



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

We aspire to be a loving, religious community where we can grow spiritually and build a more just and joyful world. —UUCSR Vision Statement



See page 6 for details

[See the Calendar](#)

[List Here](#)

June 23, 2021

June Monthly Theme: *Play*

SUNDAY, JUNE 27, 2021, 11:00 AM
UUA General Assembly Worship Service

Circle 'Round for Justice, Healing, Courage Streamed from Virtual General Assembly (GA) 2021. * Join in the largest annual worship gathering of UUs at this year's GA worship experience featuring worship leaders of First Universalist in Minneapolis, a congregation that has been a model of shared ministry and what it means to put the work of dismantling white supremacy and building anti-racist, anti-oppressive practices at the center of their ministry. Their leadership exemplifies some of the best practices that are possible when we embrace the work of shared ministry rooted in love and justice.

SUNDAY, JULY 4, 2021, 11:00 AM
Rev. Anthony Mtuaswa Johnson, Guest Minister

Democracy, Through My Eyes Rev. Johnson wrote, "When I first heard, years ago, that the word DEMOCRACY was nowhere in the Constitution or the Declaration of Independence I was startled. This could not be true. Our government is a democracy! As it turns out, our Founders actually feared democratic rule. The Founders preferred the word REPUBLIC. My sermon will share the truth about the differences between the two words."

FRIDAY, JULY 9, 2021, 8:00 PM
Rev. Jennifer Brower

Soulful Sundown Features spoken word woven with music from The Cosmic Orchestra: "Where music lies at the heart of the religious experience." *

SUNDAY, JULY 11, 2021, 11:00 AM
Rev. Jennifer Brower | [REGISTER TODAY!](#)

The Spiritual Insight of Evel Knievel When asked why he repeatedly took his life into his own hands with his daring stunt jumps, 1970's stuntmaster Evel Knievel said, "I love the feeling of the fresh air on my face and the wind blowing through my hair."

Maximum 150 attendees on-site outdoors. Register [HERE](#), please.

* UUCSR Worship Services are live streamed on uucsr.org/worship, Facebook, and YouTube, and afterward on the same platforms and as podcasts (www.uucsr.org/podcast). Also aired on NSTV.

TOUCHSTONES
Rev. Dr. Natalie M. Fenimore



As I write my last Touchstones of this congregational year, I look back at how the year began.

For the first Touchstones of September 2020, when we were still deep in pandemic lockdown and awaiting possible vaccines, I asked that our community choose to look forward in these ways:

Allow Grieving
Build Resilience
Welcome Change
Embrace Joy

We are now ending our congregational year with COVID vaccines available and lockdown eased. Many in the congregation have already gotten out and about. We are once again able to gather with family and friends. We are once again coming together for congregational programs, events, and Worship Services. Planning is underway for Homecoming in the fall. I know the rush to get back to life and all the activities that have been missed. But take a moment to reflect on the ways that you have experienced grief, or built resilience, or welcomed change, or embraced joy in the midst of it all.

We must not forget what we have all been through—this time will leave a mark: many still grieve, much was lost that will never be regained. There were lessons learned about inequities in our world. We made commitments to meet the challenges of making sure that inequalities do not continue.

We learned that our community of faith is strong and can be made stronger. We learned that we are important to one another—that we need one another. Let this summer's sun wash over us and bring rest and healing—and energy for the just and joyful rebuilding to come.

We bid farewell to our Student Minister, Alia Shinbrough. Alia's last day is June 30.

Continued on page 2

TOUCHSTONES

continued from page 1

Alia has been a gift and a blessing to us. Alia came to UUCSR not expecting all the changes and challenges that the COVID pandemic would bring. But with kindness, intelligence, and grace, they have given of themselves to this community. It has been a joy for us to have Alia as a learning minister this year. They made a substantial contribution to the process of figuring out how to be a virtual and in-person congregation. We will miss their questions, their creative energy, their deep reflections, and their laugh. We wish Alia continued success on the path to their ministry. Please feel free to contact Alia at ashinbrough@uucsr.org to say farewell.



The Rev. Dr. Natalie Maxwell Fenimore

WELCOME SPACE

Abigail Highland, Membership Coordinator

Sundays • 10:40–11:00 AM

Whether you are a newcomer, or a longtime Shelter Rock member, you are welcome in The Welcome Space! For 20 minutes prior to the service, say “Hi” to members of the Membership Committee.

Bring your coffee and your curiosity! We look forward to saying, “Good Morning.” [Join Zoom Welcome Space HERE](#)



UUCSR PODCASTS

Now you can listen to UUCSR Services and recorded events on-the-go. Find UUCSR wherever you get your music: iTunes, Spotify, Google Podcasts, Amazon Music, Stitcher, Tune In+Alexa, iheart Radio, Pandora, RSS Feed. More platforms are coming soon. Visit www.uucsr.org/podcast for the full array.

CONGREGATIONAL AFFAIRS

Mark Hartman, President of the Congregation



Unfinished Work (Part III)

This is the third and final *Quest* column in a series entitled Unfinished Work. It is also my final column as President of the Congregation. Without a doubt, the past two years have been a period of challenge, sadness, fear, and a myriad of other emotions. Like you, I have experienced many of those emotions personally. We are also at a crossroads. It is easier to see that we are at a crossroads because we are coming to the other side of a global pandemic, the likes of which has not been seen in over 100 years. It is also easier to see the crossroads because of the decision the Board made almost three years ago to engage a developmental minister, Rev. Jaye Brooks, whose work with the Board of Trustees and the Congregation has cleared the undergrowth and has revealed more clearly the alternative paths that are in front of us. Lastly, it's been my experience that we always seem to be at a crossroads of one type or another, even if it is only a need to engage in self-examination. It is who we are.

