



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

We aspire to be a loving, religious community where we can grow spiritually and build a more just and joyful world. —UUCSR Vision Statement



April Monthly Theme: *Becoming*

[See the Calendar List Here](#)

April 14, 2021

SUNDAY, APRIL 18, 2021, 11:00 AM
Rev. Anne Bancroft, Guest Minister



Pilgrims of the Spirit Caught in a time of pandemic, of political turmoil, and great justice seeking, it is important to remember that at the end of the day—every day—we are each and all pilgrims of the spirit. The question is, in our tradition of free faith, do we journey alone, or together?

Rev. Anne Bancroft, is excited to be returning to UUCSR as a guest preacher, having served as an Intern Minister nearly 12 years ago! *

SUNDAY, APRIL 25, 2021, 11:00 AM
Green Sanctuary Committee with Rev. Jaye Brooks



Earth Day 2021: New Hope The world celebrates Earth Day on April 22. Green Sanctuary members and Rev. Jaye Brooks lift up the emerging causes for hope for our planet. Even in the midst of climate change and the real risk of serious environmental and humanitarian harm, new efforts, new discoveries, and new wisdom offer unanticipated paths to a more hopeful future. *

* UUCSR Worship Services are live streamed on [uucsr.org/worship](https://www.uucsr.org/worship), Facebook, and YouTube. They are available thereafter on the same platforms and as podcasts (www.uucsr.org/podcast). Also aired on NSTV.

TOUCHSTONES
Rev. Jennifer L. Brower



A couple of weeks ago, I dreamed of being in my childhood home. I was walking through the apartment into the living room where I saw one of my family's beloved pets, a dog named Subway—so named after the location where my sister found him. Subway, whose nickname was "Pig," died in December of 1997.

I was thrilled to see Subway alive and well! In the dream I said aloud, "Pig! You're not dead!" And his tail—along with the back half of him—wagged in joyful response. I woke with such a light heart after that dream!

Our relationships with our pets are among our most tender emotional bonds.

Our animals give to us in ways that we often cannot articulate we need.

And we can show to them a love and tenderness and vulnerability that we cannot easily show to other humans.

We care for our pets' most basic needs. And they care for our deepest needs.

Once connected, we are forever tethered to them. They are a part of our family, and are an enriching part of our life and story. Long after they are gone from the life we know and understand, they remain a part of us—and may even visit us in our dreams.

Our April Soulful Sundown service focused on the marvelous diversity of the animal kingdom, and we held a blessing of our pets. Although spring is not the usual time of year for an animal blessing, April—and the observance of Earth Day—seems an appropriate time to give thanks for all of creation. (The Roman Catholic observance of the Feast of St. Francis Assisi, when animals are traditionally blessed, is in early October.)

As I have sought to "lift up" over the past year, our experience of living through a global pandemic can help us to more easily see what is essential. The quality of our domestic lives, having

Continued on page 2

SUNDAY, MAY 2, 2021, 11:00 AM
UUCSR Women's Group with Rev. Jennifer L. Brower



The Genesis of the Exodus We remember that our ancestors migrated to seek something better. Today, families continue to try to escape violence, poverty, and despair at great peril. As people of the Unitarian Universalist tradition, we are committed to helping those in need and to encouraging what is good in this world to grow and thrive.

FRIDAY, MAY 14, 2021, 8:00 PM
Rev. Jennifer L. Brower



Second Fridays monthly | 8:00 pm
Rev. Brower with The Cosmic Orchestra

Where music lies at the heart of religious experience.

NEWCOMERS

Abigail Highland, Membership Coordinator



The Welcome Space
Sundays • 10:40–11:00 AM

Whether you are a newcomer, or a longtime Shelter Rock member, you are welcome in The Welcome Space! For 20 minutes prior to the service, say “Hi” to members of the Membership Committee.

Bring your coffee and your curiosity! We look forward to saying, “Good Morning.” [Join Zoom Welcome Space HERE](#)

TOUCHSTONES
continued from page 1

purposeful tasks, our need for connection to others, and our bonds with our beloved pets are some of those critically important elements.

These days, I find that many of you now speak to me of your being more intimately tuned into the natural world. Over these many months when—instead of our being in our cars and on trains commuting and then ensconced in offices—we have been outside more as the weather has permitted. We’ve gone for walks. We’ve stared into the night sky more often. We have experienced more attentively the change of seasons. We have been reminded of the vast world beyond our homes, and the fundamental interconnection and interdependence of all life on this planet—human and otherwise.

Each living being is formed of the same building blocks. As Carl Sagan told us decades ago: “We are star stuff. We are the legacy of roughly 14 billion years of cosmic evolution.... If you could trace an oxygen atom that you just breathed in a moment ago, you’d find it somewhere on early earth. Before that, it was going about the nebula from whence our solar system formed. Before that, it was just exploded from a super-giant star that went supernova. And before that, it had just been created by fusion inside the core of that star.” As we are made of star stuff, so are the non-human creatures for whom earth is also the cradle of life.

So, today, let us give thanks for the creatures who share life on this planet, and offer them words of appreciation and blessing. For every animal in the sky, the sea, and the forest, for every animal in the desert, on the mountain, on the farm, and in the field, for those in the home, apartment, circus, and the zoo: We give thanks!

May we be worthy of our pets’ love. May we give thanks for animals who have been part of our life and are now gone from us, those who brightened our days and who comforted us by night. May we hold in our hearts those who are suffering: the hunted or deserted or neglected or tortured.

Daily, may we see and honor the breadth and depth and fullness of the lives of animals, recognizing that none are superfluous, and each has the right to live as nature intended.

May the Dynamic Energy that formed each of us, continue to work its magic of creation; may we cherish all of the beasts and singing birds, the things that slither and swim, crawl, fly and creep. And let us guard with tenderness, the things that have no words.

Beloved pets in the home, iguanas and snakes and dogs and fish, cats and birds, ferrets and beetles, turtles and hamsters, and so much more: you are a precious part of creation.

May you live a contented and long life. May there be food in your belly, a warm place to sleep, and joy and love in your days. So may it be.

SPIRITUAL PRACTICES AT SHELTER ROCK

The Ministry Team

Two Soulful Salutations Series

These mindful Yoga practices are perfect for those who have never done yoga before, as well as for those with previous experience. The Men's practice will include a sequence of postures linking breath with movement, ending with deep relaxation. The Restorative/Live Music class will be guided- gentle postures using props for luxuriously supporting you into deep relaxation.

Men's Beginner Yoga
Led by Ben Wisch

Saturdays, 4:00 PM
May 8, 2021
June 12, 2021

[Register here for Zoom.](#)

Restorative Yoga
Led by Denise DeLuca with
music by Ben Wisch of
The Cosmic Orchestra

Fridays, 7:00 PM
April 23, 2021
May 28, 2021
June 25, 2021

[Register here for Zoom.](#)

MOTHER'S DAY

Mother's Day Virtual Luncheon

Sunday, May 9, 2021, 12:30 PM

Share a virtual meal and make a toast together to share reminiscences of Mother's Day past, while honoring the nurturer in all of us.

