Imagination. It’s our worship theme for this month. And here we are, January 2021, with our imaginations stretched far beyond what many of us previously considered possible and at times not in ways that we desire.

The month started with self-proclaimed revolutionaries storming the US Capitol, something most of us did not imagine possible. The distribution of vaccines, longed-for and imagined with fervor, has been halting and unreliable. The presidential inauguration, the center of both hopes and fears, was a peaceful transfer of power unlike any other—socially distanced, with masks, with comparatively few people outdoors in the cold January wind, and indisputably a triumphant affirmation of the American constitution.

So here we are. If there is one vast lesson this month, it is that reality can far outstrip the imagination. And there’s another lesson, perhaps less dramatic: fear affects what we imagine. Sometimes fear dominates, throwing mind and body into a state of churning panic. Sometimes fear instructs, alerting us to the need for sensible precautions. The human mind casts ahead into the future as if we can predict what will happen.

We may be wrong. We may be right. But to live sanely in the here-and-now, we must temper fear with the possibility of new learning—with the possibility that we can discover new ways to be fully human.

To be whole, we must have confidence in our own agency, in our ability to shape the future. Not hubris—not that prideful certitude of infallibility. But something more modest: perhaps what Lincoln called “a patient confidence in the ultimate justice of the people.”

It’s a form of hope. It is patience linked with the refusal to live from fear; the awareness of a need for change; and the determination to do what we can to make the future better for everyone.
The Quest  

**SUNDAY, FEBRUARY 14, 2021, 11:00 AM**  
Unitarian Universalist Association

*Side With Love*  
February 14 is the culmination of Unitarian Universalism’s “30 Days of Love,” which began on Martin Luther King Sunday (January 17). Today’s Worship Service, produced by the UUA, features music, reflection, and testimonies from a range of UU leaders. The 30 Days of Love lifted up themes from the Commission on Institutional Change’s report, “Widening the Circle of Concern”; the Rev. Dr. Natalie Fenimore is one of the report’s authors. Our inspiration today is the reminder that liberation in the wider world is indelibly connected to liberation within ourselves.

**SUNDAY, FEBRUARY 21, 2021, 11:00 AM**  
Rev. Jaye Brooks and Stephen Michael Smith

*The Tree of Life*  
The sea islands people of America’s southeast coast are descended from Africans brought to this country as slaves. The separation of the islands helped to preserve their Gullah culture and language. Rev. Jaye Brooks and Music Director Stephen Michael Smith first encountered songs of the Gullah people in workshops led by singer, composer, and musicologist Ysaye Barnwell. Today’s service celebrates the stories and music of the people of St. John’s Island, SC, collected in Guy and Candie Carawan’s 1989 book, *Ain’t You Got a Right to the Tree of Life?*

**NEWCOMERS**  
Abigail Highland, Membership Coordinator

Sundays • 10:40-11:00 AM  
Whether you are a newcomer, or a longtime Shelter Rock member, you are welcome in The Welcome Space! For the 20 minutes prior to the service, say hi to members of the Membership Committee and Membership Coordinator, Abigail. Bring your coffee and your curiosity! We look forward to saying Good Morning.  
[Join Zoom Welcome Space HERE](#)

**VIRTUAL COFFEE HOUR**  
Sundays at 12:00 PM via Zoom

* UUCSR Worship Services are live streamed on [uucsr.org/worship](http://uucsr.org/worship), Facebook, and YouTube. They are available thereafter on the same platforms and as podcasts. Visit [www.uucsr.org/podcast](http://www.uucsr.org/podcast). Also onNSTV and via phone at 516.289.0020.

**SpirItual Practices at Shelter Rock**  
The Ministry Team

**Two Soulful Salutations Spiritual Practice Series**

These mindful Yoga practices are perfect for those who have never done yoga before as well as those with previous experience. The Men’s practice will include a sequence of postures linking breath with movement, ending with deep relaxation. The Restorative/Live Music class will be guided—gentle postures using props for luxuriously supporting you into deep relaxation.

**Men’s Beginner Yoga**  
Led by Ben Wisch  
Saturday, 4:00 pm  
February 13, 2021

[Register here for Zoom.](#)

**Restorative Yoga**  
Led by Denise DeLuca  
Set to live music by Ben Wisch of The Cosmic Orchestra  
Fridays, 7:00 pm  
January 29, 2021  
February 26, 2021

[Register here for Zoom.](#)

Ben Wisch and Denise DeLuca bring a combined forty years of Yoga practice and study to support students in a life-enhancing experience. Together they lead retreats, trainings, and workshops nationwide and are excited to offer these monthly Yoga classes to the Shelter Rock community interested in Yoga as a Spiritual Practice.

Please have a space with a yoga mat, rug, or other mat, plus:  
- Yoga strap OR a robe belt OR a necktie or two tied together  
- Two yoga blocks OR several large books OR 2 shoeboxes with the lids taped shut  
- Yoga bolster OR 2 blankets OR couch cushions (seat or backrest)

The pandemic has brought both human tragedy and the consciousness of human resilience. So many losses, yes. And yet we have learned. We have adopted strategies to keep us well and keep us together. We look to the future even though we must live each day as it arrives. We manage our fears.

We imagine that positive change can happen and we act to be sure it does. We are patiently—robustly—confident.

* UUCSR Worship Services are live streamed on [uucsr.org/worship](http://uucsr.org/worship), Facebook, and YouTube. They are available thereafter on the same platforms and as podcasts. Visit [www.uucsr.org/podcast](http://www.uucsr.org/podcast). Also on NSTV and via phone at 516.289.0020.
Living into our Values: Being Welcoming

As a faith community, we are asked to expand our Welcoming so that we may truly live into our values. In a time where so much is chaotic and unsure, we have the ability to tune in with ourselves, our compassion, and our community. Scaling down from the overwhelming landscape of current events to turn inward actually gives us the opportunity to create meaningful connection in our own world.

Small acts of compassion can create ripple effects that are felt throughout our entire community. We can ask ourselves: in this time of continued isolation, how can we continue to create connections? How can we welcome all who seek to be part of our faith?

We are lucky to be able to connect with our community online via Zoom, and we can bring compassion and thoughtfulness into our relationships there, too. When we are able to connect online, we can be more aware of who is in the room, so that we may be part of creating a welcoming atmosphere. If you see someone who you do not know, introduce yourself. If you notice that conversation is turning to something that may not be very welcoming for a newcomer, change the nature of it to be more inclusive. Ask appropriate questions to new people, and invite others in your group to give welcome to newcomers.