At its two meetings in June, the Board of Trustees made one particular decision and started down two other paths of discernment about which I want to report.

At its meeting on June 17, the Board voted to modify the Hadley House Rent Policy for the 8 two-bedroom apartments in Hadley House effective immediately. The modification changes the basic formula for rent from what is essentially, a cost-based system (based on the actual operating and capital costs incurred by Hadley House) to a system where rents will be set at or below the higher Nassau County Fair Market Rent as determined by the United States Department of Housing and Urban Development. The Hadley House LLC initial proposal had been to modify the Rent Policy for all apartments at Hadley House.

At its meeting on June 15, the Board of Trustees received the Memorandum from Perlman and Perlman, LLP on Alternative Structures for the UUCSR Veatch Program. The Board spent close to 90 minutes discussing the 22-page report in executive session with the partner at Perlman and Perlman who had drafted it. Although the Board made no decision with respect to releasing the report to members of the Congregation, there did seem to be an evolving consensus to create a Task Force that would include Trustees, Governors from the Veatch Board, and some others. Such a task force would be charged with deciding how to discuss the issues raised by the Report with the Congregation.

Also at its meeting on June 15, the Board received a report from the three Trustees who had been asked in April to explore certain aspects of governance and ministry at UUCSR, including the possibility of creating a position of “Lead Minister” at Shelter Rock. Although the three Trustees were not ready to present a proposal

to the Board, they, nevertheless, were seeking consensus to move forward with a plan that would name Rev. Dr. Natalie Fenimore as Lead Minister for two years during which time clarification of the position of Senior Minister and a search will begin.

As I wrote at the beginning of this column, there are lots of important issues to be discussed and decided by the Congregation. I wish only that during the last 2 years, we could have traveled together a little further down this path. However, as I said at the Annual Meeting, whether Jana, who becomes President of the Congregation on July 1, moves in the same direction I traveled, takes a different route, or chooses a different destination, I have every confidence in her that she will choose what she believes to be in the best interests of the Congregation.

Thank you for your trust during these past two years.

Mark

Comments, questions, or concerns may be sent to President@uucsr.org.



Are you a Zoom user? All Zoom users experience issues now and then, and we often troubleshoot together, sometimes during meetings.

Audio problems are common, particularly on mobile devices.

Learn about details of common mobile issues on the Zoom Help Center [HERE](#).

EMPLOYMENT OPPORTUNITIES

The Unitarian Universalist Congregation at Shelter Rock is a special place to work—where one's job can be in alignment with UU values.

Positions open to non-members are:

- ◆ Zoom Hosts
- ◆ Facilities Technicians

For details, please visit <https://uucsr.org/employment/>

COVID-19 GRANT TASK FORCE

Special Announcement:

In spring of 2021, members of the congregation voted to approve grants totaling \$500,000 to local organizations giving direct services to those in Nassau, Suffolk, and Queens. Grant-recipient criteria were to include: food insecurity, homelessness, mental health, loss of parents or guardians, and educational disadvantages in children due to the COVID-19 pandemic.

The Board of Trustees (BOT) is now pleased to announce that 19 organizations were approved in June, 2021 for grants for direct services related to the pandemic. All of the organizations are addressing pandemic-related emergency needs in their communities, and many have expanded or modified the services they were engaged in to support people in crisis. These organizations have dedicated, hardworking and creative leaders and it is the belief of Board members that they will use our grants to make a real difference to the people they serve.

The first 15 organizations will receive \$20,000 each and the final 4 organizations will receive \$50,000 each, according to criteria approved by the Congregation. They are:

1. La Jornada, Food, Queens*
2. Queens Together, Food, Queens
3. Sunnyside Community Services, Food and children suffering from educational disadvantages, Queens
4. CAREGEN, Children who have lost a parent or guardian, Nassau
5. Choice for All, Food, Nassau*
6. Island Harvest, Food, Nassau and Suffolk
7. Littig House, Food and homelessness, Nassau*
8. Long Island Crisis Center, Mental health, Nassau
9. Manhasset/Great Neck EOC, Children suffering from educational disadvantages, Nassau*
10. NAMI Queens/Nassau, Mental health, Nassau and Queens*
11. New Ground, Housing, Children suffering from educational disadvantages, Nassau and Suffolk
12. St. Aloysius, Food, Nassau*
13. Housing Help, Homelessness, Suffolk*
14. OLA of Eastern LI, Mental health, Suffolk
15. Sepa Mujer, Mental health and homelessness, Suffolk*
16. ELMCOR, Mental health and food, Queens*
17. Central Nassau Guidance and Counseling, Mental health, Nassau*
18. Health and Welfare Council, Food, Nassau and Suffolk
19. North Shore Child and Family Guidance, Mental health, Nassau*

* Received smaller COVID-19 related grant from UUCSR last year.

COVID-19 Task Force: Terry Bain, chair, Iliza Bartels, Claire Deroche, Rev. Dr. Natalie Fenimore, Rebecca Smith, Marsha Stone, and Jane Weiler

DENOMINATIONAL AFFAIRS COMMITTEE (DAC)

Richard Bock, Chair

2021 VIRTUAL GENERAL ASSEMBLY (GA)

Service of the Living Tradition | Thursday, June 24, 2021 | 7:00 PM

One of the highlights of any GA is the Service of the Living Tradition (SLT). It is a time when UU Ministry is featured, specifically those who have been granted fellowship, those who have achieved final fellowship, as well as those opting to retire after years of successful ministry. An honor roll of those who have passed away since last year's GA is also included.

