



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

*We aspire to be a loving, religious community where we can grow spiritually
and build a more just and joyful world. —UUCSR Vision Statement*

Monthly theme: *Embracing Possibility*



[See the Calendar
List Here](#)

September 8, 2021

FRIDAY, SEPTEMBER 10, 2021, 8:00 PM
Rev. Jennifer Brower

Soulful Sundown Featuring spoken word woven with music from The Cosmic Orchestra: "Where music lies at the heart of the religious experience." *

SATURDAY, SEPTEMBER 11, 2021, 8:00 PM
Manhasset Interfaith Clergy

9/11 Manhasset Candlelight Memorial Service Everyone is invited to the 20th Anniversary 9/11 Manhasset Candlelight Memorial Service in Mary Jane Davies Park on Plandome Road. Bring a candle. Rain location: St Mary's Church

In addition, watch the special 9/11 video by the UUCSR Ministry Team on your favorite social media platform.

SUNDAY, SEPTEMBER 12, 2021, 11:00 AM
Rev. Tamara Lebak, Guest Minister

Fishing Naked Sometimes when we want to be seen by those in our life we care about the most, we put on layer after layer hiding beneath our roles. We'll look at John 20, where there is a line that has always made me wonder a bit. A group of disciples is out fishing when Jesus appears on the shore. Peter puts on his clothes to swim to Jesus. Peter often mixes things up a bit. Join me to explore what it means to have to strip from the layers that appear to protect us, that are really in our way, the role of vulnerability, and why you might consider fishing naked.*

SUNDAY, SEPTEMBER 19, 2021, 11:00 AM
UUCSR Ministry Team

Together Again On this Sunday, when Shelter Rock traditionally celebrates Homecoming after the end of summer, we plan to gather both outdoors under a large tent, as well as livestreamed online to celebrate our beloved community. One of the things we've learned to appreciate over the last 16 months is the importance of flexibility and resilience. Wherever each of us may be, we will be together again.* Homecoming Picnic will follow outdoors. *See page 3 of this Quest.*

* UUCSR Worship Services are live streamed on uucsr.org/worship, Facebook, and YouTube, and afterward on the same platforms and as podcasts (www.uucsr.org/podcast). Also aired on NSTV.

TOUCHSTONES
Rev. Dr. Natalie M. Fenimore



There will be a different Homecoming Sunday on September 19. With the uncertainty of the ongoing pandemic, plans have been made and re-made—flexibility is the key. Of course, there is sadness and frustration because we continue to make changes needed for health and safety precautions. So it won't be the gathering for worship and the picnic exactly the same as in the past.

AND Homecoming this September 19 will be the same as always in the ways that matter most: this remains a time to celebrate community, affirm relationships, and be together at summer's end. With sadness and joy in our midst, we will be together again! In these both/and times, with our thoughts and emotions in flux, I am reflecting on the "Maybes"...

"Maybes," by Holly Mueller

Maybes are not comforting;
They are not neat.
They are sand spilled into an oyster,
Rainstorms that were not forecast.
We are not made for maybes.
We are of the physical world, of the ground beneath us,
Of the breeze rustling our clothes,
Of the binary nature of day and night.
But the maybes were not made for us either, and so we wrestle with them,
Often late into the night,
hoping we can beat them into submission with the right plan,
and backup plan, and flow chart.
We try to fit them into backpacks with an umbrella and a map
so we won't have to let go of our route,
Or our agenda, or our traveling companion.
The maybes get out.
In the murky in-between of dusk,
In the obscured view beyond the next hill, raising doubt that
we've picked the right direction.
It's ok.

Continued on page 2

TOUCHSTONES

continued from page 1

Let them out, the maybes and the in-betweens and the almoses.
Let them walk with you.
Befriend them if you can, and if you can't, that's ok, too.
They will slip rocks in your shoes and rip up your map.
But you'll learn to read the stars and trust your feet if you let them be your guide.

THE WELCOME SPACE

Abigail Highland, Membership Coordinator

Sundays • 10:40–11:00 AM

Whether you are a newcomer, or a longtime Shelter Rock member, you are welcome in The Welcome Space! For 20 minutes prior to the service, say "Hi" to members of the Membership Committee.

Bring your coffee and your curiosity! We look forward to saying, "Good Morning." [Join Zoom Welcome Space HERE](#)



MUSIC AND PERFORMING ARTS COMMITTEE

Katy Schall, Chair

Cabaret XIX Postponed

After much discussion, the Cabaret Planning Team has decided to postpone the November 6, 2021 show. We will consider a Spring 2022 date (assuming we are back in the building) for the fundraising event for the Edward Miller Memorial Music Scholarship Fund. Please watch for announcements in the *Quest* as plans are developed for the next show.

Richard Bock
Cabaret XIX Music Director

MINISTRY PROGRAMS

The Ministry Team

Living Solo

10:00 AM, Every Thursday

Replacing feelings of isolation with camaraderie and companionship through intentional community. All those who reside alone are welcome to attend this virtual group.

Join on Zoom [HERE](#)

Soulful Salutations–Restorative Yoga

7:00 PM

New dates for the new year!

Friday, September 17

Friday, October 29

Sunday, November 14

Sunday, December 12

Sunday, January 9

Friday, February 25

Friday, March 18

Friday, April 22

Sunday, May 22

Sunday, June 12

Yoga with Denise Deluca accompanied by live music by Ben Wisch of the Cosmic Orchestra. These gentle Yoga practices are perfect for those who have never done yoga before, as well as those with previous experience. More details are available from Assistant to the Ministers Kimberly Rossiter at krossiter@uucsr.org or 516.472.2980.

Small Group Ministry (SGM)

SGM will return in October after its annual hiatus. Registration will be held in September when the SGM schedule of available groups is presented to the congregation. Groups are intentionally small, so registrations are capped. Early registration is encouraged to ensure success.