If we are able to pull our attentions away from trivial things for a moment, we may create the space to foster an important connection. Newcomers to our community are looking for caring connections. It can be very scary for new people to join our events on Zoom, and I invite each of you to be more aware of their presence so that we can build a Welcoming community online and in person.

The creation of a truly Welcome Community is not done alone, but is a large-scale culture of awareness by the congregation in every area of congregational life. Whatever area of Shelter Rock’s congregational life you may be involved with, I invite you to use Welcoming as a practice that not only creates a bridge from us to newcomer, but also may ground and center you.

Please join the Veatch Program on Veatch Sunday, “Power and Possibility: We Vision a World,” Sunday, January 31, 11:00 AM. This year’s virtual service includes reflections from Veatch grantees across the country about their visions for a world that is possible with long-term grassroots organizing. Following the Worship Service, Veatch Governors and staff will participate in Coffee Hour at 12 noon for fellowship; there will be breakout rooms so that members may collectively reflect on the Worship Service and prepare for an enriching discussion at the Veatch Annual Meeting following Coffee Hour.

Be sure to attend at 1:00 PM when there will be a special conversation with two powerful social change leaders:

**Veatch Grantee Jobs with Justice**

**Executive Director Erica Smiley**

A longtime organizer and movement leader, Erica has been spearheading and winning strategic organizing campaigns for close to two decades.

**Future of Workers’ Program**

**Director Sarita Gupta, Ford Foundation**

Sarita leads the team that oversees the Ford Foundation’s ambitious efforts to actively shape a future of work in our nation that puts workers and their well-being at the center.

Erica and Sarita will explore how, in this new era of opportunity, we can work towards a recovery in our health, economy, and democracy. They will also share their personal experiences as current and former Veatch grantees, and speak to the powerful role that the Veatch Program has played nationally in funding community organizing for social change in our country for over 60 years.

Please register at [www.uucsr.org/power](http://www.uucsr.org/power) and you will be provided a link to attend.

If you have any questions about Veatch Sunday, please contact Veatch Program Director Eileen Jamison ([eileen@veatch.org](mailto:eileen@veatch.org) or 516.366.9180).

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**Caring Ministries at UUCSR**

UUCSR offers members support through the Caring Committee, Chaplains, Community Captains, the new Student Minister, and ordained ministers. The Ministry Team may be reached at [ministryteam@uucsr.org](mailto:ministryteam@uucsr.org) or by calling Assistant to the Ministers Kimberly Rossiter at 516.472.2941. Outside of regular office hours, please call the live answering service: 516.795.0329, to be put in touch with the minister on call.
It’s a New (Calendar) Year

On January 10, we held our first Congregational meeting of the calendar year. I want to thank everyone who came, and listened, and participated at that meeting. I thought we had a nice turnout. Those who were there heard that on January 1, our membership dropped by almost 70 members from one day earlier. Pledging was down by a much smaller amount. I'll leave it to others to suggest whether the membership glass is half-full or half-empty. My hope is that you will read the solicitation from the Member Resource Committee (see page 5) and consider asking to serve on the Ad Hoc “Futures” Committee that is discussed there. I would like to think that this is an opportunity to examine different things and to do some of the same things in different ways.

At that meeting, we also heard from the Nominating Committee. This is the time of year that we immerse ourselves in the process to identify and select the next round of leaders of the Congregation. The Nominating Committee identifies candidates for the Board of Trustees, Veatch Board of Governors, and next year's Nominating Committee. Shortly thereafter, the Member Resource Committee will begin the process of identifying individuals who will be appointed to serve as the Chairs for all our Committees. This year, the work of both committees has been made more difficult because the building has been closed for so long and it is more difficult for our community to assemble and talk.

Last week, the Board of Trustees took the initial steps to set down on paper our Developmental Minister’s goals for the next three years. It is a little terrifying to think that approximately half of our Developmental Minister’s initial term with us has passed. The tasks that the Board identified over two years ago for the Developmental Minister have, if anything, multiplied.

Stay safe.

Mark

Send comments, questions, or concerns to president@uucsr.org.

Directories Now Available

Members may log in to MYUUCSR using their User Name and Password to access new directories:

♦ Member and Family Directory
♦ Who's Who Directory of Leadership

Directories may be viewed online or printed at home on letter-size paper. Please contact Jen Sappell (jsappell@uucsr.org, 516.492.6064) for assistance accessing uucsr.org/myuucsr.

Compendium Now Available Online for Member Access

The new UUCSR Compendium is available at MYUUCSR.

Officially titled UUCSR Active Policies & Governance Decisions Compendium, it is a comprehensive collection of organizational records.

Please contact Communications Manager Jen Sappell (jsappell@uucsr.org, 516.492.6064) for assistance accessing uucsr.org/myuucsr or searching within the very large document.

Congregational Reopening

As you are aware, the programming and general operations at the Congregation have been on pause since Thanksgiving due to the rise in COVID infection rates. Throughout the pandemic, a task force of the Board consisting of Rev. Dr. Natalie Fenimore, Vice President Jana North, Membership Coordinator Abigail Highland, Facilities Director Adrian Rivera, and myself has evaluated and provided recommendations to the Board of Trustees on the Congregation’s ability to provide onsite programming in a manner that would minimize viral infection.

As the local region continues to see increased COVID positivity rates, the members of the task force believe a significant risk of infection to members, staff, and guests would occur if programming were to take place at the Congregation, even at a minimal level. As a result, the task force recommended, and the Board of Trustees approved, continuation of the Congregation’s onsite activity pause through March 31, 2021.

There will be no onsite programming and staff will work remotely until March 31, 2021. Hopes are that, in April, the infection rate and other COVID variables will be such that the Congregation can begin a slow reopening. The task force will keep the congregation aware through Quest articles and email blasts of its planning for a reopening.

Separately, there have been inquiries about the Congregation becoming a vaccination site. Through Rev. Dr. Fenimore, Congregational leadership learned that the State has expressed interest in using houses of worship for this purpose. Information about the Congregation has been shared with the State and we look forward to receiving an update on how we may partner in a safe and responsible manner. At this time, it appears vaccination delay is less about a lack of distribution sites and more about supply.

