



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

*We aspire to be a loving, religious community where we can grow spiritually
and build a more just and joyful world. —UUCSR Vision Statement*

MONTHLY THEME: *Cultivating Relationships*

[See the
Calendar
Here](#)

October 27, 2021

SUNDAY, OCTOBER 31, 2021, 11:00 AM
The Rev. Jaye Brooks

Stronger, Kinder, Braver, Wiser Halloween Sunday! How can we open up to different ways of imagining ourselves? Wear a costume that helps express the direction your personal and spiritual growth might take. Would you like to be stronger, kinder, braver, wiser? How might that look? We will explore ways to cultivate friendships and invite experiences that empower us to learn and grow. *

SUNDAY, NOVEMBER 7, 2021, 11:00 AM
Rev. Jaye Brooks

Their Native Land In 1993, the Unitarian Universalist General Assembly passed a resolution on Justice for Indigenous Peoples, resolving to address the problems and issues faced by Native Peoples, to support local indigenous peoples' political actions, and to learn about the richness of their culture and spirituality. Long Island is the ancestral home of 13 Indigenous Peoples. The hamlet of Manhasset, where this congregation is located is named for the Manhasset. The Shinnecock Tribal Nation is a federally recognized tribe on the east end of Long Island. What do we know of the presence of Native Peoples on Long Island? And how might we be in relationship with the community that first knew this land as their home? *

Upcoming Worship Services continue on page 2

In light of the Nassau County COVID transmission rate declining from "high" to "substantial," plans are to hold Services onsite in the Worship Room, as well as online, beginning Sunday, November 7, 2021.

If we return to "high" transmission status, we will worship onsite in the outdoor tent, if weather permits (as well as online), or online only (streamed from the Worship Room), if the weather is inhospitable. For all worship settings, masking, distancing, and proof of vaccination procedures will continue. Free professional childcare is always available.

* UUCSR's fall Worship Services are onsite under a tent on the Lobby Lawn AND live-streamed on uucsr.org/ivorship, Facebook, and YouTube; available thereafter on the same platforms and as podcasts (www.uucsr.org/podcast); also aired on NSTV. Closed captioning available following live-streamed broadcasts. For assistance, please contact Jen Sappell (jsappell@uucsr.org).

TOUCHSTONES
Rev. Dr. Natalie M. Fenimore



As we sit in the outdoor Worship Tent, everyone is closer to the changing season. It is getting cooler and just about everything gets blown over by the wind. The geese have already left the pond. Soon the autumn color will come and afterward the leaves will fall from the trees. The starker landscape of winter is not so far away. We bundle up in our sweaters and coats. Our thoughts turn inward.

In many spiritual traditions, this change of season reminds us of the changing seasons of our lives. Autumn and Winter have long been considered liminal times. A season when darkness, and lack of plenty, may trigger ancient fears and anxieties. To gain knowledge, support, and comfort during this time, people have historically sought strength through connections to ancestors. Many cultures have ceremonies which acknowledge our connection to our ancestors. The Hindu festival of Pitru Paksha seeks to keep the souls of ancestors at rest. In Japan, O-Bon honors ancestors. In the Philippines, Araw ng mga Patay and in Haiti, Baron Samedi honor the spirits of the dead.

In this season, we may celebrate Halloween, All Hallows Eve, which originated with the ancient Celts. They believed that this time marked a thin boundary between the living and the dead—with the spirits of the ancestors close. Halloween became the evening before the Christian holy days of All Saints and All Souls. We also may celebrate the Day of the Dead, Dia de los Muertos, which is a celebration of Mexican origin, where the image of the human skeleton is present to remind us of life's ending and of the ancient Aztec view that death is an ever-present part of life.

In these celebrations, humor and horror are used to wrestle with our fears of the unknown—and to remember that our connections, our love, has power beyond death. We are asked to contemplate both our mortality and our interconnectedness. How do we see our lives as both finite and everlasting? How are our lives connected to those who have died? How do our ancestors continue to be connected to us?

continued on page 2

UPCOMING WORSHIP SERVICES

continued from page 1

FRIDAY, NOVEMBER 12, 2021, 8:00 PM

Rev. Jennifer Brower



Soulful Sundown (online only)

Features spoken word by the Rev. Jennifer Brower and music by The Cosmic Orchestra: "Where music lies at the heart of the religious experience." [Join here.](#) *

SUNDAY, NOVEMBER 14, 2021, 11:00 AM

Rev. Jaye Brooks

A Like-Hearted People Unitarian Universalism, with its nearly 2,000-year history, is rooted in a few key ideas. Our forbears were united in rejection of any one way of thinking; they were united in agreement on love. From the second-century philosopher Origen, who said that "God loves everyone," to 16th-century Ferenc David, who said "We don't have to think alike to love alike," to 21st-century Thandeka, who urges, "Hear your commission to love, to create community, and to heal," our great-hearted teachers have led with love. This is the history we hold today. (For additional historical information, please see page 4.) *

SUNDAY, NOVEMBER 21, 2021, 11:00 AM

Shelter Rock Ministry Team

Not By Bread Alone Of course, Thanksgiving features food, but it is not really just the food which nourishes us. We gather for community, companionship, fellowship, friends, family, tradition, and love. And in another year of pandemic, we so dearly appreciate the wonderful feeling of being with company. Join our annual Bread Ceremony in celebration of Thanksgiving.

Bring a bread from your tradition, family, or culture. We will share stories of the bread's meaning for you. And after the Service, the bread will be shared by all. There will be gluten-free bread available. *

MEMBERSHIP COORDINATOR

Abigail Highland

Sundays • 10:40–11:00 AM

Whether you are a newcomer, or a longtime Shelter Rock member, you are welcome in The Welcome Space! For 20 minutes prior to the service, say "Hi" to members of the Membership Committee.

Bring your coffee and your curiosity! We look forward to saying, "Good Morning." [Join Zoom Welcome Space HERE](#)



TOUCHSTONES

continued from page 1

Our own community has had a time of sitting with mortality. There have been a number of Memorial Services in quick succession, largely due to the need to have services for those who died over the time of deep pandemic lockdown. These services have given an opportunity for grief to be shared and expressed in community, for the bereaved to be comforted—for stories to be told, loving memories shared, songs sung, and lives deeply celebrated. Being together through all the seasons and cycles of life is one of the reasons that this community of memory and hope exists. I felt a real and palpable sense of love and purpose surrounding these services.

And during this time, there were also children born and child dedication ceremonies, weddings, graduations, anniversaries, and all the joyous celebrations of living... Life in its fullness is present with us. We are asked to hold all this—and to know that being in community, being together is part of affirming the power of love.

I offer this reflection by Stephen Shick:

For all the saints whose perfections and imperfections have shaped my life, I give thanks. Some have traveled with me a long time and witnessed the best and worst I have offered the world. Others have been with me only briefly. Among these traveling companions are those who have died, but have not vanished. Sometimes they arrive unexpectedly in the middle of my busy days and ask what I'm doing and why. In quiet moments they come to rest in the innermost part of my soul, telling me I am not alone. Sometimes they arrive as ghosts of my unfinished business. Floating freely through closed doors, they unlock my certainties to remind me of what I did or failed to do for others. My saints don't perform miracles with bags of magic tricks. Rather, they are transformers who change my life.

PRESIDENT OF THE CONGREGATION

Jana North



Message from the President

It has been great seeing so many of you under the tent and in the invigorating breeze of the upper meadow at Shelter Rock. The good news is that NY Forward has announced that the most recent COVID positivity rate for Nassau County has recently dropped from 2.7 percent to 2.1 percent. The bad news is that the rate can rise very quickly in a very short period of time.

