

SUNDAY, APRIL 24, 2022, 11:00 AM Rev. Jaye Brooks and Green Sanctuary Committee

Awakening to Hope Climate change is real, and a real threat. But in small ways all over the planet, people are acting to resist and push back—to renew and restore the Earth. These acts of planetary creativity and vision are cause for awakening to hope. Rev. Jaye Brooks with Green Sanctuary Members Elaine Peters, AnneMarie Ansel, Ellen Councill, Jim Peters, and WinterFlower Regla Robinson.*

SUNDAY, MAY 1, 2022, 11:00 AM Rev. Jennifer Brower

In the words of Arthur Graham, "Each of us is an artist, whose task it is to shape life into some semblance of the pattern we dream about..." Join us this morning for worship, which will include a Ceremony of Naming and Dedication for young Denver Ronald Wyett, son of Marielle and Jonathan Wyett, grandson of Meg Cohen. *

SUNDAY, MAY 8, 2022, 11:00 AM Rev. Dr. Natalie Fenimore

Mama's Day Mother's Day was begun as "Mother's Day for Peace" in 1870 by Unitarian Julia Ward. She made an "appeal to womanhood throughout the world to unite for peace." With "Mama's Day," we are called to honor all those who "mother" espescially those who mentor in the midst of pain, war, and struggle. However imperfect, the effort to nuture life is a spirit-filled journey. *

FRIDAY, MAY 13, 2022 7:30 PM Rev. Jennifer Brower

Soulful Sundown Please note the new time for Soulful Sundown onsite and online! Rev. Brower weaves spoken word with music from The Cosmic Orchestra. Featured special guest musician is local legend Amy Correia. Coffee, tea, cookies. *

* Worship Services are in-person, AND livestreamed! Masks are encouraged and required for singing. Livestreams available on <u>uucsr.org/worship</u>, Facebook, and <u>YouTube</u>. Closed captions and podcasts available afterward.

The Sunday Morning Experience is available online using just one link! Beginning at 10:30 AM, join via Zoom, then stay for live Worship Service and Coffee Hour. Join HERE.

Touchstones

Rev. Dr. Natalie Fenimore



It is wonderful to see spring burst out all around us—I am a particular fan of the flowering tree and so am grateful for the cherry tree planted right outside my office window. This spring feels like it has been matching our lives: it gets warm one day and then, just as the jackets are put away, it gets chilly again. It is like that all around—just as we feel we understand the pandemic situation, things change.

While our congregations and communities are moving forward from the isolation of deep pandemic lockdown, we are still not finished with the need for care and caution. There are members who are reporting infections, our area infection rates are increasing a bit—they may go up and down for some time. While there is, of course, no need to panic, we do need to continue to be a community of care and concern. The most vulnerable among us need to know that we are including them in our community—we continue to have live-streamed and zoom services and programs, we welcome mask wearing. Remember that our immune-compromised and elderly friends are at risk; our youngest children still cannot be vaccinated. Our loving community has the capacity to care for all.

And while we might not yet be ready to go full ahead into a post-pandemic world, we can lean into this liminal space. We can think about how we have changed and we can get ready for what is to come. UUCSR is not standing still, we are in motion: Membership Renewal, Strategic Plan, Ministerial Transition, among other efforts. There are long-term plans but also some ways of trying things out now to see if they should be more permanent. Shannon Harper, UUA Regional Staff, calls these try outs, Liminal Action Plans (LAP). A good LAP is:

- Temporary
- · Trauma and grief informed
- Responsive
- Relational
- Playful
- Efficient
- Shared
- Forgiving

Continued on page 2

WORSHIP SERVICES continued from page 1

SUNDAY, MAY 15, 2022, 11:00 AM Rev. Nic Filzen, Guest Minister

Nurturing Beauty



SUNDAY, MAY 22, 2022, 11:00 AM Rev. Dr. Natalie Fenimore

Coming of Age Our 8th-grade Coming of Age group has a year to learn about about and reflect on their own place in Unitarian Universalism. They write their Statements of Beliefs—Credo Statements—and present them to the congregation in this worship service. We will hear from our curious, talented, and challenging young people. Due to the pandemic, those who were 8th-graders during the pandemic closure have been invited to participate in this service. *

* Worship Services are in-person, AND livestreamed! Masks are encouraged and required for singing. Livestreams available on <u>uucsr.org/worship</u>, Facebook, and <u>YouTube</u>. Closed captions and podcasts available afterward.

The Sunday Morning Experience is available online using just one link! Beginning at 10:30 AM, join via Zoom, then stay for live Worship Service and Coffee Hour. Join <u>HERE</u>.

THANK YOU

Claire Bock extends grateful thanks to the Shelter Rock congregation and its Caring Committee for the delicious edible bouquet that arrived to welcome her home after several months at the Glen Cove Center for Rehab. And thank you to the many members, friends, and family for the calls, cards, notes, flowers, snack-treats, and wishes for speedy healing during the long road to recovery from hip and double-femur surgery. Claire welcomes cards, notes, and phone calls; please call ahead if you are considering a home visit.

TOUCHSTONES continued from page 1

There is work to do in this liminal time, as Harper says, "during a LAP, it's important to recover and mentally prepare yourself for the job ahead. It's also a time to visualize what you want to create and prepare yourself by learning new skills, dusting off old ones, and practice, practice, practice." May our hearts and minds

be compassionate. May we welcome creativity and renewal.

Rev. Dr. Natalie Fenimore

THANK YOU, REV. JENNIFER BROWER Paul Carbone, Angela Cesa, Melinda Nasti

With gratitude for the deep compassion, generosity of spirit, and vision she shared with all of us....



Rev. Jennifer Brower will be retiring as Minister of UUCSR after 20 years of service at the end of June. We are compiling a video of members bidding farewell and expressing their gratitude for Reverend Jennifer. It will not be the same without your contribution. Please record a one-minute video on cell phone and upload content <u>HERE</u>. Tips on how to make a recording are available <u>HERE</u>. Deadline: Sunday, May 1, 2022.

For recording support, please call 516.472.2980.

June 5, 2022

11:00 AM Worship Service: Celebration and Appreciation We will gather in community to celebrate the ministry of the Rev. Jennifer Brower upon her retirement from UUCSR after 20 years as Minister for Pastoral Care. Come be part of this service filled with memories, well wishes.