Join Zoom meeting [HERE](#), Meeting ID: 973 4601 2504, Passcode: 11030 or dial +1 646 558 8656 US (New York).

MILESTONES

We mourn with... UUCSR member John Kasius as he grieves the death of his wife, Nancy. Nancy died on March 27, 2021. She was 93 years of age. Condolences may be sent to: John Kasius, 160 Middle Neck Rd, Apt 4C, Great Neck, NY 11021.

We grieve with... UUCSR member Joan Schultz as she mourns the death of her partner, UUCSR member John Meirs. John died on March 29, 2021. He was 73 years of age. Condolences may be sent to: Joan Schultz, 24 Sheep Lane, Locust Valley, NY 11560.

We mourn with... UUCSR members Jason Tishler and his wife Marisa Albanese as they mourn the death of Jason's mother Sheila Tishler. Sheila died on April 4, 2021. She was 86 years of age. There are no memorial plans at this time. Expressions of sympathy may be sent to: Jason Tishler and Family, 282 Trumbull Rd, Manhasset, NY 11030-2117

We share the sad news... of the death of UUCSR member Arielle Dundore. Arielle died on April 6, 2021. She was 73 years of age. Expressions of sympathy may be sent to Arielle's brother: Bruce Dundore, 7526 Lolina Lane, Los Angeles, CA 90046

MEMBERSHIP COORDINATOR

Abigail Highland



Meeting Again

After a full year of the pandemic, we are beginning to feel some visceral changes to our lives as vaccinations increase and the season warms up. Though we must still exercise caution and follow guidelines, I believe that many of us are exhaling after a long winter, with the promise that soon we may be able to see loved ones and attend to important relationships again.

It also marks a year of my employment with Shelter Rock. On April 1, 2020, I started remotely as your Membership Coordinator and met many of you through small little boxes on my computer in Zoom gatherings. It has been amazing to witness this congregation in one of the most trying times of our lives. Through immense difficulty, I have seen you rise as a strong community wishing to make a difference in this world.

As I get to know more about this congregation every day, I also learn more about each of you and the ways that we collaborate to bring our mission to life. The past year has forced us all to be more creative, adaptable, and resilient. Now, we are at a point where we must bring what we have learned forward into a new way of being together.

As congregational activities continue to expand in this time, we will be faced with new challenges. We will strive to build community on-site and online. Our lives at home will be enriched by accessible online programs, and we may participate as able in activities on the grounds of the congregation. While we are faced with this process, I ask that we all continue to hold in our hearts the immeasurable transformations that we have experienced this past year. We have changed. We will continue to change. And we will continue to bring our fierce resilience to our mission as Unitarian Universalists. May we all hold compassion for the changes that ourselves and those around us have felt.

If we have not yet met online, I would love to get to know you. Please join me and some folks from the Membership Committee on Sunday mornings before the service. (*See the Welcome Space in opposite column.*) If you would like to have a conversation about getting involved or reengaging with the congregation, feel free to reach out to me via email at ahighland@uucsr.org. I look forward to connecting with you soon.



BOARD OF TRUSTEES

Mark Hartman, President of the Congregation

(Stewardship + Investment) Committee = Endowment Committee



Recently, a long-time member noted that we do not seem to talk very much about the history of our Congregation. So today, I want to write about what I think is one of most important periods in the financial history of this Congregation—basically, the 1980s.

The period began with learning how good a geologist Arthur Clifford Veatch had been and how fortuitous it was for the Congregation that he was compensated for his work in Germany in the 1920s with royalty rights rather than hyper-inflated Deutschmarks. The decade ended with the purchase of the Payson Estate on Shelter Rock Road and the beginning of plans for a new home for the North Shore Unitarian Universalist Society.

In-between were two decisions (I'm confident that there were others) that show the foresight and commitment of this congregation. The first were the several decisions of the congregation culminating in the vote in 1982 that decided that the Veatch Program would be allocated a minimum of \$6,000,000 each year to make grants. The second was the congregation's adoption of the Stewardship Resolution in 1985. That Resolution committed the congregation to build an endowment of \$120,000,000 by the year 2020. (The documentary record suggests that in 1985, there were concerns that the high levels of royalty income would last only for a dozen or so years. Consequently, an endowment was necessary to be able to honor the commitment to Veatch and others.)

With the adoption of the Stewardship Resolution, the congregation had two separate committees working on building an endowment. The Stewardship Committee was charged with recommending how much of our royalty income the congregation could afford to spend each year (and by implication how much needed to be "saved" by putting it into our endowment). The second committee was the Investment Committee. That committee was charged with recommending how the funds in the Endowment should be invested. That separation of function served the congregation well for many years.

In the last half dozen years, circumstances have changed and the need for two separate committees is less clear.

As a congregation, we have reached the long-anticipated "cross-over" point. As a result of the expected decline in our royalty income and the natural increase in our annual budget, our royalty income is no longer sufficient to support our entire budget (and we are no longer adding royalty revenue to our endowment). Each year, we now need to include in our Annual Budget some of the income that is generated from our endowment.

At the same time, the Investment Committee no longer makes investment recommendations for the Board of Trustees to act upon. Our endowment requires professional expertise to be properly managed and we have engaged the services of an Outsourced Chief Investment Officer (OCIO) who has discretionary authority to make investment decisions within the constraints imposed by the Investment Policy Statement that the Board of Trustees has adopted upon the recommendation of the Investment Committee.

These changes have made it much clearer that the work of these two committees is interdependent and the need to have two separate committees involved in these activities is unnecessary. After discussing this with the current and past leadership of these two committees, I have recommended to the Board of Trustees that the function of these two committees should be consolidated by replacing the two committees with a new, Endowment Committee. The Board has agreed with the recommendation and has asked the Bylaws Committee to draft new language for the Bylaws and the Stewardship Resolution. It is my hope that these changes may be considered by the congregation either at the Sunday, May 2, 2021 Congregational Meeting or, more likely, at the Annual Meeting on Sunday, June 6, 2021.

Until next time,

Mark

Comments, questions, or concerns may be sent to President@uucsr.org.

Fireplace Chat:

Building Community On-Site and Online

Sunday, April 25, 2021, 4:00 PM

As UUCSR gradually begins to return to onsite activities, what is the plan? And how will we create a unified congregational life when some members join on-site and others online? Join Board members, ministers, and music director to hear about what's proposed and to offer your questions and thoughts.

Register in advance [HERE](http://www.uucsr.org/fireplace) (www.uucsr.org/fireplace)

After registering, you will receive a confirmation email containing information about joining the meeting.