But we are cautiously optimistic that if the current downward trend continues, we can move Sunday Service into the warmth of the Worship Room in November. We will continue to stay masked indoors and check vaccination status every Sunday, and have a checkin table to enable contact tracing if a COVID case occurs. I encourage any member who tests positive to let us know so that we can advise any other members who might have been in close vicinity to get tested as well. We are all susceptible even after vaccinations and there needs to be no stigma attached to anyone who contracts COVID.

In addition to overseeing our reopening, the Board of Trustees has begun work in many other areas within the congregation. An 8th Principle Task Force has been recently organized to address racism in all aspects of congregational life at Shelter Rock. The Strategic Plan Task Force has begun collecting information necessary to put together a 5-year plan for the congregation to move toward increased Spirituality in a more Beloved Community, where members can engage in meaningful Service. The Veatch Structure Engagement Group is in deep discussions around the best function and structure for the Veatch Program. The Crisis Grants Task Force is determining the best process for the congregation to respond to immediate crisis needs in our community and world. The Futures Committee meets regularly to discuss ways in which Shelter Rock will need to change and adapt to our virtual and multi-platform future.

At the most recent Board of Trustees meeting, we began the important conversation around an upcoming search for an Interim Minister of Congregational Care. Because of Rev. Jennifer Brower's announcement that she will retire in June 2022, the Board has begun the process of determining the job description for the 2- or possibly 3-year Interim Assistant Minister and forming a Search Committee made up of two BOT members and five members from the congregation at-large who will recommend a candidate to the Board of Trustees to start by next July.

If we are successful in finding additional facilities staff in the next month, the Reopening Task Force hopes to announce an increase in the hours when the building and property can be open for use by the congregation. The staff misses the members and the members miss the staff and I look forward to the time when the building is buzzing with activity and is again filled with song.

CONGREGATIONAL AFFAIRS

Jana North, President of the Congregation



Notice of Congregational Meeting Sunday, November 7, 2021, | 1:00 PM via Zoom

Please register in advance for this webinar [HERE](#).

After registering, you will receive a confirmation email containing information about joining the webinar. Meeting materials will be distributed prior to the meeting, according to bylaws.

Congregational Meeting Agenda

- I. APPROVAL OF MINUTES of June 6, 2021, and September 12, 2021 Meetings: Toni Logue, Secretary
- II. OVERALL SPENDING LIMIT RESOLUTION: Carole Alexander, Endowment Committee
- III. TREASURER'S REPORT: Brian Muellers, Treasurer
 - Unaudited FY21 Year End Financials
- IV. NOMINATING CRITERIA: Jessica Vega, Chair, Nominating Committee
 - Guidelines and Criteria for June 2022 elections
- V. PRESIDENT'S REPORT: Jana North, President

EMPLOYMENT OPPORTUNITIES

Open UUCSR Staff Positions:

Facilities Supervisor
Full- and Part-time Facilities Technicians
Administrative Assistant

If you know anyone who is seeking fulfilling employment, Shelter Rock is hiring! Please send résumés to hr@uucsr.org.

MINISTRY PROGRAMS

The Ministry Team

Dining Solo Together! 6:30 PM, Every Monday

Living Solo while physically distancing can be isolating and hard on our emotional well-being. So let's get together! Come, join on Zoom every Monday evening from 6:30–8:00 PM.

Brighten your evenings as the winter months approach by getting together virtually when daylight ends during dinner time. While titled "Dining," eating isn't an imperative to participate.

Host Sandra Hazel Frank, a UUCSR member, will welcome you and help create discussion during this special time together.

The goal is for Dining Solo Together! to develop into an informal evening get-together in a comfortable atmosphere where we can get to know one another. The group will take it from there and choose to discuss specific topics, if desired.

You are invited to [join right here every Monday at 6:30 PM](#), with your dinner or just with your new friends!

Soulful Salutations:

Restorative Yoga & Yoga Nidra Enhanced by Live Music

7:00 PM

Denise DeLuca guides the practice set to soothing LIVE music by Ben Wisch

Saturday, October 30, 2021, 5:00 PM <i>Please note new date and time.</i>	Friday, February 25
Sunday, November 14	Friday, March 18
Sunday, December 12	Friday, April 22
Sunday, January 9, 2022	Sunday, May 22
	Sunday, June 12

Restorative Yoga & Yoga Nidra are deep relaxation practices to settle the nervous system and restore it back to its known place of serenity and balance. These gentle yoga practices are perfect for those who have never done yoga before, as well as those with yogic experience. To feel rested, restored, and renewed is a feeling we all yearn for. You will be guided into peaceful restorative postures using a few props to prepare the way for the deep relaxation technique of Yoga Nidra. Yoga Nidra is used to relieve anxiety, post traumatic stress disorder, and other stress that we commonly store in our bodies.

For optimal comfort, please have a space with a yoga or other mat available, plus:

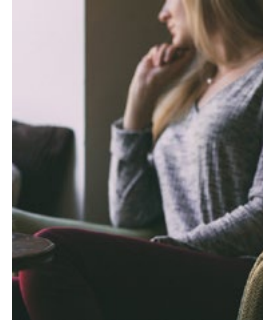
- Yoga strap OR regular belt
- Two yoga blocks OR 2 shoeboxes with the lids taped shut
- Yoga bolster OR 2 blankets OR couch cushions (seat or backrest)

More details are available from Caring Coordinator Kimberly Rossiter at krossiter@uucsr.org or 516.472.2941.

Living Solo 10:00 AM, Every Thursday

Replacing feelings of isolation with camaraderie and companionship through intentional community. All those who reside alone are welcome to attend this virtual group.

Join on Zoom [HERE](#)



Small Group Ministry (SGM) Now Live and Online

Small Group Ministry is intentional, lay-led small groups that deepen and expand the ministry of a congregation. Two key focuses are intimacy, or building community and deepening relationships, and ultimacy, or the opportunity for deeper spiritual exploration and search for meaning. Small

group ministry is also called covenant group ministry, because the members in a group make an intentional commitment to one another.

Please use the links below to register, visit uucsr.org/calendar or contact Kimberly Rossiter (krossiter@uucsr.org, 516.472.2941).

- First Sundays monthly | 1:15 PM | Register [HERE](#).
- First and third Tuesdays monthly | 7:00 PM | Register [HERE](#).
- Second Sundays monthly | 9:30 AM | Register [HERE](#).
- Second Wednesdays monthly | 7:30 PM | Register [HERE](#).
- Fourth Tuesdays monthly | 7:00 PM | Register [HERE](#).

Hadley House SGM (in-person), last Monday of the month, beginning November 29, at 2:00 PM. Please contact Lilyan Strassman or Carol McHugh for more information.

Rev. Jaye Brooks Explains

(related to November 14 Worship Service on page 2)

If we go by Origen and Arius, who introduced the ideas that "God loves everyone" (Origen, our Universalist roots) and "God is one" (Arius, our Unitarian roots), 2,000 years is our history. If we skip ancient times, we have approximately 500 years with Socinius, Servetus, and David. It's 200 years only if we count from the 1819 William Channing sermon, "Unitarian Christianity," and, of course, only 60 years if we count from the merger. If we count from the roots of the ideas—especially keeping in mind that anyone offering those ideas was regarded as heretical and that the term "Unitarian" was an insult for the 400+ years before Channing claimed it—it is 2,000 years.

Inquirers

NEWCOMERS PROGRAM

FOR VISITORS, NEWCOMERS, AND NEW MEMBERS.

The Inquirers Series meets on Sundays after Worship Services onsite and online, unless otherwise noted.