Keynote Speaker for SLT is Shelter Rock's Rev. Dr. Natalie Fenimore! Assisting Rev. Natalie as Music Director for the event is Shelter Rock Music Director Stephen Michael Smith; Stephen will be conducting a choir of singers who are all ministers. This has long been a tradition of the SLT. Also important is the offering, which is a collection of funds sorely needed to assist UU ministers who have retired with little or no pension.

Registration Reimbursement Available

UUCSR members are still welcome to take advantage of the Board of Trustees' offer to cover the cost of Virtual General Assembly registration and attend the General Assembly independent of delegate status. Full (paid) registration is the only way to view the full program in its entirety. Please contact Elaine Corrao (ecorrao@uucsr.org) for registration reimbursement information.

Registered attendees will be able to see these presenters of note, among many others:

- Rev. Ned Wight (former UUCSR Interim Minister and Veatch Program Executive Director) is preaching in the UU Service Committee Service (#301).
- Rev. Kimberly Quinn Johnson (Board Member, Black Lives of Unitarian Universalism) is presenting several programs.
- Susan Roberts (UUCSR LGBTQ+ Committee Chair) is leading a workshop (#657).

General Assembly 2021 Online Video Available to the Public

(Free and without registration) www.uua.org/ga/off-site/2021

Some Virtual General Assembly programs such as the Service of Living Tradition described above are available to the public without registration.

Public events from General Assembly (GA) 2021 will be live-streamed [HERE](#), June 23-27—no registration required. Watch General Sessions, Candidates Forum & Info Session, Service of Living Tradition, and Synergy Bridging Worship. An online chat will be available during live events. On-demand video will be available after each event concludes.

On, June 27, 2021, GA Sunday Worship Service will be streamed at 11:00 AM at uucsr.org/worship, and at noon at address above.

UNITARIAN UNIVERSALIST VEATCH PROGRAM AT SHELTER ROCK

Joan Minieri, Executive Director



Veatch at Virtual General Assembly (GA) and on the Ground in Milwaukee

Every year, a delegation of Veatch Governors represents the congregation's Veatch Program at General Assembly (GA). During GA, we hold informative and inspiring meetings with many of the grantees funded by Veatch to strengthen the UU denomination. In 2021, Veatch

made \$4,203,00 in grants to this cluster of organizations. For GA this year, we have a full schedule of virtual meetings and community building times for Veatch Governors and Veatch staff.

We kick off our week with a coffee and conversation hour, hosted by UUA President Susan Frederick-Gray, and [UUA](#) staff. Over the course of GA, we meet with representatives of the [UU Funding Program \(UUEP\)](#), [Fahs Collaborative at Meadville Lombard](#), the [UU Service Committee \(UUSC\)](#), [UU@UN](#), [Church of the Larger Fellowship \(CLF\)](#) and [Beacon Press](#). We look forward to the Service of the Living Tradition, where Rev. Dr. Natalie Fenimore, who represents the Ministry team with the Veatch Program, will deliver the sermon.

The Ware Lecture promises to be a highlight, as always. This year's Ware Lecture features Stacey Abrams and Desmond Meade. Both work extensively with Veatch grantees including [Georgia Stand-Up](#) and [Florida Rising](#). Abrams and Meade are extraordinary partners and visionaries in the fight for voter rights in those states and throughout the country.

This year's GA was scheduled to take place in Milwaukee. We invite you to check out our long-term grantee, [Voces de la Frontera](#), based in Milwaukee. While we are at Virtual GA, Voces will be leading an historic Essential Immigrant Workers 9-day march from Milwaukee to Madison.

Veatch denominational grantees have been pivoting throughout the pandemic year to build community, support congregations, expand educational programs, and mobilize UU's for justice. We enter GA 2021 with deep appreciation for the many ways in which they, and all Veatch grantees are putting the congregation's faith into action every day. They are building the better world we so desperately need, and that we know, through our values, to be possible.

For periodic email updates on Veatch grantees, I encourage you [subscribe to Veatch News Updates here](#).

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

MINISTRY PROGRAMS

The Ministry Team

Soulful Salutations Series

Restorative Yoga

Led by Denise DeLuca with music by Ben Wisch from The Cosmic Orchestra

Friday, 7:00 PM

June 25, 2021

[Register here for Zoom.](#)

Living Solo

New time: 10:00 AM, Thursdays, June 24, July 1, 8, 15, 22, 29
Replacing feelings of isolation with camaraderie and companionship through intentional community. All those who reside alone are welcome to attend this virtual group.

MILESTONES

We mourn the death of... Hyman (Hy) Livingston who died unexpectedly on Saturday, June 19, 2021. A member of UUCSR, he was 83 years old. A Memorial Service will be held at noon on Friday, June 25, 2021 at the Roslyn Heights Funeral Home. All are welcome to attend. Expressions of sympathy may be sent to: *Verna Livingston and Family, 31 Secor Dr, Port Washington, NY 11050-3417*

We share the sad news... of the death of UUCSR member Duncan Whiteside. Duncan died on June 10, 2021. He was 85 years of age. Expressions of sympathy may be sent to: *Mariette Bates Whiteside, 330 W. 55th St #6C, New York, NY 10019*

We celebrate with... Colin and Latifa Woodhouse who joyfully welcomed their first grandchild, Leo John Fontas, on June 4, 2021. UUCSR member and mother, Sophia Woodhouse, and her husband Chris Fontas, are happy and healthy as they both enjoy family leave time with their new addition to the family.

THANK YOU

Thank you to the Green Sanctuary Committee members and the entire Shelter Rock Congregation for designating One Earth Conservation as the charity to receive donations from UUCSR's 2021 Earth Day Service. We received \$325 from the Congregation.

