We aspire to be a loving, religious community where we can grow spiritually and build a more just and joyful world. —UUCSR Vision Statement

November 10, 2021

A Like-Hearted People  Unitarian Universalism, with its nearly 2,000-year history, is rooted in a few key ideas. Our forebears were united in rejection of any one way of thinking; they were united in agreement on love. From the second-century philosopher Origen, who said that “God loves everyone, to 16th-century Ferenc David, who said “We don’t have to think alike to love alike,” to 21st-century Thandeka, who urges, “Hear your commission to love, to create community, and to heal,” our great-hearted teachers have led with love. This is the history we hold today. *

Soulful Sundown (online only)  Features spoken word by the Rev. Jennifer Brower and music by The Cosmic Orchestra: “Where music lies at the heart of the religious experience.” Join here, *

Falling Leaf

While standing at the kitchen sink washing a pot, I happened to witness the very moment when a dying leaf let go of its life-giving tree and, caught on a breeze, was gently carried to the ground.

Observing this event, I felt a little wistful. Though not a terribly surprising event—after all, leaves fall from their trees in great abundance every autumn—that leaf’s falling left me feeling a little sad. I was sorry to see the tree and leaf part ways.

Marking the death of the leaf, I gave thanks for the previously unappreciated work it performed while in the fullness of life. I was glad it helped shade one side of my home! But, mostly, I felt fortunate that I had happened to witness that moment of transition, and was prompted to think more about this happening than the soapy pot in my hands.

Caught up in the daily routine, it is a challenge to be aware of anything but the chores, anything but the list of things we need to do before the day’s end, anything greater than ourselves that puts our living into perspective—like a pandemic.

Over the years, there has been much talk in our congregation about our individual desires to experience greater spiritual depth and to “grow our souls.” Although our soul-growing work is unique to each of us, to grow in new ways we must commit to new practices. We then need to commit to PRACTICING the practice. (There can be no benefits if we don’t stick with the new undertaking.)

UUCSR offers adults the opportunity to experience different forms of yoga—one, Soulful Salutations, with live music. We have Small Group Ministry, a facilitated monthly gathering during which a topic is reflected upon, your thinking/feeling clarified and relationships with fellow members deepened through the discussion.

Upcoming Worship Services continue on page 2

Services are onsite in the Worship Room, with overflow in the Social Hall, as our COVID Reopening Plan allows—and always live-streamed for those online. If the infection rate in our area increases, services will be online until the numbers drop. For all indoor participation, masking, distancing, and proof of vaccination procedures will continue. Free professional childcare is always available.

* UUCSR’s Worship Services are onsite and live-streamed on uucsr.org/worship, Facebook, and YouTube; available thereafter on the same platforms and as podcasts (www.uucsr.org/podcast); also aired on NSTV. Closed captioning available following broadcasts.

continued on page 2
**Upcoming Worship Services**

*continued from page 1*

**SUNDAY, NOVEMBER 21, 2021, 11:00 AM**

*Shelter Rock Ministry Team*

**Not By Bread Alone** Of course, Thanksgiving features food, but it is not really just the food which nourishes us. We gather for community, companionship, fellowship, friends, family, tradition, and love. And in another year of pandemic, we so dearly appreciate the wonderful feeling of being with company. Join our annual Bread Ceremony in celebration of Thanksgiving.

Bring a bread from your tradition, family, or culture. We will share stories of the bread’s meaning for you. And after the Service, the bread will be shared by all. There will be gluten-free bread available.

**SUNDAY, NOVEMBER 28, 2021, 11:00 AM**

*Cassandra Montenegro, Guest Worship Leader*

**(Un)Tethered to History: Poetry, Art & Teresa of Avila** As we prepare for his holiday season, many of us still find ourselves seeking a renewed place of solace amidst the living histories of our lives. Some of us may even be feeling a bit untethered, disconnected from one another, from our families, and even from parts of ourselves. Join Cassandra Montenegro, second-year Master of Divinity student at Harvard Divinity School for a service exploring how the poetry of the historical religious figure Saint Teresa of Avila, a mystic poet from a Converso Jewish family who worked through illness and reformed a Catholic order, continues to inspire the artists among and within us.

**SUNDAY, DECEMBER 5, 2021, 11:00 AM**

*The Rev. Dr. Natalie Fenimore*

**Visions of Sugarplums** With stories of wonder and excitement, we come together to celebrate the wonder of the holidays for children.

**Membership Coordinator**

*Abigail Highland*

**Sundays • 10:40–11:00 AM**

*Online HERE*

Whether you are a newcomer, or a longtime Shelter Rock member, you are welcome in The Welcome Space! For 20 minutes prior to the service, say “Hi” to members of the Membership Committee.

Bring your coffee and your curiosity! We look forward to saying, “Good Morning.”

*Join Zoom Welcome Space HERE*

**Coffee Hour**

Sunday at 11:45 AM

*Join Zoom Coffee Hour HERE*
Message from the President

I will admit that although I really liked looking out onto the upper meadow from under the tent during Sunday service, I am very happy that we have now moved back inside the Worship Room. Although I will no longer be able to feel the breeze or the sun shine on my face during the Choir’s song from the grassy hillside, I will be warmer. So, so much warmer. Like many of you, I’ve missed the Worship Room, where you can see the beautiful grounds without actually having to sit on them.

The change to indoor services and hopefully, in December, expanded hours which could include opening two nights a week, will require a great deal of organizing and support by both staff and membership. We will all need patience as we figure things out, and we will need to take greater responsibility for how meetings and events onsite are run, and who attends them.

If multiplatform meetings are going to be in our future, committees need to decide how many members will be onsite and how other members will join virtually. Individual committees should be having conversations now about how they imagine their members want to come together in community. As we move to meet onsite, committee chairs will need to check vaccination status of all members coming into the building for their meetings and keep a record of attendance in case a member reports a positive COVID test after attending a meeting or event.

Over the past 18 months, we have learned how to continue the worship and work of our congregation virtually. We have found creative ways to continue meeting and talking to one another. But, like the rest of the world, UUCSR is now opening up slowly and we need to reflect on how we want to be together in person again. Some of us are ready to fling open every door and fill up the seats in the Worship Room. Others will need more time before they feel comfortable in large groups. We will continue to work on plans to come together in many different ways. We may not look exactly like we did 20 months ago but with time, I hope that being together feels the same, or even better.

Membership Update

As of October 31, 2021, 110 households have pledged $85,000.

Please renew your Shelter Rock 2021/2022 membership by December 31, 2021, to maintain your relationship.

Visit uucsr.org/renew, return your mailed form or contact Sue Kimler (skimler@uucsr.org or 516.472.2919).

Please see Abigail Highland’s messages on page 4 of this Quest.

Worship Pods? Stay Tuned for More Info

What does it mean to be present on the Shelter Rock campus?
What are the different ways we “do Worship” together?
What does community mean to you?
What does ministry mean?
**General Assembly (GA) 101 – Part 1**

For the members of our congregation—new and old, it is time for a refresher on the topic of General Assembly!

