



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

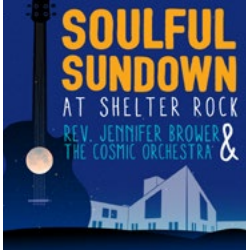


February 9, 2022

*We aspire to be a loving, religious community where we can grow spiritually
and build a more just and joyful world. —UUCSR Vision Statement*

MONTHLY THEME:
Widening the Circle

FRIDAY, FEBRUARY 11, 2022, 8:00 PM
Rev. Jennifer L. Brower



Soulful Sundown Contemporary evening Service, with spoken word by Rev. Jennifer L. Brower and music from the Cosmic Orchestra.

Where music resides at the heart of religious experience. All are welcome!

SUNDAY, FEBRUARY 13, 2022, 11:00 AM
Rev. Jaye Brooks

Love Trying Its Best What does it take to love our way through fear? The poet Amanda Gorman, in her book *Call Us What We Carry*, acknowledges both the burdens of this time in history and the miracle of human resilience. The struggle continues. How do we open our hearts and let love try its best?

No advance registration is required to attend! Seating will be in the Worship Room and Art Gallery to maintain social distancing. The Choir will sing from the Social Hall. *

SUNDAY, FEBRUARY 20, 2022, 11:00 AM
Rev. Jennifer Brower

Widening the Circle Who we welcome into our circle, how widely we cast that circle, can be explored from many angles. Who is held within the circle depends, in part, upon what we believe about ourselves, and who and what we value. We tend to welcome into our sphere folks who we believe are like us. Folks with whom we are comfortable. Won't you join me and members of UUCSR for this morning's reflection in song and spoken word?

* Worship Services are in-person, onsite, AND livestreamed! **Registration is no longer required for onsite attendance.** Livestreams are available on uucsr.org/worship, [Facebook](#), and [YouTube](#). Closed captions and podcasts available afterward. Also aired on NSTV.

* The Shelter Rock Sunday Morning Experience is available online using just one link! Beginning at 10:30 AM, join via Zoom for meeting in the online lobby, then stay together for live Worship Service, followed by Coffee Hour. Join [HERE](#).

TOUCHSTONES

Rev. Dr. Natalie M. Fenimore



Our worship theme for February is "Widening the Circle." This theme echoes the title of the UUA [Commission on Institutional Change \(COIC\) Report](#), "Widening the Circle of Concern." I was privileged to serve on the COIC with Rev. Leslie Takahashi, Mary Byron, Cir L'Bert, Jr, and Dr. Elias Ortega.

In 2017, after conflicts within the Unitarian Universalist Association (UUA), centering on racism, power, and privilege, the UUA Board appointed the COIC to support long-term cultural and institutional change that would redeem the essential promise and ideal of Unitarian Universalism as an anti-oppressive and inclusive faith tradition. Following three years of study, the COIC Report was published in February 2020. I hope that you will read the COIC Report and connect with UUCSR's Racial Justice and Social Justice efforts as a dimension of your spiritual lives.

The hope of the COIC was for "[Widening the Circle of Concern](#)" to be a living document—for study, reflection, discussion, and action. It is not a final word but part of a process. The process is important because Unitarian Universalism is a living faith tradition called to ever-expand its covenantal community and to fully embrace hospitality and inclusion.

This month, as we explore, "Widening the Circle," let's remember that we can move toward the Beloved Community with humility, respect, compassion, and love—even during difficult conversations. Even as we invite newcomers into our community, we welcome those here now into the conversation about hospitality and inclusion.

At the end of 2021, the prominent author and educator, bell hooks died. I was privileged to have met her when I joined members of the UUCSR Women's Group at a UU International Women's Convocation. In her book, *Salvation: Black People and Love*, hooks wrote, *Martin Luther King offered a visionary insight when he stated, "Our goal is to create a beloved community, and this will require a qualitative change in our souls as well as a quantitative change in our lives."*

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MILESTONES

We send healing thoughts... for a complete recovery to Claire Bock. She is back at Glen Cove Center for Rehabilitation recovering from a second successful major surgery to her right leg, replacing her right femur and hip. Cards and notes are welcomed and may be sent to her home or to Glen Cove Center for Nursing and Rehab, 6 Medical Plaza, Rm 114B, Glen Cove, NY 11542. No visitors at this time, please.

CARING COMMITTEE

WinterFlower Regla Robinson, Chair

Dining Solo Together

Wednesdays, 6:30 PM

Living Solo while physically distancing can be isolating and hard on one's emotional well-being. Brighten your evening by connecting with others who are in the same situation. Dining Solo Together group is hosted weekly by members of the Caring Committee. All are welcome to attend as they are able.

Care for the Caregiver

Third Mondays monthly, 7:00 PM

New series begins Monday, February 21, 2022.

Those who care for spouses, parents, family members, and friends who are navigating the myriad of challenges that caregiving brings may benefit from Care for the Caregiver. Caron Hunter, a holistic health care provider and interfaith minister facilitates using a compassionate and empowering approach to healing and offers over 30 years of healing experience. This is a confidential group for those who would welcome support. Preregistration is required. Please email krossiter@uucsr.org to [register](#).

Caring Ministries at UUCSR

UUCSR offers members support through a variety of programs. Please reach out to Caring Coordinator Kimberly Rossiter at krossiter@uucsr.org or 516.472.2941 to let her know about any pastoral care needs you may have; Kimberly will facilitate care with the Ministry Team and Caring Committee. For pastoral emergencies after regular business hours, please call the live answering service at 516.795.0329. The operator will contact the minister on call.

For more information on these or other Caring ministries, please contact Caring Coordinator Kimberly Rossiter at krossiter@uucsr.org or 516.472.2941.

THANK YOU

To the Shelter Rock Congregation from Sharyn Esposito:

I am happy to be back working at UUCSR in-person, and wanted to thank all of you who reached out to me during this past year. Having my family, my friends, and all of you behind me really made a difference, and helped me fight to get back to work and living life. Thank you for being such an amazing group of people; you really are a "caring community!"

TOUCHSTONES

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The individuals who are part of that beloved community are already in our lives. We do not have to search for them. We can start where we are. We begin our journey with love, and love will always bring us back to where we started. Making the choice to love can heal our wounded spirits and our body politic. It is the deepest revolution, the turning away from the world as we know it, toward the world we must make if we are to be one with the planet—one healing heart giving and sustaining life. Love is our hope and our salvation.

Rev. Dr. Natalie Fenimore

WORSHIP COMMITTEE

Meg Cohen, Chair

Easy Volunteer Opportunity—Usher!

We know that you love the UUCSR community.
You love seeing your friends and making new friends.
You are committed to our faith community and want to give back.
But how?

An easy answer: be an Usher!

This is low-commitment. Sign-up for when you already plan to attend the service. Arrive by 10:30 AM. Greet everyone as they enter, and take care of a few simple Sunday morning tasks.

And, while we manage limits on numbers of people in the space, know that as an Usher that Sunday, you're guaranteed a space. No registration and lottery. Guaranteed.

To sign-up to usher, email Worship Coordinator Erin (worshipcoordinator@uucsr.org).

FROM THE MINISTRY TEAM

Aging Gracefully Series

Sundays, February 20, March 20, April 3, and May 22 | 7:00 PM.

The UU Congregation at Bridgehampton is offering an full series of programs on Zoom regarding aging. Topics include:

- making financial decisions
- taking charge of your medical care
- caring for aging parents
- nurturing relationships.

Open to all Unitarian Universalists.

For further information plus Zoom links, visit uucsf.org.

Living Solo

Every Thursday | 10:00 AM

Replacing feelings of isolation with camaraderie and companionship through intentional community. All those who reside alone are welcome to attend this virtual group.

Join on Zoom [HERE](#).