12:00 PM Light Lunch and Farewell Reception
Courtesy of the Board of Trustees

1:00 PM Celebratory Toast



SOULFUL SUNDOWN

Rev. Jennifer Brower

MUSIC RESIDES AT THE HEART OF THE RELIGIOUS EXPERIENCE FEATURING ON SITE & ONLINE AT UUCSR.ORG/WORSHIP

MEMBERSHIP COORDINATOR Abigail Highland





The season of Blooming and Belonging is upon us!

Please pick up your Membership Renewal packet.

Renew your membership for the upcoming 2022–2023 year by completing a Renewal Card or going online to <u>uucsr.org/renew</u>. Packets for each Member Household will be available for pick up in the Main Lobby through May 1, and the remainder will be mailed.

Be sure to renew by June 1, 2022. If you have questions about renewal, contact Abigail Highland, Membership Coordinator, at ahighland@uucsr.org



Inquirers NEWCOMERS PROGRAM



An ongoing series of learning conversations about the congregation and Unitarian Universalism.

Designed for visitors and newcomers, this is the first step on the path to belonging and membership.

Each session covers a different area of congregational life and connects you with leaders and members at Shelter Rock. Sessions are drop-in format, although you are encouraged to come to as many as possible! Please contact <u>Abigail Highland</u> for information.

April 24	12:00-1:00	Pastoral Care & Rites of Passage
April 24	12:30-1:30	Q&A with a minister (Zoom Only)
May 1	12:00-1:00	Social Justice & Action
May 15	12:00-1:30	Membership at Shelter Rock

April 20, 2022 3

CONGREGATIONAL AFFAIRS

Jana North, President of the Congregation



A Message from the President

It's spring at UUCSR and that means it's time to renew your membership for 2022/23 with a pledge, and to think about how you might get involved in our congregational life in September.

It has always been tricky and somewhat uncomfortable for members to put a dollar amount on what Shelter Rock means to them.

Personally, I have always felt that what I pay for cablevision in my home should not be greater than what I pledge toward my UUCSR life. While binge-watching *Bridgerton* and *Ted Lasso* has given me great joy, it does not come close to the feeling of community, spiritually, and service that I get from my connection to UUCSR. Each member must find their own way of determining a meaningful dolllar amount that accurately reflects their level of commitment. Our investments allow us to maintain our beautiful property, our extraordinary staff, and be generous in our many philanthropies. Our pledge, however, is a separate and personal statement of what the Unitarian Universalist Congregation at Shelter Rock means to each of us and it directly reflects how important we are to each other.

The level of involvement in congregational life is also a very personal choice for every UUCSR member. Attendance at Worship and having children take part in our Religious Education classes may feel like enough connection to Shelter Rock for many right now. After so many months in quarantine, just being back in the building on Sunday can seem like a huge commitment. But now that Zoom has made joining meetings and events so easy, I urge all members to "try out" some of the many, many choices that UUCSR offers for congregational involvement. As a young mother with feminist interests, I began my life at Shelter Rock as a member of Women's Group. I simply started to attend meetings and soon found myself working at events, planning marches, and generally "getting in good trouble," as Rep. John Lewis described it. The community I found there and the friends I made have endured for 30 years. Those women gave me a confidence and respect that have empowered me in all aspects of my life.

There is a sense at Shelter Rock, that the same core group of people make up the committees of the congregation year after year. Newer members have difficulty joining committees "cold turkey" without an invitation or friend to bring them in to a group. So as President of the Congregation who was also once a brand new member, I personally invite you to click on the link of any meetings that interest you. The schedule and link for all meetings and events can be found on page 15 of this *Quest* and all are open to everyone. We are an extremely lucky congregation in our ability to offer opportunities for involvement in Social Justice, Philanthropy, Worship, Finance, Publicity and Land Management, among many, many others.

Most committees have at least one or two more meetings before we all take a break over the summer. Join a few that interest you, and hopefully that may inspire you to get involved in their work next year. Introduce yourself on Zoom as someone who is interested in finding out about their mission in the congregation and I guarantee you a great conversation. The Board of Trustees meetings are the third Tuesdays and Thursdays of every month and I hope I see some of you there.

So please remember to renew your membership this spring with a thoughtful and meaningful pledge.

Notice of Congregational Meeting and Budget Hearing



Onsite and Online (Worship Room or Webinar)
Attend in person or register in advance to participate online
HERE.

After registering, you will receive a direct link to particiate via email.

Agenda:

1:00 PM: Opening Words and Chalice Lighting

- I. Approval of Minutes of March 20, 2022 Meeting
- II. UUCSR Veatch Program
- III. Crisis Grants Policy Amendment
- IV. Crisis Grant Request for Ukraine
- V. President's Report Good of the Order Closing Words Adjournment

Notice of Budget Hearings on FY23 Budget

- First Hearing will immediately follow May 1 Congregational Meeting. Please note: you must register for the Congregational meeting to participate in the hearing online.
- Second Budget Hearing will be Wednesday, May 4, at
 7:00 PM via Zoom. Join HERE. No registration is necessary.

UUCSR Members may access the proposed CY23 Budget at uucsr.org/myuucsr. Click <u>HERE to access member documents.</u> Select "Login," and follow instructions. Once you are logged in, select "Groups," then "Members of Shelter Rock," then "Resources." UUCSR staff members are available to assist with access. You are welcome to call or email any staff member.

MUSIC AND PERFORMING ARTS COMMITTEE Katy Schall, Chair



Friday, April 22, 2022 | 7:30 PM FREE
Onsite and Online

Facebook, YouTube and uucsr.org/mfa

Special Guests:

Dan Pratt, sax

Laura Torff, flute

Ken Hughes, guitar

Jim Whitney, bass

Dan Aran, drums

Leah Wool, vocals



STEPHEN MICHAEL SMITH Music Director



UNITARIAN UNIVERSALIST VEATCH PROGRAM AT SHELTER ROCK Joan Minieri, Executive Director

Shelter Rockers in Florida Take Action for Worker Rights

Longtime Veatch grantee, the <u>Coalition of Immokalee Workers</u> (<u>CIW</u>), is ramping up its campaign to win rights and dignity for farmworkers. Veatch funding has contributed to the development of the CIW's groundbreaking Fair Food Program, which forges partnerships among farmers, farmworkers, and retail food companies in a model for corporate social accountability.