Have you had sound problems?
[Read tips on troubleshooting audio that isn't working on your iOS or Android device HERE.](#)

CONGREGATIONAL AFFAIRS

Mark Hartman, President of the Congregation

Board of Trustees Agenda Tuesday, April 20, 2021

- 7:00 PM I. Opening Words: Ministers / Mark Hartman
- 7:10 PM II. Minutes: Toni Logue, Secretary
- March 2021 Board Meeting Minutes
 - Secretary's Report of Nominating Committee Slate
- 7:20 PM III. Personnel Committee
- Reimagining Staffing Team Report: Adam Barshak, COA and Rev. Jaye Brooks
 - CY22 Personnel Committee Recommendations: Marilyn Fischell, Chair
- 8:20 PM IV. Ministers' Report: Rev. Jaye Brooks, Rev. Jennifer Brower, and Rev. Dr. Natalie Fenimore
- Update on Facilitator-Led Conversations
 - Lapsed Member and General Membership Update
 - CY22 Student Minister Update
- 8:40 PM Vice President's Report: Mark Hartman
- May Congregational Meeting Agenda
 - Consolidation of Stewardship and Investment Committees
 - Selection of GA Delegates
 - April Retreat Recap
 - Veatch Structure Consultant Update
 - Spotlight On Update
- 9:00 PM VI. Good of the Order: Mark Hartman, President
- Letter from Housing Help, Inc.

Board of Trustees Agenda Thursday, April 22, 2021

- 7:00 PM I. Opening Words: Ministers / Mark Hartman
- 7:10 PM II. Member Resource Committee: Monica Schlichting, Chair
- 7:30 PM III. Finance Committee: Vicky Safferson, Chair
- CY22 Budget Recommendations
- 8:30 PM IV. Task Force Updates
- Strategic Plan Task Force Charge: Jana North, Vice President
 - Reopening Task Force Post-April Plan: Jana North, Vice President
 - Religious Observance Reopening Proposal
 - Crisis Grants Task Force Membership: Brian Muellers, Treasurer
 - COVID-19 Grants Task Force Membership: Mark Hartman, President
- 9:00 PM V. Good of the Order: Mark Hartman, President

CONGREGATIONAL MEETING NOTICE

Sunday, May 2, 2021
1:00 PM

Register in advance for this webinar-format meeting [HERE](#).

After registering, you will receive a confirmation email containing information about joining the webinar.

RACIAL JUSTICE SUB-COMMITTEE OF SOCIAL JUSTICE COMMITTEE

The Eighth Principle of Unitarian Universalism



"We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote: journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions."

Beloved Community happens when people of diverse racial, ethnic, educational, class, gender, sexual orientation, and backgrounds/identities come together in an interdependent relationship of love, mutual respect, and care that seeks to realize justice within the community and in the broader world.

At the May 2, 2021, Congregational Meeting, members will have the opportunity to vote on the adoption of the Eighth Principle of Unitarian Universalism for the UU Congregation at Shelter Rock.

Are you ready to take this vote? For more information, go to <https://www.8thprincipleuu.org/>

Barry Nobel, Chair, Racial Justice Sub-Committee
of Social Justice Committee



Crucial Conversations and Conflict Resolution
Saturday, April 17, 2021, 11:00 AM–3:00 PM

For many of us, conversations with people with whom we disagree can be difficult. Long Island Area Council of UU Congregations' (LIAC) Annual Workshop, led by Guest Workshop Leader Rev. Tandi Rogers, will help us build our skills for engaging conflict in ways that can lead to deeper belonging. Rev. Rogers is a multi-vocational minister, professor at Meadville Lombard Theological School, adjunct faculty at Seattle University's School of Theology & Ministry, a Learning Strategist for the Unitarian Universalist Association's Congregational Life Conflict Engagement effort, and a Spiritual Director in private practice.

Please register in advance [HERE](#). There is no cost. After registering, you will receive a confirmation email containing information about joining the Zoom meeting.

The Future of Long Island UU Congregations
Sunday, May 23, 2021, 3:00 PM

Recent conversations among more than 40 congregants and clergy from the 11 congregations on Long Island determined that we have a lot in common: aging, dwindling membership, a struggle to find new leaders and young families, and financial problems due to the pandemic. LIAC President Rev. Linda Anderson is planning a gathering to explore ways congregations can cooperate to share resources and save money.

Among the possibilities:

- * Creating geographical hubs where religious education could take place for multiple congregations.
- * Having one congregation become a satellite of another, allowing congregations to keep their buildings but reduce staff. Services could be live-streamed to a satellite congregation. Some programming could be separate, some joint.
- * Congregations could merge.
- * Congregations could share staff.
- * Congregations could participate in a minister on loan program in which a congregation that has a minister agrees to fund its minister also leading services in a smaller congregation on a regular basis.
- * A larger congregation could fund and supervise a ministerial intern working in a smaller congregation. Or several congregations could jointly fund and share an intern.
- * More joint programs could be offered through LIAC's Zoom platform.
- * Joint fundraisers could be held, or one congregation could raise funds for another.
- * Congregations could make loans to one another.
- * Congregations could consult with and get ideas from the UUA's Congregational Life staff.

Got any other bright ideas? Please share them with [DAC chair Richard Bock](#) or [UUCSR Social Justice Coordinator Claire Deroche](#), and plan to attend on Sunday, May 23, 2021.

Paid Summer Internships for UU High School and College Students

LIAC is again offering the annual Student Activity Fund (SAF) Summer Internship Program for UU high school and college students. The program is run by SAF, sponsored by LIAC, and funded by the UU Veatch Program at Shelter Rock.

The purpose of SAF is to encourage young Unitarian Universalists to live their religious values through internships at nonprofit agencies that focus on social action, advocacy, or social services. Interns have worked for get-out-the-vote campaigns, civil rights groups, museums, food pantries, environmental centers, music therapy programs, sustainable living think tanks, and more.

To be eligible for a 2021 SAF summer internship, the participant must be:

- a member or a child of a member in good standing of a LIAC UU congregation
- under the age of 25 on June 1, 2021

AND one of the following:

- a high school senior in fall 2021
- an undergraduate college or trade school student
- a gap-year student
- a spring 2021 college graduate

The Student Internship Program pays \$11 per hour of service for senior high school students and \$12 per hour for college students. The amount increases to \$13 per hour once a participant has worked a total of 500 hours through the program.

Most of the program's interns work 10 to 35 hours per week, for as many weeks as their schedule permits during the summer. In some cases, students work part-time during the school year.

Due to social distancing, remote (online) work may be approved for 2021 summer internships. Applicants must email Student Activity Fund Program Director Karyn O'Beirne (SAFdirector@liacuu.org) to set up a time to discuss any agency they have in mind.