The Inquirers Program is an ongoing series of conversations about our congregation and Unitarian Universalism, designed specifically for visitors and newcomers. Inquirers aims to help explain Congregational Life at Shelter Rock, get newcomers connected with different leaders, and offer a grounding in Unitarian Universalist values.

An array of leaders, staff members, and ministers will be leading the conversations about different program areas. The series is ongoing, so you are welcome to participate in the sessions in any order, as you're able.

11/8

(online only—special Monday time 7:00 PM)
Social Action & Community Service

11/14

Pastoral Care and Small Group Ministry

12/5

Membership at UUCSR

12/12

New Member Ceremony

Inquirers is required for Membership.
Email ahighland@uucsr.org with questions.

We rejoice with... UUCSR member Joanna Northrop and her husband Will, who welcomed their first child, and UUCSR member Diane Cohen and her husband Dan, who welcomed their first grandchild, Annabel Mackenzie Northrop on September 13, 2021.

THANK YOU

Thank you to my fellow congregants and the Revs. Natalie, Jaye, and Jennifer for the beautiful flowers. The kind messages from you and staff as my family and I recovered from breakthrough COVID infections lifted our spirits. I am so grateful for all of you.

Chris Hilke

Shelter Rock's Music and Performing Arts Committee and the cast of Cabaret at the Rock offer sincere and grateful thanks to Nan Cordes and Beth McKinnon, daughters of Nancy Berliner, for their extremely generous contribution to our Ed Miller Memorial Music Scholarship Fund in Nancy's memory.

Richard Bock, Music Director
Cabaret at the Rock

DENOMINATIONAL AFFAIRS COMMITTEE (DAC)

Richard Bock, Chair

Long Island Area Council (LIAC) Updates

- The LIAC Board gave unanimous approval to award \$3,000 in scholarship aid to would-be attendees at the January 14–16, 2022, Zoom Jubilee anti-racist training led by Eighth Principle co-author Paula Cole Jones, with other speakers. Registration for the event, limited to 70 participants, will be announced soon. The registration fee is \$170 and \$85 for a second member of the same household. Applicants for scholarships are urged to notify either a minister or the president of their congregations of their wish to receive a scholarship. The minister or president will then communicate that request to LIAC president Rev. Dr. Linda Anderson.
- LIAC Coming of Age program, that began with meetings at the Garden City and Freeport congregations, will continue with sessions at Stony Brook on October 24, and at Huntington, on October 31 with the possibility of a commencement ceremony on November 13, at Shelter Rock.
- LIAC is seeking new facilitators for its COA and OWL programs because longtime volunteers Joanne Pollichetti, Patrick MacDevitt, and David Silver are resigning as of June 30, 2022. David Silver is willing to mentor volunteers. He may be contacted at Ds60210@gmail.com.

Submitted by Jim Smith, DAC Liaison to LIAC

SOCIAL JUSTICE COORDINATOR

Claire Deroche



What About Those Ballot Proposals?

When New Yorkers enter the voting booth in this year's general election, they will find five proposals on the ballot. What do they mean? Here's a summary culled from *Spectrum News* and *The City*.

When voting, look at both sides of the ballot so that you don't miss the proposals.

Proposal 1 addresses redistricting. This is the process of redrawing Congressional and state legislative lines every ten years after the US census. The proposal asks voters to approve several constitutional changes.

According to the statewide publication, *The City*, the top changes in Proposal 1 are: cap the total number of state senators at 63; require that incarcerated people be counted at the address where they lived before going to jail or prison for the purposes of redistricting—not where they are being detained; move up the timeline by two weeks for when redistricting plans must be submitted to the legislature; and change the vote total needed to adopt redistricting plans when one political party controls both legislative houses.

Proposal 2 addresses the right to clean water and air by stating: "Each person shall have a right to clean air and water, and a healthful environment."

Proposals 3 and 4 address elections and voting. Proposal 3 would remove a current constitutional rule that you must register to vote at least 10 days before an election in New York. This would allow legislators to write a law allowing same day voter registration. Proposal 4 would eliminate the constitutional rule requiring an excuse or valid reason to obtain an absentee and allow the state Legislature to make no-excuse absentee voting a permanent option.

Proposal 5 addresses Civil Courts Claims Limits. This proposal applies to New York City but is regulated by the State. Currently, in New York City's Civil Court, only cases involving claims worth \$25,000 or less may be heard. Proposal 5 would lift that limit to \$50,000. This would reduce the caseload in the court system, especially State Supreme Court, which currently takes on any cases involving claims over \$25,000.

For further information check out these links: [About candidates and proposals](#), and about [our air and water](#).

SOCIAL JUSTICE ANNOUNCEMENTS

Claire Deroche, Social Justice Coordinator

Thursday, October 28, 2021

8:00–9:30 PM

UU the Vote/Reclaim Our Vote: Online Update on Elections in the South.

Join via Zoom [HERE](#).

Meeting ID: 846 8197 4073, Password: 504312

Wednesday, November 3, 2021

3:00–4:30 PM

Online Racial Justice Subcommittee Meeting

Join us as we plan how to support the UUCSR Eighth Principle Implementation Task Force.

Join Zoom Meeting [HERE](#), Meeting ID: 831 0662 1384,

or call +1 646 558 8656.

Saturday, November 13, 2021

1:30–3:30 PM

The Myth of Thanksgiving: Native American Perspectives on Thanksgiving, Online Film Screening and Discussion

Register in advance for this program [HERE](#). After registering, you will receive a confirmation email containing information about joining the meeting.

The Eighth Principle calls on us "to dismantle racism and other oppressions in ourselves and our institutions." Oppression of Native American Peoples is one of our most profound injustices. At Thanksgiving, we reenact a ritual that is steeped in myth. How do Native Americans view this myth? The film will examine the experiences of Native populations at the time of the settlers' arrival, what is actually known about the first Thanksgiving, and how native tribes see themselves in today's construction of the United States.

The discussion will be moderated by Yvonne Russo, a filmmaker and member of the Sicangu Lakota Tribal Nation, and will feature Linda Coombs, Aquinnah Wampanoag, historian and independent scholar, and Cassius Spears, a Knowledge Keeper and Narragansett Tribal Member. Sponsored by the Racial Justice Subcommittee.

Outdoor Bin for Gently Used Clothing and Shoes

Bin is located in the lower Parking Lot. As in the past, the donations will benefit United Veterans Beacon House (UVBH) and the families they serve. Please donate only gently used clothing and shoes in plastic bags that are tied securely. UVBH cannot receive any other items. If the bin is full, text the message, "Bin is full" to 516.238.2191, and come back another day. Thanks for your generosity.

Please contact Social Justice Coordinator Claire Deroche at cderoche@uucsr.org or 516.238.6191 with questions or comments.

**UNITARIAN UNIVERSALIST
VEATCH PROGRAM AT SHELTER ROCK**
Joan Minieri, Executive Director

Veatch Grantee NY Taxi Workers Launch Hunger Strike

For the past month, members of [NY Taxi Workers Alliance](#)—a Veatch grantee and 21,000-member strong union of taxi and livery drivers—have been protesting at City Hall, demanding relief for their debt-riddled drivers. Last week, in the face of continued inaction, taxi workers took steps further by [launching a hunger strike](#).

It's not hard to understand why; many of the city's taxi's drivers are facing financial ruin, having been [conned into predatory loans](#), which helped drive up the cost of taxi medallions. The value of these medallions have since plummeted amid competition from Uber and Lyft, and the city's resistance to regulating this new app-based industry. Meanwhile, the city profited—making more than [\\$855 million in taxes](#) during the last two mayoral administrations.

In response to organizing from the Taxi Workers, the city has offered a [\\$65 million relief package](#) and a debt restructuring plan. But the group's members say it's not enough—and are demanding the city cap restructured loans to a principal payment of no more than \$145,000.

