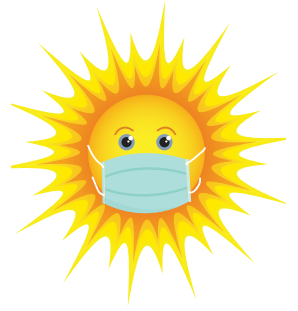




# The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

*We aspire to be a loving, religious community where we can grow spiritually  
and build a more just and joyful world. —UUCSR Vision Statement*



August 12, 2020

[See the Program and  
Event List Here](#)

**FRIDAY, AUGUST 14, 2020, 8:00 PM**  
*The Rev. Jennifer L. Brower*

*Soulful Sundown* returns with the Cosmic Orchestra for a first-ever August evening Service. “Where music lies at the heart of the religious experience.”

**SUNDAY, AUGUST 16, 2020, 11:00 AM**  
*The Rev. Kimberley Debus, Guest Minister*

*The Sacred in the Profane: Media and Making Meaning*—In this two-part series, we’ll examine some of the lessons popular culture has to teach us about our relationships to each other, our ethics, our communities, and our faith.

Part I: Today’s service is titled, *The Sacred in The West Wing*. While this popular political series has been off the air for 14 years, it continues to be a source of inspiration for many; in this service, we’ll look at some of the core lessons *The West Wing* teaches us.

**SUNDAY, AUGUST 23, 2020, 11:00 AM**  
*The Rev. Jef Gamblée, Guest Minister*

*Quo Vadimus?* We’ve been through almost six months of medical and social upheaval. With all the mess we’ve faced, I’m thinking there may be a metaphorical pony in there somewhere...and I’m wondering what the pony might look like. This Sunday, with the help of the music of Peter Cetera, we’ll ask the question, “Where are we going?”

**SUNDAY, AUGUST 30, 2020, 11:00 AM**  
*The Rev. Kimberley Debus, Guest Minister*

*The Sacred in the Profane: Media and Making Meaning*—In this two-part series, we’ll examine some of the lessons popular culture has to teach us about our relationships to each other, our ethics, our communities, and our faith.

Part II: Today’s service is titled, *The Good Place*. Considered perhaps the single most remarkable half-hour of network television, this show did not shy away from broad humor as it explored some of our deepest questions; in this service, we’ll look at some of the core lessons *The Good Place* teaches us.

**TOUCHSTONES**  
*The Rev. Jaye Brooks*



**It’s time to loaf a little.**

“Loafing” is the word offered up by the prolific Chinese inventor and author, Dr. Lin Yutang (1895–1976), from his book, *The Importance of Living* (1937). Dr. Lin was born in China and spent many years in the United States, first at Harvard University and later in New York City.

Dr. Lin’s worldview was based on the work of Chinese sages, some well-known and many rather obscure. Centuries ago, Chinese scholars periodically retreated from the busyness of their bureaucratic jobs working for demanding Emperors to live in the country and write poetry.

They ambled along rustic pathways, marveling at the sound of birdsong and the beauty of a single lily. They found balance in time with friends, in simple physical labor, in being rather than doing.

The eminent scholars worked tirelessly in their administrative jobs and Dr. Lin is considered one of the most influential writers of his generation. Yet they venerate *idleness*. In this world-view, the height of wisdom is to appreciate life and to remain in balance.

Dr. Lin understood the human need for time off with nothing scheduled. He explained this need to the dazzling urbanites of his adopted New York City in the early 20th century: “Simply the fact of having something on the calendar diminishes the enjoyment of a day otherwise set aside for loafing.”

In an example from Chinese life of his time, Dr. Lin says, someone who receives an invitation does not “accept” or “decline.” Instead they respond that they “know.” This answer means that the invitation has been received and *noted*. It was understood that whether an invited guest would attend or not would depend on whether they had other things to do when the time rolled around. Other things like, for example, *loafing*.

*Continued on page 2*

## TOUCHSTONES

*Continued from page 1*

During this era of pandemic some of us are nearly overwhelmed with tasks while others are looking for ways to fill their time. Some must risk their lives as essential workers. Whatever life may be for us right now, the time may be right to acknowledge the importance of loafing.

One morning I went out into a beautiful bright day. I looked up and saw the moon, its pale crescent shimmering against the cloudless blue sky. How many mornings like that have there been in my lifetime; how many mornings like that have I have missed?

I am acutely aware that I've not taken enough bike rides: long, slow, meandering, non-goal-oriented bike rides; they are bright in memory. So are those all-too-few hours idling in a canoe down a quiet stream. And those idle, joyous afternoons with friends, laughing and chatting and not going anywhere, are special memories because they are too rare.

No matter how important or beleaguered you are, no matter what urgencies beset you, perhaps it's time to spend at least one afternoon a week loafing. Clear the calendar for whatever the day may bring. And await it.

## MINISTRY TEAM

- ♦ Worship Services are available every Sunday and thereafter on [uucsr.org](http://uucsr.org), Facebook, and YouTube.
- ♦ Visit [uucsr.org/worship](http://uucsr.org/worship) any time for gatherings of music, reflection, and prayer.
- ♦ See the front page of this *Quest* for upcoming Services.
- ♦ The UUCSR ministry team is available. Please email [ministryteam@uucsr.org](mailto:ministryteam@uucsr.org).