CONGREGATIONAL AFFAIRS

Jana North, President of the Congregation



Some restrictions related to Covid have begun to ease due to a drop in transmission rates. At UUCSR, we are cautiously taking steps to allow for more in-person and onsite activities. While Nassau County remains in the High Transmission Category, meeting room occupancy will be limited to 25 people, but now that we are able to open on Tuesday and Thursday nights, meetings with groups of 25 or fewer will be able to take place in-person

and in the building after 4:00 PM. The Board of Trustees will hold their February meetings at Shelter Rock while continuing to offer online attendance for those members unable to join in person. I encourage all committees to begin to schedule onsite meetings on Tuesday and Thursday nights along with a multi-platform option, as well as daytime meetings Monday through Thursday. We all appreciate what Zoom has allowed us to do during these difficult two years, and our ability to continue to use it during meetings and worship will help us reach a wider community. UUCSR is, at its core, a community that thrives in being together in-person, where conversations can grow naturally between friends in the hallways and great ideas may grow from quiet talks before and after meetings.

We are taking every precaution and are determined to offer Sunday Worship Services onsite and in-person moving forward, because we understand that being together at Shelter Rock is vital to our connection to UUCSR. We need the emotional and spiritual bond with each other that results when we are physically together. When transmission rates allow (I have every confidence they soon will), room occupancy for meetings and Sunday Services will continue to increase accordingly.

The business of the congregation is moving forward as well. A Crisis Grants Proposal that allows identification of a crisis and provides funds to responding organizations is being finalized. Work to identify a Five-Year Strategic Plan is entering the final few months. DAC has begun to register delegates for the 2022 General Assembly in Portland, OR, this June. And the Finance Committee is meeting weekly to develop the proposed budget.

Special Notice About Ministerial Search Committee

At their January Retreat, the Board of Trustees approved the formation of a Ministerial Search Committee to hire an Interim Minister of Congregational Care. The work of the committee will begin this March and end in May. If you are a voting member and are interested in serving, or know of someone who you believe would be a valuable addition to the committee, please email Tammy Weil at tweil@uucsr.org by February 14, 2022. The Board is looking for the broadest congregational representation and will approve the selection of the committee at their February 17 meeting.

Board Of Trustees Agendas

Tuesday, February 15, 2022

- 7:00 PM I. Opening Words: Ministers/Jana North
- 7:05 PM II. Minutes: Toni Logue, Secretary
 - December 2021 and January 2022 Board Meeting Minutes
- 7:15 PM III. Financial Report Quarter Ending December 31, 2021: Brian Muellers, Treasurer
- 7:45 PM IV. Minister's Report: Rev. Jaye Brooks, Rev. Jennifer Brower, and Rev. Dr. Natalie Fenimore
 - Extension of Developmental Minister Agreement
 - Status of CY23 Ministerial Intern
 - On-Premises Worship Coordinator Job Search Status
 - Pastoral Care Ministry Transition Team
- 8:15 PM V. Task Force and Ad Hoc Committee Reports
 - Crisis Grants Policy Task Force: Brian Muellers, Treasurer
 - Futures Ad Hoc Committee: Brigitte Mueller and Toni Logue, Secretary
 - Reopening Task Force: Adam Barshak, COA
 - Strategic Planning Task Force: Jana North, President
 - Veatch Structure Engagement Task Force: Jana North, President
 - Working Groups Task Force: Chris Hilke, Vice President
- 8:40 PM VI. President's Report: Jana North
 - March 20, 2022 Congregational Meeting Agenda
 - January Retreat Recap
 - Veatch Hybrid Staffing Plan Retreat Recap-Next Steps
 - President's Operating Task Force-February Meeting Review
- 9:00 PM VII. Good of the Order: Jana North, President

Thursday, February 17, 2022

- 7:00 PM I. Opening Words/Check-In: Ministers/Jana North
- 7:05 PM II. Legal Counsel Presentation: Dominique Moran, Farrell Fritz
 - Board Labor Relations Responsibilities
- 7:35 PM III. Ministerial Search Committee Selection: Jana North, President
- 7:50 PM IV. Denominational Affairs Committee: Richard Bock, Chair
 - General Assembly 2022 Delegate Nominations
 - Policy for Access to Budgeted Funds for Use of Scooters at General Assembly
 - Policy for Access to Budgeted Funds to Pay for General Assembly Registration
- 8:20 PM V. 8th Principle Task Force: Marsha Stone
 - Recommendation on Black Lives Matter Banner
 - Recommendation on Increased Racial Justice Focused Worship Services
- 8:40 PM VI. Board Governance: Rev. Jaye Brooks, Developmental Minister
 - January Retreat Action Items
- 9:00 PM VII. Good of the Order: Jana North, President

Veatch Sunday 2022—*If Only We Dare*

This past Veatch Sunday, January 30, 2022, we were fortunate to be joined by two incredibly powerful speakers, Greisa Martínez Rosas and José Lopez, both leaders of Veatch grantees, who co-delivered a sermon entitled, *If Only We Dare*. They are both clear testaments to the importance of multigenerational leadership development—they began their work as very young members of their organizations. You can view the Worship Service [HERE](#) or listen via podcast [HERE](#).

Greisa is the director of [United We Dream](#), the largest immigrant youth-led network in the country. Under her leadership, the organization has grown to over 1 million members and over 100 local groups across 28 states. As director, Greisa worked to prevent the dismantling of DACA and the protection of families from separation and detention. Greisa began organizing as an undocumented high school student and has been helping young people find and express their true voice ever since. In the Veatch Annual Meeting following the Service, Greisa spoke beautifully about the importance of finding joy in this work—likening it to a “joyous rebellion.” “We bring joy to our work,” she said, “because we know that our joy is a powerful fire that cannot be extinguished.”

José is one of three co-executive directors of [Make the Road New York \(MRNY\)](#), where over 23,000 members fight together for immigrant rights in the NYC area. In 2019, José helped secure the strongest rental protections passed in Albany in a generation. Last year, MRNY’s cross-state coalition contributed to passage of one of the largest economic justice policies for immigrants in the country’s history—the \$2.1 billion dollar Fund for Excluded Workers. He began working with the group as a teenager.

Both leaders spoke about the importance of supporting, and funding, young people in work that is seeking transformational change, and placed themselves within the beneficiaries of this support. But, they emphasized, there is much more that funders can do. “If there’s a penny that you have left, and that’s a penny you can give, make sure that penny is going into work that’s centering the voices of young people,” José said.

We are so thankful to both Greisa and José for joining us for Veatch Sunday this year—and for sharing stories, from their work and lives, that helped to deepen our understanding of how their organizations are building power to make change while addressing the needs of immigrant communities. For a full recap of Veatch Sunday, including video excerpts, make sure you’re subscribed to [Veatch News Updates](#)—we’ll be sharing more from this year’s annual event to that list in the coming days.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.



UUCSR SPRING SERIES

Multiracial Democracy Under Attack:

White nationalist threats, attacks on voting rights, and what we can do to defend a democracy that works for all.

Presented by the UUCSR Social Justice Committee + Veatch Program

The Spring Series is composed of three segments:

- 1. Monday, February 28, 2022 Webpage Kickoff**
An array of resources to prepare for two special events will become available on [uucsr.org](#) on February 28 for access anytime, including:
 - Introduction by Claire Deroche and Joan Minieri
 - Diversity, Equity, and Inclusion (DEI) Panel Discussion video
 - Video of Eric Ward, director of Veatch grantee Western States Center
 - Materials from Engage NY prepared by the Veatch grantee, Political Research Associates (PRA).
- 2. Thursday, March 24, 2022, Zoom Panel Discussion, 7:00 PM**
 - Protecting voter rights / defending democracy as the antithesis of authoritarianism
 - Lessons from Georgia and New York State.
- 3. Thursday, May 5, 2022 Zoom Book Talk, 7:00 PM**
Rev. Dr. Natalie Fenimore with Executive Director Robert P. (Robby) Jones, Founder of Veatch grantee, Public Religion Research Institute (PRRI), and a leading scholar and commentator on religion, culture, and politics. He is the author of *White Too Long: The Legacy of White Supremacy in American Christianity* and *The End of White Christian America*.