This program began nearly two decades ago, when the CIW ended a four-year boycott of Taco Bell with the company's commitment to pay "a penny more per pound" for tomatoes toward humane wages and working conditions for migrant workers in the fields who are vulnerable to physical and mental abuse, wage theft, and exploitation. The Fair Food Program now includes all major fast food chains, except for one holdout: Wendy's. On April 2, Shelter Rock members in Florida (pictured below) joined in a march of nearly 800 people to target the Palm Beach offices of Wendy's corporate chairman, Nelson Peltz, for his refusal to join the Fair Food Program. The strong UU delegation was led by Mary Katherine Morn, President of UUSC, a Veatch grantee. Shelter Rock members also were on hand to welcome Gerardo Reyes Chavez to preach a Sunday service at First Unitarian Universalist Congregation of the Palm Beaches in advance of the March.

The CIW reports on the April 2 March, "For more than five hours, a flood of protesters joyously filled the streets of Palm Beach with art, music, and boundless energy. Against a backdrop of a growing human rights crisis in the agricultural industry—including multiple high profile modern-day slavery prosecutions in just the past several months—the marchers



Pictured first row / second row: Lauren Furst, Rhonda Kessler, Carol Garbarino, Marc Mandel, Peter Koos, Bob Malone, Diane Curry

posed one simple question of the hamburger giant: Can Wendy's guarantee there is no slavery in its supply chain?"

Many Shelter Rock members at home have supported the CIW over the years, and Veatch staff and Governors who have visited the organization in person return deeply impacted. How wonderful that Shelter Rock connections could come together to support Veatch grantees whose work is so profoundly guided by and reflective of the UU values of human dignity, interconnectedness, and democracy.

Shelter Rockers in action!

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

SOCIAL JUSTICE COMMITTEE AND UNITARIAN UNIVERSALIST VEATCH PROGRAM AT SHELTER ROCK, co-sponsors

UUCSR SPRING SERIES

Multiracial Democracy Under Attack:

White nationalist threats, attacks on voting rights, and what we can do to defend a democracy that works for all.

Presented by the UUCSR Social Justice Committee + Veatch Program

Robby Jones' White Too Long
Thursday, May 5, 2022 | 7:00 PM
Zoom Book Talk | Register HERE.

Join this webinar in which Rev. Dr. Natalie Fenimore interviews author, Robert P. Jones, PhD on what Kirkus Review calls his "Indispensable study" on the unholy relationship between American Christianity and white supremacy.



WORSHIP COMMITTEE Meg Cohen, Chair

Worship Pod: Sunday, April 24 2022 | 12:30 PM Office Conference Room or via Zoom HERE.



What does the idea of "awakening" mean to you?

Join UUCSR members online or onsite for a small-group worship experience. In the "Worship Pod," offered on the last Sunday of each month, those present share brief personal reflections on the month's worship and learning theme—in April, "Awakening."

In this member-led, member-centered worship experience, facilitators introduce participants to a gentle, personal, meaningful, small-group worship experience. With roots in the 16th-century idea that the religious experience is unique to each person, and our UU respect for the search for meaning, the Worship Pod is a simple member-to-member opportunity for worship in the root meaning of the Old English word weorthscipe—to contemplate what is worthy.

Bring your whole self and, in the company of others, reflect upon the meaning of "Awakening."

SOCIAL JUSTICE COORDINATOR Claire Deroche



Easter Eggs as a Symbol of Resistance

Ukrainian American journalist Lev Golinkin was interviewed recently by Amy Goodman on her show, "Democracy Now." It was an in-depth interview in which the journalist detailed the current situation in Ukraine and the events leading up to the war.

The fact that Mr. Golinkin came to the US as a child refugee from the eastern Ukrainian city of Kharkiv gave added weight to his reporting. He explained the subtleties of the history of the current crisis and the meaning of terms that go unremarked in the mainstream media.

However, it was his closing remarks that were really striking. "If you've donated, if you've called your member of Congress, if you've done everything else, if you've helped a refugee, you know what? Then—and if you have a little bit of time, if you want to go against [this war], then learn a little bit about this culture, learn about this land." Mr. Golinkin continued, saying that learning about the history and culture of Ukraine can serve as an antidote to the propaganda being spread by Russia: that Ukraine doesn't exist, it's a backwards area of Russia, and that Ukrainian is not a language, just a dialect.

An <u>article</u> on Ukraine from the *Encyclopedia Britannica* tells the story of its rich history. Here are some interesting facts about the country gleaned from its pages. After Russia, Ukraine is the largest country on the continent of Europe. The Kyivan Mohyla Academy was established in 1615 and remained an important intellectual center for the Eastern Orthodox word until its closing in 1817. Ukraine has a rich heritage of literature, art, and music. In a referendum held on December 1, 1991, the population of Ukraine voted overwhelmingly for independence.

The season of Easter is actually a good time to learn more about Ukraine. Since before Christian times, the people of Ukraine have had a tradition of decorating eggs called pysanky, with intricate designs and beautiful colors. In the Orthodox Religion, these eggs came to be associated with the new life that is celebrated at Easter.

At the <u>Ukrainian Institute of America</u> in Manhattan, until August 24, 2022, you can enjoy a communal and participatory exhibition of the pysanka. Under the direction of Sofika Zielyk, an ethnographer and pysanka artist, people from around the world are contributing to the exhibition. "Now, more than ever, the decorating of pysanky is considered one of the ways to show that Ukrainian culture exists at a time when the war threatens to destroy sites of Ukrainian culture and heritage. The fragile egg is still here, and we're still here."

SOCIAL JUSTICE ANNOUNCEMENTS

Claire Deroche, Social Justice Coordinator

Assisting Refugee Families

Volunteers are desperately needed to drive volunteers to appointments and to check out possible rental apartments. COVID precautions are observed. When contacted by the Upholding Humanity Volunteer Coordinator Maddy Donath you can always say "no." You could also ask to go with another volunteer. If you'd like to try this out, click here and complete the form. Helping a refugee is a very rewarding experience. Don't miss it.

Aid to the People of Ukraine

Want to help, but unsure how? The International Women's Convocation (IWC) is accepting donations that will be administered by the Hungarian Unitarian Church. Donations will give immediate help to families fleeing war in Ukraine, providing transportation, shelter, food, supplies, and counseling. Click here to give.

Thursday, April 21, 2022 | 5:30–6:30 PM Anti-Racism Book Club

Racial Justice Subcommittee and the Eighth Principle Task Force invite you to join an online book club devoted to reading and discussing books about combatting racism. The group meets on Thursdays to read and discuss the book, *White Too Long*, by Robert P. Jones. The group will discuss chapter 7. Registration required HERE. After you register, watch for an email with your link to the discussion group. Sponsored by the Racial Justice Subcommittee and the Eighth Principle Implementation Task Force. See page 6 of this Quest.