### Ministry Team Summer Vacation and Leave Schedule (chronological order)

Rev. Jennifer Brower	August 17–23
Rev. Jaye Brooks	August 24–31
Rev. Dr. Natalie Fenimore	August 31–September 11

## THANK YOU

I extend my heartfelt thanks to the congregation! On behalf of UUCSR, Renée Silver of Caring Hearts sent a beautiful, colorful pillow that arrived at my doorstep! What a kind and thoughtful gift!

Love to you all,  
Ben Bortin

## MINISTERS' PROGRAMS

- ♦ Mondays, 2:00 PM: [Meditation and Poetry](#), presented by Rev. Dr. Natalie Fenimore
- ♦ Tuesdays, 11:00 AM: [Living Alone During Social Distancing](#), Zoom live with Rev. Jennifer Brower
- ♦ Wednesday, 2:00 PM: [Messages](#), presented by Rev. Jaye Brooks
- ♦ [Wednesday Afternoon Conversations](#), 2:00 PM: Zoom live presented by Rev. Jaye Brooks
- ♦ Thursdays, 11:00 AM: [Living Alone During Social Distancing](#), Zoom live with Rev. Jennifer Brower
- ♦ Fridays, 2:00 PM: [Meditative Moments](#), presented by Rev. Jennifer Brower
- ♦ Second Friday evenings monthly, 8:00 PM: [Soulful Sundown](#) led by Rev. Jennifer Brower with the Cosmic Orchestra

## CONGREGATIONAL AFFAIRS

*Mark Hartman, President Board of Trustees*

### Board of Trustees Agenda: Tuesday, August 18, 2020

7:15 PM I. Opening Words: Ministers/Mark Hartman, President

7:25 PM II. Minutes: Toni Logue, Secretary

- July 2020 Board Meeting Minutes

7:30 PM III. Reopening Task Force Phase III Safety Plan:  
Jana North, Vice President, Rev. Dr. Natalie Fenimore, and Adam Barshak, COA

7:45 PM IV. COVID-19 Contingency Fund: Mark Hartman, President

- Task Force Discussion
- Selection & Charge

8:05 PM V. President's Report: Mark Hartman

- Colloquy Committee—Next Steps

8:15 PM VI. Personnel Matters

- Amendment to Technology Reimbursement Policy: Adam Barshak, COA
- Review & Approval Process of COA CY20 Performance Evaluation: Mark Hartman, President, Brian Muellers, Treasurer, and Rick Van Dyke, Trustee
- COVID-19 Furlough Policy Discussion Continuation from July Board Discussion: Mark Hartman, President and Adam Barshak, COA

8:45 PM VII. Developmental Minister Report: Rev. Jaye Brooks

9:15 PM VIII. Good of the Order: Mark Hartman, President

## MEMBERSHIP COORDINATOR

Abigail Highland



### Looking Forward

Dear Community and Friends,

As we all move forward into the latter part of the year, and through the Summer of the Pandemic, we may be reflecting on our needs. Right now, we may be feeling the need for structure, plans, a trajectory. Things have been so upended that we hope to return to a sense of

“normalcy.” However, our world is not giving us sound plans and structure that we are desiring. Instead, amidst a world of so much uncertainty, we are being asked to restructure, renew, and redefine how we can be as a community and as a society.

There is hope and optimism that we can foster in this time of immense change. Things have become so uprooted that we may be able to plant anew and adjust to the changes. The intense dismantling of “normal” can give us the room to create a new garden of connection and spiritual growth. Right now, we are being given an opportunity to let things go that do not serve us, while creating a new shared vision of what our congregation can do. Many people are craving connection and spiritual growth in these times, and many are discovering Unitarian Universalism for the first time. Let us create a shared space where we can welcome newcomers with open arms.

In embrace of this change, there are a couple of new spaces that have been created to greet those who are new to our congregation and to Unitarian Universalism. For the twenty minutes before each Sunday Service, “The Welcome Space,” on Zoom, will be open for visitors. If you enjoyed saying hello to newcomers at the traditional welcome table, you are invited to drop into The Welcome Space to give a warm and hearty welcome to visitors who are checking us out online.

A second space called “Journeys: a UU Identity Journey Group” is starting August 16, for those newcomers who are ready to begin exploring Unitarian Universalism. This introductory Journeys group will allow people to reflect, explore, discover, and unpack their journeys to Unitarian Universalism. If you know somebody who is interested in getting involved, please send them my way!

You can find more information about Journeys and the Welcome Space on [uucsr.org](https://uucsr.org), Facebook, and the opposite column.

Though we never could have expected how we would be starting off this congregational year, we certainly have not lost sight of the importance of community in this time. May we be adaptable, welcoming, and thoughtful in our journey ahead.