CARING COMMITTEE

WinterFlower Regla Robinson, Chair

Living With Cancer and Care for the Caregiver

Two groups are currently in formation. Both are sponsored by the Caring Committee, affirmed by the ministry team, and led by Caron Hunter, a holistic healthcare provider and interfaith minister. Caron teaches a compassionate and empowering approach to healing, and offers over 30 years of personal and professional healing experience.

Contact Assistant to the Ministers Kimberly Rossiter to express your interest (516.472.2941 or krossiter@uucsr.org).

Caring Ministries at UUCSR

UUCSR offers members support through a variety of programs. The Ministry Team may be reached at pastoralcare@uucsr.org or by calling Assistant to the Ministers Kimberly Rossiter at 516.472.2941. Outside of regular office hours, please call the live answering service: 516.795.0329, to be put in touch with the minister on call.

UUCSR's 32nd Anniversary

HOMECOMING PICNIC

**FREE family-friendly picnic with
traditional barbeque foods plus
veggie burgers.**

**Immediately following outdoor
Homecoming Worship Service with
full choir, plus
the Any Given Sunday Band.**

SUNDAY, SEPTEMBER 19 • 12 PM

- Please register for planning purposes.
- Participation will be in compliance with the Congregation's COVID safety guidelines and may include proof of vaccination, masking, and social distancing.

Please Register [HERE](#).

TOGETHER

After a quiet summer away from congregational life, the Denominational Affairs Committee has begun (via Zoom) to prepare for a DAC-led Worship Service later this fall and for the in-person (as of now) June 2022 General Assembly that is scheduled for Portland, OR. In addition, the committee is also working with the Unitarian Universalist Office at the United Nations (UU@UN) and the Partner Church Program in Romania. Members interested in joining DAC are asked to contact Richard Bock, chair, at rbock@optonline.net or 516.922.6052.

DAC Committee Members Jim and Lynn Smith are liaisons to the Long Island Area Council of Unitarian Universalist Congregations (LIAC). They have submitted the following report:

Most of the other 10 LIAC congregations are still doing Zoom services only and holding Zoom meetings to discuss possible reopening this fall. Garden City was the only congregation having in-person services.

Nikki Willard of Huntington was approved to replace Rosemary Olander-Beach as LIAC Secretary.

Danielle Burby of Huntington said she planned to get those youth who were unable to go to Sophia Fahs Religious Education Camp together online and keep monthly Zoom meetings going.

Deb Little of Stony Brook noted the veto of a bill related to police as a protected class and related special penalties.

LIAC made resume the Coming of Age program and will consider it in January. The delegates unanimously opposed authorizing reopening the program in the fall. Reconvening the OWL program also was tabled. Both matters will be reconsidered at the November meeting for possible resumption in January.

Rev. Jude Geiger, Unitarian Universalist Fellowship of Huntington, will resign on December 31, 2021. He was to have been the supervisor of a roaming ministerial intern whose salary would have been paid by UUCSR. Program's future is uncertain.

LIAC President Rev. Dr. Linda Anderson said she will investigate how many ministers might be interested in serving as guest ministers on Long Island and would come back to us in September with a request for \$5600 to fund the program.

LIAC approved \$750 for UU Connect programs organized by Garden City's David Silver.

Rev. Kimberly Quinn-Johnson (Unitarian Universalist Congregation of the South Fork) will report in September on the possibility of running a LIAC program with the UUA's College of Social Justice.

Rev. Anderson asked us to think of ways to connect people and families from different congregations such as movie nights and book discussions or a LIAC sharing circle.

MILESTONES

We celebrate with... Corinne Hayden and Klaus Masuch who welcomed a new grandchild, Dáin Augustas Batra, on August 13, 2021. Corinne and Klaus' daughter and son-in-law, Emily Masuch and Marco Batra, and big sister Lyra Quinn are all overjoyed.

We celebrate with... Chris Hilke and Cliff Deutschman who welcomed a new grandchild, George Alexander Mazzella, on August 20, 2021. Chris and Cliff's daughter and son-in-law, Cate and George Mazzella, big brother Carlo, and Aunts Nicki and Beth are all overjoyed.

Congratulations to... Rev. Dr. Barry Andrews, UUCSR Minister Emeritus, upon the publication of his latest book, *American Sage: The Spiritual Teachings of Ralph Waldo Emerson*. The book explores "Emerson's writings, including his journals and letters, and makes them accessible to today's spiritual seekers. Written in everyday language and based on scholarship grounded in historical detail... [it reveals how Emerson's] spiritual teachings remain timeless and modern, universal, and uniquely American."

THANK YOU

Dear UUCSR Members and Friends,

Thank you all for the outpouring of affirmation and gratitude for my years of ministry with UUCSR. Your words have touched me deeply, and I will carry them in my heart in the years to come.

Be reminded that we still have time—ten months—before my retirement and the year ahead will be enlivening for us all.

With faith in UUCSR's bright future,
Rev. Jennifer L. Brower

REMINDER: On-premises COVID Guidelines

Upon Entry to UUCSR Building:
Masks Required

Indoor Congregational Activities:
Proof of Vaccination or Negative COVID test within the last 3 days required

Outdoor UUCSR Events and Activities:
It is recommended, but not required, that participants continue to maintain distance and wear masks when less than 6 feet apart, unless in a closed group of known vaccinated people

All Outdoor Youth Programming and Intergenerational Activities:
Masking is required and distancing is recommended, regardless of vaccination status.

CONGREGATIONAL AFFAIRS

Jana North, President of the Congregation



Congregational Meeting
Sunday, September 12, 2021
1:00 PM | Registration Required

As a result of the past year's developmental ministry work on governance and organizational structure, the Board of Trustees has called a special Congregational Meeting for 1:00 PM on Sunday,

September 12, 2021, via Zoom.