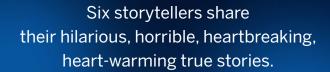
Fridays, April 22 and 29, 2022 | 6:30–8:00 PM Friday Nights with the LGBTQ+ Group

The UUCSR LGBTQ+ Sub-Committee sponsors a weekly gettogether. This is an informal gathering at which participants check in from 6:30–7:00 PM and then join facilitated conversation on a topic from 7:00–8:00 PM. On April 22, the topic will be "If you were an animal, what would you be and why?" On April 29, participants will engage the topic of travel: favorite places you've been and/or places you'd never go back to! Members of the LGBTQ+ community and their allies are welcome to participate. Join by going to the uucsr.org/calendar for the date you wish to attend.

For emails from the LGBTQ+ Sub-Committee about weekly meetings, support, social, and informational events, please sign-up with Committee Liaison Sharyn Esposito: sesposito@uucsr.org. All are also welcome to sign up for carefully curated links to current media HERE. Your info will never be shared.

Saturday, April 23, 2022 | 6:30–7:30 PM | Online Event Together to End Solitary Confinement Join members of the Social Justice Committee as we remember those suffering the torture of solitary confinement. Victor Pate, co-director of the HALT Campaign will join us to share an update on the implementation of the HALT law. Join Zoom Meeting HERE. Meeting ID: 914 5526 0335 Passcode: 901854

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Stories from the Rock

PRESENTS

Beautiful Mistakes

Saturday, April 30, 7:30 PM Admission is free.

Register Now



48 Shelter Rock Road Manhasset, NY 11030

DENOMINATIONAL AFFAIRS COMMITTEE (DAC) Richard Bock, Chair

DAC General Asssembly (GA) 2022 Update

Shelter Rock 2022 GA Delegates continue to prepare for the event in June at the Portland, OR, Convention Center. For personal reasons, Sarah Barbey has withdrawn as a delegate; five members will be attending in person and three delegates will represent UUCSR as virtual delegates.

New DAC Members Needed

As we near the end of this congregational year, it is important to keep the mission of the Denominational Affairs Committee in focus—to keep the congregation informed as to what is happening on the local, state, national, and international levels. This can only be accomplished when all come together to join DAC and help spread the news. Please contact Richard Bock (rbock@optonline.net) for more information.

Long Island Area Council (LIAC) Update

You are reminded of the need for a new DAC Liaison to LIAC. Lynn and Jim Smith have been our DAC Liaisons for the past four years and are ready to pass the torch. Please contact Jim Smith (smithjimvet@gmail.com) for information.

Partner Church Auction: Items Needed

Spring cleaning is the time to decide that you don't need that stuffed moose-head and will donate it to the Partner Church Auction. How about those old thing-a-ma-bobs that you've been moving from room to room; they're collector's items and someone would love to buy them. Donate now! Please contact Barry Nobel (bnobel@nobel.org) to tell him what you have and how you can get it to us! The event is in June and all the monies collected go directly to our Partner Church!

UU@UN Spring Seminar

As we enjoy the lovely weather and the bounties that Spring brings, we hope that you will join us for our local hosting of the UU@UN Intergenerational Spring Seminar in the Art Gallery on Sunday, April 24, 2022, at 12:30 PM. We will be welcoming representatives of the Citizens Climate Lobby and learn the basics of becoming an effective climate advocate through building constructive relationships with elected officials. There will also be an opportunity to consider if climate change and forced migration has inspired you to raise awareness through art.

Learn about ways to engage as citizens to advance federal climate solutions in line with Unitarian Universalist Principles. Ann Perry and Nadine Sapirman are the co-leaders of the national Unitarian Universalist Action Team in Citizens' Climate Lobby. They will share the inspiring and hopeful message of ways to make a meaningful difference in addressing climate change, whether you can give five minutes, or five hours, a month, or more!!

Janet Bendowitz, UU@UN Liaison, for DAC

Please also see UU@UN event information on page 11 of this Quest.

ART COMMITTEE

Paul Kopelow, Chair

THE UUCSR ART COMMITTEE

PRESENTS JOHN HANEY'S COLLECTION

A Pictorial Chronicle of the Great Pandemic



I remember as a kid looking forward to Wednesday afternoons, when the *Saturday Evening Post* would come. (*Saturday Evening Post* on Wednesday? Another grown-up mixup). *The Post* had wonderful cover illustrations, often by Normal Rockwell himself.



That illustrative tradition has largely died out, but there is one stalwart left standing: *The New Yorker*. With the onset of the COVID pandemic, the magazine lost no time in chronicling the human moments of this world-upside-down period. I made a point of collecting some of the best.

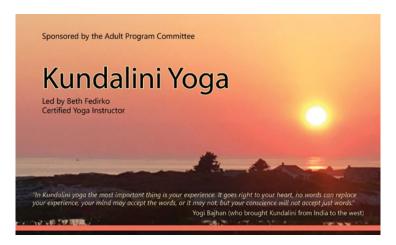
As the first exhibit since the start of the pandemic shutdown, the Art Committee has mounted a sixteen-image collection of these real (done by *New Yorker*'s staff artists and regular contributors) and faux (done by illustration students at the School of Visual Arts) *New Yorker*-style covers. Some are warmly humorous, some are lump-in-the-throat poignant.

The exhibit is scheduled to remain up in the UUCSR Art Gallery throughout April, 2022.

John Haney for the Art Committee

ADULT PROGRAMS COMMITTEE

Yoga for Joy and Balance with Beth | Wednesdays, 4:00-5:15 PM



This class incorporates techniques of Kundalini Yoga, breath work, meditation, and energy modalities live on Zoom HERE. No experience necessary. Cost: \$28 for 4 classes (use any time). First-time attendees: no charge. Checks should be addressed to: North Shore Soup Kitchen, All proceeds will be donated to North Shore Soup Kitchen (NorthShoreSoupKitchen.org). Mail checks to: Beth Fedirko, 77 Glen Ave, Sea Cliff, NY 11579. Questions? Beth Fedirko, 516.297.1042 or bfedirko@optonline.net

Medical Qi Gong for Senior Health | Mondays, 9:00-10:00 AM



By popular demand, Qigong instructor Ashley Baldwin continues offering classes that strengthen your balance and overall body confidence! You will learn simple, yet powerful motion and breathing exercises to improve physical balance and falling safety skills, optimize lung capacity, bolster immunity, and promote energy flow to the internal organs. Ashley Zooms in every Monday morning directly from Thailand.

