available in the lobby and books may be purchased by contacting Sharyn Esposito at 516.472.2960 or sesposito@uucsr.org.

OPPORTUNITIES FOR SHARING

Non-perishable food donations: As of Friday, November 18 you donated 500 pounds of food to the AIDS Center of Queens County (ACQC). Our next 500 pounds will go to the Food Pantry of the LI Council of Churches in Freeport. Suggested items: boxes of cold cereal; canned meats and fish with pop tops: tuna, chicken, salmon, sardines; peanut butter; and soups with pop tops. (Plastic jars, only, please!) Thank you!

UUCSR Used Clothing Bin and Clothing Closet: Please place items for children and adults (in well-secured bags) in the bin designated "Donations of Gently Used Clothing and Shoes," located in the entryway to the coatroom. Items hanging in the back corner of the coat room are available to all; you are welcome to take anything you need. The bulk of the clothing will continue to benefit the United Veterans Beacon House. If you have any questions about donations or how to donate other items, please contact Social Justice Coordinator Claire Deroche at 516.472.2977 or cderoche@uucsr.org. Thank you!



Turkeys: Through the generosity of the members and friends at Shelter Rock, we were able to deliver 200 turkeys to the North Shore INN at Glen Cove. Richard Bock (UUCSR menber) and Michael Grannum (staff)

delivered the turkeys to the guests at the INN. Also UUCSR was able to deliver 100 turkeys to the AIDS Center of Queens County. Happy Thanksgiving to all. Richard Bock, for the Social Justice Committee.

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HADLEY HOUSE

Thanksgiving at Hadley House

November 24th, 1:30 p.m, If you are a member and interested in attending Thanksgiving festivities at Hadley House, please contact Kimberly Rossiter immediately at 516.472.2941. Space is limited! There is a nominal \$5.00 fee.

STAFF UPDATE

This is to make the Congregation aware that Mr. Lorenzo Smith has resigned his position as custodian with his last day scheduled for Tuesday, November 22, 2016. We thank Lorenzo for his hard work during his employment tenure. Administration welcomes referrals from the membership on qualified candidates to fill this full time position. Please contact Tammy Weil, Executive Assistant at 516-472-2913 or tweil@uucsr.org to find out more about the opportunity or to refer a candidate.

CORRECTION

There was an over site in the November 8 Quest Issue; the by-line was left off of an article. The article was written by Elaine Peters for the Green Sanctuary Committee.

THANK YOU

Thank you so very much for choosing Little Shelter Animal Rescue and Adoption Center Of Huntington for the generous gift from the Soulful Sundown Service.

Maryann Chernovsky, President Little Shelter Animal Rescue and Adoption Center

NYS VAN DRIVER CERTIFICATION

A special VAN DRIVER certification class is available for members interested in driving the 15 passenger congregational van on approved congregational outings. The course information is available in the MYUUCSR section of the uucsr.org website. The training program includes National Safety Council approved training, an online defensive driving course (which can reduce your collision insurance costs), road test and screening of driving record for traffic infractions. You are welcome to join the two congregrants who have already become certified.

The course will be held in the near future. It will be facilitated by Adrian Rivera, Director of Facilities. Please rsvp your interest to Tammy Weil, Executive Assistant at tweil@uucsr. org.

MILESTONES

We mourn the death of... Ruth Alice Nolan mother of UUCSR member Mary Lou Nolan Kluger, and grandmother to Molly and Aaron Kluger. Though not a member of UUCSR herself, Ruth was a member of our congregational community. She lived at Hadley House, participated in UUCSR activities and regularly attended Soulful Sundown services with Mary Lou. Her warm presence is much missed.

Expressions of sympathy may be sent to the Nolan Kluger family home: 48 Mackey Avenue, Port Washington, NY 11050

We offer our deep sympathy to... UUCSR member Andy and Iliza Bartels and their family as they mourn the death of Andy's father, Robert Bartels Mr. Bartels died peacefully on Saturday, November 5, 2016 at age 97. He was a long-time Unitarian Universalist, most recently attending First Parish in Brookline, Massachusetts.

Condolences may be sent to Andy and Iliza Bartels and their young adult children, Samuel and Kiri, at the Bartels' home address 25 The Ridge, Manhasset, NY 11030

We offer our heartfelt condolences to... Marjorie Fine, former Executive Director of the Unitarian Universalist Veatch Program, whose life partner Kevin Thomas died on October 27, 2016, following a brief illness.