The board will present a plan to test a Ministry Team structure for the next two years. The plan reflects many collaborative conversations among the ministers and the Board during 2020-21. The pilot structure, which originated with the ministers, identifies a Lead Minister with specified responsibility, authority, and accountability. *Please see Rev. Brooks' column on the next page of this Quest.*

After months of discussion, this summer, the ministers unanimously recommended and the Board unanimously approved both the plan and that the Rev. Dr. Natalie Fenimore serve as Lead Minister during the two-year test period. During this period, the board and ministers will be in dialogue about the efficacy of the structure and any needed clarifications—and will offer quarterly forums for congregational discussion.

In light of the Lead Minister's additional responsibilities, the Board unanimously recommends additional compensation for the Lead Minister and asks that the membership authorize the proposed compensation package.

Register [HERE for the Congregational Meeting](#). After registering, you will receive a confirmation email containing information about joining the webinar.

A Congregational Meeting Packet is available [HERE](#).

For Frequently Asked Questions (FAQ), please click [HERE](#). For information about voting for multiple viewers on one device or access for those without video screens, please contact Tammy Weil (tweil@uucsr.org).

EMPLOYMENT OPPORTUNITIES

Open UUCSR Facilities Positions:

Facilities Supervisor
Full- and Part-time Technicians

If you know anyone who is seeking employment in the facilities field, full-time and part-time positions are available. Please send résumés to hr@uucsr.org.

DEVELOPMENTAL MINISTRY HIGHLIGHTS

The Rev. Jaye Brooks

One of UUCSR's goals for our developmental ministry time together is to explore improvements in governance and organizational structure.

In January, the three ministers, after several months of consultation with the Board of Trustees, proposed a Ministry Team "Workplan" that clarifies responsibility, authority, and accountability among the ministers and between the Ministry Team and the Board of Trustees. Ministers and board members, through many discussions of the proposed Workplan, evolved the proposal to its tenth version—which the ministers unanimously recommended to the board and which the board unanimously approved for testing during the next two years.

Under the Workplan (v.10), the Rev. Dr. Natalie Fenimore will take on the role of Lead Minister, with specific responsibilities in addition to her role as Minister of Lifespan Religious Education, with clearly stated authority and accountability. The Workplan also specifies responsibilities of the Rev. Jennifer Brower and the Rev. Jaye Brooks. Although there is little difference in the ongoing responsibilities for each of the three ministers in their areas of specialty, the clarification of responsibilities, decision-making authority, and manner of accountability reflects the Board and Ministry Team's work over the past year.

For the next two years, and especially during 2021–2022, the board and ministers will be in constant dialogue about the efficacy of the pilot structure and will engage the membership quarterly to exchange information about how it's working. With Rev. Brower's decision to retire effective June 30, the second year of the test of the structure may involve an interim or contract minister to take up her responsibilities on a short-term basis as we continue to discern the best governance structure for UUCSR. By the end of the developmental ministry in July 2023, the board and ministers expect that the congregation will be clear and confident in its governance structure.

ENDOWMENT COMMITTEE

Carole Alexander, Chair



Would You Like to Participate Directly in UUCSR Philanthropy?

Socially Responsible Investing (SRI) is just that. SRI gives below-market rate loans to organizations that share UU Principles to help the marginalized in our society.

For instance, SRI addressed affordable housing with a loan to the Enterprise

Community Loan Fund that funds affordable housing and ensures that development includes accessible transportation, good schools, access to nutritional food, health service, and a community center. Another loan recipient, Capital Good Fund, addresses the financial devastation caused by the payday loan system. By offering reasonable rates to those with low or no credit ratings, they combat the exorbitant 250–400 percent interest rates to which renters and out of work employees are subject.

Low-wealth communities have been hit hard by the COVID-19 disaster and will continue to have their credit needs underserved. SRI currently has deposited funds into Inclusiv. Inclusiv works with member credit unions to provide affordable lending to low-wealth communities.

In addition, SRI works in coordination with the Social Justice Committee to own stock in companies with practices that are contrary to UU Principles. That gives UUCSR a voice in pressuring these companies to make changes.

If you have an interest in joining, please email Carole Alexander at carole.alexander43@gmail.com.

WOMEN'S GROUP

Diane Mansell, Women's Group President

WOMEN'S GROUP FALL MEMBERSHIP MEETING AND LUNCHEON

Sunday, October 3, 2021 • 1:00 PM • In-person
Upper Meadow in Large Tent

Fun-filled Country and Western-themed event!

Come join us and kick up your heels, as we line dance and celebrate our new Women's Group year.

Register www.uucsr.org/WG2021

(Lunch choice will be required when you register: Chicken, Vegan, or Vegetarian)

Renew your Women's Group Membership for 2021–2022 or

Join for the first time—Yearly Membership Fee*—\$30 and the Meeting and Luncheon are FREE

If you do not choose to join the Women's Group at this time the Admission fee for the Meeting and Luncheon is \$15*

***Must register and pay by Thursday, September 30, 2021**



SOCIAL JUSTICE COMMITTEE
Claire Deroche, Social Justice Coordinator



In May 2021, the UU Congregation at Shelter Rock adopted the Eighth Principle, covenanting “to affirm and promote: journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.” We need look no further than the daily headlines to find oppressions that need dismantling. Recently many of those headlines have concerned a debate over what elementary and high schools should teach about our country’s history of race-based inequality.