The Unitarian Universalist Association’s General Assembly (GA) is the annual gathering of Unitarian Universalists from across North America. The 2022 General Assembly will take place in Portland, OR, from Wednesday, June 22 through Sunday, June 26. (It is worth noting that the 2020 GA was originally an in-person event and became an online event due to COVID.)

At GA, delegates from UU congregations meet in General (formally called Plenary) Sessions, supported by mini-assemblies, to conduct the business of the UUA and decide the course of action the denomination will follow during the next year and into the future. The GA represents and offers much more than participation in the UUA’s governance. There are workshops, lectures, and discussions at which attendees learn and explore issues that interest and motivate UUs. Worship Services provide opportunities to experience worship in many different forms.

GA also provides a special opportunity to meet with other Unitarian Universalists from across the country and discover how they view the religious concepts of our denomination and the challenges and successes they encounter with their congregations. Friendships are formed, and one is rewarded with a greater vision of who and what we are as a religious group. GA inspires and motivates us to be more active in our own congregation, in the Central Eastern District (formerly, NY Metro District) and at the UU national-denominational level. Typically, three to four thousand UUs attend in-person GA!

Next time, I will provide information on how YOU can become a delegate to GA!

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**Time to Renew Your Membership at Shelter Rock!**

Each year, we renew our commitment to our congregation by renewing membership. Many of you have already renewed your membership. Thank you for establishing your 2021-2022 congregational year membership!

This week, a reminder was mailed. **Only one form needs to be submitted for each household, and if you can renew online, please do!** Visit [UUCSR.ORG/RENEW](http://UUCSR.ORG/RENEW) or call 516.472.2919.

Stating your intention to remain a member of the congregation is a typical Unitarian Universalist practice. Our faith is special because our membership to it is not based on compulsion or theological demands, but rather empowers us to choose to be in community and covenant with each other.

Membership renewal means far more than contributing financially. Though a pledge of any amount is required by Shelter Rock bylaws, the true significance of renewal is recommitment to our congregation. Remember—if you need to request a waiver this year, you may do so by reaching out to a minister via ministryteam@uucsr.org. Financial hardship should never be a barrier to membership.

As Unitarian Universalists at Shelter Rock, we commit to our shared values and principles and work together to: be in loving religious community, grow spiritually, and build a more just and joyful world. **Please Renew Today!**

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**A Message From Cathi Zillmann, Former Financial Development Chair**

_Do you realize that your membership in UUCSR needs to be renewed every year?_ In many congregations, membership continues year after year, but at Shelter Rock it does not.

_Why keep up your membership?_ Because each of us makes the whole stronger, and a strong organization is a good thing. Keeping Shelter Rock strong is good for all of Long Island and for the whole denomination.

_Why is pledging tied to membership?_ I think that Shelter Rock should be owned by its members. That’s why I support required pledging. All of us invest our time, talent, and treasure in our religious home. It is a worthwhile personal investment.

Falling off the membership rolls means there is a whole rigamarole you have to go through to rejoin. So, please do it now.

It just makes sense.

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**Employment Opportunities**

_Open UUCSR Staff Positions:_

- Facilities Supervisor
- Full- and Part-time Facilities Technicians
- Administrative Assistant

If you know anyone who is seeking fulfilling employment, Shelter Rock is hiring! Please send résumés to hr@uucsr.org.
MILESTONES

We share the sad news... of the death of UUCSR member John Ryan. John died on October 23, 2021. Expressions of sympathy may be sent to:

Stephanie Ryan, and the Ryan Family
16 Nassau Rd
Great Neck, NY 11021

We mourn with... Maria Mosca and Art Kelly, as they grieve the death of Maria’s sister, Elizabeth A. Mosca. Elizabeth died on October 25, 2021. Condolences may be sent to:

Maria Mosca and Art Kelly
46 Altamont Ave
Sea Cliff, NY 11579

We share the sad news... of the death of UUCSR member John Kasius on November 1, 2021. John was preceded in death by his wife of 55 years, Nancy Kasius, on March 27, 2021. John and Nancy had no children of their own, but were very close to their niece, nephews and the larger family. Expressions of sympathy may be sent to:

Karen Kasius and Family
138 Mountain View Road
Rhinebeck, NY 12572

We share the sad news... of the death of UUCSR member Jean King Shope. Jean died on November 1, 2021. She was 91 years of age. Donations in Jean’s member made be made to St. Francis Hospital Foundation HERE. Expressions of sympathy may be sent to:

Margaret Patterson and Edie Fasano, c/o Patterson
PO Box 770766
Steamboat Springs, CO 80477

CAREING COMMITTEE

WinterFlower Regla Robinson, Chair

Kimberly Rossiter as Caring Coordinator

Kimberly Rossiter, formerly Assistant to the Ministers, assumed the role of Caring Coordinator on October 18, 2021. Kimberly will support the ministry team in tracking and managing the pastoral care needs of members and assisting in Rites of Passage services.

Kimberly will also work with the Caring Committee to support the development and growth of the Shelter Rock congregation’s Caring Ministries.

Kimberly is a Unitarian Universalist who has previously worked at other UU congregations in both Youth and Membership Coordinator roles. You can reach Kimberly at krossiter@uucsr.org. Kimberly is available for onsite meetings (by appointment) or by Zoom.

LIFESPAN RELIGIOUS EDUCATION (RE)

Rev. Dr. Natalie M. Fenimore
Minister of Lifespan Religious Education

Adult Faith Engagement

The new Adult Faith Engagement Sub-Committee of the Religious Education Committee will schedule and support religious education offerings for adults at UUCSR.

Last year, UUCSR had Adult Faith Engagement classes and discussions over Zoom.

Some examples of programs and discussions held were:

- Our 7 UU Principles
- Jewish Voices in Unitarian Universalism
- Advent
- Transcendentalism
- Transforming Hearts: Transgender Awareness

Adult Faith Engagement and the Racial Justice Task Force co-sponsored a discussion of the UUA Common Read, Breathe. Programs and classes in the coming Congregational Year will be on Zoom and in-person, as conditions allow.

Future Adult Faith Engagement classes and discussions may include:

- UU History and Theology
- Learning about neighboring faith traditions (such as, Buddhism, Hinduism, Islam)
- Exploration of Scriptures (Torah, Bible, for example)
- UU Parenting
- Spiritual Practices

The goal is to present a regular schedule of programs to enrich the growth and learning of adults in the UUCSR community. The Adult Faith Engagement Sub-Committee will be led by RE Committee members Anne Van der Veer and Ami Bhalodkar. If you are interested in joining the Adult Faith Engagement Sub-Committee or have an interest in particular program offerings, contact Rev. Dr. Fenimore or Jessica Pond at jpond@uucsr.org

Upcoming Adult Faith Engagement Offerings:

1. Unitarian Universalist History and Theology 201: For those who want to continue the conversation after the Inquirers Session
   7:00 PM, Thursday, November 11 via Zoom HERE and Sunday, December 5 onsite, time TBA

2. Reflections on Advent: A Season of Waiting
   7:00 PM Tuesday, December 14 via Zoom HERE and Sunday, December 19 onsite, time TBA

Visit UUCSR.org/calendar to learn more.
Religious Education Classes Are Back Onsite Most Every Sunday!