Apply now for summer 2021 at liacuu.org, or email Karyn O'Beirne safdirector@liacuu.org. **Application deadline: Sunday, May 9, 2021. Mandatory meeting: Saturday, May 15, 2021**

Youth Meetings for Middle and High School UUs

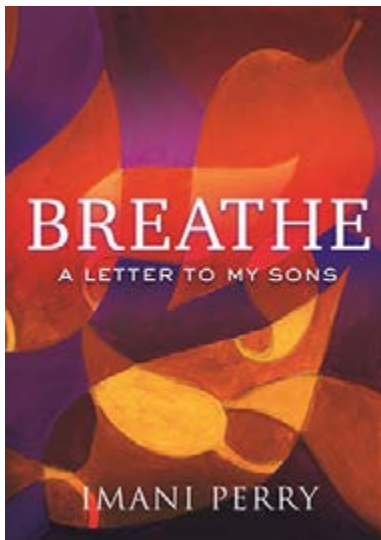
LIAC is sponsoring Zoom meetings for youth on Sundays, May 2, and June 6, 4:00–6:00 PM coordinated by Danielle Burby (rec@uufh.org) of the Huntington Fellowship. Meetings may continue through the summer depending upon interest. The purposes are connection, spiritual practice, mindfulness, and social justice.

Jim and Lynn Smith, DAC Liaisons to LIAC

Saturday, April 24, 1:30–3:00 PM
Live on Zoom. Register to receive link to a discussion forum
[HERE](#).

YOU ARE INVITED
TO PARTICIPATE IN THIS YEAR'S
UUA COMMON READ

Breathe: A Letter to My Sons
by Imani Perry



The Adult Programs Committee and the Racial Justice Sub-Committee invite you to participate in this year's UUA Common Read of *Breathe: A Letter to My Sons*, by Imani Perry.

All are invited to this exploration of the terror, grace, and beauty of coming of age as a Black person in contemporary America and what it means to parent our children in a persistently unjust world.

Featuring a panel discussion with UUCSR members and parents, Ami Bhalodkar, Bob Gayle, Margarita Gonzalez, and WinterFlower Robinson, relating how their experiences raising children relate to, and differ from, the themes in the book.

Participants are especially encouraged to order the book from area Black-owned bookstores: [The Lit Bar](#), [Café con Libros](#) (both of which have physical, e-book, and audio books available), or [Sister's Uptown Bookstore](#) (physical books only).

Veatch Grantees Win \$2.1 Billion in NY Budget

Last week, a coalition of groups, including many Veatch grantees, successfully persuaded the NY State Legislature to include \$2.1 billion for the Fund for Excluded Workers as part of the budget. The Excluded Workers Fund by far the biggest such fund in the country passed so far—is a relief program for undocumented workers who, despite in many instances working in “essential” jobs most devastated by the pandemic, were excluded from unemployment insurance and federal stimulus funds.

Spearheading this victory was Veatch grantee [Make the Road NY](#)—a group that organizes low-income, immigrant and communities of color throughout New York. “Not only will the Fund provide lost income our community members desperately need,” said Co-Executive Director Jose Lopez in a statement, “but it represents a monumental recognition of the imperative to include undocumented immigrants in our social safety net.”

Other Veatch grantees who were instrumental to this win include [VOCAL-NY](#), [ALIGN](#), [Northwest Bronx Community and Clergy Coalition](#), and [New York Communities for Change](#). The new \$212 billion state budget also includes \$2.3 billion in rent relief and \$4 billion to support the state's high-need public schools—which a group made up of many of the same Veatch grantees also fought for as part of the Housing Justice 4 All Coalition and the Invest In Our New York Coalition.

The New York fund will provide payments of up to \$15,600 per worker who lost employment during the pandemic, which could benefit around 290,000 people statewide, according to the [New York Times](#), which featured the successful campaign on the first page of its online version. It's hard to overstate the impact of this win—which was conceived of, fought for and led by Veatch grantees who were determined to provide economic relief to the very people who, in so many instances, got New Yorkers through the worst of the pandemic.

Now, the coalition is turning its attention to implementation efforts—which will include mass outreach and navigation campaigns to ensure these funds reach the workers who are eligible for them. It is a “huge undertaking,” said Jose—but with Veatch grantees at the lead, we are confident the effort will end in success. We congratulate the Veatch grantees and allies responsible for this historic win.

Be sure to sign up for [Veatch News Updates](#), where we'll continue to keep you informed of this effort, as well as many other undertakings for change by Veatch grantees across the country.

The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.

SOCIAL JUSTICE COMMITTEE

Claire Deroche, Social Justice Coordinator



A Change Has Come

In March, I wrote about the HALT Solitary Confinement Act saying, in the words of James Brown, “A change is gonna come.” On March 31, that change came! Governor Cuomo signed the HALT Solitary Confinement Act!

The Act goes into effect on April 1, 2022, and between now and then, prisons and jails across the state must comply with the law. No longer will incarcerated individuals be condemned to indeterminate lengths of time in solitary cells. The maximum stay in solitary will be 15 days. Those who need to be separated but not isolated will be housed in Residential Rehabilitation Units where they will receive out-of-cell programming and trauma-informed care, to address the underlying actions that resulted in their discipline.

As the news spread that the Governor had signed the law, HALT Campaign members gathered for a Zoom victory lap. For an hour and a half, we shared our delight that HALT had become a reality and expressed what being part of the eight-yearlong campaign had meant to us. We voiced appreciation for one another and for the skills that each member has brought to the campaign. One member was able to reach an incarcerated individual by phone at a NYS prison. We delighted in hearing his voice and learning that the news had spread throughout the prison. On behalf of that prison population, he expressed appreciation for our efforts. Another woman, whose husband is being held in a different prison, received an email from him. Again, the message was a jubilant expression of appreciation and an assurance that those inside had heard the good news!

Throughout our Zoom session, we repeated what we know only too well. Our work is not done. The legislature will be in session until June and there are several other pieces of prison reform legislation that we must pass. These include [Fair and Timely Parole \(S497A/A4346A\)](#), a bill that ensures that the parole release process is based on who people are today and their many accomplishments in prison, not solely their crime of conviction; and [Elder Parole \(S2144/A9040\)](#), which allows for the consideration of parole release for people aged 55 and older who have served at least 15 consecutive years in prison.

We also agreed that we cannot rest just because the HALT Act has been signed. As Frederick Douglass said, “Power concedes nothing without a demand. It never did and it never will.” Our work now is to demand that the NYS Department of Correction and Community Supervision enact the law and release individuals from solitary confinement in its 51 state prisons and any county jails with a population over 500. Campaign members will be meeting monthly to make sure this happens!

SOCIAL JUSTICE ANNOUNCEMENTS

Claire Deroche, Social Justice Coordinator

Donations of Gently Used Clothing and Shoes

The Social Justice Committee is pleased to announce that the Congregation has acquired an outdoor bin for donations of gently used clothing and shoes. The donation bin is located in the lower parking lot and will be accessible any day that the grounds are open. (We will no longer receive donations in the main lobby.) As in the past, the donations will benefit United Veterans Beacon House (UVBH) and the families they serve. Please donate only gently used clothing and shoes in plastic bags that are tied securely. UVBH cannot receive any other items. If the bin is full, text the message, “Bin is full” to 516.238.2191, and then please take your donations home and come back another day. There will be regular pick-ups, but it will take us a few weeks to determine exactly how often those pick-ups need to occur. Thanks for your cooperation.