Please know that this support is having a real impact on people, places, and parrots in the Americas and elsewhere. Despite the challenges of the pandemic, limited access to supplies and other resources, and recovery from wildfires and hurricanes, our partners performed amazing work on the ground throughout 2020 and continue to do so into 2021.

Thank you to UUCSR for your support and confidence in our work.

With gratitude,
Gail Koelln and LoraKim Joyner, Co-Directors
One Earth Conservation

MEN'S GROUP

Bernard FitzGerald, Chair

END OF YEAR BARBECUE *** PARTY ***

TAILGATE DINING Sunday, June 27, 2021

12:00 - 3:00 PM

Main Parking Lot
\$5.00

Delicious BBQ fare - Hamburgers, Veggie Burgers, Hot Dogs, Sausage, Salads, Chips, Ice Cream and Cookies. Beverages include Beer, Wine, Soda, Coffee and Tea. Bring your family and enjoy fellowship, food, and music.

Sing & Dance with Any Given Sunday Band!

Open to all adult members
and their guests!

Facilitator: Bernie FitzGerald



<https://uucsr.formstack.com/forms/2021bbq>

Registration Deadline Extended:

RSVP online by noon on Friday, June 25, 2021

or with Sharyn Esposito at 516.472.2960 or sesposito@uucsr.org

SOCIAL JUSTICE COMMITTEE

Claire Deroche, Social Justice Coordinator



Putting Purpose into Practice

In the Purpose Conversations planned by Rev. Jaye Brooks, the UUCSR community identified important values and key ideas to guide our congregational life. The Board of Trustees took these values and ideas and sorted them into three Focus Areas: Nourish Beloved Community, Deepen Spirituality,

and Create Opportunities to Be of Service. Under “Be of Service,” there was a call to “offer hands-on opportunities for members to engage in social justice work and advocacy.” Where are those opportunities?

On May 2, the Congregation affirmed the Eighth Principle, committing our faith community “to journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.” How will we put this principle into practice?

Although there are many ways we can engage in hands-on service and dismantle racism and other oppressions, I’d like to share with you one small opportunity that the Racial Justice Subcommittee (RJSC) and Membership Committee co-sponsor. (*See page 7.*)

On June 15, several members of the RJSC, along with members from the South Nassau UU Congregation, visited the Roosevelt Community Garden, located at 59 East Fulton Ave, Roosevelt, NY. We met with project director, Andrea Millwood. Among other things, we learned that the gardeners who cultivate 49 raised beds gather on the third Saturday monthly from 10:00 AM–12:00 PM for education and sharing.

Volunteering in this neighborhood interested the RJSC for several reasons. Roosevelt is a racially and ethnically diverse community where Black and Brown people predominate. Andrea Millwood shared that her goal for the garden is that people connect with one another, which is our goal, too!

We realize that Roosevelt isn’t in our backyard, but we are welcome there. This could be a “pilot project” that could lead to opportunities in our back yard.

Andrea would welcome our help on the third Saturday of each month. Our goal would be to connect with the gardeners and to offer a helping hand in activities such as weeding the common areas of the garden (not in any of the raised beds), maybe some planting to beautify the common areas, and perhaps assisting with activities for the children. Spanish speakers would have the opportunity to help the non-Spanish speaking gardeners converse with their Latinx neighbors.

continued on next column

We hope to have volunteers present on Saturdays: July 17, August 21, September 18, and October 16, from 10:00 AM–12:00 PM. If you are interested in this project, please email me with your choice of dates. You can also text me at 516.238.2191. Please include your cell phone number. Because of the size of the garden and the number of gardeners, we are limited to 10 volunteers at a time, so first come, first served.

Once we have a list of volunteers, we will be able to organize car-pooling, making this experience easier. We will also provide more specific instructions to those who register.

If this opportunity isn’t a good fit for you, please email Social Justice Coordinator Claire Deroche with suggestions that would fit. Remember: we’re looking for social justice opportunities that dismantle racism and other oppressions!

SOCIAL JUSTICE ANNOUNCEMENTS

Claire Deroche, Social Justice Coordinator

Donations of Gently Used Clothing and Shoes

There is a special donation location, and it’s not in the main building! The Congregation has acquired an outdoor bin for donations of gently used clothing and shoes. The donation bin is located in the lower parking lot and will be accessible any day that the grounds are open. (Donations are no longer received in the Main Lobby.) As in the past, the donations will benefit United Veterans Beacon House (UVBH) and the families they serve. Please donate only gently used clothing and shoes in plastic bags that are tied securely. If the bin is full, text the message, “Bin is full” to 516.238.2191, and then please take your donations home and come back another day. There will be regular pick-ups, but it will take us a few weeks to determine exactly how often those pick-ups need to occur. Thanks for your cooperation.

School Supplies for Children in Need

Each summer UUCSR collects new school supplies for children in need in the Village of Hempstead. The supplies are distributed in late August by Rev. Benjamin of ABBA (Able Body of Believer’s Alliance) Leadership Center. There is a bin in the Lower Lobby where you may leave your donations on the days that the building is open. [Click here for a list of suggested items to donate.](#) You can also make a cash donation [HERE](#). Thanks for your generosity to neighbors in need.

Wednesday, June 23, 2021

Together to End Solitary Confinement Virtual Program, Join members of the Social Justice Committee [HERE](#) as we remember those suffering the torture of solitary confinement. Meeting ID: 914 5526 0335 Passcode: 901854 Or call +1.646.558.8656.
Sponsored by the Social Justice Committee

Wednesday, July 7, 2021

Virtual Racial Justice Subcommittee Meeting
Join Zoom Meeting [HERE](#). Meeting ID: 925 4548 4255
Passcode: 274017. Dial by your location: 646.558.8656.