\$50/5 classes, \$12/drop-in class (See registration form) Register HERE or email tgh.Ashley@gmail.com

Dramatic Readings NOTE NEW DATE: Saturday, April 23, 6:00-9:00 PM

Live on Zoom HERE. Meeting ID: 953 4647 4715 Passcode: 396210

Lost in Yonkers by Neil Simon

"By America's great comic playwright, this memory play is set in Yonkers in 1942. Bella is thirty-five years old, mentally challenged, and living at home with her

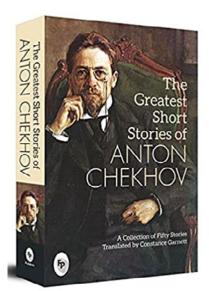


mother, stern Grandma Kurnitz. As the play opens, ne'er-dowell son Eddie deposits his two young sons on the old lady's doorstep. He is financially strapped and taking to the road as a salesman. The boys are left to contend with Grandma, with Bella and her secret romance, and with Louie, her brother, a smalltime hoodlum in a strange new world called Yonkers."

—Concord Theatricals

Please RSVP to Jessica Pond at jpond@uucsr.org if you would like a PDF of the play emailed to you, or a physical copy mailed to you.

Great Books Discussions | Fridays | 12:00-1:30 PM



April 29:

"Ward No.6," p.282

Available on Amazon HERE.

Gather live on Zoom HERE.

Come together for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. All are welcome.

Reading: The Greatest Short Stories of Anton Chekhov: A Collection Of Fifty Stories, translated by **Constance Garnett**

April 22: "The Princess," p.174; "A Dreary Story," p.187

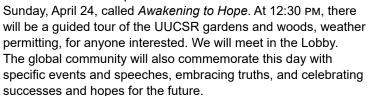
May 6: "The Black Monk," p.356

GREEN SANCTUARY COMMITTEE Stephen Ruocco, Chair

This article demonstrates the congregation's stewardship of the earth and commitment to the Seventh Principle.

Earth Day and Hope 2022

Earth Day is quickly approaching on Friday, April 22, 2022. To celebrate, there will be a Worship Service on



In the US, President Biden rejoined the Paris Climate Agreement so that we could advance clean energy efforts in agreement with other nations. The UN Climate Change Conference-COP 21 presented global climate solutions. These are long-term goals to limit the Earth's temperature to below 1.5 C, to review cutting emissions, and to provide developing finances to do similarly. President Biden announced a Build Back Better agenda, a legislative framework that includes funds to reduce the effects of climate change.

Solar, wind, geothermal, heat pumps, and hydroelectric plants are proliferating everywhere. Reliance on the fossil fuel infrastructure is being replaced with this clean, renewable energy. Jobs are being created as biodiversity is being given a second chance to survive along with humans. There is also a 30x30 plan being promoted by the Natural Resources Defense Council. It seeks to save at least 30 percent of our oceans from the garbage and plastic pollution destroying aquatic life and once-healthy waters. It is hoped that by the year 2030, nations will no longer allow trash to be thrown away heedlessly and instead, reduce, recycle, and repurpose it. Passing laws asking citizens to comply is vital to this effort. In New York, plastic bags are banned when food shopping.

In *The Book of HOPE* by Jane Goodall, the world's most famous living naturalist, she points out a story from the World Trade Center tragedy. It is about the Survivor Tree, a Callery pear tree, virtually destroyed except for its roots and trunk crushed in-between black cement with one branch left. A young woman begged to save the tree and bring it back to health. It was taken to a nursery and eventually grew strong and replanted and blooming. Goodall says "When you give her a chance, nature returns."

The world is creating positive ways to restore our eco-systems. Every species has a vital role to play in earth's tapestry of life as we continue to move forward in positive actions and necessary laws.

Elaine Peters for the Green Sanctuary Committee Please also see UU@UN event information on page 11.

DENOMINATIONAL AFFAIRS COMMITTEE (DAC) Richard Bock, Chair

DISPLACEMENT AND HUMAN RIGHTS



Update from the UU@UN:

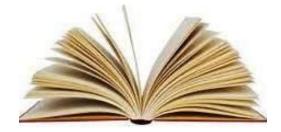
A Gathering to Discuss "Displacement and Climate Justice" Sunday, April 24, 2022 | 12:30 PM | Art Gallery

Climate change is the defining crisis of our time and disaster displacement one if it's most devastating consequences. Join in a discussion of how ordinary people may resist the increasing effects of climate crisis.

Shelter Rock will host an opportunity for UUs who are interested in mitigating climate change and expanding the concept of climate justice to meet with local Intergenerational Spring Seminar participants. The gathering will focus on the discussion of "Displacement and Climate Justice."

Janet Bendowitz Liaison to UU@UN for the Denominational Affairs Committee

BOOKSTORE COMMITTEE Shanti Flot, Chair



Bookstore Officially Opens on Sunday, April 24, 2022!

Look for both new and old books, UU jewelry, t-shirts, and more!

April is also National Poetry Month. Robin Finnan-Jones will kick-off the opening of the Bookstore reading poetry in the Social Hall, with selections from:

The 1619 Project: A New Origins Story
Created by Nikole Hannah Jones
Winner of the Pulitzer Prize
The New York Times Magazine
Copyright (2021) The New York Times Company

LIFESPAN RELIGIOUS EDUCATION (RE)

Carson Jones, Lifespan Religious Education Coordinator

All RE Programming Through June!

This is it! All the awesome activities, ceremonies, and Religious Education Classes for Children and Youth through the rest of this rollercoaster of a congregational year in one handy-dandy spot!