In Peace,

Abigail Highland  
Membership Coordinator

August 12, 2020



### The Welcome Space

Sundays • 10:40 AM via Zoom

Are you new to Shelter Rock? Stop by our Welcome Space before our Sunday Services to say hi and ask questions. We look forward to meeting you! (10:40–11:00 AM)

Join Zoom Meeting: <https://zoom.us/j/91154123346>

Meeting ID: 911 5412 3346



### Journeys: a UU Identity Journey Group

Sundays, August 16, 23, 30, September 6 • 2:00 PM via Zoom

Are you craving connection, exploration, and spiritual growth? You are invited to journey and explore in community. “Journeys” is a group for the discovery or rediscovery of Unitarian Universalist identity and faith. Created for newcomers to Shelter Rock, Journeys connects you to others that share your values, introduces you to Unitarian Universalist Principles, and allows space for reflection. The Journey Groups are facilitated by Membership Coordinator, Abigail Highland, weekly via Zoom starting in August. “Journeys” is the first movement on your Path to Membership at Shelter Rock. Drop in on any or all of the Journeys Groups by using the Zoom link below. The session will be “locked” five minutes after the start to increase security.

Email Abigail at [ahighland@uucsr.org](mailto:ahighland@uucsr.org) with questions. You can also say hi at our Virtual Welcome Space for the 20 minutes preceding Sunday services. ALL are welcome.

<https://zoom.us/j/96627551988?pwd=aDV2VDY0TkFmc0hTVlRkTnFKUGJvUT09>

Passcode: 563804



## UNITARIAN UNIVERSALIST VEATCH PROGRAM AT SHELTER ROCK

Joan Minieri, Executive Director



### **Veatch Grantees—Fighting for the Right to Protest in Oregon**

Everyday people continue to take to the streets across the country—demanding change in the treatment of Black people by the police, the disproportionate impact of the global pandemic on communities of color, and the seeming inability of our democratic institutions and elected

officials to make progress. Many have been following the stories unfolding around the country, particularly in Portland, Oregon, where the *New York Times* reports federal agents [seriously injured](#) peaceful protesters, including one man whose hand was fractured by officers, and another who was shot with munition that fractured his skull.

Veatch has long funded a wide array of organizations in Oregon, many of whom have been active in defending the right of peaceful demonstrators to gather and protest—in addition to leading long-term campaigns that advance racial, gender and economic justice. One grantee organization, [Western States Center](#), has been at the center of the fight against the presence of federal law enforcement in Portland, citing the threat this move posed nationally to freedom and democracy in addition to its direct impact on the local community. Western States Center joined forces with First Unitarian Portland and the ACLU to bring a lawsuit against the federal government, asserting that the constitutional rights of protesters were being violated by

the federal police. First Unitarian's Senior Minister, Rev. Bill Sinkford, is well known for having served as President of the UUA from 2001–2009.

As Eric Ward, Executive Director of Western States Center, said in a statement recently, “President Trump pulled these officers from their actual duties to use them as shock troops in Portland, with the goal of sparking conflict and distracting from his administration’s ongoing failure to contain COVID-19.” Pressure from Western States Center, First Unitarian Portland and other progressive groups in Oregon [successfully led to an agreement](#), brokered by Governor Kate Brown and the federal government, to remove federal agents from the city. The removal of federal agents, who have just recently cleared from Portland streets, has allowed protesters to turn their attention back to their original intention—fighting for racial equality and justice.

Many of our grantees who are active in Oregon, including Western States Center, organize communities in both rural and urban areas—which helped create a strong, united network of advocates and leaders who were ready to push back against the aggressive actions of the federal government.

We are proud to count Western States Center among our longstanding grantees and are uplifted by the partnerships between our grantees and UUs in local communities. In honor of their recent victory in Portland, we dedicated our latest news update to our longstanding work in Oregon—and the transformative power they represent that we so deeply and urgently need at this time.



*The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.*



## SOULFUL SUNDOWN



**Contemporary Worship**  
**led by Rev. Jennifer L. Brower**  
**with the Cosmic Orchestra**

**Friday, August 14, 2020**  
**8:00 PM Facebook Live**  
**at [facebook.com/SoulfulSundown](https://facebook.com/SoulfulSundown)**

**Where music resides  
at the heart of the  
religious experience**

**Soulful Sundown**  
Second Fridays monthly

## WOMEN'S GROUP

*Sandra Hazel Frank, Women's Group President*

## Women's Group *Book Series*

### 2020-2021 SCHEDULE

The Book Series is an opportunity to gather and discuss recently read books. A new book has been chosen for each month. Please contact Staff Liaison, Sharyn Esposito, to learn more ([sesposito@uucsr.org](mailto:sesposito@uucsr.org) or 516.472.2960).

#### **Third Fridays, monthly, at 3:30 PM**

Normally held at UUCSR, but currently being held as Zoom sessions until further notice.

Fridays	Book Titles
August 21, 2020	<i>Dear Edward</i>
September 18, 2020	<i>A Spool of Blue Thread</i>
October 16, 2020	<i>The Dutch House</i>
November 20, 2020	<i>All the Flowers in Paris</i>
December 18, 2020	<i>Apeirogon</i>
January 15, 2021	<i>The Peabody Sisters</i>
February 19, 2021	<i>A Woman Is No Man</i>
March 19, 2021	<i>The Book of Longings</i>
April 16, 2021	<i>We Are All Completely Besides Ourselves</i>
May 21, 2021	<i>The Sea Wife</i>
June 18, 2021	<i>The Water Dancer</i>

**SOCIAL JUSTICE COMMITTEE**  
*Cynthia Winkler, Social Justice Committee Chair*



**And now a few words from Cynthia Winkler, new chair of the Social Justice Committee.**

Greetings from the Social Justice Committee. As the new chair of the committee, I'm looking forward to working with all of you.