Wednesday, April 14, 2021

Social Justice Committee Virtual Meeting

6:00 PM: Join Zoom Meeting [HERE](#):
Meeting ID: 923 4682 3572, Passcode: 889751,
Or dial by your location: +1.646.558.8656

Monday, April 19, 2021

The March to Victory: Relay Across America

12 noon, Sen. Schumer’s Office, 145 Pine Lawn Rd, Melville, NY 11747. The Relay kicked off on March 17 as part of a nationwide campaign to demand a roadmap to citizenship for all 11 million undocumented immigrants. The effort aims to unite immigrants and allies in calling for a humane immigration system. If you feel safe at a masked, socially distanced, outdoor event, please show your support. Organized by the NY Immigration Coalition.

Friday, April 23, 2021

Together to End Solitary Confinement, Virtual Event,

6:30–7:30 PM. Attend to remember those suffering the torture of solitary confinement. Although the HALT Solitary Confinement Act is now law, we know that individuals will continue to be held in solitary as necessary changes required by HALT are implemented. We will continue to host this program on the 23rd of the month until we know that prolonged solitary confinement no longer exists in New York State. Join Zoom Meeting [HERE](#).
Meeting ID: 914 5526 0335 Passcode: 901854
Or dial +1.646.558.8656.

Saturday, April 24, 2021

UU Common Read: *Breathe: A Letter to My Sons*, by Imani Perry.
1:30–3:00 PM (Please see page 7 of this Quest.)

For questions about any of these announcements contact Social Justice Coordinator Claire Deroche at cderoche@uucsr.org or 516.238.6191.

Beloved King Virtual Musical

Friday, April 23, 2021, 7:00 PM

[Register HERE](#)

for an email with a direct link to attend.

Beloved King is a faithfully adapted queer Bible musical based on the story of David and Jonathan from the book of Samuel.

Broadway World says *Beloved King* is “[c]ertainly, a sweeping story that fits the reputation of the Old Testament and certainly approached in a way that captures the imagination of a modern audience.... A very smart concept show with a bright future.”

The show was J. Sylvan’s Master’s thesis for their Master of Divinity degree at Harvard Divinity School, and has been awarded a Live Arts Boston grant and a Cambridge Arts grant.



Photo courtesy of Jonathan Beckley

Beloved King’s first sold-out workshop run was cancelled the night before because of COVID-19, but fortunately, the team filmed the dress rehearsal.

This is a truly rare opportunity to watch that recording and be among the first to glimpse this new unpublished work. Afterward, join the creator J. Sylvan (a candidate for UU ordination) and actors Felton Sparks (David) and Ben Freeman (Jonathan) for Q&A.

Learn more at belovedkingmusical.com and follow the show on Instagram @belovedkingmusical. Donations will help support the future of this independent show. Donate [HERE](#).

Virtual
LIVE Solo Performance of

INSIDE MY HEAD

with Zak Sandler



Sunday, April 25, 2021 | 1:00 PM

[LIVE via Zoom HERE](#)

The audience is invited “inside Zak’s head,” to get a deeply personal view of a person whose brain has experienced the ups and downs of mania and depression for 14 years. Zak plays all the characters LIVE: himself, his mania, his depression, his paranoia, and his doctor—as well as playing the piano LIVE.

Zak will perform a short version of his show, then speak about his writing process, and his most recent experiences with mania. The afternoon will end with a group discussion about the show, and the mental health experiences of the UUCSR community.

[Register in advance for this special event HERE.](#)
[Your confirmation email will include a link to login.](#)

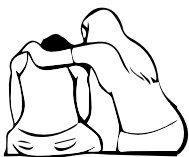
FREE.

[Please consider a Donation to NAMI HERE.](#)

NAMI is the National Alliance on Mental Illness, the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

[\\$15 Donation Suggested.](#)

UNITARIAN UNIVERSALIST CONGREGATION
AT SHELTER ROCK
Supports



MENTAL HEALTH



Unitarian Universalist
Congregation at Shelter Rock
Human. Kind.

LIFESPAN RELIGIOUS EDUCATION (RE)
Carson Jones, Lifespan Religious Education Coordinator



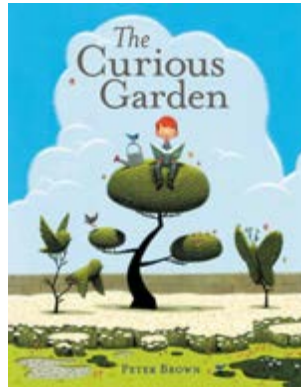
Springtime Bedtime Stories
Wednesday, April 14, 2021
7:00 PM
Live on Zoom [HERE](#)

All are welcome to join Lifespan Religious Education Coordinator Carson Jones for this interactive storytime as he reads two family-friendly stories celebrating springtime!

Over and Under the Pond,
written by Kate Messner,
illustrated by Christopher Silas Neal



The Curious Garden,
by Peter Brown



Just and Joyful: Online Children's Worship for All Ages
Sunday, April 18, 2021
11:05 AM
Live on Zoom [HERE](#)

All are welcome to join Lifespan Religious Education (RE) Coordinator Carson Jones, and RE Music Specialist George Weisman for live, interactive Children's Worship for All Ages. This year's Religious Education theme is JUSTICE. Over the next few weeks, we will engage with the justice themes of immigration, worker's rights, women's equality, abolitionism, and LGBTQ liberation.

Saya's Mama has gone away...but, why? And what can Saya do to help her Mama come home again? We'll discover the answer together in *Mama's Nightingale: A Story of Immigration and Separation*, by Edwidge Danticat and Leslie Staub.

Together we will explore what a true global community could look and feel like, we'll sing together, and George will play a stirring anthem by Sara Bareilles.

We look forward to this year together of living our Second UU Principle of Justice, equity, and compassion in human relations.

Game Night for All Ages!
Sunday, April 25, 2021
6:00-8:00 PM
Live on Zoom [HERE](#)



Game Nights are back! This ever-popular event returns in an online format every month on Sunday evenings. Fun seekers of all ages are welcome to join Lifespan Religious Education Coordinator Carson Jones, along with a rotation of co-hosts from UUCSR staff and members.

Claire Deroche, incredible Social Justice Coordinator, joins Carson in co-hosting this super-fun evening where we will play online Boggle, plus another game to be announced!

Looking forward to getting to know one another in this casual evening of games, conversation, and laughter!

Save the date for the next scheduled Game Night:
Sunday, May 23, 2021. Host, TBD

Family Yoga with Suzanne!
Sundays at 10:00 AM
Live on Zoom [HERE](#)



Weary of having to sit in a chair all day? Since many of us are spending more time sitting in front of computers, let's learn some ways to be more active and comfortable by centering our minds, bodies, and spirits. UUCSR member, dancer, and fitness instructor, Suzanne Viverito, leads us in this half-hour of gentle breathing, mindful meditation, and stretching on and around and with or without the aid of our chairs on Sunday mornings. This is a perfect way to get your day going. All skill levels are welcome to join, open to all ages from newborns to 99-year-olds, and beyond!