Please register your family for 2021–22 Religious Education programming by going to www.uucsr.org/RE and receive communications about all the planned exciting events!

Embodying Wholeness—Children’s Onsite Worship for All Ages

On Sundays at 11:05 AM, RE classes are welcomed into Children’s Worship in the Veatch Ballroom. Any parents/caregivers who wish to join are more than welcome to do so!

- Sunday, November 14: Butterflies & Kindergarten
- Sunday, December 5: Grades 1–3
- Sunday, December 12: Grades 4–6

Carson Jones and George Weisman lead these services in which this year’s RE theme, Embodying Wholeness, is explored. Through story, movement, and song, we celebrate together how it feels to live into our whole selves.

This month’s story, *I’m Stretched!*, by Julia Cook and Stephanie Dehennin, introduces us to a young girl (and her pet hedgehog!) as she seeks to find ways to manage the stresses of her super-busy, over-scheduled life.

We have some great suggestions of names for our very own plushie RE hedgehog, and we’ll continue to collect ideas this month following the story. Then George will sing a gentle anthem by Olivia Newton-John.

UU Kids Connect

Monthly Gathering Spaces Continue Thursday, November 18

Welcome to a World of Possibility! Last month, we began our journey by reflecting on *From Whence We Came*, and this month we will be *Packing Our Bags* with all the things we’ll need to set out together through a covenant building Scavenger Hunt!

This fall, UU Kids Connect is the place to be for kids in grades K–8 who want to meet new friends from new places all over North America, share their joys and concerns, show and tell what they’ve been up to, and have FUN!

The UU Kids Connect Team creates a safer online space for social support and spiritual development as kids journey forward through their years.

UUKC gatherings happen every third Thursday of the month from 7:00–8:00 PM. We’ll meet online and hold space for kids to share their journeys, their favorite things, play games, and experience the support of their faith network in action.

Registration is FREE and open HERE!

RE Holiday Decorations Party

Sunday, December 5
12:30–2:00 PM

A beloved tradition returns this holiday season!

Autumn Leaves Bedtime Stories!

**Wednesday, November 17, 7:00 PM**

*Live on Zoom HERE*

All are welcome to join Carson Jones, UUCSR Lifespan Religious Education Coordinator, for this interactive storytime as he reads three family-friendly stories celebrating Autumn Leaves:

- *Fletcher and the Falling Leaves*, by Julia Rawlinson, illustrated by Tiphanie Beeke
- *There Was an Old Lady Who Swallowed Some Leaves!*, by Lucille Colandro, illustrated by Jared D. Lee
- *The Very Last Leaf*, by Stef Wade, illustrated by Jennifer Davison

**Come celebrate the season!**
**Great Books–Great Books Foundation Science Fiction Omnibus**

Fridays, 12:00–1:30 pm  
Live on Zoom  
Come together for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. All are welcome.

Please contact Jessica Pond at jpond@uucsr.org to register. Please note that registration is not required.

November 12: *Bloodchild*, by Octavia Butler  
November 19: *Promises to Keep*, by Jack McDevitt  
November 26: Thanksgiving weekend, no discussion  
December 3: *Face Value*, by Karen Joy Fowler  
December 10: *Even the Queen*, by Connie Willis  
December 17: *Mortimer Grays History of Death* by Brian Stableford

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**Dramatic Readings**

Saturday, November 20, 6:00 PM  
Live on Zoom HERE  
Meeting ID: 953 4647 4715, Passcode: 396210  
Or call 1 646.558.8656  
Join in a monthly reading of new and classic plays! All are welcome.

The next Dramatic Readings is: *Rumors*, by Neil Simon  
“…When they gather to celebrate one of the couple's tenth wedding anniversary, four couples experience a severe attack of Farce.” “Has nothing on its mind except making the audience laugh.” New York Times

Please RSVP to Jessica Pond ([jpond@uucsr.org](mailto:jpond@uucsr.org)) if you would like a PDF of the play emailed to you, or a physical copy mailed.

**Great Books–Great Books Foundation Science Fiction Omnibus**

Fridays, 12:00–1:30 PM  
Live on Zoom  
Come together for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. All are welcome.

Please contact Jessica Pond at [jpond@uucsr.org](mailto:jpond@uucsr.org) to register. Please note that registration is not required.

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**Medical QiGong for Senior Health—Balance!**

Mondays, 9:00–10:00 AM  
Ashley Baldwin Zooms every Monday directly from Thailand. Register HERE or email [tqh.Ashley@gmail.com](mailto:tqh.Ashley@gmail.com)

Start your week by strengthening your balance and overall body confidence! You will learn simple, yet powerful motion and breathing exercises to improve physical balance and safe falling skills, optimize lung capacity, bolster immunity, and promote energy flow to the internal organs.

Exercises are taught standing, with equally effective guidance for those who prefer to sit. Questions? email Ashley at [tqh.Ashley@gmail.com](mailto:tqh.Ashley@gmail.com).

$50 for 5 classes, $12 per drop-in class

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**Yoga with Mike Mancini**

Tuesdays, 10:00 AM, Thursdays (not November 25), 9:30 AM, Saturdays, 11:00 AM  
Live on Zoom HERE  
Meeting ID: 574 999 9276, Password: 000815

The cost is $5 for UUCSR members and $7 for non-members. You may pay Mike through PayPal ([Paypal.me/yogamike](https://paypal.me/yogamike)), Venmo (Michael-Mancini-55), or mail him a check: Mike Mancini, 99-40 63rd Rd, Apt 14P, Rego Park NY 11314.

Questions? 516.459.6378 or [mike.yogamike.mancini@gmail.com](mailto:mike.yogamike.mancini@gmail.com)

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**Yoga for Joy and Balance with Beth**

Wednesdays (not November 26), 4:00–5:15 PM  
Join Zoom Meeting  
Or call 1 646 558 8656, Meeting ID: 947 7620 8714, Passcode: 220564

This class incorporates techniques of Kundalini Yoga, breath work, meditation, and energy modalities. No experience necessary.

Cost: $28 for 4 classes (use anytime) OR $8 drop-in

All proceeds will be donated to and checks should be addressed to:

P. O. Box 168, Glen Cove, NY 11542
Please indicate Yoga/Beth Fedirko in the memo.

Contact details for questions:  
Beth Fedirko, 516.297.1042 or [bffedirko@optonline.net](mailto:bffedirko@optonline.net)

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**Body Practices**

**Soulful Songs and Stories**

**#41: Pants on Fire: Can You or Kant You?**

Songs and stories about whether lying is a black and white issue, or if there are 50 shades of gray in between. Songs from, among others, Tom Paxton, Fleetwood Mac, and Patty Griffin. Stories from Gregory House, Immanuel Kant, Janis Joplin, and more.