Expressions of sympathy may be sent to Marjorie Fine at 495 Argyle Road, Brooklyn, NY 11218

On Sundays during the Pastoral Prayer and through our Quest newsletter, we mark the milestones in the lives of our members. Milestones include the celebration of rites of passage: Infant Dedications, Coming of Age, weddings and funerals. But there are many other meaningful, memorable moments in our daily lives that can be shared and honored within the religious community. Our milestones include the events that challenge us or bring sorrow, those that inspire hope, call forth our prayers and bring us joy. Everything from getting a first driver's license, to a first or next job, the loss of a job, acquiring a home, losing a home, welcoming a child or grandchild, celebrating a retirement, marking an anniversary of recovery from addiction, and more. We hope you will choose to share your milestones with the ministers and members of the UU Congregation at Shelter Rock. Milestones should be directed to the Assistant to the Ministers, Kimberly Rossiter, at krossiter@uucsr.org, 516.472.2941.

Grieving During the Holiday Season

Whether we are grieving the death of a partner, parent, sibling, adult child or dear friend, facing the holiday season without a loved one can feel overwhelming. If you are mourning and wondering how you will find your way through this season, come join us. We are strengthened by the companionship of others. This gathering will be led by UUCSR member, Angela Cesa, a professional Chaplain who has served for many years as a chaplain in our congregation. Grieving During the Holiday Season will be held on:

Tuesday, December 6, 2016 at 7:30 p.m. at UUCSR in the Veatch House Terrace Room

Please RSVP to Kimberly Rossiter by Monday, December 5, 2016. krossiter@uucsr.org or 516.472.2941

The Quest

PROGRAM ANNOUNCEMENTS

Please see page 4 for Lifespan Religious Education Adults Programs. Please see uucsr.org for additional details on all programs.

Tuesday, November 22, 2016

Join the Together Campaign vigil to remember those in solitary confinement, and a TV documentary by Diane Sawyer, *A Nation of Women Behind Bars*. 6:30 p.m., New location: Chapel, RE Wing

Adult Programs Meeting, 7:00 p.m. Veatch Conference Room

InisFada: Zen Sitting Meditation, 7:30 p.m., Veatch Ballroom **Please note special Tuesday meeting due to UUCSR closing early for the Thanksgiving holiday on 11/23**

Wednesday, November 23, 2016

Bridge Group, 1:00 p.m., Veatch Ballroom

Thursday and Friday, November 24 and 25, 2016

Closed for the holiday. Happy Thanksgiving!

Saturday, November 26, 2016

Yoga, Art Gallery, 11:00 - 12 noon

Quilting Group, 10:00 a.m., Rooms 204 and 205. Newcomers please contact Kimberly Rossiter, Assistant to the Ministers, at krossiter@uucsr.org for more information.

Sunday, November 27, 2016

Great Books: Short Story Omnibus – The Black Cat by Edgar Allan Poe, 9:00 – 10:30 a.m., Room 4 (New book available for \$35 cash or check at the session, or by contacting Carson Jones at cjones@uucsr.org or 516.472.2915.)

Wednesday, November 30, 2016

Resilience - 7:00 p.m., Room 19. Questions contact Carson Jones at cjones@uucsr.org or 516.472.2915.

InisFada: Zen Sitting Meditation, 7:30 – 9:00pm, Veatch Ballroom

Thursday, December 1, 2016

Yoga, Art Gallery, 9:30 - 10:30 a.m.

World AIDS Day, See page 1.

Friday, December 2, 2016

Best Night Sleep of Your Life, workshop presented by Women's Group TGIF, 7:30 p.m., Art Gallery. \$15/\$20 Members/Non-Members. Light refreshments and childcare available. Contact Sharyn Esposito (sesposito@uucsr.org or 516.472.2960).

Tai Chi/Qi Gong, Art Gallery, 10:15 – 11:30 a.m.

Saturday, December 3, 2016

Yoga, Art Gallery, 11:00 - 12 noon

Sunday, December 4, 2016

Great Books: Short Story Omnibus – The Real Thing by Henry James, 9:00 – 10:30 a.m., Room 4 (New book available for \$35 cash or check at the session, or by contacting Carson Jones at cjones@uucsr.org)

Jazz Ensemble Rehearsal, a multigenerational ensemble that practices before Worship and RE from 9:00-10:15 a.m. in the music rehearsal room, and performs at some worship services. (PLEASE NOTE the new time) Contact Stephen Michael Smith, our Music Director, at SSmith@uucsr.org if you or your child are interested in joining.

Women's Group Holiday Sale - following Worship, Main Lobby, sponsored by the Women's Group. Contact Sharyn Esposito (sesposito@uucsr.org or 516.472.2960) to donate new or gently used items or to volunteer in any way.

Unitarian Universalist Birthright Join us monthly to celebrate your experiences, traditions and more as a lifelong Unitarian Universalist, 12:30 p.m., Bring your lunch to the Office Conference Room.

