

See Calendar Here

Monthly Theme: Celebrating Blessings

FRIDAY, JUNE 10, 2022, 7:30 PM
Rev. Jennifer Brower

SOULFUL SUNDOWN WHERE MUSIC RESIDES AT THE HEART OF THE RELIGIOUS EXPERIENCE FEATURING REVEREND JENNIFER BROWER THE COSMIC ORCHESTRA ALL ARE NELCOMEN

Soulful Sundown Rev. Brower weaves spoken word with music from The Cosmic Orchestra. Coffee, tea, cookies. All are welcome.

See display ad on page 2.

SUNDAY, JUNE 12, 2022, 11:00 AM Rev. Dr. Natalie Fenimore

Bridging Service

REV. DR. NATALIE FENIMORE

11 AM | ONSITE + ONLINE

The Bridging Service In the Religious Education Program, young people learn and grow; they explore their own thoughts and feelings and they explore their world. In the annual Bridging Worship Service, they will share with all of us some of what they have experienced and we acknowledge their transitions. Come celebrate as they cross the bridge from here to there. The Young People's Choir, the Jazz Ensemble, and Sofia Varone, the UUCSR Ed Miller Music Scholarship recipient will share their musical gifts.



TOUCHSTONES

Rev. Dr. Natalie Fenimore



Everyone who comes to Shelter Rock comments on the beauty of the buildings and grounds.

Our ministry, too, is a beautiful thing—worship, religious education, pastoral care, social justice, music, fellowship, and so much more.

Ministry is what we do together to grow and deepen the connections of this community.

How do we nourish the beauty of our shared ministry?

We honor our covenants. We are active in the congregation.

We speak well of one another and our UUCSR community.

As we move toward the end of this congregational year—and prepare ourselves for the next—we can reflect on our commitment to nourishing the beauty of our connections.

We can live into the words of Susan Manker-Seale:

Much of ministry is a benediction—
A speaking well of each other and the world—
A speaking well of what we value:

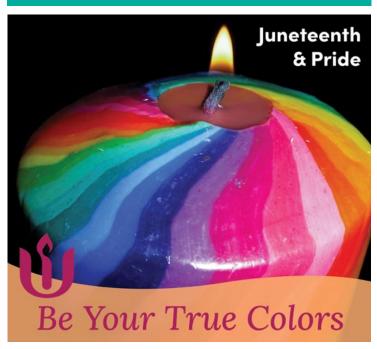
honesty love forgiveness trust

A speaking well of our efforts—A speaking well of our dreams. This is how we celebrate life: Through speaking well of it, Living the benediction, and becoming as a word well-spoken.

WORSHIP SERVICES continued from page 1

SUNDAY, JUNE 19, 2022, 11:00 AM

Members of the LGBTQ+ Sub-Committee with Rev. Jennifer Brower



June is Pride Month, an annual celebration commemorating the 1969 Stonewall Riots that launched the lesbian, gay, bisexual, transgender, and queer rights movement in the United States. Juneteenth is the day we recognize the end of slavery in the United States in 1865. May we take this month of June as an opportunity to recommit to the values of equality and the dignity of every human person. *

SUNDAY, JUNE 26, 2022, 11:00 AM Rev. Jaye Brooks

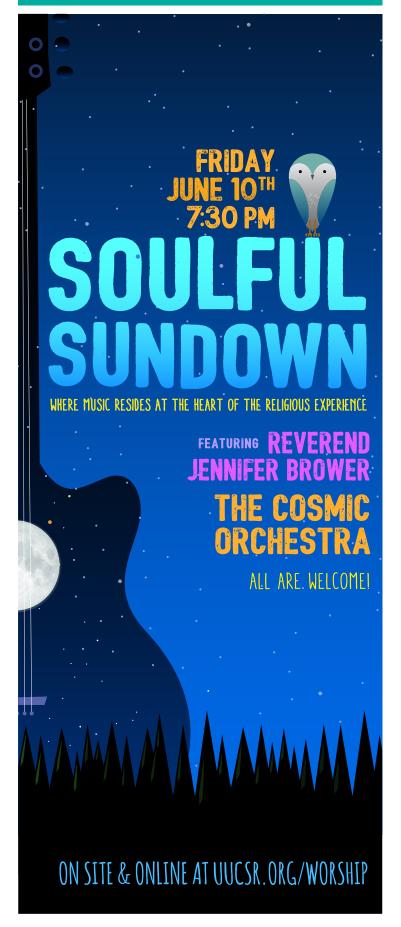
Meet the Moment is the 2022 UUA General Assembly (GA) theme. Wherever we've come from, wherever we're going, this very moment is the only time we can act to change ourselves, our lives, and the life of the wider world. During GA, thousands of Unitarian Universalists gathered to consider the moment we all are now meeting. At UUCSR, onsite and online, we celebrate the blessings that can arise as we "Meet the Moment." *

UUCSR's June 26 Worship Service, as usual, is onsite and livestreamed at 11:00 am. The **GA Sunday Worship Service** will livestream at 12:30 pm, Eastern Daylight Time.

* Worship Services are in-person, AND livestreamed! Masks are encouraged and required for singing. Livestreams available on <u>uucsr.org/worship</u>, Facebook, and YouTube. Closed captions and podcasts available afterward.

The Sunday Morning Experience is available online using just one link! Beginning at 10:30 AM, join via Zoom, then stay for live Worship Service and Coffee Hour. Join <u>HERE</u>.

FRIDAY, JUNE 10, 2022, 7:30 PM Rev. Jennifer Brower



CONGREGATIONAL AFFAIRS

Jana North, President of the Congregation



A Message from the President
Annual Report to the Congregation

The Board of Trustees began the 2021/22 year at UUCSR looking thoughtfully at how we conduct our business and ourselves. We began by meeting together to talk about strengthening how we work in covenant with each other and with the congregation.

We agreed that being a loving community that fostered spiritual growth was our number one priority. We looked at the structure of our meetings and decided to build in more time to discuss our mission and vision more deeply by placing many small items into a consent agenda format. That has allowed time every month for the BOT to talk about our hope and goals for the congregation. Board members also asked for an informal time to get together on Zoom because they were missing being able to gather in friendship before our meetings. So 30 minutes were added to every BOT meeting before our business discussions begin for members to greet each other and just catch up.