Here's how the organization has told us you can help:

- Stop by the 24/7 protest at City Hall
- Take a picture, post it to social media—and be sure to tag the mayor [@NYCMayor](#).
- Then, call Mayor De Blasio at 212-788-2162 to tell him that we need real relief for drivers. ([Script is available from NYTWA.](#))
- And, of course, [donate](#) to support the Taxi Workers Alliance.



*Bhairavi Desai,
Executive
Director of
the NY Taxi
Worker's
Alliance, with
taxi drivers
protesting at
City Hall*

I also invite you to [watch a video](#) that Veatch created recently, featuring NYTWA's Executive Director Bhairavi Desai, and how the long-term, general operating support offered by the congregation through Veatch has helped the organization in its campaign to support taxi workers. We stand with these workers and will keep the congregation abreast of this campaign as it continues to unfold.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

SOCIAL JUSTICE COMMITTEE
Claire Deroche, Social Justice Coordinator

UUCSR 2021 ANNUAL
**THANKSGIVING
TURKEY MEAL
COLLECTION DRIVE**

This year, Shelter Rock Sponsors
Thanksgiving Turkey Collection for
**North Shore Soup Kitchen (NOSH) and
AIDS Center of Queens County**



Drive ends
Sunday, November 21

\$25

*will provide a turkey
dinner for a needy family*

- Visit [uucsr.org/donate](#)
- Text "Donate" to 5162102528
- Bring your contribution to worship
- Mail check to UUCSR, attn Sue Kimler

Please make checks payable to UUCSR with
"Thanksgiving Meal" on the memo line

**We count our blessings and share our
bounty with those who are in need**

Care for the Caregiver
Fourth Tuesdays monthly, 7:00 PM
90 minutes via Zoom

Those who care for spouses, parents, family members, and friends who are navigating the physical/emotional/mental challenges that caregiving brings will all benefit from Care for the Caregiver. Caron Hunter, a holistic health care provider and interfaith minister, will be facilitating the group. Caron teaches a compassionate and empowering approach to healing and offers over 30 years of personal and professional healing experience. This is a confidential group for those who would welcome support. For more information, please reach out to Kimberly Rossiter at krossiter@uucsr.org.



Caron Hunter

Please join a 90 minute monthly ZOOM session.
Join Zoom Meeting [HERE](#).

Living With Cancer
Third Tuesdays monthly, 7:00–8:30 PM
Note day of week change. Please register for details.

A cancer diagnosis is hard to hear. Sorting through treatment options and making decisions for our best health isn't straightforward—pros and cons come with every option. The experience of treatment, living daily with cancer, and coping with other people's reactions to our diagnosis can be depleting. So where can relief be found?

Here, in this confidential group held on Zoom, with fellow members of UUCSR, support, practical tools, encouragement, good humor, and relief can all be found. If you have cancer, we have a community for you. Come, join us on the third Thursday of each month.

The Living with Cancer Group, sponsored by the Caring Committee and affirmed by the ministry team, is led by Caron Hunter, a holistic healthcare provider and interfaith minister. Caron teaches a compassionate and empowering approach to healing, and offers over 30 years of personal and professional healing experience.

Contact Caring Coordinator Kimberly Rossiter to register (516.472.2941 or krossiter@uucsr.org).

Caring Ministries at UUCSR
UUCSR offers members support through a variety of programs. The Ministry Team may be reached at caring@uucsr.org or by calling Assistant to the Ministers Kimberly Rossiter at 516.472.2941. Outside of regular office hours, please call the live answering service: 516.795.0329, to be put in touch with the minister on call.



*In the spirit of unity and fellowship,
the UUCSR Caring Committee invites you and
your loved ones to help us build the beloved
community even as we are physically distanced.*

Thanksgiving Dinner

Thursday, November 25, 2021
1:00–3:00 PM

Join us via Zoom for a Thanksgiving celebration
The blessing and meal will be at 1:30 PM with songs and
socializing before and after
Feast with us or join for the celebration only

Traditional, Vegetarian, and Vegan options
Meal pick-up is available on
Wednesday, November 24, 11:00 AM–2:00 PM
in the UUCSR Main Parking Lot
Financial assistance is available upon request

Adults \$20 | Due in advance
Register by Thursday, November 18
[https://uucsr.formstack.com/forms/
thanksgiving](https://uucsr.formstack.com/forms/thanksgiving)

[Register for the Zoom Thanksgiving event HERE](#)
so that you will be able to participate safely
with our community.

Questions?
Contact Caring Coordinator Kimberly Rossiter
(krossiter@uucsr.org or 516.472.2941)



LGBTQ+ AND MENTAL HEALTH SUB-COMMITTEES OF THE SOCIAL JUSTICE COMMITTEE

GREEN SANCTUARY COMMITTEE *Stephen Ruocco, Chair*

Co-sponsored by the LGBTQ+ and the Mental Health
Sub-Committees of the UUCSR Social Justice Committee

**INDEPENDENT
LENS**

THE
REMEDY
WAS
REBELLION

CURED

**Saturday
November 20, 2021**

1:30 PM via Zoom

**Screening of the just released, 54-minute-long
film, CURED, will be followed by discussion.**

While CURED is indisputably about science, medicine, politics, and the process of social change, this film at its core is about a group of extraordinary activists with stubborn dedication and big personalities who came together at a crossroads in LGBTQ history. These unlikely heroes' passion for justice—and their belief that they, and not psychiatrists, were the experts on their own lives—propels the story and forms the backbone of CURED.

The LGBTQ+ Friday meeting on December 3 will provide an additional opportunity for discussion. Meetings are always open to Shelter Rock members and to people outside the congregation.

Register in advance to attend
uucsr.org/cured



Unitarian Universalist
Congregation at **Shelter Rock**
Human. Kind.

*This article demonstrates the
congregation's stewardship of the earth
and commitment to the Seventh Principle.*



The Four Families

In the movie, *The Godfather*, the mention of five crime families is essential to the plot. There are four families to contend with in the environmental movement. They can be described anthropomorphically by assigning names of family heads: Chucky Coal, Gus Gas (alias Mickey Methane), Pete Petroleum, and Willy Wood. These are the four fossil fuel families. Of course, they do make worthwhile contributions to building materials and needed petrochemicals. The problem is that we support these families by how we heat our homes or generate electricity.

As we weaken the hold of one family, the others gain influence. For example, Chuck's coal crew no longer generates most of the electricity in the northeast. However, Gus's Gas gang seems to have picked up the slack. Not as frustrating as playing whack-a-mole (think "being whacked"), it seems possible to take on the four families, one at a time.

We can expect the more cunning to hang on longer. A current proposal is to build pipelines to carry so called "green gas." The proposal is to pipe a mixture consisting of two-thirds natural gas and one-third hydrogen. Based on the method of production, hydrogen is termed green or gray. Electrolysis of water produces green hydrogen; the gray variety comes from a chemical reaction that removes hydrogen from methane. The hydrogen, whether green or gray, would then be sent to fuel cells to produce electricity. Thus, pipelines would transport a hybrid energy source, some of which is fossil free. In support of the proposal, fuel cells are quite efficient in converting chemical energy to electrical.

The problem is how much energy is required to produce the hydrogen. Electrolysis is very energy intensive; the chemical reaction to extract hydrogen from methane also requires energy. Additionally, hydrogen causes pipe corrosion over time. We cannot let the Gus Gas gang get away with this.

Pete Petroleum people have also been resourceful. It is quite expensive to pump high viscosity, tar sand fuel oil through pipelines down to the Gulf of Mexico. To offset the cost of transmission, Pete's people diverted a considerable amount of electric power that would otherwise serve local communities. Fortunately, shutting down the XL pipeline put an end to this.