Please feel free to contact me if you have any questions regarding the status of the congregation’s programming or operations during this closure period (abarshak@uucsr.org or 516.472.3921).

The Quest
Nominating Committee: Call for Candidates

As UUCSR members elected to serve on the Nominating Committee, it is our responsibility to develop a slate of candidates for the various Board positions that will be vacated as of June 30, 2021. To accomplish this, we need your help and invite you to provide names for a slate of candidates for the terms beginning July 1, 2021. Online nomination is encouraged. Please click below or log on to myuucsr.org for submission forms and details.

Nomination deadline is January 31, 2021.

Nominating Committee Documents related to 2021–2022 Positions:

- Positions for UUCSR Elections 2021
- Guidelines and Criteria for the Nominating Committee
- Responsibilities, Time Commitment, and Expectations for Nominees
- Suggested Candidates for Election at Annual Meeting—June 2021 Form

The 2020–2021 Nominating Committee

Claire Bock
Meg Cohen
Debbie Kahn
Katy Schall (carryover and Chair)
Bruce Torff
Heidi Warm

Member Resource Committee

The Member Resource Committee is looking for members who would be interested in serving on two new Ad Hoc Committees that the Board of Trustees is creating.

Committee on Ministry, Revisited

The first Ad Hoc Committee will be asked to revise and modify the charge and composition of the current Committee on Ministry. Last year, the Committee on Ministry requested and recently the Board of Trustees agreed that the Committee on Ministry should no longer be charged with the responsibility of conducting periodic reviews and renewals of ministries and ministers. Instead, the Committee on Ministry should be charged with the responsibility of working with ministers when there are disputes between members and possibly between members and ministers. This would be similar to what other congregations have created under the heading of working to establish “Right Relations” in our congregations.

The first step on this path is the creation of an Ad Hoc Committee to examine the need for such a committee and to develop and recommend how such a committee should be structured. It is hoped that this Ad Hoc Committee, consisting of approximately five members, would work with one or more ministers to make appropriate recommendations to the Board of Trustees by the end of this Congregational Year, June 30, 2021.

“Futures” Committee

The second Ad Hoc Committee’s responsibilities would be a little more open-ended. We are all looking forward to the time that the building reopens when we can attend services in-person, and our community returns to something that more closely resembles what it was like last January. At the same time, we all recognize that there are likely to be significant changes in how our community acts. This second Ad Hoc Committee will consist of four ex-officio members and up to five at-large members, who will work with staff (including the Membership Coordinator) on a number of “Futures” type issues. Among these issues are issues of meetings, both in-person, virtual, and hybrid; membership and community; and other issues that this Ad Hoc Committee will identify.

If you are interested in serving on either of these two Ad Hoc Committees, please contact Adam Barshak (abarshak@uucsr.org) and/or Monica Schlichting (monikai@optonline.net).

Yours respectfully,
Member Resource Committee
Shirley Arlt, Claudia Barbey, Meg Cohen, Mark Hartman, Chris Hilke, Monica Schlichting (Chair)

Milestones

We share the sad news of... the death of UUCSR member Jo Esteve Solomon. Jo died peacefully on Wednesday, January 20, 2021. She is survived by two of her children, Edward Solomon and Jacqueline Solomon Riley (Gerald), a brother, and many adoring nieces, nephews, grandnieces, and grandnephews. A memorial service will be planned for later this year. Expressions of sympathy may be sent to:

Jacqueline Solomon / Edward S. Solomon
464 Main St., Apt 114
Port Washington, NY 11050-3138

We share the sad news of... the death of former UUCSR member Samuel Berliner, III. Samuel died on December 29, 2020 at 86 years of age. He is survived by his wife, Rev. Lilia Cuervo, and his daughters Nancy Cordes and Elisabeth McKinion. There are no memorial plans at this time. Cards of condolence may be sent to:

Nancy Berliner Cordes
18550 Seashell Blvd
Lewes, DE 19958

Takeaways from the Fall Purpose Conversations, developed January 26 in the Purpose Workshop as a list of values and ideas, are available here. The Board will consider these insights when developing focus areas for a strategic plan.
Wanted: Virtual Ga 2021 Delegates

Time is running out! Please submit your application to be a virtual delegate to UUA’s 2021 Virtual General Assembly (GA).

Future UUCSR member delegates DO NOT need to register for the 2021 Virtual GA; this will be done by the Finance Office. If you are a first-time GA attendee (virtual this year), your registration fees will be covered by the Denominational Affairs Committee (DAC). As stated in the 2021 GA Guidelines, ALL Shelter Rock members planning to be a part of the 2021 Virtual GA are asked to complete DAC’s GA application form that was included in the January 2021 Congregational Meeting email; members may get a copy of the Guidelines and Application Form from DAC Committee Liaison Elaine Corrao (ecorrao@uucsr.org or 516.472.2933). Applications are due February 1, 2021.

Shelter Rock will be selecting eleven member Delegates this year, plus one youth delegate and two youth observers from the Religious Education (RE) program. We hope you will step up and be a part of this important role as a Unitarian Universalist.

Questions? Please contact Richard Bock (rbock@optonline.net) or 516.922.6052.

Participate in 30 Days of Love 2021

“Thirty Days of Love” is Side with Love’s annual celebration that runs approximately from Martin Luther King, Jr. Day in January through Valentine’s Day in February. Side with Love is a public advocacy campaign that seeks to harness love’s power to stop oppression. It is sponsored by the Unitarian Universalist Association.

30 Days of Love is an opportunity to lift up the ways Unitarian Universalists and many of our partner organizations are building and organizing by taking bold, courageous action for intersectional racial justice.

Each week, a playlist or menu of activities is provided, connected to the weekly theme. Playlists are for general, children, youth, family and multigenerational audiences which includes activities in the categories of Read, Watch, Participate, Listen, and Worship.

Please check out all the ways you can participate at https://sidewithlove.org/thirty-days-of-love

30 Days of Love will conclude in Side with Love on Valentine’s Day, February 14, 2021. The service is based upon themes from the Commission on Institutional Change’s report, “Widening the Circle of Concern”; the Rev. Dr. Natalie Fenimore is one of the report’s authors.