These are, indeed, turbulent times. Times that exemplify John Lewis'

"Good Trouble," but for far too many, also times of bad trouble.

These are days of voices raised in the proclamation of personal freedom along with the rejection of inequality. The "Black Lives Matter" marches and protests, the ICE policy reversal allowing international students to maintain their visas, and the nationwide injunction blocking the implementation of the public charge rule are only some of the actions that have been occurring over recent months.

And now with the presidential election quickly approaching, can we ride that wave of social action? Ongoing voter suppression by way of purging, exact match laws, provisional voting, the withholding of voter registration names and placing registrations on hold, absentee voters not receiving their ballots in time to vote, and voting site closures, particularly in financially depressed counties, are methods that have been disenfranchising millions of eligible voters, who are disproportionately people of color.

"Reclaim Our Vote," a partner organization with UU the Vote, is a non-partisan, 100 percent volunteer organization that works to mobilize voters in the most affected states. UUCSR is currently taking part in this effort by way of a postcard-writing campaign.

We have had our first Zoom organizing meeting explaining how to proceed with the campaign, and 22 volunteers are now writing cards. There's another orientation on Tuesday, August 18. (Please see opposite column for details.)

Another way to get involved with the social justice activities through UUCSR is to contribute to our annual Back to School Supplies Drive. While the format of the public school system is operating both in-person and remotely, children still need their supplies, perhaps even more now than in the past with so many families struggling financially. Please see flyer on opposite page for the supplies list and dates of collection. During the month of August, the Sunday plate on the 16th, 23rd, and 30th, will also benefit this project. Donations will be used to purchase tablets and laptops for children in need in the Village of Hempstead.

Finally, praise to the Mental Health Subcommittee's recent Zoom program, "Dealing with the Stressors of Long Term Isolation." Your social justice committee is here not only because of you but for you as well. I am honored to be a part of this committee, and I hope you will find the time to reach out and be a part of it, too.

**SOCIAL JUSTICE ANNOUNCEMENTS**  
*Claire Deroche, Social Justice Coordinator*

For further information about any of these announcements, please contact Social Justice Coordinator Claire Deroche at [cderoche@uucsr.org](mailto:cderoche@uucsr.org) or 516.472.2977.

**Annual Back to School Supplies Drive**

Please support this year's Back to School Supplies Drive by purchasing NEW supplies and dropping them off at UUCSR on August 13, 18, or 20, between 10:00 AM and noon; and August 19, between 1:00 and 3:00 PM. The Sunday plate collection on August 16, 23, and 30 will also benefit the drive. This event is sponsored by ABBA/Able Bodied Believers Alliance of Hempstead and supports children in the Village of Hempstead. Please see the flyer on the opposite page for details.

**Every Thursday until November 3**

North Carolina UU the Vote Weekly Phone Bank, 6:00–8:00 PM, on Zoom. Join the UU Justice Ministry of North Carolina for a phone bank in partnership with Reclaim Our Vote and the North Carolina NAACP. Whether you live in North Carolina or somewhere else across the country, we greatly appreciate your willingness to support the state's voter engagement efforts. [Register here](#). Prior to attending the phone bank, we invite you to review this [google doc](#) which has some brief instructions.

**Friday, August 14 and Sunday, August 23**

New York UUs are organizing a State Advocacy Network (SAN). Join us for a virtual planning session on Friday, August 14, at 7:00 PM, or Sunday, August 23, at 4:00 PM. The goal of a network is to amplify the Unitarian Universalist voice for justice statewide on issues that we care about. We hope you'll join us and learn how you can support this network. To register for August 14 [click here](#), and to register for August 23 [click here](#). Our initials are NYUUI (NY UU Justice, pronounced like "nudge"). There are currently 21 SANs nationwide. If you'd like to know more about them, go to <http://cuusan.org/>. If you are interested in supporting this network in any way, the planning committee is also inviting you to complete a [survey](#).

**Tuesday, August 18**

**Reclaim Our Vote Postcard Writing Virtual Orientation**, 7:00–8:30 PM. In this orientation, we will be working with the organization, Reclaim Our Vote, a UU the Vote partner. This organization relies completely on volunteers to reach out to voters, especially people of color, in states where voter suppression is strong, to supply them with information and encouragement to vote. Please [register](#) in advance. After registering, you will receive a confirmation email containing the link for joining the meeting. Co-hosts: Mary Beth Guyther, LIAC, and Claire Deroche, UUCSR. *Sponsored by the UUCSR Social Justice Committee and the LI Area Council of UU Congregations.*

**Sunday, August 23**

**Together to End Solitary Confinement, Virtual Event**, 6:30–7:30 PM. Join members of the Social Justice Committee as we remember those suffering the torture of solitary confinement. Join: <https://zoom.us/j/93150041554>. Meeting ID: 931 5004 1554 Dial by location: +1 646 558 8656 US (New York)

Sponsored the Social Justice Committee in collaboration with  
ABBA Fellowship, Hempstead, NY

# Annual **BACK TO SCHOOL** Supplies Drive

**To benefit children and youth in need in the Village of Hempstead**

Donors can drive up to the courtyard, place donations in designated bin, and drive away.