Deforestation is Willy Wood's way of making things worse. In one way or another, each family contributes to global warming. We can win this, but vigilance is required. Here is to fewer pipelines and more trees.

Jim Peters, for the Green Sanctuary Committee

PUBLICITY AND PROMOTIONS COMMITTEE

Scott Barbey, Chair

Now On National TV!

After what seems like an eternity of planning, filming, editing and more, several short films produced at the direction of the Publicity and Promotions Committee, approved by the Board, and funded by the congregation, have finally gone live!

One video, *We Need Not Think Alike To Love Alike*, functions as an introduction to Unitarian Universalism. Over 50 people were involved in filming a story that is both educational in its nature and welcoming to Unitarian Universalism. It has been accepted by the Public Broadcasting System (PBS) to run nationally much like a free public service notice. It is slated to run between featured PBS programming. Approximately half of all airings will be during primetime nationwide television.

Broadcasting is likely to begin after the national elections and before winter. Those involved in the project believe that the time is right to offer a faith tradition that holds up dignity as a moral ideal. Staff at the UUA and other congregations agree and have been supportive and encouraging.

Shelter Rock partnered with a producer affiliated with PBS who will provide UUCSR with Audience Audit Reports that will substantiate promised delivery of a minimum of 3 million views and 500 airings in the first quarter of video distribution. National distribution is likely to be active for several years thereafter, and possibly longer.

UUCSR's YouTube Channel



Visit Shelter Rock's YouTube channel [HERE](#) to see *We Need Not Think Alike To Love Alike*, plus Sunday Services, music from the Shelter Rock Choir and Jazz Ensemble, and a growing collection of Testimonials. Subscribe to the YouTube channel and you'll never miss out on the latest videos.

Follow Shelter Rock on [Facebook](#) and [Instagram](#) for posts relevant to Unitarian Universalism and to Shelter Rock.

Podcasts of Sunday Services and Soulful Sundown are available on all of the major platforms. Find your favorite site and connect with Shelter Rock's feed [HERE](#).

RELIGIOUS EDUCATION (RE)

Christina Richer, Chair

Religious Education Classes Are Back Onsite!

Please register your family for 2021–22 Religious Education programming by going to www.uucsr.org/RE and receive communications about all the planned exciting events!

jpond@uucsr.org'. At the bottom is a row of cartoon characters in various Halloween costumes: a witch, a Frankenstein monster, a devil, a vampire, a superhero, and a mummy."/>

RE Halloween Party

Saturday, October 30, 2021
1 PM at UUCSR

Outdoors in the Enchanted Veatch Meadow
Rain or Shine!
(Rain location under the big tent)

Games! • Crafts! • Goodies! • Fun!
Featuring DJ and Dancing!
Balloon Animals! • Kona Ice Truck!

FREE OF CHARGE! Spooky fun for all ages!
Guests are welcome!
RSVP Jessica Pond at jpond@uucsr.org

Autumn Leaves Bedtime Stories!

Wednesday, November 17 at 7:00 PM

[Live on Zoom HERE](#)

All are welcome to join Carson Jones, UUCSR Lifespan Religious Education Coordinator, for this interactive storytime as he reads three, family-friendly stories celebrating Autumn Leaves!

Fletcher and the Falling Leaves, by Julia Rawlinson, illustrated by Tiphonie Beeke

There Was an Old Lady Who Swallowed Some Leaves!, by Lucille Colandro, illustrated by Jared D. Lee

The Very Last Leaf, by Stef Wade, illustrated by Jennifer Davison

BODY PRACTICES

Yoga with Mike Mancini

Tuesdays, 10:00 AM, Thursdays, 9:30 AM, Saturdays, 11:00 AM

[Live on Zoom HERE](#)

Meeting ID: 574 999 9276, Password: 000815

The cost is \$5 for UUCSR members and \$7 for non-members.

You may pay Mike through PayPal ([Paypal.me/yogamike](https://www.paypal.com/venmo/?link_id=12345678)), Venmo (Michael-Mancini-55), or mail him a check: Mike Mancini, 99-40 63rd Rd, Apt 14P, Rego Park NY 11314

Questions? 516.459.6378 or mike.yogamike.mancini@gmail.com

Yoga for Joy and Balance with Beth

Wednesdays, 4:00-5:15 PM

[Join Zoom Meeting](#)

Or call 1 646 558 8656, Meeting ID: 947 7620 8714, Passcode: 220564

This class incorporates techniques of Kundalini Yoga, breath work, meditation, and energy modalities. No experience necessary.

Cost: \$28 for 4 classes (use anytime) OR \$8 drop-in

Please text Beth at 516-297-1042 if you are signing up for 4 classes.

On the morning of August 24, a catastrophic fire occurred, destroying the headquarters of NOSH, a program of North Shore Soup Kitchen. Their food pantry had operated out of the VFW building on Hill Street in Glen Cove since April, and serves over 500 families on the North Shore each week. Volunteers are needed.

All proceeds will be donated to and checks should be addressed to: North Shore Soup Kitchen/NOSH ([NorthShoreSoupKitchen.org](https://www.northshoresoupkitchen.org)) P. O. Box 168, Glen Cove, NY 11542

Contact details for questions:

Beth Fedirko, 516.297.1042 or bfedirko@optonline.net

NOSH hotline: 516.366.0277

Medical QiGong for Senior Health—Balance!

Mondays, 9:30-10:30 AM

[Register HERE](#) or email tqh.Ashley@gmail.com

Start your week by strengthening your balance and overall body confidence! You will learn simple, yet powerful motion and breathing exercises to improve physical balance and safe falling skills, optimize lung capacity, bolster immunity, and promote energy flow to the internal organs. Ashley Zooms every Monday directly from Thailand to help you center your body and mind. Exercises are taught standing, with equally effective guidance for those who prefer to sit. Questions? email Ashley at tqh.Ashley@gmail.com.

\$50 for 5 classes, \$12 per drop-in class

Saturday, November 20, 6:00 PM

[Live on Zoom HERE](#)

Meeting ID: 953 4647 4715,

Passcode: 396210

Or call 1 646.558.8656



Dramatic Readings

Join in a monthly reading of new and classic plays! All are welcome.

The next Dramatic Readings is: *Rumors*, by Neil Simon

“When they gather to celebrate one of the couple’s tenth wedding anniversary, four couples experience a severe attack of Farce.” “Has nothing on its mind except making the audience laugh.”
New York Times

Please RSVP to Jessica Pond (jpond@uucsr.org) if you would like a PDF of the play emailed to you, or a physical copy mailed.

Great Books—Great Books Foundation Science Fiction Omnibus

Fridays, 12:00-1:30 PM

[Live on Zoom](#)

Come together for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. All are welcome.

Please contact Jessica Pond at jpond@uucsr.org to register. Please note that registration is not required.

October 29: *Houston, Houston, Do You Read?*, by James Tiptree, Jr.

November 5: *Ender’s Game*, by Orson Scott Card

November 12: *Bloodchild*, by Octavia Butler

November 19: *Promises to Keep*, by Jack McDevitt

November 26: Thanksgiving weekend, no discussion

Soulful Songs and Stories



The pandemic was a great magnifier, allowing us to see, perhaps for the first time, that the good things were very, very good, the bad things were horrid, and the useless things were exposed as unacceptable. What did lockdown, sheltering in place, and working remotely teach us about the unnecessary, our relationships, music, gratitude, and (un)learning?

If you didn’t get PDF #40, “This Is My Story, This Is My Song: Lessons from Lockdown” via email, you can read it at www.j.mp/uucsrsss. Get on the list for the next mailing by registering with Jessica Pond (Jpond@uucsr.org).