To address this question, the Racial Justice Sub-Committee of the Social Justice Committee will present a DEI webinar described on the back page of this *Quest*. It is the hope of the Racial Justice Sub-Committee that this panel will also help us as Unitarian Universalists, committed to implementing the Eighth Principle, discover avenues of action. [REGISTER FOR SEPT. 29 HERE.](#)

Moderator:

- Jim Smith, ERASE Racism Board Member, UUCSR Member

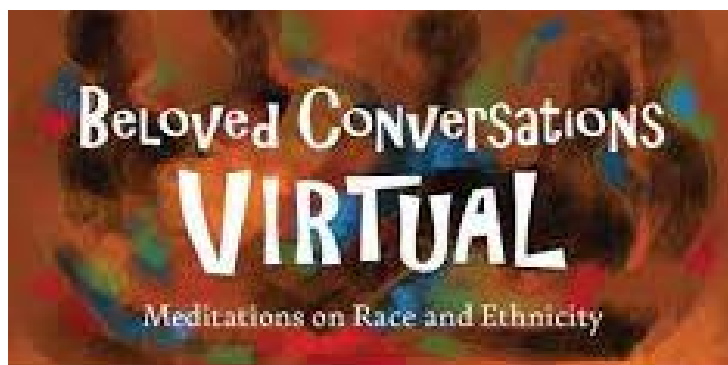
Panelists:

- Elaine Gross, ERASE Racism founder and president
- Dr. Lorna Lewis, Superintendent of Malverne school district, ERASE Board Member
- Dr. Michael Hynes, Superintendent of Port Washington school district
- Dr. Dan Holzman, Principal at Great Neck North High School
- Phil Andrews, President of the Long Island African American Chamber of Commerce
- Shoshanna Hershkowitz, Adjunct professor at Stony Brook University

Coming from a variety of perspectives, this diverse and highly respected panel will look at the question of how and why our schools are teaching DEI; why there is a need to increase the proportion of educators of color on Long Island; where the New York State Department of Education stands on teaching DEI; how DEI fits into the plans of administrators for their schools; how DEI training prepares students for a business world that is becoming increasingly diverse; and the importance of uplifting diverse voices in music programs. A Q&A period will follow.

For further information, please contact Jim Smith at 516.741.1334 or smithjimvet@gmail.com.

SOCIAL JUSTICE ANNOUNCEMENTS
Claire Deroche, Social Justice Coordinator



The signature offering of The Fahs Collaborative at Meadville Lombard Theological School—is a program for Unitarian Universalists seeking to embody racial justice as a spiritual practice. In Beloved Conversations, we are here to heal the impact of racism on our lives, in order to get free together. There are three phases to the program: Within, Among, and Beyond. Participation in the Within phase is a prerequisite for participation in the second and third phases. You can learn more about the program [here](#). To encourage participation, the Racial Justice Sub-Committee is offering UUCSR members two partial scholarships of \$125 each to cover the registration fee of \$250. If you would like to participate in the program, please review the [requirements](#) and contact Racial Justice Chair Barry Nobel at barry@nobel.org or 516.570.2154.

Donations of Gently Used Clothing and Shoes There is a new donation location, and it’s not in the main building! The Congregation has acquired an outdoor bin for donations located in the lower parking lot. It is accessible any day that the grounds are open. Donations are no longer accepted in the Main Lobby. As in the past, the donations will benefit United Veterans Beacon House (UVBH) and the families they serve. Please donate only gently used clothing and shoes in plastic bags that are tied securely. UVBH cannot receive any other items. If the bin is full, text the message, “Bin is full” to 516.23.2191, and then please take your donations home and come back another day. Thanks for your cooperation.

Monday, September 13, 2021

Social Justice Committee Virtual Meeting

7:00 PM. Note the date change. [Join via Zoom](#),

Meeting ID: 830 8516 7083 or Phone in: +1 646 558 8656

Saturday, September 18, 2021

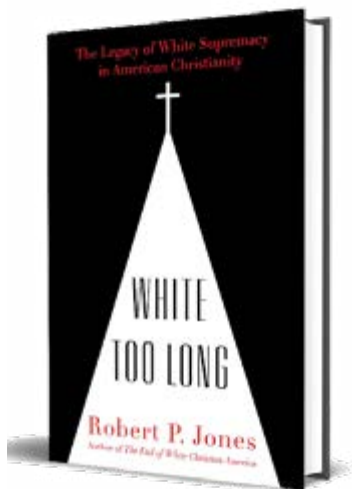
Volunteer Opportunity at the Roosevelt Community Garden,
59 East Fulton Ave, Roosevelt, NY

10:00 AM–12:00 PM

Join the Racial Justice Sub-Committee and the South Nassau UU Congregation in such activities as weeding and planting. Spanish speakers are encouraged to volunteer. Wear a hat and closed-toed shoes. Bring sunscreen, any hand gardening tools you like to use, and a refillable water bottle. Register with Social Justice Coordinator Claire Deroche by email at cderoche@uucsr.org or by text at 516.238.2191. Co-sponsored by the UUCSR Membership Committee and the SJ Racial Justice Sub-Committee.

Veatch Grantee Wins American Book Award

Last month, Robby Jones, founder and CEO of Public Research Religion Institute (PRRI)—a Veatch grantee that conducts independent research at the intersection of religion, culture, and public policy—won a 2021 American Book Award for his book, [*White Too Long: The Legacy of White Supremacy in American Christianity*](#). In this important new work, Robby squarely addresses Christianity's role in propping up white supremacy in the United States—an overdue examination, he argues, particularly amid the current political moment in which much of the country is assessing the continued legacy and impact of systemic racism.



White Too Long
by Robert P. Jones
founder and CEO of PRRI

“All white Christians, including evangelicals, mainline Protestants, Catholics, and the Orthodox, must reckon with the fact that to be baptized into our religions often means that we’re being baptized into a religion that has white supremacy in its DNA,” Robby said in an interview about the book with [Publisher’s Weekly](#). The solution, he suggests, is “community solutions” conceived of by those directly impacted by racism through grassroots community organizing—like those the congregation supports through Veatch. “The good news is these sorts of things are happening,” he said. “And you’re beginning to see change at the grassroots level.”