We will be reminded that liberation in the wider world is indelibly connected to liberation within ourselves.
Social Justice Committee
Claire Deroche, Social Justice Coordinator

The Work Continues—UU the Vote
A year ago this month, the Social Justice Committee was holding training workshops for UU the Vote. In spite of the limitations imposed upon us almost immediately by the COVID-19 pandemic, we still did much to assist many marginalized and inconsistent voters in states across the country to exercise their right to vote. By writing over 3,000 postcards and hundreds of letters to these voters, we grew our democracy.

With the general election and the Georgia run-off elections behind us, and a new administration in place in Washington, DC, we could be forgiven for wanting to take some time off! However, if our democracy is to truly flourish, we must not rest too long.

I was reminded of this when I received an email from UU the Vote inviting me to send a digital postcard to President Biden. In collaboration with their partner organization, The Frontline, we are invited to send a message “to demand the necessary action we need to create safe and thriving communities.” You can participate in this work by sending a postcard today!

30 Days of Love
How will we sustain ourselves spiritually for this work? To help us continue to build a just and joyful world, the UUA Side With Love campaign is hosting 30 Days of Love. In 2021, the project “will focus on four themes from a recently published report called ‘Widening the Circle of Concern,’ developed by the Commission on Institutional Change.... The report makes recommendations for transforming white supremacy and other oppressions in the institutional history and practices of the UUA and its 1,000-plus congregations and covenanted communities.”

The themes from this report for 30 Days of Love are Living Our Values in the World (January 17–23); Hospitality and Inclusion (January 24–30); Educating for Liberation (January 31–February 6); and Restoration and Reparations (February 7–13).

At the theme links, you will find many ways to participate in this experience and sustain yourself spiritually, alone and with others. You can read articles, book excerpts, and poems; watch videos, concerts, and roundtable discussions; participate in artist workshops, writings, and actions; listen to music, meditation, lectures, and poetry; and worship, alone or together, to refuel.

And refuel we must! To thrive, our democracy needs our constant attention. As Amanda Gorman, in “The Hill We Climb,” the poem she wrote and delivered at the 2021 Inauguration, so skillfully expressed, “...we are striving to forge a union with purpose, to compose a country committed to all cultures, colors, characters and conditions of man.” Will we succeed? Ms. Gorman continues, “But one thing is certain: if we merge mercy with might and might with right, then love becomes our legacy and change our children’s birthright.”

As we climb our hill during these 30 days, let us take advantage of these resources to reflect, enjoy, listen, read, write, and especially, renew our spirits!

Social Justice Announcements
Claire Deroche, Social Justice Coordinator

Write4Rights: Each year in December, Amnesty International recognizes International Human Rights Day with a letter-writing campaign. You can access the campaign and all the information you need online at www.uucsr.org/write. We hope you can participate by January 31, when reporting is due.

Saturday, January 30, 2021
Race: The Power of an Illusion, Session 2, 1:30–3:30 PM.
Join members of the SJ Racial Justice Subcommittee for the second of three sessions examining racism and how it shapes our lives. In session 2, “The Story We Tell,” we will uncover the roots of the race concept, including the 19th-century science that legitimated it and the hold it has gained over our minds. The film shows how definitions of race excluded from humanity not only Black people, but anyone who stood in the way of American expansion. Register here for this meeting and the subsequent session. After registering, you will receive a confirmation email containing the link for the meeting. Join us from 1:30–3:30 PM for Session 2 on Saturday, January 30, and for Session 3 on February 6.

Wednesday, February 3, 2021
SJ Racial Justice Subcommittee Virtual Meeting, 3:00–4:30 PM.
Join Zoom Meeting:
https://zoom.us/j/92545484255?pwd=aXRJVDI5VFpac0RpR0kyOHh5QodMQTo9 Meeting ID: 925 4548 4255 Passcode: 274017

Wednesday, February 10, 2021
Social Justice Committee Virtual Meeting, 6:00–8:00 PM.
We will vote on the committee budget for FY22 at this meeting. Committee Members should make every effort to attend. (Please note the changed time.) Join Zoom Meeting: https://zoom.us/j/92346823572?pwd=S1lHNFAvQThKU1UvQoJCNklaUTN3dz09 Meeting ID: 923 4682 3572. Passcode: 889751 Dial by your location: +1 646 558 8656 (New York)

For questions about any of these announcements contact Social Justice Coordinator Claire Deroche at cderoche@uucsr.org or 516. 238.6191.
Just and Joyful: Online Children’s Worship for All Ages

Sunday, January 31 | 11:05 AM
Live on Zoom. All are welcome to join Lifespan Religious Education (RE) Coordinator Carson Jones and RE Music Specialist George Weisman when they lead the live, interactive Children’s Worship for All Ages at 11:05 AM every other Sunday.

This year’s Religious Education theme is JUSTICE. Over the next few weeks, we will engage with the justice themes of gender expression, disability inclusion, immigration, and worker’s rights.

On January 31: Annie loves her plaid shirt. She wears it everywhere. But when she’s made to buy a dress for a family wedding, she feels terribly uncomfortable and not at all herself. Will Annie get to wear her plaid shirt to the wedding? We’ll find out together when we look at the story Annie’s Plaid Shirt, by Stacy B. Davids and Rachael Balsaitis.

Together we will explore how it feels to express our authentic selves, we’ll sing together, and we will hear an inspiring anthem from George.

Family Yoga and Young People’s Choir rehearsals will continue most every Sunday at 10:00 AM, and also keep an eye out for other special events!

January/February RE Events At-A-Glance

Sunday, January 31, 11:05 AM
Just and Joyful: Online Children’s Worship for All Ages, (Today’s Justice Theme: Gender Expression)

Thursday, February 4, 7:00 PM
UU Kids Connect Middle Grade Social for Grades 6–8, (click here to register)

Sunday, February 7, 11:00 AM
Online RE Classes for all grades

Wednesday, February 10, 7:00 PM
Valentine Bedtime Stories Live on Zoom
All are welcome to join Lifespan Religious Education Coordinator Carson Jones for this interactive storytime as he reads three family-friendly stories celebrating love, care, and friendship!
- Guess How Much I Love You, written by Sam McBratney, illustrated by Anita Jeram
- This Is NOT a Valentine, written by Carter Higgins, illustrated by Lucy Ruth Cummins
- Love Is, written by Diane Adams, illustrated by Claire Keane

Sunday, February 14, 11:00 PM
Valentine’s Day Online RE Sing-Along Live on Zoom

Thursday, February 18, 6:00 PM
UU Kids Connect Elementary Social for Grades K–5 (click here to register).
Great Books–Great Conversations
Fridays, 12:00–1:30 PM

Purchase Book: Great Conversations 2 HERE
Live on Zoom HERE
Meeting ID: 304 658 664
Passcode: 608118

Come together for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. All are welcome.