Our commitment to a more just and joyful world was never more apparent than during this turbulent year. When Covid hit Long Island, UUCSR acted quickly to release funds to help local non-profit organizations that were extremely hard hit by the pandemic. This past year, the Board of Trustees continued that work by forming a Crisis Grants Task Force which will allow the congregation to fund other non-profits in the future which are affected by a crisis.

After the congregation voted to add the 8th Principle to our mission last year, the Board of Trustees at UUCSR organized a task force to recommend action throughout the congregation that will work to eliminate racism at all levels of our organization. In promoting the 8th Principle, we are affirming our commitment to all our Principles and to Unitarian Universalism in the world.

This past year, the Board of Trustees, alongside our Developmental Minister Rev. Jaye Brooks, has started an in-depth review of the governance and structure of UUCSR. Our hope is to clarify and simplify many of the overwhelming aspects of congregational life at Shelter Rock and put in place a structure that can better nourish the spiritual needs of our current and future members.

While we moved forward on these important issues last year, the Board of Trustees and the congregation also learned that Rev. Jennifer Brower was retiring in June 2022. A Search Committee was then organized to begin to look for a new Minister of Congregational Life to work under the supervision of our Lead Minister Rev. Dr. Natalie Fenimore. A change in ministry can be unsettling and during this year of uncertainty, the Board has done an extraordinary job in stepping up and leaning in to all the work at hand.

In has been a real pleasure working with the Trustees and the wonderful staff this year, and I hope we have been able to instill in the congregation what our Mission describes as an ability to "celebrate the joy of living." All our time spent and work accomplished should always lead to joy.

Board of Trustees Agenda Tuesday, June 14, 2022

7:00 PM I. Opening Words: Ministers 7:05 PM II. Consent Agenda Items

- May 2022 Minutes: Toni Loque, Secretary
- CY23 Board/Congregational Calendar
- Ad Hoc Committee and Task Force Reports
- o 8th Principle Task Force: Claudia Barbey
- o Futures Ad Hoc Committee: Diane Cohen, Chair
- o Veatch Structure Engagement Group: Jana North, President
- o Working Groups Task Force: Chris Hilke, Vice President
- COA CY23 Congregational Restricted Donation: Adam Barshak. COA

7:15 PM III. Ministerial Search Committee Update: Jane Weiler, Chair

7:35 PM IV. Minister's Report: Rev. Jaye Brooks, Rev. Jennifer Brower, and Rev. Dr. Natalie Fenimore

- CY22 Coordinator Position Goals Review 8:00 PM V. Strategic Plan Review: Rev. Jaye Brooks 8:30 PM VI. President's Report: Jana North
- Land Management Leadership Team
- Task Forces Next Steps
- Authorization for President to Develop & Approve COA CY22 Performance Evaluation
- Annual Meeting Recap
- President's Operations Task Force (POT) Update 9:00 PM VII. Good of the Order: Jana North, President

Board of Trustees Agenda Thursday, June 16, 2022

7:00 PM I. Opening Words/Check-in: Ministers

7:05 PM II. Finance Committee: Vicky Safferson, Chair

Amended Committee Charge

7:30 PM III. Hadley House LLC: Barbara Dziorney Greene, President

• Annual LLC Board of Managers Update

8:00 PM IV. Petition Process: Adam Barshak, COA

8:15 PM V. Personnel Updates

- Employee Flexible Schedule Policy: Adam Barshak, COA, Rev. Jaye Brooks, Rev. Dr. Natalie Fenimore
- Professional Employment Organization Update: Adam Barshak, COA

8:40 PM VI. Member Resource Committee: Rob Hoell, Chair

• CY23 Committee Chairs and Members

9:00 PM VII. Good of the Order: Jana North, President

June 8, 2022 3





You may honor Rev. Jennifer Brower and her twenty years of ministry with your personal gift.

You may make a contribution in several ways:

Visit <u>www.uucsr.org/browergift</u> online.

You may use the QR code (above) to access.

- Open the camera app on your phone.
- Hold your phone so the QR code appears in view.
- Tap the notification to open the donation page.

Mail or deliver a check to the UUCSR Finance Office with "Rev. Brower Gift" in the memo line.

MEMBERSHIP COORDINATOR Abigail Highland



Share Your Talents and Interests at Shelter Rock

Are you looking for new ways to get involved at the congregation? Is there a burgeoning activity, passion, or craft that you would like to undertake while making new connections and building community? Take the Talents and Interests Survey!

You may hear from leaders in the congregation or me about opportunities that relate to your interests. All are welcome to fill out the survey (you do not need to be a member to get involved), and there are a plethora of opportunities for you—from cardwriting to planting a new garden bed.

Click here to take the Talents and Interests Survey

Renew your Membership!

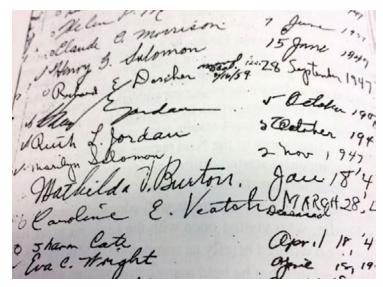
Can you believe that we've almost completed another congregational year? The 2021–2022 year concludes June 30, and the 2022–2023 year begins on July 1. Be sure to renew your membership!

If you have not already done so, <u>renew your membership by filling</u> <u>out the form here</u> or send in the card that was mailed to you. If you do not renew your membership, you will receive a call from a member of the Membership Committee.

If you did not receive a packet in the mail, we may have the wrong address for you. Please contact me at ahighland@uucsr.org with your updated address.

Welcome New Members!

We welcome many new members this season from those who participated in the Inquirers series! Shelter Rock's newest members will participate in a Book Signing on Sunday, June 12. Keep an eye out for our New Member Bios in the next edition of the *Quest*.



DENOMINATIONAL AFFAIRS COMMITTEE (DAC) Richard Bock, Chair



DAC Update

The Congregational Year is coming to a close as we celebrate the retirement of The Rev. Jennifer Brower, the ceremonies for our RE children, the final choir presentation, and the congregation's Annual Meeting, elections, budget vote, and the many other things that are part of our tradition.

This issue of the *Quest* will mark my final DAC column as chair of the committee. DAC will be in good hands as I pass the leadership torch to our new chair, Barry Nobel. I look forward to his continuing the DAC column in the *Quest*.

DAC will close the year with a special event—a special onsite auction to benefit UUCSR's Partner Church—scheduled for Sunday, June 19 at 1:00 PM in the Social Hall. (See opposite column.) Please bring your check books and generously support this fundraising effort. Our members and friends have been most generous providing treasures for everyone's taste. No offer will be refused and 100 percent goes to our Partner Church. There are over fifty items up for bid, so there is something for everyone! DAC hopes to see you there. Please mark your calendars: June 19 at 1:00 PM.