MEMBERSHIP AND SOCIAL JUSTICE RACIAL JUSTICE SUB-COMMITTEES

Volunteer Opportunity at the Roosevelt Community Garden

*Are you looking for a hands-on opportunity to be of service?
Are you wondering how UUCSR will enact the Eighth Principle?*

This might be the opportunity you're looking for. We've been invited to volunteer once a month in the Roosevelt Community Garden. We'll have the opportunity to get to know local residents while helping to make their community garden an inviting and beautiful place. Our help would be welcome on the third Saturday of the month from 10:00 AM to 12:00 PM in such activities as weeding the common areas of the garden (not in any of the raised beds), maybe some planting to beautify those areas, and perhaps assisting with activities for the children. Spanish speakers would have the opportunity to help the non-Spanish speaking gardeners converse with their Latinx neighbors.

Where: Roosevelt Community Garden, 59 East Fulton Ave, Roosevelt, NY

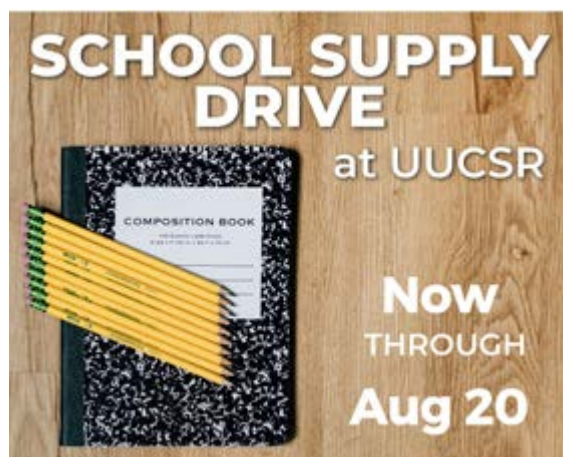
When: Saturdays, July 17, August 21, September 18, and October 16 from 10:00 AM to 12:00 PM

What: Connect with people from the local community while offering help with the common areas of the garden. Meet members of the South Nassau UU Congregation who will be joining us in volunteering.

How: Register with Social Justice Coordinator, Claire Deroche, cderoche@uucsr.org stating the dates you're available and your cell phone number. Claire will respond with further information.

Note: Because of the size of the garden and the number of gardeners, we are limited to 10 volunteers at a time, so first come, first served.

Got Questions? Contact Claire at cderoche@uucsr.org or 516.238.2191.



Please see Announcements on page 6 for details.

GREEN SANCTUARY COMMITTEE Ellen Councill, Chair

This article reflects the congregation's stewardship of the earth and commitment to the Seventh Principle.

Wildlife and the Pandemic

In the United States and globally, it is normal for cities and communities to be filled with traffic noise and human activities. The corona virus has altered that for the last year. What has resulted has had negative impacts on humans, but positive ones on wildlife. A global resurgence of all kinds of animals has emerged in diverse areas. Scientists call this the result of the "arthropause," or "a slowdown of human activity."



There have been howling coyotes seen in San Francisco and wild goats seen in Welsh towns. Forty-five percent fewer large animals have been hit by cars. With the decrease of CO2 emissions, birds are singing louder or sweeter. Francesca Cagnacci, an ecologist at Fondazione Edmund Mach, discovered via motion-activated cameras, that supposedly nocturnal animals like sable antelopes, wild boars, coyotes, and tigers are becoming daylight oriented. With less human activity some animals are crossing habitat-connectivity corridors. This can determine preferred corridor planning to protect wildlife in the future.

Marine life has also been impacted. Because of underwater noise, many fish could not forage. Since the slowdown of ocean shipping and cruise ships, whales have been having an easier time communicating as well. In Florida, loggerhead turtles were successfully nesting due to beach closures in the Spring. This accounted for a rise from 48 percent in 2019 to 60 percent currently. Overseas, in Mumbai, India, there has been an upswing in flamingos. There were over 150,000 in 2020, a 25 percent increase from 2019.

In the US communities have seen deer resting and grazing in their towns. They are staking out new territory. The usual, now quiet atmosphere, has increased migratory birds which are the barometer of health throughout the world. Although they can carry "flu" viruses, they are asymptomatic when it comes to the corona virus. The cages of wild and domestic birds sold in outdoor markets in places like Hong Kong where they are stacked next to each other are the sources of our newer outbreaks: corona viruses. There pathogens can evolve.

The upside of the pandemic is that nature and many animals are rebounding. The downside is that humans are suffering and that there is more poaching of animals and killing them for food. What is evident is that people are hearing and seeing animals and the environment around them in a new way: as part of our existence.

Elaine Peters for the Green Sanctuary Committee

LIFESPAN RELIGIOUS EDUCATION (RE)

Carson Jones, Lifespan Religious Education Coordinator



Stepping Stones Toward Wholeness:

An Outdoor RE Summer Program for All Ages

Sundays, July 18, 25,
August 1, 8, and 15, 1:00 PM

Outdoors on the UUCSR grounds

Beginning on Sunday, July 18, we will be back in the glorious UUCSR environs for our five-Sunday, all in-person, all-outdoors RE Summer Program where families are invited to explore ways to re-awaken their bodies, re-invigorate their souls, and re-enter the world through a series of fun activities, movement, and musical exercises, self-care practices, and Slime Making (no summer is complete without making slime!) led by Carson Jones, George Weisman, Suzanne Viverito, and some special guests.



Registration is now open at www.uucsr.org/RE

Summertime Snacks! Bedtime Stories

Wednesday, July 21, 7:00 PM

Live on Zoom [HERE](#)

Every third Wednesday of the month, all are welcome to join Carson Jones, UUCSR Lifespan Religious Education Coordinator, for an interactive storytime as he reads three family-friendly stories celebrating our favorite summertime snacks!