Keep an eye out for more details on our exciting events, the summer program, and next year, and if you have not yet registered your family for the 2021–22 RE year, please do so by going to www.uucsr.org/RE

April/May/June RE Events At-A-Glance

All programs onsite unless otherwise indicated

Sunday, April 24, 2022

Awakening to Hope Worship Service, 11:00 AM, Worship Room (RE Classes on break for Spring Recess)

Thursday, April 28-Sunday, May 1, 2022

Coming of Age Heritage Trip to Boston and Concord

Sunday, May 1, 2022

Young People's Choir Rehearsal, 10:00 AM, Chapel RE Classes, 11:00 AM, RE Wing

Children's Worship for Butterflies, Kindergarten, and Grades 1-3, 11:05 AM, Chapel

Wednesday, May 4, 2022

Asian and Pacific Islander Bedtime Stories, 7:00 PM Join on Zoom

Friday, May 6, 2022

Questing Year Retreat, 6:00 PM, Room 16 and Chapel

Sunday, May 8, 2022

RE Classes: Transition Sunday, 11:00 AM, RE Wing Grades 6 & 7 Questing Year Mother's Day Fundraiser, 11:45 AM. Main Lobby

Young People's Choir Rehearsal, 12:30 PM, Chapel. *Please note special time!*

Monday, May 9, 2022

RE Committee Meeting, 7:00 AM, Join on Zoom

Sunday, May 15, 2022

Embodying Wholeness Meditation for All Ages, 10:40 AM, Meadow

Last Day of RE Classes, 11:00 AM, RE Wing

Our Whole Lives for Grades 9–10 Double Session, 11:00 AM, Room 18

Young People's Choir/Grades 3 and 4 UU Principles Song Rehearsal, 12:30 PM, Chapel. *Please note special time!*

Thursday, May 19, 2022

UU Kids Connect for Grades K-8, 7:00 AM (on Zoom REGISTER HERE)

Saturday, May 21, 2022

Coming of Age Service Rehearsal, 12:00 PM Coming of Age Family Service and Reception, 5:00 PM

Sunday, May 22, 2022

Coming of Age Rehearsal Breakfast, 9:00 AM Coming of Age Worship Service, 11:00 AM

Friday, May 27-Monday, May 30, 2022

All-Congregation Retreat

Wednesday, June 1, 2022

Bedtime Stories, 7:00 PM Join on Zoom

Sunday, June 5, 2022

Young People's Choir Rehearsal, 10:00 AM, Chapel RE Car Wash Fundraiser, 10:00 AM, Lower Parking Lot Grades 3 and 4 Eighth Principle Workshop, Room 15

Monday, June 6, 2022

RE Committee Meeting, 7:00 PM

Sunday, June 12, 2022

Bridging Worship Service, 11:00am, Worship Room Bridging Picnic, 12:00 PM, Lawn and Meadow

Asian and Pacific Islander Heritage Bedtime Stories!

Wednesday, May 4 at 7:00 PM

Live on Zoom HERE

All are welcome to join UUCSR Lifespan Religious Education Coordinator Carson Jones for this special interactive storytime as he reads three, family-friendly stories celebrating Asian and Pacific Islander Heritage!

Maya Lin: Artist-Architect of Light and Lines, written by Jeanne Walker Harvey, illustrated by Dow Phumiruk

Ho'onani: Hula Warrior, written by Heather Gale, illustrated by Mika Song

The Why-Why Girl, written by Mahasweta Devi, illustrated by Kanyika Kini

Embodying Wholeness—Children's Worship for All Ages Sunday, May 1, 2022 | 11:05 AM

Butterflies, Kindergarten, and Grades 1–3 RE Classes are welcomed into Children's Worship in the Chapel, and any parents/caregivers and other grown-ups who wish to join us are more than welcome to do so!

Please remember, we need to be masked while singing, so please bring your masks to wear over your mouth and nose so we can hear all your beautiful voices!

Jessica Pond and George Weisman lead this service where we will explore this year's RE theme, Embodying Wholeness. Through story, movement, and music, we will celebrate together how it feels to live into our whole selves.

In this final story of the year, we'll meet *The Girl Who Thought in Pictures*, *The Story of Dr. Temple Grandin*, written by Julia Finley Mosca and illustrated by Daniel Rieley. Temple's brain works differently than the other kids around her. She learns differently, she communicates differently, and her thoughts don't come out in words or speech, but pictures. She struggles in school, and

Continued

LIFESPAN RELIGIOUS EDUCATION (RE)

Continued

when she moves from the city to spend time with relatives on their farm, she forms empathetic bonds with all the animals. This inspires Temple to invent a way for the animals to live happier lives, which brings her greater fulfillment and purpose as well!

Then we'll draw our own pictures of what change we wish to make in the world that would make us and everyone happy, and George will perform an inspiring anthem by Natalie Merchant. Looking forward to experiencing the wholeness of community with you all.

Unitarian Universalist Faith in Action Student Internships for Long Island UU Youth

The Student Activity Fund (SAF) is sponsored by the Long Island Area Council of UU Congregations (LIAC) and funded by the UU Veatch Program at Shelter Rock.

The Student Activity Fund is accepting applications for its 49th-annual internship program. SAF encourages young UUs to live their religious values through internships at nonprofit agencies that focus on social action, advocacy, or social services. Past interns have worked for get-out-the-vote and civil rights campaigns, food pantries, environmental centers, music therapy programs, sustainable living think tanks, and more.

Eligibility

To apply for this year's SAF internship program, the participant must be:

- a member or a child of a member in good standing at a LIAC UU congregation
- under the age of 25 on June 1, 2022

AND one of the following:

- a high school senior in fall 2022
- an undergraduate college or continuing-education student
- a gap-year student
- a spring 2022 college graduate

Paid Internship

The SAF program pays interns \$13 an hour of service for senior high school students and \$15 an hour for college and continuing-education students. Awards are nontaxable and are not subject to social security withholding. The internships do not have to be on Long Island, and they can be online or in-person.

Time Commitment

SAF interns may work up to 35 hours per week, for as many weeks as their schedule permits during summer. Accepted applicants must attend an Orientation/Leadership Workshop on Zoom on Saturday, May 21, 2022, 1–3:30 PM.

Apply Online at SAF Application 2022–23

Deadline: Sunday, May 15, 2022

WOMEN'S GROUP

Diane Mansell, Women's Group President

You Are Cordially Invited to the UUCSR Women's Group

Mother's Day Luncheon

"To Honor The Nurturer In All of Us"

Sunday, May 8, 2022

12:30 PM • Veatch House Terrace and Ballroom

Free: Current Women's Group Members

(check your Women's Group status with Sharyn)

\$15.00: Current Shelter Rock Members

\$25.00: Non-Members

\$5.00: Children (12 and under)

Childcare Available, Request by Friday, April 22

Register at <u>uucsr.org/WGLunch2022</u>

Register and Pay before Wednesday, May 4
Limited seating—ABSOLUTELY NO ADMISSION AT THE DOOR.