ADULT PROGRAMS COMMITTEE

Bob Nuxoll, Chair

Dramatic Readings
Saturday, April 17
6:00 PM



Dramatic Readings

[Live on Zoom HERE](#)

Meeting ID:
953 4647 4715
Passcode: 396210 Or call 1 646.558.8656

Please contact Jessica Pond at jpond@uucsr.org to RSVP and request your copy of *A Shayna Maidel*, by Barbara Lebow, a powerful and poignant drama about two sisters trying to reconnect after years of separation brought on by the rise of the Nazis.

Great Books–
Great Conversations
Fridays, 12:00–1:30 PM



[Purchase Great Conversations 2 HERE](#)

[Live on Zoom HERE](#)
Meeting ID: 304 658 664
Passcode: 608118

Come together for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. All are welcome.

April 16, 2021–Mary Shelley, *Frankenstein*, Volume 2
April 23, 2021–Mary Shelley, *Frankenstein*, Volume 3
April 30, 2021–Hannah Arendt, *Eichmann in Jerusalem*
Introduction and pages 1-55, questions 2, 7, 9
May 7, 2021–Arendt, pp. 56-219, questions 6, 10
May 14, 2021–Arendt, pp. 220-298, questions 1, 3, 4, 5, 8, and for further reflections

Soulful Songs and Stories



Explore with us Awareness, Otherness, and Truth-telling via *Town of Stairs*, a short story by Rosalie Ryan; a clip from the Netflix series *Ginny & Georgia*; and 10 pieces of music (including works by R. Nathaniel Dett, Carolina Chocolate Drops, Orrin Evans Quartet, and the JALC Orchestra).

Please join our mailing list. To have Soulful Songs and Stories emailed to you (via PDF during lockdown), register with Jessica Pond (Jpond@uucsr.org or 516.472.2914). To view some past PDFs, visit www.j.mp/uucsr-sss.

Alice Giordano and Steve Marston

Medical Qigong for Senior Health
Mondays 9:30–10:30 AM
[Register HERE](#) or email tqh.Ashley@gmail.com
\$50 for 5 classes, \$12 per drop-in class

Start your week by strengthening your balance and overall body confidence! You will learn simple, yet powerful motion and breathing exercises to improve physical balance and safe falling skills, optimize lung capacity, bolster immunity, and promote energy flow to the internal organs. Ashley Zooms every Monday directly from Thailand to help you center your body and mind. Exercises are taught standing, with equally effective guidance for those who prefer to sit. Questions? email Ashley at tqh.Ashley@gmail.com.

Yoga for Joy and Balance with Beth and Paula
Wednesdays, 4:00 PM
[Join Zoom Meeting:](#)
Or call 1 646 558 8656, Meeting ID: 947 7620 8714, Passcode: 220564

This class incorporates techniques of Kundalini Yoga, breathwork, meditation, and energy modalities.

Payment Info:
4 sessions:
UU Members \$32
Non-UU Members \$40
Venmo: @paulajennings
Paypal: paula@paulajennings.com

Contact Details:
Beth Fedirko 516.297.1042
Bfedirko@optonline.net
Paula Jennings 516.761.3046

Yoga with Mike Mancini
Tuesdays, 9:00 AM; Thursdays, 9:30 AM; Saturdays, 11:00 AM
[Live on Zoom HERE](#) Meeting ID: 574 999 9276, Password: 000815

The cost is \$5 for UUCSR members and \$7 for non-members. You may pay Mike through PayPal ([Paypal.me/yogamike](https://www.paypal.com/venmo)), Venmo (Michael-Mancini-55), or mail him a check (Mike Mancini, 99-40 63rd Rd, Apt 14P, Rego Park NY 11314). Questions? 516.459.6378 or mike.yogamike.mancini@gmail.com.

Having a Bad Day

So, how's your day doing? My day isn't going so well. Harvey Weinstein is filing an appeal of conviction. The guy who started what's been called the "Me Too" movement has been sentenced to 23 years in prison based on testimony from three women—even though he was accused by more than 90! His lawyers claim the judge was biased against him.

After the recent murders in Georgia, Jessica Valenti of the *New York Times* asked: "How many women have to die for men's sexual issues?" The young man who is charged with killing eight people said he saw the women as "temptations" that needed to be "eliminated." In Colorado, a young man was arrested before he could carry out his plan to kill "as many girls as I see."

Where does this kind of thinking come from? Ms. Valenti cites conservative evangelical Christian teachings and the idea that it's women's responsibility to avoid leading men into sexual situations. Abstinence-only classes taught in half of the US teach that the onus is on girls not to tease or tempt boys. Instead of curbing sexual activity, these programs tend to normalize misogynist impulses. A federally funded Heritage Keepers curriculum teaches students: "girls have a responsibility to wear modest clothing that doesn't invite lustful thoughts." These kinds of ideas inflict some very "bad days."

Were these young men just lovesick teens, as they were described in the *Associated Press*? The *New York Post* described a horrific murder of a young graduate student as borne of "unrequited love," calling the murderer "lovelorn." Were the Georgia murders due to a man having a "bad day?" Well, I'm having a "bad day" when these crimes continue to be normalized in the media. When I have a "bad day," however, I walk a few miles, do a yoga class, or meditate. No thoughts of violence cross my mind.

There are many ways to eliminate these atrocities. The media can make an intentional effort not to normalize sexualized violence. Schools can teach sex education that does not blame women for being the cause or the victims of violence.

My "bad day" improves as I am reminded that our congregation teaches *Our Whole Lives* (OWL), a program intended to help children, youth, and adults be emotionally healthy and responsible in terms of their sexuality. The program is based on the idea that well-informed youth and young adults make better, healthier decisions about sexuality. It's gratifying to know that our congregation is doing its part.

My "bad days" improved as I learned that the House passed an updated Violence Against Women Act. The act had actually lapsed under our former president. Particularly since COVID-19, the threats of violence have only been exacerbated.

With the passage of the updated Violence Against Women Act, there will be fewer victims who not only have "bad days," but consequences without end that impact their entire lives.



Fridays

via Zoom: www.uucsr.org/WGfilms
Passcode: 11030

Watch films at your convenience,
then join discussions led by Patti Paris.

Date	Zoom	Movie Titles
April 16	9:15 PM	<i>The Two Popes</i> (Netflix)
April 23	9:00 PM	<i>Searching for Bobby Fischer</i> (Netflix)
April 30	8:45 PM	<i>The Ballad of Buster Scruggs</i> (Netflix)
May 7	8:45 PM	<i>The Stand</i> (Netflix)
May 14	9:15 PM	<i>The US vs Billie Holiday</i> (Hulu)

★ Use your public library card to sign up for thousands of FREE films on Kanopy.com.

Questions? Please contact Patti at parislibrary@yahoo.com. All are welcome.