You can get this PDF via email by registering with Jessica Pond ([jpond@uucsr.org](mailto:jpond@uucsr.org)). You can read previous PDFs at [www.j.mp/uucrssss](http://www.j.mp/uucrssss).

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November 10, 2021

Alice Giordano and Steve Marston
De-Mythologizing Thanksgiving

If the much-quoted phrase, “History is written by the victors” is true, what many of us learned in school may need a second and even a third look.

For example, many of us probably learned the following about the origins of our Thanksgiving celebration: “After some exploring, the Pilgrims chose the land around Plymouth Harbor for their settlement. Unfortunately, they had arrived in December and were not prepared for the New England winter. However, they were aided by friendly Indians who gave them food and showed them how to grow corn. When warm weather came, the colonists planted, fished, hunted, and prepared themselves for the next winter. After harvesting their first crop, they and their Indian friends celebrated the first Thanksgiving.” The American Tradition, Clarence B. Carson

While there are elements of truth in the above description, there’s another less well-known origin story: “In 1637, near present day Groton, Connecticut, over 700 men, women and children of the Pequot Tribe had gathered for their annual Green Corn Festival which is our Thanksgiving celebration. In the predawn hours, the sleeping Indians were surrounded by English and Dutch mercenaries who ordered them to come outside. Those who came out were shot or clubbed to death while the terrified women and children who huddled inside the longhouse were burned alive. The next day, the governor of the Massachusetts Bay Colony declared ‘A Day of Thanksgiving’ because 700 unarmed men, women, and children had been murdered.”

Of course, in both quotes, we have non-native writers offering the results of their research on the topic of Thanksgiving. We might rightly ask, “What other voices do we need to hear? What do Native Americans have to say about Thanksgiving?” The program offered on November 13 described in the adjacent column on this page asks these questions in a film produced by PBS.

The Myth of Thanksgiving: Native American Perspectives on Thanksgiving, is a one-hour film that features Linda Coombs, Aquinnah Wampanoag member and historian, and independent scholar Cassius Spears, a Knowledge Keeper and Narragansett Tribal Member. With moderator, Yvonne Russo, a filmmaker and member of the Sicangu Lakota Tribal Nation, they examine the experiences of Native populations at the time of the settlers’ arrival, what is actually known about the first Thanksgiving, and how native tribes see themselves in today’s construction of the United States.

After the film, WinterFlower Robinson, member of the Ramapough Lenape Indian Nation and UUCSR member, will share her perspective and dialogue with the participants. WinterFlower will also offer opening and closing words.
Veatch Grantees Continue the Work Towards a More Just and Joyful World

The results of last week’s elections were mixed—some tilted towards a regressive vision of our country, others validated the important work of Veatch grantees, who fight each day to build a more just world.

In Cleveland, a coalition led by Veatch grantee the Ohio Organizing Collaborative provided education and outreach for a campaign that resulted (with nearly 60 percent of the vote) in the creation of a civilian Community Police Commission to conduct investigations in cases of police misconduct and give final authority on discipline. Moreover, the mayoral race was won by Justin Bibbs, the only candidate committed to ensuring a strong implementation of the commission. I visited with our Ohio grantees on Election Day and will be following this important victory.

In Minneapolis, a proposal led by Veatch grantees ISAIAH and TakeAction MN to reimagine the police department as a Department of Public Safety was unsuccessful. Still, this policy received 44 percent of the vote. Even the measure’s opponents acknowledged the need to transform policing through a planned process that includes consultation with impacted communities—a victory in itself.

That people are embracing novel ideas is not an accident; Veatch grantees spoke with thousands of people in the lead-up to Election Day, using an organizing technique known as deep canvassing. As noted in this article featuring TakeAction MN, deep canvassing connects to people’s real-life challenges and hopes, and gains support for policy ideas that last a lifetime—not one election. I visited with TakeAction MN during this time, and learned first-hand about the impact our grantees are having.

Last week’s election results were heartening; it is good to know that Veatch grantees are making important long-term inroads, moving our country toward a UU vision of a more just world. Through its support of Veatch grantees, the congregation is moving this work forward—here and throughout the country.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

This year, Shelter Rock Sponsors Thanksgiving Turkey Collection for North Shore Soup Kitchen (NOSH) and AIDS Center of Queens County

Drive ends Sunday, November 21

$25 will provide a turkey dinner for a needy family

- Visit uucsr.org/donate
- Text “Donate” to 5162102528
- Bring your contribution to worship
- Mail check to UUCSR, attn Sue Kimler

Please make checks payable to UUCSR with “Thanksgiving Meal” on the memo line

We count our blessings and share our bounty with those who are in need

Social Justice Committee
Claire Deroche, Social Justice Coordinator

November 10, 2021
Virtual Thanksgiving

Thursday, November 25, 2021
1:00–3:00 PM

In the spirit of unity and fellowship, the Caring Committee invites members and their families to join in gratitude and celebration!

Join us via Zoom for a Thanksgiving celebration.
The blessing and meal will be at 1:30 PM with songs and socializing before and after. Feel free to feast with us or join for the celebration only.

Traditional, Vegetarian, and Vegan options Meal pick-up is available on

Wednesday, November 24, 11 AM–2 PM
in the UUCSR Main Parking Lot

Financial assistance available upon request

Adults $20 | Due in advance

Register by Thursday, November 18

Join Zoom Thanksgiving HERE (https://zoom.us/j/97674248529)
Meeting ID: 976 7424 8529 or dial +1 646 558 8656

Register Here
https://uucsr.formstack.com/forms/thanksgiving

Questions?
Contact Caring Coordinator Kimberly Rossiter (krossiter@uucsr.org or 516.472.2941)
Utility Green

On May 16, Ford Motor Company unveiled its new model F-150 pickup truck. The F-150 accounts for more than half of the company’s car sales. This model also dominates the utility truck market.

Prior to the unveiling, President Biden visited the Ford plant for a test drive. The new model F-150 accelerates from 0 to 60 miles per hour in less than 5 seconds. The utility of the old model was very much about its ability to haul loads of more than 10,000 pounds at highway speeds. The new F-150 can exceed that many times over. The reason the new truck can perform at this level: it’s electric!

It is one thing to have a small group of environmentally conscious persons driving an electric car. It is quite another to have the best pickup on the market be electric! In addition to the above, the new F-150 is equipped with electric outlets that can supply electricity to your home in case of a blackout. A typical home on Long Island uses about 20 to 30 kilowatt-hours of electricity a day. A car or truck battery with a storage capacity in excess of 100 kilowatt-hours might get a homeowner through the next Katrina. The truck will be made in the US, which President Biden noted, would be good for the economy, as well as the climate.