Reprinted from **UU World**, "UU NEWS"

GA 2022: Not Business as Usual

The UUA wants the multiplatform General Assembly to be an equitable experience for all, including the voting process. The board approved the final agenda on May 25.

In an effort to increase participation, accessibility, and informed decision-making, voting will be dramatically different at the Unitarian Universalist Association's 2022 General Assembly. General Assembly (GA) is the annual business meeting of the Unitarian Universalist Association (UUA), where delegates from member congregations vote on resolutions, bylaw changes, elections, and other business.

After two years of virtual-only General Assembly due to the pandemic, GA 2022 will be a fully multiplatform event. Delegates may choose to attend online or in person in Portland, Oregon, June 22–26. This year's theme is "Meet the Moment: Reimagining Radical Faith Community.

The UUA is committed to making sure the multiplatform GA, including the voting process, is an equitable experience for everyone. All delegates—onsite or online—will vote via electronic ballot on their phones or computers, or at special voting terminals at the Oregon Convention Center, where the onsite GA will be held. Voting will take place over hours instead of minutes, so delegates have time to confer with the congregations they represent before casting their votes.

Read More HERE.

PARTNER CHURCH PROGRAM

A Program of Denominational Affairs Committee
Richard Bock, Chair

Partner Church Auction Sunday, June 19, 2022 | 1:00 PM | Social Hall



The Auction, sponsored by the Denominational Affairs Committee to benefit our partner church in Csikszereda, Romania, will provide ALL proceeds directly to members of Csikszereda's church in their efforts to assist Ukrainian refugees fleeing the war who need food, clothing, and other necessities.

There are over 50 items available, including two hours of piano music, an afternoon of sailing, furniture, housewares, children's items, and a flat-screen TV.

Thank you for helping to make this event special and supporting UUCSR's Partner Church!

Need help getting your donation to Shelter Rock? Please email Barry Nobel at <u>barry@nobel.org</u> or call 516.318.2740 or 516.570.2154.

On June 6, 2022, *BBC News* reported that "More than 14 million people have fled their homes since Russia's invasion of Ukraine, the United Nations (UN) says. Almost seven million left for neighbouring countries, while eight million people are displaced inside Ukraine itself."

"The UN says that, of 1 June, more than 6.9 million refugees have left Ukraine and 2.1 million have returned:

- Poland has taken in 3,690,096 refugees. (1,512,192 of them have since returned)
- Romania has taken in 587,219 refugees (283,475 have since returned)
- Russia has taken in 945,007"

SOCIAL JUSTICE COORDINATOR Claire Deroche



True Colors

It may be only a coincidence that the celebration of LGBTQ Pride and the anniversary of the announcement of the end of slavery in Galveston, TX occur in June. Nevertheless, the two celebrations have so much in common. For centuries, in many cultures, Queer people have faced prejudice, violence, and even death when their true identities become

known. For centuries, Black people in this country first faced the violence of enslavement, and even until today, the scourge of antiblack racism. Yet, in June, we recognize that oppression is not the end of the story.

On June 28, 1969, Queer folks gathered at the Stonewall Inn Bar, rose up when the police came to harass and beat them. They had had enough! On June 19, 1865, two and a half years after the Emancipation Proclamation, enslaved people in Galveston, TX finally heard the good news. Soon June 19 became Juneteenth, a day when African American freedom is celebrated!

The LGBTQ+ Sub-Committee at UUCSR invites all to join them in observing these two celebrations of freedom and liberation! On Saturday, June 11, they will join the "Be the Rainbow" Pride Walk at 1:00 PM at 64 Shore Drive, Port Washington. With others, they will walk along Shore Road to Sunset Park at 305 Main Street. Look for the UUCSR banner!

On Sunday, June 19, Rev. Jennifer Brower and members of the LGBTQ+ Sub-Committee will lead the Worship Service, *Be Your True Colors*, a celebration of both Gay Pride and Juneteenth. The Eighth Principle reminds us that we are "working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions." May this joint celebration encourage us on our journey to spiritual wholeness!

SOCIAL JUSTICE ANNOUNCEMENTS Claire Deroche, Social Justice Coordinator

Assisting Refugee Families One of the families we're helping is expecting a baby in two weeks. You can assist the family by making a purchase at this <u>address</u>.

Cooking meals for guests of the Shelters run by the Interfaith Nutrition Network-INN First Tuesday of the month and 4th Thursday of the month from 9:00 AM-12:30 PM volunteers gather in the UUCSR main kitchen to cook nutritious meals that are delivered to three INN shelters. Register with Sharyn Esposito at sesposito@uucsr.org

Supporting Those Facing Hunger The Social Justice Committee invites you to bring donations of non-perishable food items and

SOCIAL JUSTICE ANNOUNCEMENTS

continued from previous column

leave them in the red basket by the main entrance. Members will stock the congregational pantry by the kitchen door for anyone in need. Once the congregational pantry is stocked, we will donate items to local food pantries.

UU the Vote: Recruiting New Volunteers In collaboration with UU the Vote partner, Reclaim Our Vote, members of the Social Justice Committee will be writing postcards this summer and fall to rural voters in the South. The postcards will share non-partisan voting information about times and locations for primaries and general elections. The recipients live in areas where voter suppression is high. (We're recruiting NEW volunteers for this project. Volunteers in previous campaigns are on our list and will get an email with directions.) If you would like to volunteer, complete this form and Claire will be in touch with you.

Friday, June 10 Friday Nights with the LGBTQ+ Group The UUCSR LGBTQ+ Sub-Committee sponsors a weekly get-together on Friday nights. On June 10, we will meet at 6:00 PM so members who wish can attend Soulful Sundown at 7:30 PM This will be a multiplatform gathering. If you wish to participate in person, go to the lower level Office Conference Room at 6:00 PM. Members of the LGBTQ+ community and their allies are welcome to participate. To join the meeting, visit uucsr.org/calendar for the Friday you wish to attend.