Donations will be accepted at  
48 Shelter Rock Rd, Manhasset  
in the Veatch Courtyard tent on  
the following dates/times:

Thurs., August 13    10:00 AM-12:00 noon  
Tues., August 18    10:00 AM-12:00 noon  
Wed., August 19    1:00-3:00 PM  
Thurs., August 20    10:00 AM-12:00 noon

*The following NEW supplies are  
being collected:*

- Pens
- Highlighters
- Crayons
- Notepads
- Binders
- Index Cards
- Scissors (rounded tips)
- Glue & Glue Sticks
- Post-it® & Sticky Notes
- Backpacks—all sizes
- Composition Notebooks
- Subject Notebooks
- Spiral Notebooks
- Batteries
- Graphing Calculators
- Scientific Calculators
- Pencils
- Markers
- Rulers
- Folders
- Filler Paper
- Pencil Cases



Unitarian Universalist  
Congregation at Shelter Rock  
**Human. Kind.**

48 Shelter Rock Rd, Manhasset, NY 11030  
uucsr.org | 516.627.6560 | 



# LIFESPAN RELIGIOUS EDUCATION

Carson Jones, Lifespan Religious Education (RE) Coordinator



## The 2019–2020 Grade 6 RE Class Thanks You for Your Loving Support!

Thanks to the generosity of UUCSR members and friends, the Grade 6 RE class raised \$1,868 for their annual Secret Social Action Project. Every year, the Grade 6 youth individually advocate for causes that hold particular meaning for them, and they subsequently choose

one or two relief organizations that will be the focus of their fundraising for the year. In this time of greater need, the class decided to expand their efforts to provide donations to three charities, all of which are responding to a variety of coronavirus-related challenges.

The total funds raised from the 6th Grade's fall Sandwich Sale, Valentine Card, and Bake Sale, and May 17 Worship Service offering collection have been donated evenly between the following:

- The American Society for the Prevention of Cruelty to Animals (ASPCA)
- Long Island Council of Churches (LICC) Food Pantry
- National Suicide Prevention

Thank you again for supporting our youth's empowerment in their journeys as agents of social change.



## Online RE Events Include:

.....

### Invisible Strings: An RE Summer Program for All Ages

Sundays at 1:00 PM

Live on Zoom <https://zoom.us/j/92267973577>

All are welcome to engage with Carson Jones, George Weisman, and Suzanne Viverito each week for this dynamic hour of story, song, games, dance, and worship.

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### Summer Bedtime Stories

Wednesdays at 7:00 PM

Live on Zoom <https://zoom.us/j/5102580374>

### August 12

#### Being Our Wonderful, Weird Selves!

*Janine*, by Maryann Cocca-Leffler

*When I Grow Up*, written by Al Yankovic, illustrated by Wes Hargis

### August 19

#### Summer Sequels!

*Fabian Escapes*, by Peter McCarty

*Knuffle Bunny Free*, by Mo Willems

### August 26

#### Bedtime for Bedtime Stories

*Bedtime for Frances*, written by Russell Hoban, illustrated by Garth Williams

*Little Hoot*, written by Amy Krouse Rosenthal, illustrated by Jen Corace

All are welcome!

### Invisible Strings: An RE Summer Program for All Ages

Sundays, August 16–30, 1:00–2:00 PM, live on Zoom

<https://zoom.us/j/92267973577>

Just as the 7th UU Principle affirms that we are all part of the interdependent web of existence, the children's storybook, *The Invisible String*, by Patrice Karst says that every being is connected, heart-to-heart, by invisible strings.

**Coming up this Sunday, August 16!** This week's story is *The Magic Beads*, written by Susin Nielsen-Fernlund and illustrated by Geneviève Côté: Why does Lillian have butterflies in her stomach? When she had to move to a family shelter with her mom, they couldn't take many things with them. Now Lillian has Show and Tell coming up at her new school and she doesn't have any new toys to bring that are as great as what everyone else is sharing. Or does she? With her string of plastic beads and her inventive mind, Lillian has everything she needs to spark the imaginations of her new classmates!

Afterwards, we'll play "Imaginations R Us" with Suzanne! For this game, everyone is invited to find something in their home that's not intended to be a toy but can be used as one anyway! Then we'll keep letting our imaginations run wild with some inspired musical selections from George! Please register your family today here: [www.uucsr.org/RE](http://www.uucsr.org/RE)

Co-sponsored by Adult Programs Committee and  
LGBTQ+ sub-committee of UUCSR



**Intro to Transgender Inclusion in Congregations**  
**Tuesday, August 18, 3:00 PM**  
**Live on Zoom <https://zoom.us/j/94723641742>**

Six-session online course consists of recorded lectures and curated supplementary content by Rev. Mykal Slack and Zr. Alex Kapitan of the Transforming Hearts Collective.

Interactive Zoom discussions facilitated by WinterFlower Robinson, Anne Van der Veer, and Carson Jones.