We became accustomed to gasoline and diesel engines, not because they were efficient, but rather because petroleum was cheap and abundant. Electric cars (EVs) use motors, not combustion engines, to propel the vehicle. The alternating current magnetic induction motor is the invention of Nicholai Tesla. Yes, this is where the car name comes from. The motor is efficient, compact, and reliable. The technological challenge in making EVs is the storage battery. The problem is to minimize battery size and weight per kilowatt-hour of stored energy. Of course, manufacturing cost is also important. Based on current limits, a tractor-trailer that could go half way across the country on a single charge would require using much of the trailer to store the battery. However, an electric pickup truck with a 200- to 300-mile range works just fine.

There was a recent hoax that Volkswagen may change its name to “Voltswagen,” as it transitions to all electric vehicles. US companies need not make a name change. Indeed, Ford Motor Company and General Motors will now truly become “motor” companies.

Jim Peters, for the Green Sanctuary Committee
Reactions to SB 8 Texas Law and What UUs Can Do About It

Instead of throwing one's arms in the air in exasperation, there are some other reactions worth noting. NYS Governor and organizations like the American Civil Liberties Union, Planned Parenthood, and the UU Standing on the Side of Love Initiative have pursued more effective and more satisfying responses.

Like the story of Prometheus, whose liver was eaten every day by an eagle while he was chained to a rock, women have to wonder what they are being punished for. In another of so very many attacks on women’s reproductive health, the Texas law, SB 8, eliminates the right to an abortion after 6 weeks of pregnancy, a time when most most women don't know they are pregnant. Another bite at the liver. The law allows any private individual to sue providers who perform a prohibited abortion or someone who “aids and abets” another person to obtain one. Those who sue can receive “at least $10,000” plus attorney fees. Another bite at the liver. While suppressing sex education and promising to eliminate rape, Texas is forcing women victims of rape to be pregnant. One wonders how any liver may be left at all.

The ACLU called this new law the greatest threat in a generation. In its lawsuit challenging its constitutionality, the ACLU noted that it disproportionately burdens Texans of color, who face high rates of maternal mortality, people with the fewest resources, young people, and people who live in rural areas.

Governor Kathy Hochul assures us that although other states are lining up to pass similar laws, what’s happening in Texas won’t happen here in New York. “Abortion access is safe in New York—the rights of those who are seeking abortion services will always be protected here,” she said. “To the women of Texas, I want to say I am with you. Lady Liberty is here to welcome you with open arms.”

“Side with Love,” a UU initiative, and Rev. Ashley Horan, UUA Organizing Strategy Director, shared this UU Reproductive Justice Statement of Conscience: “As Unitarian Universalists, we embrace the reproductive justice framework, which espouses the human right to have children, not to have children, to parent the children one has in healthy environments and to safeguard bodily autonomy and to express one’s sexuality freely.” Further, she stated, “Rooted in these values, we unequivocally declare that SB 8, and any law that attempts to criminalize reproductive freedom—including abortion care—is morally wrong.”

You can take action:
- Donate to organizations providing direct support and fighting against laws that violate a woman’s reproductive rights, such as Sistersong, the collective of Texas abortion funds, Buckle Bunnies, or SACReD-Spiritual Alliance of Communities for Reproductive Dignity.
- Join people of faith around the country to learn and strategize. Attend the SACReD Gathering: Faith Communities Reclaiming Reproductive Dignity and Autonomy, January 25-26, 2022.
When We Used to Travel

Janet Swinburne’s family found its religious home at UUSCR. Three sons attended RE school and both parents taught for a few years. John Swinburne taught World Religions and took his students to many ethnic restaurants for a direct intercultural experience of different cultures. He passed away in 2000. In 2017, Janet felt that the world was still experiencing anti-Muslim sentiment and fear due to the events of 9/11. She decided to go to Morocco with a group, thinking that the nature of a group trip would make it comfortable. That decision turned out to be a life-altering one. In the video shared on the Art Committee webpage, Janet shared some of what she experienced in Morocco. The takeaways are many and continue to have impact on her views today.

Janet put into context her frame of mind when visiting Morocco. She wrote, “John and I were antiwar activists in the ‘60s. We were both in the medical field. He was a physician and I was an RN. We were, therefore, sensitized to the horror of war and its destructiveness. Anger and violent retribution and its residual demonizing was very difficult to accept even after 9/11, even though John never lived to see it.

“When I visited Morocco, I discovered the respectful, gentle and gracious, social interaction among people and the Muslim religion, which I knew very little about. Muslims are devoted and practice their religion several times a day during call to prayer. Without a better understanding of the meaning of a culture and history which people are bound to, we will not be able to gain from their experience and learn perhaps, better ways to solve our problems and work collaboratively.”

Janet has a personal view that all of life is art as man and woman express themselves in their own unique way within the context of their culture. The photography in Janet’s video provides the viewer with an exposure to the architecture, dress, and customs of Morocco. The Moroccan aesthetic is based more on mosaics and patterns rather than the human figure, and sets it apart from the western world. As the video presents, “their aesthetic appears and patterns rather than the human figure, and sets it apart from the western world. The music was an effective boost in creating and supporting the underlying mystery of their modesty, complex history, and unique geology.”

“I witnessed an integrated society uniquely tied to its history and agricultural roots. Morocco has a special relationship to the Western world, but has not been swept up into the norms and values of it. There is a pride and beauty in their simplicity and a satisfaction with their way of life which relies on religion and a common bonding among its people.”

Thank you to Art Committee Member Janet Swinburne for sharing a personal view that may enlarge your view of our African neighbors and friends. Visit uucsr.org/Janet for a seven-minute tour of Morocco 2017.

Reflections of a New Resident

Studies show that, for a long life, a healthy diet, exercise, and a social network are vital. We need to communicate with others and be stimulated by their presence, and to bond. Unfortunately, when I moved to Hadley House a year ago, the common areas were under lockdown, masks were worn, and only one person at a time was to occupy the elevator. Social life suffered, and I missed it.

Now that most of us are vaccinated, life is less restricted and more fulfilling. Aida Nema, celebrating her eightieth birthday, invited us all to a power point presentation of her life’s journey, where we enjoyed wine, soft drinks, and goodies, as well as her fascinating story. I’ve heard it said that everyone has a story, but she has had many. We observed Halloween with costumes, food, and fun. I am finding pleasure in the warmth of fellow Unitarian Universalists here at Hadley House, with their engaging activities amidst the charming setting of Port Washington.

My apartment overlooks Main Street. In the distance is picturesque Manhasset Bay. For me, it is “The Harbor” because it is swarming with boats, most stationary, but occasionally one glides slowly across the surface of the water and gradually out of sight. From my living room sliding doors, I watch the early morning scene as my day takes shape. On a bright sunny day, the far away boats are chalk white against an indigo blue water. As the weather changes, the water may be a lighter blue, or if a storm threatens, the waves can be gray and agitated. However, it is the magnificent evening sunsets that awe me with their range of colors from shades of pink to vibrant reds perhaps punctuated with an orange hue or a golden glow. I think of the adage that some believe will forecast the next day’s weather and wonder if it is true. “Red skies at night, sailor’s delight. Red sky at morn, sailors be warned.”