January 29, 2021–Herman Melville: Bartleby the Scrivener
(Option: there is a reading of this online done at the 92nd St. Y)

February 5, 2021–Christina Rossetti: Goblin Market

February 12, 2021–Max Planck: Physics and World Philosophy


February 26, 2021–Synge: The Playboy of the Western World: Act 3

March 5, 2021–Friedrich Hayek: Planning and Democracy (from The Road to Serfdom)

March 12, 2021–John Rawls: Distributive Justice

March 19, 2021–Frank O’Connor: Guests of the Nation

March 26, 2021–Nadine Gordimer: Which New Era Would that Be?

April 2, 2021–Raymond Carver: What We Talk About When We Talk About Love

Dramatic Readings
Saturday, February 20
6:00 PM
Live on Zoom HERE
Meeting ID: 953 4647 4715
Passcode: 396210
Or call +1 646 558 8656

The Trial of the Catonsville Nine by Daniel Berrigan. “This dramatic play was created from an edited transcript of the trial of the Rev. Philip and Daniel Berrigan and their seven confederates who in 1968 entered a Selective Service office, removed records, and burned them in a parking lot to protest the war in Vietnam and the horrors of napalm bombings.”

Please contact Jessica Pond at jpond@uucsr.org to RSVP and request your copy of the play.
The Quest

Women’s Group
Maria Ceralo, Chair, Women’s Issues

A Message of Hope and Unity

It came from a black, 22-year-old young woman who graduated from Harvard University. She was the inaugural poet, the youngest poet ever to perform at a presidential inauguration, calling for “unity and togetherness.” Amanda Gorman overcame a speech impediment and delivered an electrifying performance of her poem, “The Hill We Climb,” at the inauguration of President Joe Biden and Vice President Kamala Harris.

Amanda Gorman was named the nation’s First Youth Poet Laureate at the age of 19. At 16, she was Youth Poet Laureate of Los Angeles. Raised by a single mother who was an English teacher, writing became her way to overcome the same obstacle faced by our new President, a speech impediment. Like our President, she faced her impediment and had the courage and strength to deliver a flawless and electrifying performance at the inauguration.

In an interview on CBS, she explained that, after focusing only on writing her poems, she became determined to perform them. “When I am on stage, I feel electric. I feel like I could breathe fire...like I am summoning the energy not only of myself but of my ancestors.” As someone in the audience, I know the current flowed through me.

After researching the speeches of Abraham Lincoln and Dr. Martin Luther King, Jr., she began writing her poem for the inauguration. But the insurrection and the riots at the Capitol made an impact. This is how it was expressed: “And this effort very nearly succeeded. But while democracy can be periodically delayed, it can never be permanently defeated.”

In the same interview, Amanda explains: “Poetry is a weapon. It is an instrument of social change...and poetry is one of the most political arts out there because it demands that you rupture and destabilize the language in which you’re working with,” she continued. “Inherently, you are pushing against the status quo. And so for me, it’s always existed in that tradition of truth-telling.”

She continues: “One of the preparations that I do always whenever I perform is I say a mantra to myself, which is: ‘I’m the daughter of black writers. We’re descended from freedom fighters who broke through chains and changed the world. They call me.’ And that is the way in which I prepare myself for the duty that needs to get done.”

Amanda heard the freedom fighters’ call on Inauguration Day and was very well prepared! We rejoice in her success and look forward to her long-term plan of running for President in 2036.

Women’s Group
Sandra Hazel Frank, Women’s Group President

2021 Virtual Film Discussion

Fridays
Join via Zoom: www.uucsr.org/WGfilms
Watch films at your convenience, then join discussions led by Patti Paris.

<table>
<thead>
<tr>
<th>Date</th>
<th>Zoom</th>
<th>Movie Titles</th>
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<tbody>
<tr>
<td>January 29</td>
<td>8:30 PM</td>
<td>Ma Rainey’s Black Bottom (Netflix)</td>
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<tr>
<td>February 5</td>
<td>9:00 PM</td>
<td>My Happy Family, 2017 (Netflix)</td>
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<tr>
<td>February 12</td>
<td>8:45PM</td>
<td>Double Dad, 2021 (Netflix)</td>
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<tr>
<td>February 19</td>
<td>8:30 PM</td>
<td>Rocks, 2019 (Kanopy)*</td>
</tr>
<tr>
<td>February 26</td>
<td>9:00 PM</td>
<td>Rose Island, 2020 (Netflix)</td>
</tr>
</tbody>
</table>

* Use your public library card to sign up for thousands of FREE films on Kanopy.com.

Questions? Please contact Patti at parislibrary@yahoo.com. All are welcome.

Women’s Group Book Series
Friday, February 19, 2021 | 3:30 PM

All are welcome to discuss A Woman Is No Man, by Etaf Rum. Please contact Staff Liaison Sharyn Esposito to learn more (sesposito@uucsr.org or 516.472.2960).

The Quest
Virtual Solo Version of “Inside My Head” with Zak Sandler
Sunday, February 7, 2021 | 1:00 PM
LIVE via Zoom HERE
$15 Suggested Donation to NAMI HERE
(National Alliance on Mental Illness)

The audience is invited “inside Zak’s head,” to get a deeply personal view of a person whose brain has experienced the ups and downs of mania and depression for 14 years. Zak plays all the characters LIVE: himself, his mania, his depression, his paranoia, and his doctor—as well as playing the piano LIVE.

Zak will perform a short version of his show, then speak about his writing process, and his most recent experiences with mania. The afternoon will end with a group discussion about the show, and the mental health experiences of the UUCSR community. Register in advance for this special event HERE. Your confirmation email will include a link to login.

Big Plans

The LGBTQ+ Subcommittee of the Social Justice Committee has been planning for some “gay” events that we hope will lift everyone's spirits and contribute to creating a Beloved Community—where everyone is welcome! These discussions started before the pandemic and we have been working on creating them for Zoom until we can segue to some on-site events for the 2021-2022 Congregational Year.