For six years, the Veatch Program has supported PRRI in the group’s quest to conduct high-quality public opinion surveys and qualitative research on the intersection of religion, values, and public life in America, including the views of Unitarian Universalists in particular. We partnered with Shelter Rock Forum to welcome Robby to speak at the congregation a couple of years ago. He tells us that he relies on much of PRRI’s data collection and analysis in *White Too Long*. Our ongoing support of PRRI has helped create the capacity for expansive pieces of research such as this and many others that explore the role of religion in public policy and American life.

To sign up to receive a new e-newsletter from Robby on topics related to the book, click [here](#).

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

Seatuck’s Wildlife Survey

As the new chair of the Green Sanctuary Committee, I invite you to enjoy your great natural property comprised of Gold Coast legacy gardens and environmentally important woodland. In Japan, the phrase *shinrin yoku*—forest bathing—captures the many benefits of exposure to park and woodland. A dose of 20 minutes a day assists in elevating mood, lowering blood pressure, and heart rate, and is an aid in stress reduction and healing. UUCSR’s woods, combined with neighboring Greentree Foundation’s woods, represent the largest woodland in Nassau County. In brief, the importance of the woods for aquifer replenishment, carbon sequestration, temperature modulation, and wildlife preservation can’t be overstated. The importance of our grounds as a spiritual destination also cannot be overstated. It is a unique and powerful draw to congregants, visitors, and a host of critters. This summer, the Green Sanctuary Committee hosted four groups on tours of pollinator, butterfly and community gardens, and the woodland trail. Over 100 people soaked in the beauty of the property. More guided outdoor events are in the planning stage. *See notice below.*

UUCSR’s woods are not only important to us humans. UUCSR hired Seatuck Environmental Association, a non-profit environmental conservation and education group, to survey the woods over the past year. The recently released [2020-2021 Wildlife Survey Report](#) is a catalogue of the woodland wildlife. Nearly 60 species of birds that live in or pass through the property during the year were identified. Given limited surveying times, Seatuck opines that the count was likely an undercount. They also witnessed the spawning ritual of spotted salamanders, wood frogs, and spring peepers at the vernal ponds. The Green Sanctuary Committee, in partnership with Hofstra University and others, has been monitoring the larger mammals in the woods over the past year, as well. Bi-monthly, Hofstra Biology Professor Lisa Filippi and I walk the wooded trail to collect data cards from four critter cams. The motion-activated cameras work day and night. There is particular interest in the pair of coyotes that have made the woods their home. Coyotes are relatively new to Long Island, but are well established across the country. UUCSR woods are also home to deer, opossum, raccoons, garter snakes, chipmunks, squirrels, mice, and rabbits.

All is not right with the property though. Multiple invasive plant species out-compete native plants for living space. Burning bush, a shrub introduced for its bright red fall foliage has overtaken large areas of the woodland trail border. Invasive vines, such as bittersweet and porcelain berry, smother legacy garden shrubs and trees. In coming months, the Green Sanctuary Committee, partnering with the Buildings and Grounds Committee, will be presenting the congregation with recommendations for ethical environmental stewardship of its green property.

Garden and Trail Tour to Celebrate the Autumn Equinox
Sunday, September 26, 10:00–11:00 AM. Tour the UUCSR gardens and trail with Green Sanctuary Committee Members. Registration required. Click [HERE](#) to register or visit [uucsr.org](#).

LIFESPAN RELIGIOUS EDUCATION (RE)
Carson Jones, Lifespan Religious Education Coordinator



Registration is now open for in-person Religious Education Classes this Fall!

Your family's registration for fall Religious Education programming is now live at uucsr.org/RE!

Even if you completed registration recently, please fill out a fresh form for the 2021–2022 congregational

year in order to help us with planning for the return to in-classroom RE this fall. There are some new questions included and your feedback will be extremely valuable.

Registration is extra-important this year in order to know how many of you plan to have your children join us in person. Moving larger groups to bigger classrooms may be necessary and synchronous virtual participation will also be offered as needed to make sure all are included. Frequent use of the wonderful outdoor spaces will be employed whenever possible. Masking and physical distance will be required for all children, youth, teachers, parents, caregivers, and all other adults at all times regardless of vaccination status. If there's anything you need to help create a safer space for your family, please let us know in your registration.

We know this is not quite the return we've hoped for, but we also know that our loving and resilient community will see each other through. Coming back together in person as safely as possible is what we need for our faith community to thrive and revive. We look forward to welcoming everyone home to UUCSR soon!

Yom Kippur and Back-to-School Bedtime Stories
Wednesday, September 15, 7:00 PM
Live on Zoom [HERE](#)

All are welcome to join Carson Jones for interactive storytime as he reads three family-friendly stories celebrating Yom Kippur and back-to-school!

Mermaid School,
written by Joanne
Stewart Wetzel,
illustrated
by Julianna Swaney

The Pigeon HAS to Go to School!, by Mo Willems

Yom Kippur Shortstop,
written by David A. Adler,
illustrated by Andre Ceolin



ADULT PROGRAMS COMMITTEE
Bob Nuxoll, Chair

BODY PRACTICES

Yoga with Mike Mancini
Tuesdays,* 10:00 AM
Thursdays, 9:30 AM
Saturdays, 11:00 AM
[Live on Zoom HERE](#)
Meeting ID: 574 999 9276,
Password: 000815



* Tuesdays also on premises (Veatch Lawn)

The cost is \$5 for UUCSR members and \$7 for non-members. You may pay Mike through PayPal (Paypal.me/yogamike), Venmo (Michael-Mancini-55), or mail him a check: Mike Mancini, 99-40 63rd Rd, Apt 14P, Rego Park NY 11314 Questions? 516.459.6378 or mike.yogamike.mancini@gmail.com

Yoga for Joy and Balance with Beth
Wednesdays, 4:00 PM
[Join Zoom Meeting](#)

Or call 1 646 558 8656, Meeting ID: 947 7620 8714, Passcode: 220564

Yoga for Joy and Balance with Beth will resume Wednesday, September 22, at 4:00 PM, on Zoom. This class incorporates techniques of Kundalini Yoga, breathwork, meditation, and energy modalities.

