Hi Soulful Song Lovers and Story Tellers,

**Storytelling 1**  “When we profess to know someone, that is, really know someone—like a close friend, or a husband or wife—what is it that we know? Pillow talk is one of the principal means by which newly acquainted couples bond. It is honest, confessional, and almost always expressed as a story: this is what happened to me and this is what I did. Sometimes, such revelations are also tests: now that you know what I did, can you still love me? Postcoital self-disclosure, perhaps the most intimate of all forms of communication, usually expresses what we judge to be most important about ourselves. It is also an implicit invitation for the addressed party to reciprocate. Exchanging stories brings us closer together than touching or kissing, closer than embodiment will allow.” —Frank Tallis, *The Act of Living*, via LitHub, Jul 22, 2020

**Storytelling 2**  “So please don’t keep you to yourself. There are too many lessons within the pages of our lives that go unshared as it is. We were born for such a time as this. It won’t always be easy but the trek will be worth it, the impact will be lasting and we are only as alone as we allow ourselves to be.” —Sam(antha) Ragland, *The Cohort (Poynter)*, July 28, 2020

**Three Soulful Stories paired with three Soulful Songs**

Two Moth stories about what happens when you finally tell, and a *Comedians in Cars Getting Coffee* episode that’s the most relaxed, uninhibited quarter-hour of conversation you may have ever heard.

**Deedee Lundberg:** Amidst the sounds of silence [https://youtu.be/V9wKjljBaUS](https://youtu.be/V9wKjljBaUS) 6:01
A kidney stone, words unspoken, and a first-of-its-kind ending on The Moth stage.

“And isn’t it just so pretty to think/All along there was some/Invisible string/Tying you to me”

**Emely Recinos:** But now I see [https://youtu.be/-nzSezMChlA](https://youtu.be/-nzSezMChlA) 5:13
“Now Let Us Sing,” aka “Sing Till the Power of the Lord Comes Down”

**Great Emmanuel Temple Church** [https://youtu.be/gi_qS4ksOek](https://youtu.be/gi_qS4ksOek) 3:43
“Lift up your voice, be not afraid”


“Down by the Riverside” [https://youtu.be/nQ1qHm8v3ek](https://youtu.be/nQ1qHm8v3ek) 4:00 Playing For Change featuring Grandpa Elliott, Preservation Hall Jazz Band, Keb Mo, and the Congolese Choir of Grace.

“I’m gonna lay down my sword and shield”

**Music for the fun of it**

[Live](https://youtu.be/hQwkJrCrsur) >2m views; [studio](https://youtu.be/ldYlF_ybyVo) >48m views

**Ocean, John Butler**


**Molly on the Shore, Percy Grainger**

[https://youtu.be/d6085sLXCMs](https://youtu.be/d6085sLXCMs) 1:40

**Peace Like A River, CJ and Friends**


**Hot Time In the Old Town Tonight, Doreen Ketchens**

[https://youtu.be/nLkQMjanWag](https://youtu.be/nLkQMjanWag) 4:10

**Namasté,**

**Alice and Steve**