Saturday, June 11 Be the Rainbow Pride Walk, 1:00 PM
Join members of the LGBTQ+ Sub-Committee of UUCSR at Bay
Walk Park, 64 Shore Road in Port Washington. Look for the UUCSR
banner! The parade will walk along Shore Road to Sunset Park at
305 Main Street where there will be a Pride Festival. Fun for all

Wednesday, June 15 Social Justice Committee Online Meeting 6:30 PM check in and conversation, 7:00 PM meeting. Please note the date change to the third Wednesday of the month. Zoom link is the

same. Meeting ID: 928 2583 9567 or call +1 646 558 8656

Friday, June 17 Friday Nights with the LGBTQ+ Group The UUCSR LGBTQ+ Sub-Committee sponsors a weekly get-together on Friday nights from 6:30–8:00 PM This is an informal gathering where participants check in from 6:30–7:00 PM and then engage in facilitated conversation on a topic from 7:00–8:00 PM. Members of the LGBTQ+ community and their allies are welcome to participate. To join the meeting, visit uucsr.org/calendar for the Friday you wish to attend.

Saturday, June 18 Volunteer at the Roosevelt Community Garden 10:00 AM— 12:00 PM Connect with people from the local community while offering help with the common areas of the garden: June 18, July 23, August 20, September 17, and October 15. On Saturday, June 18, 2022 at 10:00 AM CCE Nassau, will present "Mulch Your Garden Plot." Learn to prune your herbs and tomato plants. We will also plant more beans to assure continued harvest and cut garlic scapes to sauté and enjoy at home. Register with Claire Deroche at cderoche@uucsr.org

MENTAL HEALTH SUB-COMMITTEE OF THE SOCIAL JUSTICE COMMITTEE

Sandra Hazel Frank, Chair

Mental Health in Children and Adolescents Wednesday, June 15, 2022, 7:00 PM

Join NAMI Queens/Nassau virtually for an important and informative discussion regarding the rising mental health concerns in our children and adolescents.

Schools and families are seeing elevated levels of stress, anxiety and different behaviors among children and adolescents.

With the onset of loneliness, worries about death and serious illness, difficulty adapting to online learning, as well as reactions to mass shootings at schools and other locations, children and adolescents are showing signs of mental health concerns in frightening numbers.

Participants are Dr. Vera Feuer, Associate Vice President, School Mental Health at Cohen's Children's Hospital, Northwell Health; Dr. Linda Kraemer, Professor of Education at Molloy University, Associate Dean of Undergraduate Education; and a licensed social worker TBA

Information and registration HERE.

ETHICAL EATING GROUP SPONSORED BY THE SOCIAL JUSTICE COMMITTEE

Ethical Eating is Back Eating Plant Based-on-a-Budget SEASONAL COOKING CLASS Sunday, July 17, 2022 1 - 3 PM

Its been a tough couple of years and its time to get back on track for some much needed self care! We will demonstrate ethical, easy, and economical plant based recipes to balance and sooth your mind, body, and spirit with comfort foods and enjoy the benefits of healthy eating.

You will learn:

- How to create mindful foods that are in season and on a budget
- Learn about the Clean 15 and Dirty Dozen foods
- Eating local and learn organic versus non-organic
- Experiment with foods that will revive you
- Techniques for easy preparation

Be prepared to participate. Children welcome.

Please notify Leslee Rabb at lesleer@optonline.net or Tracie Pulga at yourlifestylevitality@gmail.com if you have any food allergies.

Due to budgetary constraints, a donation of \$5 is appreciated.

UNITARIAN UNIVERSALIST VEATCH PROGRAM AT SHELTER ROCK Joan Minieri, Executive Director

Veatch Grantees Respond in Buffalo and Texas

Following devastating acts of gun violence in Buffalo, NY and Uvalde, TX, Veatch grantees in those regions are helping to address immediate needs while also working for systemic, political change.

In New York, PUSH Buffalo is fundraising for community relief donations as they continue to address root causes. They are updating a <u>list of resources</u>, and providing coordination, collaboration, and technical assistance to frontline leaders. In a Statement of Commitment and Resource, PUSH also provides context to understand the need to not only address senseless, racially motivated hate crimes, but also the



Members of Texas Organizing Project (TOP) registering voters

"decades of disinvestment" that have "intentionally alienated entire communities," of Black and Brown people.

Political Research Associates (PRA) immediately responded to the attack on the Black community in Buffalo with a clear and impactful analysis of the tenets of white nationalism. You can read more about this grantee's research and advocacy to combat hate, and review the context they provide here.

Texas Organizing Project (TOP) is disseminating information to help direct resources to families in Uvalde. Looking ahead to the upcoming elections in Texas, TOP is pushing for voters to turn out at the polls in support of gun control legislation that vast majorities of voters—including Republicans, Democrats, and Independents—support.

Workers Defense Project has shared that they are "providing internal healing work for members reeling from this event, and filling a critical void in the lack of reliable Spanish language content going out to the community about what is happening and going forward, given that Uvalde is an 80 percent Latinx town."

Veatch grantees are fighting the entrenched agenda that stokes racism and tolerates gun violence in a country that now has more guns than people. That's a political and moral choice, and in our multiracial democracy, Veatch grantees are organizing to make a different choice. With Buffalo and Uvalde, we grieve, in dedication to building power that is fueled by love, with the values and mission to work for justice—in urban New York, in rural Texas, and beyond.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

LIFESPAN RELIGIOUS EDUCATION (RE)

Carson Jones, Lifespan Religious Education Coordinator

Bridging Picnic on Sunday, June 12! Starting around 12:00 PM (following Worship)

All are invited to celebrate the milestones of our young people at the Bridging Worship Service followed by the first Bridging Picnic in three years! Join us for food, fun, games, music from the Any Given Sunday band, balloon animals, and Roxy's Ice Cream Truck!

This year, the Bridging Picnic is FREE for all, courtesy of the Religious Education Committee.

We are looking forward to closing out this year in true grand UU fashion with you all!



Summer RE Program Preview!

Outdoor Summer RE Program for All Ages Coming this summer to an RE Program near you!

11:00 AM on Sundays, July 17, 24, 31, August 7, and 14 on the grounds at UUCSR. Join us for five consecutive weeks of uplifting music, summertime fun, spirit-lifting activities, and surprises galore!

Bedtime Stories!

(now on the 2nd Wednesday of the month)
Wednesdays, July 13, August 10, and September 14 at 7:00 PM
Live on Zoom HERE. All are welcome to join Carson Jones,
UUCSR Lifespan Religious Education Coordinator, for these
special interactive storytimes as he reads family-friendly stories
celebrating the joys of summertime!

UU Kids Connect Summer Drive-in Movie Matinees!