Payment Info:
4 sessions:
UU Members \$32
Non-UU Members \$40

Contact Details:
Beth Fedirko 516.297.1042
Bfedirko@optonline.net

Medical QiGong for Senior Health—Balance!
Mondays, 9:30–10:30 AM
[Register HERE](#) or email tqh.Ashley@gmail.com

Start your week by strengthening your balance and overall body confidence! You will learn simple, yet powerful motion and breathing exercises to improve physical balance and safe falling skills, optimize lung capacity, bolster immunity, and promote energy flow to the internal organs. Ashley Zooms every Monday directly from Thailand to help you center your body and mind. Exercises are taught standing, with equally effective guidance for those who prefer to sit. Questions? email Ashley at tqh.Ashley@gmail.com.

\$50 for 5 classes
\$12 per drop-in class



Dramatic Readings

Saturday, September 18, 6:00 PM

[Live on Zoom HERE](#)

Meeting ID: 953 4647 4715, Passcode: 396210

Or call 1 646.558.8656

Join us for a monthly reading of new and classic plays!



The scene is set when a group of people gathered in a country house cut off by the snow discover, to their horror, that there is a murderer in their midst. Who can it be? One by one the suspicious characters reveal their sordid pasts until at the last, nerve-shredding moment the identity and the motive are finally revealed.

Please contact Jessica Pond at jpond@uucsr.org to RSVP and to request either an emailed PDF of the play or a mailed copy.

Soulful Songs and Stories



A Song + Your Stories = Magic, and we can hardly wait to see you and hear your stories as soon as we have in-person meetings. Until then, we'll resume songs and stories via PDF. Upcoming themes will include "Lessons from the pandemic" and "Lies."

Please look over the 39 topics and 323 pieces of music in the pandemic PDFs (www.j.mp/uucsrss) and let us know if any resonate with you as jumping off points for you to tell your stories.

If you joined us during lockdown, can you be with us when we meet in person on the third Friday of the month at 7:00 PM? We'll seek more of your input, and share ideas with you via email. If you're not already registered, just get in touch with Jessica Pond to sign up (Jpond@uucsr.org or 516.472.2914).

Alice Giordano and Steve Marston

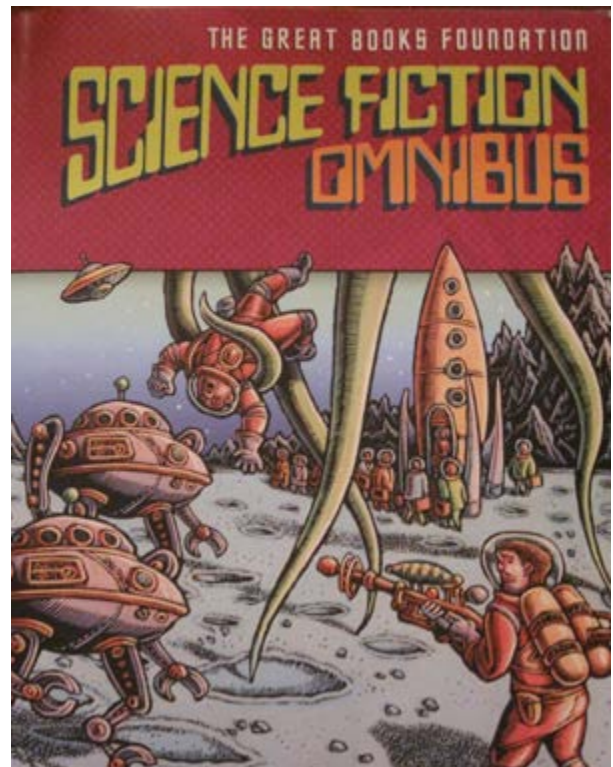
Great Books–Great Books Foundation Science Fiction Omnibus

Fridays, 12:00–1:30 PM

[Live on Zoom](#)

Come together for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. All are welcome.

Please contact Jessica Pond at jpond@uucsr.org to register. Please note that registration is not required.



- September 10, 2021: *The Ship Who Sang*, by Anne McCaffrey
- September 17, 2021: *Harrison Bergeron*, by Kurt Vonnegut
- September 24, 2021: *The Streets of Ashkelon*, by Harry Harrison
- October 1: *The Days of Perky Pat*, by Philip K. Dick
- October 8: *Vaster than Empires and More Slow*, by Ursula K. Le Guin
- October 15: *As Simple as That*, by Zenna Henderson
- October 22: *The Bicentennial Man*, by Isaac Asimov
- October 29: *Houston, Houston, Do You Read?* by James Tiptree, Jr
- November 5: *Ender's Game*, by Orson Scott Card
- November 12: *Bloodchild*, by Octavia Butler
- November 19: *Promises to Keep*, by Jack McDevitt
- November 26: Thanksgiving weekend, no discussion
- December 3: *Face Value*, by Karen Joy Fowler
- December 10: *Even the Queen*, by Connie Willis
- December 17: *Mortimer Grays History of Death*, by Brian Stableford

WOMEN'S GROUP
Maria Ceraulo, Chair, Women's Issues



Everything Old Is New Again

Again? I asked myself. Am I going to read about this again? I thought it was resolved. I thought we'd finished with this. Like many of us living this long, we thought Johnson's Civil Rights Act outlawed discrimination based on race, color, religion, and sex. We thought passing the ERA was a natural, inevitable progression.