It Began with Lemonade, written by Gideon Sterer, illustrated by Lian Cho

The Pigeon Finds a Hot Dog!, by Mo Willems

Scoop the Ice Cream Truck, by Patricia Keeler

UU Kids Connect Summer Program

6 Weeks, 6 Sources!

Parent Orientation, Wednesday, June 30, 8:00 PM

Live on Zoom [HERE](#)

During July and August, the cross-congregational team of religious educators that brought you last summer's wildly popular examination of the 8 Unitarian Universalist Principles are back to guide you through an exciting new adventure of diving into the 6 UU Sources! Each week, UU Kids from all over North America will come together for this dynamic exploration into the building blocks of Unitarian Universalist identity through stories, songs, and activities.

All are welcome to join us for the Parent Orientation on June 30, at 8:00 PM, to learn all about the super-fun summer we have planned!

Registration will open soon and please feel free to reach out to Carson Jones at cjones@uucsr.org with any questions.

Grants Available for UU Summer Camps

Are you looking for a fun, inclusive, and spiritually nourishing place to send your kids to camp this summer? There are several Unitarian Universalist summer camps for children and youth. The UUCSR Religious Education program budget provides grants to children and youth to attend these camps. Every child/youth of a congregational member is eligible for a grant of 18 percent of standard enrollment costs towards one week of camp. If your child/youth will be attending a UU Camp or Conference Center this summer and would like to have a grant from UUCSR, please call Jessica Pond at 516.472.2914 or e-mail jpond@uucsr.org.

UU camps include:

Star Island (<https://starisland.org/programs/>)

Ferry Beach (<http://www.ferrybeach.org/>)

The Mountain (<http://themountainrlc.org/>)

Sophia Fahs Camp (<http://www.liacuu.org/Fahs/>)

See back page of this Quest for more information.

Camp Unirondack (<https://www.unirondack.org/>)

Clara Barton Camp (<https://www.bartoncenter.org/>)

Murray Grove ([Grades 4-7](#) and [Grades 8-10](#))

Another UU summer camp of your choice

Registration may not yet be open for certain camps due to pandemic-related delays, so you may need to check their websites frequently. Some camps may have virtual options and some may be virtual-only.

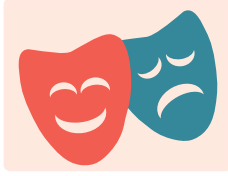
Please feel free to reach out to Jessica Pond (jpond@uucsr.org) or Carson Jones (cjones@uucsr.org) with any questions.

ADULT PROGRAMS COMMITTEE

Bob Nuxoll, Chair

Dramatic Readings

Saturdays
July 17 and August 21
6:00 PM



Dramatic Readings

[Live on Zoom HERE](#)

Meeting ID: 953 4647 4715, Passcode: 396210
Or call 1 646.558.8656

Join us for our monthly readings of new and classic plays! Play titles to be announced.

Please contact Jessica Pond at jpond@uucsr.org to RSVP and to request either an emailed PDF of the play or a mailed copy.

Yoga for Joy and Balance with Beth and Paula

Wednesdays, 4:00 PM

[Join Zoom Meeting](#)

Or call 1 646 558 8656, Meeting ID: 947 7620 8714, Passcode: 220564

This class incorporates techniques of Kundalini Yoga, breathwork, meditation, and energy modalities.

Payment Info:

4 sessions:

UU Members \$32

Non-UU Members \$40

Venmo: @paulajennings

Paypal: paula@paulajennings.com

Contact Details:

Beth Fedirko 516.297.1042

Bfedirko@optonline.net

Paula Jennings 516.761.3046

Paula@paulajennings.com

Great Books—Great Conversations

Fridays, 12:00–1:30 PM *

[Live on Zoom HERE](#)

Meeting ID: 304 658 664 Passcode: 608118

Come together for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. All are welcome.

* Sessions are on hiatus through July 2.

A new schedule of readings will be announced soon.

Yoga with Mike Mancini

Tuesdays, *10:00 AM; Thursdays, 9:30 AM; Saturdays, 11:00 AM

[Live on Zoom HERE](#)

*Tuesdays also on-premises (Veatch lawn) plus Zoom

Meeting ID: 574 999 9276, Password: 000815

The cost is \$5 for UUCSR members and \$7 for non-members.

You may pay Mike through PayPal ([Paypal.me/yogamike](https://www.paypal.me/yogamike)), Venmo (Michael-Mancini-55), or mail him a check: Mike Mancini, 99-40 63rd Rd, Apt 14P, Rego Park NY 11314

Questions? 516.459.6378 or mike.yogamike.mancini@gmail.com

Medical QiGong for Senior Health

Mondays, 9:30–10:30 AM

[Register HERE](#) or email tqh.Ashley@gmail.com

\$50 for 5 classes, \$12 per drop-in class

Start your week by strengthening your balance and overall body confidence! You will learn simple, yet powerful motion and breathing exercises to improve physical balance and safe falling skills, optimize lung capacity, bolster immunity, and promote energy flow to the internal organs. Ashley Zooms every Monday directly from Thailand to help you center your body and mind. Exercises are taught standing, with equally effective guidance for those who prefer to sit. Questions? email Ashley at tqh.Ashley@gmail.com.

SAVE THESE SUMMER 2021 DATES!

Foraging with the “Wildman,” with Steve Brill, America’s Go-to Guy for Foraging, sponsored by Green Sanctuary Committee

Sunday, July 25, 2021, 1:00 PM

On the UUCSR grounds for all ages. All welcome.

Annual Lobster (Roll) Fest sponsored by Member Events

Sunday, August 22, 2021, 1:00 PM

Veatch House Terrace

Lobster Roll and other dinners available.