Alice Giordano and Steve Marston

WOMEN'S GROUP
Diane Mansell, Women's Group President

The Women's Group presents **TGIF**

Virtual Trivia Night

The first TGIF of the new year is Virtual Trivia Night! Put on your Trivia hats and join the fun! Special Guest Host: Steve Handelman. All are welcome.

Friday, November 5, 2021, 7:00 PM | Join via Zoom [HERE](#).

Women's Group Book Series

Third Fridays Monthly | 3:30 PM | Join [HERE](#)

Please contact Sharyn Esposito to learn more (sesposito@uucsr.org or 516.472.2960)

Nov 19	<i>The Beekeeper of Aleppo</i> , by Christy Lefteri, led by Renée Silver
Dec 17	<i>The Four Winds</i> , by Kristin Hannah, led by Ruth Barrie
Jan 21	<i>The Devil You Know</i> , by Charles M. Blow, led by Ursula Salamone

Women Talk Daytime

NEW TIME: 12:30 PM

First Wednesday monthly topic is always Current Events.

Topics for third Wednesdays monthly vary.

Everyone is welcome to join Women Talk Daytime.

November 3	Current Events
November 17	Name the one person who has influenced you most in life? Would you consider yourself successful if you are leading or led your life just like the person who inspired you?

If you have any questions or an idea for a topic, please email Facilitator Sari Flesch (sarigf436@gmail.com). All suggestions are welcome. Join [HERE](#), Meeting ID: 991 3390 5618, Passcode: 11030

WOMEN'S GROUP
Maria Ceraulo, Chair, Women's Issues



What About Her?

At yet another event I could not attend, there was a Twitter Power Hour to recognize that October is Domestic Violence Awareness month. Our Women's Group has long supported organizations that address Domestic Violence, like The Safe Center. In addition, we have had an ongoing relationship with New

Hour for Women and Children and Women's Opportunity and Rehabilitation Center (WORC). Before COVID-19, we hosted the women and their children at holiday time for lunch, cookie baking, crafts, gifts, and a visit from Santa.

At times, I've been asked why we should care about these women and their children. I've also heard questions about which crimes they committed to be sure that we were giving to worthy women and children. Click this [toolkit HERE to learn more and for information](#) about how you can make a difference.

So, who are some of these women?

- 86 percent of incarcerated women have experienced sexual violence before they enter a jail setting and 77 percent are survivors of intimate partner violence.
- 1 in 4 women have reported that they had been arrested or threatened with arrest during an altercation with a partner, or while reporting intimate partner violence to the police.
- As a result of the stay-at-home order that accompanied the Covid-19 lockdown, there were increased reports of domestic violence and intimate partner violence nationwide. Hotline calls increased by 300 percent. Domestic Violence cases increased by 49 percent.
- At a rate of 66 percent, Black and Latino women are apprehended during a domestic violence event
- Trafficking survivors are often arrested

According to The Sentencing Project, the number of women in prison has grown over 700 percent from 1980 to 2019. Over half of all women in US prisons in 2016 were mothers, impacting the family structure and child development. This is why we care. The impact is generational.

In addition to helping support the organizations on Long Island that work to help these women, here's one way you can help. The Survivors of Trafficking Attaining Relief Together Act passed the NYS Senate and Assembly in June 2021 but has yet to be signed. This bill would help to clear all convictions related to being trafficked and would give survivors a fresh start. We urge you to contact the Governor's office and urge her to sign it into law.

ROCKIN' HALLOWEEN TAILGATE PARTY

Saturday, October 30, 2021

1:00 PM • UUCSR Main Parking Lot

Live Music:

The Any Given Sunday Band

ANNUAL COSTUME CONTEST

First, Second, and Third Place Prizes

Tailgate:

Bring chairs, table,
blankets

BBQ Food:

Hamburgers
Cheeseburgers
Hot Dogs, Sausage
Veggie Burgers
Salads, Chips, and
Desserts

Beverages:

Beer, Soda, Iced Tea,
and Water

**Admission: \$10
per person**

**Firm Registration
Deadline:
Thursday,
October 28, 2021**

*Thanks for being
respectful of this
deadline and
understanding the
need to register in
advance:*

[uucsr.org/Halloween
2021](https://uucsr.org/Halloween2021)

Dress for the weather:

- Held even if weather is cool
- Cancelled for rain



Register: uucsr.org/Halloween2021

The Spirits of Hadley House

The spirits of Hadley House are on the rise. Like the flight of the Phoenix, many activities impacted by the pandemic have returned. Doc Tonnesen's highly successful Wednesday BBQs have been completed as the summer has ended. In a surprise announcement, Doc said to be on the lookout for fall pop-up cookouts as conditions permit. And of course, we all remember last year's winter BBQ in the Snow. We thank Doc for organizing these events. Doc was a new resident just a few years ago. He drew inspiration for the BBQs from his enthusiasm for the out of doors. His ideas have enriched us and are very much in the spirit of Hadley House Alive. New residents take note: now his passion for football has him organizing Sunday afternoon football viewing in the Lounge on our big screen. Bring your favorite nosh! Our new residents inspire and energize us with their ideas and joie de vivre.

Our Welcoming Tea for new residents Teddy Sklover, Meg Cohen, and Barbara Dilsner was a success. Too chilly for our Garden, we gathered in the Lounge. Festive dress prevailed. Coffee and tea accompanied delicious home baked treats were enjoyed by all. Lilyan Strassman ably led the introductions and invited residents to share the things each liked best about Hadley House. If you are not a stranger to this column, you know that this was not a difficult task for us. Many eagerly offered their thoughts and warm welcome wishes.

A recent event enjoyed by all participants was described by one of our newer residents as a "see" worthy and delightful trip on Great South Bay, aboard the Freeport Water Taxi with Captain Rick Cohen. Captain Rick provided informative commentary and historical notes on the sights. We have in the past seen dolphins swimming and playing along side the boat. This year, cormorants and egrets! After a grim weather forecast the sun surprised us with the gift of a perfect day followed by lunch at Rachel's Waterside Grill. This is an annual tradition for Hadley House, missed last year, and organized by Susan Bagnini who sails with us.

Masques are required, preferably fanciful, when we gather for our, not-to-be-missed, Halloween Howl! It will be hard to top celebrations of prior years. Will the Great Pumpkin show up this year, and will the 2,000,000 year old man make his presence known?

This month, we wished Happy 103rd Birthday! to our dear neighbor Ollie Jordan. Another of our residents will celebrate her 100th birthday in January. Life is good at Hadley House.

Hadley House Quest Committee

Nancy Jacobson, Jerry Jalazo, Barbara Singer, Teddy Sklover,
Lilyan Strassman, Lois Wolfson

EVENT ANNOUNCEMENTS

ALL PROGRAMS ARE ONLINE UNLESS NOTED OTHERWISE.

Please see UUCSR.org/calendar for additional details. See LIACUU.org for other area congregations.

WEDNESDAY, OCTOBER 27, 2021

4:00 PM, Yoga for Joy and Balance with Beth
6:00 PM, Ukulele Practice

THURSDAY, OCTOBER 28, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo
8:00–9:30 PM UU the Vote/Reclaim Our Vote:
Online Update on Elections in the South.