Women's Group (Zoom) Book Series

Friday, April 16, 2021 | 3:30 PM

[Join Zoom Meeting HERE](#) Passcode: 11030

Or call +16465588656, Meeting ID: 985 3646 8480

All are welcome to discuss *We Are All Completely Besides Ourselves*, by Karen Joy Fowler. Please contact Staff Liaison Sharyn Esposito to learn more (sesposito@uucsr.org or 516.472.2960).

CARING COMMITTEE
WinterFlower Regla Robinson, Chair

Are you feeling the itch to travel but are not ready to venture out?

Check out some amazing virtual travel experiences described on the Caring Committee webpage: [Enriching Home Activities](#)

Join fellow congregants on Virtual Travel Programs through Road Scholar.

Multi-day online trips: Join a group of new friends and expert instructors for “Adventure Online,” live lectures, performances, discussions, and more that recreate Road Scholar education trips online. These virtual learning adventures are the next best thing to being there in person. Travel the world, visit a country of choice. Prices range from \$299–\$499. Investigate [Road Scholar HERE](#)

Or enjoy brief special programs:

Hour-Long Online Lectures in Art, History, Science, and other: learn about a wide array of subjects from Road Scholar experts in live, hour-long lectures, with brief question and answer sessions. \$25 per class, [HERE](#).



Do you need help in getting your appointment for a COVID-19 vaccine?

Are you tired or frustrated with the process or unable to get an appointment due to the high demand?

Visit [COVID-19 ACCESS on uucsr.org](#) for weekly updates!

A new team of dedicated Shelter Rock volunteers are here to help! You and members of your family will benefit from personal assistance to schedule and obtain your vaccine. Please send your name and phone number to the following email to caringVAXhelp@gmail.com and receive a quick, friendly response.

Rhonda Kessler, Community Resource Coordinator
for the UUCSR Caring Committee

STORIES FROM THE ROCK
LIVE

Saturday, June 5, 2021
7:30 PM LIVE

Stories
from the rock

An evening of
true tales told live



6 slots still open for free Storytelling
Classes taught by Tracey Segarra.

If interested, please contact
Scott Barbey at 516.236.0585
or scottbarbey@gmail.com

GREEN SANCTUARY COMMITTEE

Ellen Councill, Chair

This article reflects the congregation's stewardship of the earth and commitment to the Seventh Principle.

Investing in Nature

Investing in nature means using methods that will help combat the urgency of the climate crisis. These involve safeguards that protect habitats and diversity and making financial investments to assist people globally and our planet Earth.



Climate-change solutions need to address some key areas, including deforestation. Besides stopping destruction of rain forests, we should support natural forest helpers. Mangroves are primary to this effort. These salt-water tolerant trees are located along the coasts of 118 countries. They store three to four times more carbon than tropical forests. They protect coastal communities from storm surges and act as allies of other forests slowing climate change through safekeeping of CO₂. If we halt deforestation and invest in sustainable agriculture or land use, up to 30 percent of climate mitigation will occur by mid-century.

In order to achieve a zero-carbon world, investors are beginning to acknowledge the importance of doing this now. For example, Jeff Bezos, founder and CEO of Amazon, has established the Bezos Earth Fund. Its goal and commitment of \$10 billion will serve to protect and preserve our natural environment through grants to 16 organizations. These organizations will engage in “innovative, ambitious, and needle-moving solutions,” locking in nature’s riches for the greater good. The Bezos Earth Fund’s commitment is a call for other institutions and philanthropists to do likewise.

Another kind of investment is saving endangered species. The horseshoe crab, which is used for bait for eel and whelk, is vulnerable to extinction. This 350-million-year-old arthropod needs habitat protection, the halting of mesh bait bags, and a reduction of harvesting quotas. To accomplish this, the Sierra Club of Long Island and Seatuck Environmental Association held a presentation with naturalist John Turner and Dr. Matthew Sclafani of the Cornell Cooperative Extension. They proposed synthetic bait alternatives plus moratorium days on horseshoe crab catching. This vital species has crab eggs that provide sustenance for migrating birds, while their special blood tests are used for dangerous endotoxins in medical procedures for chemotherapy and vaccines like those for COVID-19.

Investing in our future to combat climate change is larger than supporting renewable energy, ending fracking, and fossil-fuel dependence. Our focus needs to be broader. The new administration in Washington is trying to correct the injustices done on the environment, communities, and endangered habitats. Let us all invest in solutions for the greater good.

Elaine Peters for the Green Sanctuary Committee

PUBLICITY AND PROMOTIONS COMMITTEE GREEN SANCTUARY COMMITTEE

UUCSR, through the efforts of the Publicity and Promotions Committee, has partnered with [Landmark on Main Street](#) in Port Washington to co-promote programs. UUCSR and Landmark on Main Street share audiences of like-minded people: people who care about justice, equity, compassion, and beauty in the world and share a commitment to arts and education.

CLIMATE ACTION SERIES

FREE | Live Streamed on Zoom

Small changes to our daily routines can have a lasting impact on our environment and our future.

Thursday, April 15, 7:30 PM [Click HERE to register.](#)

Green Legislation: Protecting Our Future

Geovaira Hernandez, program organizer for NY Renewes
Ryan Madden, climate activist and organizer

Thursday, April 29, 7:30 PM [Click HERE to register.](#)

Envisioning 2030: Decarbonizing Our Community for a Sustainable Future

Midge Iorio, executive director, Bedford 2030
Walter Meyer, co-founder, local office landscape and urban design

A promotional graphic for Community Supported Agriculture (CSA) signups. It features a green border and images of fresh vegetables like carrots and lettuce. The text reads: "Community Supported Agriculture (CSA) Signup NOW OPEN for 2021", "Early Bird Specials—Sign up by March 1, 2021", "Program runs from June 8 to November 16", and "Sign-up at: www.sangleefarms.com/csa-signup".

COMMUNITY NOTICE

A dark blue poster for a community notice. At the top, it says "GREAT NECK WATER POLLUTION CONTROL DISTRICT" and "Invites Residents to". Below that, in large white letters, is "SHED THE MEDS". Underneath, it reads "RESIDENTS CAN DROP OFF SHARPS & PHARMACEUTICAL WASTE AT THE DISTRICT'S CONTACTLESS DRIVE-THRU". In the center is a recycling symbol made of small, colorful pills. At the bottom left is the district's logo, which includes the text "GREAT NECK" and "Serving Great Neck Since 1974". At the bottom right, it says "SUNDAY, APRIL 25, 2021", "10:30 AM - 1:30 PM", and "236 EAST SHORE ROAD, GREAT NECK".

ONLINE EVENT ANNOUNCEMENTS

Please see [UUCSR.org/events](https://uucsr.org/events) for additional details on all programs.
See [LIACUU.org](https://liacuu.org) for other area congregations.