Please contact Sharyn

(516.472.2960 or email sesposito@uucsr.org)

with questions, childcare request, or special dietary needs.

Celebrate Mother's Day by bringing a gift for the women at The Safe Center from the list of suggested items.

Thanks so much for your generosity.



April 20, 2022 13

WOMEN'S GROUP

Diane Mansell, Women's Group President

Women's Film Discussion Series

Third and Fourth (or fifth if occurs) Fridays monthly | 7:30 PM

With co-hosts Maria Ceraulo and
Victoria Pilotti, Center for the Women of New York
NOTE NEW DATE: April 22: tick, tick, BOOM! Available on Netflix
April 29: An episode of Call the Midwife—Season 11, Episode 2
Available to stream on PBS HERE.
Join Zoom meetings HERE

TGIF

Friday, May 6, 2022 | 7:00 PM Spring: Welcome to the Season of Renewal Helpful Hints to Refresh Your Mindset

Spring is the time of renewal, growth, and expansion.

The symbolism of rebirth that is synonymous with spring also holds true to your state of mind. Join Lilyan Strassman, Psychotherapist/Life Coach, and the Women's Group as we explore how to refresh ourselves and live our best life moving forward. Also, we will have a Loving Kindness Meditation led by Phyllis K. DeMarinis, Yoga Instructor. Join via Zoom HERE.

Book Series

All are welcome. Third Fridays Monthly | 3:30 PM | Join HERE.

Please contact Sharyn Esposito to learn more. sesposito@uucsr.org or 516.472.2960

	A Burning By Megha Majumdar Discussion led by Judy Douenias
June 17, 2022	The Cellist By Daniel Silva Discussion led by Aida Nema

Please visit <u>uucsr.org/wg</u> for additional details including a full list of titles, discussion leaders, and a printable flyer.

Women Talk Daytime

Program is on temporary hiatus.

Previous participants will receive an email with May program information. Prospective participants, please email or call Sharyn Esposito (sesposito@uucsr.org or 516.472.2960) to join the mailing list.

Mother's Day Luncheon

Sunday, May 8, 2022 | Please see page 13 of this Quest.

WOMEN'S GROUP

Maria Ceraulo, Chair, Women's Issues



Still—She Rose

A vicious fight—she rose. Efforts to derail her nomination—she was confirmed to the Supreme Court. Even accused of coddling criminals, a 53-47 vote was in her favor. Offensive questioning and she marked how far the country has come by being the first black woman that will sit on the

Supreme Court. Yes, she rose.

As I'm sure many of you have, I watched the confirmation hearings. Although there was so much to be offended and embarrassed by a process that allowed such degrading questions and comments, Judge Ketanji Brown Jackson received a standing ovation and cheers after the vote. Facing outright hostility, questions about her religion, critical race theory, and even the definition of a woman, she remained poised, measured in her responses, and respectful in the face of such disrespect. She rose. As her family watched, she maintained her dignity while the others couldn't or wouldn't. She rose. After her confirmation, she fought back tears. Referring to her own family, she said, "It took just one generation to go from segregation to the Supreme Court. Although it took 232 years, and 115 prior appointments for a black woman to be selected to serve on the Supreme Court, we made it." I'm sure we agree with her when she said that it's a moment the entire country can take great pride. All of us. All of us rose with her.

Judge Brown quoted Maya Angelou: "I am the dream and the hope of the slave." Her quote led me back to the poem by Maya Angelou: "Still I Rise." I reacquainted myself with it and these lines: "You may shoot me with your words; You may cut me with your eyes; You may kill me with your hatefulness, but still, like air, I rise." As I listened to her during the hearings, I remembered a little black, disabled girl who had so very little to hope for in her life. I remember giving her a copy of this poem, a copy to keep, to inspire her, and treasure. Many years later, I learned that she became a writer. Like the poem, she rose. I imagine that she must be rejoicing at this news, and maybe even remembering the poem.

Judge Brown and President Biden watched the vote together. A historic first, he appointed a black woman to the Supreme Court, as he promised. Some thought it was a major achievement for him. At the news of her confirmation, he said: "This is gonna let so much sun shine on so many young women, so many young black men, so many minorities." I know it will do that.

Although it's not expected that her presence will dramatically change the right-turn the court appears to be taking, it will be a part of the dissent. Fondly, I recall Ruth Bader Ginsberg's often quoted, "I dissent." We may expect to hear a lot more of this. "Still I Rise" gives me hope and assurance that all of us can and will, rise with her.

EVENT ANNOUNCEMENTS

ALL PROGRAMS ARE ONLINE UNLESS NOTED OTHERWISE.

Please see <u>UUCSR.org/calendar</u> for additional details. See <u>LIACUU.org</u> for other area congregations

WEDNESDAY, APRIL 20, 2022

6:30 PM, Dining Solo Together!

6:30 PM, Board of Trustees Mini-Retreat

7:00 PM, Green Sanctuary Online Committee Meeting

THURSDAY, APRIL 21, 2022

10:00 AM, Living Solo

1:00 PM, Bridge Game Play, Veatch Ballroom

5:30 PM, Anti-Racism Book Club Online Program

7:00 PM, Living With Cancer

7:30 PM, Choir Rehearsal, Social Hall

FRIDAY, APRIL 22, 2022

12:00 PM, Great Books Discussion

6:30 PM, LGBTQ+ Online Gathering

7:30 PM, Women's Group Online Film Discussion-tick, tick, BOOM!

7:30 PM, "The Thing Is, I Love You" Ballads for Voice and Piano, Mostly, Social Hall and online

SATURDAY, APRIL 23, 2022

6:00 PM, Dramatic Readings

6:30 PM, Together to End Solitary Confinement Online Program

SUNDAY, APRIL 24, 2022

9:00 AM, Jazz Ensemble Rehearsal, Meadow

9:30 AM, Coffee Hour in the Social Hall, Social Hall

9:30 AM, Childcare, RE Room 1, 2

10:00 AM, Choir Rehearsal, Worship Room

10:30 AM, Sunday Morning Experience

11:00 AM, Sunday Service: Awakening to Hope, led by Rev. Jaye Brooks and Green Sanctuary Committee, Worship Room, Art Gallery

11:30 AM, Coffee Hour in the Social Hall, Social Hall

11:45 AM, Coffee Hour

12:00 PM, Bookstore Reopens: Poetry Reading

12:00 PM, Inquirers Online-Q&A w/ Rev. Jaye. RE Rm 4

12:30 PM, Inquirers Series for Newcomers,

12:30 PM, Update from the UU@UN, Art Gallery

12:30 PM, Worship Pod Meeting, Office Conference Room, Online

12:45 PM, Men's Group Online Committee Meeting

MONDAY, APRIL 25, 2022

9:00 AM, Medical Qigong for Senior Health–Balance!