We thought that *Roe v. Wade* would protect a pregnant woman's ability to have an abortion without excessive government restriction. More recently, we thought the Me Too movement would provide a strong signal to predators and possibly reduce the numbers of victims of sexual harassment and assault.

We thought. We thought. We thought.

As we begin a new year at UUCSR, I find that being exhausted and disheartened is not an option for me. There's just too much to do. One of the most restrictive laws in the nation, the Texas Heartbeat Bill, bans abortions as early as 6 weeks into pregnancy, effectively overturning *Roe v. Wade* in Texas. It even enables private citizens to sue providers and others who HELP the women, enabling them to collect damages of at least \$10,000! Another rally took place recently to protest its enactment. This old issue is new again.

On Women's Equality Day, August 26, yet another rally was held for the Equal Rights Amendment—after about 100 years of struggle.

As residents of New York State, we have witnessed the resignation of the governor after allegations of sexual harassment. The man who accomplished marriage equality, \$15 minimum wage, even laws against sexual harassment, had to step down. The man with three daughters, some visible on his daily TV appearances, was disgraced. This is a new, tragic manifestation of a very old problem.

New York Chief Judge Janet DiFiore swore in Kathy Hochul as the first woman to be New York's governor while her husband held the Bible. At the ceremony, DiFiore wore a gown once worn by Judith Kaye, the first woman to serve as chief judge in the state. Hochul wore white, possibly acknowledging or paying tribute to the women's suffrage movement. Sexual harassment has not ended. With women in leadership, we can clearly be optimistic again.

With all these issues surfacing over and over again, we can sometimes feel discouraged and even hopeless. However, some developments are truly new and wonderful. We can rejoice at our accomplishments but need to rev up our engines for the fight to end the old, endless struggles. We can and must persist. Join us.

WOMEN'S GROUP
Diane Mansell, Women's Group President

Women's Group

Book Series

Third Fridays Monthly | 3:30 PM

Please contact Sharyn Esposito to learn more
sesposito@uucsr.org or 516.472.2960)

Sept 17	<i>Anxious People</i> , by Fredrik Backman, led by Judy Douenias
Oct 15	<i>The Girl with the Louding Voice</i> , by Abi Daré, led by Lee Geisen
Nov 19	<i>The Beekeeper of Aleppo</i> , by Christy Lefteri, led by Renée Silver
Dec 17	<i>The Four Winds</i> , by Kristin Hannah, led by Ruth Barrie
Jan 21	<i>The Devil You Know</i> , by Charles M. Blow, led by Ursula Salamone

Women Talk Daytime

12 Noon

First Wednesday monthly topic is always Current Events.
Topics for third Wednesdays monthly are as follows:

October 20	What is the most spontaneous thing you have done lately? Did it get you all fired up or were you left disappointed?
November 17	Name the one person who has influenced you most in life? Would you consider yourself successful if you are leading or led your life just like the person who inspired you?
December 15	What is your favorite destination? Have you already been there, or are you still in the process of making the trip to your destination of your choice?
January 19	Many women live alone and have very limited opportunity to meet or make new friends. What would you suggest to a friend in this situation?
February 16	Do you think that the cultural attitude in the US insinuates that women are less qualified or competent than men? Is that why women are paid 80 cents to the dollar than men are paid?

EVENT ANNOUNCEMENTS

ALL PROGRAMS ARE ONLINE UNLESS NOTED OTHERWISE.

Please see [UUCSR.org/calendar](https://uucsr.org/calendar) for additional details. See [LIACUU.org](https://liacuu.org) for other area congregations.

WEDNESDAY, SEPTEMBER 8, 2021

6:00 PM, Ukulele Practice

THURSDAY, SEPTEMBER 9, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo

FRIDAY, SEPTEMBER 10, 2021

12:00 PM, Great Books Discussion
6:30 PM, LGBTQ+ Zoom Gathering
8:00 PM, Soulful Sundown

SATURDAY, SEPTEMBER 11, 2021

9:00 AM, Board of Trustees Retreat
10:00 AM, Caring Committee Meeting
11:00 AM, Yoga on Zoom with Mike Mancini
11:30 AM, RE Volunteer Orientation, RE Wing
8:00 PM, 9/11 Manhasset Candlelight Memorial Service, Mary Jane Davies Park on Plandome Road

SUNDAY, SEPTEMBER 12, 2021

8:45 AM, Women's Group Virtual Board Meeting
10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: *Fishing Naked*, Rev. Tamara Lebak, Guest Minister
12:00 PM, Coffee Hour
1:00 PM, Congregational Meeting

MONDAY, SEPTEMBER 13, 2021

9:30 AM, Medical Qigong for Senior Health - Balance!
7:00 PM, RE Committee Meeting
7:00 PM, Social Justice Committee Meeting

TUESDAY, SEPTEMBER 14, 2021

10:00 AM, Outdoor Yoga with Mike Mancini, Veatch Lawn and Zoom
10:00 AM, Caring Hearts Quilters, Art Gallery, Rm 204
10:00 AM, CSA - Community Supported Agriculture Program, Off Site
3:00 PM, Art Committee Meeting
7:30 PM, Program Council Meeting

WEDNESDAY, SEPTEMBER 15, 2021

11:00 AM, Crafting for Sanity and Community Zoom Get-Together
12:30 PM, Bridge Game Play, Art Gallery
6:30 PM, Personnel Committee Meeting
7:00 PM, Yom Kippur & Back-to-School Bedtime Stories