CONGREGATIONAL AFFAIRS

Adam Barshak, Congregation Operations Administrator

Committee Meeting Notices for Discussion and Approval of 2021–2022 Budgets. Notices are required by UUCSR Bylaws. Please consult uucsr.org/calendar for meeting details including login information.

Art Committee	Tuesday, March 1, 2022	3:00 PM
Bookstore Committee	Wednesday, February 23, 2022	7:00 PM
Caring Committee	Saturday, March 12, 2022	10:00 AM
Denominational Affairs Committee	Tuesday, March 1, 2022	7:30 PM
Green Sanctuary	Wednesday, February 16, 2022	7:00 PM
LGBTQ+ Sub-Committee	Friday, February 18, 2022	7:00 PM
Member Events	Wednesday, March 2, 2022	7:00 PM
Membership Committee	Monday, February 28, 2022	5:45 PM
Men's Group	Sunday, February 27, 2022	1:00 PM
Mental Health Sub-Committee	Wednesday, February 23, 2022	7:00 PM
Music and Performing Arts Committee	Thursday, February 24, 2022	7:30 PM
Program Council	Thursday, February 24, 2022	7:30 PM
Publicity and Promotions Committee	Wednesday, March 2, 2022	7:00 PM
Racial Justice Committee	Wednesday, March 2, 2022	3:00 PM
Religious Education Committee	Monday, March 7, 2022	7:00 PM
Social Justice Committee	Wednesday, February 9, 2022	7:00 PM
Women's Group	Wednesday, February 9, 2022 Wednesday, March 2, 2022	4:00 PM 4:00 PM
Worship Committee	Monday, February 14, 2022	7:00 PM

AD HOC FUTURES COMMITTEE

Diane Cohen, Chair

FUTURES Conversations

LED BY REV. JAYE BROOKS

You Are Invited! Planning for the Future

As we move forward in beloved community, we will be hosting small group “Futures Conversations” about creating our future together in our loving religious home. We will explore ways to stay in close connection with one another, sharing our ideas about various ways, both onsite and online.

The preliminary schedule of conversations is as follows, barring any intercession of Covid: Please click to register one option only. Contact Tammy Weil with questions or concerns (tweil@uucsr.org or 516.472.2913).

Sunday, February 27	12:45 PM	Onsite and Zoom
Monday, February 28	7:00 PM	Zoom
Thursday, March 3	2:00 PM	Onsite and Zoom
Sunday, March 6	12:45 PM	Onsite and Zoom
Monday, March 7	7:00 PM	Zoom
Wednesday, March 9	7:00 PM	Zoom

OPPORTUNITIES TO MAKE A DIFFERENCE

Join the Wednesday INN Volunteer Cooks on February 23

Do you like to cook? Please volunteer to cook for those in need by preparing meals for the Interfaith Nutrition Network (INN) on fourth Wednesdays monthly. The INN connects and runs food pantries and shelters throughout Long Island. Please call Sharyn (516.472.2960) to register to be one of nine cooks. Covid guidelines require that cooks show a vaccination card or have a negative COVID test three days prior to cooking.

DONATIONS FOR REFUGEE FAMILIES

Bins for your donations are now in Shelter Rock's Main and Lower Lobbies. Families will be especially grateful for NEW blankets, sheet sets, and bath towels, plus gently used kitchen items, such as pots and pans, dishes, flatware, cooking utensils, etc. Laundry and dish detergent, cleaning supplies, bath and hand soap, and toilet paper are also needed. Thank you!

SOCIAL JUSTICE COORDINATOR

Claire Deroche



It Takes a Village... Part 2

A month ago, I shared with you information about our membership in the interfaith coalition, Upholding Humanity. It was formed by faith leaders from Long Island Jewish, Muslim, Christian, and Unitarian Universalist congregations to assist families from Afghanistan resettle in our area. I want to give you an update on our activities.

Currently, we are focusing on collaboration with two refugee resettlement organizations: HIAS/Hebrew Immigrant Aid Society and Catholic Charities Refugee Resettlement Program of Long Island. As we were forming Upholding Humanity, Catholic Charities had already accepted a number of Afghan refugee families. They have been temporarily housed at the Motherhouse of the Sisters of St. Joseph in Brentwood. As the families find permanent housing with the help of their case workers, they are moving on. While we have been awaiting the arrival of families from HIAS, Upholding Humanity has been assisting these families in a variety of ways. We've found medical care for some and furniture for others. Volunteers with language skills are helping families find their way around their new towns.

Several weeks ago, two families were assigned to Upholding Humanity by HIAS. One is a group of three adult siblings who have been living in crowded conditions with another sibling already here. The second is a young married couple who will be arriving soon. We have found housing for them and now volunteers with language and cultural competency are assisting with their basic needs and inculturation.

There are two ways that you can be part of this program. Currently we are collecting new sets of sheets and blankets (all sizes), and new bath towels, hand towels, wash cloths, and kitchen towels. Other items needed include new or gently used dishes, glasses, flatware, pots and pans, and cooking utensils. These new items would also be helpful: toilet paper, feminine hygiene products, hand soap, dish soap, and laundry detergent. These items can be left in the bin marked Upholding Humanity in the lower lobby and in the Main Lobby any time the congregation is open. If you have larger items such as lamps or furniture, please contact Social Justice Coordinator Claire Deroche before bringing them to the congregation.

We also have a need for volunteers who want to have direct contact with the families. Perhaps you've taught English, or you know your town and its services very well. Maybe you enjoy getting to know someone from a culture different from your own. If this interests you, please contact Social Justice Coordinator Claire Deroche at cderoche@uucsr.org or 516.238.2191. As someone who lived in a cross-cultural situation in Bolivia for six years, I know the rewards of widening one's circle of caring and concern.

SOCIAL JUSTICE ANNOUNCEMENTS

Claire Deroche, Social Justice Coordinator

Assisting Refugee Families: Please see opposite column.

Friday Nights with the LGBTQ+ Group: The LGBTQ+ Sub-Committee sponsors a weekly informal gathering on Friday nights from 6:30–8:00 PM. Check in from 6:30–7:00 PM and then engage in facilitated conversation on a topic until 8:00 PM. Topics coming up are: February 11: Meeting with the Strategic Planning Group; February 18: Gender; and February 25, Incarcerated LGBTQ People. Members of the LGBTQ+ community and their allies are welcome to participate. To join the meeting, visit uucsr.org/calendar/ for the Friday you wish to attend.

Wednesday, February 9, 2022 | 7:00 PM | Online
Beloved Conversations Information Session, course of the UU Meadville Lombard Theological School. Registration for the spring semester of "Within" is open until February 22. If you're interested in participating, you can learn more about the program [HERE](#). The Racial Justice Sub-Committee is offering to reimburse \$100 to those who register at the \$350 level. Please contact RJ Sub-Committee chair, Barry Nobel (barry@nobel.org) for further information.

Thursday, February 10, 2022 | 5:30–6:30 PM
Anti-Racism Book Club: Co-sponsored by the Racial Justice Sub-Committee and the Eighth Principle Task Force, this online book club is about combating racism. See page 7 of this Quest.