TUESDAY, APRIL 26, 2022

7:00 PM, Small Group Ministry-4th Tuesday of the Month

WEDNESDAY, APRIL 27, 2022

11:00 AM, Crafting for Sanity and Community Online Get-Together

2:00 PM, Wednesday Conversations

4:00 PM, Yoga for Joy and Balance with Beth

6:00 PM, Ukulele Group Practice

6:30 PM, Dining Solo Together!

7:00 PM, Mental Health Sub-Committee Online Meeting

THURSDAY, APRIL 28, 2022

9:00 AM, Building Hours

9:00 AM, Thursday INN Cooking (By Registration Only), Main Kitchen

10:00 AM, Living Solo

1:00 PM, Bridge Game Play, Veatch Ballroom

5:00 PM, Coming of Age Boston Trip Departure, Main Lobby

FRIDAY, APRIL 29, 2022

12:00 PM, Great Books Discussion 6:30 PM, LGBTQ+ Online Gathering 7:30 PM, Women's Group Online Film Discussion-Call the Midwife-Season 11, Episode 2

SATURDAY, APRIL 30, 2022

5:00 PM, Soulful Salutations-Restorative Yoga & Yoga Nidra enhanced by Live Music NOTE DATE CHANGE

7:30 PM, Stories From the Rock, Worship Room and Online

SUNDAY, MAY 1, 2022

9:00 AM, Jazz Ensemble Rehearsal, Meadow

9:30 AM, Coffee Hour in the Social Hall, Social Hall

10:00 AM, Young People's Choir Rehearsal, Chapel

10:00 AM, Choir Rehearsal, Worship Room

10:30 AM, Sunday Morning Experience, Online

11:00 AM, Sunday Worship Service, Worship Room and Online

11:00 AM, Religious Education (RE) Classes, RE Wing

11:05 AM, Embodying Wholeness-Children's Worship for All Ages, Chapel

11:30 AM, Coffee Hour in the Social Hall, Social Hall

11:45 AM, Coffee Hour

12:00 PM, Inquirers Series for Newcomers, RE Room 4

1:00 PM, Congregational Meeting with Budget Hearing, Worship Room, Online 4:00 PM, Transition Team Meeting 6:00 PM, Coming of Age Boston Trip Return, Main Parking Lot

MONDAY, MAY 2, 2022

9:00 AM, Medical Qigong Senior Health

TUESDAY, MAY 3, 2022

9:00 AM, Tuesday INN Cooking (By Registration Only), Main Kitchen

12:30 PM, Women Talk Daytime Meeting-Veatch Conference Room, and Online

2:00 PM, BOT/Staff Leadership Meeting, Office Conference Room

7:00 PM, Small Group Ministry-1st Tuesday of the Month

7:00 PM, BOT Agenda Planning Meeting

7:30 PM, President's Operations Task

WEDNESDAY, MAY 4, 2022

11:00 AM, Crafting for Sanity and Community Online Get-Together

2:00 PM, Wednesday Conversations

3:00 PM, SJC Racial Justice Online Subcommittee Meeting

4:00 PM, Yoga for Joy and Balance with Beth

6:30 PM, Dining Solo Together!

7:00 PM, Personnel Committee Meeting

7:00 PM, Asian and Pacific Islander Heritage Bedtime Stories!

7:00 PM, Publicity and Promotions Committee Meeting

7:00 PM, Budget Hearing

DISCLAIMER:

Quest may include views or opinions that do not necessarily reflect official policy, views of the respective boards or committees, or editorial staff.

The Quest is published twice a month, except once each in July and August. Copies are available in the UUCSR Lower Lobby, https://uucsr.org/on-demand/questnewsletter, and via email. Sign up for email at https://uucsr.org/on-demand. The Quest Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other. The Quest is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, Maxine Dangler, Steve Marston, and Jessica K. Vega. Submissions: communications@uucsr.org Quest Guidelines: http://j.mp/quest-gl

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

48 Shelter Rock Rd. Manhasset, NY 11030 | 516.627.6560 | uucsr.org / uucsr@uucsr.org

Developmental Minister

Rev. Jaye Brooks (jbrooks@uucsr.org)

April 20, 2022

Minister for Pastoral Care

Rev. Jennifer L. Brower (jbrower@uucsr.org)

Lead Minister and Minister of Lifespan Religious Education

Rev. Dr. Natalie M. Fenimore (<u>nfenimore@uucsr.org</u>)

Congregation Operations Administrator

Adam Barshak (abarshak@uucsr.org)

Veatch Executive Director

Joan Minieri (joan@veatch.org)

Music Director

Stephen Michael Smith (ssmith@uucsr.org)

Lifespan Religious Education Coordinator

Carson Jones (cjones@uucsr.org)

Social Justice Coordinator

Claire Deroche (cderoche@uucsr.org)

Membership Coordinator

Abigail Highland (ahighland@uucsr.org)

President: Jana North Vice President: Chris Hilke

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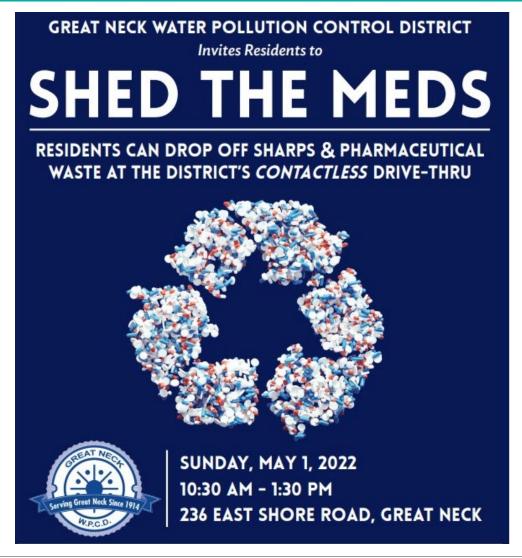
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Next Quest: Wednesday, May 4, 2022 | Deadline for Content: Thursday, April 28, 2022



The Quest April 20, 2022