This course is for individuals, groups, and congregational teams who want to take their knowledge and skills to the next level in terms of trans identity and how to create congregations that are fully inclusive and affirming of the full breadth of gender diversity.

Over six sessions, you will deeply explore the intersection of trans identity, spirituality, and faith community, and gain the grounding, context, and skills to transform yourself and your congregation. The sessions also explore how racial justice and feminist theology are key foundations in building a culture of transgender inclusion.

This course is for everyone from novices on trans identity to those with decades of life experience. Rather than simply offering a “trans 101,” this class pushes participants to the next level of congregational welcome, relationship-building, and skills-building. It counters mainstream narratives about who trans people are; supports understanding of non-binary identities (such as genderqueer, agender, and two spirit); and employs a deeply intersectional approach. Congregational teams are particularly encouraged to participate.

All are welcome to attend the intro session on Tuesday, August 18, at 3:00 PM, where we will provide an overview of the sessions and goals, invite registration into the course, and discuss scheduling of the discussion groups that will launch in the fall.

Please feel free to reach out to Carson Jones at [cjones@uucsr.org](mailto:cjones@uucsr.org) with any questions.

**ART COMMITTEE**  
*Tinna Kopelow, Chair*



The Art Committee has been cancelling scheduled exhibits and workshops due to the coronavirus crisis. The Congregational Art Show and plans for the Committee Art Show were also dropped.

Nevertheless, we are replacing this annual exhibit with a unique Zoom event, “Creativity in Our Congregation During These Trying Times.” This opportunity to share

will occur Friday, August 14, 3:00–5:00 PM.

Required registration is available here: <https://zoom.us/meeting/register/tJwtdOmqrDktEtog9vmwKBG59QJoQWX3hbVJ>. Zoom directions for joining will be emailed following registration.

Art Committee member Shirley Alt, who proposed this idea, will facilitate. Any member can attend to share and/or listen.

Many of us are creative in our daily lives in ways that we simply do not recognize or label “creative.” Especially in these difficult times, what gives us a sense of peace? Finding new ways to connect with people when you cannot be physically present with them is challenging. You may be unaware that you are “creative” when you take a photo of an arrangement you made from your garden and send it to a friend who needs cheering up. It can be as simple as taking the time to set the table for a nice meal even though you live alone, or in the early morning for a few moments to really observe and listen to the birds’ conversations.

This is creativity in action: finding joy, finding strength. We hope you will join us with your stories; or just come to listen. Stories keep us strong and connected. Let us not lose this connection to each other.



Visit [uucsr.org/creativity](https://uucsr.org/creativity)

[Download flyer here](#)



## GREEN SANCTUARY COMMITTEE

Ellen Councill, Chair

A task force composed of members from the Buildings and Grounds and Green Sanctuary Committees has developed a plan for landscaping the area between the Main Lobby and the Chapel where the annual Homecoming Picnic is held. The RE wing defines the eastern side of this area, and the great greensward sloping downhill is to the west. River Birch trees in this area along the side of the RE wing were recently cut down because they were shading the roof-top solar panels, thus creating the need to re-landscape the space.



The plan for the area has been developed with the assistance of landscape ecologist Rusty Schmidt of the Melville-based environmental planning firm of Nelson Pope and Voorhis. The Congregation has engaged that firm to prepare a landscape management plan for the 100-acre property. The plan will be a road map for other ways the Congregation can improve the natural resource values of the property while increasing its use by congregants.

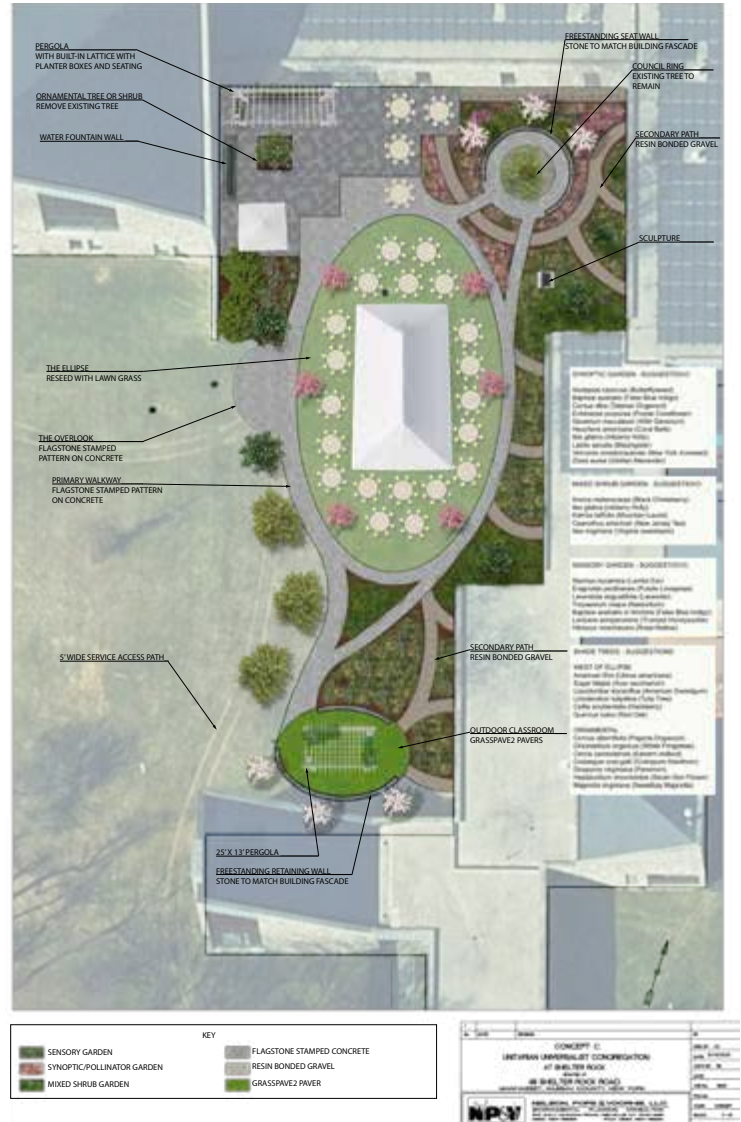
The plan for the area bordered by the Main Lobby, the RE wing, and the Chapel creates several outdoor rooms that can be used for different functions. The central space is a large lawn, marked by shade trees and defined by a paved walkway in the shape of an ellipse. In the diagram of the plan, this space, called The Ellipse, is occupied by a large tent and chairs which can be temporarily set up in the space. These features are depicted in the plan to demonstrate that the area can accommodate the typical number of people attending the homecoming picnic. The Ellipse could also be used for outdoor worship services or other events.