Saturday, February 12, 2022 | 1:30–3:00 PM
Eyes on the Prize, Episode 4: No Easy Walk (1961-1963) tells the definitive story of the civil rights era. In Episode 4, the civil rights movement discovers the power of mass demonstrations as the Rev. Martin Luther King, Jr. emerges as its most visible leader. Some demonstrations succeed; others fail. But the triumphant March on Washington, DC, under King's leadership, shows a mounting national support for civil rights. President John F. Kennedy proposes the Civil Rights Act.

Saturday, February 19, 2022 | 1:30–3:00 PM
Eyes on the Prize, Episode 5: Mississippi: Is This America? (1963-1964) Mississippi's grass-roots civil rights movement becomes an American concern when college students travel south to help register black voters and three activists are murdered. The Mississippi Freedom Democratic Party challenges the regular Mississippi delegation at the Democratic Convention in Atlantic City. Register in advance for both programs [HERE](#). Sponsored by the Racial Justice Sub-Committee

Thursday, February 17, 2022, 7:00–8:00 PM
Town Hall on Antisemitism, Racism, and Intolerance. The Social Justice Committee is a member of the Ethnic Coalition of Faith Partners, a project of Temple Emanuel. See page 7 of this Quest.

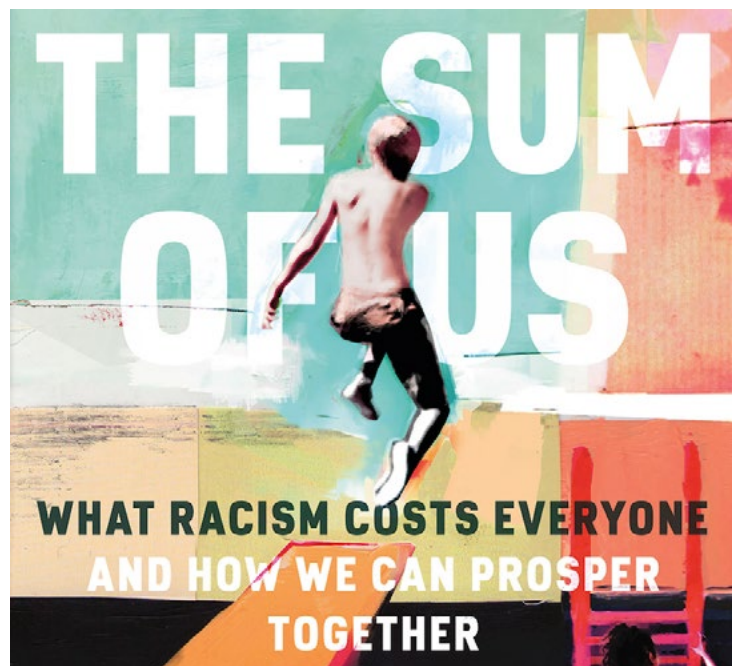
Wednesday, February 23, 2022 | 6:30–7:30 PM | Online Event
Together to End Solitary Confinement Join to remember those suffering the torture of solitary confinement. Zoom Meeting [HERE](#).

**RACIAL JUSTICE SUB-COMMITTEE OF THE SOCIAL
JUSTICE COMMITTEE AND THE EIGHTH PRINCIPLE
TASK FORCE OF THE BOARD OF TRUSTEES**

Anti-Racism Book Club

Thursdays, February 10, 17, and 24, 2022

5:30–6:30 PM | Online via Zoom



An online book club devoted to reading and discussing books about combating racism continues on Thursday, February 10. The first book is *The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together*, by Heather McGhee.

According to a review on Goodreads, “McGhee marshals economic and sociological research to paint a story of racism’s costs, but at the heart of the book are the humble stories of people yearning to be part of a better America, including white supremacy’s collateral victims: white people themselves. With startling empathy, this heartfelt message from a Black woman to a multiracial America leaves us with a new vision for a future in which we finally realize that life can be more than a zero-sum game.”

To encourage sharing by all attendees, the group will be limited to 12 participants who commit to reading the assigned chapters and attending all the discussions. Discussion dates and chapter assignments for *The Sum of Us* are:

February 10, Chapters 5 and 6

February 17, Chapters 7 and 8

February 24, Chapters 9 and 10

The discussion will be led by Patti Paris, librarian and experienced facilitator of book conversations. Registration is required [HERE](#). After you register, watch for an email with a direct link to the discussion group on Zoom. The link will be the same for each session. All are welcome.

**RACIAL JUSTICE SUB-COMMITTEE
OF THE SOCIAL JUSTICE COMMITTEE**

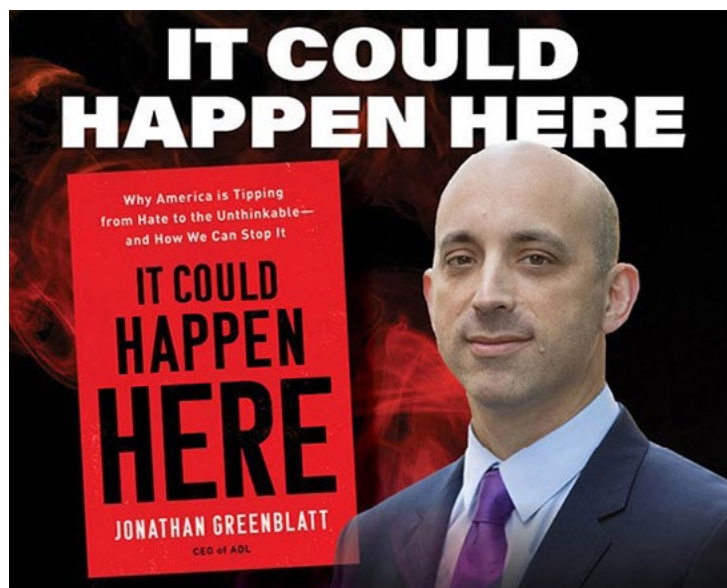
Virtual Town Hall and Community Forum

Thursday, February 17, 2022 | 7:00– 8:00 PM

Hosted by Steven Blank, publisher and editor
of Blank Slate Media

An Important Message
For All Americans

One-on-One with
Jonathan Greenblatt
CEO of the Anti-Defamation League



Antisemitism, racism, and other forms of intolerance are gathering momentum in the United States—and violence on a catastrophic scale could be around the corner, says the CEO of the Anti-Defamation League Jonathan Greenblatt. He will discuss that threat and what we can do to stop it.

Don’t miss the urgent message of the author and his book.

To register and participate in the free virtual town hall and community forum

- Register [HERE](#)
- or
- Call Temple Emanuel: 516.482.5701

The program is presented by Blank Slate Media and sponsored by Northwell Health with support from Temple Emanuel. UUCSR has a long-standing relationship with Rabbi Robert Widom of Temple Emanuel. The Social Justice Committee is a member of the Ethnic Coalition of Faith Partners that originated under the direction of Rabbi Widom.

DENOMINATIONAL AFFAIRS COMMITTEE (DAC)

Richard Bock, Chair



2022 General Assembly (GA) Update June 22–June 26, 2022

Nine applications to represent UUCSR at the 2022 UUA General Assembly in Portland, OR, have been received. Pending approval by the Board of Trustees, six will attend in-person and three as online delegates.

The UUA GA will be a scaled down GA after a two-year hiatus, with the number of workshops reduced. The Banner Parade, the Service of the Living Tradition, the Ware Lecture, and the gala Closing Ceremony, will all be held and available via livestream.

Interested members are invited to join DAC. Please contact me (rbock@optonline.net) or Elaine Corrao (ecorrao@uucsr.org).

News from UU@UN

Registration for the 2022 Intergenerational Spring Seminar, co-hosted by the UU@UN and the Unitarian Universalist Ministry for Earth, is now open! The topic this year will be “Displacement and Human Rights: All in for Climate Justice.” It is a virtual gathering held from April 22–May 1, 2022. Unitarian Universalist youth and adults 14 and up may participate to deepen their connections with one another and develop their knowledge and skills to take action to create climate justice. The Seminar includes short blocks of programming to encourage and equip participants to develop a rich understanding the ways in which local ecosystems and communities are, or will be, affected by climate change and the displacement it causes. Seminar details can be found [HERE](#). I look forward to learning with you and seeing the influence each one of us can make in our communities and the world.