Live music

Details to follow!

Questions? Contact Martha Chimienti: mchimienti27@gmail.com

2022 ALL-CONGREGATION RETREAT AT SILVER BAY

Memorial Day weekend 2022 will be a weekend of peace, love, and fun for all ages at the UUCSR All-Congregation Retreat at Silver Bay. There will be meaningful Worship Services, combined and separate parent and family programs that include a rope course and a climbing wall, sing-alongs at the campfire, and the annual Talent Show for all ages on the big stage, plus an intergenerational dance.

Please tell us your plans at this time, whether you think that you may attend, or definitely will not attend so that we may reserve an estimated number of rooms. Please email Staff Liaison Sharyn Esposito at sesposito@uucsr.org. Thank you.

WOMEN'S GROUP
Maria Ceraulo, Chair, Women's Issues



The Right Time

When Germany's Parliament approved a proposal that companies with four or more board members must have one woman, and Government controlled companies with three board members must have one female, I asked myself: what took them so long? There will even be penalties for noncompliance if final approval happens this summer. It's time.

In Britain, the number of all male boards has fallen dramatically to just 10 companies last year from 152 in 2011 and women on boards has more than doubled. They called for women to make up a third of all board members. Although it seems like these are steps in the right direction, women of color still hold the fewest board seats. Women are still underrepresented and true representation is decades away.

As Unitarian Universalists, we journey toward spiritual wholeness by working to build a diverse multicultural Beloved Community. In business, there is a growing body of evidence that shows that diverse leadership correlates with better performance. Fortune 500 companies with the most women on their board of directors financially outperformed, on average, those with the fewest women on their boards. Having more women correlates with many benefits, including higher return on sales, better stock growth, and lower risk of insolvency. A report from A.B.D. and Deloitte noted, however, that it will take decades for boardrooms to reach representation proportional to the demographics of the American population. It's not yet the right time.

There are so many other issues that remain trapped or stalled in the wrong time. How long will it take to pass the Equal Rights Amendment? Right now, women account for the lowest numbers in the workforce since 1988. We now have a "she-cession" for women. The reason cited by many is a lack of childcare.

When will we invest in quality childcare that is essential for women to find and keep a job? Why is it a controversial issue to keep boosts of SNAP food benefits by 15 percent for families nationwide? When will we adequately address the domestic violence that has soared during COVID? When will we have paid leave and living wages with a care infrastructure?

If this is STILL not the right time, when?

WOMEN'S GROUP
Sandra Hazel Frank, Women's Group President

June 25	8:45 PM	<i>Uncorked</i> (Netflix)
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Questions? Please contact Patti at
parislibrary@yahoo.com. All are welcome.

Women's Group

Book Series

**Third Fridays,
 monthly, 3:30 PM**

Please contact
 Sharyn Esposito to learn
 more (sesposito@uucsr.org or
 516.472.2960).

Fridays	Book Titles
July 16	<i>Less</i> , by Andrew Sean Greer, led by Patti Paris
July 23	<i>Overstory</i> , by Richard Powers, led by Patti Paris
August 20	<i>Hamnet</i> , by Maggie O'Farrell, led by Maria Ceraulo

EVENT ANNOUNCEMENTS

ALL PROGRAMS ARE ONLINE UNLESS NOTED OTHERWISE.

Please see [UUCSR.org/events](https://uucsr.org/events) for additional details. See [LIACUU.org](https://liacuu.org) for other area congregations.

WEDNESDAY, JUNE 23, 2021

Virtual General Assembly—Day 1
6:30 PM, Together to End Solitary Confinement Virtual Program

THURSDAY, JUNE 24, 2021

Virtual General Assembly—Day 2
9:30 AM, Yoga on Zoom with Mike Mancini,
11:00 AM, Living Solo
2:00 PM, Contemplations

FRIDAY, JUNE 25, 2021

Virtual General Assembly—Day 3
2:00 PM, Meditative Moment
6:30 PM, LGBTQ+ Zoom Gathering
7:00 PM, Soulful Salutations-Restorative Yoga
8:45 PM, Virtual Film Discussion: *Uncorked*

SATURDAY, JUNE 26, 2021

Virtual General Assembly—Day 4
11:00 AM, Yoga on Zoom with Mike Mancini

SUNDAY, JUNE 27, 2021

Virtual General Assembly—Day 5
10:40 AM, The Welcome Space
11:00 AM, Sunday Service at GA: *Circle 'Round for Justice, Healing, Courage*
12:00 PM, Virtual Coffee Hour
12:00 PM, Men's Group End-of-Year BBQ Tailgate Party, Main Parking Lot
1:30 PM, Sml Grp Ministry-First Sunday Mtg

MONDAY, JUNE 28, 2021

9:30 AM, Medical Qigong for Senior Health
2:00 PM, Meditation and Poetry

TUESDAY, JUNE 29, 2021

8:30 AM-4:00 PM, School Supplies Collection, Lower Lobby
10:00 AM, Outdoor Yoga with Mike Mancini, Veatch Lawn and Online
10:00 AM, CSA-Community Supported Agriculture Program, Pick-up Site
12:45 PM, Inisfada-Zen Sitting Meditation, Veatch Lawn
7:00 PM, Right Relations Committee Meeting

WEDNESDAY, JUNE 30, 2021

8:30 AM-4:00 PM, School Supplies Collection, Lower Lobby
10:00 AM, Caring Hearts Quilters, Art Gallery
11:00 AM, Crafting for Sanity and Community Zoom Get-Together
12:30 PM, Bridge Game Play, Art Gallery
2:00 PM, Messages
2:00 PM, Wednesday Afternoon Conversations
4:00 PM, Yoga for Joy&Balance w/Beth&Paula
8:00 PM, UU Kids Connect Summer Program: Parent Orientation