Thursdays starting July 21, the inter-congregational team of UU religious educators invites you to the movies! Together each week, we will watch a much-loved family favorite film through the lens of our UU values followed by a lively chat. Get that popcorn apoppin' and we'll see you this summer...at the movies!

Keep an eye out in the RE emails to register for all this and more soon.

Grants Available for UU Summer Camps!

Are you looking for a fun, inclusive, and spiritually nourishing place to send your kids to camp this summer? There are several Unitarian Universalist summer camps for children and youth. The UUCSR Religious Education program budget provides grants to children and youth to attend these camps. Every child/youth of a congregational member is eligible for a grant of 18 percent of standard enrollment costs towards one week of camp. If your child/youth will be attending a UU Camp or Conference Center this summer and would like to have a grant from UUCSR, please call Jessica Pond at 516.472.2914 or e-mail jpond@uucsr.org and let us know.

UU camps include:

Star Island

https://starisland.org/programs/

Ferry Beach

http://www.ferrybeach.org/

The Mountain

http://themountainrlc.org/

Camp Unirondack

https://www.unirondack.org/

Clara Barton Camp

https://www.bartoncenter.org/

Murray Grove

https://murraygrove.org/camping-in-thegrove-registration/

or another UU summer camp of your choice.

A Special Note About Sophia Fahs Camp

Unfortunately, the Sophia Fahs Camp will not be able to operate this summer, and they hope to return in a future year.

Please feel free to reach out to Carson Jones at cjones@uucsr.org or Jessica Pond at jpond@uucsr.org with any questions.

SPECIAL YOUTH MILESTONE

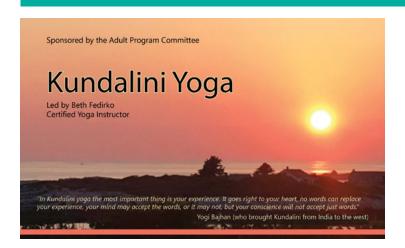


We celebrate with...

UUCSR Coming of Age participant Yosef Gonzalez and his family upon Yosef being named the 2022 New York State Road Bicycling Champion in the 13-14-year-old age category.

Congratulations, Yosef!

ADULT PROGRAMS COMMITTEE



Yoga for Joy and Balance with Beth | Wednesdays, 4:00-5:15 PM Live on Zoom HERE.

This class incorporates techniques of Kundalini Yoga, breath work, meditation, and energy modalities. No experience necessary. Cost: \$28 for 4 classes (use any time). First time attendees: no charge. Checks should be addressed to: North Shore Soup Kitchen. All proceeds will be donated to North Shore Soup Kitchen (NorthShoreSoupKitchen.org). Mail checks to: Beth Fedirko, 77 Glen Ave., Sea Cliff, NY 11579. Questions? Beth Fedirko, 516.297.1042 or bfedirko@optonline.net



Medical Qi Gong for Senior Health | Mondays, 9:00-10:00 AM

By popular demand, Qigong instructor Ashley Baldwin continues offering classes that strengthen your balance and overall body confidence! You will learn simple, yet powerful motion and breathing exercises to improve physical balance and falling safety skills, optimize lung capacity, bolster immunity, and promote energy flow to the internal organs. Ashley Zooms in every Monday morning directly from Thailand.

\$50/5 classes, \$12/drop-in class (See registration form)
Register HERE or email tqh.Ashley@gmail.com

Soulful Songs and Stories



The topic for PDF #48 is "A pig is a pig is a pig" (apologies to Gertrude Stein) in which we examine in song and story the disconnect between the labels we apply to ourselves and others and behavior hiding behind those labels. We'll examine integrity, authenticity, hypocrisy, and our refusal to call a pig a pig.

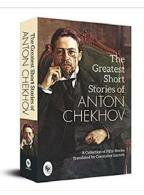
Look for the PDF in your inbox on June 17 if you've registered.

If you'd like to get on the mailing list, call Jessica Pond at 516.472.2914 or send her an email: JPond@uucsr.org. Enjoy past PDFs at www. j.mp/uucsrss

Alice Giordano and Steve Marston

Great Books Discussions | Fridays | 12:00-1:30 PM

Come together for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. All are welcome.



Reading: The Greatest Short Stories of Anton Chekhov: A Collection of Fifty Stories, translated by Constance Garnett

Available on Amazon HERE.

Gather live on Zoom <u>HERE.</u>

May 18, 2022

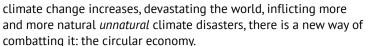
GREEN SANCTUARY COMMITTEE

Stephen Ruocco, Chair

This article demonstrates the congregation's stewardship of the earth and commitment to the Seventh Principle.

The Circular Economy

Modern economies rest on a *take*, *make*, *waste* linear economy. However as natural resources diminish and



The circular economy replaces the extraction of resources with the repurposing of existing products. The result is a zero-waste economy launched in 2015 by the European Union (EU). This initiative was updated in 2020 as part of the Green Deal. The first step was to motivate companies to design products to last longer and be repaired, not thrown away. This was a part of the resolution to adopt a net zero, carbon-neutral economy by 2050 which was made into a resolution by the European Parliament. The leading country to adopt this circular economy has been Finland.

Finland has a comprehensive approach to reducing waste. Besides caps on natural-resource extraction, including forestry and restoration, the public has been recycling and repurposing all materials. Landfills have diminished as people acquire new skills which help eliminate greenhouse gases. One of the most successful efforts was in the schools. They teach the younger generation to think differently about the circular economy, so that the linear economy is eliminated. Fossil fuels are being replaced with bioplastics, etc. They learn it's more than recycling. It is about rethinking everything,"products, material development, how we consume," says Nani Panjunen, a Finnish sustainability expert. Education has become the key and is integral to the curriculum at every grade level.

From grade school up to high school, students learn to take broken items and find useful purposes for the parts. When they reach college, they are able to apply the basics principles of repurposing to new projects in advanced science design and real world problems. Concurrently, farmers are taught about sustainability by learning about regenerative agriculture. They save soil from pesticides and fertilizers that deplete. They use cover crops, crop rotation and animals to enrich the soil. Some of this is being done in the United States by small farms, but is yet to be launched and supported by our government.

Last, the circular economy takes what has been used and makes the product sustainable again. For example, cell phones are being repaired as new and then sold more cheaply. Other products are saved similarly. The global community needs to do likewise and support companies implementing these projects.