UU@UN remains a strong partner in holding the UN and its member nations accountable. The UN goals of human rights, democracy, global health, peace, and security are our goals. We do this through alliances and organizations.

In its efforts to address the ongoing global surges of COVID-19, the World Health Organization (WHO) continues to urge vaccine equity. Their motto is, “Nobody is safe until everyone is safe,” and they deplore the disparity in vaccine distribution. Rich nations have stockpiled vaccines whilst in 36 nations, fewer than 10 percent of the population is vaccinated.

The UN is very concerned about addressing an array of disturbing and contentious issues including military actions by Russia, China, and North Korea and the ongoing human rights abuses in many countries. Much of the UN’s power lies in convening member nations and persuading them to do what’s necessary to save the world from war and climate catastrophe.

Janet Bendowitz, DAC Liaison to UU@UN

Partner Church Auction

Sunday, June 19, 2022 | 1:00 PM | Social Hall

SAVE-the-DATE!

The Denominational Affairs Committee is reviving an old Shelter Rock tradition with a special auction to benefit Shelter Rock’s partner church in Csikszereda, Transylvania.

Items to be auctioned will be donated by you, the members of the Unitarian Universalist Congregation at Shelter Rock. Please think about what you might contribute. You might donate:

- Home cooking
- An exercise class or other skill that you may share
- Live music
- Tutoring
- Sailboat or powerboat excursion
- Artwork
- Fine jewelry you no longer need
- Computer instruction
- Time at your vacation home
- Themed gift baskets (e.g., chocolate, office supplies, etc.)
- Regifted new items
- Books
- Recorded music
- Themed dinner party
- Airport transportation
- Guided tour or hike for a small group
- Genealogy research
- Social media assistance
- Holiday gift wrapping
- Anything made with love, such as cookies or knitting
- Imagine the possibilities!

Please contact Barry Nobel at barry@nobel.org if you wish to contribute or get involved. And, please mark your calendar for a fun afternoon. Light refreshments are planned.

From the UU Partner Church Council

“Our Unitarian brothers and sisters in Transylvania have suffered much over the past four centuries, but they have kept their faith under the most trying circumstances. Today, there are about 120 churches—many of these paired with a US or Canadian UU partner church. Although their religious beliefs and church services are more traditional than ours, we all share in some basic values and principles:

- the use of reason in matters of faith
- belief in absolute freedom of conscience
- tolerance of differing opinions.

Many Unitarian families still farm the land that has been passed down from generations. They still struggle to recover from the effects of over forty years of an oppressive government. Through it all, their Unitarian faith has sustained them.”



Picture a World...CONTEST!

The Long Island Area Council of UU Congregations (LIAC) invites all children and youth in UU congregations to:

Express why learning about DEI (diversity, equity, and inclusion) in school matters to you!



3 CATEGORIES

- 1) Children grades K through 6
- 2) Youth grades 7 through 12
- 3) Young adults (post HS) ages 18-25

PRIZES IN EACH CATEGORY:

- 1) First prize: \$100
- 2) Second prize: \$50
- 3) Third prize: \$25

BE CREATIVE! All explorations of the importance of DEI are welcome

Write something: an essay, poem, monologue, script, speech, rap, or song
~or~

Create something: Paint, draw, a public service announcement, a video, a spoken word, rap, or song



Submission Information:

Submit your creation to info@liac.org by midnight on Monday, February 28, 2022. Include your name, grade and/or age, contact information (email or cell phone or both for yourself and/or parent/guardian), and congregation.

Winners will be announced: on the LIAC website (<https://www.liacuu.org/>) and by personal contact on **March 15, 2022**.

WHAT IS DEI?: **Diversity:** all the ways in which people are different, including different characteristics like race, ethnicity, gender, ability, age, religion, sexual orientation, class, etc; **Equity:** everyone gets or has what they need to achieve their full potential based on where they are and where they want to go. (Compare with equality which is everyone getting or having the same amount of something like food, opportunity, medicine); **Inclusion:** welcome, respect, support, and listen to every individual or group for all races/ethnicities, abilities, religions, genders and love.



Winners will also be posted on the LIAC website and shared with all congregations for posting on their own websites.

LIFESPAN RELIGIOUS EDUCATION (RE)

Carson Jones, Lifespan Religious Education Coordinator



Onsite Religious Education Classes Are Back!

Please register your family for 2021–2022 Religious Education programming by going to www.uucsr.org/RE and receive communications about all the exciting events planned.

Young People's Choir Rehearsals Sundays, 10:00 AM | Chapel

Anyone interested in performing with the Young People's Choir (YPC) can join RE Music Specialist George Weisman most every Sunday. The YPC is just getting started on learning some new material so if you've been thinking about joining, now is a great time!

Please feel free to reach out to George at georgeweisman@gmail.com with any questions.

Valentine Fundraiser for Grades 6 and 7 Social Action Project! Sunday, February 13, approximately 11:45 AM (following Worship)

All are invited to join us in support of our Grades 6 and 7 Questing Year class when they hold their first fundraiser for their Super-Secret Social Action Project. The class raises donations for relief organizations they choose and agree upon themselves, and the charities are revealed in their presentation at the Bridging ceremony in the spring. Come treat yourselves and your loved ones to homemade Valentine's Day cards and baked goods all for a great cause!

UU Kids Connect Monthly Gathering Spaces Thursday, February 17, 2022 | 7:00 PM Registration is FREE and open [HERE!](#)

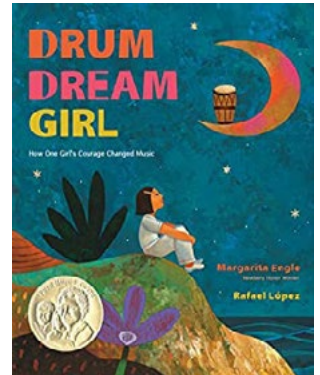
Our adventure has begun and it's never too late to jump in and make friends with other UU kids from near and far, for what is a quest without those you meet along the way? Last month, we named our guides, and this month we will be Setting Forth on our journey through an exciting game of collective story-building!

UU Kids Connect is the place to be for kids in grades K–8 who want to meet new friends from new places all over North America, share their joys and concerns, show and tell what they've been up to, and have FUN! The UU Kids Connect Team creates a safer online space for social support and spiritual development as kids journey forward through their years. The UUKC GATHERINGS happen every third Thursday of the month from 7:00–8:00 PM (Eastern). We'll meet online and hold space for kids to share their journeys, their favorite things, play games, and experience the support of their faith network in action.

Women's Firsts Bedtime Stories! Wednesday, March 2, 2022 | 7:00 PM Live on Zoom [HERE.](#)

All are welcome to join Carson Jones for this special interactive storytime in honor of Women's History Month, as he reads three family-friendly stories celebrating the amazing women who were the first to accomplish their goals in such areas of expertise as music, sports, and aviation!

Drum Dream Girl Written by Margarita Engle Illustrated by Rafael López



There Goes Patti McGee! Written by Tootie Nienow Illustrated by Erika Medina

Aim for the Skies Written by Aimée Bissonette Illustrated by Doris Ettlinger



Save-the-Date RE on Ice! Sunday, March 27, 2022 | 12:45–2:00 PM



FREE social event sponsored by the RE Committee featuring lunch and private ice time at the Port Washington Skating Center. Keep an eye out soon for information on registering your family.



Dramatic Readings

Dramatic Readings

Saturday, February 19, 2022 | 6:00 PM

Live on Zoom [HERE](#).