The plan also features smaller outdoor rooms for meetings and RE activities, including a council ring in the northeast corner of the site and an outdoor classroom at the southern end of The Ellipse. The west side of The Ellipse will preserve the great view down the sweeping lawn with a few shade trees along the elliptical walkway. On the east side of The Ellipse, a dense garden of mainly native plants will be created outside the RE classrooms. These plantings will not grow so tall as to cast shadows on the solar panels.

Money for this project is included in this year's capital budget. The plan which includes other features such as pergolas will be constructed in phases with the first construction beginning most likely in the Spring of 2021.

Dana Gumb for the Green Sanctuary Committee

### Patio Concept Rendering—click image to enlarge



Presented by the Green Sanctuary Committee

## A Healthy Environment: Winning Victories Together in Difficult Times with Eric Weltman

Tuesday, September 15, 2020 • 7:00 PM via Zoom

Join event: <https://zoom.us/j/98364905616>



- Fossil fuel infrastructure vs. Clean renewable energy
- Polluted water vs. Potable water
- The Food and Water Watch connection
- Food and Water Action

**ERIC WELTMAN** is a Senior Organizer for Food & Water Watch in New York. He has over 25 years of experience leading social justice campaigns and building progressive power.



## ONLINE/VIRTUAL EVENT ANNOUNCEMENTS

Please see [UUCSR.org/events](https://uucsr.org/events) for additional details on all programs, INCLUDING DIRECT LINKS TO ACCESS.  
See [LIACUU.org](https://liacuu.org) for other area congregations.

### WEDNESDAY, AUGUST 12, 2020

7:00 PM Summer Bedtime Stories  
7:00 PM Developmental Ministry Transition Team

### THURSDAY, AUGUST 13, 2020

10:00 AM Back to School Supplies Drive  
11:00 AM Living Alone During Social Distancing  
6:00 PM Virtual UU the Vote Weekly Phone Bank

### FRIDAY, AUGUST 14, 2020

2:00 PM Meditative Moment  
3:00 PM Creativity in our Congregation  
8:00 PM Soulful Sundown

### SUNDAY, AUGUST 16, 2020

9:00 AM Building & Grounds Meeting  
10:40 AM The Welcome Space  
11:00 AM Sunday Worship: *The Sacred in The West Wing*, Rev. Kimberley Debus, Guest Minister  
12:00 PM Virtual Coffee Hour  
1:00 PM Invisible Strings: An RE Summer Program for All Ages  
1:30 PM Small Group Ministry First Sunday Weekly Zoom Meeting  
2:00 PM Journeys: a UU Identity Journey Group

### MONDAY, AUGUST 17, 2020

9:30 AM Medical Qigong for Senior Health Online Classes  
11:00 AM UU Kids Connect: Summer Power Hours for Grades K-5  
12:00 PM Great Books - Great Conversations  
2:00 PM Meditation and Poetry  
6:00 PM Membership Meeting

### TUESDAY, AUGUST 18, 2020

10:00 AM Back to School Supplies Drive  
11:00 AM Living Alone During Social Distancing  
3:00 PM Intro to Transgender Inclusion in Congregations  
7:00 PM Reclaim Our Vote Postcard Writing Virtual Orientation II  
7:15 PM Board of Trustees Meeting

### WEDNESDAY, AUGUST 19, 2020

11:00 AM Crafting for Sanity and Community Zoom Get-Together  
11:00 AM UU Kids Connect: Summer Power Hours for Grades K-5  
12:30 PM Women Talk Daytime Zoom Meeting  
1:00 PM Back to School Supplies Drive  
2:00 PM Wednesday Afternoon Conversations  
2:00 PM Messages  
4:00 PM Kundalini Yoga  
7:00 PM Green Sanctuary Virtual Committee Meeting  
7:00 PM Summer Bedtime Stories