Elaine Peters for the Green Sanctuary Committee





Unitarian Universalists draw from a variety of religious traditions, one of which is

Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

Summer Solstice is a seasonally based Druid (Earth-centered) celebration of the height of the Sun's power in our northern hemisphere. Rituals often highlight the importance of the sun and the earth's dependence on the sun for life of all kinds. Often, seeds are planted, and gratitude is expressed for growth and creativity in its many forms.

The June Solstice marks the longest day north of the equator.

MEN'S GROUP Bernard FitzGerald Jr., Chair



Tech 'n Talk, the Monthly Technology Discussion Series

The Men's Group Tech 'n Talk Series is now finishing its first season and preparing for its second. Our purpose is twofold: to learn more deeply about each other's interests, and to explore new movements and ideas in technology and science—from congregational members' direct experience wherever possible.

Anyone can join us to be the speaker, augment the speaker, help plan, or do research on a topic.

The sessions have had a welcome hominess and informality of people relaxing in their homes and sharing their opinions and questions for the speaker via Zoom and its Chat function.

The programs have also helped build community. Two-thirds of the attendees are from outside the Men's Group and are finding common interests and enjoyable moments with each other.

Teamwork has developed nicely. Our monthly sessions are produced by the team of Herb Klitzner, Gerry Matusiewicz, and Claudia Barbey, augmented by advice from Rev. Jaye Brooks and a widening circle of people from various corners of congregational life.

Let me give a brief recap of our events this season before moving to next year's projected offerings with double the number of events:

- We enjoyed Herb Waldren's comprehensive survey of electric car technology and its issues and opportunities. Herb's interest is rooted in his philosophic values and his deep concern about climate change. Many people in the audience were making plans to buy some kind of electric car and so had lots of interesting questions and cross-discussion.
- We learned of Rev. Jaye Brooks' love of science and technology, initially through her father, and of Gerry Matusiewicz's video-rich experiences with half a dozen self-flying drones—big and small, simple and sophisticated.
- We welcomed the opportunity to re-live a historic art and

technology experience from 56 years ago, in this case one attended by Marvin Brown in 1966 involving a mixing of artists and technologists. We learned much about Marvin—his accomplishments and his culture-rooted creative ideas of theatric space.

• We generated a strong willingness of members of teams of presenters to help each other to grow in a new field, sometimes with the support of books and dialogue opportunities built into our planning, as in the forthcoming Longevity Research and Treatments evening on Tuesday, June 14, 7 PM with me, Wally Brown, and Judy Fishkin. (Visit uucsr.org/calendar or call Sharyn Esposito, 516.472.2960, to receive the link.)

Our next season is tentatively planned (see schedule below), with over half the speakers confirmed.

Tuesday, September 13, 2022

Water Resources and Bureaucracy—How I Saved the NYC Water Board \$5 Million and Lost My Job. From a Ted Talk, by Wolstan Brown.

Tuesday, October 4, 2022

Technology Platforms to Support Reaching Your Fullest Potential and Becoming Your Best Self. Panel presentation.

Tuesday, November 1, 2022

Discussion of a Survey of Attitudes on Technology Among Congregational Youth and Adults. In collaboration with Lifespan RE staff.

Tuesday, December 13, 2022

The James Webb Space Telescope, by Queens College Astrophysics Professor Fred Cadieu.

Tuesday, January 10, 2023

Artificial Intelligence: Gifts and Problems, by Gerry Matusiewicz and Herb Klitzner

Tuesday, February 14, 2023

Mars Mission: Multiple Plans, Challenges, Perspectives.

Thursday, March 23, 2023

Technology Inside the UUA: Adapting to Change, by Larry Stritof, Director of IT Services at the UUA

Tuesday, April 11, 2023

Books without Borders: Resourceful Providing of Books and Information to Crisis Environments. Panel presentation with a focus on Africa.

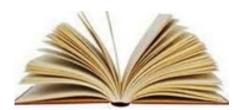
Tuesday, May 9, 2023

Imagining AI at UUCSR at a Future Point. Panel Presentation led by Herb Klitzner

Tuesday, June 13, 2023

Music Therapy: How and Why It Works. Panel Presentation.

BOOKSTORE COMMITTEE Shanti Flot, Chair



June Is Pride Month

The Bookstore has a wide assortment of books for the LGBTQ+ crowd. This month's featured title is *All Boys Aren't Blue, A Memory-Manifesto* by George M. Johnson. On the flap of the book cover it states that Johnson shares both glorious and gut-wrenching memories of growing up Black and queer in America. It also states that most central to Johnson's journey is how to reconcile his Blackness and his queerness identities that are sometimes at odds in his story. He finds that the answer is they are equal parts to a whole and perfectly designed person.

Conversation Café

The Conversation Café may be a good way to have a discussion about *All Boys Aren't Blue A Memory-Manifesto* or any book. Conversation Cafés are open, hosted conversations in cafés and other public spaces. (It might even be a room at UUCSR!) Cafés are a simple program that helps us make sense of our world and each other.

Questions to go deeper:

- -What happened that led you to this point of view?
- -How does this affect you personally?
- -I'm curious, can you say more about that?
- -Here's what I heard...is that what you meant?

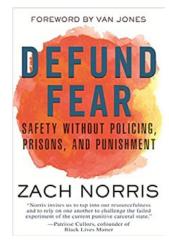
More info is available at www.conversationcafe.org

UUA/UUCSR Common Read Defund Fear: Safety Without Policing,

Prisons, and Punishment

by Zach Norris, Published by Beacon Press (2020)

Resources are available at uua.org/read including some guidance to readers and a one-hour recorded conversation with *Defund Fear* author Zach Norris and UU religious professionals about ways the book resonates with UU theologies. Defund Fear was featured in the last issue of the *Quest* in May.



By Robin Finnan-Jones, EdD for the Bookstore Committee

ART COMMITTEE Paul Kopelow, Chair



Fantasies in Paint & PixelsIn the Art Gallery

Katherine Criss

June 6–July 5, 2022

Reception

Sunday, June 12, 2022 | 1–3 PM





Artist's Statement:

My work is a meditation. I use the layered image to encourage viewers to look beyond the obvious, to interpret and to react to the image on multiple levels, whether I am creating a photograph or a surreal painting. I use my art as a visual form of communication, and I am most inspired by irony in life, finding sorrow in beauty and joy in tragedy.

WOMEN'S GROUP

Diane Mansell, Women's Group President

Women's Film Discussion Series

Third and Fourth (or fifth if occurs) Fridays monthly | 7:30 PM

With co-hosts Maria Ceraulo and Victoria Pilotti, Center for the Women of New York Watch before the discussion, then join in lively conversation. June 17: *Anatomy of a Scandal* Netflix Series—watch any or all of the episodes before Friday, June 17.