Noises Off, by Michael Frayn. Called “the funniest farce ever written,” *Noises Off* presents a manic menagerie of itinerant actors rehearsing a flop called “Nothing’s On.” Doors slamming, on and off-stage intrigue, and an errant herring all figure in the plot of this hilarious and classically comic play.



Please RSVP to Jessica Pond at jpond@uucsr.org if you would like a PDF of the play emailed to you, or a physical copy mailed to you.

Great Books Discussions

Fridays | 12:00–1:30 PM

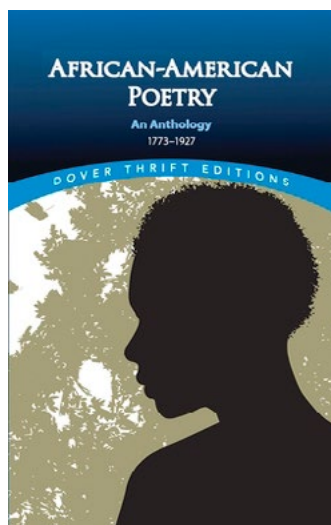
Live on Zoom [HERE](#).

Come together for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. All are welcome.

Reading: *African-American Poetry: An Anthology, 1773–1927* (Dover Thrift Editions)
Available [HERE](#).

February 11: pp. 9–13, Joshua McCarter Simpson: “Away to Canada, To the White People of America”

February 18: pp. 16–22, Frances Ellen Watkins Harper: Bury Me in a Free Land, To the Union Savers of Cleveland, From Moses: A Story of the Nile, “Sir, We Would See Jesus,” Learning to Read, Songs for the People



Soulful Songs and Stories



“K is for Kindness” was inspired by an act of kindness by a stranger in a supermarket. In PDF #44, songs from Sesame Street and a poem by Naomi Shihab Nye help us look at kindness in the same way we look at mercy or grace: freely given, without hope or expectation of reward. Far too many definitions and examples of kindness make it seem like a quid pro quo: it will make you feel good, or you will be repaid, rewarded, or recognized. Sometimes kindness is listening—or simply being present.

More music to meditate on these things, and more words of wisdom from Walter Brueggemann, J. R. R. Tolkien, Pico Iyer, Danusha Laméris, George Sand, Christena Cleveland, Abraham Joshua Heschel, and others. Look for the PDF in your inbox on February 18.

To join the mailing list, call Jessica Pond at 516.472.2914 or email JPond@uucsr.org. Enjoy past PDFs at www.j.mp/uucsrsss.

Alice Giordano and Steve Marston

Yoga for Joy and Balance with Beth

Wednesdays, 4:00–5:15 PM, [Live on Zoom](#)

This class incorporates techniques of Kundalini Yoga, breath work, meditation, and energy modalities. No experience necessary. Cost: \$28 for 4 classes (use anytime) OR \$8 drop-in.

All proceeds will be donated to and checks should be addressed to: North Shore Soup Kitchen/NOSH (NorthShoreSoupKitchen.org)
PO Box 168, Glen Cove, NY 11542
Please indicate Yoga/Beth Fedirko in the memo.

Contact details for questions:

Beth Fedirko, 516.297.1042 or bfedirko@optonline.net

Medical Qi Gong for Senior Health—Balance!

Mondays, 9:00–10:00 AM

By popular demand, Qigong instructor, Ashley Baldwin continues offering classes that strengthen your balance and overall body confidence! You will learn simple, yet powerful motion and breathing exercises to improve physical balance and falling safety skills, optimize lung capacity, bolster immunity, and promote energy flow to the internal organs. Ashley Zooms in every Monday morning to help you center your body and mind, directly from Thailand.

\$50/5 classes, \$12/drop-in class (See registration form)
[Register HERE](#) or email tqh.Ashley@gmail.com

WOMEN'S GROUP
Diane Mansell, Women's Group President

Women Talk Daytime

First and Third Thursdays | 3:00-5:00 PM

Sari Flesch, Facilitator

First Thursday monthly topic is always Current Events.

Topics for third Thursdays vary monthly.

On February 17, the group will consider, "Do you think that the cultural attitude in the US insinuates that women are less qualified or competent than men? Is that why women are paid 80 cents to the dollar that men are paid?"

Everyone is welcome to join Women Talk Daytime.

Join via Zoom [HERE](#), Meeting ID: 991 3390 5618, Passcode: 11030

TGIF

Friday, March 4, 2022 | 7:00 PM

Memory Lane: Cherished Items

What objects hold a place in your heart?

Come join us and share your memories.

Let us know what items you can't part with and why.

Join via Zoom [HERE](#).

Women's Film Discussion Series

Third and Fourth (or fifth if occurs) Fridays monthly | 7:30 PM

With new co-hosts Maria Ceraulo and

Victoria Pilotti, Center for the Women of New York

February 18: Watch *The Lost Daughter* in advance on Netflix.

February 25: Watch *Don't Look Up* available on Netflix.

Join Zoom meetings [HERE](#).



Book Series

All are welcome.

Third Fridays Monthly | 3:30 PM | Join [HERE](#).

Please contact Sharyn Esposito to learn more.

sesposito@uucsr.org or 516.472.2960

February 18, 2022	<i>Wish You Were Here</i> By Jodi Picoult Discussion led by Patti Paris
March 18, 2022	<i>Matrix</i> By Lauren Groff Discussion led by Maria Ceraulo
April 15, 2022	<i>A Slow Fire Burning</i> By Paula Hawkins Discussion led by Diane Mansell

Please visit uucsr.org/wg for additional details including a full list of titles, discussion leaders, and a printable flyer.

Women's History Month

Sunday, March 6, 2022 | 9:00 AM | Light Breakfast followed by

11:00 AM Worship Service titled, *Women's Renewal*,

led by Rev. Dr. Natalie Fenimore. More information will follow.

WOMEN'S GROUP
Maria Ceraulo, Chair, Women's Issues



The Song that Never Ends: The ERA

All these years, the song has been playing: the Equal Rights Amendment must be ratified. President Joe Biden recalled being a supporter when he was 29 years old. I'm sure you can remember advocating for it very, very long ago. I do.

Last March, the House passed a joint resolution that would remove a deadline for states to ratify the ERA, but it continues to face a tougher path in a 50/50 Senate. The resolution still needs to get to sixty votes to overcome any potential Senate filibuster.

And the song goes on. Believing that the ERA has satisfied all the necessary constitutional requirements, supporters are demanding that US Archivist David Ferriero, who's set to retire in April, publish the ERA as the 28th Amendment to the Constitution. Ferriero hasn't committed yet.

Democratic Reps. Jackie Speier of California and Carolyn Maloney of New York, two long-time proponents of the ERA, introduced a House resolution affirming the ERA's validity. Both lawmakers have also been insistent that the archivist could publish the ERA.

It goes on and on, my friend. "The fact that we have declared, because it is true, that the ERA has met all requirements, it is law. The certification is a symbol but we deserve that symbol," Ellie Smeal, who leads The Feminist Majority, said at a virtual press call held by the ERA Coalition, its partners, and allies in Congress. "We think that he should certify and publish it now... basically we know that this thing has passed."

Two years ago, Virginia ratified the ERA, becoming the 38th state to do so, clinching the necessary benchmark for addition to the US Constitution nearly a half-century after the amendment began making its way through state legislatures.

Why does it even matter anymore? "Until the ERA is officially ratified, we won't be able to get rid of the gender wage gap, pregnancy discrimination, and persistent and insidious violations of the rights of survivors, to name a few of the gross injustices women face daily," Speier said

And the song goes on. Continued opposition. Douglas Johnson, the senior policy adviser for National Right to Life, which opposes the ERA, said: "It's extraordinary to see members of Congress and attorneys openly urging defiance of the rule of law" in pushing the archivist to publish the ERA. He said that the memo means that the "official position of the federal Executive Branch remains unchanged: the ERA is dead."