7:00 PM Social Justice Committee Virtual Mtg  
7:30 PM Small Group Ministry Second Wednesday PM Meeting

### THURSDAY, AUGUST 20, 2020

10:00 AM Back to School Supplies Drive  
11:00 AM Living Alone During Social Distancing  
6:00 PM Virtual UU the Vote Weekly Phone Bank  
7:30 PM Virtual Choir Gathering

### FRIDAY, AUGUST 21, 2020

2:00 PM Meditative Moment  
3:00 PM UU Kids Connect: Summer Socials for Grades 6-8  
3:30 PM WG Book Series Zoom Session  
7:00 PM LGBTQ+ ZOOM Gathering

### SUNDAY, AUGUST 23, 2020

10:40 AM The Welcome Space  
11:00 AM Sunday Worship: *Quo Vadimus?* Rev. Jef Gamblée, Guest Minister  
12:00 PM Virtual Coffee Hour  
1:00 PM Invisible Strings: An RE Summer Program for All Ages  
2:00 PM Journeys: a UU Identity Journey Group  
6:30 PM Together to End Solitary Confinement Virtual Program

### MONDAY, AUGUST 24, 2020

9:30 AM Medical Qigong for Senior Health Online Classes  
11:00 AM UU Kids Connect: Summer Power Hours for Grades K-5  
12:00 PM Great Books - Great Conversations  
2:00 PM Meditation and Poetry

### TUESDAY, AUGUST 25, 2020

11:00 AM Living Alone During Social Distancing  
7:30 PM Committee on Ministry - Zoom meeting

### WEDNESDAY, AUGUST 26, 2020

11:00 AM Crafting for Sanity and Community Zoom Get-Together  
11:00 AM UU Kids Connect: Summer Power Hours for Grades K-5  
2:00 PM Wednesday Afternoon Conversations  
2:00 PM Transcendentalist Conversations  
2:00 PM Messages  
4:00 PM Kundalini Yoga  
6:00 PM Virtual Ukulele (Practice Only)  
7:00 PM Summer Bedtime Stories

### THURSDAY, AUGUST 27, 2020

11:00 AM Living Alone During Social Distancing  
6:00 PM Virtual UU the Vote Weekly Phone Bank

### FRIDAY, AUGUST 28, 2020

2:00 PM Meditative Moment  
7:00 PM LGBTQ+ ZOOM Gathering

### SUNDAY, AUGUST 30, 2020

10:40 AM The Welcome Space  
11:00 AM Sunday Worship: *The Sacred in The Good Place*, Rev. Kimberley Debus, Guest Minister  
12:00 PM Virtual Coffee Hour  
1:00 PM Invisible Strings: An RE Summer Program for All Ages  
1:00 PM Worship Committee Workshop  
2:00 PM Journeys: a UU Identity Journey Group

### MONDAY, AUGUST 31, 2020

9:30 AM Medical Qigong for Senior Health Online Classes  
12:00 PM Great Books - Great Conversations  
2:00 PM Meditation and Poetry

### TUESDAY, SEPTEMBER 1, 2020

11:00 AM Living Alone During Social Distancing

### WEDNESDAY, SEPTEMBER 2, 2020

12:30 PM Women Talk Daytime Zoom Meeting  
2:00 PM Wednesday Afternoon Conversations  
2:00 PM Transcendentalist Conversations  
2:00 PM Messages  
4:00 PM Kundalini Yoga

### THURSDAY, SEPTEMBER 3, 2020

11:00 AM Living Alone During Social Distancing  
6:00 PM Virtual UU the Vote Weekly Phone Bank  
7:30 PM Virtual Choir Gathering

### FRIDAY, SEPTEMBER 4, 2020

2:00 PM Meditative Moment  
7:00 PM LGBTQ+ ZOOM Gathering

*The Quest* is published twice a month, except once each in July and August. Copies are available at the Welcome Desk in the UUCSR Main Lobby, at <https://uucsr.org/on-demand/quest-newsletter>, and via email. Sign up for email at <https://uucsr.org/on-demand>.

*The Quest* Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other.

*The Quest* is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, Maxine Dangler, Steve Marston, and Jessica K. Vega.

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**Secretary:** Toni Logue

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**Members of the Board of Trustees**

Terry Bain

Iliza Bartels

Chris Hilke

Brigitte Mueller

Rebecca Smith

Marsha Stone

Rick Van Dyke

Jane Weiler

August 12, 2020

ADDRESS SERVICE REQUESTED  
FIRST CLASS MAIL DATED MATERIAL

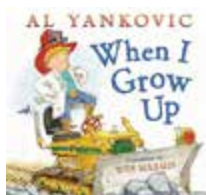
Next Quest: Wednesday, September 9, 2020 | Deadline for Content: Thursday, September 3, 2020

# Summer Bedtime Stories

Wednesdays  
7:00 PM via Zoom

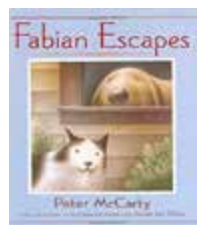


## Being Our Wonderful, Weird Selves!



August 12

## Summer Sequels!



August 19

## Bedtime for Bedtime Stories



August 26