June 24: Gangubai Kathiawadi — watch the film before Friday, June 24.

Both available on Netflix.

Join Zoom meetings **HERE**

Book Series

All are welcome. Third Fridays Monthly | 3:30 PM | Join HERE.

Please contact Sharyn Esposito to learn more. sesposito@uucsr.org or 516.472.2960

June 17, 2022	The Cellist By Daniel Silva Discussion led by Aida Nema
July 15, 2022	The Cloister By James Carroll Discussion led by Renée Silver
August 19, 2022	Lincoln Highway By Amor Towles Discussion led by Patti Paris

Please visit <u>uucsr.org/wg</u> for additional details including a full list of titles, discussion leaders, and a printable flyer.

Women Talk Daytime

Now multiplatform—Onsite and online at UUCSR in the Veatch Conference Room and on Zoom the first and third Tuesday of each month at 12:30 PM. You can bring your lunch and coffee/tea will be provided. The first Tuesday of the month the topic remains Current Events and on June 21, the topic will be "What is the greatest risk you took in your life?" Sandra Frank will be in-person as Women's Group Board representative. All are welcome to join Sandra online or in-person! Join the online session HERE.

Women's Group Annual Election & Luncheon Meeting

Sunday, June 26, 2022 | 12:30 PM

See ad on page 14.

No Admission fee for Women's Group Members.

Non-Women's Group Members admission fee \$15.00.

Guest speaker is Bridget Mantello, The Safe Center LI.

Please contact Sharyn Esposito to learn more.

sesposito@uucsr.org or 516.472.2960

WOMEN'S GROUP

Maria Ceraulo, Chair, Women's Issues

Ann's Way

We were all invited. It was on Saturday, May 21, 2022. A Street Co-naming and Tree Planting Ceremony. In Douglaston, it was at the intersection of 233rd St and 39th Ave. The additional sign was "Ann Jawin Way." The proposal to coname the street was brought up by Councilman Paul Vallone before being

approved by the New York City Council on December 15. "Ann Jawin

was relentless when it came to talking about the need of the center," Senator John Liu said during the ceremony. "I am just so thankful that she was able to see the fruition of her efforts." The street co-naming was in honor of our very own Ann Jawin, long-time member of our congregation and our Women's Group, and founder of The Center for the Women of New York.



The Center for Women of New

York helps women overcome financial, violence, social, wellness, and legal issues by raising awareness and advocating for full gender equality for women, while also understanding their needs and connecting them with services, non-profit partner organizations, and public resources to aid, uplift, and address their challenges.

The organization also offers support groups for women in crisis and caregivers, workshops, and classes on domestic violence, trafficking awareness, career advancement, financial literacy, sustainable gardening, and English as a second language.

A few of us went to the ceremony. As we arrived, listened to dignitaries, and watched Ann's granddaughter unveil the new street sign, we were filled with memories. There were events at her home, many times dropping her off after meetings or social events. We remembered advocating for a large grant for her organization. The money was used to renovate a building at Fort Totten, NY. After 16 years of advocating and renovating, she cut the ribbon for the opening of the building. It was wonderful for her to see it actually happen after so many years. Ann believed that this landmark historic site would be the only building completely dedicated to full equality for women between the New York metropolitan area and Seneca Falls in upper New York State.

We remember Ann who dedicated her life to advancing women's issues and to helping so many women. Ann's Way will be a reminder of all she gave to women and to her community for many years to come. It was a blessing to know her, work with her, and be a part of the ceremony that honored her.

June 8, 2022 13



SUNDAY, JUNE 26, 2022

12:30 PM • Veatch Terrace

uucsr.org/WG2022

SPEAKER:



BRIDGET MANTELLO

Director of Development for The Safe Center LI

The Safe Center Mission: To protect, assist and empower victims of family violence and sexual assault while challenging and changing social systems that tolerate and perpetuate abuse.

NO CHARGE For Women's Group Members

\$15 For Non-Women's Group Members

Advanced reservations and payment if not a Women's Group Member is Required by Friday, June 24

Please RSVP to Sharyn by June 24 516.472.2960 or sesposito@uucsr.org Childcare available by request by June 19

EVENT ANNOUNCEMENTS

ALL PROGRAMS ARE ONLINE UNLESS NOTED OTHERWISE.

Please see <u>UUCSR.org/calendar</u> for additional details. See <u>LIACUU.org</u> for other area congregations.

Wednesday, June 8, 2022

6:00 PM, Ukulele Group Practice 6:00 PM, Veatch Case Studies Team Meeting

Thursday, June 9, 2022

10:00 AM, Living Solo 1:00 PM, Bridge Game Play, Veatch Ballroom 7:00 PM, Member Resource Committee Meeting

Friday, June 10, 2022

12:00 PM, Great Books Discussion 6:00 PM, LGBTQ+ Multi-platform Gathering, Office Conference Room and online 7:30 PM, Soulful Sundown, Social Hall and online

Saturday, June 11, 2022

10:00 AM, Caring Committee Meeting 1:00 PM, Be the Rainbow Pride Walk, Port Washington

Sunday, June 12, 2022

9:00 AM, Small Group Ministry - 2nd Sunday of the Month

9:30 AM, Childcare, RE Room 1 and 2 9:30 AM, Coffee Hour in the Social Hall, Social Hall

10:00 AM, New Member Book Signing, Veatch Oval and Terrace Rooms

10:00 AM, Young People's Choir Rehearsal, Chapel

10:30 AM, Sunday Morning Experience 11:00 AM, *Bridging Sunday Worship*, Rev. Dr.

Natalie Fenimore, Worship Room

11:30 AM, Coffee Hour in the Social Hall, Social Hall

11:45 AM, Coffee Hour

12:30 PM, Bridging Picnic, Multiple indoor and outdoor spaces

12:30 PM, Small Group Ministry - 1st Sunday of the Month, Bride's Room

1:00 PM, Katherine Criss - Artist's Reception, Art Gallery

Monday, June 13, 2022

9:00 AM, Medical Qigong for Senior Health – Balance!