Peter Yarrow in Concert, 3:00 p.m., Worship Room, see ad on last page.

Monday, December 5, 2016

Advent in Scripture and Tradition, 7:30 p.m., RE Room 15. Led by Oscar Sinclair, Ministerial Intern. For further information, contact Lea Titza at ltitza@uucsr.org or 516.472.2975.

Climate Justice Task Force Book Discussion Series: Odds Against Tomorrow by Nathaniel Rich, 7:30 p.m., Art Gallery. Copies of the book are available from Sharyn Esposito in the UUCSR office for the discounted price of \$11. Contact Sharyn at 516.472.2960 or sesposito@uucsr.org.

Tuesday, December 6, 2016

Merchants of Doubt, is a film presented by the Green Sanctuary Committee, 7:30 p.m. Art Gallery. Filmmaker Robert Kenner lifts the curtain on a secretive group of highly charismatic, silver-tongued pundits-for-hire who present themselves in the media as scientific authorities on the products we buy.

Wednesday, December 7, 2016

Resilience - 7:00 p.m., Room 19. Questions? Contact Carson Jones at cjones@uucsr.org or 516.472.2915

Women's Group Women Talk Daytime, 12 noon. All are welcome. Bring your lunch to the Art Gallery for casual conversation and camaraderie.

Ongoing Programs: Ongoing Programs: The UUCSR calendar includes information on Bridge Instruction and Games, Contemplative Practice/Centering, Cooking for the INN, Quilting, Small Group Ministry (SGM) Monthly Sessions, Tai Chi/Qi Gong, Yoga and Zen Meditation. Please speak to the Rev. Jennifer L. Brower if you are interested in participating in Spiritual Partnership. Please check uucsr.org for details on these and other events.

Bookstore: Last weekend, the visiting UUA had tables laden with wonderful books, jewelry, toys, even cookie cutters (large and small chalices) and more for adults and children in anticipation of the holiday season. Some items were gorgeous but too pricey for us: for example, a pin with both the Star of David and our U.U. chalice. However, it is \$105.00.. too costly for us BUT.... if you love it and leave a solid deposit, we can get it for you.

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UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

48 Shelter Rock Rd. Manhasset, NY 11030 | (T) 516.627.6560 (F) 516.627.6596 | www.uucsr.org / uucsr@uucsr.org

Minister for Pastoral Care:

Rev. Jennifer L. Brower (jbrower@uucsr.org)

Minister of Lifespan Religious Education:

Rev. Natalie M. Fenimore (nfenimore@uucsr.org)

Interim Senior Minister:

Rev. Ned Wight (nwight@uucsr.org)

Congregation Operations Administrator:

Adam Barshak (abarshak@uucsr.org)

Veatch Executive Director:

Joan Minieri (joan@veatch.org)

Music Director:

Stephen Michael Smith (ssmith@uucsr.org)

Membership & Volunteer Coordinator:

Ben Bortin (bbortin@uucsr.org)

Religious Education Coordinator:

Jeanne Nametz (jnametz@uucsr.org)

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Next Quest: Tuesday, December 1, 2016 | Deadline for Content: Thursday, December 6, 2016

Presented by Adult Programs, Shelter Rock Forum, Social Justice, Membership, Member Events, Music, Women's Group of UUCSR

SEETHE ICONIC PETER YARROW

of Peter, Paul and Mary Live in Concert!

Join UUCSR for a performance by Peter Yarrow of the legendary folk music trio – and lifelong crusaders for social justice and equality.

Sunday, December 4 at 3 p.m.

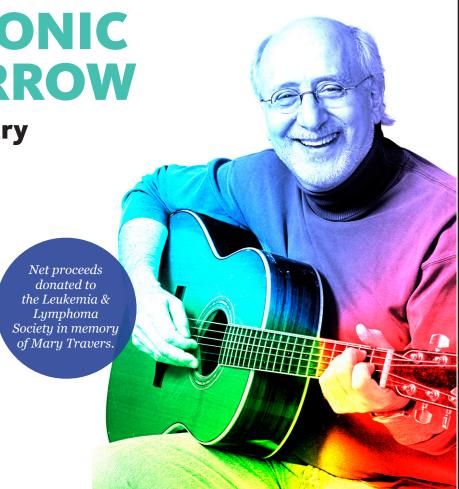
Purchase Tickets:

uucsryarrow.com

Adults \$30 | Seniors 60+ \$25 Students \$25 | 12 and Under Free

A special treat is in store for all who attend: the acclaimed all female acapella choir Willow will open the concert.

Refreshments will be available during intermission.



November 22, 2016