When the call came that there was a place for me at Hadley House, after some hesitation, I accepted. I am thankful to be living here and among friends.

Lois Wolfson

Hadley House Quest Committee
Nancy Jacobson, Jerry Jalazo, Barbara Singer, Teddy Sklover, Lilyan Strassman, Lois Wolfson
<table>
<thead>
<tr>
<th><strong>WEDNESDAY, NOVEMBER 10, 2021</strong></th>
<th><strong>TUESDAY, NOVEMBER 16, 2021</strong></th>
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<tbody>
<tr>
<td>4:00 PM, Yoga for Joy and Balance with Beth</td>
<td>10:00 AM, Yoga on Zoom with Mike Mancini</td>
</tr>
<tr>
<td>4:00 PM, Women’s Group Online Board Meeting</td>
<td>10:00 AM, CSA–Community Supported Agriculture Program, Offsite</td>
</tr>
<tr>
<td>6:00 PM, Ukulele Group Practice</td>
<td>7:00 PM, Living With Cancer</td>
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<tr>
<th><strong>THURSDAY, NOVEMBER 11, 2021</strong></th>
<th><strong>WEDNESDAY, NOVEMBER 17, 2021</strong></th>
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<tbody>
<tr>
<td>9:30 AM, Yoga on Zoom with Mike Mancini</td>
<td>9:15 AM, Wednesday INN Cooking (By Registration Only), Main Kitchen</td>
</tr>
<tr>
<td>10:00 AM, Living Solo</td>
<td>11:00 AM, Crafting for Sanity and Community Online Get-Together</td>
</tr>
<tr>
<td>4:00 PM, Working Groups Task Force Meeting</td>
<td>12:30 PM, Bridge Game Play, Veatch Ballroom</td>
</tr>
<tr>
<td>4:00 PM, Worship Pod (Online)</td>
<td>12:30 PM, Online Women Talk Daytime Meeting</td>
</tr>
<tr>
<td>7:00 PM, Unitarian Universalist History and Theology 201</td>
<td>2:00 PM, Wednesday Conversations</td>
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<tr>
<th><strong>FRIDAY, NOVEMBER 12, 2021</strong></th>
<th><strong>THURSDAY, NOVEMBER 18, 2021</strong></th>
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<tbody>
<tr>
<td>12:00 PM, Great Books Discussion</td>
<td>9:30 AM, Yoga on Zoom with Mike Mancini</td>
</tr>
<tr>
<td>6:30 PM, LGBTQ+ Online Gathering</td>
<td>10:00 AM, Living Solo</td>
</tr>
<tr>
<td>8:00 PM, Soulful Sundown</td>
<td>4:30 PM, Futures Ad Hoc Committee Meeting</td>
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<tr>
<th><strong>SATURDAY, NOVEMBER 13, 2021</strong></th>
<th><strong>SATURDAY, NOVEMBER 19, 2021</strong></th>
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</thead>
<tbody>
<tr>
<td>10:00 AM, Caring Committee Meeting</td>
<td>12:00 PM, Great Books Discussion</td>
</tr>
<tr>
<td>11:00 AM, Yoga on Zoom with Mike Mancini</td>
<td>3:30 PM, WG Virtual Book Series Discussion</td>
</tr>
<tr>
<td>1:30 PM, The Myth of Thanksgiving: Native Americans Perspectives on Thanksgiving</td>
<td>6:30 PM, LGBTQ+ Online Gathering</td>
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<tr>
<th><strong>SUNDAY, NOVEMBER 14, 2021</strong></th>
<th><strong>SATURDAY, NOVEMBER 20, 2021</strong></th>
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</thead>
<tbody>
<tr>
<td>9:00 AM, Jazz Ensemble Rehearsal, Veatch Ballroom</td>
<td>10:00 AM–12:00 PM, Volunteer Opportunity at the Roosevelt Community Garden, 59 East Fulton Ave, Roosevelt, NY.</td>
</tr>
<tr>
<td>9:30 AM, Small Group Ministry–2nd Sunday of the Month</td>
<td>11:00 AM, Yoga on Zoom with Mike Mancini</td>
</tr>
<tr>
<td>9:30 AM, Choir Rehearsal, Art Gallery</td>
<td>1:30 PM, CURED: Film screening followed by discussion</td>
</tr>
<tr>
<td>10:00 AM, SJC Holiday Food Drive, Main Lobby</td>
<td>6:00 PM, Dramatic Readings</td>
</tr>
<tr>
<td>10:15 AM, Young People’s Choir Rehearsal, Veatch Patio and Ballroom</td>
<td><strong>SUNDAY, NOVEMBER 21, 2021</strong></td>
</tr>
<tr>
<td>10:40 AM, RE Volunteer Centering Circle, Chapel</td>
<td>9:00 AM, Jazz Ensemble Rehearsal, Veatch Ballroom</td>
</tr>
<tr>
<td>11:00 AM, AM, Sunday Service: A Like-Hearted People, led by Rev. Jaye Brooks, Worship Room</td>
<td>9:30 AM, Childcare, RE Rooms 1 and 2</td>
</tr>
<tr>
<td>11:00 AM, SJC Holiday Food Drive, Main Lobby</td>
<td>9:30 AM, Choir Rehearsal, Art Gallery</td>
</tr>
<tr>
<td>11:00 AM, Religious Education (RE) Classes, RE Wing</td>
<td>10:15 AM, Young People’s Choir Rehearsal, Veatch Patio and Ballroom</td>
</tr>
<tr>
<td>11:05 AM, Children’s Worship, Veatch Patio and Ballroom</td>
<td>10:40 AM, The Welcome Space</td>
</tr>
<tr>
<td>11:45 AM, Coffee Hour</td>
<td>11:00 AM, Sunday Worship Service: Not By Bread Alone, led by the Shelter Rock Ministry Team, Worship Room</td>
</tr>
<tr>
<td>12:00 PM, Worship Pod (In Person), Office Conference Room</td>
<td>11:00 AM, SJC Holiday Food Drive, Main Lobby</td>
</tr>
<tr>
<td>12:45 PM, Inquirers Session 6: Pastoral Care and Small Group Ministry, Chapel and Online</td>
<td>11:05 AM, Yoga for Joy and Balance with Beth</td>
</tr>
<tr>
<td>1:00 PM, Our Whole Lives for K-1 Class, RE Room 7</td>
<td>6:30 PM, Together to End Solitary Confinement Virtual Program</td>
</tr>
<tr>
<td>4:00 PM, Transition Team Meeting</td>
<td>7:00 PM, Small Group Ministry–4th Tuesday of the Month</td>