FRIDAY, OCTOBER 29, 2021

12:00 PM, Great Books Discussion
6:30 PM, LGBTQ+ Zoom Gathering

SATURDAY, OCTOBER 30, 2021

11:00 AM, Yoga on Zoom with Mike Mancini
1:00 PM, Men's Group Rockin' Halloween
Tailgate Party, Main Parking Lot
1:00 PM, RE Halloween Party, Veatch Grounds
5:00 PM, Soulful Salutations–Restorative
Yoga & Yoga Nidra enhanced by Live Music

SUNDAY, OCTOBER 31, 2021

9:00 AM, Jazz Ensemble Rehearsal, Veatch
Patio (pond side)
9:30 AM, Choir Rehearsal, Main Lobby Lawn
10:00 AM, SJC Holiday Food Drive, Main
Lobby
10:15 AM, Young People's Choir Rehearsal,
Veatch Patio (pond side)
10:40 AM, The Welcome Space
10:40 AM, RE Volunteer Centering Circle,
Chapel
11:00 AM, Religious Education (RE) Classes,
RE Wing
11:00 AM, Sunday Service: *Stronger, Kinder,
Braver, Wiser*, led by Rev. Jaye Brooks, Main
Lobby Lawn
11:45 AM, Coffee Hour

MONDAY, NOVEMBER 1, 2021

9:30 AM, Medical Qigong for Senior Health-
Balance!
6:30 PM, Dining Solo Together!
7:00 PM, RE Committee Meeting

TUESDAY, NOVEMBER 2, 2021

10:00 AM, CSA–Community Supported
Agriculture Program, Offsite
10:00 AM, Yoga with Mike Mancini
7:00 PM, Agenda Planning Meeting
7:00 PM, Small Group Ministry–1st and 3rd
Tuesday of the Month
7:30 PM, President's Operations Taskforce
Meeting

WEDNESDAY, NOVEMBER 3, 2021

11:00 AM, Crafting for Sanity and
Community Zoom Get-Together
12:30 PM, Virtual Women Talk Daytime Zoom
Meeting
12:30 PM, Bridge Game Play, Veatch Ballroom
2:00 PM, Wednesday Conversations

3:00 PM, SJC Racial Justice Virtual Sub-
Committee Meeting
4:00 PM, Yoga for Joy and Balance with Beth
7:00 PM, Personnel Committee Meeting
7:00 PM, Publicity and Promotions
Committee Meeting

THURSDAY, NOVEMBER 4, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo

FRIDAY, NOVEMBER 5, 2021

12:00 PM, Great Books Discussion
6:30 PM, LGBTQ+ Zoom Gathering
7:00 PM, TGIF Virtual Trivia Night

SATURDAY, NOVEMBER 6, 2021

10:00 AM, Widening the Welcome Workshop
11:00 AM, Yoga on Zoom with Mike Mancini

SUNDAY, NOVEMBER 7, 2021

9:00 AM, Jazz Ensemble Rehearsal, Veatch
Ballroom
9:30 AM, Childcare, RE Room 1 and 2
10:15 AM, Young People's Choir Rehearsal,
Veatch Patio (pond side)
10:40 AM, The Welcome Space
11:00 AM, Sunday Service: *Their Native Land*,
led by Rev. Dr. Natalie Fenimore, Worship
Room and Online
11:00 AM, RE Our Whole Lives Double
Session, RE Room 18
11:00 AM, RE Outdoor Campfire Event,
Meadow and Trails
11:45 AM, Coffee Hour
1:00 PM, Congregational Meeting
1:00 PM, Our Whole Lives for K-1 Class, RE
Room 7
1:15 PM, Small Group Ministry–1st Sunday of
the Month
4:00 PM, Transition Team Meeting

MONDAY, NOVEMBER 8, 2021

9:30 AM, Medical Qigong for Senior Health-
Balance!
5:00 PM, Veatch Engagement Ad Hoc
Committee Meeting
6:30 PM, Dining Solo Together!
7:00 PM, Worship Committee Meeting
7:00 PM, Inquirers Session 5: Social Justice at
Shelter Rock
7:30 PM, DAC Meeting

TUESDAY, NOVEMBER 9, 2021

10:00 AM, Yoga on Zoom with Mike Mancini
10:00 AM, CSA–Community Supported
Agriculture Program, Offsite
3:00 PM, Art Committee Meeting
4:00 PM, VBOG November Grants Meeting
7:30 PM, Program Council Meeting

WEDNESDAY, NOVEMBER 10, 2021

11:00 AM, Crafting for Sanity and
Community Zoom Get-Together

12:30 PM, Bridge Game Play, Veatch Ballroom
2:00 PM, Wednesday Conversations
4:00 PM, Women's Group Board Meeting
4:00 PM, Yoga for Joy and Balance with Beth
6:00 PM, Ukulele Practice
7:30 PM, Small Group Ministry–2nd
Wednesday of the Month

THURSDAY, NOVEMBER 11, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo
4:00 PM, Working Groups Task Force
Meeting

FRIDAY, NOVEMBER 12, 2021

12:00 PM, Great Books Discussion
6:30 PM, LGBTQ+ Zoom Gathering
8:00 PM, Soulful Sundown

SATURDAY, NOVEMBER 13, 2021

10:00 AM, Caring Committee Meeting
11:00 AM, Yoga on Zoom with Mike Mancini
1:30 PM, The Myth of Thanksgiving: Native
Americans Perspectives on The Pilgrims

SUNDAY, NOVEMBER 14, 2021

9:00 AM, Jazz Ensemble Rehearsal, Veatch
Ballroom
9:30 AM, Small Group Ministry–2nd Sunday
of the Month
10:15 AM, Young People's Choir Rehearsal,
Veatch Patio (pond side)
10:40 AM, RE Volunteer Centering Circle,
Chapel
11:00 AM, Sunday Service: *A Like-Hearted
People*, led by Rev. Jaye Brooks, Worship
Room, Online
11:00 AM, Religious Education (RE) Classes,
RE Wing
11:05 AM, Children's Worship, Veatch Patio
(pond side)
11:45 AM, Coffee Hour
12:45 PM, Inquirers Session 6: Pastoral
Care and Small Group Ministry, Tent, Office
Conference Room, Zoom
1:00 PM, Our Whole Lives for K-1 Class, RE
Room 7
7:00 PM, Soulful Salutations–Restorative
Yoga & Yoga Nidra enhanced by Live Music

MONDAY, NOVEMBER 15, 2021

9:30 AM, Medical Qigong for Senior Health-
Balance!
5:45 PM, Membership Committee Monthly
Meeting
6:30 PM, Dining Solo Together!
7:00 PM, Social Justice Virtual Committee
Meeting
7:00 PM, Strategic Plan Task Force Meeting

TUESDAY, NOVEMBER 16, 2021

10:00 AM, CSA–Community Supported
Agriculture Program, Offsite
10:00 AM, Yoga on Zoom with Mike Mancini
7:00 PM, Living With Cancer

EVENT ANNOUNCEMENTS

ALL PROGRAMS ARE ONLINE UNLESS NOTED OTHERWISE.

Please see [UUCSR.org/calendar](https://uucsr.org/calendar) for additional details. See [LIACUU.org](https://liacuu.org) for other area congregations.

7:00 PM, Board of Trustees Meeting, Veatch Ballroom, Zoom
7:00 PM, Small Group Ministry—1st and 3rd Tuesday of the Month

WEDNESDAY, NOVEMBER 17, 2021

9:15 AM, INN Cooking (registered only), Main Kitchen
11:00 AM, Crafting for Sanity and Community Zoom Get-Together
12:30 PM, Virtual Women Talk Daytime Zoom Meeting
12:30 PM, Bridge Game Play, Veatch Ballroom
2:00 PM, Wednesday Conversations
4:00 PM, Yoga for Joy and Balance with Beth
7:00 PM, Green Sanctuary Committee Mtg
7:00 PM, Autumn Leaves Bedtime Stories!