We are planning a Drag Queen Bingo event on Zoom with Avant Garbage who runs a Thursday Game Night and a Trash Talk Tuesday for the Virtual LGBTQ Network of Long Island and Queens. For an interesting discussion of Thanksgiving and Indigenous cultures, I highly recommend tuning in to the November 24, 2020 Trash Talk Tuesday show which features UUCSR’s own Winterflower Robinson.

Before the pandemic started, we were discussing having an LGBTQ+ prom for teens who did not feel comfortable or welcome at their high school proms. Now we’ve segued into potentially having a Zoom dance/prom for all of us who didn’t get the prom we wanted, or just want to have some fun.

We will be discussing the logistics for these events and others at our upcoming meetings. At our Friday, March 5, 7:00 PM meeting, we will finalize our budget for these events as we hope to manifest them in the 2021-2022 congregational year.

Everyone is welcome to Friday LGBTQ+ 7:00 PM meetings anytime. Contact Susan Roberts at lgbtqanduu@gmail.com to get on the regular mailing list.

Those on Facebook are invited to join the LGBTQ+ at Shelter Rock Facebook Group for news stories, fun conversation, event info, and more.

We can be together, even when we're apart.
This article reflects our stewardship of the earth and our commitment to the Seventh Principle.

Plotting Environmental Success

New Year 2021 brings some environmental successes that will impact our lives. In New York State, renewable energy projects will help it become carbon neutral to fight against climate change. One project is the Climate Community and Investment Act (CCIA). It supports a low-carbon economy and promotes renewable energy. Another project is phasing out projects connected to fossil fuels. The Climate Community and Protection Act was passed to get us off fossil fuels by 2050. Gov. Cuomo’s 2021 budget proposal includes $33 billion toward a five-year plan to accomplish this goal. However, on Long Island, we have other problems with our utility company PSEG. For a green new deal, if we eradicate our contract with them and make LIPA our public utility, oversight, responsibility, and cost will be controlled by the people who live here.

Another environmental success was the passage of the Great American Outdoors Act. It permanently funded the Land and Water Conservation Fund, protecting vital areas like the Grand Canyon and the Great Smoky Mountains. Over 273 million messages were sent to Congress to push for its permanent authorization and funding. With a new administration in the White House, we hope to see more environmental protections. One effort by The Nature Conservancy (TNC) is to save coral reefs and help clean up waters. They have purchased 5 million oysters from shellfish growers hard-hit by the pandemic. These oysters can rebuild 27 acres of reefs, restoring 20 sites in New England, the Mid-Atlantic, and Washington State.

Currently, ocean sanctuaries are needed to protect marine ecosystems and wildlife from destructive activity. Plastic pollution in our waters must be reduced, making people and corporations responsible through new laws. Greenpeace has been in the forefront pushing for a United Nations Global Ocean Treaty. World governments are close to committing to this, the largest conservation agreement in history. The Reuse Revolution to virtually eliminate single-use plastics is gaining momentum.

Poaching of wildlife increased during the pandemic. Rangers lacked funding to combat poachers and protect animals. The Nature Conservancy stepped up when two black rhinos were slaughtered in East Africa. Funds to support 950 rangers arrived in Kenya, Zambia, and Namibia. The pandemic has shown us the repercussions of choices and actions: how a virus and climate catastrophes increase. Environmental success needs planning and work to point us in the right direction.

Elaine Peters for the Green Sanctuary Committee

The Green Sanctuary Committee Presents

SNOWBOUND
Animals of Winter

Film and Discussion

Wednesday, February 24, 2021
7:00 PM • LIVE via Zoom

Watch this PBS special on Zoom and join in on the discussion.

Join via Zoom at www.uucsr.org/Snowbound
or Dial In: 646-558-8656
Meeting ID: 913 3688 2803
Passcode: 601357

• Which animal do you best relate to as you shelter in place? Why?
• What animal fascinated you most?
Going With the Flow

As we enter 2021, life is good at Hadley House. We have adapted to a “new normal” of Zooming with our families, our fellow UUs, and attending many of the online programs and activities offered. We honor the skills we have developed and have adopted the Buddhist truth, “If that is a fact, then that is a fact.” We appreciate this gift of time that events have presented. Bhagwan Shree Rajneesh teaches, “Life does not go from A to B. Life goes from A to a deeper A.” We are learning to live in the moment.

Quiet walks, good books, and beautiful music assume larger places in our daily schedules as the world slows down. After the delights of the holidays, we welcome the beauty of the winter sunsets. The winter landscape captures our attention. We marvel at the views from our windows and on our walks. We are settling down and settling in. Meditation, observation, exploration of new ideas, reflection, and quiet pleasures nurture us.

Barbara Singer, our Program Chair, creates imaginative ways to keep us connected. We decorated the first-floor entrance and lobby for each holiday in turn: Halloween, Thanksgiving, Hanukah, Christmas, and New Year’s. To maintain the feeling of excitement, we held a “Baby Picture” contest. What a joy! It was so difficult to identify all the gorgeous children. Barbara had to add hints to help us make the matches. What a great help.

Next month we plan to create a Gratitude Bowl, in which we will write on a slip of paper what means the most to us, fold it, and deposit it into the bowl. We may read them aloud at a future Zoom meeting, or include them as the Thought for the Day in our Weekly Blasts. Right now, the lobby is decorated for Valentine’s Day and there is a “Guess How Many Candies Are in the Jar” contest; winner take all!

Anticipation is rising at Hadley House about receiving COVID vaccinations. Ahhh, the advantage of age! Don’t forget to check with your personal doctors about when your turn will come. Soon, we will once again have a full house, as we welcome two new residents.

“If Winter comes, can Spring be far behind?”—Percy Bysshe Shelley

Nancy Jacobson, Lilyan Strassman, Jerry Jalazo, Barbara Singer

Committee Meeting Notices for Discussion and Approval of 2021–2022 Budgets

Please consult uucsr.org/events for meeting details including login information.