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<tr>
<th><strong>MONDAY, NOVEMBER 15, 2021</strong></th>
<th><strong>MONDAY, NOVEMBER 22, 2021</strong></th>
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<tbody>
<tr>
<td>9:00 AM, Medical Qigong for Senior Health – Balance!</td>
<td>9:00 AM, Medical Qigong for Senior Health – Balance!</td>
</tr>
<tr>
<td>5:45 PM, Membership Committee Monthly Meeting</td>
<td>5:00 PM, Soulful Salutations–Restorative Yoga &amp; Yoga Nidra enhanced by Live Music</td>
</tr>
<tr>
<td>6:30 PM, Dining Solo Together!</td>
<td><strong>TUESDAY, NOVEMBER 23, 2021</strong></td>
</tr>
<tr>
<td>7:00 PM, Social Justice Online Committee Meeting</td>
<td>9:30 AM, Early Winter CSA–Community Supported Agriculture Program, LL Lobby</td>
</tr>
<tr>
<td>7:00 PM, Strategic Plan Task Force Meeting</td>
<td>10:00 AM, Yoga on Zoom with Mike Mancini</td>
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<tr>
<th><strong>TUESDAY, NOVEMBER 23, 2021</strong></th>
<th><strong>WEDNESDAY, NOVEMBER 24, 2021</strong></th>
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</thead>
<tbody>
<tr>
<td>9:30 AM, Early Winter CSA–Community Supported Agriculture Program, LL Lobby</td>
<td>11:00 AM, Crafting for Sanity and Community Online Get-Together</td>
</tr>
<tr>
<td>10:00 AM, Yoga on Zoom with Mike Mancini</td>
<td>11:00 AM–2:00 PM, Thanksgiving Meal Pick-Up, Main Parking Lot</td>
</tr>
<tr>
<td>6:30 PM, Together to End Solitary Confinement Virtual Program</td>
<td>12:30 PM, Bridge Game Play, Veatch Ballroom</td>
</tr>
<tr>
<td>7:00 PM, Small Group Ministry–4th Tuesday of the Month</td>
<td>2:00 PM, Wednesday Conversations</td>
</tr>
<tr>
<td>7:00 PM, Care for the Caregiver</td>
<td>6:00 PM, Ukulele Group Practice</td>
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<tr>
<th><strong>WEDNESDAY, NOVEMBER 24, 2021</strong></th>
<th><strong>THURSDAY, NOVEMBER 25, 2021</strong></th>
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<tbody>
<tr>
<td>11:00 AM, Crafting for Sanity and Community Online Get-Together</td>
<td>11:00 AM, Yoga on Zoom with Mike Mancini</td>
</tr>
<tr>
<td>11:00 AM–2:00 PM, Thanksgiving Meal Pick-Up, Main Parking Lot</td>
<td>10:00 AM, Living Solo</td>
</tr>
<tr>
<td>12:30 PM, Bridge Game Play, Veatch Ballroom</td>
<td>1:00 PM, UUCSR Online Thanksgiving</td>
</tr>
<tr>
<td>2:00 PM, Wednesday Conversations</td>
<td><strong>FRIDAY, NOVEMBER 26, 2021</strong></td>
</tr>
<tr>
<td>6:00 PM, Ukulele Group Practice</td>
<td>8:00 AM, BUILDING CLOSED-Thanksgiving Day Holiday</td>
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<tr>
<th><strong>THURSDAY, NOVEMBER 25, 2021</strong></th>
<th><strong>FRIDAY, NOVEMBER 26, 2021</strong></th>
</tr>
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<tbody>
<tr>
<td>8:00 AM, BUILDING CLOSED-Thanksgiving Day Holiday</td>
<td>8:00 AM, BUILDING CLOSED-Thanksgiving Friday Holiday</td>
</tr>
<tr>
<td>10:00 AM, Living Solo</td>
<td>6:30 PM, LGBTQ+ Online Gathering</td>
</tr>
<tr>
<td>1:00 PM, UUCSR Online Thanksgiving</td>
<td><strong>SATURDAY, NOVEMBER 27, 2021</strong></td>
</tr>
<tr>
<td><strong>SATURDAY, NOVEMBER 27, 2021</strong></td>
<td><strong>SUNDAY, NOVEMBER 28, 2021</strong></td>
</tr>
<tr>
<td>11:00 AM, Yoga on Zoom with Mike Mancini</td>
<td>9:00 AM, Jazz Ensemble Rehearsal, Veatch Ballroom</td>
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<tr>
<th><strong>SUNDAY, NOVEMBER 28, 2021</strong></th>
<th><strong>SUNDAY, NOVEMBER 29, 2021</strong></th>
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<tbody>
<tr>
<td>9:30 AM, Choir Rehearsal, Art Gallery</td>
<td>9:00 AM, Medical Qigong for Senior Health – Balance!</td>
</tr>
<tr>
<td>10:40 AM, The Welcome Space</td>
<td>6:30 PM, Dining Solo Together!</td>
</tr>
<tr>
<td>11:00 AM, Sunday Worship Service: (Un) Tethered to History: Poetry, Art &amp; Teresa of Avila, led by Guest Worship Leader Cassandra Montenegro</td>
<td><strong>TUESDAY, NOVEMBER 30, 2021</strong></td>
</tr>
<tr>
<td>11:45 AM, Coffee Hour</td>
<td><strong>FRIDAY, NOVEMBER 30, 2021</strong></td>
</tr>
<tr>
<td>1:00 PM, Men’s Group Hybrid Committee Meeting, Veatch Conference Room and Zoom</td>
<td>9:00 AM, Jazz Ensemble Rehearsal, Veatch Ballroom</td>
</tr>
<tr>
<td>11:00 AM, Yoga on Zoom with Mike Mancini</td>
<td>9:30 AM, Choir Rehearsal, Art Gallery</td>
</tr>
<tr>
<td>10:15 AM, Young People’s Choir Rehearsal, Veatch Patio and Ballroom</td>
<td>10:40 AM, The Welcome Space</td>
</tr>
<tr>
<td>10:40 PM, The Welcome Space</td>
<td>11:00 AM, Sunday Worship Service: (Un) Tethered to History: Poetry, Art &amp; Teresa of Avila, led by Guest Worship Leader Cassandra Montenegro</td>
</tr>
<tr>
<td>11:45 AM, Coffee Hour</td>
<td>11:45 AM, Coffee Hour</td>
</tr>
<tr>
<td>1:00 PM, Men’s Group Hybrid Committee Meeting, Veatch Conference Room and Zoom</td>
<td>1:00 PM, Men’s Group Hybrid Committee Meeting, Veatch Conference Room and Zoom</td>
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**Event Announcements**