THURSDAY, SEPTEMBER 16, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo
7:00 PM, Choir Rehearsal Gathering

FRIDAY, SEPTEMBER 17, 2021

12:00 PM, Great Books Discussion
3:30 PM, WG Book Series Zoom Session

6:30 PM, LGBTQ+ Zoom Gathering

7:00 PM, Soulful Salutations - Restorative Yoga

SATURDAY, SEPTEMBER 18, 2021

9:00 AM, Homecoming Picnic Prep Work, Veatch House
10:00 AM, Volunteer Opportunity at the Roosevelt Community Garden, Off Site
11:00 AM, Yoga on Zoom with Mike Mancini
6:00 PM, Dramatic Readings

SUNDAY, SEPTEMBER 19, 2021

10:00 AM, Young People's Choir Family Meet 'n' Greet, RE Room 15, Playground
10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: *Together Again*, led by the UUCSR Ministry Team, Worship Room and Zoom
12:00 PM, Homecoming Picnic, Grounds
12:00 PM, Coffee Hour

MONDAY, SEPTEMBER 20, 2021

9:30 AM, Medical Qigong for Senior Health - Balance!
3:00 PM, Mental Health Sub-Committee Virtual Meeting, Veatch Ballroom
5:45 PM, Membership Committee Monthly Meeting

TUESDAY, SEPTEMBER 21, 2021

10:00 AM, Outdoor Yoga with Mike Mancini, Veatch Lawn and Zoom
10:00 AM, Caring Hearts Quilters, Art Gallery, Rm 204
10:00 AM, CSA - Community Supported Agriculture Program, Off Site
7:00 PM, Board of Trustees Meeting
7:00 PM, Living With Cancer

WEDNESDAY, SEPTEMBER 22, 2021

11:00 AM, Crafting for Sanity and Community Zoom Get-Together
12:30 PM, Bridge Game Play, Art Gallery
4:00 PM, Yoga for Joy and Balance with Beth
6:00 PM, Ukulele Practice

THURSDAY, SEPTEMBER 23, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo
6:30 PM, Together to End Solitary Confinement Virtual Program
7:00 PM, Board of Trustees Meeting
7:00 PM, Choir Rehearsal Gathering, Choir Rehearsal Room
7:00 PM, Choir Rehearsal Gathering, Social Hall

FRIDAY, SEPTEMBER 24, 2021

12:00 PM, Great Books Discussion
6:30 PM, LGBTQ+ Zoom Gathering

SATURDAY, SEPTEMBER 25, 2021

11:00 AM, Yoga on Zoom with Mike Mancini

SUNDAY, SEPTEMBER 26, 2021

10:00 AM, Garden and Trail Tour to celebrate the Autumn Equinox, Grounds
10:40 AM, The Welcome Space
11:00 AM, Religious Education (RE) Classes, RE Wing
11:00 AM, Sunday Worship: *Love, Loss, Resilience, and Gratitude*, Rev. Jennifer L. Brower
11:05 AM, Children's Worship, Chapel
12:00 PM, Coffee Hour

MONDAY, SEPTEMBER 27, 2021

9:30 AM, Medical Qigong for Senior Health - Balance!
5:30 PM, Veatch Engagement Ad Hoc Committee Meeting
7:30 PM, Finance Committee Meeting

TUESDAY, SEPTEMBER 28, 2021

10:00 AM, Outdoor Yoga with Mike Mancini, Veatch Lawn and Zoom
10:00 AM, CSA - Community Supported Agriculture Program, Off Site
10:00 AM, Caring Hearts Quilters, Art Gallery, Rm 204
7:00 PM, Care for the Caregiver

WEDNESDAY, SEPTEMBER 29, 2021

11:00 AM, Crafting for Sanity and Community Zoom Get-Together
12:30 PM, Bridge Game Play, Art Gallery
4:00 PM, Yoga for Joy and Balance with Beth
7:30 PM, Why Teaching Diversity, Equity and Inclusion in Our Schools is so Important

THURSDAY, SEPTEMBER 30, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo
10:00 AM, Henry Ullman Memorial Service, Main Lobby Lawn
7:00 PM, Choir Gathering

The Quest is published twice a month, except once each in July and August. Copies are available in the UUCSR Lower Lobby, <https://uucsr.org/on-demand/quest-newsletter>, and via email. Sign up for email at <https://uucsr.org/on-demand>.

The Quest Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other.

The Quest is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, Maxine Dangler, Steve Marston, and Jessica K. Vega.

Submissions: communications@uucsr.org

Quest Guidelines: <http://j.mp/quest-gl>

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September 8, 2021

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Next Quest: Wednesday, September 29, 2021 | Deadline for Content: Thursday, September 23, 2021

**RACIAL JUSTICE SUB-COMMITTEE OF THE SOCIAL JUSTICE COMMITTEE, ERASE RACISM,
AND THE LONG ISLAND AREA COUNCIL OF UU CONGREGATIONS (LIAC), CO-SPONSORS**

Co-sponsored by UUCSR's Racial Justice Sub-Committee of the Social Justice Committee,
ERASE Racism, and Long Island Area Council of UU Congregations (LIAC)

WHY TEACHING DIVERSITY, EQUITY & INCLUSION IN OUR SCHOOLS IS SO IMPORTANT

Wednesday, September 29, 2021
7:30–9:30 PM via Zoom

MODERATOR:

- JIM SMITH, ERASE Racism Board Member, UUCSR Member

PANELISTS:

- Elaine Gross, Dr. Lorna Lewis, Dr. Michael Hynes, Dr. Dan Holzman, Phill Andrews, Shoshanna Hershkowitz

Webinar Panel Discussion • Q&A Following

uucsr.org/DEI

Registration Required. Registrants will receive a follow up email with a direct link to the program.