THURSDAY, NOVEMBER 18, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo
7:00 PM, UU Kids Connect Monthly Gathering Space
7:00 PM, Board of Trustees Meeting, Veatch Ballroom, Zoom

FRIDAY, NOVEMBER 19, 2021

12:00 PM, Great Books Discussion
3:30 PM, WG Virtual Book Series Discussion
6:30 PM, LGBTQ+ Zoom Gathering

SATURDAY, NOVEMBER 20, 2021

11:00 AM, Yoga on Zoom with Mike Mancini
1:30 PM, CURED: Film screening followed by discussion
6:00 PM, Dramatic Readings

SUNDAY, NOVEMBER 21, 2021

9:00 AM, Jazz Ensemble Rehearsal, Veatch Ballroom
9:30 AM, Childcare, RE Room 1 and 2
10:40 AM, The Welcome Space
11:00 AM, Sunday Service: *Not By Bread Alone*, led by the Shelter Rock Ministry Team, Worship Room, Online
11:45 AM, Coffee Hour
1:00 PM, Our Whole Lives for K-1 Class, RE Room 7

MONDAY, NOVEMBER 22, 2021

9:30 AM, Medical Qigong for Senior Health—Balance!
6:30 PM, Dining Solo Together!
7:30 PM, Finance Committee Meeting

TUESDAY, NOVEMBER 23, 2021

9:30 AM, Early Winter CSA—Community Supported Agriculture Program, LL Lobby
10:00 AM, Yoga on Zoom with Mike Mancini
6:30 PM, Together to End Solitary Confinement Virtual Program
7:00 PM, Care for the Caregiver
7:00 PM, Small Group Ministry—4th Tuesday of the Month

WEDNESDAY, NOVEMBER 24, 2021

11:00 AM, Crafting for Sanity and Community Zoom Get-Together
11:00 AM–2:00 PM, Thanksgiving Dinner Pickup, Main Parking Lot
12:30 PM, Bridge Game Play, Veatch Ballroom
2:00 PM, Wednesday Conversations
6:00 PM, Ukulele Practice

THURSDAY, NOVEMBER 25, 2021

8:00 AM, Thanksgiving Day Holiday, Entire Premises Closed
1:00 PM, UUCSR Online Thanksgiving Dinner

FRIDAY, NOVEMBER 26, 2021

8:00 AM, Thanksgiving Day-After Holiday, Entire Premises Closed
6:30 PM, LGBTQ+ Zoom Gathering

SATURDAY, NOVEMBER 27, 2021

11:00 AM, Yoga on Zoom with Mike Mancini

SUNDAY, NOVEMBER 28, 2021

9:00 AM, Jazz Ensemble Rehearsal, Veatch Ballroom
10:40 AM, The Welcome Space
11:00 AM, Sunday Worship, Worship Room, Online
11:45 AM, Coffee Hour
1:00 PM, Men's Group Hybrid Committee Meeting, Veatch Conference Room and Zoom

MONDAY, NOVEMBER 29, 2021

9:30 AM, Medical Qigong for Senior Health
6:30 PM, Dining Solo Together!

TUESDAY, NOVEMBER 30, 2021

9:30 AM, Early Winter CSA—Community Supported Agriculture Program, LL Lobby
10:00 AM, Yoga on Zoom with Mike Mancini
7:00 PM, Agenda Planning Meeting, Veatch Library
7:30 PM, President's Operations Task Force Meeting, Veatch Library

WEDNESDAY, DECEMBER 1, 2021

11:00 AM, Crafting for Sanity and Community Zoom Get-Together
2:00 PM, Wednesday Conversations
3:00 PM, SJC Racial Justice Virtual Subcommittee Meeting
4:00 PM, Yoga for Joy and Balance with Beth
7:00 PM, Personnel Committee Meeting
7:00 PM, Publicity and Promotions Committee Meeting

THURSDAY, DECEMBER 2, 2021

9:00 AM, INN Cooking, Main Kitchen
9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo

FRIDAY, DECEMBER 3, 2021

12:00 PM, Great Books Discussion

6:30 PM, CURED Open Discussion—LGBTQ+ Gathering

7:00 PM, TGIF, Online Cooking Session with Amy and Verna Livingston

SATURDAY, DECEMBER 4, 2021

11:00 AM, Yoga on Zoom with Mike Mancini

SUNDAY, DECEMBER 5, 2021

9:00 AM, Jazz Ensemble Rehearsal, Veatch Ballroom
10:15 AM, Young People's Choir Rehearsal, Veatch Patio (pond side)
10:40 AM, The Welcome Space
10:40 AM, RE Volunteer Centering Circle, Chapel
11:00 AM, Religious Education (RE) Classes, RE Wing
11:00 AM, Sunday Worship, Worship Room, Online
11:05 AM, Children's Worship, Veatch Patio (pond side)
11:45 AM, Coffee Hour
12:00 PM, Holiday Decorations Party, Social Hall
1:00 PM, Inquirers Session 7: Membership at Shelter Rock, Office Conference Room, Zoom
1:15 PM, Small Group Ministry—1st Sunday of the Month
2:00 PM, Our Whole Lives for K-1 Class, RE Room 7
4:00 PM, Transition Team Meeting

The Quest is published twice a month, except once each in July and August. Copies are available in the UUCSR Lower Lobby, <https://uucsr.org/on-demand/quest-newsletter>, and via email. Sign up for email at <https://uucsr.org/on-demand>.

The Quest Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other. *The Quest* is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, Maxine Dangler, Steve Marston, and Jessica K. Vega. Submissions: communications@uucsr.org. *Quest* Guidelines: <http://j.mp/quest-gl>

DISCLAIMER:

Quest may include views or opinions that do not necessarily reflect official policy, views of the respective boards or committees, or editorial staff.

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK
48 Shelter Rock Rd. Manhasset, NY 11030 | 516.627.6560 | uucsr.org / uucsr@uucsr.org

Developmental Minister

Rev. Jaye Brooks (jbrooks@uucsr.org)

October 27, 2021

Minister for Pastoral Care

Rev. Jennifer L. Brower (jbrower@uucsr.org)

Lead Minister and Minister of Lifespan Religious Education

Rev. Dr. Natalie M. Fenimore (nfenimore@uucsr.org)

Congregation Operations Administrator

Adam Barshak (abarshak@uucsr.org)

Veatch Executive Director

Joan Minieri (joan@veatch.org)

Music Director

Stephen Michael Smith (ssmith@uucsr.org)

Lifespan Religious Education Coordinator

Carson Jones (cjones@uucsr.org)

Social Justice Coordinator

Claire Deroche (cderoche@uucsr.org)

Membership Coordinator

Abigail Highland (ahighland@uucsr.org)

Officers of the Congregation

President: Jana North

Vice President: Chris Hilke

Secretary: Toni Logue

Treasurer: Brian Muellers

Members of the Board of Trustees

Terry Bain

Claudia Barbey

Iliza Bartels

Robin Finnan-Jones

Brigitte Mueller

Marsha Stone

Jane Weiler

Maryann Zappulla

ADDRESS SERVICE REQUESTED
FIRST CLASS MAIL DATED MATERIAL

Next Quest: Wednesday, November 10, 2021 | Deadline for Content: Thursday, November 4, 2021



Enjoy Shelter Rock's Grounds and Trails

Mon, Tues, Wed 9:30 AM-4:00 PM
Sundays 9:30 AM-3:30 PM

THERE IS NO ACCESS TO BUILDINGS OR GROUNDS ON
THURSDAYS, FRIDAYS, OR SATURDAYS.

PLEASE WATCH FOR UPDATES TO COVID PROTOCOLS.

EMAIL COMMUNICATIONS@UUCSR.ORG,

VISIT UUCSR.ORG, OR CALL 516.627.6560.