**ALL PROGRAMS ARE ONLINE UNLESS NOTED OTHERWISE.**

*Please see UUCSR.org/calendar for additional details. See LIACUU.org for other area congregations.*
7:00 PM, Agenda Planning Meeting, Veatch Library
7:30 PM, President’s Operations Taskforce Meeting, Veatch Library

WEDNESDAY, DECEMBER 1, 2021
11:00 AM, Crafting for Sanity and Community Online Get-Together
12:30 PM, Online Women Talk Daytime Meeting
12:30 PM, Bridge Game Play, Veatch Ballroom
2:00 PM, Wednesday Conversations
3:00 PM, SJC Racial Justice Online Subcommittee Meeting
4:00 PM, Yoga for Joy and Balance with Beth
5:00 PM, Endowment Committee Meeting
7:00 PM, Publicity and Promotions Committee Meeting
7:00 PM, Personnel Committee Meeting

THURSDAY, DECEMBER 2, 2021
9:00 AM, Thursday INN Cooking, Main Kitchen
9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo

FRIDAY, DECEMBER 3, 2021
12:00 PM, Great Books Discussion
6:30 PM, CURED Open Discussion–LGBTQ+ Gathering
7:00 PM, Online Holiday Dessert Baking with Amy & Verna Livingstone

SATURDAY, DECEMBER 4, 2021
11:00 AM, Yoga on Zoom with Mike Mancini
1:30 PM, Write4Rights Online Program

SUNDAY, DECEMBER 5, 2021
9:00 AM, Jazz Ensemble Rehearsal, Veatch Ballroom
9:30 AM, Choir Rehearsal, Art Gallery
10:15 AM, Young People’s Choir Rehearsal, Veatch Patio and Ballroom
10:40 AM, RE Volunteer Centering Circle, Chapel
10:40 AM, The Welcome Space
11:00 AM, Religious Education (RE) Classes, RE Wing
11:00 AM, Sunday Worship: Visions of Sugarplums, led by Rev. Dr. Natalie Fenimore, Worship Room
11:05 AM, Children’s Worship, Veatch Patio and Ballroom
11:45 AM, Coffee Hour, VM Room 1
12:30 PM, RE Holiday Decorations Party, Social Hall
12:00 PM, Inquirers Session 7: Membership at Shelter Rock, Onsite and Online
11:15 PM, Small Group Ministry—1st Sunday of the Month, VM Room 1
2:00 PM, Our Whole Lives for K-1 Class, RE Room 7
4:00 PM, Transition Team Meeting

MONDAY, DECEMBER 6, 2021
9:00 AM, Medical Qigong for Senior Health – Balance!
6:30 PM, Dining Solo Together!

TUESDAY, DECEMBER 7, 2021
9:30 AM, Early Winter CSA–Community Supported Agriculture Program, LL Lobby
10:00 AM, Yoga on Zoom with Mike Mancini
4:00 PM, VBOG December Policy Meeting, Art Gallery
7:00 PM, Small Group Ministry—1st and 3rd Tuesday of the Month
7:30 PM, DAC Meeting

WEDNESDAY, DECEMBER 8, 2021
11:00 AM, Crafting for Sanity and Community Online Get-Together
12:30 PM, Bridge Game Play, Veatch Ballroom
2:00 PM, Wednesday Conversations
4:00 PM, Yoga for Joy and Balance with Beth
4:00 PM, Women’s Group Online Board Meeting
6:00 PM, Ukulele Group Practice
7:00 PM, Social Justice Virtual Committee Meeting

THURSDAY, DECEMBER 9, 2021
9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo

FRIDAY, DECEMBER 10, 2021
12:00 PM, Great Books Discussion
6:30 PM, LGBTQ+ Online Gathering
8:00 PM, Soulful Sundown

SATURDAY, DECEMBER 11, 2021
10:00 AM, Caring Committee Meeting
11:00 AM, Yoga on Zoom with Mike Mancini

SUNDAY, DECEMBER 12, 2021
9:30 AM, Small Group Ministry—2nd Sunday of the Month
9:30 AM, Choir Rehearsal, Art Gallery
10:00 AM, New Member Ceremony, Social Hall
10:15 AM, Young People’s Choir Rehearsal, Veatch Patio and Ballroom
10:40 AM, RE Volunteer Centering Circle, Chapel
10:40 AM, The Welcome Space
11:00 AM, Religious Education (RE) Classes, RE Wing
11:00 AM, Sunday Worship: Visions of Sugarplums, led by Rev. Dr. Natalie Fenimore, Worship Room
11:45 AM, Coffee Hour, VM Room 1
12:30 PM, Online Women Talk Daytime Meeting
12:30 PM, Bridge Game Play, Veatch Ballroom
2:00 PM, Wednesday Conversations
4:00 PM, Yoga for Joy and Balance with Beth
7:00 PM, Green Sanctuary Online Committee Meeting

MONDAY, DECEMBER 13, 2021
9:00 AM, Medical Qigong for Senior Health – Balance!
6:30 PM, Dining Solo Together!

TUESDAY, DECEMBER 14, 2021
9:30 AM, Early Winter CSA–Community Supported Agriculture Program, LL Lobby
10:00 AM, Yoga on Zoom with Mike Mancini
3:00 PM, Art Committee Meeting
7:00 PM, Board of Trustees Meeting, Veatch Ballroom and Zoom
7:00 PM, Reflections on Advent: A Season of Waiting

WEDNESDAY, DECEMBER 15, 2021
9:15 AM, Wednesday INN Cooking (By Registration Only), Main Kitchen
11:00 AM, Crafting for Sanity and Community Online Get-Together
12:30 PM, Online Women Talk Daytime Meeting
12:30 PM, Bridge Game Play, Veatch Ballroom
2:00 PM, Wednesday Conversations
4:00 PM, Yoga for Joy and Balance with Beth
7:00 PM, Green Sanctuary Online Committee Meeting

The Quest is published twice a month, except once each in July and August. Copies are available in the UUCSR Lower Lobby, https://uucsr.org/on-demand/quest-newsletter, and via email. Sign up for email at https://uucsr.org/on-demand. The Quest Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other. The Quest is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, Maxine Dangler, Steve Marston, and Jessica K. Vega. Submissions: communications@uucsr.org Quest Guidelines: http://j.mp/quest-gl
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Minister for Pastoral Care
Rev. Jennifer L. Brower [jbrower@uucsr.org]

Lead Minister and Minister of Lifespan Religious Education
Rev. Dr. Natalie M. Fenimore [nfenimore@uucsr.org]

Congregation Operations Administrator
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Veatch Executive Director
Joan Minieri [joan@veatch.org]

Music Director
Stephen Michael Smith [ssmith@uucsr.org]

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Carson Jones [cjdones@uucsr.org]

Social Justice Coordinator
Claire Deroche [cderoche@uucsr.org]

Membership Coordinator
Abigail Highland [ahighland@uucsr.org]

Officers of the Congregation
President: Jana North
Vice President: Chris Hilke
Secretary: Toni Logue
Treasurer: Brian Muellers

Members of the Board of Trustees
Terry Bain
Claudia Barbey
Iliza Bartels
Robin Finnan-Jones
Brigitte Mueller
Marsha Stone
Jane Weiler
Maryann Zappulla

Enjoy Shelter Rock’s Grounds and Trails
Mon, Tues, Wed       9:30 AM–4:00 PM
Sundays              9:30 AM–3:30 PM

There is no access to buildings or grounds on
Thursdays, Fridays, or Saturdays.

Please watch for updates to covid protocols.
Email communications@uucsr.org,
Visit uucsr.org, or call 516.627.6560.