WEDNESDAY, APRIL 14, 2021

6:00 PM, Social Justice Committee
6:00 PM, Virtual Ukulele Class
7:00 PM, Developmental Ministry Trans Team
7:00 PM, Springtime Bedtime Stories
7:30 PM, Small Group Ministry Second Wednesday PM meeting

THURSDAY, APRIL 15, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
11:00 AM, Living Solo While Distancing
2:00 PM, Contemplations
6:00 PM, Kids Connect Socials for Grades K-5
7:00 PM, Living Alongside Cancer
7:30 PM, Virtual Choir Gathering

FRIDAY, APRIL 16, 2021

10:30 AM, Tai-Chi/Qigong
12:00 PM, Great Books-*Great Conversations*
2:00 PM, Meditative Moment
3:30 PM, WG Book Series Zoom Session
6:30 PM, LGBTQ+ Zoom Gathering
9:15 PM, Virtual Film Discussion-*Two Popes*

SATURDAY, APRIL 17, 2021

9:00 AM, Board of Trustees Retreat
11:00 AM, Yoga on Zoom with Mike Mancini
6:00 PM, Dramatic Readings

SUNDAY, APRIL 18, 2021

9:00 AM, Jazz Ensemble Rehearsal
10:00 AM, Online Family Yoga with Suzanne!
10:30 AM, Young People's Virtual Choir Rehearsal
10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: *Pilgrims of the Spirit*, Rev. Anne Bancroft, Guest Minister
11:05 AM, *Just and Joyful*: Online Children's Worship for All Ages
12:00 PM, Virtual Coffee Hour
12:30 PM, Men's Group Zoom Meeting
1:00 PM, Worship Committee meeting
4:00 PM, The New York Health Act

MONDAY, APRIL 19, 2021

9:30 AM, Medical Qigong for Senior Health
12:00 PM, March to Victory: Relay Across America
2:00 PM, Meditation and Poetry
5:45 PM, Membership Committee Meeting

TUESDAY, APRIL 20, 2021

9:00 AM, Yoga on Zoom with Mike Mancini
11:00 AM, Living Solo While Distancing
11:00 AM, Events Planning Meeting
3:00 PM, Virtual NAMI Criminal Justice Mtg
7:00 PM, Board of Trustees Meeting
7:00 PM, Small Group Ministry First Tuesday

WEDNESDAY, APRIL 21, 2021

11:00 AM, Crafting for Sanity and Community

12:30 PM, Virtual Women Talk Daytime Mtg
2:00 PM, Messages
2:00 PM, Wednesday Afternoon Conversations
3:30 PM, Women's Group Zoom Board Mtg
4:00 PM, Yoga for Joy and Balance with Beth and Paula
7:00 PM, Green Sanctuary Committee Mtg

THURSDAY, APRIL 22, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
11:00 AM, Living Solo While Distancing
2:00 PM, Contemplations
7:00 PM, Board of Trustees Meeting
7:30 PM, Virtual Choir Gathering

FRIDAY, APRIL 23, 2021

10:30 AM, Tai-Chi/Qigong
12:00 PM, Great Books-*Great Conversations*
2:00 PM, Meditative Moment
6:30 PM, Together to End Solitary Confinement
7:00 PM, Soulful Salutations-Restorative Yoga
7:00 PM, *Beloved King* Virtual Musical
9:00 PM, Virtual Film Discussion-*Searching for Bobby Fischer*

SATURDAY, APRIL 24, 2021

9:00 AM, Transgender Inclusion in Cong
11:00 AM, Yoga on Zoom with Mike Mancini
1:30 PM, UU Common Read: *Breathe: A Letter to My Sons* by Imani Perry

SUNDAY, APRIL 25, 2021

9:00 AM, Jazz Ensemble Rehearsal
10:00 AM, Online Family Yoga with Suzanne!
10:30 AM, Young People's Virtual Choir Rehearsal
10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: *Earth Day 2021: New Hope*
11:00 AM, Online RE Classes for all grades
12:00 PM, Virtual Coffee Hour
1:00 PM, Virtual Live Solo Performance of *Inside My Head* with Zak Sandler
1:30 PM, Small Group Ministry-First Sun Mtg
4:00 PM, Fireplace Chat: Building Community On-site and Online
6:00 PM, Game Night for All Ages!

MONDAY, APRIL 26, 2021

9:30 AM, Medical Qigong for Senior Health
1:00 PM, Transgender Inclusion in Cong
2:00 PM, Meditation and Poetry

TUESDAY, APRIL 27, 2021

9:00 AM, Yoga on Zoom with Mike Mancini
10:00 AM, RE and Social Justice Staff Meeting
11:00 AM, Living Solo While Distancing
2:00 PM, Transgender Inclusion in Cong
7:00 PM, Agenda Planning Meeting
7:00 PM, Committee on Ministry Meeting
7:00 PM, Small Group Ministry 4th Tues Mtg

7:30 PM, President's Operations TF Meeting

WEDNESDAY, APRIL 28, 2021

11:00 AM, Crafting for Sanity & Community
2:00 PM, Messages
2:00 PM, Wednesday Afternoon Conversations
4:00 PM, Yoga for Joy and Balance with Beth and Paula
6:00 PM, Virtual Ukulele (Practice Only)

THURSDAY, APRIL 29, 2021

9:30 AM, Yoga on Zoom with Mike Mancini
11:00 AM, Living Solo While Distancing
2:00 PM, Contemplations
7:30 PM, Virtual Choir Gathering

FRIDAY, APRIL 30, 2021

10:30 AM, Tai-Chi/Qigong
12:00 PM, Great Books-*Great Conversations*
2:00 PM, Meditative Moment
6:30 PM, LGBTQ+ Zoom Gathering
8:45 PM, Virtual Film-*Stars Fell on Alabama*

SATURDAY, MAY 1, 2021

10:00 AM, Caring Committee Meeting
11:00 AM, Yoga on Zoom with Mike Mancini

SUNDAY, MAY 2, 2021

9:00 AM, Jazz Ensemble Rehearsal
10:00 AM, Online Family Yoga with Suzanne!
10:30 AM, Young People's Virtual Choir Rehearsal
10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: *The Genesis Of The Exodus*
11:05 AM, *Just and Joyful*: Online Children's Worship for All Ages
12:00 PM, Virtual Coffee Hour
1:00 PM, Congregational Meeting
1:30 PM, Small Group Ministry-1st Sun Mtg

The Quest is published twice a month, except once each in July and August. Copies are available in the UUCSR Lower Lobby, <https://uucsr.org/on-demand/quest-newsletter>, and via email. Sign up for email at <https://uucsr.org/on-demand>.

The Quest Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other.

The Quest is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, Maxine Dangler, Steve Marston, and Jessica K. Vega. Submissions: communications@uucsr.org
Quest Guidelines: <http://j.mp/quest-gl>

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April 14, 2021

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Jane Weiler

ADDRESS SERVICE REQUESTED
FIRST CLASS MAIL DATED MATERIAL

Next Quest: Wednesday, April 28, 2021 | Deadline for Content: Thursday, April 22, 2021



Fireplace Chat

with Board Members, Ministers,
and Music Director

Sunday, April 25, 2021

4:00 PM via Zoom

See page 4 of this *Quest*
for more information.

Register at uucsr.org/fireplace