Just as the song that never ends goes on and on, we will continue singing it until the ERA is officially ratified. The song must finally end.

MEN'S GROUP

Bernard FitzGerald, Jr., Chair



New Monthly Series! TECH'n Talk Tuesdays (February-June)
7:00 PM | VIA ZOOM

Co-Leaders:
Herb Klitzner and Gerry Matusiewicz

Advisory Group:
Doc Neil Tonnesen, Marvin Brown,
Claudia Barbey, Herb Waldren,
Rev. Jaye Brooks, Bernie Fitzgerald



February 22, 2022

My Experience with Green Electric Cars
Herb Waldren
Join via Zoom [HERE](#).

March 22, 2022

How I Became Interested in Science and Technology
Rev. Jaye Brooks

April 19, 2022

Drones and their Applications
Gerry Matusiewicz

May 17, 2022

"Artist and Technologist" Collaborations in the Mid-1960s:
Recollections on Billy Klüver's Armory Show of Performance
Art and Environmental Soundscapes Technology facilitated by
Bell Labs
Marvin Brown

June 14, 2022

Longevity Research and Prospects
Herb Klitzner

GREEN SANCTUARY COMMITTEE

Stephen Ruocco, Chair

This article demonstrates the congregation's stewardship of the earth and commitment to the Seventh Principle.



Climate Crisis Recovery

Keeping global warming limited to 1.5 Celsius has not been easy. Although the current administration has signed onto the Paris Agreement, most countries are slow to comply. They are still supporting the old fossil fuel infrastructure so that greenhouse gasses keep rising. They have yet to make big inroads into replacing them with clean, renewable energy, and other ways to support limiting carbon emissions. The United States as a world leader has a responsibility to lead and advance climate justice here and abroad.

Domestically, we are supporting oil and gas pipelines that continue to destroy our environment and place a better energy future on hold. The Enbridge Pipeline, line 3, is one example. Its system of 338 miles transports crude oil from Alberta, Canada into the northern United States. People supporting it think only of jobs, but those opposed, such as Native Americans and others, are fighting to save rivers like the Mississippi and Lakes like Erie and Ontario from oil leaks, air pollution, and devastation of the areas and wildlife surrounding them. We must not allow new permits for these pipelines. The dangers of 20th Century infrastructure hampers clean, renewable energy sources from being developed and offered as investment opportunities.

Take air pollution! Its dangers are worldwide and present an extreme challenge. The World Health Organization indicates that it, in part, can be addressed by a shift to renewable energy sources. In their planning is a net-zero carbon world. Their plans follow science. This means we cannot limit global warming to 1.5 or 2.0 Celsius unless we use natural climate solutions. The storage of carbon comes from forests, wetlands, grasslands. By helping nature's carbon absorbers to survive, by replanting trees as is being done in some decimated rain forests, 30 percent of the emissions reductions will meet the goals of the Paris Agreement by 2030.

We need to take actions to avert climate change from its upward trajectory to include nature in our decision. We must consider the saving of biodiversity loss, having clean water, implementing sustainable regenerative agriculture for food sources and, of course, investing in clean energy. Economic recovery from the coronavirus plus environmental action can be handled together.

In the United States, the Environmental Protection Agency and the Department of the Interior can strengthen regulations. Our first step in climate recovery should be a managed fossil fuel phase-out as a national priority.

Elaine Peters for the Green Sanctuary Committee

Virtual Music Making

Can U Uke?

Want to learn to play the ukulele?

Do you already play and are looking for a uke group to join?

Either way, come jam with us!

The ukulele is fun, entertaining, and easy to learn.

We meet 6-7 PM on the second and fourth Wednesdays monthly via Zoom. There is no instructor, so there is no fee. Many are intermediate or advanced players who are glad to help beginners get started strumming, toe tapping, and maybe even singing along. Open to all members and non-members. The only requirement is your own ukulele, Internet access, and a way to save or print the songs to be emailed to you.

To join, email Erin at worshipcoordinator@uucsr.org. Please provide your name, email address, and telephone number, so you can be added to the group email list!

**Questions? Charlene Greenberg
516.507.4313 cdgsoph@gmail.com**

UUCSR Social Bridge Group

THURSDAYS 1:00-4:00 PM | VEATCH BALLROOM

Now on Thursdays | 1:00-4:00 PM | Veatch Ballroom

Players with ranking of advanced beginners to intermediate are welcome to play with a variety of partners, depending upon the group's preferences.

Each table determines its own rules, such as score-keeping, using bid bones, rotating, etc. Lessons will be determined in the future based upon preferences, needs, and instructors' availability. Attendees must follow congregational COVID protocols regarding masks, distancing, etc. All are welcome.



**2022 Shelter Rock Retreat at Silver Bay on Lake George, NY!
Memorial Day Weekend: May 27-30, 2022 ***

SAVE-THE-DATES
Registration opens soon.
Register early!

Some accommodations are limited.

**Intergenerational • Inspirational • Memorable • Sing-Alongs
Campfires • Relaxing Downtime • Gorgeous Views
New Friends • Old Friends • Crafts • Services
Intellectual Programs • Fun • Talent Shows • Music • Nature**

**Would you like to make memories that last a lifetime?
You can with your Shelter Rock family at fabulous Silver Bay!**

Mark your calendar and be ready for a time to remember!

*** Silver Bay Retreat Center follows all NYS Covid safety protocols.**

EVENT ANNOUNCEMENTS

ALL PROGRAMS ARE ONLINE UNLESS NOTED OTHERWISE.

Please see [UUCSR.org/calendar](https://uucsr.org/calendar) for additional details. See [LIACUU.org](https://liacuu.org) for other area congregations.

WEDNESDAY, FEBRUARY 9, 2022

6:00 PM, Ukulele Group Practice
7:00 PM, Social Justice Virtual Committee Meeting
7:00 PM, Personnel Committee Meeting
7:00 PM, Member Resource Committee Meeting
7:30 PM, Nominating Committee Meeting

THURSDAY, FEBRUARY 10, 2022

10:00 AM, Living Solo
1:00 PM, Bridge Game Play, Veatch Ballroom
5:30 PM, Anti-Racism Book Club Online Program
6:30 PM, Board of Trustees Mini Retreat

FRIDAY, FEBRUARY 11, 2022

12:00 PM, Great Books Discussion
6:30 PM, LGBTQ+ Online Gathering
8:00 PM, *Soulful Sundown* led by Rev. Jennifer Brower with Music from the Cosmic Orchestra

SATURDAY, FEBRUARY 12, 2022

10:00 AM, Caring Committee Meeting
1:30 PM, *Eyes on the Prize, Episode 4: No Easy Walk* (1961-1963). Online Program

SUNDAY, FEBRUARY 13, 2022

9:00 AM, Jazz Ensemble Rehearsal, Veatch Ballroom
9:30 AM, Choir Rehearsal, Social Hall
9:00 AM, Small Group Ministry - 2nd Sunday of the Month
10:00 AM, Young People's Choir Rehearsal, Chapel
10:30 AM, Sunday Morning Experience
11:00 AM, Religious Education (RE) Classes, RE Wing
11:00 AM, Sunday Service: *Love Trying Its Best* led by Rev. Jaye Brooks, Worship Room, Art Gallery, online
11:00 AM, Worship Service Viewing Space for RE Parents
11:05 AM, Children's Worship, Chapel
11:45 AM, RE Grades 6 & 7 Questing Year Valentine Fundraiser, Main Lobby

MONDAY, FEBRUARY 14, 2022

9:00 AM, Medical Qigong for Senior Health - Balance!
5:00 PM, Veatch Engagement Ad Hoc Committee Meeting
6:30 PM, Dining Solo Together!
7:00 PM, Worship Committee Meeting