THURSDAY, JULY 1, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo

SATURDAY, JULY 3, 2021

11:00 AM, Yoga on Zoom with Mike Mancini

SUNDAY, JULY 4, 2021

10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: *Democracy, Through My Eyes*, Rev. Anthony "Mtuaswa" Johnson, Guest Minister
12:00 PM, Virtual Coffee Hour

MONDAY, JULY 5, 2021

BUILDING CLOSED-July 4 Holiday
9:30 AM, Medical Qigong for Senior Health

TUESDAY, JULY 6, 2021

8:30 AM-4:00 PM, School Supplies Collection, Lower Lobby
10:00 AM, Outdoor Yoga with Mike Mancini, Veatch Lawn and Online
10:00 AM, CSA-Community Supported Agriculture Program, Pick-up Site
12:45 PM, Inisfada-Zen Sitting Meditation, Veatch Lawn

WEDNESDAY, JULY 7, 2021

8:30 AM-4:00 PM, School Supplies Collection, Lower Lobby
10:00 AM, Caring Hearts Quilters, Art Gallery
11:00 AM, Crafting for Sanity and Community Zoom Get-Together
12:30 PM, Bridge Game Play, Art Gallery
3:00 PM, Racial Justice Sub-Comm Mtg
4:00 PM, Yoga for Joy and Balance with Beth and Paula

THURSDAY, JULY 8, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo

FRIDAY, JULY 9, 2021

11:00 AM, Small Grp Ministry Facilitators Mtg
12:00 PM, Great Books-Great Conversations
8:00 PM, *Soulful Sundown*, Rev. Jennifer Brower

SATURDAY, JULY 10, 2021

11:00 AM, Yoga on Zoom with Mike Mancini

SUNDAY, JULY 11, 2021

10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: *Spiritual Insight of Evil Knievel*, Rev. Jennifer Brower, On-Site and Online
12:00 PM, Virtual Coffee Hour

MONDAY, JULY 12, 2021

8:30 AM-4:00 PM, School Supplies Collection, Lower Lobby
9:30 AM, Medical Qigong for Senior Health
7:00 PM, Caring Committee Meeting

TUESDAY, JULY 13, 2021

8:30 AM-4:00 PM, School Supplies Collection, Lower Lobby

10:00 AM, Outdoor Yoga with Mike Mancini, Veatch Lawn and Online

10:00 AM, CSA-Community Supported Agriculture Program, Pick-up site

12:45 PM, Inisfada-Zen Sitting Meditation, Veatch Lawn

WEDNESDAY, JULY 14, 2021

8:30 AM-4:30 PM, School Supplies Collection, Lower Lobby
10:00 AM, Caring Hearts Quilters, Art Gallery
11:00 AM, Crafting for Sanity and Community Zoom Get-Together
12:30 PM, Bridge Game Play, Art Gallery
4:00 PM, Yoga for Joy and Balance with Beth and Paula
7:30 PM, Sml Grp Ministry Second Wed mtg

THURSDAY, JULY 15, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
10:00 AM, Living Solo
7:00 PM, Living With Cancer

FRIDAY, JULY 16, 2021

12:00 PM, Great Books-Great Conversations
3:30 PM, WG Book Series Zoom Session

SATURDAY, JULY 17, 2021

10:00 Roosevelt Community Garden Project, Offsite
11:00 AM, Yoga on Zoom with Mike Mancini
6:00 PM, Dramatic Readings

SUNDAY, JULY 18, 2021

10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: *Seeds of Being*, Cassandra Montenegro
12:00 PM, Virtual Coffee Hour
1:00 PM, Stepping Stones Toward Wholeness: An Outdoor RE Summer Program, UUCSR Grounds

The Quest is published twice a month, except once each in July and August. Copies are available in the UUCSR Lower Lobby, <https://uucsr.org/on-demand/quest-newsletter>, and via email. Sign up for email at <https://uucsr.org/on-demand>.

The Quest Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other.

The Quest is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, Maxine Dangler, Steve Marston, and Jessica K. Vega.

Submissions: communications@uucsr.org
Quest Guidelines: <http://j.mp/quest-gl>

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June 23, 2021

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ADDRESS SERVICE REQUESTED
FIRST CLASS MAIL DATED MATERIAL

Next Quest: Wednesday, July 14, 2021 | Deadline for Content: Thursday, July 8, 2021

URGENT

message from the
Sophia Fahs coordinators

Dear Sophia Fahs Campers, Families, and Staff,

We need your help!!!

We are making plans for Sophia Fahs 2021, but **we do not yet have enough campers registered to be able to hold camp**. If we don't meet our minimum number, we will not be able to continue our plans for August, and will lose our spot for future years as well.

It's now or never:

- If you're thinking about registering, but haven't gotten around to it yet, **please register ASAP**, so we can count you.
- If you've already registered, please talk to your friends and encourage them to join us this summer.
- If you have information about a congregation that we haven't reached out to yet, please let us know.

To register: go to our website, www.LIACUU.org/Fahs, and click on the black box: "REGISTER CAMPERS AND STAFF."

Please help us keep Fahs alive!

In Fellowship, The Sophia Fahs Camp Advisory Committee

2021 Sophia Fahs Summer Camp

Sunday 8/22/21 - Saturday 8/28/21

REGISTRATION OPEN

Sophia Fahs Summer Camp operates with a mission to create an intergenerational UU community that provides enjoyable, practical and spiritual experiences in a safe, beautiful and natural environment that will inspire children, youth and adults to explore their identities: personal, communal, and Unitarian Universalist.

NOTE: Registration is only through the LIAC/CampBrain Registration System [HERE](#).