5:45 PM, Membership Committee June Business Meeting

7:00 PM, Worship Committee Meeting

Tuesday, June 14, 2022

9:00 AM, CSA - Community Supported Agriculture Program, LL Lobby 3:00 PM, Art Committee Meeting 7:00 PM, Board of Trustees Meeting 7:00 PM, Longevity Research and Prospects -Online

Wednesday, June 15, 2022

11:00 AM, Crafting for Sanity and Community Online Get-Together 2:00 PM, Wednesday Conversations 4:00 PM, Yoqa for Joy and Balance with Beth

5:00 PM, Veatch Engagement Task Force

Meeting

7:00 PM, Green Sanctuary Online Committee Meeting

7:00 PM, Social Justice Virtual Committee Meeting

Thursday, June 16, 2022

10:00 AM, Living Solo 1:00 PM, Bridge Game Play, Veatch Ballroom 7:00 PM, Board of Trustees Meeting 7:00 PM, Mental Health Sub-Committee Online Meeting

Friday, June 17, 2022

12:00 PM, Great Books Discussion 3:30 PM, WG Online Book Series Discussion 6:30 PM, LGBTQ+ Online Gathering 7:30 PM, Women's Group Online Film Discussion - *Anatomy of a Scandal*

Saturday, June 18, 2022

10:00 AM, Volunteer at the Roosevelt Community Garden, Off-site 6:00 PM, Dramatic Readings

Sunday, June 19, 2022

9:30 AM, Childcare, RE Room 1 and 2 9:30 AM, Coffee Hour in the Social Hall 10:30 AM, Sunday Morning Experience 11:00 AM, Be Your True Colors: Juneteenth and Pride Service led by Member of the LGTBQ+ Sub-Committee Group and Rev. Jennifer Brower, Worship Room, and Online 11:30 AM, Coffee Hour in the Social Hall 11:45 AM, Coffee Hour 1:00 PM, DAC Partner Church Auction, Social Hall

Monday, June 20, 2022

9:00 AM, Medical Qigong for Senior Health – Balance!

1:00 PM, Love & Stitches, RE Room 9, 15

7:00 PM, Care for the Caregiver

Tuesday, June 21, 2022

9:00 AM, CSA - Community Supported Agriculture Program, LL Lobby 12:00 PM, Summer Solstice Celebration, Chapel and Lawn 12:30 PM, Women Talk Daytime Meeting, Veatch Conference Room and online 3:00 PM, Online NAMI Criminal Justice Meeting 7:00 PM, Living With Cancer

Wednesday, June 22, 2022

11:00 AM, Crafting for Sanity and Community Online Get-Together 2:00 PM, BOT/Staff Leadership Meeting, Office Conference Room 2:00 PM, Wednesday Conversations 4:00 PM, Yoga for Joy and Balance with Beth 6:00 PM, Ukulele Group Practice

Thursday, June 23, 2022

9:00 AM, Thursday INN Cooking (By Registration Only), Main Kitchen

10:00 AM, Living Solo 1:00 PM, Bridge Game Play, Veatch Ballroom 6:30 PM, Together to End Solitary Confinement Online Program

Friday, June 24, 2022

12:00 PM, Great Books Discussion 6:30 PM, LGBTQ+ Online Gathering 7:30 PM, Women's Group Online Film Discussion - *Gangubai Kathiawadi*

Sunday, June 26, 2022

9:30 AM, Childcare, RE Room 1 and 2
9:30 AM, Coffee Hour in the Social Hall
10:30 AM, Sunday Morning Experience
11:00 AM, Meet the Moment led by Rev. Jaye
Brooks, Worship Room, and Online
11:30 AM, Coffee Hour in the Social Hall
11:45 AM, Coffee Hour
12:30 PM, GA Worship Service Livestream
12:30 PM, WG Annual Election & Meeting
Luncheon, Veatch House
12:45 PM, Men's Group Committee Meeting,
Office Conference Room and online
5:00 PM, Soulful Salutations - Restorative Yoga
& Yoga Nidra enhanced by Live Music NOTE
DATE CHANGE

Monday, June 27, 2022

9:00 AM, Medical Qigong for Senior Health 9:00 AM, CSA - Community Supported Agriculture Program, LL Lobby 7:00 PM, Small Group Ministry - 4th Tuesday of the Month

DISCLAIMER:

Quest may include views or opinions that do not necessarily reflect official policy, views of the respective boards or committees, or editorial staff.

The Quest is published twice a month, except once each in July and August. Copies are available in the UUCSR Lower Lobby, https://uucsr.org/on-demand/ quest-newsletter, and via email. Sign up for email at https://uucsr.org/on-demand. The Quest Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other. The Quest is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, Maxine Dangler, Steve Marston, and Jessica K. Vega. Submissions: communications@uucsr.org Quest Guidelines: http://j.mp/quest-ql

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June 8, 2022

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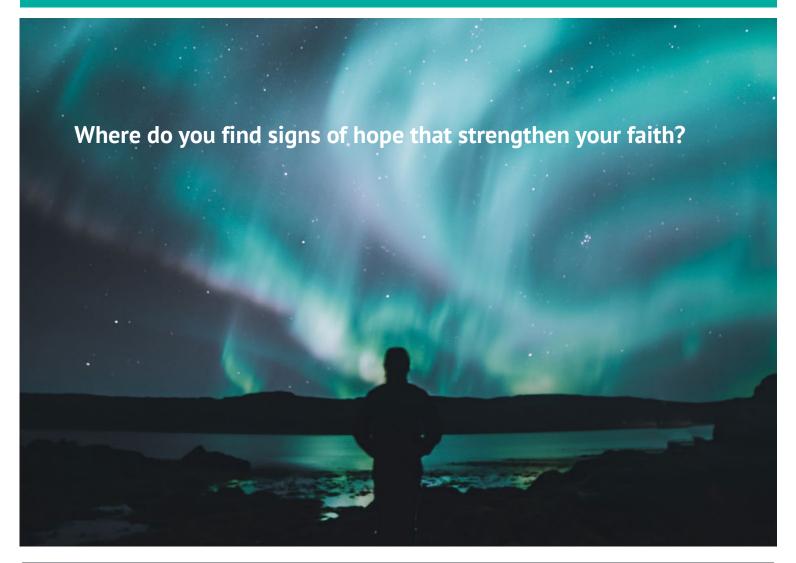
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Terry Bain Brigitte Mueller Claudia Barbey Marsha Stone Iliza Bartels Jane Weiler Robin Finnan-Jones Maryann Zappulla

ADDRESS SERVICE REQUESTED FIRST CLASS MAIL DATED MATERIAL

Next Quest: Wednesday, June 22, 2022 | Deadline for Content: Thursday, June 16, 2022



The Quest June 8, 2022