<table>
<thead>
<tr>
<th>Committee</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Denominational Affairs Committee</td>
<td>Tuesday, February 2</td>
<td>7:00 PM</td>
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<tr>
<td>Caring Committee</td>
<td>Saturday, February 6</td>
<td>10:00 AM</td>
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<tr>
<td>Men’s Group</td>
<td>Sunday, February 7</td>
<td>12:30 PM</td>
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<tr>
<td>Music and Performing Arts Committee</td>
<td>Sunday, February 7</td>
<td>7:30 PM</td>
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<tr>
<td>Art Committee</td>
<td>Tuesday, February 9</td>
<td>3:30 PM</td>
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<tr>
<td>Adult Programs Committee</td>
<td>Wednesday, February 10</td>
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<td>Women’s Group</td>
<td>Wednesday, February 10</td>
<td>3:30 PM</td>
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<tr>
<td>Social Justice Committee</td>
<td>Wednesday, February 10</td>
<td>6:00 PM</td>
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<tr>
<td>Member Events Committee</td>
<td>Wednesday, February 10</td>
<td>7:30 PM</td>
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<tr>
<td>Green Sanctuary Committee</td>
<td>Wednesday, February 17</td>
<td>7:00 PM</td>
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<tr>
<td>Worship Committee</td>
<td>Sunday, February 21</td>
<td>1:00 PM</td>
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<tr>
<td>Membership Committee</td>
<td>Monday, February 22</td>
<td>6:00 PM</td>
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<tr>
<td>Religious Education Committee</td>
<td>Monday, March 1</td>
<td>7:00 PM</td>
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<tr>
<td>Denominational Affairs Committee</td>
<td>Tuesday, March 2</td>
<td>7:00 PM</td>
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</tbody>
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WEDNESDAY, JANUARY 27, 2021
6:00 PM, Ukulele Practice
7:00 PM, Presentation by Buildings and Grounds on Patio Changes
7:30 PM, Small Group Ministry Second Wednesday PM meeting

THURSDAY, JANUARY 28, 2021
9:30 AM, Yoga with Mike Mancini
11:00 AM, Living Solo While Physical Distancing
7:30 PM, Virtual Choir Gathering

FRIDAY, JANUARY 29, 2021
10:30 AM, Tai-Chi/Qigong
12:00 PM, Great Books-Great Conversations
2:00 PM, Meditative Moment
7:00 PM, Soulful Salutations-Restorative Yoga
7:00 PM, LGBT/Q+ ZOOM Gathering
8:30 PM, Virtual Film Discussion–Ma Rancy's Black Bottom with Viola Davis

SATURDAY, JANUARY 30, 2021
9:00 AM, Board of Trustees Retreat
11:00 AM, Yoga on Zoom with Mike Mancini
1:30 PM, Race: The Power of an Illusion Zoom Program

SUNDAY, JANUARY 31, 2021
9:00 AM, UUCSR Jazz Ensemble with Dan Pratt via zoom
10:00 AM, Online Family Yoga with Suzanne!
10:30 AM, Young People’s Virtual Choir Rehearsal
10:40 AM, The Welcome Space
11:00 AM, Online RE Classes for Coming of Age and Senior Seminar
11:00 AM, Veatch Sunday Worship Service
“Power and Possibility: We Vision a World”
11:05 AM, Just and Joyful: Online Children’s Worship for All Ages
12:00 PM, Virtual Coffee Hour
12:00 PM, Veatch Sunday Annual Meeting–Power and Possibility: We Vision a World

MONDAY, FEBRUARY 1, 2021
8:30 AM, Medical Qigong for Senior Health
2:00 PM, Meditation and Poetry
3:00 PM, Mental Health Sub-Committee Zoom Meeting
7:00 PM, Fourth Tuesday Small Group Ministry Meeting
7:00 PM, RE Committee Meeting

TUESDAY, FEBRUARY 2, 2021
9:00 AM, Yoga on Zoom with Mike Mancini
11:00 AM, Living Solo While Physical Distancing
7:00 PM, Denominational Affairs Committee Meeting
7:00 PM, Small Group Ministry First Tuesday Meeting

WEDNESDAY, FEBRUARY 3, 2021
11:00 AM, Crafting for Sanity and Community Zoom Get-Together
12:30 PM, Virtual Women Talk Daytime Zoom Meeting
2:00 PM, Messages
2:00 PM, Wednesday Afternoon Conversations
3:30 PM, Virtual Racial Justice Task Force Meeting
7:00 PM, Publicity and Promotions Committee Meeting

THURSDAY, FEBRUARY 4, 2021
9:30 AM, Yoga on Zoom with Mike Mancini
11:00 AM, Living Solo While Physical Distancing
7:00 PM, UU Kids Connect Middle Grade Socials for Grades 6-8
7:30 PM, Virtual Choir Gathering

FRIDAY, FEBRUARY 5, 2021
10:30 AM, Tai-Chi/Qigong
12:00 PM, Great Books-Great Conversations
2:00 PM, Meditative Moment
7:00 PM, LGBT/Q+ ZOOM Gathering
9:00 PM, Virtual Film Discussion–My Happy Family

SUNDAY, FEBRUARY 7, 2021
9:00 AM, UUCSR Jazz Ensemble with Dan Pratt via zoom
10:00 AM, Online Family Yoga with Suzanne!
10:30 AM, Young People’s Virtual Choir Rehearsal
10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: Our 8th Principle?, Rev. Dr. Natalie M. Fennimore
11:00 AM, Online RE Classes for all grades
12:00 PM, Virtual Coffee Hour
12:30 PM, Men’s Group Zoom Meeting
1:00 PM, Virtual solo version of “Inside My Head” with Zak Sandler
1:30 PM, Small Group Ministry–First Sunday Meeting
7:30 PM, Music and Performing Arts Committee Meeting

MONDAY, FEBRUARY 8, 2021
8:30 AM, Medical Qigong for Senior Health
2:00 PM, Meditation and Poetry
7:30 PM, Finance Committee Meeting

TUESDAY, FEBRUARY 9, 2021
9:00 AM, Veatch VBOG February Policy Meeting
9:00 AM, Yoga on Zoom with Mike Mancini
11:00 AM, Living Solo While Physical Distancing
3:30 PM, Art Committee Meeting
7:00 PM, BOT Agenda Planning Meeting