TUESDAY, FEBRUARY 15, 2022

2:00 PM, BOT/Staff Leadership Meeting, Office Conference Room
3:00 PM, Online NAMI Criminal Justice Meeting
7:00 PM, Small Group Ministry - 1st and 3rd Tuesday of the Month
7:00 PM, Living With Cancer
7:00 PM, Board of Trustees Meeting, Veatch Ballroom, Zoom

7:30 PM, Nominating Committee Meeting

WEDNESDAY, FEBRUARY 16, 2022

10:00 AM, Building a Better Brain for a Better Life
11:00 AM, Crafting for Sanity and Community Online Get-Together
2:00 PM, Wednesday Conversations
4:00 PM, Yoga for Joy and Balance with Beth
7:00 PM, Green Sanctuary Online Committee Meeting

THURSDAY, FEBRUARY 17, 2022

10:00 AM, Living Solo
1:00 PM, Bridge Game Play, Veatch Ballroom
3:00 PM, Online Women Talk Daytime Meeting
5:30 PM, Anti-Racism Book Club Online Program
7:00 PM, UU Kids Connect Monthly Gathering Space
7:00 PM, Board of Trustees Meeting, Veatch Ballroom, Zoom

FRIDAY, FEBRUARY 18, 2022

12:00 PM, Great Books Discussion
3:30 PM, WG Online Book Series Discussion
6:30 PM, LGBTQ+ Online Gathering
7:00 PM, Soulful Songs & Stories, RE Room 19
7:30 PM, Online Film Discussion - *The Lost Daughter*

SATURDAY, FEBRUARY 19, 2022

1:30 PM, *Eyes on the Prize, Episode 5: Mississippi: Is This America?* (1963-1964), Online Program
6:00 PM, Dramatic Readings

SUNDAY, FEBRUARY 20, 2022

9:00 AM, Jazz Ensemble Rehearsal, Veatch Ballroom
9:30 AM, Choir Rehearsal, Social Hall
9:30 AM, Childcare, RE Room 1, 2
10:30 AM, Sunday Morning Experience
11:00 AM, Sunday Service: *Widening the Circle* led by Rev. Jennifer Brower, Worship Room, Art Gallery, online

MONDAY, FEBRUARY 21, 2022

9:00 AM, Medical Qigong for Senior Health - Balance!
5:45 PM, Membership Committee Monthly Meeting
6:30 PM, Dining Solo Together!
7:00 PM, Strategic Plan Task Force Meeting
7:00 PM, Care for the Caregiver

TUESDAY, FEBRUARY 22, 2022

2:00 PM, BOT/Staff Leadership Meeting, Office Conference Room
6:30 PM, Finance Committee Meeting
7:00 PM, "Comparing My Performance Experience with Using BMW and Tesla Electric Cars"-Online
7:00 PM, Small Group Ministry - 4th Tuesday of the Month

WEDNESDAY, FEBRUARY 23, 2022

10:00 AM, Building a Better Brain for a Better Life
11:00 AM, Crafting for Sanity and Community Online Get-Together
2:00 PM, Wednesday Conversations
4:00 PM, Yoga for Joy and Balance with Beth
6:00 PM, Ukulele Group Practice
6:30 PM, Together to End Solitary Confinement Online Program
7:00 PM, Mental Health Sub-Committee Online Meeting
7:00 PM, Bookstore Meeting

THURSDAY, FEBRUARY 24, 2022

10:00 AM, Living Solo
1:00 PM, Bridge Game Play, Veatch Ballroom
5:30 PM, Anti-Racism Book Club Online Program
7:00 PM, Program Council Budget Meeting
7:30 PM, Music and Performing Art Meeting

FRIDAY, FEBRUARY 25, 2022

12:00 PM, Great Books Discussion
6:30 PM, LGBTQ+ Online Gathering
7:00 PM, Soulful Salutations - Restorative Yoga & Yoga Nidra enhanced by Live Music
NOTE DATE CHANGE
7:30 PM, Online Film Discussion - *Don't Look Up*

SATURDAY, FEBRUARY 26, 2022

1:30 PM, *Eyes on the Prize, Episode 6: Bridge to Freedom* (1965), Online Program

DISCLAIMER:

Quest may include views or opinions that do not necessarily reflect official policy, views of the respective boards or committees, or editorial staff.

The Quest is published twice a month, except once each in July and August.

Copies are available in the UUCSR Lower Lobby, <https://uucsr.org/on-demand/>

[quest-newsletter](https://uucsr.org/on-demand/quest-newsletter), and via email. Sign up for email at <https://uucsr.org/on-demand/>

The Quest Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other. *The Quest* is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, Maxine Dangler, Steve Marston, and Jessica K. Vega.

Submissions: communications@uucsr.org

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

48 Shelter Rock Rd. Manhasset, NY 11030 | 516.627.6560 | uucsr.org / uucsr@uucsr.org

Developmental Minister

Rev. Jaye Brooks (jbrooks@uucsr.org)

February 9, 2022

Minister for Pastoral Care

Rev. Jennifer L. Brower (jbrower@uucsr.org)

Lead Minister and Minister of Lifespan Religious Education

Rev. Dr. Natalie M. Fenimore (nfenimore@uucsr.org)

Congregation Operations Administrator

Adam Barshak (abarshak@uucsr.org)

Veatch Executive Director

Joan Minieri (joan@veatch.org)

Music Director

Stephen Michael Smith (ssmith@uucsr.org)

Lifespan Religious Education Coordinator

Carson Jones (cjones@uucsr.org)

Social Justice Coordinator

Claire Deroche (cderoche@uucsr.org)

Membership Coordinator

Abigail Highland (ahighland@uucsr.org)

Officers of the Congregation

President: Jana North

Vice President: Chris Hilke

Secretary: Toni Logue

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Members of the Board of Trustees

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Next Quest: Wednesday, February 23, 2022 | Deadline for Content: Thursday, February 17, 2022

GREEN SANCTUARY COMMITTEE

Stephen Ruocco, Chair

Community Supported Agriculture (CSA) Shares Available

Participation in a CSA means a connection to your food, farmers, and community. It means weekly organic local vegetables and fruits delivered from your local farm to your local community. Join the Sang Lee Farm CSA at Shelter Rock and cut out the middle-man for a very special connection to the earth!

What Exactly Is Community Supported Agriculture?

CSA is a model in which consumers buy shares of a farm's harvest in advance of the growing season, either in one lump sum or in installments. Annual cost depends on the length of the harvest season and the variety, quantity, and quality of products provided. Farmers derive an immediate income to begin their season. By paying at the beginning of the season, CSA members share in the risk of production and relieve the farmer of much of the time and cost needed for marketing. This allows the farmer to concentrate on good land stewardship and growing high quality food.

The CSA concept was originated in Japan in the 1960s by a group of women concerned with the use of pesticides, the increase in processed and imported food, and the loss of farmers and farmland. By the early 1970s, farmers and consumers in several European countries, concerned about the industrialization of their food system, created the CSA model that we know today. Today the number of CSAs in the United States is in the tens of thousands and growing.

Sign-ups for the CSA program with Shelter Rock's partner Sang Lee Farms in Peconic, Long Island have begun.



- Great fresh-picked, clean, organic vegetables and fruits
- Half and full shares
- Perks and options for Early Bird sign-ups
- 24-week program runs weekly Tuesday, June 7 through Tuesday, November 15
- Emails the evening before each delivery with recipes, information, and storage tips
- Payment options



For an introduction to Sang Lee's CSA, learn more [HERE](#). Sign up by Tuesday, March 1, to get any and all Early Bird options and perks. Read more about the CSA program and get pricing for both half and full shares [HERE](#).