WEDNESDAY, FEBRUARY 10, 2021
11:00 AM, Crafting for Sanity and Community Zoom Get-Together
2:00 PM, Messages
2:00 PM, Wednesday Afternoon Conversations
3:30 PM, Women’s Group Zoom Board Meeting
6:00 PM, Social Justice Committee Virtual Meeting
6:00 PM, Virtual Ukulele (Practice Only)
7:00 PM, Valentine Bedtime Stories
7:00 PM, Developmental Ministry Transition Team
7:30 PM, Member Events Committee Meeting
7:30 PM, Small Group Ministry Second Wednesday PM meeting

THURSDAY, FEBRUARY 11, 2021
9:30 AM, Yoga on Zoom with Mike Mancini
11:00 AM, Living Solo While Physical Distancing
7:30 PM, Virtual Choir Gathering

FRIDAY, FEBRUARY 12, 2021
12:00 PM, Great Books–Great Conversations
2:00 PM, Meditative Moment
8:00 PM, Soulful Sundown
8:45 PM, Virtual Film Discussion–Double Dad

SATURDAY, FEBRUARY 13, 2021
11:00 AM, Yoga on Zoom with Mike Mancini
4:00 PM, Soulful Salutations–Men’s Beginner Yoga

SUNDAY, FEBRUARY 14, 2021
9:00 AM, UUCSR Jazz Ensemble with Dan Pratt via zoom
9:30 AM, Small Group Ministry Second Sunday AM Meeting
10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: Side With Love
12:00 PM, Virtual Coffee Hour
1:00 PM, Valentine’s Day Online RE Sing-Along!
2:00 PM, Virtually Be My Valentine

MONDAY, FEBRUARY 15, 2021
PRESIDENT’S DAY HOLIDAY
8:30 AM, Medical Qigong for Senior Health
2:00 PM, Meditation and Poetry
6:00 PM, Membership Committee Meeting

TUESDAY, FEBRUARY 16, 2021
11:00 AM, Living Solo While Physical Distancing
7:00 PM, Small Group Ministry First Tuesday–Follow-up Meeting

WEDNESDAY, FEBRUARY 17, 2021
11:00 AM, Crafting for Sanity and Community Zoom Get-Together
12:30 PM, Women Talk Daytime Meeting
2:00 PM, Messages
FRIDAY, FEBRUARY 26, 2021
11:00 AM, Small Group Ministry Facilitators Meeting
7:00 PM, Great Books–Great Conversations
2:00 PM, Meditative Moment
7:00 PM, Soulful Salutations–Restorative Yoga
7:00 PM, LGBTQ+ Zoom Gathering
9:00 PM, Virtual Film Discussion: Rose Island

SATURDAY, FEBRUARY 27, 2021
1:30 PM, The Language of Cultural Awareness

SUNDAY, FEBRUARY 28, 2021
9:00 AM, UUCSR Jazz Ensemble with Dan Pratt via zoom
10:00 AM, Online Family Yoga with Suzanne!
12:30 PM, Small Group Ministry Facilitators Meeting
12:00 PM, Virtual Coffee Hour

MONDAY, MARCH 1, 2021
11:00 AM, Online RE Classes for all grades
12:00 PM, Virtual Coffee Hour

TUESDAY, MARCH 2, 2021
11:00 AM, Living Solo While Physical Distancing
7:00 PM, BOT Agenda Planning Meeting
7:00 PM, Small Group Ministry First Tuesday Meeting

WEDNESDAY, MARCH 3, 2021
11:00 AM, Crafting for Sanity and Community Zoom Get-Together
12:30 PM, Virtual Women Talk Daytime Zoom Meeting
2:00 PM, Messages
2:00 PM, Wednesday Afternoon Conversations
3:00 PM, Virtual Racial Justice Task Force Meeting
7:00 PM, Publicity and Promotions Committee Meeting

THURSDAY, MARCH 4, 2021
11:00 AM, Living Solo While Physical Distancing
7:00 PM, UU Kids Connect Middle Grade Socials for Grades 6-8
7:30 PM, Virtual Choir Gathering

FRIDAY, MARCH 5, 2021
12:00 PM, Great Books–Great Conversations
2:00 PM, Meditative Moment
7:00 PM, LGBTQ+ Zoom Gathering

SATURDAY, MARCH 6, 2021
10:00 AM, Caring Committee Meeting

SUNDAY, MARCH 7, 2021
9:00 AM, UUCSR Jazz Ensemble with Dan Pratt via Zoom
10:40 AM, The Welcome Space
11:00 AM, Sunday Worship: I Catch on Fire, Rev. Jaye Brooks
12:00 PM, Virtual Coffee Hour
12:30 PM, Men’s Group Zoom Meeting
1:30 PM, Small Group Ministry–First Sunday Meeting
2:00 PM, Intro to Transgender Inclusion in Congregations (for new participants)

MONDAY, MARCH 8, 2021
2:00 PM, Meditation and Poetry
7:30 PM, Finance Committee Meeting

TUESDAY, MARCH 9, 2021
11:00 AM, Living Solo While Physical Distancing
3:30 PM, Art Committee Meeting

WEDNESDAY, MARCH 10, 2021
11:00 AM, Crafting for Sanity and Community Zoom Get-Together
2:00 PM, Messages
2:00 PM, Wednesday Afternoon Conversations
3:30 PM, Women’s Group Zoom Board Meeting
6:00 PM, Social Justice Committee Virtual Meeting
7:00 PM, Bedtime Stories
7:00 PM, Developmental Ministry Transition Team
7:30 PM, Small Group Ministry Second Wednesday PM meeting

The Quest is published twice a month, except once each in July and August. Copies are available in the UUCSR Lobby, https://uucsr.org/on-demand/quest-newsletter, and via email. Sign up for email at https://uucsr.org/on-demand.

The Quest Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other.

The Quest is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Rock, Maxine Dangler, Steve Marston, and Jessica K. Vega.

Submissions: communications@uucsr.org

Quest Guidelines: http://j.mp/quest-gl
Music and Art Among Us
(previously known as Music Among Us)

Calling all young people, youth, and recent RE graduates!

You can be part of UUCSR’s virtual celebration of the arts in our community.

Do you sing? Do you dance? Do you know a good joke? Do you have a work of art you created?

Share it with the UUCSR community!

If you have a talent you would like to share, contact Event Coordinator Karin Lyngstad-Hughes at drkarindc@icloud.com. Participants will be asked to submit video recordings.

Submission deadline: Friday, February 26
Premiere online release: Sunday, March 14

More information will follow.